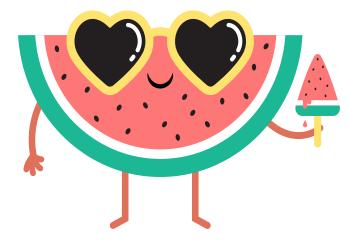
AUGUST

2023



	SUN	MON	TUE	WED	THU	FRI	SAT
			Chair Volleyball 5:30 PM to 7 PM	Chair Volleyball 5:30 PM to 7 PM	Chair Volleyball 5:30 PM to 7 PM	Cinema "Transformers: Rise of the Beasts" 2 PM to 4 PM	5
6			8 Avi Chair ' vities / An				12
13		14 Alzheimer's & Dementia Support Group @ 4:15 PM Chair Volleyball 5:30 PM to 7 PM	15 Introduction to Step Aerobics with Rondi (HSDPI) 4 PM to 5 PM Chair Volleyball 5:30 PM to 7 PM	16 HSS Advisory Committee Meeting 3 PM to 4 PM	17 Introduction to Step Aerobics with Rondi (HSDPI) 4 PM to 5 PM	18 Elders Healing Circle @ 4:15 PM	19
20		21 Cooking Class with Rosemary 2 PM to 4 PM Chair Volleyball 5:30 PM to 7 PM	22 Introduction to Step Aerobics with Rondi (HSDPI) 4 PM to 5 PM Chair Volleyball 5:30 PM to 7 PM	EOC Food Distribution Cinema "The Little Mermaid" 2 PM to 4 PM	2 4 Introduction to Step Aerobics with Rondi (HSDPI) 4 PM to 5 PM TRAINING CENTER Food Distribution	25	26
27		28 Chair Volleyball 5:30 PM to 7 PM	29 Introduction to Step Aerobics with Rondi (HSDPI) 4 PM to 5 PM Chair Volleyball 5:30 PM to 7 PM	Cinema "Girls Trip" 2 PM to 4 PM	31 Introduction to Step Aerobics with Rondi (HSDPI) 4 PM to 5 PM		

PUBLIC WORKS STATMENT ON WATER USAGE:

The Peach Springs community is using a lot of water due to the hot weather. The utilities division is monitoring water tank levels and we ask that you limit water usage to help conserve this valuable resource. Thank you.

JOIN OUR MESSAGE GROUP

Get up-to-date information on Senior Center activities, menu changes, delayed deliveries by joining out text message group. If you would like to receive messages talk with a Center staff member to join TODAY.

To sign up contact the Caregiver Support Services Coordinator, Breanna at Ext. 198

Hualapai Senior Services, 587 Canyon View Drive, 1-(928)-769-2375