



Hualapai Moving Forward. Our Legacy. Our Future • Construction Update
Submitted by: Martin Bartlett | Consor Engineering

HUALAPAI
MOVING FORWARD
OUR LEGACY. OUR FUTURE.



CONSTRUCTION UPDATE

The first phase of Youth Camp Road kicked off with a celebration ceremony held on site. Work for this project includes grading and stabilizing the roadway and associated earthwork. These temporary repairs aim to support mobility and safety by improving the roadway. Crews continue working despite the challenges caused by winter weather.



Project team members and members of the community gather for the project kick off celebration.

Special Points of Interest:

- The next regular Council Meeting, is rescheduled to Tuesday, December 10th
- Judge Extends Lithium Drilling Freeze (pg. 3)
- Community Christmas Events (pg. 5)
- Community Christmas Party (pg. 17)
- Housing Improvement Program (HIP) Applications (pg. 19)
- Hualapai Tribal Court Notices (pg. 23)
- Healthy Holiday Recipes (pg. 35)
- Hualapai Animal Control: Spay Neuter Applications (pg. 41)
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The second phase is scheduled to begin in the spring of 2025 and will focus on reconstruction and paving the road which will make it easier to access the Youth Camp facility year-round. Both phases of work on Youth Camp Road are among more than thirty projects being rapidly delivered to enhance the quality of life for all Hualapai and preserve its heritage for future generations.

Judge Extends Lithium Drilling Freeze

Submitted by: Shondii Silversmith | AZ Mirror | www.nhnews.com



Judge extends lithium drilling freeze, a major win for Hualapai Tribe

By Shondiin Silversmith, AZ Mirror | Nov 12, 2024

A federal judge extended a temporary pause of exploratory drilling as part of a lithium mining project near the Hualapai Tribe's sacred site after the court found that irreparable harm from drilling is likely.

"Lithium exploration is an important public interest at a time when the United States is striving to transition to renewable sources of energy," Judge Diane Humetewa wrote in the decision. "However, this interest does not outweigh the potential damage the Phase 3 drilling project may cause to Ha'Kamwe', which is central to the Hualapai Tribe lifeway. "Nor does it permit a federal agency to short-cut its regulatory consultation obligations or reasoned evaluation of the effects of its undertaking," she added. "And this Court finds that irreparable harm from the Phase 3 drilling project is not just potential, it is likely."

The Big Sandy Valley Lithium Exploration Project allows a subsidiary of an Australian mining company to drill and test more than 100 sites across U.S. Bureau of Land Management land surrounding one of the Hualapai Tribe's cultural properties, among them Ha'Kamwe', a medicinal spring sacred to the tribe.

For years, the Hualapai Tribe tried to work with the BLM by actively voicing their concerns about a lithium exploration project near Wikieup, in northern Arizona, but the agency ultimately ruled that any disruptions to the tribe would be temporary, and thus weren't grounds to block the project.

"We're pleased with how everything turned out with this decision," said Ka-voka Jackson, the director of the Hualapai Department of Cultural Resources. "It was definitely worth the wait." Jackson said the judge's decision is reassuring, and it validates the tribe's long-voiced concerns. "It feels like we're being heard, and it also puts it into context that this is a very serious issue and the tribe is taking it very seriously," she said. "We want to protect these sacred places and protect the water and other resources in the area, not only for us but for the future."



Exploratory wells have damaged the water flow at Ha' Kamwe' in Wikieup, Ariz. on March 5, 2022. Ash Ponders for Earthjustice

The court issued a preliminary injunction on Nov. 5, halting all drilling activity as the Hualapai Tribe's lawsuit continues in court. The decision comes over a month after the tribe presented its argument for the extension in court. "This doesn't resolve the case," Laura Berglan, a senior Attorney for Earthjustice representing the tribe, told the Arizona Mirror. Berglan said they are pleased that the judge recognized that the drilling threatened the tribe's resources after hearing from witnesses during the September hearing, and they will continue to work on the case as it moves forward.

"We're glad the court rejected BLM's 19th-century mindset, that the company gets whatever they want at the expense of Indigenous communities," Berglan said in a press release. "BLM should have considered alternatives with less impact on Ha'Kamwe', like drilling fewer wells or moving them farther from the spring." In August, the judge granted the Hualapai Tribe's initial request for a temporary restraining order against BLM, temporarily freezing the exploratory drilling project. The restraining order was granted after the Hualapai Tribe filed a lawsuit, following years of the tribe actively voicing its concerns about the mining effort.

"I feel a huge sense of relief today, but we know this is not the end of the story," Hualapai Tribal Chairman Duane Clarke said in a written statement. "Our people have used Ha'Kamwe' for centuries for healing, prayer, and rites of passage. "We are absolutely determined to protect our sacred waters and our way of life from those who would destroy it to enrich themselves," he added. Jackson said they also feel fortunate because

“this isn’t something that all tribes experience, having courts rule in their favor with issues like this, protecting sacred sites.” “We feel very lucky, and we’re gonna keep charging forward,” she added.

Ha’Kamwe’ is located within the Hualapai Tribe’s property known as Cholla Canyon Ranch, and the boundaries of the Big Sandy Valley project nearly surround the entire property. Only one portion of the tribe’s land does not border the drilling project. The spring is recognized as a traditional cultural property and is eligible to be listed on the National Register of Historic Places. The tribe’s lawsuit claims the project’s approval violates the National Environmental Protection Act and the National Historic Preservation Act.

The lawsuit asks for full compliance with the National Historic Preservation Act (NHPA) and the National Environmental Policy Act (NEPA), which includes having the BLM take a “hard look” at the exploration activity’s environmental impacts and consider the implications of its actions on historic properties.

The lawsuit claims that BLM approved the mining project without appropriately considering a reasonable range of alternatives or taking a hard look at water resources under the NEPA and moved forward with the project without providing mitigation measures under the NHPA for Ha’Kamwe’ and other resources essential to the tribe, thus violating both acts.

Out of concern for Ha’Kamwe’, the tribe submitted multiple public comments, sent several letters of concern, and participated in tribal consultations with BLM throughout the Big Sandy Valley Lithium Exploration Project planning phase.

Big Sandy, Inc., a subsidiary of Australian mining company Arizona Lithium, leads the project and has sought approval since 2019. Arizona Lithium is not a direct party in the Hualapai Tribe’s lawsuit, but it filed a motion to intervene. Humetewa granted the request in August, allowing the company to defend against the tribe’s efforts to stop the project.

https://www.nhonline.com/news/judge-extends-lithium-drilling-freeze-a-major-win-for-hualapai-tribe/article_fc2911da-a129-11ef-a1a8-a7554564c754.html

Hualapai Tribe • Christmas Events Scheduled for December

Submitted by: Adeline Crozier | Hualapai Tribal Administration



CHRISTMAS COMMUNITY EVENTS FOR DECEMBER

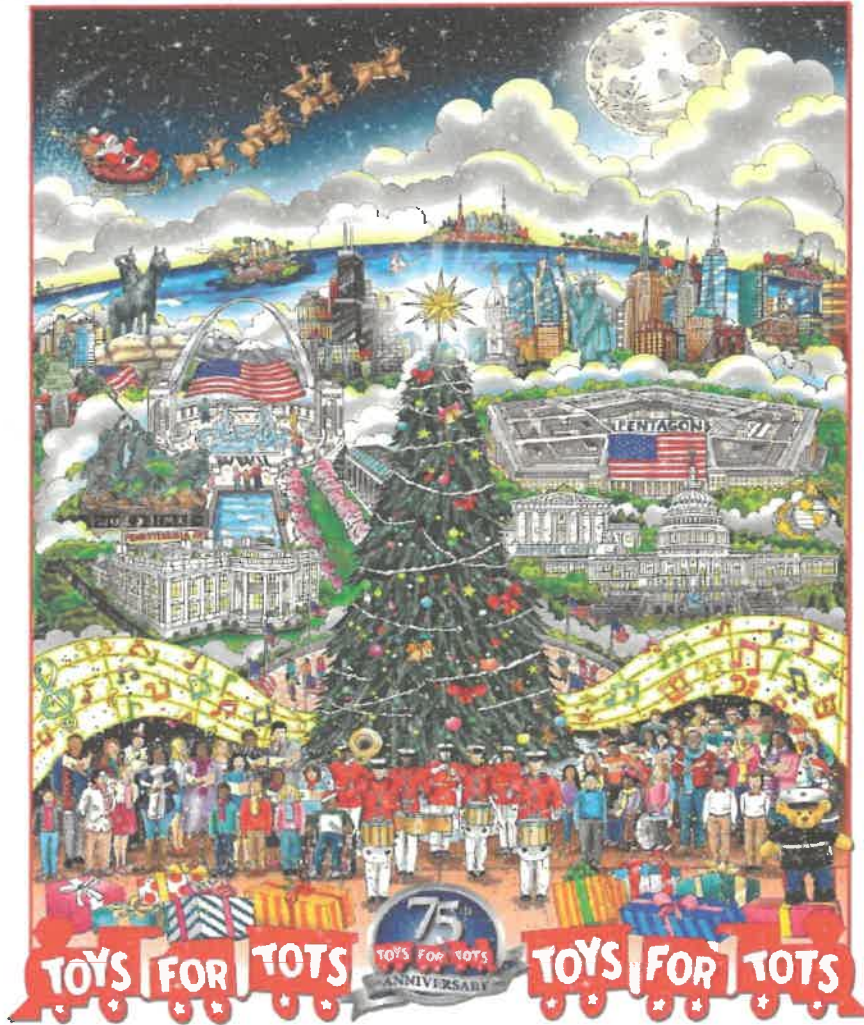
Flyers Available for Details

- **Friday, December 6th** - Toys for Tots (*Hualapai Nation Police Department*) pg. 3
- **Saturday, December 7th** - GCRC Employee Christmas Party (*Grand Canyon Resort Corporation*)
- **Tuesday, December 10th** - Christmas Tree Making (*Youth Coalition*)
- **Wednesday, December 11th** - Bingo (*Recreation*)
- **Thursday, December 12th** - Gingerbread House Making (*Hualapai Thrive*)
- **Tuesday, December 17th** - Craft Night (*Recreation*)
- **Friday, December 18th** - Elderly Christmas Party (*Elderly*)
- **Wednesday, December 18th** - House Decorating Contest Judging (*Enrollment & Public Services*)
- **Thursday, December 19th** - Light Parade (*Hualapai Education & Training Center & SDPI*)
- **Friday, December 20th** - Ugly Sweater and Santa Hat 5K & 1 Mile Walk (*Hualapai SPDI Fitness*)
- **Friday, December 20th** - Department Decorating Contest Judging (*Juvenile Detention Center & IHS*)
- **Monday, December 23rd** - Talent Show (*Recreation & Public Services*)
- **Monday, December 23rd** - Community Christmas Dinner sponsored by the Hualapai Tribe

Hualapai Nation Police Department Presents Toys for Tots • Friday, December 6th
Submitted by: Brooke Powskey | Hualapai Prosecutor's Office



**Hualapai Nation
Police Department Presents
Toys for Tots**



Drive thru Distribution at EOC
December 06, 2024 8:00 am – 7:00 pm
Contact Bryan Demke with any questions
928-769-1024



2024 Native American Toys for Tots



Physical Address:

Boy		Girl	
0 - 1 Year		0 - 1 Year	
2 - 3 Year		2 - 3 Year	
4 - 5 Year		4 - 5 Year	
6 - 7 Year		6 - 7 Year	
8 - 9 Year		8 - 9 Year	
10 - 11 Year		10 - 11 Year	
12 - 13 Year		12 - 13 Year	
14 - 15 Year		14 - 15 Year	
16 +		16 +	

Print Name :

Signature:

Hualapai Recreation: Christmas Holiday Bingo Night • Wednesday, December 11th

Submitted by: Adeline Crozier | Hualapai Tribal Administration



CHRISTMAS HOLIDAY BINGO NIGHT

*Fun For The Whole Family! Prizes
Join Us For Bingo Night*

**Wednesday, December 11th, 6PM,
@ HUALAPAI TRIBAL GYM**

*Food, Soft Drink & lots of Fun!
\$0.50 A Card
\$1.00 Special Games*

For more information call the Recreation 928-769-2652



Thrive Hualapai: Gingerbread Homes • Thursday, December 12th
Submitted by: Danielle Bravo | Hualapai Planning Department | FB: Thrive Hualapai

GINGERBREAD HOMES

Join us to build new edible homes for the community!

Our second annual holiday home building event
December 12, 2024 • 6pm to 9pm

THRIVE
HUALAPAI
Wasi:v han karja Hwal'bay



MCC Mohave Community College
HUALAPAI BUSINESS CENTER

Multi-purpose building
More info? Call Manny (928) 757-4305

Family Fun Event Hosted by Calvary Church of Lake Havasu • Sunday, December 15th

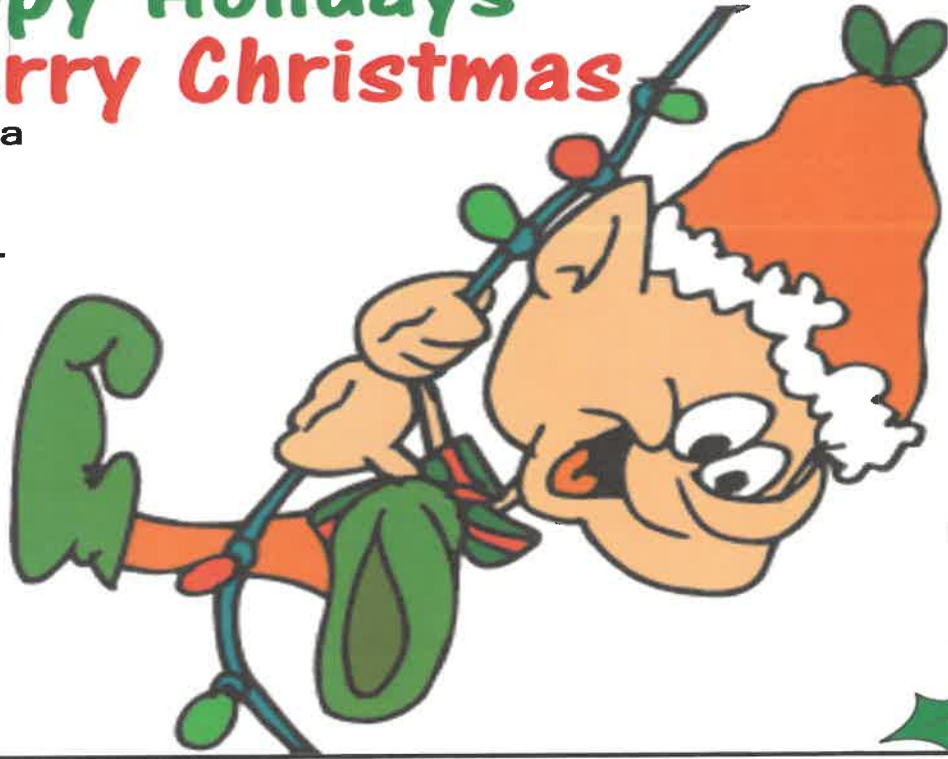
Submitted by: Keely Sage | Celebrate Recovery

Happy Holidays Merry Christmas

Welcoming you to a
Magically,
Mischievous
Family Fun Event.

Sunday Dec 15th
4-6:00 PM
Multi-Building

Hosted by
**CALVARY CHURCH
OF
LAKE HAVASU**



Hualapai Recreation: Christmas Craft Night • Tuesday, December 17th

Submitted by: Adeline Crozier | Hualapai Tribal Administration



Christmas CRAFT NIGHT

ACTIVITY GAMES
SNACKS & MUSIC

CHRISTMAS STOCKINGS & SNOOPY'S
CHRISTMAS HOUSE DECORATING

DEC
17



6:00
PM

HUALAPAI RECREATION FOR INFO 928.769.2652

The Elderly Christmas Party • Wednesday, December 18th
Submitted by: Adeline Crozier | Hualapai Tribal Administration

You were invited to
**The Elderly
Christmas
Party**

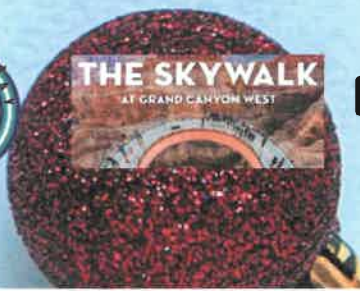
December 18, 2024
Hualapai Tribal Court
Parking Lot

10:00 am - 1:00 pm

There will be Games,
Music, Dancing, Raffle
Prizes, and More. Come
and Celebrate the
Christmas Season with the
Center Staff and Leaders.

COVID-19
Vaccination
will be provided.
Receive a incentive
for getting the
COVID-19
Vaccine.

Sponsors:



House Decorating Contest—No Entry Form Required • Wednesday, December 18th

Submitted by: Adeline Crozier | Hualapai Tribal Administration

THEME: COWBOY CHRISTMAS

House Decorating Contest

Homes that are decorated will be entered (No Entry Form Required)
Judging will be December 18, 2024 with 1st, 2nd and 3rd Place Winners.
Must at least incorporate theme and originality.

QUESTIONS, PLEASE CONTACT: COEY IN ENROLLMENT
OR JACKIE IN PUBLIC WORKS
928-769-2216



Christmas Movie Theme Light Parade • Thursday, December 19th
Submitted by: Adeline Crozier | Hualapai Tribal Administration

2024
"CHRISTMAS MOVIE"
THEME

Light Parade

Thursday, December 19
6pm

(Line up starts @ 5pm)

If you would like to enter and light up the night please stop by the Training Center to pick up an entry form.

Questions please feel free to contact
Nikki @ (928) 769-2200
email: nraymond@hualapai-nsn.gov



WINNERS





2024 LIGHT PARADE "Christmas Movie" Theme

REGISTRATION FORM

Please return this form to the Education and Training Department or email to:
nraymond@hualapai-nsn.gov

If you would like more information, please call (928) 769-2200

Contact Name: _____

Phone Number: _____

Email: _____

Entry Name/Organization/ Family: _____

Float Theme: _____

Brief description of entry and message to the community:

ENTRY DEADLINE: DECEMBER 17TH @ 5PM

Parade Route: Begin at BIA Lane/High View Drive, travel down High View Drive turn right onto Canyon View Drive continue to Diamond Creek Road, Travel down Diamond Creek Road and end at Peach Springs Elementary School.

Date Received:
Received By:

Float #	
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Ugly Sweater and Santa Hat 5K Run and 1 Mile Walk • Friday, December 20th

Submitted by: Athena Crozier | Hualapai SDPI - Fitness Center

**Ugly Sweater and Santa Hat
5K Run and 1 Mile Walk**



**December 20th
Starting @ Noon
Meet at Multi**

**DRESS
ACCORDING TO
WEATHER!**

**THIS IS THE
LAST RUN/WALK
OF THE 5 MONTH
SERIES**

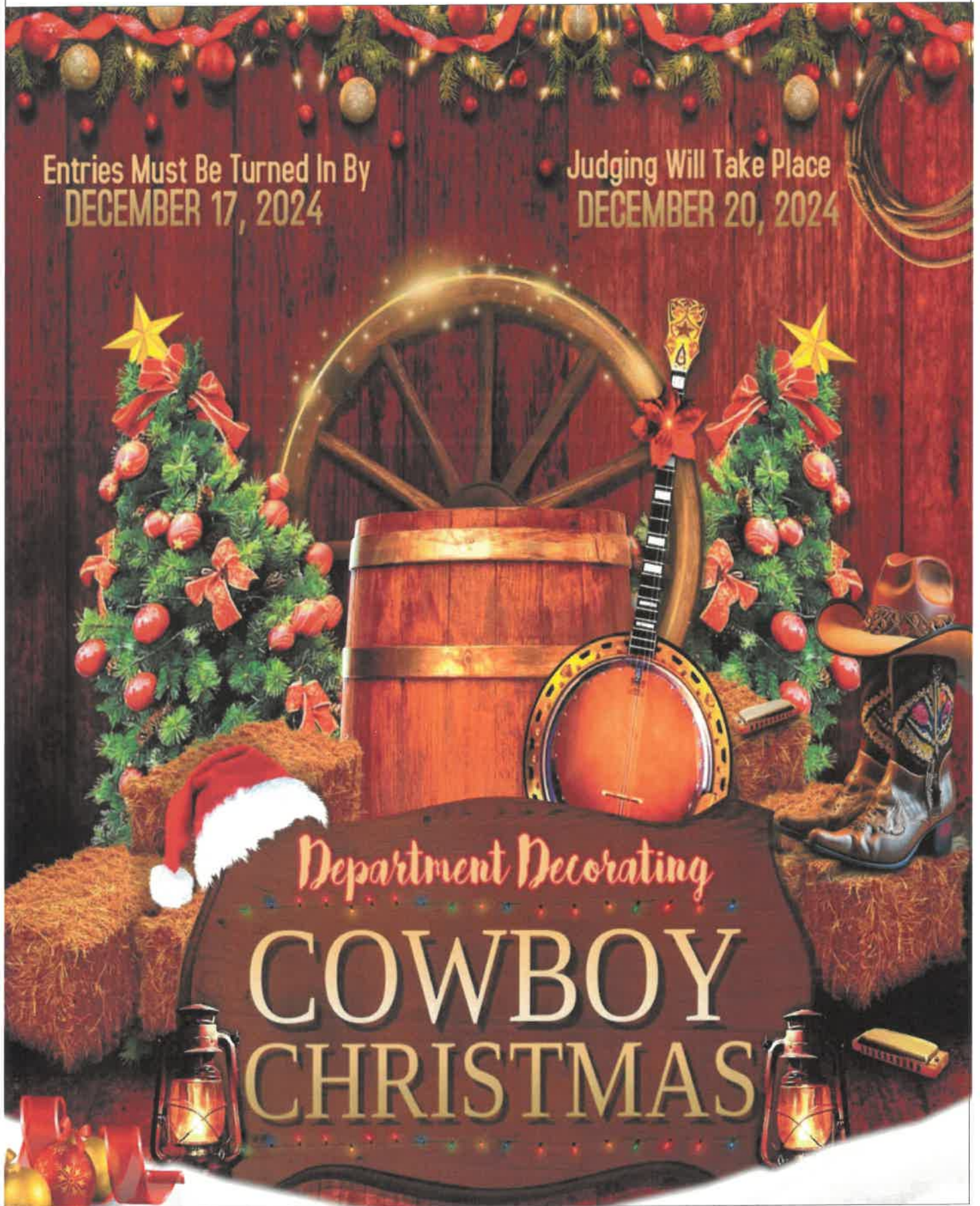


**ANY QUESTIONS PLEASE CALL FITNESS CENTER
928-769-2644**

Department Decorating Contest • Friday, December 20th (Entries Due by: Tuesday, December 17th)
Submitted by: Adeline Crozier | Hualapai Tribal Administration

Entries Must Be Turned In By
DECEMBER 17, 2024

Judging Will Take Place
DECEMBER 20, 2024

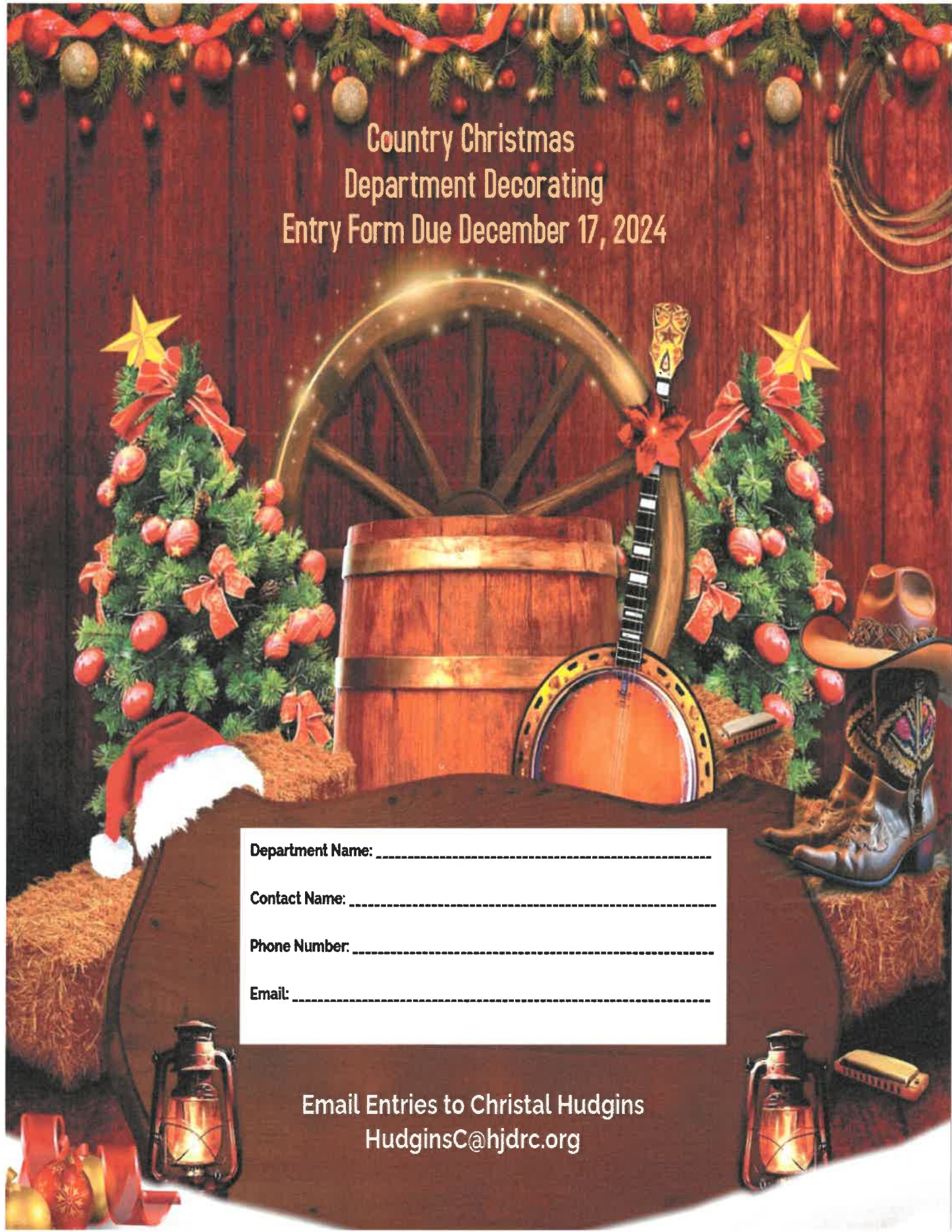


Department Decorating
**COWBOY
CHRISTMAS**

Country Christmas
Department Decorating
Entry Form Due December 17, 2024

Department Name: _____
Contact Name: _____
Phone Number: _____
Email: _____

Email Entries to Christal Hudgins
HudginsC@hjdrc.org



Hualapai Tribe & GCRC Community Christmas Party • Monday, December 23rd

Submitted by: Antonia Coghurn | Hualapai Senior Services Center

JOIN US FOR A

HUALAPAI TRIBE & GCRC Community Christmas Party

3 PM to 5 PM - GCRC Youth Raffle Prizes
with special visit from Mr. & Mrs. Claus
(17 years old & under. Must be present to win.
Children must be accompanied by an adult).

3 PM to 6 PM - Skywalk Photo Booth

5 PM - Dinner and Adult Raffle Prizes
(18 years old & over. Must be present to win).

6 PM - Talent Show (for more information contact Jackie at
(928)769-2216 EXT 1127 or Venai at (928)769-2652.

23TH **MUSIC BY**
DEC **KWLP THE PEACH**
DOORS OPEN AT 2:30 PM

**HUALAPAI RECREATION, 930 RODEO WAY,
PEACH SPRINGS, AZ 86434**

HUALAPAI ENROLLMENT OFFICE UPDATE

Gamyu Hwal Bay Ba:je'?

Tribal Member Names and Addresses

Our office is the central tribal agency charged with maintaining current and accurate names and addresses of all tribal members; Hualapai Constitution, Article II. Our office has experienced delays in receiving name changes that may be the result of marriage, adoption or voluntarily changing one's name.

The process in changing your name with the Enrollment Office is as follows:

1. Provide a marriage license, adoption decree or court order of name change **(Please complete the process of changing your name with Social Security and Vital Records);**
2. Provide an updated Social Security Card with changed name;
3. Issuance of new tribal ID and CIB (*first ID card is free per lifetime*, thereafter a \$10 fee is required, this includes name changes);
4. **Any other questions, please contact our office.**

Addresses are important for tribal members to frequently update with our office. Enrollment Office supplies that information for tribal events like Election seasons and distributions. This will greatly establish a database of up-to-date tribal member data, **this also includes minor addresses as well to ensure delivery of semiannual statements.**

Tribal Member Death

Please notify our office so we may inactivate their profile and provide a copy of a death certificate to our office.

Contact Information

Any questions, please contact our office by phone, fax or email.

Cody H. Susanyatame, Director – Christina James, Enrollment Assistant
(928)769-2216 – Phone (928)769-1068 – Fax

Enrollment@hualapai-nsn.gov

Hualapai Planning Department • Now Accepting Housing Improvement Program (HIP) Applications

Submitted by: Michelle Zepher | Hualapai Planning Department



United States Department of the Interior

BUREAU OF INDIAN AFFAIRS
Western Regional Office
2600 North Central Avenue
4th Floor Mailroom
Phoenix, Arizona 85004

*****ATTENTION*****

APPLICATIONS DUE: DECEMBER 31, 2024

Housing Improvement Program (HIP) Applications

The BIA, Housing Improvement Program (HIP), also known as Housing Program (HP), seeks to enhance the quality of life of qualified individuals by addressing sub-standard housing and homelessness for members of federally recognized Tribes. The program provides grant funding for housing repairs and renovations of existing homes, construction of modest replacement homes, housing down payments to use in conjunction with other Federal and State programs, or construction of modest homes for families who do not own a home but have ownership or lease of sufficient land suitable for housing. Program funding is available to federally recognized Tribes for use in providing program services to Tribal applicants who meet the eligibility criteria in 25 CFR § 256. The HP targets eligible applicants and is based upon a priority ranking that includes factors such as income, age, veterans, disability, and dependent children.

Joelynn Ashley
Regional Housing Program Officer
Regional GPRA Coordinator

Joelynn.Ashley@bia.gov

Housing Office: 480-744-4840

Work Cell: 602-851-7753

Fax: 602-379-4413

BIA Housing Website link:

<https://www.bia.gov/bia/ois/dhs/housing-program>

Four HIP Categories Available for Housing Assistance

Category (A) Up to \$7,500 in housing repairs for health and safety threatening conditions

Category (B) Up to \$60,000 to raise the conditions of a house up to building code standards.

Category (C-1) Provides a modest replacement home when it is not possible to bring a home up to building code standards.

Category (C-2) Provides a modest new home for those who do not own a home. You may also be eligible for this type of aid if you are the owner of land suitable for housing or the leaseholder for land suitable for housing and the lease is for more than 25 years when assistance is received.

Category (D) Down Payment Assistance (DPA) helps tribal homebuyers with grants and low-interest loans that reduce the amount they need to purchase a home and reduces the monthly mortgage payment amount.

Contact your local Tribal servicing Office for specific information on HIP in your area.



Bureau of Indian Affairs

Western Region

Branch of Housing
2600 N. Central Avenue
4th Floor Mailroom
Phoenix, AZ 85004

Phone: (602) 851-7753 (cell)

Fax: 602-379-4413

E-mail: joelynn.ashley@bia.gov

Serving Tribes within the Western Region

Bureau of Indian Affairs

HOUSING IMPROVEMENT PROGRAM

Every Native American and Alaska Native family should have the opportunity for a decent home and suitable living environment.



Housing Program Officer
Joelynn Ashley
Tel: (480) 744-4840

ARE YOU ELIGIBLE?

Can you answer **YES** to all of the following:

- ◆ Are you a member of a federally recognized Native American Tribe, or an Alaska Native?
- ◆ Live in an approved tribal service area?
- ◆ Have a combined household income at/ below 150% of DHHS Poverty Income Guidelines?
- ◆ Your present housing is substandard or Homeless?
- ◆ Own your home or land, or have a 25yr Residential leasehold (undivided)?
- ◆ Have no other resource for housing assistance?
- ◆ Have never received HIP assistance?
- ◆ Did no acquire your present house through other federal program within the previous 20 years.

Pick up an application from your local Tribal servicing office.

SUBMIT YOUR APPLICATION ALONG WITH THESE DOCUMENTS:

- ⇒ Tribal Membership copies for all household members
- ⇒ Proof of all household members Income (W-2's, SSI, Disability, IIM, Per-Capita, etc.)
- ⇒ Proof of Home or Land ownership, or Leasehold
- ⇒ Proof of Disability, if applicable
- ⇒ Proof of Veterans status, if applicable
- ⇒ Denial Letter from other program you applied
- ⇒ Signed Privacy Act Statement
- ⇒ Signed HIP Certification
- ⇒ Approved Letter of Credit, from the program applied for mortgage financing (applicable only for Category D)

These documents are required in order to **determine eligibility**.



You Will Not Know Unless You Apply!

What's Next?

You can apply throughout the year, contact your local servicing office for the current deadline.

They will let you know the status of your application, and how to carry it forward to the next funding cycle.

Funding is limited, occurs only **ONCE** per year, and highly competitive. Therefore, leveraging with other funding sources is **CRITICAL** and encouraged.

Eligibility does not Guarantee funding.

BIA Housing Website link:

<https://www.bia.gov/bia/ois/dhs/housing-program>



Hualapai Senior Services Presents Karaoke Luncheon • Wednesday, December 11th & Monday, December 30th
Submitted by: Adeline Crozier | Hualapai Tribal Administration

Hualapai Senior Services Center Presents

KARAOKE LUNCHEON

**START AT
11 AM**

**DEC
11TH AND
30TH**



**COME ENJOY
& SHOW
OFF YOUR
VOICAL SKILLS**

**WITH BEAR
ON THE AIR**

Where: Senior Services Center, 587 Canyon View Drive, Peach Springs, AZ 86434
Time: 11:00 AM to 1:00 PM

Hualapai Tribal Court: Notice of Hearing • Monday, December 9th
Submitted by: Yolanda Wescogame | Hualapai Tribal Court

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IN THE HUALAPAI TRIBAL COURT
HUALAPAI RESERVATION, STATE OF ARIZONA

SHEALEE QUERTA,
Respondent

CASE NO. 2024-CV-037

NOTICE OF HEARING

TO: SHEALEE QUERTA – UNKNOWN ADDRESS PEACH SPRINGS, AZ 86434

You are hereby notified that on the 9TH day of DECEMBER, 2024 at 2:00 P.M. the court will hold an ADJUDICATION HEARING in the above-entitled cause at the Hualapai Tribal Court at 960 Rodeo Way, Peach Springs, AZ 86434.

You are further notified that it is your right to be represented by legal counsel at your own expense.

Your failure to appear at the above-mentioned date, time and place without good cause may result in a default judgment entered against you and the petitioner will be awarded the contents of his/her petition.

Dated this 5TH day of NOVEMBER, 2024.

Yolanda Wescogame
Clerk of Court

VERIFICATION OF SERVICE:

SERVED TO: GAMYU NEWSLETTER

SERVED BY: YOLANDA WESCOGAME- COURT CLERK

DATE: NOVEMBER 5, 2024

Hualapai Tribal Court: Notice of Hearing • Monday, December 16th
Submitted by: Yolanda Wescogame | Hualapai Tribal Court

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IN THE HUALAPAI TRIBAL COURT
HUALAPAI RESERVATION, STATE OF ARIZONA

FRANCIS WALEMA,
Respondent

CASE NO. 2024-DOM-019

NOTICE OF HEARING

TO: FRANCIS WALEMA –PEACH SPRINGS, AZ 86434

You are hereby notified that on the 16 day of DECEMBER, 2024 at 10:00 A.M. the court will hold an INITIAL HEARING in the above-entitled cause at the Hualapai Tribal Court at 960 Rodeo Way, Peach Springs, AZ 86434.

You are further notified that it is your right to be represented by legal counsel at your own expense.

Your failure to appear at the above-mentioned date, time and place without good cause may result in a default judgment entered against you and the petitioner will be awarded the contents of his/her petition.

Dated this 13TH day of NOVEMBER, 2024.

Yolanda Wescogame
Clerk of Court

VERIFICATION OF SERVICE:

SERVED TO: GAMYU NEWSLETTER

SERVED BY: YOLANDA WESCOGAME- COURT CLERK

DATE: NOVEMBER 13, 2024

Hualapai Tribal Court: Notice of Hearing • Monday, January 13, 2025
Submitted by: Yolanda Wesco game\ Hualapai Tribal Court

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IN THE HUALAPAI TRIBAL COURT
HUALAPAI RESERVATION, STATE OF ARIZONA

NICOLE MACK,
Respondent

CASE NO. 2024-DOM-020

NOTICE OF HEARING

TO: NICOLE MACK –PEACH SPRINGS, AZ 86434

You are hereby notified that on the 13TH day of JANUARY, 2025 at 10:00 A.M. the court will hold an INITIAL HEARING in the above-entitled cause at the Hualapai Tribal Court at 960 Rodeo Way, Peach Springs, AZ 86434.

You are further notified that it is your right to be represented by legal counsel at your own expense.

Your failure to appear at the above-mentioned date, time and place without good cause may result in a default judgment entered against you and the petitioner will be awarded the contents of his/her petition.

Dated this 26th day of NOVEMBER, 2024.

Yolanda Wesco game
Clerk of Court

VERIFICATION OF SERVICE:

SERVED TO: GAMYU NEWSLETTER

SERVED BY: YOLANDA WESCOGAME- COURT CLERK

DATE: NOVEMBER 26, 2024

EMPLOYMENT OPPORTUNITIES

Grand Canyon Resort Corporation • Current Job Postings
 Submitted by: Gina Hernandez | Grand Canyon Resort Corporation

Revised 11/25/2024

** For Quick Apply Visit Grandcanyonwest.com **

Current Job Postings for Grand Canyon Resort Corporation							
Administration	# of Positions	Pay Rate	Shift	Airport	# of Positions	Pay Rate	Shift
Safety Manager	1	D.O.E/FT	Varies	Airport Operations Specialist	1	D.O.E/PT	Varies
Hualapai Lodge	# of Positions	Pay Rate	Shift	Airport EMS/Firefighter	1	D.O.E/FT	Varies
Front Desk Supervisor	1	D.O.E/FT	Wed-Sun	Transportation	# of Positions	Pay Rate	Shift
Room Attendant	1	D.O.E/PT	Wed-Sun	CDL Transit Driver	1	D.O.E/FT	Varies
Walapai Market	# of Positions	Pay Rate	Shift	Supervisor	1	D.O.E/FT	Varies
Coffee Shop Barista	3	D.O.E/PT	TBD	Security	# of Positions	Pay Rate	Shift
Coffee Shop Supervisor	1	D.O.E/FT	TBD	Security Guard	2	D.O.E/FT/PT	Varies
Diamond Creek Restaurant	# of Positions	Pay Rate	Shift	Security Supervisor	3	D.O.E/FT	Varies
Front of House	1	D.O.E/PT	Varies	Gift Shop/Tour Counter	# of Positions	Pay Rate	Shift
Hualapai River Runners	# of Positions	Pay Rate	Shift	Cashier	6	D.O.E/PT/FT	Varies
Maintenance Supervisor	1	D.O.E/FT	Varies	Cashroom	2	D.O.E/FT	Varies
Maintenance	# of Positions	Pay Rate	Shift	Lead Cashier	2	D.O.E/FT	Varies
Waterline Tech	1	D.O.E/FT	Varies	Ambassadors	# of Positions	Pay Rate	Shift
Electrician	1	D.O.E/FT	Varies	Tribal Ambassadors	2	D.O.E/FT	Varies
Carpenter	1	D.O.E/FT	Varies	Hualapai Point	# of Positions	Pay Rate	Shift
Plumber	1	D.O.E/FT	Varies	Utility	2	D.O.E/FT	Varies
GCRC INTERNAL ONLY UNTIL 12/02/2024				Skywalk	# of Positions	Pay Rate	Shift
Cashier/Barista - Coffee Shop	6	D.O.E/FT/PT	Varies	Utility	8	D.O.E/FT/PT	Varies
Supervisor - Coffee Shop	2	D.O.E/FT	Varies	Retail/ Ticket Lead	1	D.O.E/FT	Varies
				Ops Manager	1	D.O.E/FT	Varies
				Pontoon	# of Positions	Pay Rate	Shift
				Small Engines Mechanic	1	D.O.E/FT	Varies
				Supervisor	1	D.O.E/FT	Wed-Sat
				F&B/Sky View Restaurant	# of Positions	Pay Rate	Shift
				Food Handler / Cook	2	D.O.E/FT/PT	Varies
				Cook	1	D.O.E/FT	Wed-Sat
				Food Handler/ Cook Lead	1	D.O.E/FT	Wed-Sat
				Supervisor	1	D.O.E/FT	Sun-Wed
				Ops Manager	2	D.O.E/FT	Varies
				Janitorial	# of Positions	Pay Rate	Shift
				Operations Manager	1	D.O.E/FT	Varies
				Janitor	1	D.O.E/PT	Varies

EDUCATION & TRAINING INFORMATION

First Things First • Santa Brings Joy, But He Can Also Cause Stress

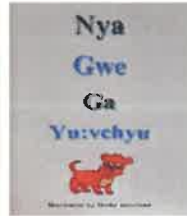
Submitted by: Tara Gene, Regional Director | First Things First

FIRST THINGS FIRST

Hualapai Tribe Region

HUALAPAI REGION

MONTHLY UPDATE



Santa brings joy, but he can also cause stress

The stress young children may feel around Santa or others strangers is perfectly normal.

For many families, having their child's picture taken with Santa Claus is a holiday tradition. The jolly old elf makes himself available at shopping centers and stores, and folks line up for their turn.

Some young kids are thrilled by the chance to share their Christmas wish list with him, but for others, Santa is a scary dude. Being handed over to him, away from the comfort of a parent, can turn an Instagram moment into a freak out.

More and more, such set-ups involve side-by-side chairs or benches instead of Santa's lap, and that can reduce some of the situational stress for little ones. And that is what's behind the big emotions that some young children display with Santa — stress.

Stranger Distress

The stress young children may feel around Santa or other strangers is perfectly normal. It's related to the emotional attachment they form with their parents or primary caregivers. They naturally want to stay close to the ones who meet their needs and make them feel safe and secure. "I hate the terms stranger anxiety and separation anxiety," says Dr. Tracy Spinrad, who teaches infant and toddler development at Arizona State University, "because anxiety implies pathology, that something is abnormal. I prefer to call it distress or stranger wariness."

Children may begin to show signs of distress around strangers, or when a trusted caregiver leaves the room, around crawling age, usually between 7 and 10 months. But not in all babies. Some babies are naturally more easy going, while others are more prone to experiencing stress from new things, places and people.

"Stranger distress can last quite a while, usually through age 2 or more," says Dr. Spinrad, "but these reactions are temporary and can even provide an opportunity for parents to teach their young children regulation skills."



Tips for Meeting Santa

- Stay close.
- Age matters, so you should probably have different expectations with a 12 month-old than with a 3- or 4-year old.
- Think ahead about how you'll respond in the moment if your baby flips out. Are you okay if they're not smiling in the photo?
- For older children, it can help to talk with them about the visit beforehand so they know what will happen and what to expect.
- Keep in mind that a little stress is okay for your child, and that how your child reacts to strangers, like Santa, is not a reflection on your parenting. It's more a sign of their age, maturation and natural temperament.

FIRST THINGS FIRST HUALAPAI TRIBE REGIONAL PARTNERSHIP COUNCIL

Chira Walema, Chair
Cliffiny Mowa

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ABOUT FIRST THINGS FIRST

As Arizona's early childhood agency, First Things First funds early learning, family support and children's preventive health services to help kids be successful once they enter kindergarten. Decisions about how those funds are spent are made by local councils staffed by community volunteers. To learn more, visit FirstThingsFirst.org.

Music Mountain Jr. & Sr. High School • Boys & Girls Basketball Schedule*Submitted by: Sam Tsosie | Music Mountain Jr. & Sr. High School***Music Mountain Jr & Sr High School
2024 – 2025 Boys & Girls Basketball Schedule**

11/22/24	@ 5:30 pm @ 7:00 pm	Varsity Girls Varsity Boys	Music Mountain @ Seligman High School
11/26/24	@ 4:00 pm @ 5:30 pm @ 7:00 pm	JV Boys Varsity Girls Varsity Boys	Mogollon High @ Music Mountain
12/03/24	@ 2:30 pm @ 4:00 pm @ 5:30 pm	JV Boys Varsity Girls Varsity Boys	Dishchii'bikoh @ Music Mountain
12/04/24	@ 4:00 pm @ 5:30 pm @ 7:00 pm	JV Boys Varsity Girls Varsity Boys	Mayer @ Music Mountain
12/07/24	@ 6:00 pm @ 7:30 pm	Varsity Girls Varsity Boys	Rough Rock @ Music Mountain
12/10/24	@ 4:00 pm @ 5:30 pm @ 7:00 pm	JV Boys Varsity Girls Varsity Boys	Music Mountain @ Williams High School
12/14/24	@ 1:30 pm @ 3:00 pm @ 4:30 pm	JV Boys Varsity Girls Varsity Boys	Music Mountain @ Pinon High School
12/17/24	@ 4:00 pm @ 5:30 pm @ 7:00 pm	JV Boys Varsity Girls Varsity Boys	Grand Canyon @ Music Mountain
12/18/24	@ 4:00 pm	JV Boys	Desert Star @ Music Mountain
12/20/24	@ 2:00 pm @ 2:30 pm @ 3:30 pm	JV Boys Varsity Girls Varsity Boys	Music Mountain @ Basis Flagstaff
01/02/25	@ 9:00 am	Varsity Girls	Music Mountain @ Higley High School
01/02/25	@ 10:00 am	Boys Invitational Tournament	Music Mountain @ Show Low, AZ
01/08/25	@ 4:00 pm @ 5:30 pm @ 7:00 pm	JV Boys Varsity Girls Varsity Boys	Music Mountain @ Ash Fork
01/11/25	@ 2:00 pm @ 3:30 pm @ 5:00 pm	JV Boys Varsity Girls Varsity Boys	Joseph City @ Music Mountain
01/14/25	@ 4:00 pm @ 5:30 pm @ 7:00 pm	JV Boys Varsity Girls Varsity Boys	Seligman @ Music Mountain
01/15/25	@ 4:00 pm	JV Boys	Music Mountain @ Desert Star
01/17/25	@ 4:00 pm @ 5:30 pm @ 7:00 pm	JV Boys Varsity Girls Varsity Boys	Music Mountain @ Grand Canyon
01/21/25	@ 4:00 pm @ 5:30 pm @ 7:00 pm	JV Boys Varsity Girls Varsity Boys	Kingman @ Music Mountain
01/24/25	@ 4:00 pm @ 5:30 pm @ 7:00 pm	JV Boys Varsity Girls Varsity Boys	Rock Point @ Music Mountain

Valentine Elementary School • Eagle Eyes Newsletter & Menus

Submitted by: Danielle Bravo | Hualapai Planning Department



EAGLE EYES



Vol. 10, No. 5

www.valentineaz.net

December 2, 2024

SCHOOL LETTER GRADE

School letter grades were released last month, and we are proud to announce that our school letter grade is now a



B



A comprehensive listing of all schools can be accessed from:

<https://azsbe.az.gov/schools/a-f-school-letter-grades>

Several factors contributed to our students' success:

- Attendance was greatly improved from the prior year, providing more direct instruction time;
- Greater effort was given by students, as shown by the increased number of students achieving honor roll recognition last year.
- The House System provided students an opportunity to be part of something bigger than themselves.

Our goal for this year is to move that B up to an A, which is very doable, if students maintain their excellent attendance and continue to do their Personal Best.

WINTER



FESTIVAL

Our 2024 Winter Festival, *The North Pole: A Day in the Life*, is on December 12, from 6-8pm. Students will be dismissed at 11:45 am and must be back in their classrooms by 5:45 pm to prepare to be onstage.

Following the performance, there will be refreshments available, and families are encouraged to participate in a variety of activities, which include games, face painting, photos, and maybe even a special guest! After participating in an activity, get your ticket stamped. Once fully stamped, enter your ticket into the prize drawing.

As this is a school event, it is by law an alcohol, tobacco, and drug-free event.



SPELLING BEE

Congratulations to our top spellers who will be competing in our school spelling bee on December 5, beginning at 9am. The winner will represent our school at the Mohave County Spelling Bee on Friday, January 31, 2025



HOW CAN I HELP MY STUDENT?

- Schedule activities for non-school days – Student absences for illnesses are understandable – It is difficult to choose when one will be sick. However, we have seen a number of student absences recently where, if different choices were made, students could be in school. Shopping and babysitting cannot be excused absences. If appointments must be scheduled on a school day, make every effort to have them early in the morning or late in the afternoon so your student may attend at least half the day. Regardless of the reason for their absence, students are responsible for completing any assignments while they are absent.
- Attend the Winter Festival – With our new campus construction on the horizon, this year's Winter Festival will likely be the last one held in the current gymnasium. Students have been rehearsing since early October in preparation, so we invite you to witness and celebrate their efforts.

INDIAN POLICIES AND PROCEDURES

Our annual Indian Policies and Procedures review process continues this month with our final committee meeting on December 3rd at 3:30 pm. Parents/guardians of our Hualapai students are encouraged to attend.

CHRISTMAS SPIRIT DAYS

To help celebrate the season, we will have themed days beginning on our performance day, December 12.

Thursday, 12/12 – Plaid Day

Monday, 12/16 – Red and Green Day

Tuesday, 12/17 – Reindeer Antlers/Santa Hats/Elf Hats

Wednesday, 12/18 – Crazy/Cringey Christmas Sweater Day

Thursday, 12/19 – Christmas Pajama Day

UPCOMING EVENTS

12/03 – Indian Policies & Procedures Cmte Mtg, 3:30pm

12/05 – Valentine Elementary Spelling Bee, 9am

12/10 – School Board Meeting, 4:30 pm

12/12 – Early Release @ 11:45am; Winter Festival, 6pm

12/19 – Early Release Day @ 11:45am

12/20 – 01/05 – Winter Break, NO SCHOOL

01/06 – 3rd Quarter begins

BREAKFAST

DECEMBER 2024
PSUSD #8



Monday	Tuesday	Wednesday	Thursday	Friday
2 Biscuit & Gravy Fruit/Juice Choice of Milk	3 Blueberry Pancake Fruit/Juice Choice of Milk	4 Fried Egg Toast Fruit/Juice Choice of Milk	5 Breakfast Burrito Fruit/Juice Choice of Milk	6 NO SCHOOL
9 French Toast Sausage Patty Fruit/Juice Choice of Milk	10 Cereal Cheese Stick Fruit/Juice Choice of Milk	11 Pancake on a Stick Fruit/Juice Choice of Milk	12 Fried Egg Toast Fruit/Juice Choice of Milk	13 NO SCHOOL
16 Waffle Cheese Stick Fruit/Juice Choice of Milk	17 Corned Beef Hash Toast Fruit/Juice Choice of Milk	18 Cinnamon Roll Cheese Stick Fruit/Juice Choice of Milk	19 Scrambled Eggs English Muffin Fruit/Juice Choice of Milk	20 NO SCHOOL
23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL
30 NO SCHOOL	31 NO SCHOOL			



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

LUNCH

DECEMBER 2024
PSUSD #8

Monday	Tuesday	Wednesday	Thursday	Friday
2 Grilled Ham & Cheese Sammy Baked Beans Fruit Choice of Milk	3 Cheeseburgers Corn Fruit Choice of Milk	4 Orange Chicken Rice / Green Beans Fruit Choice of Milk	5 Tater Tot Casserole Carrots Corn Bread / Fruit Choice of Milk	6 NO SCHOOL
9 Enchiladas Refried Beans Fruit Choice of Milk	10 Taquito Salsa Corn Fruit Choice of Milk	11 Pepperoni Pizza Broccoli Fruit Choice of Milk	12 Early Release No Lunch	13 NO SCHOOL
16 Beefy Mac & Cheese Green Beans Fruit Choice of Milk	17 Chili Cheese Dog Fruit Choice of Milk	18 Frito Pie Dinner Roll Fruit Choice of Milk	19 Early Release No Lunch	20 NO SCHOOL
23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL
30 NO SCHOOL	31 NO SCHOOL			

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Good News Club for Students K - 6th Grade • Meetings on Wednesdays
Submitted by: Pastor Steve DeFord | Hualapai Baptist Church



**Good News Club for Students K-6th
 Grade is at your school!**

Meeting: Wednesdays Time: 3-4:30

Beginning: Sept. 11th

Contact: Steve DeFord Phone: 928-200-2392



Online Registration:

<https://cefarizona.breezechms.com/form/MohavePeachSprings242>

5

By completing this form, you are granting permission for your student to attend **Good News Club**.
 Please complete online prior to club attendance or return this form on the first day of club.

Student First Name:

Last:

Date of Birth:

Grade:

School:

Teacher:

Parent/Guardian Name:

Email:

Phone:

Street Address:

City:

State: AZ

Zip:

Emergency Contact Name:

Relationship:

Phone:

Parents/Guardians are responsible for their child's safety from the time the child leaves the school grounds until the child reaches home. After Club: (select all that apply)

- I will pick up my child
- My child has permission to bike/walk home
- Have my child return to... (after school program):
- Have my child... (other option):

Other Adults Authorized to pick up my child:

Health Concerns/Known Allergies of my child:

Circle One: I do / do not give permission for images of my child to be captured during Good News Club through video, photo and/or digital camera, to be used solely for the purposes of CEF of Arizona promotional material and publications.

Peach Springs Unified School District neither endorses nor sponsors the organization or activity represented on this form. The distribution of this form or material associated with it is provided as a community service.

GOOD NEWS CLUB is a Bible Centered after school club program sponsored by Child Evangelism Fellowship, Inc. This is a non-denominational organization made up of caring Christian adults and teenagers, who have been screened and have received specialized training to lead these clubs. GOOD NEWS CLUBS are offered in neighborhood homes, apartment complexes, and schools in communities across the United States, as well as in over 192 countries around the world.

GOOD NEWS CLUB teaches and encourages Biblical morals and values through a structured curriculum provided by Child Evangelism Fellowship including:

EXCITING BIBLE LESSONS

BIBLE MEMORY ACTIVITIES

GAMES THAT REINFORCE MORAL LESSONS

ACTION SONGS THAT INSTILL BIBLICAL VALUES

GOOD NEWS CLUB is FREE to all children that participate. Members of this community have contributed to Child Evangelism Fellowship, which is recognized by the US Government as a 501(c)3 non-profit organization, so that all that your child experiences and receives in Good News Club is provided at no cost to them. These contributions include facility usage fees charged to us by the school district, regular background check screening of all of our workers, and liability insurance to protect the children, the workers, and the school from harm.

If you have questions or concerns about GOOD NEWS CLUB you can contact Brian Hughes at the local Child Evangelism Fellowship office by phone at **602-242-4243**, at **6060 N 7th Ave Phoenix, AZ 85013** during business hours, email us at Reachus@cefarizona.com

PARENTS ARE WELCOME to come and visit Good News Club and observe anytime, and without notice. Simply check in at the school office, obtain a visitor's badge/sticker, and remain in the back of the room during club time, with no interaction or contact with the children. Parents who choose to observe on a regular basis will be required to submit to a background check and fingerprinting, just as is required of our volunteers.

GOOD NEWS CLUB is something that children look forward to week after week during the school year. We hope that Good News Club will be a great experience for your child.

HEALTH & SAFETY INFORMATION

Hualapai SDPI • Healthy Holiday Recipes

Submitted by: Rosemary Sullivan | Hualapai SDPI

November 21, 2024

As part of the Hualapai SDPI team, I have found some recipes to share with you for the holidays. We had Pumpkin Pie making classes with the Elderly Program earlier this month and made our pumpkin puree out of fresh pumpkins. They were delicious. Also, last week I did a class on making a healthier version of fruit salad. Prep time was a little harder, so save some time and purchase pre-cut fruits, you can even find the pomegranate seeds sold ready to mix at most grocery stores. On the 26th of November, my class will be on macaroni & cheese versions in a crockpot and one-pot recipes, plus a twist on pasta salad. I will share these with you now. Have a safe and Happy Thanksgiving.

Rosemary Sullivan, HSDPI Nurse Case Manager



WINTER FRUIT SALAD

Recipe courtesy of Food Network Kitchen from Food Network Magazine

<https://www.foodnetwork.com/recipes/food-network-kitchen/winter-fruit-salad-recipe-1973035>

Level: Easy **Total: 30 min** **Prep: 30 min** **Yield: 6 servings**

Ingredients

- 1/2 cup sugar
- 1 1-inch piece ginger, peeled and thinly sliced
- 1 vanilla bean, split lengthwise and seeds scraped out
- 1 lemon
- 5 large navel or blood oranges
- 2 mangoes, peeled and diced
- 2 firm bananas, peeled and diced
- 5 kiwis, peeled and diced
- 12 kumquats, very thinly sliced crosswise, seeds removed
- 1 cup pomegranate seeds (from 1 pomegranate)

Directions:

1. Combine the sugar, 2 cups water, the ginger and vanilla seeds and pod in a saucepan. Use a vegetable peeler to remove wide strips of zest from the lemon and 1 orange, add to the saucepan and bring to a boil over medium-high heat. Reduce the heat and simmer 5 minutes. Refrigerate until cold.
2. Meanwhile, peel the remaining oranges with a paring knife, cutting along the natural curve of the fruit. Hold an orange over a large bowl and cut along both sides of each membrane to free the segments, letting them fall into the bowl. Squeeze each empty membrane to release the juices. Repeat with the remaining oranges. Add the mangoes, bananas, kiwis, kumquats and pomegranate seeds and gently toss. Pour the syrup over the fruit and chill overnight.
3. Before serving, remove the citrus zest, ginger and vanilla pod. Spoon the fruit and syrup into bowls.
4. To remove pomegranate seeds, cut the fruit into quarters, then break apart in a bowl of water. Skim off the pith that floats to the top and drain the seeds.

PUMPKIN PIE RECIPE

The BEST Pumpkin Pie recipe is perfect in every way, and you can choose to serve it with a simple homemade caramel pecan topping that takes it over the top!

Prep Time	Cook Time	Total Time
30 mins	1 hr 5 mins	1 hr 35 mins

Course: Dessert | Cuisine: American, Pie | Servings: 12 | Calories: 225kcal | Author: Lauren Allen

Equipment

- Pie Pan

Ingredients (For the Pumpkin Pie)

- 1 9-inch Homemade pie crust , or store-bought, deep dish, unbaked
- 3/4 cup granulated sugar
- 1 teaspoon ground cinnamon
- 1/2 teaspoon salt
- 1/2 teaspoon ground ginger
- 1/4 teaspoon ground cloves
- 2 large eggs
- 15 ounce can canned pumpkin or fresh pumpkin puree

Instructions

1. Preheat oven to 425 degrees F.
2. In a large bowl beat the eggs and pumpkin together. In a separate bowl, combine the sugar, cinnamon, salt, ginger and cloves, and add to pumpkin mixture.
3. Gradually stir in the evaporated milk. Carefully pour mixture into unbaked pie shell.
4. Bake at 425 degrees F for 15 minutes. Reduce temperature to 350° F; bake for 40 to 50 minutes longer, or until the pie is set. Check for doneness by giving the pie a gentle wiggle. The center may jiggle just a tiny bit. It will continue to set up as it cools. Or, it is done when a sharp knife inserted in center comes out clean.
5. Cool completely on a wire cooling rack. Serve immediately with whipped cream and caramel pecan topping, if desired.

Notes: Make Ahead Instructions: You can make the entire pie the day before and store it the refrigerator, or prepare the pie crust and filling the day before and store them separately in the refrigerator until ready to bake the next day.

Storage Instructions: Store-bought pumpkin pies can sit at room temperature because of the preservatives added, but homemade pumpkin pie should be refrigerated if not eaten within 2 hours of sitting out. Leftover pumpkin pie will keep in the refrigerator for 3-4 days. Be sure to allow pumpkin pie to cool completely and then cover it loosely with plastic wrap, for storing.

Freezing Instructions: Cooked pumpkin pie can be frozen for up to 3 months, covered well. You can also freeze the pie crust for up to 3 months. Thaw pumpkin pie overnight in the refrigerator before serving.

Caramel Pecan Topping:

- 1/2 cup light brown sugar, packed
- 2 tablespoons heavy whipping cream
- 1 tablespoon light corn syrup
- 1 tablespoon butter
- 1/2 cup chopped pecans
- 1/2 teaspoon vanilla extract

Add brown sugar, cream, corn syrup, and butter to a small saucepan over medium high heat. Bring to a boil, then reduce heat and simmer, uncovered, for about 5 minutes, stirring frequently. Remove from heat and stir in chopped pecans and vanilla. The topping will thicken as it cools. Spoon topping over cooled pumpkin pie slices and top with whipped cream. *Pumpkin pie filling recipe is from Libby.*



Recipe Link



Recipe Video

Nutrition

Calories: 225kcal | Carbohydrates: 32g | Protein: 5g | Fat: 9g | Saturated Fat: 4g | Polyunsaturated Fat: 1g | Monounsaturated Fat: 4g | Trans Fat: 0.004g | Cholesterol: 47mg | Sodium: 251mg | Potassium: 227mg | Fiber: 2g | Sugar: 20g | Vitamin A: 6754IU | Vitamin C: 2mg | Calcium: 112mg | Iron: 1mg



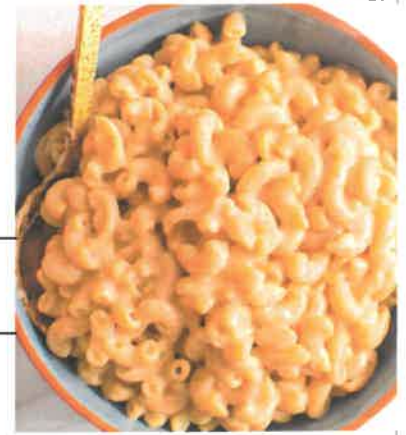
HEALTHY MAC AND CHEESE RECIPE

<https://ifoodreal.com/healthy-mac-and-cheese/>

Easy Healthy Mac and Cheese is creamy and comforting with a fraction of fat and calories. Ready in 15 minutes, in one pot!

Prep Time	Cook Time	Total Time
2 mins	12 mins	14 mins

Course: Dinner | *Cuisine:* North American | *Diet:* Vegetarian | *Servings:* 6 | *Calories:* 405kcal | *Author:* Olena Osipov



Ingredients

- 3 cups whole wheat elbow macaroni uncooked
- 3 cups vegetable or chicken broth low sodium
- 1 cup whole milk
- 2 tbsp butter salted
- 1/4 tsp garlic powder
- 1/4 tsp mustard condiment
- 3/4 tsp salt
- Ground black pepper to taste
- 1 cup marble or cheddar cheese shredded
- 1/4 cup Parmesan cheese shredded

Instructions

1. In a medium pot, add broth, milk, butter, garlic powder, mustard, salt, ground black pepper and bring to a boil.
2. Add elbow macaroni and cook for 8-10 minutes, stirring every few minutes to prevent sticking. Cook until al dente or desired firmness and adding more milk or broth if you wish.
3. Turn off heat. Add marble cheese and Parmesan cheese in portions and stir between each until melted. That's it.
4. Serve immediately as mac and cheese tastes best fresh. Saucy, creamy and so comforting!
5. Top with your favorite hot sauce, everything bagel, Montreal steak spice, paprika, nutmeg, soy sauce and even honey. Or with leftover chopped baked bacon. I like to bake mine at 425 degrees F for 20 minutes. Way less mess.

Notes

- **Store:** Refrigerate leftovers for up to 1 day. Reheat gently on the stovetop with an extra splash of milk/broth to bring back the saucy consistency. Alternatively, you can use a microwave in 40-second increments.
- **Freeze:** Do not freeze as pasta and dairy do not freeze well.
- **Pasta:** Any short pasta, white or gluten free works. Cook gluten free pasta for shorter amount of time.
- **Cheese:** You can use marble cheese, white or yellow cheddar cheese. It is best to buy a block of cheese and grate yourself because it will melt better.
- **Milk and butter:** I recommend to use whole milk 3.25% for maximum creaminess. 2% will work as well but less creamy.
- **Too much or little broth:** If you notice your pasta is almost ready and there is still a lot of liquid, turn up the heat. Likewise, if you see pasta is not done and you are running out of liquid, add 1/4 cup at a time.
- **Can I bake it?** I don't recommend it because sauce will dry out. Baked versions need more cheese and sauce and seasonings respectively.

Nutrition

Serving: 1 cup | Calories: 405kcal | Carbohydrates: 55g | Protein: 18g | Fat: 14g | Saturated Fat: 8g | Cholesterol: 38mg | Sodium: 549mg | Sugar: 2g

HEALTHIER SLOW COOKER MAC AND CHEESE

<https://www.hiddenfruitsandveggies.com/2014/01/27/healthier-slow-cooker-mac-cheese/>

Author: Kelly Hutchinson | Prep time: 5 mins | Cook time: 3 hours | Total time: 3 hours 5 mins



Ingredients

- 2½ c butternut squash puree (I used frozen, entirely thawed)
- 4 c unsweetened almond milk or milk of choice
- 16 oz whole wheat or high fiber pasta (small, such as shells or macaroni)
- 3 – 4 c reduced fat sharp cheddar, shredded
- 1½ tsp salt, to taste
- ¼ tsp pepper
- 1 tsp garlic powder
- 1 tsp dried parsley

Instructions

1. Spritz large slow cooker with nonstick spray.
2. In the slow cooker, whisk together butternut squash puree and almond milk until there are no chunks remaining. Add the pasta, cheese, and seasonings and mix until well combined.
3. Cover and cook on low for 3 – 4 hours. Do not stir. Serve when all liquid has been absorbed and noodles are cooked through.

Notes

- I have NOT tried this recipe with gluten free noodles and cannot vouch for the results — please let me know if you try it.
- If you want to cut the recipe in half, reduce all ingredients by half. Cook in a smaller crock pot so that it fills at least ½ of the crockpot and cook for the full length of time. If cooking half of the recipe in a larger crock pot, time will be dramatically reduced to 2 hours or less.

Nutrition Information

Serving size: 1/10 recipe Calories: 360 Fat: 13 Carbohydrates: 40 Fiber: 5 Protein: 19

HEALTHY ITALIAN PASTA SALAD

<https://litecravings.com/healthy-italian-pasta-salad/>

Author: Geri | Prep time: 15 mins | Cook time: 10 mins | Total time: 25 mins

Ingredients

- 6 ounces uncooked short pasta (like rotini)
- 10 ounces cherry tomatoes cut in half (about 2 cups)
- 2/3 c jarred roasted red pepper diced (or 1 fresh red bell pepper)
- 1 large green bell pepper seeded and chopped
- 1/2 cup sliced olives
- 4 ounces turkey pepperoni sliced in quarters (use 1 can chickpeas to keep it vegetarian)
- 4 ounces fresh mini mozzarella cheese balls (I use the pearls)



For the Dressings

- 3 tbsp reserved pasta water
- 1 2/3 tbsp extra virgin olive oil (that's 1 tbsp + 2 tsp)
- 2 tbsp red wine vinegar
- 2 tsp dijon mustard
- 1 tsp Italian seasoning
- 1/2-1 tsp kosher salt*
- black pepper to taste
- 1/2 tsp red pepper flakes (optional if you like some heat)

Instructions

1. Boil pasta according to package directions. BEFORE draining the pasta, reserve 3 tablespoons of the pasta water.
2. In a small bowl or mason jar, thoroughly mix together dressing ingredients.
3. In a large bowl, add all remaining ingredients. Pour in dressing and mix until all ingredients are coated.
4. You can eat the salad right away, but it gets better as it sits in the refrigerator! I suggest making it the day before you want to serve.

Notes

*Go with 1/2 tsp first, then taste the salad and add more as needed. Different brands of pepperoni and olives have different salt levels, so it's better to start on the lower end and add more if you like.

Nutrition: Serving: 1 | Calories: 450kcal | Carbohydrates: 55g | Protein: 18g | Fat: 14g | Saturated Fat: 8g | Cholesterol: 38mg | Sodium: 549 mg | Sugar: 2 g

HSDPI Fitness Center • Christmas Fitness Challenge with Santa's Reindeer

Submitted by: Athena Crozier | Hualapai SDPI Fitness Center

Christmas Fitness Challenge with Santa's Reindeer



Running for Dasher: Wednesday, Dec. 4th, 2024

@ 12 noon– Meet at Multi parking lot

Stepping with Dancer: Wednesday, Dec. 4th @ fitness center
5:30p– 6:30p



Prancer & Vixen Scavenger Hunt: Watch out for clues on our Hualapai SDPI facebook page– Dec. 10th & 12th

Comet & Cupid: Join light parade with HSDPI on Dec. 19th-
Ride bikes/adult tricycles. Sign up with Cotton @ 769-1630.



Donner & Blitzen get their miles in: Join the 5k run & 1 mile walk Series on Dec. 20th- Get your Ugly Christmas sweater out to wear for this event



MERRY FIT-MAS



LETS SLEIGH THIS WORKOUT

Rudolph Strong & Mighty fitness obstacle: Dec. 23 @ 12pm Fitness center

For more info contact Cotton @ 769-1630

Addiction-Recovery-Healing • Every Thursday

Submitted by: Darryl Wagner | LDS Church

ADDICTION - RECOVERY AND HEALING

Come join us at the Church of Jesus Christ of Latter-Day Saints
375 Diamond Creek Rd, Peach Springs, AZ.

Every Thursday Evening 7:00 PM

EVERYONE IS WELCOME THAT IS INTERESTED IN BECOMING AND STAYING SOBER FROM THE USE OF ADDICTIVE SUBSTANCES AND BEHAVIORS



Hualapai Animal Control • Spay Neuter: Now Accepting Applications
Submitted by: Shaun Henson | Hualapai Animal Control Division

SPAY NEUTER NOW ACCEPTING APPLICATIONS



• FUNDING PROVIDED ARIZONA COMPANION ANIMAL SPAY AND NEUTER PET FRIENDLY LICENSE PLATE GRANT INFORMATION ON HOW YOU CONTRIBUTE OR OBTAIN THE ARIZONA COMPANION ANIMAL SPAY AND NEUTER LICENSE PLATE FOR YOUR VEHICLE, GO TO THE WEBSITE WWW.AZPETPLATES.ORG

Contact us Today

Animal Control Code Enforcement for an application or email for more information



animalcontrol@hualapai-nsn.gov



Animal Control Code Enforcement
EMAIL: animalcontrol@hualapai-nsn.gov

SPAY NEUTER APPLICATION

- Funding provided Arizona Companion Animal Spay and Neuter Pet Friendly License Plate GRANT Information on how you contribute or obtain the Arizona Companion Animal Spay and Neuter License Plate for your vehicle, go to the website www.azpetplates.org



Terms of Understanding: Funding is only for specific spay neuter surgery for feline/canine. Pet owners are responsible for any other direct fees (i.e. overweight, medication, other medical). Pet Owners are responsible to provide own transportation to and from selected location for spay neuter surgery in Kingman, Arizona at Humane Society Mohave County Animal Medical Center (Formally known as Low Cost Spay Neuter of Kingman).

Pre-Surgery Instruction: DO NOT FEED your pet after 10 PM the day before your pet's appointment. Water is ok to leave out. If your pet accidentally gets a small amount of food the day of surgery, discuss with staff upon arrival of your pets appointment.

Full Name: _____ Date: _____
Last First M.I.

Pet Owner Information

Address: _____
Mailing Address

City State ZIP Code

Phone: _____ Email _____

Pet Information

Name of Pet: _____

(Circle) DOG CAT MALE FEMALE

Age of Pet: _____ Weight: _____

VACCINATION HISTORY:

Dog: Distemper/Parvo Bordetella Rabies (Month/Year): _____

Cat: FVRCP Feline Leujemia Rabies (Month/Year): _____

INTERNAL TRACKING AND APPROVAL:

ID NUMBER 23- _____
Authorized By: _____ Date: _____ Approved Disapproved (circle) Reason: _____

EMAIL APPLICATION TO: animalcontrol@hualapai-nsn.gov

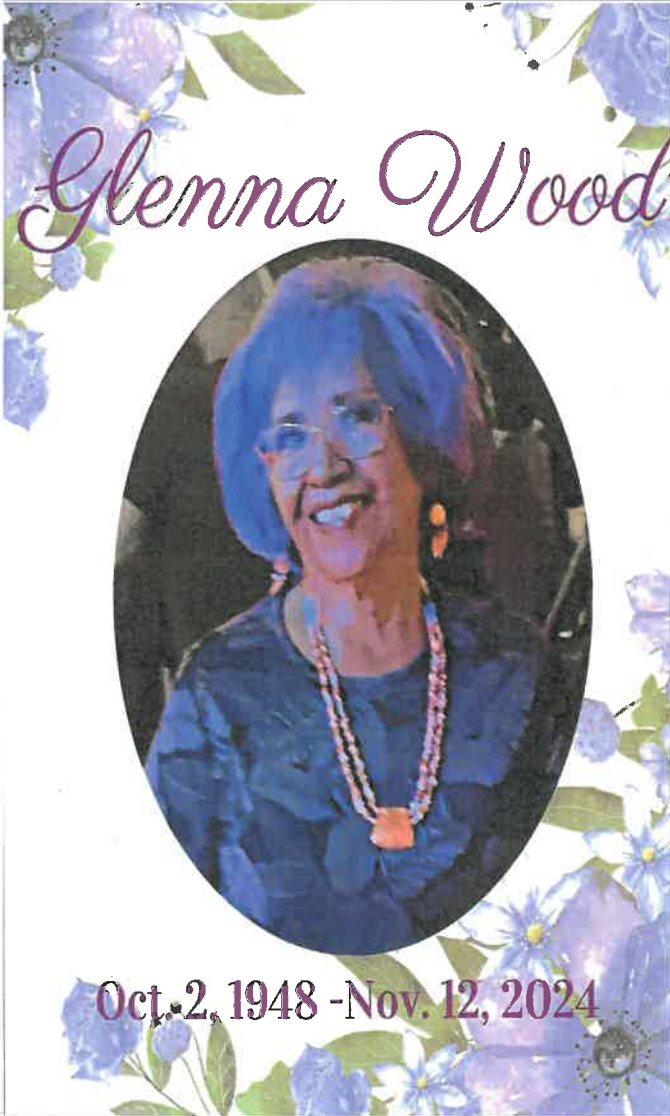


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- **Pre-Surgery Instruction:** DO NOT FEED your pet after 10 PM the day before your pet's appointment. Water is ok to leave out. If your pet accidentally gets a small amount of food the day of surgery, discuss with staff upon arrival of your pets appointment.
- **Appointment:** It is IMPORTANT you keep your appointment for your pet's surgery

COMMUNITY MESSAGES

Glenna Wood • Obituary

Submitted by: Bonita Imus | Hualapai Tribal Member



Glenna Mae Honga Wood, a spirited soul whose vibrant personality touched everyone around her, passed away on November 12, 2024. Glenna brought joy, laughter, and warmth into every space she entered. Glenna was born in Kingman, AZ on October 2, 1948 and was the first of her siblings to be born in a hospital. She was Hualapai and Hopi and shared her culture proudly. Known for her beautiful smile and vivacious energy, Glenna was a talented dancer who was always the life of the party, effortlessly spreading light and energy wherever she went.



Glenna met her husband, Retired Colonel Robert E. Wood, while attending Brigham Young University. She graduated with two Bachelor's Degrees and made lifelong friends while performing with the Lamanite Generation. Glenna and Robert built a life filled with love and adventure. Together they raised five children, with her unconditional love and guidance extended to her ten grandchildren. Glenna was more than a wife, mother and grandmother; she was a true friend, a passionate teacher, and a constant source of encouragement.

Everyone loved her hair, her turquoise and her dance moves, but Glenna symbolized kindness and generosity. She had an innate ability to lift people up and to make them feel special. Glenna was a brilliant artist and talented seamstress. She made dresses, baby blankets, quilts, kitchen towels, oven mitts, hats, scarves, and pillowcases for everyone, including people she had never met or did not know. She always wanted to give.

Glenna is survived by her husband, Robert, her five children, Stacey, Lola, Gina, Jaclyn and Robert and her ten grandchildren, who will carry forward her spirit and passion for life. She was preceded in death by her parents, Marjorie Josytewa Honga and Wilson Honga and her brothers and sister, Judy, Marvin, Benny, Simon and Delmar. Services will be held on November 16, 2024 in Colorado Springs, where family and friends will gather to honor her life, legacy and love.

Solid Waste Trash Collection Holiday Schedule

Submitted by: Wendy Bumgarner | Hualapai Solid Waste

Solid Waste Trash Collection:

Holiday Schedule 2024

Christmas

Wednesday, December 25th

Normal trash schedule on Thursday 26th



Attention Community:

Please note that Hualapai Tribal Administration will be closed in observance of the Christmas & New Years Holiday:

- Tuesday, December 24th** (Administrative Leave)
- Wednesday, December 25th** (Christmas Day Holiday)
- Thursday, December 26th** (Administrative Leave)
- Friday, December 27th** (Administrative Leave)
- Wednesday, January 1st** (New Year's Holiday) &
- Friday, January 3rd** (Administrative Leave in observance of
- Saturday, January 4th** - Establishment Day)

Normal business hours will resume Monday, January 6th