

# November 2022

**MENU IS SUBJECT TO CHANGE  
WITHOUT NOTICE AT ANYTIME  
DUE TO UNFORESEEN  
CIRCUMSTANCES**

## HUALAPAI SENIOR SERVICES BREAKFAST MENU



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Oatmeal w/raisin Boiled egg Fresh pear	2 <b>Closed due to staff in training</b>	3 <b>Closed due to staff in training</b>	4 <b>Closed due to staff in training</b>	5
6	7 Boiled egg, ham slice, biscuit & banana muffin	8 Scrambled eggs, h.b patty, h.m tortilla, grapes	9 <b>Cream of wheat, sausage patty &amp; orange/sack lunch</b>	10 <b>French toast spam slice Strawberries/sack lunch</b>	11 <b>VETERANS DAY HOLIDAY..</b>	12
13	14 Chicken fried steak, fried egg, wheat toast & watermelon	15 Pancakel, sausage patty & tropical fruit	16 Steel cut oatmeal, boiled egg & mixed berries	17 Scrambled eggs spamslice Englishmuffin M. oranae	18 Cream of wheat, ham slice & pear	19
20	21 <b>Cold cereal, boiled egg Banana/sack lunch</b>	22 Scrambled eggs w/spam,shredded hashbrowns h.m biscuits & grapes	23 <b>Oatmeal, sausage links, orange/Sack lunch</b>	24 <b>THANKSGIVING HOLIDAY....</b>	25 <b>THANKSGIVING HOLIDAY...</b>	26
27	28 French toast, ham slice & mixed berries	29 Cream of wheat, boiled egg & watermelon	30 Chicken fried steak, fried egg, wheat toast & aaplesauce			

1% milk served with breakfast  
Juice and water available.

9<sup>th</sup>- veterans parade.  
½ day on 21<sup>st</sup> due to per cap.  
½ day due to thanksgiving.

Sugar free syrup served with pancake & French toast.

h.m-homemade  
h.b-hashbrown patty

Sack lunch- ham, turkey, tuna, egg salad or p.b.j sandwich will be served.

Any questions please call (928)769-2375