

AUGUST 2023



SUN MON TUE WED THU FRI SAT

		1 Chair Volleyball 5:30 PM to 7 PM	2 Chair Volleyball 5:30 PM to 7 PM	3 Chair Volleyball 5:30 PM to 7 PM	4 Cinema "Transformers: Rise of the Beasts" 2 PM to 4 PM	5
6	7	8	9 EOC Food Distribution	10	11	12
<p>Travel – Avi Chair Volleyball Tournament 2023 No Activities / Antonia and Breanna (Travel)</p>						
13	14 Alzheimer's & Dementia Support Group @ 4:15 PM Chair Volleyball 5:30 PM to 7 PM	15 Introduction to Step Aerobics with Rondi (HSDPI) 4 PM to 5 PM Chair Volleyball 5:30 PM to 7 PM	16 HSS Advisory Committee Meeting 3 PM to 4 PM	17 Introduction to Step Aerobics with Rondi (HSDPI) 4 PM to 5 PM	18 Elders Healing Circle @ 4:15 PM	19
20	21 Cooking Class with Rosemary 2 PM to 4 PM Chair Volleyball 5:30 PM to 7 PM	22 Introduction to Step Aerobics with Rondi (HSDPI) 4 PM to 5 PM Chair Volleyball 5:30 PM to 7 PM	23 EOC Food Distribution Cinema "The Little Mermaid" 2 PM to 4 PM	24 Introduction to Step Aerobics with Rondi (HSDPI) 4 PM to 5 PM TRAINING CENTER Food Distribution	25	26
27	28 Chair Volleyball 5:30 PM to 7 PM	29 Introduction to Step Aerobics with Rondi (HSDPI) 4 PM to 5 PM Chair Volleyball 5:30 PM to 7 PM	30 Cinema "Girls Trip" 2 PM to 4 PM	31 Introduction to Step Aerobics with Rondi (HSDPI) 4 PM to 5 PM		

PUBLIC WORKS STATEMENT ON WATER USAGE:

The Peach Springs community is using a lot of water due to the hot weather. The utilities division is monitoring water tank levels and we ask that you limit water usage to help conserve this valuable resource. Thank you.

JOIN OUR MESSAGE GROUP

Get up-to-date information on Senior Center activities, menu changes, delayed deliveries by joining our text message group. If you would like to receive messages talk with a Center staff member to join TODAY.

To sign up contact the Caregiver Support Services Coordinator, Breanna at Ext. 198

Hualapai Senior Services, 587 Canyon View Drive, 1-(928)-769-2375

