

AILS

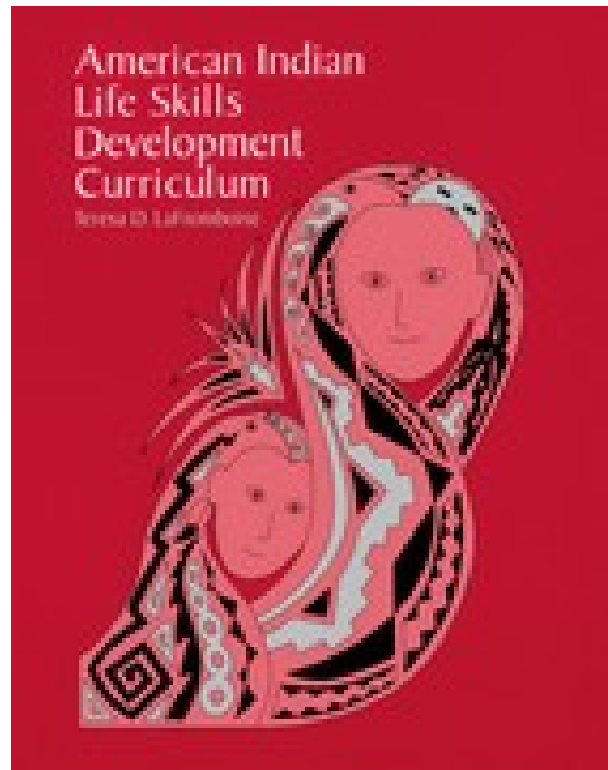
AMERICAN

INDIAN

LIFE

SKILLS

A school based, culturally grounded, suicide prevention program for American Indian adolescents.



FOR AGES 12-22 YEARS OLD

Learn about:

- building self-esteem
- identifying emotions & stress
- increase communication and problem solving skills
- recognize and eliminate self-destructive behavior
- information on suicide
- setting personal and community goals

***WHEN:**
EVERY FRIDAY,
STARTING ON
JANUARY 10, 2025

***TIME: 10:00AM-11:30AM**

***WHERE: HEW LARGE**
CONFERENCE ROOM

For More Information:

Contact Suicide Prevention Program at Hualapai Health & Wellness
(928) 769-2207