

Our priority is the safety and health of the Hualapai Tribe. The Incident Management Team along with all of tribal departments and Indian Health Services are working together to prepare and respond to COVID-19 cases.



# INCIDENT MANAGEMENT

## GUIDANCE FOR LARGE OR EXTENDED FAMILIES LIVING IN THE SAME HOUSEHOLD



### Public Information and Awareness

1. Protect the household when you leave for errands
2. Protect household members at high risk for severe illness
3. Protect children and others from getting sick
4. Care for a household member who is sick
5. Eat meals together and feed a sick household member

### How to protect the household when you leave the house

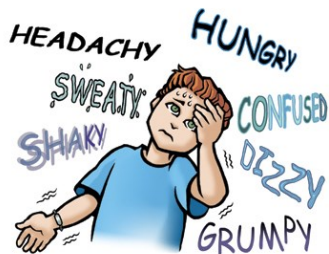
- Don't leave the household unless absolutely necessary, if you must leave follow these tips:
- Avoid crowds, including social gatherings of any size
- Keep at least 6 feet away from other people
- Wash your hands often
- Don't touch frequently touched surfaces in public areas, such as elevator buttons and Handrails
- Don't use public transportation, such as the train or bus, if possible. If you must use public Transportation: maintain 6 feet of distance from other passengers as much as possible, avoid touching surfaces such as handrails, wash your hands or use hand sanitizer after leaving transportation
- Don't ride in a car with members of different households
- Wear a cloth face covering to help slow the spread of COVID-19
- Wash your hands immediately when you return home
- Maintain a physical distance between you and those at higher risk in your household



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## HOW TO PROTECT MEMBERS OF THE HOUSEHOLD WHO ARE A HIGHER RISK

If your household includes people who are considered higher risk, then all family members should act as if they, themselves, are at higher risk. Here are seven ways to protect your household members.

1. Stay home as much as possible
2. Wash your hands often
3. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if you can't wash with soap and water
4. Don't touch your eyes, nose, and mouth with unwashed hands
5. Cover your coughs and sneezes
6. Clean and then disinfect your home
7. Don't have visitors unless they need to be in your home



**How to protect children and others from getting sick? Follow these five tips to help protect children and others from getting sick.**

1. Teach children the same things everyone should do to stay healthy
2. Don't let children have in person playdates with children from other households
3. Teach children who are playing outside to stay 6 feet away from anyone who is not in their own household

Wet your hands with clean, running water and apply soap

Lather your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails

Scrub your hands for at least 20 seconds

Rinse your hands well under clean, running water

Dry your hands using a clean towel or air dry them