

## Health Officials Confirm There Are Now 26 Cases That Tested Positive in Mohave County 1 Death is Included Latest Two Not Connected, But Both in Kingman Area

MOHAVE COUNTY, AZ (April 8, 2020) – The Mohave County Department of Public Health (MCDPH) -Nursing was notified today (04/8/20) of two new positive COVID-19 cases in the Kingman service area. The first person is in the 20-44 age range and is in isolation by recovering at home. The second new case in the Kingman area is an individual in the 55-64 age range. Neither of these cases is travel-related or epidemiologically-related and are likely the result of community spread.

This new case brings to 26 the total positives cases in the county. There are now 14 positive confirmed cases in the Lake Havasu City area, nine in Kingman, and three in Bullhead City. One of the 26 passed away and became the first COVID-19-related death in the county. This person was over the age of 65 and had other underlying health conditions and had been hospitalized at Havasu Regional Medical Center.

The best ways to prevent the spread of COVID-19:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- o Avoid touching your eyes, nose, and mouth with unwashed hands.
- o Avoid close contact with people who are sick.
- o Stay home when you are sick, or if you are a not an essential employee.
- o Cover your cough or sneeze with a tissue, then immediately throw the tissue in the trash.
- o Clean and disinfect frequently touched objects and surfaces.

COVID-19 spreads through the air when an infected person coughs or sneezes. Symptoms are thought to appear within two to 14 days after exposure and consist of fever, cough, runny nose, and difficulty breathing. For people with mild illness, individuals are asked to stay home, drink plenty of fluids, and get rest. For people with more severe symptoms, such as shortness of breath, individuals are advised to seek healthcare, using telemedicine where available.

Mohave County activated its Health Department Operations Center on February 1, 2020, after the first case of travel-associated COVID-19 was confirmed in Arizona. The Health Department perations Center remains open to coordinate the County's response to the COVID-19 outbreak.

For more information about the COVID-19 response in Arizona, go online to: <a href="https://azdhs.gov/">https://azdhs.gov/</a>

For more information about COVID-19 in Mohave County, please visit <a href="https://covid-19-mohave.hub.arcgis.com/">https://covid-19-mohave.hub.arcgis.com/</a>.