

- Hold yourselves and each other accountable and be responsible when going in public, work and school.
- STAY HOME WHEN ON QUARANTINE OR ISOLATION
- If you are on quarantine/isolation, to advise family/friends dropping off supplies to remain masked and drop off items without visiting.
- **Continue to protect yourselves with provided guidelines**
 - **STAYING HOME WHEN SICK- stay home from school, work, daycare or activities when feeling ill**
 - **Continue to Mask up, Social Distance, and Sanitize**
 - Get your vaccinations and boosters

Understanding there is a marginal spike in cases as of today, please remain calm and continue to protect yourselves. COVID-19 is still within our community but we have tools to help protect ourselves and others. We can expect COVID-19 to continue to linger in our everyday life whether a large event or simple daily tasks we do each and every day, it always an assumed risk we face since the start of the pandemic. Continue to protect yourselves with the recommendations provided by the CDC of Mask Up, Sanitize and social distance. It is reminded that a recovery time of 5 days in quarantine is based on the contagious period of the virus. After 5 days, the virus is not considered contagious but if you are still symptomatic, please continue mask use.

Community members are always encouraged to get vaccinated, more information about the COVID-19 vaccination and boosters are available by contacting the Peach Springs Health Center at 1-(928)-769-2900. If you have any inquiries about Hualapai Response, contact (928)-769-2207 and speak to Cheyenne Majenty.