

# Introduction to Step Aerobics



*with Rondi Quasula, HSDPI Fitness Trainer*



**When:**

**Tuesdays and Thursday  
(Starting August 15, 2023)**

**Where:**

**Hualapai Senior Services 587 Canyon  
View Drive, Peach Springs, AZ. 86434**

**Time:**

**4:00 PM to 5:00 PM**

**Register with Antonia Cogburn @ the Hualapai Senior  
Services Center**



*Taking the 1st 6 people. You are locked in for classes.  
Complete all 8 sessions and receive a Bose Soundlink Flex.*