

35th Anniversary Celebration • April 29th & 30th Submitted by: Leticia Morgan | Grand Canyon Resort Corporation



9AM to 3PM @ Hualapai Point GCW

HUALAPAI TRIBE:

- Hualanai Tribal Members
- Hualapai Tribal Employees
- GCRC Employees
- Peach Springs Elementary Employees
- Peach Springs Clinic Employees
- Truxton BiA Agency

May Bring Up To 4 Guests Each!

MOHAVE COUNTY & SELIGMAN RESIDENTS:

- Complimentary General Admission into **Grand Canyon West**
- Complimentary Admission into Skywalk
- Receive Special Anniversary Offers

Open To All Mohave County & Seligman Residents On Both Saturday & Sunday!

Agenda | Saturday, April 29TH

Event Parking: GCW Welcome Center Parking Lot

9:00 AM Check-in at GCW Welcome Center

(Complimentary shuffles will depart from the Welcome Center Parlong Lot to Huelapsi Point. Special Accommodations will be provided for ADA guests upon check-in)

Posting of Colors by Hualapai Tribal Veterans & the Star Spangled Banner 10:00 AM

10-15 AM Traditional Hualapai Blessing

10:20 AM Opening Remarks

Sherry Parker I Chairwoman of the Huafapai Tribe

GCRC Board of Directors GCW General Manager

GCW Team Recognition & Presentation 10:40 AM

Lunch Served at Hualapai Point 11:00 AM -3:00 PM

3:00 PM

11:30 AM Raffle I Enrolled Hualapai Tribal Members*

Raffle i GCRC Employees'

Intertribal Social Gathering 11:45 AM -

Community Bus Transportation (Round Trip)

Depart to GCW from Peach Springs, AZ:

Depart: Hualapai Lodge @ 7 AM | Depart: Station 65 @ 8 AM

Depart to Hualapai Lodge & Station 66 from GCW: Pickup Location: Hualapai Point @ 4 PM

Agenda | Sunday, April 30™

Event Parking: GCW Welcome Center Parking Lot

9:00 AM Check-in at GCW Welcome Center

(Complimentary shuttles will depart from the Walcome Center Parting Lot to Huelapai Point. Special Accomm will be provided for ADA guests upon check-in)

Grab Your T-Shirt & Wristbands at the Welcome

9:00 AM -3:00 PM Center & Enjoy Your Tour!

11:00 AM -Intertribal Social Gathering

Special Anniversary Offers

Skywalk Photos	\$5
Discounted Meal at Select Locations	\$10
Zipline*	\$20
Digital Skywalk Photos	\$50
Helicopter/Pontocn Tour*	\$150

*Reservations are required for Ziprine & reservations at 1-888-868-9378.

For More Info: Contact the Marketing Department at 928-482-2691 Please wear mask, sanitize often & maintain social distancing.

Special points of interest:

- HTUA Board Meeting on Thursday, April 20th at 9:30 a.m. at Hualapai Health. Education & Wellness.
- Code Enforcement Appreciation Week (pg. 2)
- Hualapai Tribal Notice Court, Hearing (pg. 6)
- Annual Community Earth Day (pg. 13)
- Gathering of the Pai (pg. 14)
- Sobriety Campout (pg. 21)
- MMIW Walk (pg. 22)
- Basketball Youth League (**pg. 25**)
- Women's Open Gym Night (pg. 40)
- Powerful Tools for Caregivers Training (pg. 41)
- Volleyball Activities (pg. 43)

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Code Enforcement & Dispatch Appreciation Week • April 2023

Submitted by: Duane A. Clarke | Hualapai Animal Control Code Enforcement Department (ACCED)

CODE ENFORCEMENT APPRECIATION WEEK April 2023



Code Enforcement & Dispatch Appreciation Week

Our team would like to take this time acknowledge the dispatchers that started our dispatch center after the 501 Frequency became obsolete. Our program was instrumental in developing a dispatch center for the needs of communication for all public safety programs and the dispatch concept was led and evolved through Animal Control which allowed public safety dispatching for EMS, Fire and other Public Safety Programs with 90% of dispatch duties involving animal control calls.

DISPATCHERS: Kyra Benson, Cheyenne Majenty, Eric Latrell, Samantha Stratten, Charolette Stevens, Arturo Salazar, Valen Quasula, Morgan Manakaja, Calvina Putesoy and often including countless hours of coverage from Duane Clarke, Shawana Havatone and Shaun Henson.

Thank you to all those who served as the original team of dispatchers for keeping our community safe!

We'd like to acknowledge our past personnel who contributed with Animal Control

WIA Workers:

Lane Liest Brave Honga

Kennel Techs:

Heidi Neilson
Yolanda Wescogame
Alex Nish
Salvador Martinez
Neil Stratten
Paul Castro
Rohan Jones

Administrative Assistant:

Demetria Sullivan Shawna Havatone Amy Siyuja Marla Bradley

Field Officers:

Reggie Hernandez
Stewart Crozier
Paul Henson
David Cogburn
Blake Watahomigie
Kesley Powsey
Meranda Querta
Alina Cordova
Robert Quintero
Jason Madrid
O'steen Bob
Tiffany Watahomigie



CODE ENFORCEMENT APPRECIATION WEEK April 2023

Meet Director Duane Clarke

Duane Clarke is an enrolled member of the Hualapai Tribe and began his career with Code Enforcement over 19 years ago and brought 10 years of experience from the Bureau of Indian Affairs Office of Law Enforcement starting with the Truxton Canon and management experience started with the Northern Cheyenne Agency. Clarke's supervisory skills led the program and today the program is a department of the Hualapai Tribal Workforce. Under the leadership of Clarke the program evolved in many ways of strengthening public relations and education, involving all departments for emergent response with the goal of providing safety for our community and building a program with focus of mentoring and leadership through community relations. Code Enforcement is not just a department or a job, has grown with the fundamentals of "family" that takes pride looking out for our people of the Hualapai Tribe.

Director Duane Clarke holds various certifications and career highlights include:

- Critical Incident Stress Management
- NACA Supervisory Management
- Field Training Instructor
- Human Resource Basic Management
- Hazmat Certified
- Fire Apparatus Driver
- Certified Flagger
- Traffic Control
- First Responder Certified
- CPR, First Aide & AED Certified
- Incident Command System 100, 200, & 700
- Search & Rescue
- Federal Telecommunications Certified
- Federal Correctional Certified



Clarke has been nominated several times for Animal Control Officer of the Year in the State of Arizona and received the Officer of the Year Award in 2013 from the Arizona Animal Control Association.

Duane Clarke was voted on the Board of Directors for the State of Arizona Animal Control Association in 2012 and currently serves as the President.

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CODE ENFORCEMENT APPRECIATION WEEK April 2023

Meet Field Officer Shaun Henson

Officer Shaun Henson is an enrolled member of the Hualapai Tribe and has 18 years of experience working in the Public Safety Field. As a father of 4 young boys, Henson takes great interest in his community as a public servant. Henson is our senior officer held with the responsibility of Field Training. Throughout Henson's career he has gained the certification of Animal Medic and worked many major incidents or has been part of public safety teams that include wildland & structure fire, flood, Search and Rescue, Train Accidents and Traffic Accidents.

Officer Shaun Henson holds various certifications and career highlights include:

- Certified Animal Medic
- Field Training Instructor
- Taser Instructor
- Hazmat Certified
- Fire Apparatus Driver
- Certified Flagger
- First Responder Certified
- CPR, First Aide & AED Certified
- Incident Command System 100, 200, & 700
- Search & Rescue
- Management



Officer Henson has been nominated Animal Control Officer of the Year in the State of Arizona from the Arizona Animal Control Association in 2011, 2014, 2018

Officer Henson was voted on the Board of Directors for the State of Arizona Animal Control Association in 2018 and currently serves as a Board Member and Web Master.

When Henson is on his time off he likes to unwind on his PlayStation 5, shooting, collecting Pokeman Cards and being with his family, being a mentor to his sons. Henson's favorite food is anything his wife makes. Henson is a fan of the Arizona Cardinals and Phoenix Suns. Henson also liked to rock out but is fan of Slipknot and Korn.

THANK YOU OFFICER HENSON FOR YOUR DEDICATION TO THE HUALAPAI TRIBE

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CODE ENFORCEMENT APPRECIATION WEEK April 2023

Meet Support Officer Valen Quasula

Officer Valen Quasula is an enrolled member of the Hualapai Tribe and has 14 years of experience working in the Public Safety Field. Quasula takes great pride in serving his people and willing to assist where there is a need. Quasula has worked many major incidents or has been part of public safety teams that include wildland & structure fire, flood, Search and Rescue, Train Accidents and Traffic Accidents. Quasula has also received the most prestigious award for Life Saving Heroic. Officer Quasula dedication is to serve the People of the Tall Pines with a strive of community outreach by focusing on public interactions by helping our elders and being a role model to our children of the Hualapai Community.

Officer Valen Quasula holds various certifications and career highlights include:

- Hazmat Certified
- Fire Apparatus Driver
- Certified Flagger
- Traffic Control
- First Responder Certified
- CPR, First Aide & AED Certified
- Incident Command System 100, 200, & 700
- Search & Rescue
- Fire Fighter I
- Federal and State Telecommunications Certified



I hear the Lord, saying, Whom shall I send and who will go for us? Then said I, here am I: send me Isaiah 6:8

Officer Quasula was voted on the Board of Directors for the State of Arizona Animal Control Association in 2022 and currently serves as the District Area I Representative.

When Quasula is on his time off he likes to unwind by listening to his favorite rock groups, or take in some country music and enjoys drawing and shooting. Quasula's favorite food is pizza and enjoys snacking on jerky. During basketball season, Quasula is a devoted Phoenix Suns fan which is usually a topic after each game.

THANK YOU OFFICER QUASULA FOR YOUR DEDICATION TO THE HUALAPAI TRIBE

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Hualapai Tribal Court • Notice of Hearing Submitted by: Yolanda Wescogame | Hualapai Tribal Court

IN THE HUALAPAI TRIBAL COURT HUALAPAI RESERVATION, STATE OF ARIZONA

TERRANCE MATUCK)	
RESPONDENT,)) Case No.	2023-PO-012
)))))	NOTICE OF HEARING

TO: TERRANCE MATUCK-PEACH SPRINGS, AZ 86434

You are hereby notified that the above entitled matter is scheduled for an Order of

Protection Hearing on 25th day of April, 2023 at 02:00 PM.

You are further notified that it is your right to be represented by legal counsel at your own expense.

Your failure to appear at the above mentioned date and time without good cause may result in an order to show cause issued against you.

DATED THIS 6th day of April, 2023

Clerk of Court Westergame

VERIFICATION OF SERVICE

GAMYU NEWSLETTER

DATE/TIME: APRIL 6, 2023 @11:00 A.M

Hualapai Tribal Practices for Wellness in Indian Country

April is Ribbon Skirt Awareness Month

Join us for the month of April for sewing at 12 pm to 1:30 pm Monday thru Thursday



Celebrating our traditional attire Empower our indigenous culture

Sewing class will be held at the Health Department when space is available or at the SDPI building located next to KWPL radio station

For more information contact Rosemary



Hualapai Health Education & Wellness 488 Hualapai Way Peach Springs, AZ 86434 (928) 769-1630



2023 PERFORMER GROUP LEADER MEETINGS

All Meetings at Hualapai Lodge, Upstairs Conference Room

Tue. 03/21 @ 8:30 a.m.

Tue. 04/18 @ 8:30 a.m.

Tue. 09/19 @ 8:30 a.m.

Tue. 05/23 @ 8:30 a.m.

Tue. 06/20 @ 8:30 a.m.

Tue. 10/24 @ 8:30 a.m.

Tue. 11/21 @ 8:30 a.m.

Tue. 07/18 @ 8:30 a.m.

Tue. 12/19 @ 8:30 a.m.

Announcements will be made on KWLP & in Gamyu. Subject to change and you will be notified ASAP.

LGBTQ Meeting • Next Meeting: Thursday, April 20th
Submitted by: Vonda Beecher | Hualapai Health, Education & Wellness

JOIN OUR NEXT MEETING! APRIL 20, 2023 12:30PM-1:30PM



ZOOM: 822 6051 9054 344 555

Everyone is welcome! Open to all friends, family and allies



Love is Love





Hualapai Food Security Committee Meeting • Tuesday, April 25th

Submitted by: Rosemary Sullivan Hualapai SDPI



We are excited to have our first ever IN PERSON MEETING on April 25th from 1pm to 5pm at the 4H Facility on Rt 66 Peach Springs, AZ

WE EXPECT TO:

- Maye lunch
- Discuss ideas on community garden projects
- Have a group activity
- Discuss actions to be taken to move projects forward

HOPE TO SEE YOU THERE

Please invite any one you may believe would be an asset to our meeting (master gardeners, depts, interested groups)

PAGE 10 GAMYU

Zoom Event - Book Club: Braiding Sweetgrass • Tuesday, April 25th

Submitted by: Adeline Crozier Hualapai Tribal Administration

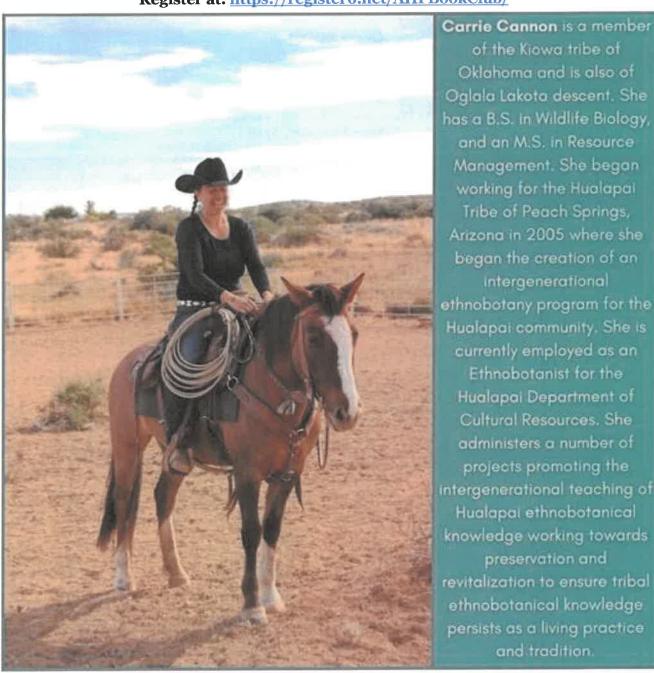
The AZ SHPO has partnered with our statewide advocacy, the Arizona Preservation Foundation to launch a bimonthly book club for preservationists and budding preservationists to discuss current event (and perhaps even fiction) releases with topics that have relevance to the work we all do.

This month, we will be reading and discussing Robin Wall Kimmerer's Braiding Sweetgrass. The discussion will be moderated by Carrie Cannon, an ethnobotanist with the Hualapai Tribe. She will be talking a bit about the role traditional ecological knowledge plays in heritage conservation.

The book discussion is a free zoom event, and I would love to extend an invitation to your staff (and any others you believe would be interested) to participate. Can you pass this along? Registration can be found here: https://www.azpreservation.org/book-club.

Tuesday, April 25, 2023 Time: 7 p.m. via Zoom

Register at: https://register6.net/AHPBookClub/



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Domestic Violence Planning Meeting • Wednesday, April 26th

Submitted by: Adeline Crozier | Hualapai Tribal Administration



DOMESTIC VIOLENCE

PLANNING COMMITEE

FEEL FREE TO JOIN US AND HELP PLAN FOR THE UPCOMING DV TRAINING! MEETING IS AT THE HEALING HOUSE

WHEN: 4/26/23 Or on ZOOM @ ID: 818 4374 6396 PASSWORD: 494 467

Registration opens soon!

#DomesticViolenceAwareness

Drag Bingo • Thursday, April 27th

Submitted by: Vonda Beecher | Hualapai Health, Education & Wellness





Earth Day Community Clean-up and Lunch



FRIDAY, APRIL 28, 2023

Registration from 7:00AM - 9:00AM

Participants are able to pick up trash bags, gloves, water & a raffle ticket at the Route 66 Park and can begin clean-up in the designated areas.

Bottled water will be available at sign in, with vehicles circling the routes to keep you hydrated. You <u>must</u> sign in to receive your raffle ticket for your participation.

Lunch

12:00 Noon at Gymnasium Menu: Hamburgers & a few Steaks, Chips & Watermelon

(Plates & utensils will be provided).

Raffle

Raffle will take place throughout lunch. You must be present to win! Good luck.

Entertainment Provided by KWLPThe Peach



If you have any questions, please contact Michelle Zephier, Hualapai Planning Dept. at (928) 769-1310



Annual Earth Day Celebration

SAVE THE DATE Gathering of the PAI 2023

Hosted by the Yavapai-Apache Nation
BI-YAH SIDTUM
"WE ARE ONF"











April 28th and 29th, 2023 FRIDAY APRIL 28, 2023 4:00PM - 7:00 PM

Opening Prayer
Social Bird Singing and Dancing
Dinner will be served
SATURDAY APRIL 29, 2023 9:00 AM- 7:00 PM

Bird Dancing and Singing Entertainment Pai Women Celebration All meals provided by YAN

Gathering of the Pai is a drug and alcohol free event
For further information contact Gertrude Smith at (928)-202-0001,
gsmith@yan-tribe.org, Ernestine Smith (Vendors) at (928)-451-6365,
ernestinesmith@yan-tribe.org, Matilda Cassadore (Entertainment) at
(928)-592-2699, mcassadore@yan-tribe.org



Gathering of the Pai 2023 Hosted by the Yavapai-Apache Nation April 28-29, 2023

Vendor Agreement

Thank you for your interest in being a Vendor for the 2023 Gathering of the Pai Festival. We want to ensure adequate space for vendors, please complete the form below. The form should be mailed to Ernestine Smith, Yavapai-Apache Nation, 2400 S. Datsi Street, Camp Verde, AZ 86322, or emailed to ernestinesmith@yan-tribe.org. If you have any questions, please call (928) 451-6365.

Requirements of the Vendor:

Must Have a Valid Food Handlers Card (Food Vendor)

**There will be no electricity or shade stru	uctures available. Brin	g your own shade, chairs, and tables.
Vendors Information:		
Name:	_Tribe:	Phone:
Name:	_Tribe:	Phone:
Name:		Phone:
Description of items being sold:		
Vendors may arrive at the Gathering of th on April 29th @ 7AM. Festivities begin at	, , ,	pache Nation Veterans Memorial Park)
I understand and accept the conditions se	t out in this Agreemen	t.
Signature of Vendor		 Date

- contractor and Entertainer shall not under any circumstance be considered an employee or agent of the Sponsor.
- V. INDEMNIFICATION: Entertainer hereby agrees to defend, indemnify and hold harmless the Sponsor and all the Sponsor's departments, agencies, officers, agents, and/or employees from all claims; losses, suits, damages, liabilities and expenses of whatever kind of nature, including reasonable attorney's fees, arising out of or resulting from any negligent, reckless, or intentional act, error, omission, or mistake and/or strict liability of the Entertainer or any persons employed by Entertainer, or anyone for whose acts the Entertainer is legally liable.

Entertainer:	Date:
Sponsor:	Date:

This form should be mailed to Matilda Cassadore, Yavapai-Apache Nation at 2400 West Datsi Street, Camp Verde, Arizona 86322, or emailed to mcassadore@yan-tribe.org. If you have any questions, contact Matilda @ 928-567-1021.

Gathering of the Pai 2023 Hosted by the Yavapai-Apache Nation April 28-29, 2023

Demonstrator Agreement

Thank you for your interest in being a Demonstrator for the 2023 Gathering of the Pai Festival. Please read and complete the form below. The form should be mailed to Matilda Cassadore 2400 W Datsi Camp Verde, AZ. 86322 or emailed to mcassadore@yan-tribe.org. If you have any questions, please call (928) 567-1021.

Requirements of the Demonstrator(s):

- Must be Pai (Yavapai, Havasupai, Hualapai or Pai Pai)
- Each demonstration must be a traditional activity or cultural art

In compensation for your demonstrating, we will provide one hotel room for April 28th and 29th, 2023.

Demonstrator(s) Information: **Name: ______ Tribe: _____ Phone: ______ Name: _____ Tribe: ____ Phone: _____ **Will be lead demonstrator, hotel room will be under this person's name. Description of Demonstration: Please be advised that space is limited, therefore duplicate demonstrations may be a first come first serve basis. Signature of Lead Demonstrator Date

Gathering of the Pai 2023 Hosted by the Yavapai-Apache Nation April 28-29, 2023

Campsite Use Agreement

I, (name) of	F
I, (name) of (address), will be camping at the Pai Gathering Site (D on the Yavapai-Apache Nation Reservation. Due to the	
fires are prohibited. Upon vacating the site I agree to nothing behind. I understand that if I do not follow the	remove all trash and personal items and leave
responsible.	
Campers can arrive on April 28, 2023 any time after 12 location upon receiving the Agreement. Campers mus 5:00 PM.	
I fully understand the potential risks and hazards asso "unimproved campsite" and voluntarily assume full re injury, including death, that may be sustained as a res negligence or otherwise.	sponsibility for any risks of loss or personal
I assume responsibility for obtaining and paying for al injury, illness or other circumstances that require med	
I release, waive, and discharge the Nation and its ager damages on account of injury or damage to property of part by the actions, inactions, negligence or gross neg third-parties or the undersigned, and covenant not to	caused or alleged to be caused in whole or in digence of the Nation, its agents, employees,
I agree to indemnify and hold harmless the Nation, its liability, damage or costs, including court costs and at camping, whether caused by negligence or otherwise	torneys' fees, that may occur as a result of
Number of Tents:	
Number of Campers: Phone Number of Responsible Party:	
By signing this Agreement you are agreeing to the abo	ove terms.
Signature	Date



APRIL 29, 2023

1st, 2nd, 3rd

DEADLINE: APRIL 19, 2023

ENTRY FEE: \$100

For More Information Call Recreation @ 928-769-2652

Gathering of Native Americans • May 8th - 12th
Submitted by: Vonda Beecher | Hualapai Health, Education & Wellness

GONA

GATHERING OF NATIVE AMERICANS

MAY 8-12, 2023

PEACH SPRINGS, ARIZONA

Train the Trainers Training

This training will teach people how to facilitate a GONA for their community.

GONA teaches & creates a safe place to share, heal, and create a plan for action in their community to address issues and concerns.

- Sign up now!
- Space is limited!
- Only completed applications will be accepted.
- Registration forms will be accepted online or in person at HEW.

Register with Denee at Denee.Lee@Hualapai-nsn.gov

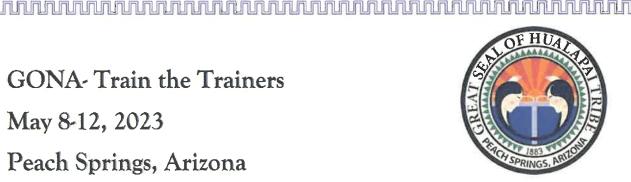
Questions? Call 928-769-2207 x235 for more information. Deadline to register is April 8.



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GONA-Train the Trainers May 8-12, 2023

Peach Springs, Arizona



This training of "Train the Trainers" will teach the 4 concepts of GONA and allow trainees the opportunity to facilitate a GONA in their community. GONA is for Native Americans and others who want to become change agents, community developers and leaders. GONA trainees will be able to provide a safe place to share & heal on issues affecting their community such as the impact of historical and inter-generational trauma.

Name:	Organization:	
Address:		
	Email:	
Please list any food allerg	es and/or other accommodations needed:	
	Date:	

Photo and Video

By registering for GONA- Train the Trainers training in Peach Springs, Arizona, I grant to the Hualapai Health department (H.E.W.) and its representatives and employees the right to take photographs and/or video of me and my property in connection with the above-identified subject. I authorize the Hualapai Health department to use and publish the same in print and/or electronically. I agree that the Hualapai Health department may use such image(s) of me with or without my name and for any lawful purpose, including for example such purposes as publicity, illustration, advertising, and web content. I give permission for H.E.W. to use photos, video recording, voices, and quotations from this event for promotional purposes and for upcoming activities.

Please submit completed registration forms to Denee Lee at the Hualapai Health department. Questions? Call 928-769-2207 x235.

The location and itinerary will be sent to the email listed as soon as it become available.

ייתי תייתיות על על על על על על מונית של מונית של







Gwe Han Wasi:vk Digava

"Gathering Together with Good Feelings"

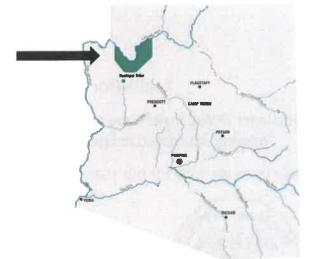
June 2 – 4, 2023 Hualapai Youth Camp Facility Hualapai Indian Reservation

8th Annual Sobriety Campout 32nd Sobriety Anniversary

- good friends
- good food
- a retreat for wellness
- Camp meetings
- youth activities
- entertainment

Day transportation for Saturday only

For more information, contact-



Hualapai Health Education & Wellness Center 488 Hualapai Way Peach Springs, AZ 86434 (928) 769-2207

Hualapai Tribal Practices for Wellness in Indian Country



MMIWG cases were identified across 71 selected urban cities

were cases of missing Indigenous women

were cases of murdered Indigenous women

were cases with an "unknown status"

The median age of MMIWG victims





WALK

May 5, 2023 12:00 p

Rodeo Circle

1 mile (for incentive-limited quantity)

Hualapai TPWIC invites you to walk Rodeo Circle on May 05 in remembrance of missing, murdered indigenous women and girls across Indian Country.

Join us as we walk for our sisters, daughters, 2Spirit sisters and loved ones gone missing due to MMIW.



Hualapai Health Education & Wellness 488 Hualapai Way Peach Springs, AZ 86434 (928) 769-1630





SATURDAY, MAY 6

KA'IKENA SCANLAN

SUNDAY, MAY 7

STEEL PULSE SAMMY JOHNSON **EKOLU · PAULA FUGA** FIA · ELI-MAC

COMEDY SET SATURDAY BY TUMUA

HOSTED BY WESTERN CONFERENCE - BIG BODY CISCO # DJ SETS BY





OHOLOFESTIVAL.COM







CALIFORNIAROOTSFEST

GAMYU

REGISTER YOUR KIDS NOW!



THE RECREATION DEPT.
DEADLINE IS MAY 8, 2023

BASKETBALL

L E AVG U E

CO-ED AGE GROUPS:

4-5 YEAR OLD

6-8 YEAR OLD

\$10.00 PLAYERS FEE. Must be paid with registration form.

REMEMBER DEADLINE MAY 8, 2023

FOR MORE INFO CONTACT THE RECREATION DEPT @ 769.2652

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Sponsored by the Hualapai Health Department and the Hualapai **Pride Committee**



June 8, 2023

Peach Springs, Arizona

To get a t-shirt registration deadline is May 8, 2023

- Registration starts @ 5pm
- Race starts at 6pm
- Fun Run & 5K **Divisions**
- Medals to winners!

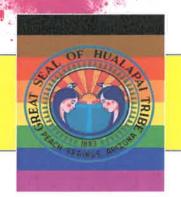
Registration forms can be picked up at **HEW or the Fitness Center**

Drop off completed registrations forms to Denee Lee @ HEW or email:

Denee.Lee@Hualapai-nsn.gov

#HUALAPAIPRIDE

#PRIDE2023



2023 COLOR RUN- PEACH SPRINGS, ARIZONA RELEASE OF LIABILITY FOR PARTICIPANTS

Circle which event you are entering:

5K ---- Fun Run

READ BEFORE SIGNING

In consideration of (Name of Participant or Minor Child/Ward)
being allowed to participate in the 2023 COLOR RUN, the undersigned acknowledges, appreciates, and agrees that:

The risks of injury and illness (ex: communicable diseases such as MRSA, influenza, and COVID-19) to myself or my child from the activities involved in these programs are significant, including the potential for permanent disability and death, and while particular rules, equipment, and personal discipline may reduce these risks, the risks of serious injury and illness do exist; and,

- 1. FOR MYSELF, SPOUSE, AND CHILD, I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASES or others, and assume full responsibility for myself and my child's participation; and,
- 2. I willingly agree to comply with the program's stated and customary terms and conditions for participation. If I observe any unusual significant concern in my child's readiness for participation and/or in the program itself, I will remove my child from the participation and bring such attention of the nearest official immediately; and,
- 3. I myself, my spouse, my child, and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS; the Hualapai Health Education & Wellness Department; its directors, officers, officials, agents, employees, volunteers, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("Releases"), WITH RESPECT TO ANY AND ALL INWRY, ILLNESS, DISABILITY, DEATH, or loss or damage to person or property incident to my child's involvement or participation in these programs, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.
- 4. I, for myself, my spouse, my child, and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY INDEMNIFY AND HOLD HARMLESS all the above Releases from any and all liabilities incident to my involvement or participation in these programs, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law.
- 5. I, the parent/guardian, assert that I have explained to my child/ward: the risks of the activity, his/her responsibilities for adhering to the rules and regulations, and that my child/ward understands this agreement.

I, FOR MYSELF, MY SPOUSE, AND CHILD/WARD, HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT WE HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

PHOTO RELEASE: I agree to use of my photo reporting and/or publication:(i		the sole purposes of the grantee/sponsors use	for
Name of Child/Ward:		<u> </u>	
Name of Participant/Parent/Guardian:		_	
Participant/Parent/Guardian <u>Signature</u> :		_	
Date Signed:	T-shirt Size:		
	Verified:		

Grand Canyon Resort Corporation • Current Job Postings Submitted by: Gina Hernandez | Grand Canyon Resort Corporation

Revised 4/10/2023

** For Quick Apply Visit Grandcanyonwest.com **

Administration	# of Positions		Shift	rand Canyon Resort Corporation Airport	# of Positions	Pay Rate	Shift
man Resources Director	1	D.O.E.	Varies	Airport Manager	1	D.O.E/FT	Varies
ief Of Executive Officer (CEO)	1	D.O.E.	Varies	Airport Operations Specialist	1	D.O.E/FT	Varies
ief Operations Officer (COO)	1		Mon-Fri	Airport Operations Specialist	1	D.O.E./PT	Varies
tief Financial Officer (CFO)	1	D.O.E	Varies	Airport EMS/Firefighter	2	D.O.E/FT	Varies
Human Resources	# of Positions		Shift	Airport Supervisor	1	D.O.E/FT	Varies
. Human Resource Specialist- Recruiting	1		Mon-Fri	Transportation	# of Positions	Pay Rate	Shift
. HR Specialist- Training & Development	1	D.O.E/FT	Varies	Technician Apprentice	1	D.O.E/FT	Varies
Marketing	# of Positions		Shift	Transit CDL Driver	2	D.O.E/FT	Varies
sles Manager	1	D.O.E/FT	Varies	Transit Mechanic	1	D.O.E/FT	Varies
gital Market Manager	1	D.O.E/FT	Varies	Lead Transit CDL Driver	1	D.O.E/FT	Varies
Hualapai Lodge	# of Positions		Shift	Security	# of Positions	Pay Rate	Shift
oom Attendant	1	D.O.E/PT	Varies	Security Operations Manager	1	D.O.E/FT	Varies
otel Operations Manager	1	D.O.E/FT	Varies	OIC/ Lead	1	D.O.E/FT	Varies
ght Auditor	1	D.O.E/PT	Varies	Security Guard	2	D.O.E/FT	Varies
ont Desk Agent	1	D.O.E/PT	Varies	Security Guard	1	D.O.E/PT	Varies
Diamond Creek Restaurant	# of Positions		Shift	Gift Shop/Tour Counter	# of Positions	Pay Rate	Shift
DIRECTOR CLOCK COSTRUCTOR	1	D.O.E/PT	Varies	Cashier	A A	D.O.E/PT	Varies
estaurant Manager	1	D.O.E/FT	Varies	Lead Concierge	1	D.O.E/FT	Varies
STATUTABIL IMATIAQISI	2	D.O.E/FT	Varies	Gift Shop Supervisor	1	D.O.E/FT	Varies
cont Of House	1	D.O.E/Seasonal		Gift Shop Lead Cashier	1	D.O.E/FT	Varies
OH Team Member	2	D.O.E/Seasonal	Varies	Pontoon	# of Positions	Pay Rate	Shift
ont Of House Supervisor	1	D.O.E/FT	Varies	Ops Manager	4	D.O.E/FT	Varies
ishwasher Temp Emergency Hire	1	D.O.E/PT	Varies	<u> </u>	4	D.O.E/FT	Varies
Walapai Market	# of Positions		Shift	Small Engine Mechanic Guide/Utility	2	D.O.E/Seasonal	
	# OI POSITIONS	Pay Rate		Skywalk	# of Positions		Shift
perations Manager	<u> </u>	D.O.E/FT	Varies			Pay Rate	
tility Worker	1	D.O.E/PT	Sun-Wed	Utility	3	D.O.E/FT	Varies
upervisor	1		Varies	Utility	2	D.O.E/PT	Varies
Hualapai River Runners	# of Positions	-	Shift	Photo Guide Lead	1	D.O.E/FT	Varies
aintenance Supervisor	1	D.O.E/FT	Varies	Retail Cashier	1	D.O.E/FT	Sun-Wed
aintenance Mechanic	2	D.O.E/FT	Varies	Photo Guide	4	D.O.E/FT	Varies
nall Engines Supervisor	1	D.O.E/FT	Varies	Hualapai Point	# of Positions	Pay Rate	Shift
mail Engines Mechanic	1	D.O.E/FT	Varies	Cash Room Clerk	1	D.O.E/ PT	Varies
assanger CDL Driver	1	D.O.E/Seasonal	Varies	Housekeeping	1	D.O.E/FT	Varies
quipment Driver	2	D.O.E/Seasonal	Varies	Housekeeping	2	D.O.E/Seasonal	Varies
iver Running Guide	5	D.O.E/Seasonal	Varies	F&B/Sky View Restraunt	# of Positions	Pay Rate	Shift
hotographer	1	D.O.E/Seasonal	Varies	Hostess	2	D.O.E/Seasonal	Varies
GCRC INTERN	AL ONLY UNTIL	1/17/2023		Cashier	2	D.O.E/PT	Varies
reeter-Ambassadors	3	D.O.E/FT	Varies	Food Handler/Cook	2	D.O.E/FT	Varies
	4			Supervisor	1		Varies
				Zipline	# of Positions		Shift
				Guide	2	D.O.E/Seasonal	
				Photographer	1	D.O.E/Seasonal	
				9	_		
				Supervisor	1	D.O.F/Seasonal	עמו
				Supervisor Supervisor	1	D.O.E/Seasonal	
				Supervisor	1 1 # of Davidiana	D.O.E/FT	Varies
				Supervisor Maintenance	1 1 # of Positions	D.O.E/FT Pay Rate	Varies Shift
				Supervisor Maintenance Operations Manager	1 1 # of Positions 1	D.O.E/FT Pay Rate D.O.E/FT	Varies Shift Varies
				Supervisor Maintenance Operations Manager Maintenance Tech	1 1 # of Positions 1 1	D.O.E/FT Pay Rate D.O.E/FT D.O.E/FT	Varies Varies Varies
				Supervisor Maintenance Operations Manager Maintenance Tech Maintenance Tech	1 1 # of Positions 1 1 1	D.O.E/FT Pay Rate D.O.E/FT D.O.E/FT D.O.E/PT	Varies Varies Varies Varies
				Supervisor Maintenance Operations Manager Maintenance Tech Maintenance Tech Waterline Tech	1 1 1 # of Positions 1 1 1 1 1 1	D.O.E/FT Pay Rate D.O.E/FT D.O.E/FT D.O.E/FT D.O.E/FT	Varies Shift Varies Varies Varies Varies Varies
				Supervisor Maintenance Operations Manager Maintenance Tech Maintenance Tech	1 1 1 # of Positions 1 1 1 1 1 1 1 1	D.O.E/FT Pay Rate D.O.E/FT D.O.E/FT D.O.E/FT D.O.E/FT D.O.E/FT	Varies Varies Varies Varies

Notice of Invitation for Bids • Utility Contractors

Submitted by: Kevin Davidson | Hualapai Planning Department



NOTICE OF INVITATION FOR BIDS FROM UTILTY CONTRACTORS IFB NO. 01-2023 POTABLE WATER LINE TO 1519 BUCK AND DOE ROAD (WEST WATER, PHASE 1A)

Notice is hereby given that the Hualapai Indian Tribe, hereinafter referred to as the "Tribe", is soliciting bids from utility contractors to construct a new water line in Peach Springs, located on the Hualapai Reservation, Arizona.

The Tribe invites Indian and non-Indian owned firms to submit sealed bids. The Tribe will select the bidder whose bid does not substantially exceed the amount of funds available for construction of the project, subject to applicable Indian Preference requirements and assessments of the Bidder's responsiveness and responsibility under federal law. Funds are derived from the Center of Disease Control's Tribal Public Health grant. The project shall achieve final completion and shall be ready for final payment no later than June 9, 2023, to meet the CDC's expenditure deadline.

PRE-CONFERENCE CONFERENCE: Thursday, April 20, 2023, 2:00 P.M. at Hualapai Public Services Department, 941 Hualapai Way, Peach Springs, AZ 86434

SUBMITTAL DUE DATE: Wednesday, May 3, 2023, 2:00 P.M. at Hualapai Public Services Department, 941 Hualapai Way, Peach Springs, AZ 86434

QUESTIONS SHALL BE DIRECTED TO: Philip G. Wisely, P.E., Public Services Director, (928) 769-2216 Philip.Wisely@Hualapai-nsn.gov

EDUCATION & TRAINING

Mohave County Street Team Free Health and Resource Fair • Friday, May 12th
Submitted by: Adeline Crozier | Hualapai Tribal Administration





Mohave County Street Team is coming back!

This free health and resource fair is open to everyone of all ages.

Learn about local resources, chat with business professionals, and grab a few freebies while you're here!

When: Friday May 12, 2023

Where: Hualapai Health Department

Address: 488 Hualapai Way, Peach Spring

Time: 11 a.m. - 1 p.m.

OSTREET_TEAM_MOHAVE_COUNTY

More information please contact Dani Lagana: 928-753-0714 x. 4282 or email at lagand@mohave.gov.

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THE SUMMIT PROGRAM FOR NATIVE AMERICAN VETERANS

BEGIN YOUR CAREER IN TECH TODAY

The Summit Program | Hesperus

The Summit Program is a full-time, no-cost technical training program that incorporates live virtual instruction, hands-on virtual labs, real-life application scenarios, and opportunities for certifications to prepare students for challenging networking and cyber tech jobs in any industry.

The inaugural Summit Program start date is **Monday, May 15, 2023**.

Hesperus is committed to empowering Native American veterans with opportunities through relevant training that leads to meaningful careers in tech.



This program is powered in part by Wounded Warrior Project® (WWP) to honor and empower post-9/11 injured service members, veterans, and their families



Connect with us:







www.hesper.us (602) 377-5666

WHAT WILL YOU LEARN

Successful completion of the Summit Program results in three CompTIA computer certifications – CompTIA A+, CompTIA Net+, and job interviews with Hesperus Technology Partners. The Summit Program specializes in basic networking and cybersecurity technologies for entry-level information technology jobs.

In addition to technical curriculum, the Summit Program offers a variety of professional development opportunities for students including opportunities to engage with technical mentors and industry leaders in a professional and technical capacity. Hesperus also partners with Summit Program students in career planning, professional skills-building (including resume writing and interview techniques), and job search strategies with our employment partner networks.

TRAINING LOCATION AND HOURS

LOCATION: Virtual - You must have regular, dependable broadband internet access to take this course

SCHEDULE: The Summit Program takes place Monday-Friday 0800-1700

Arizona time

Deadline: Applications close April 21st, 2023

HOW DO I APPLY?

Visit us at www.hesper.us/programs and fill out a Summit Program Information Request and we will contact you

Eligibility:

The Summit Program is open to all Native American veterans.

VETERANS MUST:

- Discuss The Summit Program with the Program Administrator to determine eligibility
- Submit a DD214 showing proof of military service
- Enrolled members of federal and state recognized tribes will be prioritized for admission





(602) 377-5666

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FREEPORT-McMoRAN

NATIVE AMERICAN

SCHOLARSHIP PROGRAM 2023

Freeport-McMoRan and Education Forward Arizona are offering two scholarship opportunities. The application opens on Feb. 1, 2023 and closes on June 1, 2023.

ELIGIBILITY CRITERIA

- Be an enrolled member of the Hualapai Tribe, Navajo Nation, San Carlos Apache Tribe, Tohono O'odham Nation, White Mountain Apache Tribe or other tribal communities including Ak-Chin Indian Community, Gila River Indian Community, Hopi Tribe, Pascua Yaqui Tribe, Salt River Pima-Maricopa Indian Community, Tonto Apache Tribe, Yavapai-Apache Nation, Yavapai Prescott Indian Tribe and Zuni Pueblo.
- Be attending an accredited trade school, community college, tribal college or fouryear university
- Be a full-time student
- Have a minimum 2.5 GPA and be in good current academic standing

START APPLYING FEB. 1

Learn more and apply at bit.ly/FreeportMcMoRan23 or by scanning the QR code.



2023 29th Statewide CAP Conference Registration • July 18th & 19th

Submitted by: Adeline Crozier | Hualapai Tribal Administration



July 18-19 2023 | Renaissance Phoenix Glendale | pcaaz.org/capconf

2023 Arizona Child Abuse Prevention Conference Registration Now Open!

July 18-19, 2023 | Renaissance Phoenix Glendale

Visit <u>pcaaz.org/capconf</u> for the agenda, workshop descriptions, FAQ, and to register!

Come learn, collaborate, and be inspired!

Register today at: https://pcaaz.org/capconf/



This year's theme is "I Am Prevention."
Through the power of your actions, you can sustain, expand, and build upon current efforts to create an Arizona free of child abuse.

View Workshops & Register at: https://pcaaz.org/capconf/

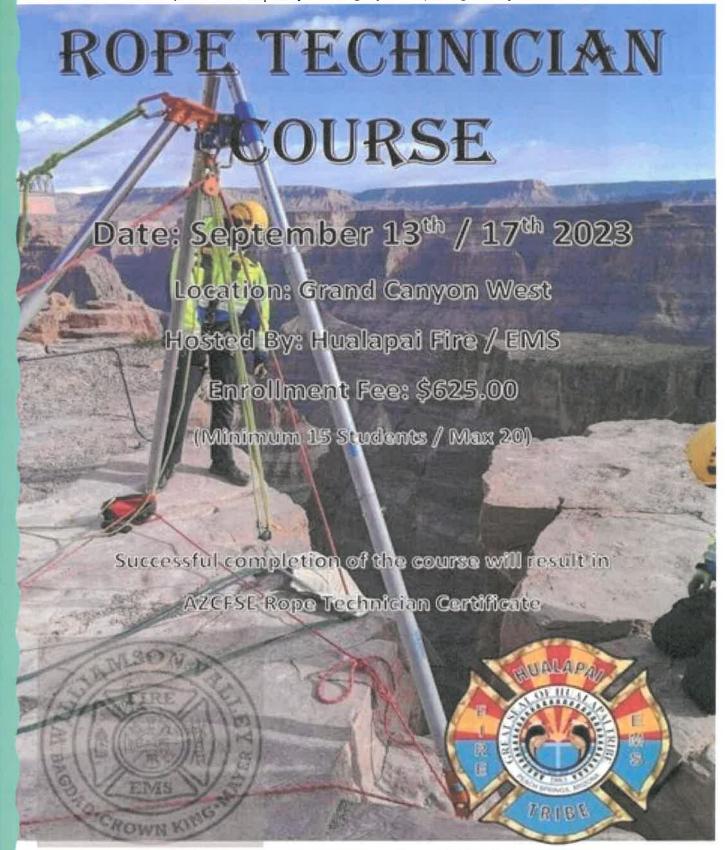
Are finances a barrier to attending the conference?

We are offering a limited number of scholarships that entitle the recipient to a discounted conference registration rate of \$30. Hotel rooms are not included. Please only apply if you would not be able to attend the conference without a scholarship. The application closes on Thursday, April 20, 2023.

Apply for a Scholarship at: https://www.surveymonkey.com/r/22B6JD2



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Contact Chief Gore @ Matthew.Gore@Hualapai-nsn.gov

For Enrollment Information

PAGE 34 GAMYU

First Things First • Counting Kicks is a Simple Way to Monitor Baby's Well-Being

Submitted by: Tara Gene, Regional Director | First Things First

拱 FIRST THINGS FIRST

HUALAPAI REGION

Hualapai Tribe Region











Counting kicks is a simple way to monitor baby's well-being

Expectant parents can download the free Count the Kicks app to easily record their baby's movements.

Expectant parents in their third trimester are being encouraged to count their baby's kicks. It could help save their baby's life. The Arizona Department of Health Services has partnered with the national organization Count the Kicks to reduce stillbirths across Arizona. Research shows that teaching pregnant women how to monitor fetal movement during the third trimester of pregnancy resulted in a 30% reduction in stillbirth.

"The health of the mom and health of her baby are intrinsically connected," said Jodi Long, an advisory board member, in a Count the Kicks video. "When one is struggling, there's a growing chance the other will struggle, too." According to the Centers for Disease Control and Prevention, Arizona loses approximately 485 babies to stillbirth each year. Stillbirth, defined as the loss of a pregnancy between 20 and 42 weeks' gestation,



affects 1 in every 169 pregnancies nationally and is 10 times more common than Sudden Infant Death Syndrome.

Expectant parents can download the free Count the Kicks app (available on the Apple App Store and Google Play Store) to easily record their baby's movements and notify their health care provider if something changes.

Starting at 28 weeks, expectant parents can track their baby's movement on the app. Expectant parents are asked to do this daily and to pick a time when the baby is active. The instructions are simple: Sit with your feet up and count each movement as one kick, until they reach

10. The app will show you how long it takes to reach 10. Parents are asked to rate the strength of the baby's movement from 1 to 5, with one being a flutter to 5 being fierce.

By using the app daily, expectant parents will get to know what's normal for their baby.

If they notice a change in the strength or how long it takes to get to 10, they should contact their healthcare provider. "There



are warning signs, red flags if you will. Ways for expectant parents and doctors to have an early heads up that something might be going wrong in a pregnancy," Long said. "Babies in the third trimester are just like us. When we're sick and not feeling well, and want to lie in bed or on the couch, it's the same thing for babies. If they're not doing well, their movements will change or become weaker. This is that early red flag and a reason to call the doctor right away."

Count the Kicks features personal stories from mothers across the country, where speaking up about a change in their baby's movement helped their baby have a safe arrival and also address pregnancy complications that put their own lives at risk. "Increased education and awareness around fetal movement monitoring may help to improve birth outcomes, not just for babies, but for moms, too," Long said.

FIRST THINGS FIRST HUALAPAI TRIBE REGIONAL PARTNERSHIP COUNCIL

William Santiago, Chair Omaovensi Coochwytewa Jane Baumbach Wanda Quasula Renee Beecher Amelia Sullivan

Pearl Sullivan

Chira Walema

ABOUT FIRST THINGS FIRST

As Arizona's early childhood agency, First Things First funds early learning, family support and children's preventive health services to help kids be successful once they enter kindergarten. Decisions about how those funds are spent are made by local councils staffed by community volunteers. To learn more, visit FirstThingsFirst.org.

Valentine Elementary School • Eagle Eyes Newsletter

Submitted by: Gina McNeil Valentine Elementary School



EAGLE EYES



Vol. 8, No. 9

www.valentineaz.net

March 31, 2023

STATE ASSESSMENT TESTING

April brings with it state testing season. Our students in grades 3-8 will have a number of assessments to complete this month. The scheduled dates are listed at the lower right.

The 3rd grade reading test includes a section of Oral Reading Fluency where students will read passages out loud into a headphone microphone. It will be important for students to speak clearly, but not yell, into the microphone. They can practice reading out loud just about anywhere. For this particular test, speed is not as important as speaking clearly.



BUS PROCEDURES

Two main issues that we have seen an increase of lately – both of which we need your help to address:

The first one has to do with students not following bus (and bus stop) procedures. The bus and all stops are considered part of the school for behavior purposes. Students are to follow school rules (especially the ones prohibiting verbal or physical assault) while waiting for or riding the school bus.

Eating on the bus is prohibited. It is considered a health and safety hazard. If a student were to start choking on something they were eating, precious seconds would be lost while the bus driver has to safely pull over and park the bus to get back to the student to provide assistance.

The second issue has to do with bus stop changes. We have asked that families please contact us before noon whenever possible to make changes to their student's afternoon transportation. There have been a number of occasions in recent weeks where families are calling us even after the buses have already left the school to make those changes. Late changes put a tremendous strain on everyone, including all of the other students who may be delayed as a result.



Our graduation/kindergarten promotion ceremony has been moved from Wednesday, May 17, to Thursday, May 18, 2023.



HOW CAN I HELP MY STUDENT?

- Have them at school for testing Regular attendance is important, but of even greater importance during testing. When students are absent on a testing day, that's not work that they can make up at home. Then they miss the regular instruction that is going on while they are making up the test they missed.
- <u>Discuss the importance of taking the test seriously</u> Our school is currently under the microscope of the Arizona Department of Education because our student test scores are not where they should be. Encourage your students to take their time, use the strategies they have been taught, and do their best on each test. The test is not a race—there are no prizes for finishing the fastest.
- Follow a good school night/morning routine Have your students get plenty of sleep the night before, eat a good breakfast, and avoid stressors as much as possible.

FIELD TRIPS

We have plans in the works for out-of-town field trips and will be needing additional adult chaperones. Contact Mrs. Clouse (mrs.clouse@valentineaz.net) for more information.

As we have already told the students, their behavior determines whether they will be eligible to participate. If students are suspended for their behavior this quarter, they will not be able to go on the field trip.

UPCOMING EVENTS

04/11 - AASA Writing Test

04/11 - School Board Meeting, 4:30 pm

04/12 - AASA Tests, Reading Part 1 and Math Part 1

04/13 - AASA Tests, Reading Part 2 and Math Part 2

04/14 - Snow Day Make-Up, Noon Release

04/18 - AzScience Test (grades 5 & 8)

04/19 - Music Mountain visits 8th Grade

04/21 - Snow Day Make-Up, Noon Release

05/04 – Small Schools Track Meet @ Kingman HS, 9am

05/11 - Field Trip (TBD)

05/09 - School Board Meeting, 4:30 pm

05/18 - Graduation/Kindergarten Promotion, 6-8pm

05/25 - Hualapai Mountain Park, 9am

Valentine Elementary School • April Calendar of Events Submitted by: Gina McNeil | Valentine Elementary School

	SATURDAY		∞	15	22	29
APRIL 2023	FRIDAY	31 Snow Day Make-Up 8am – 12n	7	14 Snow Day Make-Up 8am – 12n	21 Snow Day Make-Up 8am – 12n	28
	THURSDAY		9	AASA Reading Part 2 Math Part 2 Grades 3-8	20	27
	WEDNESDAY	VALENTINE ELEMENTARY SCHOOL 12491 N. BYERS ST / HC 35 BOX 50 TRUXTON, AZ 86434 PHONE 928-769-2310 FAX 928-769-2389 WWW.VALENTINEAZ.NET	5	AASA Reading Part 1 Math Part 1 Grades 3-8	19	26
	TUESDAY		4	AASA Writing Grades 3-8 School Board Mtg 4:30 pm	Az Science Grades 5 & 8	25
	MONDAY		3	10	17	24 AZ
	SUNDAY			Happy Easter!		30
			7	6	16	PACE 27

HEALTH & SAFETY INFORMATION

Hualapai SDPI • Program Information & Services Submitted by: Athena Crozier | Hualapai SDPI

HUALAPAI SPECIAL DIABETES PROGRAM FOR INDIANS (HSDPI)

M hualapaisdpi@gmail.com

www.facebook.com/hualapai.sdpi





GROUP WORKOUT



WEIGHT TRAINING



EVENTS & CHALLENGES

OUR SERVICES

- Baseline & ending assessments (A1c glucose, weight, & survey)
- Weight training/ Cardio training
- · Events & Challenges
- Personal Training & Nutrition plans
- T2 health classes- individual /group
- Inbody 570 weight scale

ABOUT US

We are here to help promote diabetes education, prevention & management through physical activity and healthy choices. Our program is an IHS grant funded program called Special Diabetes Program for Indians for over 20 years.

2 OFFICE LOCATIONS

HSDPI fitness center PH: 928 769-2644 M-TH: 530a - 700p FRI: 530a - 300p

950 Rodeo Circle- behind gym Peach Springs, AZ.

HSDPI office PH: 928 769-1630 M-F: 8A-5P

926 Hualapai Way- by HEW

Peach Springs, AZ

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T2 HEALTH CLASSES

928 769-2644 950 RODEO CIRCLE 5:30 AM WALKING CLUB @ RODEO CIRCLE 4/17, 4/24 9-10 CIRCUIT WORKOUTS 700 PM CLOSE **OPEN** 530 AM CIRCUIT WORKOUTS STEP AEROBICS @ MULTI BLDG. 4/4, 4/18, 4/25 700 PM CLOSE OPEN 530 AM WALKING CLUB @ RODEO CIRCLE 4/5, 4/19 900-1000 12-1 CIRCUIT EXERCISE 700 PM CLOSE OPEN 530 AM WALKING CLUB @ RODEO CIRCLE 4/6, 4/20 900-1000 12-1 PM CIRCUIT WORKOUTS CLOSE 700 PM 530 AM OPEN RODEO CIRCLE WALK 10-11 CIRCUIT WORKOUTS 300 PM CLOSE OPEN GYM ON 4/1, 4/8, 4/22 8 4/29 7AM-11AM

APRIL EVENTS

APRIL 7TH - 5K RUN STARTS @ 630AM, 1 MILE WALK STARTS @ 7AM- RODEO CIRCLE

APRIL 12TH - HORSESHOE TOURNEY (CO-ED 530PM-? @ PITS BY BASEBALL FIELD)

APRIL 14TH - HEALTHY LIFESTYLE CHALLENGE ENDS-TURN IN YOUR TRACKING FORMS

APRIL 17TH - WOMENS OPEN GYM- BENCH PRESS & DEADLIFT TRAINING

APRIL 18TH - COOKING CLASS WITH ROSEMARY 2PM @ ELDERLY

APRIL 20TH - EXERCISE CHALLENGE 11AM-6PM COME TEST YOUR STRENGTH

APRIL 21ST - LA PAZ RUN FROM FT. BEALE KINGMAN, AZ

WOMENS OPEN **EGYM NIGHT** JOIN US **MONDAY APRIL, 17TH FROM** 5-7 PM AT THE FITNESS CENTER II-II LEARN Strength training Bench press Dead lifts We Train, You Grow

Powerful Tools for Caregivers Training • Thursday, April 20th

Submitted by: Breanna Watahomigie | Hualapai Senior Services Center





POWERFUL TOOLS FOR CAREGIVERS TRAINING

THURSDAY, APRIL 20, 2023 2:00 PM - 4:30 PM

- PREVENT CAREGIVER BURNOUT
- DEMENTIA EDUCATION
- LOCATE HELPFUL RESOURCES
- COMMUNICATE EFFECTIVELY
- REDUCE STRESS

THERE WILL BE A PRESENTATION BY
LORI NISSAN FROM BANNER
INSTITUTE ABOUT ALZHEIMER'S &
DEMENTIA BEFORE THE CLASS

DEADLINE: APRIL 18, 2023

PLEASE SIGN-UP BEFOREHAND SO

OUR STAFF CAN PREPARE

HUALAPAI SENIOR CENTER 587 CANYON VIEW DR PEACH SPRINGS, AZ 86434

Are you a caregiver looking for ways to improve your knowledge and skills?

Join us for our 6-week classes!

TO REGISTER, CONTACT:

Breanna Watahomigie, CHW
Hualapai Senior Services Center
(928) 769-2375 Ext. 198
breanna.watahomigieehualapai-nsn.gov

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The Hualapai SDPI Fitness Center Exercise Challenge



All Participants Are Encouraged To Challenge Themselves In A Safely Manner

Challenge Will Include, 150 Meters Rows, Battle Rope Challenge Timed, Medicine

Ball Oblique Slams, Tire Flips, Fan Bike 2 Minutes, Kettle Bell Swings Clean Walk,

Barbbell Half Cleans, Tires Sledge Slams Alternate

Date: April 20th Walk Ins 11:00am To 6:00pm

Location Fitness Center: 950 Rodeo Circle

Contact # (928) 769-2644







Traditional Talking Circle • Every Wednesday Submitted by: Adeline Crozier | Hualapai Tribal Administration

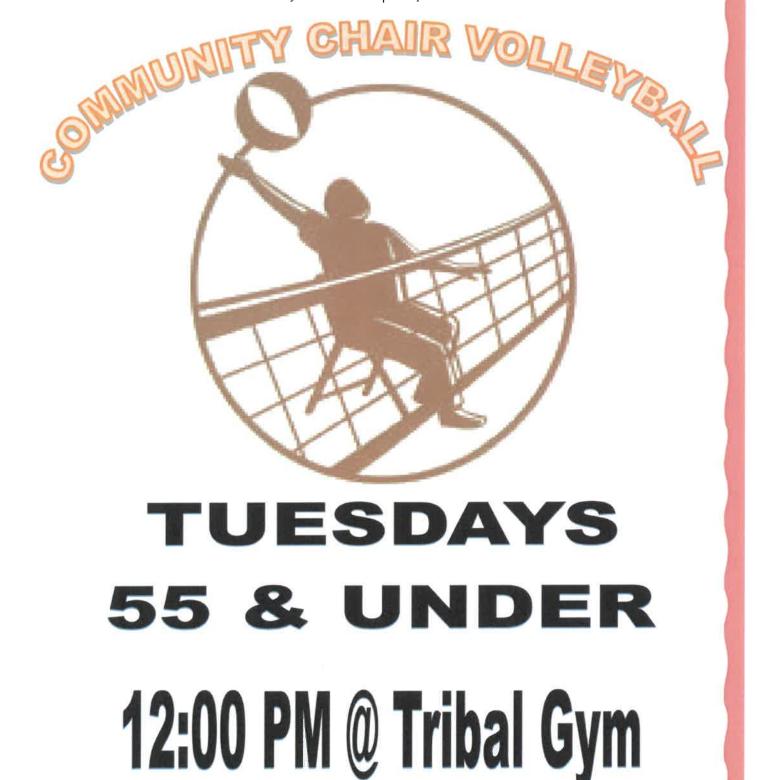
Traditional Talking Circle
Location: The Healing House
Time: 6pm-9pm
When: Every Wednesday night

ZOOM will open at 6:45PM for participants joining us online.

ID: 293 782 0923 Passcode: 102622

This is an open co-ed group. All are welcome

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STARTING ON APRIL 18, 2023

For More Information Please Call 928-769-2652

Regular Volleyball • Wednesdays

Submitted by: Adeline Crozier | Hualapai Tribal Administration



Community Chair Volleyball: 56 & Older • Thursdays

Submitted by: Adeline Crozier | Hualapai Tribal Administration



THURSDAYS 56 & OLDER 12:00 PM @ Tribal Gym

STARTING ON APRIL 20, 2023

For More Information Please Call 928-769-2652

LDS Family Services: Addiction Recovery Program • Every Thursday
Submitted by: Don Sorenson | LDS Family Services: Addiction Recovery Program

Beginning March 16, 2023

Every Thursday at the Church of Jesus Christ of Latter-Day Saints in the Relief Society Trailer



ADDICTION RECOVERY PROGRAM

A Guide to Addiction Recovery and Healing

Written with support from
Church leaders and
counseling professionals by those
who have suffered from addiction
and who have experienced
the miracle of recovery through
the Atonement of Jesus Christ

Health Benefits of

Walking





weight loss

increase metabolism



healthier heart

increase self-esteem



tone muscles

increase energy



stronger bones and joints

relieve stress



strengthens immune system

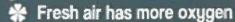


Walking is by far the most popular form of physical activity in the United States.

Thought To Reduce Risk Of:

- coronary heart disease (x)
 - strokes 🗵
 - diabetes 🗵
 - high blood pressure (x)
 - bowel cancer (x)
 - osteoporosis 🗵

Exercising in Nature:



- Greenscapes raise serotonin levels
- Triggers primal regions of our brain and psyche
- ***** More sensory stimulation
- Increases feelings of well-being and lowers depression
- Sun exposure increases vitamin D levels and helps optimize hormones



TOMMUNITY

Building Memories as a Proud Monya

Submitted by: Helen J. Watahomigie | Hualapai Tribal Member

I would like to commend Awa', Traeh Powsey, Miss Hualapai 1st Attendant, for participating in the following gatherings: Singing The Birds, Palm Springs, California - January 28, 2023

CRIT Mega Throw, Parker, Arizona - March 24 - 25, 2023 PIIPAASH Gathering, Lehi, Arizona - April 1, 2023

She makes me proud to hear her introduce herself in Hwal bay and representing the Hwal bay Tribe. Watching her dance the bird makes my heart happy and I enjoy traveling with her. I tell her to never give up and encourage her to continue what she like to

do. She is our PRINCESS.



A special thank you to Ms. Jessica Powskey for making it possible for us to travel with Hualapai Bird Singers, "Ha Nyum Sav" & Dancers to

attend these gatherings. Han kyu!

Nyach yu, Monya Helen J. Watahomigie

Palm Springs, CA.



Miss Indian Arizona with 1st Attendant, Miss Teen Hualapai Traeh Powsey, picture taken at Lehi, AZ. Traeh traveled with Hualapai Bird Singers and Bird Dancers to Represent the Hualapai Tribe

(Isaiah 43:2)

When you pass through the waters. I will be with you and through the rivers. They will not overwhelm you. When you walk through the fire you will not be burned or scorched, nor will the flame kindle you!!

Inspirational & Encouragement Corner

Submitted by: Josie Powsey | Hualapai Tribal Elder

Gamyu jeh? Đu ma han yu jah!

This is the Lord's encouragement to us. Whatever we are facing, he will not allow us to be harmed, so long as we trust Him! It is easy to quit. It takes faith to persevere.

Morning Prayer

Lord, give me the mind of Christ. Help me to make good decisions for my good and your glory.

(I Corinthians 2:16)

For who hath known the mind of the Lord, that he may instruct him? But we have the mind of Christ.

(Morning Inspiration)

Each day we can talk to God, unlike a friend who may be busy, a relative who might be too far away. God's presences is forever more! Amen!

Youth Recreation Program is Back!

Submitted by: Danielle Bravo | Hualapai Planning Department



Good news for our Hualapai youth! After a two-year pandemic highus, the Youth Recreation Program is back in business!

The Youth Recreation Program, is a program to help provide supplementary financial assistance in addition to fundraising efforts to enrolled Hualapai tribal youth (under 21 years of age) for educational, cultural and recreational activities.

EWS Applications are available at the Hualapai Planning Department, (928) 769-1310.

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WE LOUNTEERS



KWLP, "The Peach" Proudly Announces and Congratulates March 2023 Volunteer of the Month: Steve DeFord, aka Pastor Steve







Steve DeFord, aka Pastor Steve continue to be an invaluable Peach team member. He and his family have supported and participated in the Hualapai Tribe radio programs since its inception as a Kidstar station and then EPCH, internet only. Pastor Steve is host of *Redeemed and Free*, KWLP's long-running and popular gospel show airing on Wednesday evenings at 6:00pm and Sunday mornings at 10:00am.

"Redeemed and Free" always begins with the segment "The Truth with Ms.

Sherry," hosted by Pastor Steve's wife, Sherry DeFord. During his show, Pastor Steve shares scripture and features southern gospel music. Pastor Steve and his family are well known in the PSA community. Steve is Pastor at the Hualapai Baptist Highway Church and worked at the Walapai Market for many years. Three of his sons were original KIDSTAR show hosts and one, Micah worked at the station. Miss Sherry also teaches at the local Church school. Steve's brother Jeff shares his nationally syndicated show: "Down to the Roots," with Peach listeners at no cost to the KWLP. This Bluegrass show immediately follows Steve's show at 7:00pm

Steve has always impressed staff with his professionalism in his preparations and presentations. When able, Steve helps at events, solicits advertisers and personally contributes regularly to Listener give aways. He rarely misses a show, meeting or training! We truly appreciate all he does with and for KWLP and the community!

Pastor Steve will receive incentives valued at \$100 for being Volunteer of the Month! If you might be interested in volunteering, call at (928) 769-1110.

This month, Volunteer of the Month is sponsored in part by:





Wednesday evenings.









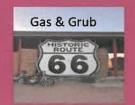


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KWLP wants to send out a big HANK 'YU to these local businesses for their support of the Hualapai live and local station and its listeners during Marah 2023!

These local businesses supported KWLP and the community listeners by sponsoring shows, purchasing ads, providing gift cards and making other donations for KWLP's LISTEN TO WIN giveaways and volunteer participation incentives!









DOLLAR
OUTLET OF
KINGMAN















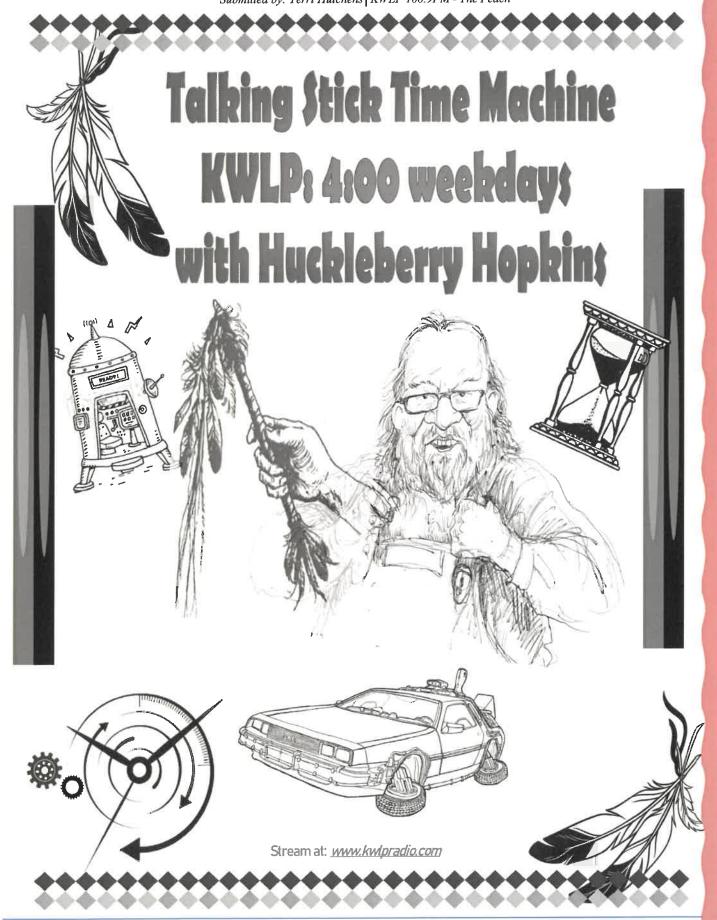
- Some of these businesses are giving discounts to customers who mention hearing their ad on KWLP!
- Stop by these businesses and get the benefits when you can and please thank them for supporting your live and local station!
- Be sure to listen to 100.9 fm for details about these promotions!



kwlpradio.com



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Diamond Creek Restaurant • April Specials Submitted by: Angel Choyguha | Diamond Creek Restaurant

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	Buomined by. Inger Choyguna Diamona Creek Residur am									
Saturday	1 СНЕГ'S СНОІСЕ \$12.99	ORANGE CHICKEN, WHITE RICE & VEGGIES \$12.99	ORANGE CHICKEN, WHITE RICE & VEGGIES \$12.99	ORANGE CHICKEN, WHITE RICE, VEGGIES \$12.99	29	IITUTIONS!				
Friday	31	FRYBREAD FRIDAY CHOICE OF HUALAPAI TACO OR BEAN & CHEESE W/A LARGE DRINK \$12.99	14 FISH AND FRIES \$12.99	FRYBREAD FRIDAY CHOICE OF HUALAFAI TACO OR BEAN & CHEESE W/A LARGE DRINK \$12.99	FISH AND FRIES	Y UNLESS SPECIFIED. NO SUBS				
Thursday	30	G CHICKEN CHIMICHANGA SMOTHERED IN PORK GREEN CHILE W/RICE AND BEANS \$12.99	CHICKEN BREAST OVER MASHED POTATOES&GRAVY W/VEGGIESAND A ROLL \$12.99	SLOPPY JOES W/ FRIES \$12.99	SPAGHETTI W/ GARLIC STICKS \$12.99	NITH FRIES ARE REGULAR ONLY				
Wednesday	29	SHOT WING WEDNESDAY \$1.00 PER WING	HOT WING WEDNESDAY	HOT WING WEDNESDAY	26 HOT WING WEDNESDAY \$1.00 PER WING	es Specials available until sold out. All specials with fries are regular only unless specified. No substitutionsi All take out orders will require payment over the phone before being sent to the Kitchen. No acceptions ii				
Tuesday	28	4 TACO TUESDAY \$1.00 TACOS	TACO TUESDAY \$1.00 TACOS	18 TACO TUESDAY \$1.00 TACOS	ZS TACO TUESDAY \$1.00 TACOS	Notes SPECIALS AVAILABLE U ALL TAKE OUT ORDERS				
Monday	27	3 CHEF SALAD \$12.99	CHICKEN ALFREDO W/ GARUC STICKS \$12.99	CHICKEN SALAD CROSSAINT SANDWICH W/ CHIPS \$12.99	24 TUNA SALAD SANDWICH W/ CHIPS \$12.99					
Sunday	26	2 ОнЕF'S CHOICE \$12.99	9 ORANGE CHICKEN, WHITE RICE & VEGGIES \$12.99	16 ORANGE CHICKEN, WHITE RICE & VEGGIES \$12.99	ORANGE CHICKEN, WHITE RICE & VEGGIES \$12.99	30				