Wile Huglanai Tribe

Newsletter of the Hualapai Tribe

Notice of Elections • Candidate Packets due by Tuesday, April 7th
Submitted by: Marilyn Vaughn | Hualapai Election Board

Notice of Elections

PRIMARY ELECTION*

CHAIRMAN & VICE-CHAIRMAN SEAT(S)**

MAY 7, 2020 8:00 AM TO 5:00 PM MULTI-PURPOSE BUILDING 470 HUALAPAI WAY PEACH SPRINGS, ARIZONA

GENERAL ELECTION

(3) COUNCIL MEMBER, CHAIRMAN, & VICE-CHAIRMAN SEAT(S)

JUNE 6, 2020 8:00 AM TO 5:00 PM MULTI-PURPOSE BUILDING 470 HUALAPAI WAY PEACH SPRINGS, ARIZONA

Members of the Hualapai Tribe who are interested in running for office must sign and submit the following:

- Required Documentation Acknowledgment form
- · Residency Declaration form
- Official Nomination & Filing form
- Release of Records & Confidential Information form
- Submit original documents that demonstrate the candidate has maintained and lived in their primary residence on the reservation for at least one year immediately prior to the general election, or special election.

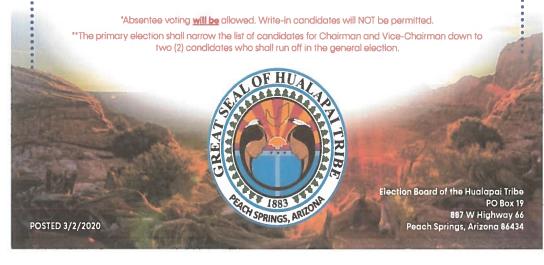
The deadline to submit a completed Candidate packet is April 7, 2020 by 5:00 pm.

You can hand deliver your completed Candidate Packet to the Elections Office at: 887 W. Highway 66, Peach Springs, AZ (Inside Planning Office)

The above forms and absentee request form are available on the "Elections" page at

www.hualapai-nsn.gov/community/elections

or contact Marilyn Vaughn at (928) 715-7737 or Juliet Steele at (928) 606-3271.





Inside this issue:

Events & Information	2
Employment	23
Education & Training	26
Health & Education	41
Community Messages	16

Special points of interest:

- Regular Tribal Council Meeting will be on Saturday, March 7th at 8:00a.m. in the Tribal Chambers.
- TERC Meeting will be Wednesday, March 18th at 10:00AM at the Department of the Cultural Resources.
- HTUA Board
 Meeting will be on
 Thursday, March 19th
 at 9:00AM at Hualapai Cultural Resources Department.
- Note: Daycare closure dates (page 28)

Every Native Vote Counts 2020!

Submitted by: Adeline Crozier | Hualapai Tribal Administration

Please note the voter registration deadlines for 2020. The Presidential Preference Election is scheduled for March 17, 2020 with the deadline to register to vote by February 18, 2020. As it states "Ballots are political party specific. Voters registered without a political party by the Voter Registration Deadline cannot participate in this election. The only candidates in this election are the Arizona qualified Presidential Primary candidates."

PLEASE IF YOU ARE 18 YEARS AND OLDER AND YOU ARE NOT REGISTERED TO VOTE, PLEASE COME TO THE TRIBAL OFFICE AND I WILL ASSIST YOU IN GETTING REGISTERED, OR IF YOU MOVED AND CHANGED YOUR ADDRESS.



VOTER REGISTRATION 101: DATES AND DEADLINES

Election Calendar 2019 to 2020

Be aware of upcoming elections and voter registration deadlines. Each deadline is calculated by counting backwards from Election Day. For example, the Voter Registration Deadline is E-29, meaning 29 days before Election Day.

Election Day	Election Type	Voter Registration Deadline (E-29)	Ballots Mailed (E-27)	Return Ballots By* (E-6)
March 12, 2019	Jurisdictional	February 11, 2019	February 13, 2019	March 6, 2019
May 21, 2019	Jurisdictional	April 22, 2019	April 24, 2019	May 15, 2019
August 27, 2019	Jurisdictional	July 29, 2019	July 31, 2019	August 21, 2019
November 5, 2019	Jurisdictional	October 7, 2019	October 9, 2019	October 30, 2019
March 10, 2020	Jurisdictional	February 10, 2020	February 12, 2020	March 4, 2020
March 17, 2020	Presidential Preference	February 18, 2020	February 19, 2020	March 11, 2020
May 19, 2020	Jurisdictional	April 20, 2020	April 22, 2020	May 13, 2020
August 4, 2020	Primary	July 6, 2020	July 8, 2020	July 29, 2020
November 3, 2020	General	October 5, 2020	October 7, 2020	October 28, 2020

*After this deadline MCRO recommends dropping your ballot off at a voting location rather than mailing it in.

**Moved per ARS 16-120 due to E-29 days being a holiday.

Election Types Key:

Jurisdictional—Refers to off-season elections where Jurisdictions like Cities, Towns, School Districts, and Special Districts may choose to hold their elections. Stay informed about whether or not your local district is having an election by visiting our website <u>Maricopa.Vote</u>.

Presidential Preference – Ballots are political party specific. Voters registered without a political party by the Voter Registration Deadline cannot participate in this election. The only candidates in this election are the Arizona qualified Presidential Primary candidates.

Primary- In August of even years partisan candidates run on this ballot to represent their party for the General Election. Ballots are party specific and voters without a political party must tell MCRO which ballot they would like to receive. See page 5 for more details.

General- In November of even years the winners of the Primary election, judges, nonpartisan candidates, and propositions appear on this ballot. Ballots are precinct specific, not party specific.

GCRC Issues Statement to "Disappointing" AZ Supreme Court Ruling

Submitted by: Phylicia Middleton | Grand Canyon Resort Corporation



GRAND CANYON RESORT CORPORATION ISSUES STATEMENT IN RE-SPONSE TO "DISAPPOINTING" AZ SUPREME COURT RULING

PEACH SPRINGS, AZ - The Grand Canyon Resort Corporation is disappointed that the Arizona Supreme Court determined that the record was insufficient to establish that it is an arm of the Hualapai Tribe.

Although GCRC disagrees with that determination, the Court's Opinion specifically invites GCRC to provide the trial court with additional evidence demonstrating its status as an arm of the Tribe. GCRC welcomes that opportunity and is confident it will be able to demonstrate, among other things, that it provides vital funding and services to the Tribe and is entitled to the same tribal sovereign immunity as is available to tribal enterprises across the United States. As many courts have made clear, Indian tribes have sovereign immunity. That sovereign right does not end when a 100-percent tribally owned and controlled entity does business with non-tribe members.

We want to thank the many tribes who filed supportive briefs in this case. Specifically, GCRC was supported by The National Congress of American Indians, the Inter Tribal Association of Arizona, Inc. and the Navajo Nation who supported GCRC's effort by filing a supporting amicus brief with the Court.

GCRC also wants to take this opportunity to reaffirm the safety record of all its tribal business entities, including Hualapai River Runners, which has been safely operating tours of the Colorado River for more than 40 years.

"While whitewater rafting the rapids of the Colorado River carries some element of danger – as such whitewater rafting would anywhere – our guides undergo many hours of training and they have years of experience on the River. Thousands of guests are guided down the Colorado every year without incident and we take great pride in operating all of our businesses with the utmost concern for guest safety."

k**

Grand Canyon Resort Corporation is owned by the Hualapai Tribe. GCRC oversees operations of Grand Canyon West, Grand Canyon Skywalk, Hualapai River Runners, and the Hualapai Lodge. For more information, visit the GCRC web site at http://www.grandcanyonresort.com/.

Freeport-McMoRan's Planned Mining Waste Site Includes Tribal Homelands
Submitted by: Charlotte Navanick | Ute Tribe Public Relations | Source: Phoenixnewtimes.com

Freeport-McMoRan's Planned Mining Waste Site Includes Tribal Homelands STEVEN HSIEH | FEBRUARY 5, 2020 | 6:00AM



The nearly 17,000 acres of Arizona State Trust land sold to the copper mining company Freeport-McMoRan this month holds historical significance for several tribes.

As first reported by *Phoenix New Times*, the Phoenix-based Free-port-McMoRan purchased the land on January 6 for about \$13.5 million. The company plans to use the property to store tailings, the toxic, sludgy byproduct of mining. Covering about 25 square miles of nearly untouched desert landscape, the company's purchase area overlaps with land that holds significance for 11 Native American tribes, according to a map maintained by the State Historic Preservation Office.

Among them: Chemeheuvi Indian Tribe, Colorado River Indian Tribes, Fort McDowell Yavapai Nation, Fort Mohave Indian Tribe, Hopi Tribe, Hualapai Tribe, Navajo Nation, Pueblo of Zuni, Salt River Pima-Maricopa County Indian Community, Yavapai Apache Nation, and Yavapai Prescott Indian Tribe State antiquity policies require public agencies to "consult with tribes on all actions or poli-

Page 4 GAMYU

cies that have the potential to affect tribal communities or its members." Hopi, Hualapai, and Yavapai-Prescott responded to letters from the state about Freeport-McMoRan's plans, according to Lisa Atkins, the commissioner of the State Land Department. Hualapai and Yavapai-Prescott conducted site visits, Atkins said. "This auction is publicized statewide and locally, and done in consultation with the State Historic Preservation Office related to indigenous archaeological sites," Atkins said in an email five days after *New Times* sent initial questions. "This sale includes a substantial cash bond to secure compliance on preservation of the archaeological sites."

According to a notice of auction for the property, researchers have identified 65 archaeological sites on the land, including 57 that are eligible for listing on the Arizona Register of Historic Places. Freeport-McMoRan has drafted a plan to mitigate damage to sites and has deposited \$500,000 with the State Land Department to ensure that it complies with state antiquities law. But some researchers say evaluations of archaeological sites, which typically focus on historical significance and the potential for excavation, do not typically factor spiritual or cultural significance tied to landscapes.

As Peter Bungart, an archaeologist for the Hualapai Tribe, wrote in a 2016 peer-reviewed article with lead researcher Dean Saugee, the historical significance of a site from a tribal perspective, "as embodied in stories and songs," does not always comport with the broader public imagination. "Archaeological sites may be acknowledged to be associated with or significant to extant tribes, but even when they are, in our experience land managers do not often give serious consideration to the possibility that tribes may value these sites for their information potential through other methods other than excavation," Saugee and Bungart wrote.

The property purchased by Freeport-McMoRan sits south of the Hualapai Tribe's current reservation around Peach Springs. But as with other aboriginal hunting and gathering societies, the Hualapai's ancestral homeland includes some of the land bought by the company. Bungart declined to comment for this story. Through a spokesperson, Hualapai Chairman Damon Clarke said he does "not have a comment at this time." None of the other 10 tribes contacted by *New Times* on Monday and Tuesday responded to a request for comment, either.

Freeport-McMoRan frequently engages in philanthropy related to Native American issues, including donations to business training programs, community activities, and scholarships. One native lawmaker publicly commented on the land purchase after *New Times* reported on the deal. "Tribal consultation done?" tweeted State Senator Jamescita Peshlakai, who is a member of the Navajo Nation. Peshlakai did not respond to request for comment. Freeport-McMoRan did not respond to request for comment.

Freeport-McMoRan's Planned Mining Waste Site Includes Tribal Homelands

Submitted by: Charlotte Navanick | Ute Tribe Public Relations | Source: Biologicaldiversity.org



CENTER for BIOLOGICAL DIVERSITY

Because life is good.

For Immediate Release, February 24, 2020

Contact:

Kevin Allis, National Congress of American Indians, NCAIPress@ncai.org

Amber Reimondo, Grand Canyon Trust, (928) 286-3361, areimondo@grandcanyontrust.org

Taylor McKinnon, Center for Biological Diversity, (801) 300-2414, tmckinnon@biologicaldiversity.org

Sandy Bahr, Sierra Club - Grand Canyon Chapter (602) 999-5790, sandy.bahr@sierraclub.org

Kevin Dahl, National Parks Conservation Association, (520) 603-6430, kdahl@npca.org

Vianey Olivarria, Chispa Arizona, volivarria@lcv.org

Kelly Burke, Wild Arizona, (928) 606-7870, kelly@wildarizona.org

Phil LaRue, Earthjustice, (202) 797-4317, plarue@earthjustice.org

Mike Quigley, The Wilderness Society, (520) 334-8741, mike_quigley@tws.org

Anne Hawke, Natural Resources Defense Council, ahawke@nrdc.org

Groups Urge Arizona Sen. McSally to Protect Grand Canyon From Uranium Mining

PHOENIX— The National Congress of American Indians and conservation groups today urged Sen. Martha McSally (R-Ariz.) to cosponsor the Grand Canyon Centennial Protection Act, which permanently bans new uranium mining across 1 million acres of public land around Grand Canyon National Park. McSally has not said whether she supports the bill, introduced in December by Sen. Kyrsten Sinema (D-Ariz.). In a letter to McSally, the groups

Issue #05 Page 5

said the region must be protected from new uranium mining because of the "risks that mining poses to the Grand Canyon and the people and economies that depend upon its health." In October a companion bill led by Reps. Raul Grijalva (D-Ariz.) and Tom O'Halleran (D-Ariz.) passed the House with bipartisan support. It followed an effort led by tribal leaders from the Havasupai Tribe with the support of the Hualapai Tribe, Hopi Tribe, Navajo Nation, National Congress of American Indians and Intertribal Council of Arizona. A broad coalition of business owners, local government leaders, Arizona Trail users, river runners, conservation groups and others who oppose uranium mining in the Grand Canyon region also endorsed the House bill.

Today's letter explains the threats from uranium mining to the Grand Canyon's waters and wildlife, natural landscape connections, tribal nations, communities and sacred sites. The letter also rebuts false claims from the mining industry and emphasizes that mining contamination risks thousands of jobs and the Grand Canyon's billion-dollar tourism economy.

Quotes From Groups' Representatives

"The National Congress of American Indians strongly opposes any actions that would potentially harm the vital water resources in and around the Grand Canyon," said NCAI CEO Kevin Allis. "Tribal nations have relied on the surface water and groundwater resources in the Upper Colorado River Basin for millennia, way before the United States granted the Grand Canyon federal protections as a National Park, and the protection of those vital resources is why our membership passed Resolution REN-19-001, 'Opposing Mining on Public Land and Around the Grand Canyon Without Tribal Nations' Free Prior and Informed Consent.' Tribal homelands were intended to provide a permanent homeland for present and future generations, and this necessarily includes protecting our natural and cultural heritage resources from the unnecessary contamination often associated with mining activities." "Arizona is 'the Grand Canyon State.' It's also the home of extensive, deadly uranium mining contamination that, after decades, continues to destroy the lives and health of Arizona residents, particularly on the Navajo Nation," said Amber Reimondo, energy program director for the Grand Canyon Trust. "Uranium contamination is forever and it's a gamble this state has no business making again, let alone in the Grand Canyon region. This should not be a difficult call for a senator from Arizona to make."

"This legislation is about the protection of one of the places Arizonans value most, the Grand Canyon," stated Laura Dent, executive director of Chispa Arizona. "If there is ever a time to stand up for Arizona and defend our air, water, and sacred lands, it is through supporting one of the wonders of the world from destructive uranium mining. It is a no-brainer that ARIZONA Senator McSally should protect and defend the Grand Canyon State's greatest treasure."

"The Grand Canyon Centennial Protection Act is key to preventing more toxic pollution and the harm it will cause to public, Navajo, Havasupai and Hopi lands. This legislation is urgently needed to protect the waters, wildlife, and people who live and work in the Grand Canyon region from further harm. It's time for Sen. McSally to act," said Sandy Bahr, chapter director for Sierra Club's Grand Canyon Chapter.

"Protecting the Grand Canyon from deadly uranium mining should be a priority for both of the Grand Canyon state's senators," said Taylor McKinnon, a public lands campaigner at the Center for Biological Diversity. "The Grand Canyon region is under new threats from the Trump administration despite the uranium industry's toxic legacy. This bill will ensure that the life-giving waters of the planet's most spectacular canyon are permanently protected from uranium mining's devastation."

"Uranium mining threatens the Grand Canyon's water supply, including that of the native Havasupai people," said Kevin Dahl, senior Arizona program manager for the National Parks Conservation Association. "Nearly identical legislation passed the House in a bipartisan vote that demonstrated overwhelming support, proving that Americans share a common goal in defending and preserving the Grand Canyon's fragile and limited water supply. The Senate now has the unique opportunity to create a lasting conservation legacy for this beloved national treasure, and we urge Senator McSally to permanently protect the Grand Canyon from uranium mining by passing the Grand Canyon Centennial Protection Act."

"Grand Canyon's awe-inspiring landscapes, its wild and human communities, its great wealth of tribal nations, and Arizona's outdoor recreation economy, need this protection now," admonishes Kelly Burke, executive director of Wild Arizona. In supporting this bill, Arizona Senator McSally has a powerful and forward-looking opportunity to forever secure the Canyon's magnificent rimlands and the iconic Arizona Trail against new uranium mining industrialization and the irreversible contamination of water sources."

"It should be easy for Sen. McSally to take a stand for an iconic American landmark," said Heidi McIntosh, managing attorney of the Earthjustice Rocky Mountain regional office. "Leaders in both parties across the country have

Page 6 GAMYU

already done so. We hope she will do the right thing and put the health of essential water sources and public lands before polluters' profits." "The Grand Canyon is a treasured landscape that Arizonans value and respect. Protecting the integrity of Grand Canyon and the health of neighboring communities from uranium mining has enormous support in Arizona and across the country," said Mike Quigley, Arizona state director for the Wilderness Society. "We look for Senator McSally to act on behalf of her constituents and cosponsor the Grand Canyon Centennial Protection Act."

"Some places are so sacred that they should be off limits to extraction for all time," said Sharon Buccino, senior director of the land division of the Nature Program at the Natural Resources Defense Council. "We can't afford to subject the Grand Canyon to dangerous uranium mining that puts local communities and waters at risk. Senator McSally can do the right thing on behalf of Arizonans — and all of us that value this treasured landscape — by signing on to this legislation."

Background

Mining in the Grand Canyon region is a threat to the people, land, water and wildlife that make this place so extraordinary. Uranium mining has left a legacy of toxic pollution and chronic health problems on the Navajo Nation. The Orphan Mine in Grand Canyon National Park has already cost taxpayers more than \$15 million to clean up. There is no economic or national security benefit that outweighs the risk uranium mining poses to the Grand Canyon and the people and economies that depend on the region and the water resources it supplies.

In 2012 the Department of Interior temporarily withdrew more than 1 million acres of public lands around Grand Canyon National Park from new mining claims under the 1872 Mining Law. This banned new mining claims and the development of all but a handful of pre-existing mines for 20 years, the maximum period allowed administratively. That ban has been unsuccessfully challenged by mining interests. In 2017 President Donald Trump issued an executive order that resulted in the U.S. Forest Service identifying the Grand Canyon mining ban as an action for review to enhance domestic energy development.

The Center for Biological Diversity is a national, nonprofit conservation organization with more than 1.7 million members and online activists dedicated to the protection of endangered species and wild places.

Founded in 1944, the National Congress of American Indians is the oldest, largest and most representative American Indian and Alaska Native organization in the country. NCAI advocates on behalf of tribal governments and communities, promoting strong tribal-federal government-to-government policies, and promoting a better understanding among the general public regarding American Indian and Alaska Native governments, people and rights.

The Grand Canyon Trust is a non-profit, regional conservation organization with a mission to safeguard the wonders of the Grand Canyon and the Colorado Plateau, while supporting the rights of its Native peoples.

The Sierra Club is America's largest and most influential grassroots environmental organization, with more than 3.8 million members and supporters. In addition to protecting every person's right to get outdoors and access the healing power of nature, the Sierra Club works to promote clean energy, safeguard the health of our communities, protect wildlife, and preserve our remaining wild places through grassroots activism, public education, lobbying, and legal action.

Wild Arizona is a statewide conservation organization working to protect, link together, and restore wild lands and waters across Arizona and beyond. We pursue this mission for the enrichment and health of all generations, and to ensure Arizona's native plants and animals a lasting home in wild nature.

Earthjustice, the nation's premier nonprofit environmental law organization, wields the power of law and the strength of partnership to protect people's health, to preserve magnificent places and wildlife, to advance clean energy, and to combat climate change. Because the earth needs a good lawyer.

The Wilderness Society is the leading conservation organization working to protect wilderness and inspire Americans to care for our wild places. Founded in 1935, and now with more than one million members and supporters, The Wilderness Society has led the effort to permanently protect 109 million acres of wilderness and to ensure sound management of our shared national lands.

The Natural Resources Defense Council (NRDC) is an international nonprofit environmental organization with more than 3 million members and online activists. Since 1970, our lawyers, scientists, and other environmental specialists have worked to protect the world's natural resources, public health, and the environment.

2019 Native American Business Development Institute Grants Awarded

Submitted by: Charlotte Navanick | Ute Tribe Public Relations | Source: Newsmaven.io/IndianCountryToday

2019 Native American Business Development Institute Grants Totaling \$727,229 Awarded to 21 American Indian and Alaska Native Tribes

Awards will enable tribal leaders to better evaluate and identify viable economic opportunities for their communities

News Release

Office of the Assistant Secretary - Indian Affairs

Assistant Secretary — Indian Affairs Tara Sweeney is proud to announce that the Office of Indian Energy and Economic Development (IEED) awarded business development grants totaling \$727,229 to 21 federally recognized American Indian and Alaska Native tribes. Over half of the awards are for proposed or existing projects located in Opportunity Zones. The awards from the Office of Indian Energy and Economic Development's Native American Business Development Institute (NABDI) Feasibility Study Program will enable tribal leaders to better evaluate and identify viable economic opportunities for their communities.

"Native American Business Development Institute grants are a cost-effective means that tribal governments can utilize to investigate whether or not potential economic activities are viable for them and their communities," Assistant Secretary – Indian Affairs Tara Sweeney said. "They must consider all ways, including Opportunity Zones, that will help them build sustainable tribal economies that generate revenue, meet community needs and create jobs. The 2019 Native American Business Development Institute awardees are a reflection of how seriously tribal leaders view their goals for creating economic self-determination. These grants are just one of the ways we assist them in achieving their goals."

Native American Business Development Institute awards fund feasibility studies that weigh the viability and risks of an economic development project, opportunity, enterprise, or business or the practicality of a technology a tribe may choose to pursue. The studies may be used to determine the likelihood of success for businesses in specific American Indian and Alaska Native communities.

When performed by a reputable third party, an economic development feasibility study also can be used to help persuade lenders and investors to provide financial backing. A study that concludes a project is worthwhile and financially sustainable can often fulfill many of the lender's or investor's due diligence requirements by answering questions about a project's chances of success, resulting in a more rapid loan approval or better loan terms. Feasibility studies can also be used to examine the credibility of a project promoter and claims made regarding a specific project. Grants are awarded on the basis of a proposal's potential to create jobs for tribal members and stimulate economies in Native American communities.

The grant recipients and award amounts are:

- Assiniboine and Sioux Tribes of the Fort Peck Indian Reservation, Montana: \$29,500 for a feasibility study on developing and operating a hotel and conference center on a 69-acre parcel of property located adjacent to the Poplar Airport and U.S. Highway 2, an east-west route across the reservation.
- Chippewa Cree Indians of the Rocky Boy's Reservation, Montana: \$30,000 for a feasibility study on building and operating an on-reservation, combined fuel station, convenience store and oil change facility.
- Confederated Tribes of the Chehalis Reservation, Washington: \$35,000 for a feasibility study to determine the best use for its Bigler parcel and to examine what types of tenants could further the Tribes' goals for its light industrial/warehouse/distribution center project.
- Confederated Tribes of the Goshute Reservation, Nevada and Utah: \$36,000 to examine a 16-acre proposed commercial site on the Tribes' reservation land parcel in Nevada for tourism, including a recreational vehicle (RV) park.
- **Delaware Nation**, Oklahoma: \$20,000 for a feasibility study to quantify and describe the public sector market opportunity, identify target customers and go-to-market sales and marketing strategies, contracting details, and assess labor and other operational aspects of opening a proposed second Channel Blend call center in the state.
- Elk Valley Rancheria, California: \$30,000 to study the development of a destination resort comprised of a hotel, conference center, casino and parking facility on its 203.5-acre land parcel situated along U.S. Highway 101 that is more accessible to customers than its currently located gaming business.
- Elko Band (Te-Moak Tribe of Western Shoshone Indians of Nevada): \$39,700 for a feasibility study to determine the financial viability of constructing a tribally owned-and-operated 20-bed, for-profit hospital and elective surgery center on a 10-acre commercial site within the Elko Band Colony.
- Fond du Lac Band (Minnesota Chippewa Tribe): \$33,400 to investigate the feasibility of starting a commercial wood boiler manufacturing business on the Band's reservation in Carton County, Minn.

Page 8 GAMYU

• Gila River Indian Community, Arizona: \$35,000 to take advantage of investments in digital communications access, training and small business support.

- **Hoopa Valley Tribe,** California: \$39,750 for a feasibility study to determine the size, scope and viability of a travel center to be located on the Tribe's reservation.
- **Hualapai Indian Tribe,** Arizona: \$40,000 to study utilizing the Tribe's location on Route 66, its close proximity to and having the only road access to the bottom of the Grand Canyon, for a major tourist attraction that includes an RV park.
- Kashia Band of Pomo Indians of the Stewarts Point Rancheria, Nevada: \$34,807 for a feasibility study to determine the viability of a for-profit abalone farm and serve as a third-party due diligence document for raising capital for the project.
- Leech Lake Band (Minnesota Chippewa Tribe): \$35,000 for retaining outside consultants to assist the Band with determining the feasibility of developing on-reservation affordable housing and with structuring tax- and business-related incentives to secure outside investment to support these efforts, and doing this on a scale that meets the demand for on-reservation housing for the next 20 years.
- Lower Brule Sioux Tribe, South Dakota: \$38,000 for a feasibility study to explore the costs and benefits of having the Tribe's business and economic development arm pursue expansion and evolution of its existing propane program into the more formal and official Lower Brule Propane Company.
- Nulato Village, Alaska: \$40,000 for a feasibility study to identify which parts of a house, if made of wood, can be standardized using locally sourced lumber and standardized procedures.
- Organized Village of Kake, Alaska: \$34,300 for a feasibility study for a mariculture business developing seaweed in the waters around the village that will be part of a sustainable, diversified local economy providing permanent jobs with living wages.
- Passamaquoddy Tribe Pleasant Point, Maine: \$35,000 for a proposed on-reservation project that would re-direct
 and re-invest monies the Tribe spends off-reservation on fuels for its tribal government-owned land and water transportation and road maintenance fleets.
- Saginaw Chippewa Indian Tribe, Michigan: \$30,938 for a comprehensive market analysis on the development of a proposed on-reservation Permanent Supportive Housing (PSH) complex for tribal members and their families, whose members are in recovery from substance use disorders (SUDs).
- Saint Regis Mohawk Tribe, New York: \$40,000 for a feasibility study, and for business and capitalization planning, to assist the Tribe with its plans to renovate and re-purpose a historic 92-year old former hydroelectric power dam building as an art park/art gallery.
- Sitka Tribe of Alaska: \$35,834 for a feasibility study to determine if a proposed project to create value-added products and ensure a safe, educational tannery experience for tourists visiting Sitka is a good economic opportunity for the Tribe.
- South Fork Band (Te-Moak Tribe of Western Shoshone Indians of Nevada): \$35,000 for a financial feasibility
 study on its RV park project to provide assurances that the master site development's third phase has a reasonable
 chance of financial success, and help ensure the enterprise's options are economically sustainable over an extended
 period of time without long-term external subsidies and reconfiguration or delays in the construction and opening of
 the development.

The Assistant Secretary — Indian Affairs oversees the Office of Indian Energy and Economic Development, which implements the Indian Energy Resource Development Program under Title V of the Energy Policy Act of 2005. The Office of Indian Energy and Economic Development's mission is to foster stronger American Indian and Alaska Native (AI/AN) communities by helping federally recognized tribes develop their renewable and nonrenewable energy and mineral resources; increasing access to capital for tribal and individual American Indian- and Alaska Native-owned businesses; assisting tribes in building the legal infrastructure necessary for their economic progress; and enabling tribally and individual American Indian and Alaska Native-owned businesses to take advantage of government and private sector procurement opportunities.

Visit the Indian Affairs website at https://www.indianaffairs.gov/as-ia/ieed for more information about Office of Indian Energy and Economic Development programs and services.



A New Decade of Connecting Indigenous Communities

Submitted by: April Tinhorn | Tinhorn Consulting



A New Decade of Connecting Indigenous Communities

TINHORN Ignites 2020 with a Rebrand!



Imaginative in spirit and inspiring in thought, **TINHORN** is an enterprising Native-owned company, focused on promoting the livelihood of Indian Country through connecting, marketing and training.

With a decade of tribal relations experience, TINHORN offers clients a heart and soul approach to elevate your brand. We ignite cultural connections; devise value-driven, culturally relevant marketing; and, customize fun, engaging training. By working with TINHORN, your story, voice and brand matter.

Book a "Mini Consultation"

RES is for Connecting

The Reservation Economic Summit (RES) 2020 in Las Vegas, NV, is THE place to connect at if you are working with Indian Country. We will be connecting and training as the moderator with the Women in Technology Panelists: Kim Homolka, Vice President, Government Services Sector, Koniag Corporation, Kara Thornton, Director of Technology, Thornton Media Mobile Apps, and Shannon Hulbert, CEO, Opus Interactive.

If you are there, come say hi in real life!





Lana Keller-Robinett Honored at Women Making History Ceremony

Submitted by: Kevin Davidson | Hualapai Planning Department

Lana Keller-Robinett honored at Women Making History Ceremony



On Sunday March 1, 2020, Lana Keller-Robinett, was recognized by her peers and Congressional Representative Paul Gosar for her Pioneering efforts in Kingman. A Kingman native and the first Hualapai Tribal member to serve in the Kingman City administration, Ms. Keller-Robinett worked for the City from 1982-1998, rising from a clerk/typist position to serve as the administrative secretary for the director of Planning and Zoning. She was recording secretary for multiple city boards, and the Kingman delegate to the Arizona Town Hall. Ms. Keller-Robinett is currently employed by Grand Canyon Resort Corporation and has recently been appointed to the Hualapai Tribal Utility Authority. Keller-Robinett has dedicated 37 years to public service.

Lana Keller-Robinett holding her Pioneering Award at the Mohave Museum of History and Arts, flanked by fellow award recipient City of Kingman Councilwoman Jaime Scott Stehly (Public Service) and Charmayne Keith (Philanthropy) of RE/MAX Realty.

Hualapai Health Education & Wellness • Introduction

Submitted by: Jessica Powskey | Hualapai Health, Education & Wellness Department

Hualapai Health Education and Wellness Gam'yu!



I just wanted to introduce myself. My name is Dave Dawley and I am new to Hualapai Health — Education and Wellness. I coordinate the Hualapai Substance Abuse Tribal Action Plan and the Tribal Opioid Response grant. I have spent the last 11 years working for the University of Arizona in Tucson and am very happy to be now working for the Hualapai Nation. I have visited Peach Springs many times in the past and now I am joining my wife, Martina Dawley, my brother and sisters-in-law, and all the new family I meet every day.

I look very forward to getting to know the community and will be reaching out to other departments and community members to meet with you and discuss next steps and how we can collaborate to lower substance abuse on the Hualapai Nation.

Thank you and if you would like to contact me to offer suggestions, collaborate, or just to chat, you can reach me at (928) 769-2207 extension 209 or at ddawley@hualapai-nsn.gov.

Equine Vaccine Clinic and Education • Saturday, March 7th
Submitted by: Elisabeth Alden | U of A Tribal Extension Programs—Hualapai

EQUINE VACCINE CLINIC AND EDUCATION

WHEN: SAT. MARCH 7[™] 9AM — 3PM FREE educational lunch 11:30am

WHERE: PEACH SPRINGS AG BUILDING 400 WEST ROUTE 66

CALL HDNR 928-769-2254 TO RESERVE A SPOT

CASH AND CHECK ONLY PLEASE, NO CARD

Included with your vaccines, your horse will receive a FREE physical exam covering:

-Body condition Score, heart and lung sounds, general hoof health, brief oral exam



VETERINARY PHYSICAL EXAM INCLUDED

WNV + EWT +RABIES \$32 each

> WNV + EWT \$29 each

EWT + FLU/RHINO \$29 each

INTRANASAL F \$20 each

COGGINS TEST \$75 each

DEWORMER \$8- Pyrantel \$15- Equimax Gold

Songs of the Colorado • March 14th - 15th

Submitted by: Charlotte Navanick | Ute Tribe Public Relations

Hualapai Cultural Desource Department **Presents**

HUALAPAI LANGUAGE GATHERING

When: March 05th, 10th, 12th, 19th, 24th, 26th, 31st 2020

Where: Hualapai Cultural Resource Large Conference Room

Time: 4:00pm - 6:00pm

HWALBAY'L GWA:WJAYU

We want to make learning fun, speakers and learners.

HANKYU NYI HAM BA NYU U:HI YU

FOR MORE INFORMATION, YOU MAY CALL HDCR @ (928) 769-2234

BINGO • Tuesday, March 10th

Submitted by: Danielle Bravo | Planning Dept.



What's on the Menu? • Indian tacos • Frybread with beans, ground beef & cheese Frybread with beans and cheese • Plain frybread • 6-pack of soft tacos • Pickles • Soda • Water • Plus other goodies.

For every \$15 spent on food purchases You will be entered to win a \$25 Wal-Mart gift card

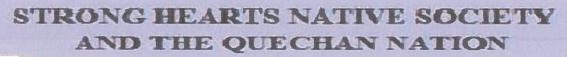
Public Safety Day • Friday, March 13th

Submitted by: Danielle Bravo | Hualapai Planning Department



40th Annual Pow Wow • March 13th - 15th

Submitted by: Charlotte Navanick | Ute Tribe Public Relations



INVITE YOU TO ATTEND THE

San Pasqual Valley Unified School District

Friday Gathering-March 13th, 2020

URDAY & SUNDAY MARCH 14th & 15th, 2020

Special Dance Performances

FRIDAY:

Songs of the Colorado

Gathering 3:30pm

SATURDAY:

1st Grand Entry 1:00pm

2nd Grand Entry 7:00pm

SUNDAY:

Grand Entry at Noon

Admission

\$7 Adults \$4 Jrs (Ages 11-17)

Children 10 & under FREE

\$10 Weekend Pass

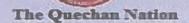
Native Arts @ Grafts.

Jewelry, Paintings, Weaving, Musical Performances, Kachinas, Fry Bread, Native Artists, Basketry & Ceramics

San Pasqual Valley High School Football Field 676 Baseline Rd Winterhaven, CA 92283 INFO: Lucia Polk (760) 572-0222 Ext. 2109 Inciapolk@spvusd.org

Arts & Crafts INFO: Lucinda Duwvenie (929) 366-9889

Co-Sponsored By



Hualapai Heritage Awareness Month • March

Submitted by: Marcie Craynon | Hualapai Department of Cultural Resources

Hualapai Department of Cultural Resources

Hwalbay Mad Gaviso:ja Caretakers of the Hualapai Land

HUALAPAI HERITAGE AWARENESS MONTH MARCH 2020

Throughout the Month of March, Hualapai Cultural Center will be providing "Spring-Breakers" an opportunity to have hands on with classes, fieldtrips, Hualapai traditional games, and community socials that will promote Hualapai cultural heritage.

Monday, Wednesday, and Friday on the following dates: March 9, 11, 13, 16, 18, 20, 23, 25, and 27 9:00 AM—2:00 PM Community Socials - March 11, 18, and 25 6:00 PM

RSVP and Sign Consent Forms at the Cultural Center before you participate.

All ages welcome!!!!
(8 and under must have a parent or guardian present)

Lunch will be served

Contact person:
Martina Dawley
(928) 769-2234 X502
mdawley@hualapai-nsn.gov

Hualapai Department of Cultural Resources PO Box 310

Peach Springs, Arizona 86434 (928) 769-2234

Mega Throw Xvi • March 20th - 21st

Submitted by: Charlotte Navanick | Ute Tribe Public Relations



Colorado River Indian Tribes Presents

"MEGA THROW XVI"

Traditional Bird Singing & Dancing

'Amat Kahvah Kijed'em Ahot kah'

Touching/dancing on the earth's (ground) goodness.

MARCH 20 & 21, 2020

HA KHAAV TRIBAL PRESERVE

Colorado River Indian Reservation ~ Parker, AZ

March 20 - Friday 4pm Welcome, Homegoming Ase'Smaay

6pm 7-17 Boys and Young Men Singing Contest. Please register.

March 21 - Saturday 7:30am Mega Run - Special Diabetes Project (SDP)

1pm Horse Shoe Tournament \$25 Buy-In

3:15 pm Dance Contests Begin!

7:00 pm Social Dancing

Ase S'maay Close



Vending & Contact Info:

FOOD: \$75 to event, Business License Required, contact Revenue & Finance (928) 575-1532 or taxinfo@crit-nsn.gov + Food Handlers Cards + On-site DHSS Health Inspection. ARTS/CRAFTS: \$40 valued item + Business License. All spaces designated & LIMITED. Pre-approval prior to set-up! Contact: Valerie 928-669-8970 or Joanna 669-1219

BlueWater Resort & Casino 1-888-243-3360 Kofa tnn 928-669-1220 Info: Valerie valeriewt@crit-nsn.gov or office 928-669-8970 Joanna joanna.laffoon@crit-nsn.gov or 669-1219

ALCOHOL AND USE OF DRUGS STRICTLY PROHIBITED & ENFORCED!



Issue #05

Page 15

Family Group Connection: Watch Me Bloom Event • Wednesday, March 25th
Submitted by: Carmella Fuentes | Hualapai Health, Education & Wellness Department

Hualapai Early Childhood Home Visitation Presents



WEDNESDAY, MARCH 25TH @ 5:30 PM H.E.W. LG. CONF. ROOM

Join us for an evening of where we will be using books to explore emotions and look at ways of how to communicate those emotions while guiding our children to do the same. A light meal will be provided and every family in attendance receives a book!

For families with children ages 0 to 5

Further info? Give one of our Home Visitation Team Mambers a call @ 769-2207.

Hope to see you there!

Grand Canyon Resort Corporation • Basket Auction: Winner Announced Friday, March 27th
Submitted by: Nicholas Cabrera | Grand Canyon Resort Corporation

BASKET AUCTION

The Grand Canyon Resort Corporation is auctioning a Apache Vase Basket.

Basket Bid #1901



Auction Opens: February 21, 2020 Auction Closes: March 26, 2020 Announcement: March 27, 2020

REQUIREMENTS:

- A minimum bid of \$100
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on March 26, 2020

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Basket Bid #1901
- Full Name
- Contact Number
- Amount of bid, no less than \$100

Apache Vase Basket

- Height—21 inches
- Width—18 inches
- Basket only
- Does not include rug, stand or items below

BIDS MAY BE MAILED TO:

Grand Canyon Resort Corporation Attn: Procurement Department PO Box 359 Peach Springs, AZ 86434 The Grand Canyon Resort Corporation is auctioning a Apache Burden Basket.

Basket Bid #1902



Auction Opens: February 21, 2020 Auction Closes: March 26, 2020 Announcement: March 27, 2020

REQUIREMENTS:

- A minimum bid of \$100
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on March 26, 2020

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Basket Bid #1902
- Full Name
- Contact Number
- · Amount of bid, no less than \$100

Apache Burden Basket

- Height—16 inches
- Circumference—22 inches
- Basket only
- Does not include rug, stand or items below

OR HAND DELIVERED TO:

Administrative Office Procurement Department in Peach Springs.
Bids must be in a sealed envelope.

All interested bidders are welcome to inspect the basket. For more information, you may contact the Procurement Department at (928) 769-2419

GCRC Employees are not eligible to bid at this time.

Learn About 2020 Census • Wednesday, April 1st Submitted by: Kevin Davidson | Hualapai Planning Department

GAM YUJE HWAL BAY BA:J!

Hear from Tribal Leaders and Representatives from the US Census Bureau about the 2020 Census

LEARN WHY YOU SHOULD BE COUNTED

April 01, 2020 @ 5:00 PM

ROUTE 66 PARK IN DOWNTOWN PEACH SPRINGS

BBQ DINNER
PRIZES
SWAG







Courtesy of the Hualapai Complete Count Committee

50/50 Raffle • Winner Drawn on Friday, March 20th Submitted by: Danielle Bravo | Hualapai Planning Department

Parent Transition Committee



The more tickets sold,

The more the jackpot grows

Find a Transition Parent Member... there's at least 33 available!

President, Vanessa Siyuja (928) 890-7832
Vice-President: Christina James (206) 841-6919
Members: Matthew Dini (928) 714-6071, Brittany Davis (928) 769-6130 or
Tinisha Pickayviett (928) 769-6273 ... to name a few.

Raffle began February 18th

Winner will be drawn: Friday, March 20th at Noon

1 TICKET = \$1 3 TICKETS = \$3 6 TICKETS = \$5

How it works:

- 1. Buy your raffle tickets.
- At the end of the fundraiser, a ticket is pulled.
- That person wins 50% of the money collected. The other 50% goes directly to the Transition Committee to support the kids towards their ceremony expenses.

Easter Bazaar • Friday, April 10th
Submitted by: Monique Alvirez



5th Annual Superhero 5K Run/Walk & Kids Dash • Saturday, April 18th

Submitted by: Addie Crozier | Hualapai Tribal Administration



All Registrants Eligible for Prizes

Must Be Present to Win

- o Top Male & Female Overall
- o Top Master Male & Female (40+)
- o Top 3 in Each Age Division
- o Best Superhero/Villain Costume

For Additional Information Contact:

Kimberly Chappelear · Email: kchappelear@courts.az.gov

OR Chris Brady · Tel: 937-304-9357

Email: cbrady535@yahoo.com



Proceeds to benefit: CASA Council of Mohave County

*CASA Council funds unexpected & unfunded needs of foster children in Mohave County

5th Annual Superhero 5K Run/Walk & Kids Dash

Saturday · April 18, 2020 · 8:00 AM · KRMC Hualapai Mntn Campus Be a hero for a foster child

Race Day Highlights:

- Start & Finish @ KRMC Hualapai Mntn Campus, 3801 Santa Rosa Dr. Kingman, AZ
- Kids Dash start @ 8 AM & 5K start @ 8:15 AM
- Awards Ceremony
- Post-Race Refreshments

Race Fee: (in person registration Cash/Check only)

\$25 up to March 31, 2020

\$30 April 1 – April 17 \$35 Race Day

\$10 Kids Dash

Early Packet Pickup: April 17th, 5-7PM at the KRMC

Hualapai Mntn Campus Lobby

Race Day Registration: 6:30AM - 7:30 AM

Make Checks Payable to: CASA Council of Mohave

County

Atia and Ahmad S. Khan





PLEASE PRINT	OFFICIAL ENTRY FORM

Mail or drop off at Infant & Toddler Mental Health/CASA office located @ 127 E. Beale St. Kingman

OR Register onl	line at: <u>www.active.c</u>	<u>om</u>		_	
NAME:		· · · · · · · · · · · · · · · · · · ·	AGE DIVISION	IS (Circle one o	nly)
ADDRESS:			14 & under	15-19 Yrs	20-29 yrs
			30-39 Yrs	40-49 Yrs	50-59 Yrs
			60 & Over	Kids Dash	
DOB:	AGE:	SEX: M F			
PHONE:		EMAIL:			

T-SHIRT SIZE (circle one) YM S M L XL XXL or NO SHIRT

In Consideration of my acceptance of this entry, I hereby release CASA Council., KRMC Foundation, and The City of Kingman, KRMC Hualapai Mountain Campus and its affiliates, agents, officers, employees, and volunteers, any coordination groups, sponsors, and any individual associated with this event, and will hold them harmless for any and all injuries suffered in connection with said event. I further hold none of the above responsible for the loss of person items nor any other form of aggravation associated with said event. I have been warned that I must be in good health to participate and I acknowledge that I am an amateur in such events. I also give my permission for the free use of my name and picture for use in any broadcast, telecast, brochure, or media coverage of this event. In filling out this form, I acknowledge that I have read and fully understand my own liability and do accept the restrictions.

Signed:	Dated:	
Parent signature if participant is under 18 years of age:		Dated:

Public Annoent • Newly Crowned Miss Hualapai 2014-2015

Submitted by: Ava Whatoname | Hualapai Pageant Committee





Registration from 7:00AM - 9:00AM

Participants are able to pick up trash bags, gloves, water & a raffle ticket at the Route 66 Park and can begin clean-up in the designated areas.

Bottled water will be available at sign in, with vehicles circling the routes to keep you hydrated. You <u>must</u> sign in to receive your raffle ticket for your participation.

Water Bottles for Participants

Participants will receive a custom water bottle for their participation on a "first come, first serve" basis at the sign-in location while supplies last?

Lunch

12:00 Noon at the Tribal Gym

Lunch menu: Hamburgers, Hot Dogs, Potato Salad, Macaroni Salad and Chips. (Plates & utensils will be provided)



Raffle

Raffle will take place throughout lunch. You must be present to win! *Good luck.*





If you have any questions, please contact Michelle Zephier Hualapai Planning Dept. at (928) 769-1310

Annual Earth Day Celebration

30th Annual Snow Mountain Pow Wow • May 23rd - 24th

Submitted by: Charlotte Navanick | Ute Tribe Public Relations



30TH ANNUAL SNOW MOUNTAIN POW WOW

MEMORIAL DAY WEEKEND MAY 23, 2020 - MAY 24, 2020 LAS VEGAS, N

ALL SINGERS & DANCERS WELCOME!

VENDOR APPLICATIONS AND HEAD STAFF INFO COMING SOON BIRD SINGING AND DANCING WILL BE HELD ON SATURDAY MAY 23, 2020 **VETERAN'S DANCE SPECIAL SPONSORED BY LVPT HHS** TEAM DANCE CONTEST SPONSORED BY NUWU CANNABIS MARKETPLACE



More information to follow. LVPAIUTETRIBE.COM/POW-WOW

CONTACT US: 702-910-2593 / POWWOW@LVPAIUTE.COM FACEBOOK.COM/SNOWMTPOWWOW

Peach Springs Community Calendar • 2020

Submitted by: Amy Siyuja | Hualapai Health, Education & Wellness Department

2020 Peach Springs Community Calendar

January 4
Reservation Establishment Day
Hualapai Indian Reservation Established 1883

April 20-21 **LaPaz Run – Two Day Run** Youth Services 928-769-2207 Annually April 21

April 24 **Earth Day**Planning Department 769-1310

May 4-6
Route 66 Days
Hualapai Lodge 769-2230
Annually First weekend in May
Organized by 66 Committee

June 5-7
Sobriety Festival
HEW 769-2207
Annually sobriety camp out @ youth camp

Boys & Girls Club Anniversary
BGC 769-1801
Annual celebration, first Friday in June
Officially June 6

June 11

Hualapai Housing Fair & 5K/10K Run/Walk

Housing Department 769-2274

Annually second Friday in June

June 22-25

Pai Language Immersion Camp
Cultural Resources 769-2234
Annually second week in June

June 17-18 **Hualapai Summer Youth Conference**Youth Services/Youth Council
928-769-2207

Annually third week in June

To be determined at later date

Yuman Language Family Summit

Cultural Resources 769-2234

Annually last week in June

To be determined at later date Independence Day Community Activities Tribal Administration To be determined at later date Family Fun Day Cultural Resources 928-769-2223 Annually third week in July

July 31

Miss Hualapai Pageant

Annually the Last Saturday in July
Ginger Kathadhe

September 4 **Tribal Employee Picnic**Annually the Friday before Labor Day Addie Crozier 769-2207

September 10
National suicide awareness day
Community Memorial walk
M.S.P.I. 769-2207
Annual September 10

September 21-24 **Hualapai Day Activities**Youth Services 769-2207

Annually fourth week in September

October 19-23

Red Ribbon Week

HEW Behavioral Health 769-2207

Annually last week in October

November 19 **Early Childhood Health Day Conference**Hualapai Day Care 769-1515
Annually the Thursday before Thanksgiving

Observed Tribal Employee Holiday's New Years Day January 1 Martin Luther King, Jr., Day January 20 Presidents Day February 17 Memorial Day May 25 Independence Day July 3 Labor Day September 7 Native American Day September 25 Veteran's Day November 11 Thanksgiving Day November 26-27 Christmas December 25

EMPLOYMENT OPPORTUNITIES

Grand Canyon Resort Corporation • Summer Youth Program - Accepting Applications: May 1st Submitted by: Heather Nieto | Grand Canyon Resort Corporation

Grand Canyon Resort Corporation

25 SUMMER Zouth Program

This is notice for all requirements to apply and be considered for the 2020 GCRC Summer Youth Employment Program!

Accepting Applications

MAY 15T

GRAND CANYON

PROGRAM GUIDELINES

- Must be an enrolled student
- Provide Transcripts of the current school year
- Must submit a GCRC Summer Youth Application (Submit either to the GCRC Human Resources Office or online) Applications will be available starting May 1st.
- Ages 14 and 15 years of age are eligible to work in Peach Springs ONLY
- Ages 16 and 17 years of age are eligible to work out at GCW
- Must be an enrolled Hualapai Tribal member
- Must pass a Drug Screen
- Parent/Legal Guardian MUST be present during New Hire Processing
- Youth will be placed into departments, not all departments will be available, and schedules will be determined
- Pay rate will be based on years in the Summer Youth Program

ANY QUESTIONS OR CONCERNS PLEASE CONTACT:

Heather Nieto | Training & Development Manager | (928) 769-2419 ext. 5283 or (928) 769-6575

Hualapai Tribe • Current Job Postings

Submitted by: Coleen Mahone | Hualapai Planning Department



2020 Current Job posting for the Hualapai Tribe

OPEN COMPETITIVE

	Job Title	Pay Rate	Opening Date	Closing Date		
Adult Detention	Correctional Officer	\$16.00 - \$18.00/Hr.	February 26, 2020	March 10, 2020		
Emergency Services	Firefighter/EMT-Basic	D.O.Q.	March 19, 2019	Open Until Filled		
	Firefighter/Paramedic	D.O.Q.	March 19, 2019	Open Until Filled		
	Communication Technician	D.O.E.	February 26, 2020	March 10, 2020		
Finance Department	Finance Assistant Director	D.O.Q.	January 22, 2020	Open Until Filled		
Health Department	Media Specialist (Part-time)	\$ 12.50 per hour	May 10, 2019	Open Until Filled		
	Resident Advocate	\$10-\$15/Hr.; D.O.E.	January 22, 2019	Open Until Filled		
	CHR - Injury Prevention Coordinator	D.O.E.	February 05, 2020	Open Until Filled		
Head Start	Program Aide (1)	D.O.Q.	February 12, 2020	Open Until Filled		
Juvenile Detention	Correctional Officer I, II and III	\$16.00 - \$18.00/Hr.	July 22, 2019	Open Until Filled		
Planning	Chief Building Official	D.O.Q.	October 16, 2019	Open Until Filled		
Police Department	Police Officer (Certified)	\$39,520/Yr. to \$47,840/Yr.	December 06, 2018	Open Until Filled		
	Police Corporal	D.O.E.	February 12, 2020	Open Until Filled		
	Police Sergeant	\$55,000 - \$65,534/Yr.	Februray 12, 2020	Open Until Filled		
Public Defender's	Advocate	D.O.E.	November 20, 2019	Open Until Filled		
Public Services/Roads	Road Maintenance I	\$12.50 Hr.	March 04, 2020	March 17, 2020		
	INTERNAL ONLY (For Current Tribal Employees Only)					

Housing Department	Receptionist	\$12.00 Hr.	March 04, 2020	March 06, 2020
Public Services/Roads	Roads Maintenance Supervisor	D.O.E.	March 04, 2020	March 06, 2020

For Employment with the Huelapai Tribe, please fill out an Employment Application and return to the Human Resources office.
FOR A COMPLETE JOB ANNOUNCEMENT PLEASE PICK UP AT THE TRIBAL ADMINISTRATION OFFICE OR VISIT OUR WEBSITE AT HUALAPAI-NSN.GOV

*** Please see Job Announcement(s) for more detail, you <u>must meet all minimum qualifications</u> as required on the job announcement in order for HR to send your application to the department for further review.

- Please make sure to put the Experience, Training and Education with your application.

(Attach a resume or your work experience)

To work for the Hualapai Tribe, you minimally need to have the following:

- * A High School Diploma or GED
- * A Valid Driver's License and able to qualify for Tribe's Insurance
- * Must submit to and pass a pre-employment drug/alcohol screening
- * AZ Clearance Card

*** Please submit a copy of your HS and/or GED certificate
Transcripts will be accepted as well.

Preference - All applicants are considered without regard to oge, sex, roce, national origin, religion, marital status, or physical disability

may be extended to persons of Indian descent in accordance with Public Law 88-355, Section 703 (702-71) and public law 93-638, Section 78

THE HUALAPAI TRIBE IS AN EQUAL OPPORTUNITY EMPLOYER/PROGRAM

Auxiliary aids and services available upon request to individuals with disabilities

Contact Us: Human Resources POB 179 / 941 Hualapai Way Peach Springs, Az. 86434-0179 Phone number: 928-769-2216 Fax number: 928-769-1191 Toll Free number: 1-888-769-2221

Become a Census Worker • 2020 Census

Submitted by: Kevin Davidson | Hualapai Planning Department

Become a Census Worker

for the 2020 Census



The 2020 Census will count all the people living in the United States of America. We need your help!



2020census.gov/jobs

Positions including:

- clerks
- recruiting assistants
- office operations supervisors
- census field supervisors
- census takers

The positions will be located nationwide and offer flexible work hours, including daytime, evenings and weekends.

A partial job description for Enumerators is below.

ENUMERATOR

- Use automated smart phones or laptop computers to conduct job activities.
- Review assigned work to locate households for verifying addresses and/or conducting interviews.
- Conduct interviews with residents in assigned areas by following stringent guidelines and confidentiality laws.
- Explain the purpose of the census interview, answer respondent's questions, collect information following a script, and record census data using devices and/or paper forms.
- · Update address lists and maps.
- Validate address and map updates for quality purposes.
- Follow procedures to conduct accurate work while maintaining acceptable production rates.
- Maintain and submit records of hours worked, miles driven, and expenses incurred in the performance of duties.
- Meet/talk with supervisor, as necessary, to review procedures, report issues or concerns, and receive additional instructions.







RFP for RV Park Feasibility Study • March 20th Submitted by: Kevin Davidson | Hualapai Planning Department



Request for Proposal for RV Park Feasibility Study for the Hualapai Tribe RFP 01-2020

The Tribe has received a grant from the Office of Indian Energy and Economic Development (IEED), through

its Native American Business Development Institute (NABDI) to perform a feasibility study for the development of a recreational vehicle park on the Hualapai Reservation in Arizona. This RFP provides for Indian Preference but is not limited to Indian Owned Enterprises only. Proposals are due on Friday, March 20, 2020, at 4:00 PM.

All questions must be submitted in writing and may be sent via email to the individual listed below. All bids shall be submitted to:

Kevin A. Davidson, Director

Hualapai Tribe Planning & Economic Development Department

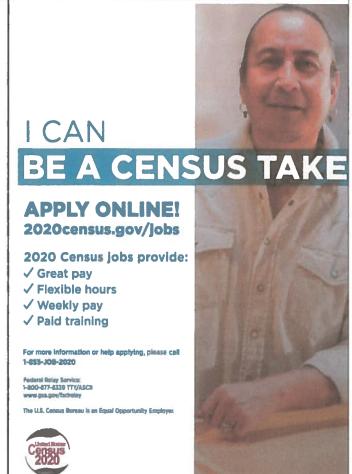
Mail to: P.O. Box 179 or Deliver to: 887 W. Highway 66

Peach Springs, Arizona 86434 Phone: (928) 769-1310 Ext. 22

Fax: (928) 769-1377

Or e-mail to: kdavidson@hualapai-nsn.gov for RFP posting

2020 Census • Be a Census Taker Submitted by: Kevin Davidson | Hualapai Planning Dept.



EDUCATION & TRAINING INFORMATION

Friday School • KUSD Tutoring Dates
Submitted by: Nikki Raymond | Hualapai Training Dept.



Tutoring

END OF 3RD QUARTER 3/3/2020

Monday, March 9, 2019 thru Thursday, March 12, 2020

*SPRING INTERSESSION *

Friday, March 27, 2020 Friday, April 17, 2020 Friday, May 1, 2020 Friday, May 15, 2020

END OF 4TH QUARTER 5/21/2020

Summer Program • March DeadlinesSubmitted by: Jonell Tapija | Hualapai Training Dept.

March 13 Deadline - Inter Tribal Council of Arizona Census 2020 Essay Contest. For high school, college, or university students in Arizona. For more information, click here Application information or call Millie at (602) 307-1534.

https://files.constantcontact.com/d7df1759001/47b7c854-eb30-484c-af60-abcdf35d9eee.pdf

March 20 Deadline - Summer Research Enhancement Program of Dine' College. 10 week program designed to prepare Native American freshman and sophomore college students for careers in public health and health research. https://www.dinecollege.edu/about_dc/summer-research-enhancement-program-srep/

March 31 Deadline - Soroptimist International of Phoenix - Women Investing in Successful Education Scholarship Opportunity. For female residents of Maricopa county. For students, high school graduates or GED holder.

2020 Spring/Intersession Break & Graduation DatesSubmitted by: Jonell Tapija | Hualapai Department of Education & Training

2020 Spring/Intersession Break & Graduation Dates

SCHOOL	Spring/Intersession Break	
Hualapai Head Start	March 30 th - April 3 rd Spring break	
Kingman Academy of Learning Schools	April 13 th - 17 th Intersession break	
Kingman Middle/High Schools	March 9 th - 20 th Intersession break	GORIAG
Lee Williams High School	March 9 th - 20 th Intersession break	
Peach Springs Elementary	March 9 th - 12 th Spring break	BREAK
Seligman Schools	March 23 rd - 26 th Spring break	
Valentine School	March 16 th - 20 th Spring break	~////
SCHOOL	GRADUATION	LAST DAY OF SCHOOL
Hualapai Head Start 769-2244	May 15, 2020 12:00 pm	May 12, 2020
Kingman Academy of Learning Schools 681-2900	May 19, Middle School 6pm May 20, High School 7pm	May 21, 2020
Kingman High School 692-6480	May 18, 2020 7pm	May 21, 2020
Lee Williams High School (928)718-6000	May 19, 2020 7pm	May 21, 2020
Peach Springs Elementary 769-2202	May TBA	May 19, 2020
Seligman Schools (928) 216-4123	May 22, 2020 5pm	May 21, 2020
Valentine School 769-2310	May 18, 2020 6pm	May 21, 2020
SCHOOL	GRADUATION	TRAVEL DATES
Chemawa Indian School Salem, OR (503) 399-5721	May 01, 2020 10am	April 30, 2020
Riverside Indian School Anadarko, OK (405) 247-6670	May 08, 2020 10am	May 06, 2020
Sherman Indian School Riverside, CA (951) 276-6326	May 13, 2020 2pm (Inter-tribal) May 14, 2020 10am	May 12, 2020
	No.	



Hualapai Daycare • March

Submitted by: Danielle Bravo | Hualapai Planning Department





DOR HUAL	PAL	D.	e rio	SPRINGS, N.
	8 1	VER	9,	

Hualapaí Day Care Center (928)769-1515

March 2020

200	S							
COMING		Hat	21	27		200		
	F	"Cat In The Hat" Wear your Favorite Hat	73	20	in Training ion	27		
1328/169-1313	T	6 "Thing 1 & Thing 2" Pick a Partner or two Or Three & Dress A Like	72 Public Safety Day 12pm-2pm Gym	79	"Day Care Center Closed" Staff in Training Building Paint Restoration	26		
13-817	W	"Wacky Wednesday" Wear Your Clothes All Out of Wack	11	18	"Day Care	26 Family Night	5:30 pm @ Daycare Pouch Making Preparation for Youth LaPaz Walk	
	T	Wear Silly or Mismatched Socks & Shoes	10	77		24		"Tentative" Read On
	M	## Happy Birthday Dr. Seuss "Green Eggs & Ham" Wear Green	•	76		23	Day Care Center Closed Classroom Organization after	30
	S	7 Dr. Seuss Spirit Week	80	16		22		64 64

Theme: Dr. Suess, Spring, 5 Senses Hualapai: Vasuw, Qwath



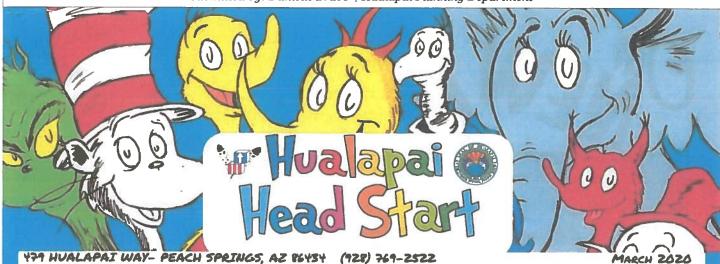


Shape: Oval, Clover Letters: Ee, Ff



Hualapai Head Start • March Newsletter

Submitted by: Danielle Bravo | Hualapai Planning Department



Dr. Seuss Week

MONPAY	TUESPAY	WEDNESDAY	THURSPAY
9	10	11	12
OH THE PLACES YOU'LL GO MONDAY WEAR A JERSEY OR SPORT T-SHIRT	*MANY COLORED TUESDAY* WEAR AS MANY COLORS AS YOU CAN	*WACKY WEDNESDAY* WACKY CRAZY HAIR DAY	CAT IN THE HAT THURSDAY* WEAR STRIPES IO AM- DR. SEUSS READ

The more that you read, the more things you will know. The more that you learn, the more places you'll go.

-- Dr. Seuss





Thank you to the Office of Head Start for providing physical growth skills for our children to master. Some of the new large and small motor skills will be challenged: learning to balance during complex movements, using small, precise finger, hand, and foot movements, practicing multistep directions for moving over an object, as well as social-emotional skills like: applying rules in a new but similar situations, recognizes that others' feelings about a situation might be different from their own, interacting cooperatively in groups of four or more children, cooperates and shares equipment in socially acceptable ways, and resolves social problems through negotiation and compromise. All these skills and more can be developed with new play equipment.

We still have one more project to complete and then we will have a Grand Blessing with children cutting a ribbon and children teaching the adults how to use the new equipment safely.

WE WOULD LIKE TO SHOUT OUT THE BOYS AND GIRLS CLUB AND EMPLOYEES WORKING FOR HEALTH FOR PROVIDING SPACE, PLAYGROUND EQUIPMENT, AND FITNESS ACTIVITIES FOR ALL THE HEAD START CHILDREN WHILE OUR NEW PLAYGROUND WAS BEING INSTALLED! WE APPRECIATE YOU:)

Healthy Habits Start Early

Good eating habits begin early in your child's life. As early as infancy, you can help your child grow lifelong healthy eating habits. You are your child's best role model so while you help her to eat healthy, try to do the same too!



For Your Toddler

- Offer your toddler healthy snacks like small cubes of cheese, sliced banana, or whole grain crackers two to three times per day. This will help him stay full in between meals and reduce hunger-related temper tantrums.
- Try to be patient with picky eaters. Your child may need to try a food 10 to 15 times over several months before he will eat it.
- Try giving your toddler a choice between two healthy options. He will be more likely to eat healthy food if he picks it out.
- Milk and water are the healthiest drink choices for your toddler. Soda pop, 100% fruit juice, and sport drinks add extra calories to his diet and can harm his teeth.

For Your Preschooler

- Let your child help you in making healthy meals and snacks. They will be more likely to try healthy foods if she helps out.
- Try to keep your kitchen stocked with simple,

healthy snacks like carrots, sliced apples and peanut butter, or string cheese. This will help you and your preschooler eat healthy, even on busy days.

For Yourself and Family

- Your child is learning healthy habits by watching you. Try to eat healthy too.
- Set playtime, mealtime, and bedtime routines to make day-to-day life less stressful.
- Talk with your child's doctor, Head Start staff, and other parents to get healthy eating tips.

IF YOUR CHILD ARRIVES TO SCHOOL LATE, THEY ARE ALLOWED TO HAVE BREAKFAST SERVED TO THEM. PARENTS MUST STAY WITH THEIR CHILD IN THE GREAT ROOM UNTIL THEY'RE FINISHED WITH BREAKFAST. WE DO HAVE A DESIGNATED AREA FOR BOTH PARENT AND CHILD TO SET DURING THIS TIME. PARENTS ARE NOT COVERED UNDER OUR CACFP GRANT SO WE'LL NOT BE ABLE TO PROVIDE ANY FOOD TO PARENTS.

BEING ON TIME ALLOWS THE CHILD TO SOCIALIZE OVER BREAKFAST, WHICH IS PART OF THEIR DEVELOPMENT GROWTH.

Page 32 GAMYU

TRANSITION MEETING

MARCH 3, 2020

5:00PM

HUALAPAI HEAD START

TOPICS:

- *UPDATE/FINAL TALLY
- *DECORATIONS
- *MC FROM PEACH RADIO (?)
- *BINGO FUNDRAISER FOR MARCH (?)
- *BOOK AND SONG
- *FUNDRAISING



Parents & Guardians

To ensure the safety of all our children, DO NOT leave your child alone in the classroom, please wait for the teacher to return.

Also, Please DO NOT leave any children in your vehicles while dropping off students at the Head Start. Reminder:

There is no parking in the RED Zone in front of the Head Start Entrance

The safety of ALL children is very important to all of the staff at the Hualapai Head Start.



Thank you!

Valentine Elementary School • Eagle Eyes Newsletter and Calendar of Events

Submitted by: Paula Blout | Valentine Elementary School



EAGLE EYES



Vol. 5, No. 9

valentineaz.net

February 26, 2020

Census 2020



Next month every household is scheduled to receive an invitation to complete the 2020 United States Census. Once you receive your invitation, please respond for your home either online, by phone, or by mail.

An accurate census count is extremely important because the numbers are used to determine representation in Congress and how Federal funds are distributed for such programs as:

- Medicaid and Medicare Part B
- Head Start
- National School Lunch and Breakfast Programs
- Rural Education, Title I and Special Education Grants
- American Indian and Alaska Native Employment and Training
- Section 8 Housing
- Supplemental Nutrition Assistance Program (SNAP)
- Substance Abuse Prevention and Treatment
- Pell Grants
- Highway Planning and Construction

If you have any questions regarding the 2020 US Census or would like to use a computer to submit your responses online, please contact the school. We will be more than happy to assist you.

AZ TAX CREDIT



The school can accept donations in any amount. The dollar-for-dollar credit can be taken on an Arizona return up to certain limits, while any amount donated may be taken as a charitable contribution deduction. The deadline is April 15, 2020, to make donations and count them on their 2019 tax returns.







HOW CAN I HELP MY STUDENT?

- Ask about Mr. Angle's weekly math challenges All this month on the announcements, I have been posing math challenges to the students. Ask your student about them and you can puzzle them out together.
- <u>Plan for Spring Break</u> Spring Break is the third week of March. Four additional days off from school. Whatever will the students do? Here are some possibilities:
 - Theme Day Have an "animal day" where the day is centered around learning about a particular animal.
 They can read about the animal, look for evidence of it in nature, build a feeder, etc.
 - Make spring cleaning fun Have them help out with a "toy wash." Bring out all the bikes, trucks, and outdoor toys and run them through a student-sized car wash. Maybe end with water balloons or Super Soakers.
 - Encourage Junior Master Chefs Let students plan meals for a day. They can research recipes, ingredients, and how to prepare certain dishes for the family.



PENNIES FOR PATIENTS

Our annual fundraiser to support blood cancer research is underway, now through March 12.

UPCOMING EVENTS

02/24	Pennies for Patients Fundraiser (until 03/12)
03/02	Read Across America – See Calendar
03/04	Bookmobile
03/10	School Board Meeting, 4:30 pm
03/12	End of Quarter 3 – Early Release 1:45 pm
03/16-19	SPRING BREAK
03/25	3 rd Quarter Report Cards / Awards Assembly
03/30	AZ State Testing begins
04/01	CENSUS DAY!

D	_	~	_		4
r	а	2	е	- 3	4

Page 34 GAMY							
SATURDAY			14	21 World Poetry Day	28 Something on a Stick, Day	Valentine Elementary School 12491 N. Byers St / HC 35 Box 50 Truxton/Peach Springs AZ 86434 phone 928-769-2310 fax 928-769-2389 wwwValentineAZ.net	
FRIDAY		6 Shaquile O'Neat ben (1972)	13	20 International Day of Happiness	27	Valentine Ele: 12491 N. Byers S Truxton/Peach phone 92 fax 928 wwwVale:	
THURSDAY		Green Eggs & Ham (Wear Green)	12 Early Release 1:45 pm Spirit Day Blue & Gold	19 First Day of Spring	26 Leonard Nimoy (Spock) born (1931) AZ HEAGH ZONE		
Wednesday	MARCH 2020	Wacky Wednesday (Crazy Dress)	11	y 18 1. SPAUNG OREAN NO SCHOOL	25 3 rd Quarter Awards Assembly 9am	2020-2021 Valentine ESD application packets available April 1	
TUESDAY		3 Fox in Socks (Crazy Socks)	School Board Mtg 4:30 pm Day of Awesomeness	17 St. Patrick's Day	24	31 Crayola Crayon Day	
MONDAY		Cat in the Hat (Hat Day) Read Across America Dr. Seuss' Birthday	6	16 Everything You Do Is Right Day	23 Chip and Dip Day	30 State Assessments Window until April 16	
SUNDAY		Pennies Parients:	S Daylight Saving Time Begins	15	22 Goof Off Day	29	

Inter Tribal Council of Arizona Census 2020 Essay Contest • Deadline: Friday, March 13th

Submitted by: Kevin Davidson | Hualapai Planning Department





Inter Tribal Council of Arizona Census 2020 Essay Contest

The Census 2020 will affect resources and representation in tribal communities across the United States for the next ten years. The Inter Tribal Council of Arizona (ITCA) is 100% committed to ensuring a full and accurate count for tribal communities in Arizona. This year we are asking American Indian/Alaska Native students who attend a high school, college, or university in Arizona to initial and commit to the official ITCA Census 2020 Pledge Card and answer the following question in 500 words or less:

Why is participating in the Census 2020 important to you?

Prizes:

- Three college/university students will be awarded \$500
- Three high school students will be awarded \$250
- All awardees will be invited to share their essays at a special Awards Luncheon with the Tribal Complete Count Committee at the Offices of the Inter Tribal Council of Arizona on April 3, 2020.

Applicant Criteria:

- American Indian/Alaska Native students residing in and attending a high school/college/university in Arizona.
- Enrolled member of a federally-recognized Tribal Nation in the United States.

Grades 9-12 Students:

• Must demonstrate enrollment through an official class schedule.

College/University Undergraduate Students:

Must be enrolled as a full-time undergraduate student with a minimum of 12 credit hours for current semester demonstrated by enrollment verification.

Graduate Students:

• Must be enrolled as a full-time graduate student with a minimum of 6 credit hours, or as defined by their graduate program, for the current semester demonstrated by enrollment verification.

Application Procedure:

- 1. Complete the STUDENT APPLICATION FORM and ITCA Census 2020 Pledge Card.
- 2. Submit copy of tribal enrollment card/CIB from a federally recognized Tribal Nation.
- 3. Submit a typed double-spaced essay (500 words or less) on the following question: "Why is participating in the Census 2020 important to you?"
- 4. High School students: Submit a copy of class schedule.
- 5. College/University students: Submit a copy of enrollment verification.

Deadline:

- Applications must be completed and received by the deadline Friday, March 13, 2020, by mail or email.
- Awardees will be invited to a Tribal Complete Count Committee on April 3, 2020, at the Offices of the Inter Tribal Council of Arizona, Inc.
- The Essay Review Committee will notify the awardees no later than March 27, 2020.

https://files.constantcontact.com/d7df1759001/47b7c854-eb30-484c-af60-abcdf35d9eee.pdf

Applications must be sent by the submission deadline March 13, 2020 either:

Mail to:

ITCA Census 2020 Essay Contest

2214 North Central Avenue Phoenix, Arizona 85004

Email to:

Millicent.Pepion@itcaonline.com

e-mail applications are preferred

For questions about the essay, please contact:
Travis L. Lane, Assistant Director
Travis.Lane@itcaonline.com

Page 36 GAMYU

AIA Scholarship Now Available • Deadline: Friday, March 13th
Submitted by: Jonell Tapija | Hualapai Department of Education & Training



THE AMERICAN INDIAN ALUMNI CLUB IS PLEASED TO ANNOUNCE THE THREE SCHOLARSHIPS FOR THE 2020-2021 ACADEMIC YEAR THAT ARE NOW OPEN ON SCHOLARSHIP UNIVERSE.

PLEASE SEE SCHOLARSHIP DETAILS:

AIA TRIBAL NATIONS SCHOLARSHIP
AIA COLLEGIATE LICENSE PLATE SCHOLARSHIP
AIA TUITION SCHOLARSHIP

ALL ELIGIBLE UNDERGRADUATE STUDENTS ARE ENCOURAGED TO APPLY FOR ALL THREE.

GRADUATE STUDENTS ARE ENCOURAGED TO APPLY FOR THE TRIBAL NATIONS SCHOLARSHIP.

Deadline to apply is March 13, 2020
(11:59pm)

For questions, please contact: ua.americanindianalumni@gmail.com or alumni.scholarships@al.arizona.edu SaferFoodCats High School Summer 2020 Program • Deadline: Friday, March 27th
Submitted by: Elisabeth Alden | U of A Tribal Extension Programs—Hualapai

SaferFoodCats

Summer 2020 Program





The SaferFoodCats program is an 8-day summer experience of a lifetime to introduce you to career pathways in Food Safety, while experiencing working in a real-world food safety laboratory at the University of Arizona.

The SaferFoodCats program welcomes applications from all students.

As a participant in the SaferFoodCats summer program, you will be:

- » Introduced to campus life and Wildcat heritage
- » Mentored as you reside on the University campus
- » Engaging in hands-on STEM activities
- » Listening & interacting with Food Safety professionals and researchers

More information available at: acbs.arizona.edu/saferfoodcats
Deadline: Friday, March 27th



Pre-Dental Admission Workshop • Applications Due: Tuesday, March 31st Submitted by: Lucille J. Watahomigie | Hualapai Department of Cultural Resources

A.T. STILL UNIVERSITY ATSU

Pre-Dental Admission Workshop (PAW) May 14 -16, 2020 Mesa, Arizona

The American Indian and Alaska Native population suffers from the worst oral health disparities when compared to all other ethnic groups in the United States. The goal of the American Indian/Alaska Native Pre-Dental Admission Workshop (PAW) is to promote the health of Indian Country by increasing the number of Al/AN dentists. The workshop will help attendees navigate the dental school application process, strengthen their applications, and expand their professional network.

The workshop will be held at the Arizona School of Dentistry and Oral Health (ASDOH) in sunny Mesa, Arizona. Attendees will receive travel, lodging and meals. Workshop topics include:

- Hands-On Dentistry in a Simulation Clinic
- Understanding the Application Process
- Admissions Test (DAT) Preparation Techniques
- Personal Statements
- Interview Process Including Mock Interviews
- Financial Aid and Scholarship Resources
- Dental School Tour
- Networking Opportunities
- Stress/Performance Relationship
- Professional Headshots And more!



Mail or email application materials – must be received by: Tuesday, March 31, 2020, 5:00 p.m. MT

WHO SHOULD APPLY

American Indian and Alaska Natives who:

- Have a connection to an American Indian or Alaska Native tribe/nation/community and
- An interest in applying to dental school

Additionally, applicants must meet <u>one</u> of the following criteria:

- Current high school senior (must be 18 years)
- Current community college or undergraduate student
- Recent college graduate who plans on applying to dental school

In compliance with the Clery Act and Section 86 of DOE regulations, the university makes the following information available to all prospective students, admitted students, and current students: Annual Security Report, Annual Fire Safety Report, and the Drud and Alcohol Abuse Prevention policies. This information can be accessed online (see links below). A hard copy can also be requested by contacting Student Affairs at mostudentaffairs@atsu.edu or azstudentaffairs@atsu.edu; or at 660-626-2516 (Missouri) or 480-2196126 (Arizona).

AIEF Program • Deadline: Saturday, April 4th Submitted by: Jonell Tapija | Hualapai Training Department

SCHOLARSHIPS





Applications Due April 4th

Download Application: **AIEFprogram.org**

866-866-8642



2401 Eglin Street, Rapid City, SD 57703

Food Handler Card Training • March 10th Submitted by: Adeline Crozier | Hualapai Tribal Admin.

HUALAPAI – PEACH SPRINGS 2020 Food Handler Card Training Schedule

MONTH	DATE	LOCATION	TIME (AZ)
February	11	Health Education & Wellness	10:00am - 12:30pm
March	10	Health Education & Wellness	10:00am - 12:30pm
April	14	Health Education & Wellness	10:00am - 12:30pm
May	12	Health Education & Wellness	10:00am - 12:30pm
June	16	Health Education & Wellness	10:00am - 12:30pm
July	28	Health Education & Wellness	10:00am - 12:30pm
September	1	Health Education & Wellness	10:00am - 12:30pm
October	6	Health Education & Weliness	10:00am - 12:30pm
November	10	Health Education & Wellness	10:00am - 12:30pm
December	15	Health Education & Wellness	10:00am - 12:30pm

For more information please contact the Office of Environmental Health and Engineering at (928) 669-3177. Everyone is welcome to attend.





<u>Hualapai Forestry Wildland Fire • 2020 Wildland Fire Training Schedule</u> Submitted by: Melvin Hunter, Jr. | Hualapai Forestry

2020 Hualapai Forestry Wildland Fire Training Schedule START DATE COURSE **END DATE** TIME LOCATION CONTACT PERSON 0800 - 1400 Lawrence Koyayesva, Jr. RT-130 Fire Refresher Mar 4 Mar 4 4H Building (928) 769-2267 Work Capacity Test (WCT) RT-130 Fire Refresher Mar 18 Mar 18 0800 - 1400 4H Building Lawrence Koyayesva, Jr. /Work Capacity Test (WCT) (928) 769-2267 April 1 RT-130 Fire Refresher 0800 - 1400 Lawrence Koyayesva, Jr. April 1 4H Building (928) 769-2267 Work Capacity Test (WCT) RT-130 Fire Refresher 0800 - 1400 Lawrence Koyayesva, Jr. April 29 April 29 4H Building (928) 769-2267 Work Capacity Test (WCT) S-215 Fire Ops in a April 22 April 24 0800 - 1630 4H Building Lawrence Koyayesva, Jr. Wildland Fire Urban (928) 769-2267 Interface S-190, S-130, I-100, L-180 Mar 16 Lawrence Koyayesva, Jr. Mar 20 0800 - 1630 4H Building (928) 769-2267 Rookie Course S-212 Wildland Fire April 15 0800 - 1630 4H Building Lawrence Koyayesva, Jr. April 17 (928) 769-2267 Chainsaws First Aide & CPR **TBA** Lawrence Koyayesva, Jr. (928) 769-2267 Blood Borne Pathogen **TBA** Lawrence Koyayesva, Jr. (928) 769-2267

Updated 2/13/2020 lps

Planning/Prep/Collaboration

Student Drop In Monitor Student Progress/Lesson

Monitor Student Progress/Lesson

Student Drop In

Planning/Prep/Collaboration

Planning/Prep/Collaboration

Progress/Lesson

Monitor Student Student Drop In

Monitor Student Progress/Lesson

Student Drop In

Student Drop In /Monitor Student Progress/Lesson

Planning/Prep/Collaboration

Planning/Prep/Collaboration

Adult Education & Online Credit Recovery (H.S.) Schedule

Submitted by: Jonell Tapija | Hualapai Department of Education & Training



GED Pearson VLE Testing

Online High School Intake/TABE/Assessments Community Service Hours GED Tutoring 8:00-12:00 p.m. 8:00-12:00 p.m 1:00-4:00 p.m. *1-on-1 Tutoring 4:00-5:00 p.m. *KHS Friday School 9-12 p.m. bi-monthly Make-Up Day *1-on-1 Tutoring Make Up Day FRIDAY Planning/Prep/Collaboration Online High School GED Prep-Session II *Independent Study 8:00-12:00 p.m. 4:00-5:00 p.m. THURSDAY *1-on-1 Tutor Monitor Student Student Drop In Progress/Lesson Math/Science *Small Group 1:00-4:00 p.m. Instruction Parent Liaison school site visit Online High School Adult Detention GED Prep-Session II "Independent Study WEDNESDAY 8:00-12:00 p.m. (KHS/KAOL/Seligman) 9:00-11:00 a.m. 4:00-5:00 p.m. lab 10:39 a.m. 1:90 p.m Math/Science *Small Group Alternating weeks 1:00-4:00 p.m. *1-on-1 Tutor GED Prep Instruction Planning/Prep/Collaboration Online High School *Independent Study RLA/Social Studies GED Prep-Session 1 8:00-12:00 p.m. 4:00-5:00 p.m. Monitor Student Student Drop In *Small Group TUESDAY Progress/Lesson 1:00-4:00 p.m. *1-on-1 Tutor Instruction Planning/Prep/Collaboration Online High School RLA/Social Studies *Independent Study GED Prep-Session 1 8:00-12:00 p.m. 4:00-5:00 p.m. Monitor Student *Small Group Student Drop In Progress/Lesson 1:00-4:00 p.m. *1-on-1 Tutor Instruction

Monday-Friday (*Monitor KHS students referred to us (academic/counseling/community service hours)ICARE/PASS.

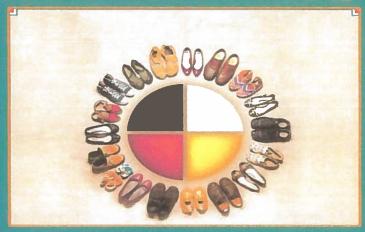
Issue #05 Page 41

HEALTH & SAFETY INFORMATION

Immunization Clinic are Here • Every Friday

Submitted by: Susan Cieslicki | Hualapai Health, Education & Wellness Department

protect the Circle of Life! ~Get Immunized~



Immunization Clinics every Friday
1:00pm - 4:20pm
Peach Springs Health Center
Walk-ins or Appointments
Call 796-2900 for more information

Peach Springs Health Center: Dental Clinic • Emergency Walk-in Hours
Submitted by: Danielle Bravo | Hualapai Planning Department

PEACH SPRINGS HEALTH CENTER DENTAL CLINIC

EMERGENCY WALK-IN HOURS

Tuesday and Thursday 9:30am - 11:00am 1:00pm - 3:00pm

>>>EMERGENCY WALK-INS ARE FOR<<<
PATIENTS EXPERIENCING PAIN

PS DENTAL 928-769-2903

Posted: 2/24/2020

Page 42 GAMYU

2020 Care Seat Training Schedule • Next Training: Tuesday, March 10th
Submitted by: Brook Bender | Hualapai Health, Education & Wellness



HUALAPAI – PEACH SPRINGS

2020 Car Seat Training Schedule Need a new car seat? Come to our next training!

MONTH	DATE	LOCATION	TIME (AZ)
February	11	Health Education & Wellness	1:00pm – 3:00pm
March	10	Health Education & Wellness	1:00pm – 3:00pm
April	14	Health Education & Wellness	1:00pm – 3:00pm
May	12	Health Education & Wellness	1:00pm - 3:00pm
June	16	Health Education & Wellness	1:00pm – 3:00pm
July	28	Health Education & Wellness	1:00pm – 3:00pm
September	1	Health Education & Wellness	1:00pm – 3:00pm
October	6	Health Education & Wellness	1:00pm – 3:00pm
November	10	Health Education & Wellness	1:00pm - 3:00pm
December	15	Health Education & Wellness	1:00pm – 3:00pm

If you need a car seat and cannot make a class, please contact the Office of Environmental Health and Engineering at (928) 669-3177 to schedule an appointment. Parents, guardians, & grandparents are all welcome!

Coronavirus Awareness • Stop the Spread of Germs

Submitted by: Mark Lowry | Hualapai Emergency Services



STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.

Clean and disinfect frequently touched objects and surfaces.

Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.



For more information: www.cdc.gov/COVID19

Page 44 GAMYU



SYMPTOMS OF CORONAVIRUS DISEASE 2019

Patients with COVID-19 have experienced mild to severe respiratory illness.

Symptoms* can include

FEVER

COUGH



*Symptoms may appear 2-14 days after exposure.

Seek medical advice if you develop symptoms, and have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.

SHORTNESS OF BREATH



For more information: www.cdc.gov/COVID19-symptoms

Issue #05 Page 45



What you need to know about coronavirus disease 2019 (COVID-19)

What is coronavirus disease 2019 (COVID-19)?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 is a novel coronavirus that was first identified during an investigation into an outbreak in Wuhan, China.

Can people in the U.S. get COVID-19?

Yes. COVID-19 is spreading from person to person in parts of the United States. Risk of infection with COVID-19 is higher for people who are close contacts of someone known to have COVID-19, for example healthcare workers, or household members. Other people at higher risk for infection are those who live in or have recently been in an area with ongoing spread of COVID-19. Learn more about places with ongoing spread at html#geographic.

Have there been cases of COVID-19 in the U.S.?

Yes. The first case of COVID-19 in the United States was reported on January 21, 2020. The current count of cases of COVID-19 in the United States is available on CDC's webpage at https://www.cdc.gov/coronavirus/2019-ncov/cases-in-us.html.

How does COVID-19 spread?

The virus that causes COVID-19 probably emerged from an animal source, but is now spreading from person to person. The virus is thought to spread mainly between people who are in close contact with one another (within about 6 feet) through respiratory droplets produced when an infected person coughs or sneezes. It also may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes, but this is not thought to be the main way the virus spreads. Learn what is known about the spread of newly emerged coronaviruses at https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html.

What are the symptoms of COVID-19?

Patients with COVID-19 have had mild to severe respiratory illness with symptoms of

- fever
- · cough
- shortness of breath



What are severe complications from this virus?

Some patients have pneumonia in both lungs, multi-organ failure and in some cases death.

How can I help protect myself?

People can help protect themselves from respiratory illness with everyday preventive actions.

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.

If you are sick, to keep from spreading respiratory illness to others, you should

- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

What should I do if I recently traveled from an area with ongoing spread of COVID-19?

If you have traveled from an affected area, there may be restrictions on your movements for up to 2 weeks. If you develop symptoms during that period (fever, cough, trouble breathing), seek medical advice. Call the office of your health care provider before you go, and tell them about your travel and your symptoms. They will give you instructions on how to get care without exposing other people to your illness. While sick, avoid contact with people, don't go out and delay any travel to reduce the possibility of spreading illness to others.

Is there a vaccine?

There is currently no vaccine to protect against COVID-19. The best way to prevent infection is to take everyday preventive actions, like avoiding close contact with people who are sick and washing your hands often.

Is there a treatment?

There is no specific antiviral treatment for COVID-19. People with COVID-19 can seek medical care to help relieve symptoms.

For more information: www.cdc.gov/COVID19

Page 46 GAMYU



2019-nCoV: What the public should do

The current outbreak of 2019 novel coronavirus (2019-nCoV) was first identified in China but has now spread internationally, impacting an increasing number of countries. Sustained community spread is occurring in China. Limited person-to-person spread, most associated with close contact with a patient with confirmed 2019-nCoV, has been seen outside of China. No community spread of 2019-nCoV has been identified in the United States at this time.

In the coming days and weeks, we expect more confirmed cases in the United States, including some person-to-person spread. The goal of CDC's aggressive ongoing public health response is to prevent spread of 2019-nCoV in in the United States.

What you should do

- **STAY INFORMED** CDC is updating its website daily with the latest information and advice for the public. (www.cdc.gov/ncov)
- REMEMBER TO TAKE EVERYDAY PREVENTIVE ACTIONS that are always recommended to prevent the spread of respiratory viruses.
 - » Avoid close contact with sick people.
 - While sick, limit contact with others as much as possible.
 - » Stay home if you are sick.
 - » Cover your nose and mouth when you cough or sneeze. Avoid touching your eyes, nose and mouth with unwashed hands; germs spread this way.
 - » Clean and disinfect surfaces and objects that may be contaminated with germs.
 - Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand rub with at least 60% alcohol.
- IF YOU FEEL SICK with fever, cough, or difficulty breathing, and have traveled to China or were in close contact with someone with 2019-nCoV in the 14 days before you began to feel sick, seek medical care. Before you go to a doctor's office or emergency room, call ahead and tell them about your recent travel and your symptoms.

What you should not do

- DO NOT travel to China.
- DO NOT use facemasks. CDC does not recommend the use of facemasks for the general U.S. public to prevent the spread of 2019-nCoV.
- DO NOT show prejudice to people of Asian descent, because of fear of this new virus. Do not assume that someone of Asian descent is more likely to have 2019-nCoV.

All persons in the U.S.—
including those of Asian
descent—who have not
traveled to China or been in
contact with someone with a
confirmed or suspected nCoV
case in the last 14 days are at
low risk of becoming sick.



For more information: www.cdc.gov/nCoV

Issue #05 Page 47



What to do if you are sick with coronavirus disease 2019 (COVID-19)

If you are sick with COVID-19 or suspect you are infected with the virus that causes COVID-19, follow the steps below to help prevent the disease from spreading to people in your home and community.

Stay home except to get medical care

You should restrict activities outside your home, except for getting medical care. Do not go to work, school, or public areas. Avoid using public transportation, ride-sharing, or taxis.

Separate yourself from other people and animals in your home

People: As much as possible, you should stay in a specific room and away from other people in your home. Also, you should use a separate bathroom, if available.

Animals: Do not handle pets or other animals while sick. See <u>COVID-19 and Animals</u> for more information.

Call ahead before visiting your doctor

If you have a medical appointment, call the healthcare provider and tell them that you have or may have COVID-19. This will help the healthcare provider's office take steps to keep other people from getting infected or exposed.

Wear a facemask

You should wear a facemask when you are around other people (e.g., sharing a room or vehicle) or pets and before you enter a healthcare provider's office. If you are not able to wear a facemask (for example, because it causes trouble breathing), then people who live with you should not stay in the same room with you, or they should wear a facemask if they enter

Cover your coughs and sneezes

Cover your mouth and nose with a tissue when you cough or sneeze. Throw used tissues in a lined trash can; immediately wash your hands with soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol covering all surfaces of your hands and rubbing them together until they feel dry. Soap and water should be used preferentially if hands are visibly dirty.

Avoid sharing personal household items

You should not share dishes, drinking glasses, cups, eating utensils, towels, or bedding with other people or pets in your home. After using these items, they should be washed thoroughly with soap and water.



Gean your hands often

Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry. Soap and water should be used preferentially if hands are visibly dirty. Avoid touching your eyes, nose, and mouth with unwashed hands.

Clean all "high-touch" surfaces every day

High touch surfaces include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and bedside tables. Also, clean any surfaces that may have blood, stool, or body fluids on them. Use a household cleaning spray or wipe, according to the label instructions. Labels contain instructions for safe and effective use of the cleaning product including precautions you should take when applying the product, such as wearing gloves and making sure you have good ventilation during use of the product.

Monitor your symptoms

Seek prompt medical attention if your illness is worsening (e.g., difficulty breathing). **Before** seeking care, call your healthcare provider and tell them that you have, or are being evaluated for, COVID-19. Put on a facemask before you enter the facility. These steps will help the healthcare provider's office to keep other people in the office or waiting room from getting infected or exposed.

Ask your healthcare provider to call the local or state health department. Persons who are placed under active monitoring or facilitated self-monitoring should follow instructions provided by their local health department or occupational health professionals, as appropriate.

If you have a medical emergency and need to call 911, notify the dispatch personnel that you have, or are being evaluated for COVID-19. If possible, put on a facemask before emergency medical services arrive.

Discontinuing home isolation

Patients with confirmed COVID-19 should remain under home isolation precautions until the risk of secondary transmission to others is thought to be low. The decision to discontinue home isolation precautions should be made on a case-by-case basis, in consultation with healthcare providers and state and local health departments.

For more information: www.cdc.gov/COVID19

Colon Awareness Month • End Colon Cancer in Indian Country

Submitted by: Rebecca Rice | Peach Springs Indian Health Services

End Colon Cancer

▶▶▶ in Indian Country

What is colon cancer?

A disease in the large intestine (colon) and rectum. Most colon cancers start as small noncancerous clumps of cells called polyps. Without treatment, polyps may turn cancerous.

Stages of colon cancer



STAGE 0

STAGE 1

STAGE 2

STAGE 3

STAGE 4

TIMING MATTERS WHEN COLON CANCER IS FOUND

What can I do?



QUIT SMOKING



EAT FRUITS & VEGGIES



WEIGHT CONTROL



GET SCREENED



EXERCISE



LIMIT ALCOHOL USE



Colon cancer often has no symptoms in early stages.

Screening tests

Colon cancer screening for American Indians is recommended for those ages 45-75

► STOOL-BASED TESTS

- · Looks for blood in the stool
- · Take test at home every 1-3 years
- · Mail or return to clinic
- · If positive, must have colonoscopy

VISUAL TESTS

- · Looks directly in the colon
- · Test is done at a medical center
- · Colonoscopy can prevent cancer by removal of polyps during test

Talk to your health care provider about when screening is best for you.



Colon cancer is the second leading cause of cancer death for American Indians and Alaska Natives.

AmericanIndianCancer.org









Bristol stool chart

WebMD



Separate hard lumps, like nuts (hard to pass)



Sausageshaped, but lumpy



Sausage-shaped, but with cracks on surface



Sausage- or snake-like, smooth and soft



Soft blobs with clear-cut edges (easy to pass)



Fluffy pieces with ragged edges, mushy



Watery, no solid pieces (entirely liquid)

How can you describe your bowel movements (BMs) to your doctor without bringing in a sample?

The Bristol Stool
Scale is a way to
talk about
shapes and
types of poop,
what doctors
call stools. It's
also known as
the Meyers
Scale.



Hualapai Health Department • Community Self Help Meetings

Submitted by: Amy Siyuja | Hualapai Health, Education & Wellness Department

Community Self Help Meetings

Monday	Time	Location
Recovery	6 PM - 7 PM	HEW *Sm Conf. Room
Parenting	12 PM - 1 PM	*First Class on 1/27/20 @ Boys & Girls Club
Tuesday	Time	Location
Batters Intervention	6 PM - 8 PM	HEW "Sm Conf. Room
Wellbriety	3 PM - 5 PM	*First Class on 1/21/20 @ HEW Lrg Conf. Room
Women's Support Group	5:30 PM – 8 PM	Human Services
Wednesday	Time	Location
Talking Circle	9 AM - 11 AM	Healing House
AA	2 PM - 4 PM	Healing House
Youth Women's Group	5:30 PM - 7 PM	Human Services
Thursday	Time	Location
Wellbriety	10 AM - 12 PM	*First Class on 1/23/20 @ HEW Lrg Conf. Room
Women's Support Group	5:30 PM - 8 PM	Human Services
Love & Respect	6 PM - 7 PM	HEW *Sm Conf. Room
Friday	Time	Location
AA	1 PM- 2 PM	Healing House

**Updated Jan 13, 2020

Meeting Coordinators

Recovery/Love & Respect - Steve Sage

Parenting: Michelle Miller

Batters Intervention/AA - Elson Bender

Wellbriety/Talking Circle - Vonda Beecher

Women's Support Group - Tasha Nez/Knesha Madrid







Celebrate Recovery • Road to Recovery
Submitted by: Keely Sage | Celebrate Recovery

Celebrate Recovery NATIVE NATIONS

ROAD TO RECOVERY

It's not only about addictions.
It's about life's Healing Choices.

Restoring Relationships with family and friends.

Releasing Co-dependency

Resolving Anger Behavior

Recovering your walk with Jesus, our higher Power.



Earwax: 3 Reason to Put Down the Cotton Swab Submitted by: Brook Bender | Hualapai Health Department

Earwax: Three Reasons To Put Down The Cotton Swab

Although gross, something is satisfying about cleaning your ears of wax. It is so fascinating for some that its YouTube channels, such as The Wax Whisperer and Audiology Associates, garner millions of viewers as physicians extract wax from patients' ears. Warning: If you're squeamish, you may want to skip those channels and stick to our tips below.

Before you go down an earhole of YouTube videos, here's the truth about earwax: It's good for your health. Here are three reasons to put down that cotton swab and leave your earwax alone.

1. It's protective.

Just like nose hairs and eyelashes, earwax is a protective device as well.

"Cerumen, or earwax, is naturally produced by special

glands in the outer ear canal skin," said Bruce Stewart, MD, an ear, nose and throat specialist at Banner – University Medical Center Tucson. "Earwax blocks foreign matters like dust or bugs from entering the ear canal. It also helps prevent the growth of bacteria or fungus on the ear canal skin."

2. It's moisturizing

Earwax helps lubricate our ear canals. Without it, you may want to begin scratching your ears, because they could become dry and itchy.

3. Your ears are self-cleaning

Put down the cotton swab and step away from the mirror. Your ear doesn't need a housekeeper because typically your ears are self-cleaning. When you move your jaw, the wax moves along the ear canal to the opening where it can either dry up, flake off or fall out. It's only necessary to clean when there is an excess.

Where we get in trouble is when we fuss with it, using cotton swabs, our fingers and even paperclips to try and scrape it out ourselves. Doing so can cause blockages and health problems. In fact, according to the American Academy of Otolaryngology — Head and Neck Surgery Foundation, nearly 12 million Americans a year seek medical care for problems with cerumen. Impaction is one of the common causes of hearing loss.

How to self-treat excessive earwax

"If you have no history of perforated eardrum and no pain or drainage from the ear, you can try over-the-counter earwax drops that help soften earwax, and then gently irrigate with lukewarm water," Dr. Stewart said. "If this hurts or you become dizzy, you should stop and see a doctor."

Healthcare providers can look inside your ear and use instruments specifically designed to remove earwax.

Are ear candles safe to use?

There is no clinical evidence that ear candling removes impacted cerumen. It can cause serious damage to the ear canal and eardrum and serious burns to the face.

When to seek medical attention

While earwax has many benefits, if it does build up it can cause some uncomfortable symptoms and hearing loss. It may also trap water in the ear canal and promote bacterial growth. This can lead to ear pain, swelling, and drainage from the ear canal known as otitis externa or swimmer's ear.

If your ears feel plugged or painful despite using the ear drops, it's time to schedule an appointment with your primary care provider and ear, nose, and throat specialist. They can safely clean ears without water and treat any underlying ear disease or infections.

For more information please visit Banner Health at Bannerhealth.com

Eat Right • 20 Ways to Enjoy More Fruits and Vegetables

Submitted by: Jessica Powskey | Hualapai Health, Education & Wellness

Academy of Nutrition and Dietetics

Eat Right

Food, Nutrition and Health Tips from the Academy of Nutrition and Dietetics

20 Ways to Enjoy More Fruits and Vegetables

Building a healthy plate is easy when you make half your plate fruits and vegetables. It's also a great way to add color, flavor and texture plus vitamins, minerals and fiber. All this is packed in fruits and vegetables that are low in calories and fat. Make 2 cups of fruit and 2 ½ cups of vegetables your daily goal. Try the following tips to enjoy more fruits and vegetables every day.

- **1.** Variety abounds when using vegetables as pizza topping. Try broccoli, spinach, green peppers, tomatoes, mushrooms and zucchini.
- **2.** Mix up a breakfast smoothie made with low-fat milk, frozen strawberries and a banana.

3. Make a veggie wrap with roasted vegetables and low-fat cheese rolled in a whole-wheat

4. Try crunchy vegetables instead of chips with your favorite low-fat salad dressing for dipping.

tortilla.

- **5.** Grill colorful vegetable kabobs packed with tomatoes, green and red peppers, mushrooms and onions.
- **6.** Add color to salads with baby carrots, grape tomatoes, spinach leaves or mandarin oranges.*
- **7.** Keep cut vegetables handy for mid-afternoon snacks, side dishes, lunch box additions or a quick nibble while waiting for dinner. Ready-to-eat favorites: red, green or yellow peppers, broccoli or cauliflower florets, carrots, celery sticks, cucumbers, snap peas or whole radishes.
- **8.** Place colorful fruit where everyone can easily grab something for a snack-on-therun. Keep a bowl of fresh, just ripe whole fruit in the center of your kitchen or dining table.
- **9.** Get saucy with fruit. Puree apples, berries, peaches or pears in a blender for a thick, sweet sauce on grilled or broiled seafood or poultry, or on pancakes, French toast or waffles.

- **10.** Stuff an omelet with vegetables. Turn any omelet into a hearty meal with broccoli, squash, carrots, peppers, tomatoes or onions with low-fat sharp cheddar cheese.
- **11.** "Sandwich" in fruits and vegetables. Add pizzazz to sandwiches with sliced pineapple, apple, peppers, cucumber and tomato as fillings.
- **12.** Wake up to fruit. Make a habit of adding fruit to your morning oatmeal, ready-to-eat cereal, yogurt or toaster waffle.
- **13.** Top a baked potato with beans and salsa or broccoli and low-fat cheese.
- **14.** Microwave a cup of vegetable soup as a snack or with a sandwich for lunch.
- **15.** Add grated, shredded or chopped vegetables such as zucchini, spinach and carrots to lasagna, meat loaf, mashed potatoes, pasta sauce and rice dishes.
- **16.** Make fruit your dessert: Slice a banana lengthwise and top with a scoop of low-fat frozen yogurt. Sprinkle with a tablespoon of chopped nuts.
- **17.** Stock your freezer with frozen vegetables to steam or stir-fry for a quick side dish.
- **18.** Make your main dish a salad of dark, leafy greens and other colorful vegetables. Add chickpeas or edamame (fresh soybeans). Top with low-fat dressing.*
- **19.** Fruit on the grill: Make kabobs with pineapple, peaches and banana. Grill on low heat until fruit is hot and slightly golden.
- **20.** Dip: Whole wheat pita wedges in hummus, baked tortilla chips in salsa, strawberries or apple slices in low-fat yogurt, or graham crackers in applesauce. *See "Color Your Plate with Salad" at www.eatright.org/nutritiontipsheets for more tips on creating healthy salads

For a referral to a registered dietitian nutritionist and for additional food and nutrition information visit www.eatright.org.



The Academy of Nutrition and Dietetics is the largest organization of food and nutrition professionals. The Academy is committed to improving the public's health and advancing the profession of dietetics through research, education and advocacy.

Authored by Academy of Nutrition and Dietetics staff registered dietitian nutritionists.

CDC Features • National HIV/AIDS Awareness Day

Submitted by: Jessica Powskey | Hualapai Health, Education & Wellness



Centers for Disease Control and Prevention CDC 24/7: Saving Lives, Protecting People™

CDC Features

National Native HIV/AIDS Awareness Day

March 20th is National Native HIV/AIDS Awareness Day (NNHAAD), a time to raise awareness about the presence of HIV and AIDS in our Native communities, which include American Indians, Alaska Natives, and Native Hawaiians (collectively referred to as Native people).



Members of the Native Community chose to observe NNHAAD on the day of the Spring Equinox because, for many, it represents a time of equality, balance, and new beginnings; a celebration of life for all people.

NNHAAD, now in its 13th year, encourages Native communities across the United States and territorial areas to get educated, get tested, and get involved in HIV prevention and treatment.

HIV in Native Communities in the United States Of the 38,739 HIV diagnoses in the United States in 2017, (https://www.cdc.gov/hiv/pdf/group/racialethnic/aian/cdc-hiv-natives.pdf) 1% (212)were among American Indian and Alaska Native (AI/AN) populations. Of those diagnoses, 79% (167) were among men and 21% (45) were among women. Of the 167 HIV diagnoses among AI/AN men, most (75%, 125) were among gay and bisexual men. Of the 45 diagnoses among AI/AN women, 69% were attributed to heterosexual contact. From 2010 to 2016, the number of new HIV diagnoses increased 46% (from 157 to 230) among AI/AN overall and 57% (from 104 to 163) among AI/AN gay and bisexual men.

With more than 570 federally recognized AI/AN tribes who collectively speak more than 170 languages, and who vary in culture, beliefs, and practices, it is vital that prevention programs are aware of this diversity. Other factors—such as socioeconomic issues, stigma associated with HIV and gay or bisexual relationships, and high rates of STDs, like chlamydia and gonorrhea—can hinder HIV prevention and treatment.

Under the U.S. government-proposed HIV elimination initiative, there is much hope that the HIV epidemic can be ended in the United States in the next decade. With today's powerful tools, we know how to prevent HIV and to help people with HIV stay healthy. For people with HIV, starting treatment as soon as possible after diagnosis is essential. HIV medicine lowers the amount of virus (viral load) in the body, and taking it every day can make the viral load undetectable. If a person with HIV stays undetectable, they can stay healthy for many years, and there is effectively no risk of transmitting HIV through sex to an HIV-negative partner. Having an undetectable viral load also sub-

stantially reduces the risk of mothers transmitting HIV to their babies.

What Can You Do? Talk about it. Learn the facts about HIV, and share this information with your family, friends, and community. The CDC campaign Let's Stop HIV Together, which is a part of Act Against AIDS, has many resources to combat HIV stigma.

Get Tested. Doing It is a national HIV testing and prevention campaign intended to motivate all adults to get tested for HIV and know their status. Knowing your HIV status gives you the control to keep you and your partner healthy. CDC recommends that everyone aged 13 to



The HIV Treatment Works
Campaign encourages
people living with HIV to
Get in care Stay in
care and Live Well.

64 get tested for HIV at least once and those at high risk get tested at least once a year.

To find a testing site near you, visit Get Tested, text your ZIP code to KNOWIT (566948), or call 1-800-CDC-INFO. You can also use a home testing kit, available in drugstores or online.

Protect yourself and your partner. If you are sexually active and/or use injection drugs, tools are available to prevent HIV:

- Use condoms the right way every time you have sex. Learn the right way to use a male condom or a female condom.
- If you are HIV-negative but at high risk for HIV, take daily medicine to prevent HIV, called preexposure prophylaxis (PrEP).
- Talk to your doctor about post-exposure prophylaxis (PEP) if you think you have been exposed to HIV in the last 72 hours and are not on PrEP.
- Never share needles or other equipment to inject drugs (works).
- Abstinence (not having sex) and not sharing needles or works are 100% effective ways to prevent HIV.

The following actions can also help lower your risk of getting HIV:

- Limiting your number of sex partners.
- Getting tested and treated for other sexually transmitted diseases.
- Choosing activities with little to no risk, like oral

You can learn more about how to protect yourself and your partners and get information tailored to meet your needs from CDC's HIV Risk Reduction Tool (BETA).

March is National Kidney Month • Take the Pressure Off Your Kidneys and Your Health
Submitted by: Jessica Powskey | Hualapai Health, Education & Wellness



Take the pressure off

Your kidneys and your health

March is National Kidney Month, a time when communities across the country raise awareness about kidney disease. In partnership with the National Heart, Lung, and Blood Institute (NHLBI) https://www.nhlbi.nih.gov/, this year's focus is the link between high blood pressure and kidney disease. If you have high blood pressure, you're at risk for chronic kidney disease, a serious condition that can lead to stroke, heart attack, kidney failure, and death.

The good news is that you can help protect your kidneys by managing high blood pressure with these 6 healthy lifestyle habits.

- Take medications as prescribed. Your doctor may prescribe blood pressure-lowering medications that are effective in slowing the development of kidney disease.
- Aim for a healthy weight. If you are overweight or obese, losing even a small amount of weight can improve blood pressure readings.
- Select healthier food and beverage options. Focus on fruits and vegetables, lean meat, whole grains, and other heart-healthy foods.
- 4. Try to quit smoking. If you smoke, take steps to quit.
- 5. **Get enough sleep.** Aim for 7 to 8 hours of sleep per night.
- Manage stress and make physical activity part of your routine. Consider healthy stress-reducing activities and get at least 30 minutes or more of physical activity each day.

National Institute of Diabetes and Digestive and Kidney Diseases (NIH)

COMMUNITY MESSAGES

Inspirational & Encouragement Corner

Submitted by: Josie Powsey

♦ Inspirational & Encouragement ♦♦ Corner ♦

First thing, I want to share with you is on Sundays at 10:00a.m. the Hualapai Church of God, we have Bible Study. I would like to invite you to join us and learn the word of God with us. See you there!

The best thing to read every morning! When you wake up in the morning, you ask yourself:

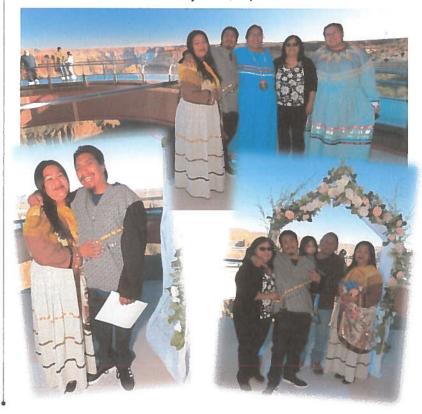
What is Life About?
The answer is in your room...
The fan said... "Be cool."
The roof said... "Aim HIGH!"
The window said... "See the World."
The clock said...
"Every minute is precious."
The mirror said...
"Reflect before you act."
The calendar said... "Be up-to-date."
The door said...
"Push hard for your goals."
The floor said... "Kneel down and pray."
God whispered,
"I WILL take you to it all!!" Amen!

I read this some time ago but someone put this on Facebook and I really like this, so I'm sharing it with you. **Congratulations Newly Weds**

Submitted by: Leticia Morgan | Grand Canyon Resort Corporation

Congratulations to the Newly-weds Mr. & Mrs. Davis February 14, 2020

From: Grand Canyon West



Thank You Tribal Council

Submitted by: Valerie Sumatzkuku

Thank you Tribal Council, Chairman and Vice-Chairman I would like to say thank you to Chairman, Vice-Chairman and Tribal Council for the time and effort you do to help solve the people's problems. I do see change and progress in a lot of areas. I do notice you all in how

you take the time to hear us all . out. One thing I do notice is no one takes the time to greet you all and say thank you. So, again I do thank you all and am grateful.



Valerie Sumatzkuku

Belated Birthday Shout-out!

Submitted by: Valerie Sumatzkuku

Belated Birthday Shout-out I would like to say... Happy Belated Birthday son Avery J. Sumatzkuku - 2/20/05 The BIG 151 Wow, how time flies. hope you had an awesome day on your day. Remember live for you and your

dreams.

Love, Mom, Dad and your siblings.

Healing Yourself and Soul Submitted by: Valerie Sumatzkuku

Learn to Help Heal Yourself by Valerie Sumatzkuku

Some of the pains and illnesses as we suffer from are indications of acute physical problems. They're signs that our body has broken down and we need medical attention. But many of the aches and pains we experience are symptoms of a deeper process—a process of healing and cleansing our heart and soul. As we go through our daily experiences, circumstances will trigger this healing; someone says something that makes us feel angry or afraid, which then triggers a feeling similar to one we repressed years ago. Or a conversation causes us to remember something that hurt us long ago and our body begins to release the pain of that old emotion. Sometimes, our aches and pains are signals that some emotion is ready to surface. We need to acknowledge the feeling, feel the energy, let it pass through us, then watch for the lesson to appear and pain to dissipate. If we are committed to a path of spiritual growth, our bodies will soon began to use everything that happens as a vehicle for healing. Trust yourself and listen and you'll know what to do. You'll find healers and help that will support you, as you continue to discover and trust your soul.

"Remember to trust the simple everyday wisdom of your body. It's a barometer for your soul."

Respect, Love & Strength

Submitted by: Mario Zephier

Gamyu! Respect, Love and Strength;

To all Hualapai People and all who strive to better themselves, their families and communities to solidify their Tribal Nations. "Red Hawk" Zephier, here with some more "Red Road Ethics" to help overcome stumbling blocks that will be upon your path as we continue to walk the Red Road of this life. Walk well, sisters and brothers. With Respect, Love and Strength.

> Red Hawk Zephier Hualapai-Lakota

Red Road Ethic

Practice Forgiveness:

Your journey upon the Red Road will be filled with acts requiring forgiveness—Forgiveness of others and forgiveness of yourself. Mindfully practiced this incredible act of humanity and the Red Road will be an easy path to follow.

Also, absolution breeds the same in others. Be quick to forgive and others will grant you the same kindness.

Search for yourself, by yourself:

Do not allow others to make your path for you. It is your road and yours alone. Others may walk it with you, but no one can walk it for you. Accept yourself and your actions. Own your thoughts. Speak up when wrong and apologize. Know your path at all times. To do this, you must know yourself inside and out. Accept your gifts as well, as your shortcomings and grow each day with honesty, integrity, compassion, faith and brotherhood.

Seek Wisdom:

Those who are wise have lived a lifetime with ears open and a willingness to not only experience truth, but to pursue it as well.

Wisdom is gained by: Listening to your Elders. They have walked a longer path than you. Seeking all that is true. Wisdom lies within honesty, not the deception. Realizing that education is never ending. Even death as a final lesson. Learning from Mother Nature. Her wisdom is infinite.

Diamond Creek Restaurant • Hours Change Submitted by: Consuela Bravo

Diamond Creek Restaurant

Starting Sunday February 23, 2020 Diamond Creek Restaurant will be open from 6AM to 9PM

> Thank you, Diamond Creek Restaurant Staff

Page 56 GAMYU

Look Who's in the Spotlight • Recognition Shout-Outs

Submitted by: Danielle Bravo | Hualapai Planning Department



Juliana Nez: Washington Journalism and Media Conference

Juliana Nez (daughter of Tasha and Christopher Nez) was nominated by her English teacher Mrs. Campbell to attend the 2020 Washington Journalism and Media Conference in Washington DC. Juliana is a 17 year old enrolled member of the Hualapai Tribe located in Peach Springs, Arizona.

Growing up on the Hualapai Indian Reservation we have always encouraged Juliana to do her absolute best in her academics, she wakes up in the morning at 5 am, Monday to Thursday to travel to Seligman High School which is 60 miles round trip each

day. Juliana was recognized for her academic achievement and was nominated... and Juliana was selected by the George Mason University to attend their conference next year in July. So we are fundraising for her to participate in this once in a lifetime opportunity. Not only will she be representing herself as a individual but she will be representing the Hualapai Tribe, Seligman High School, Coconino County and the State of Arizona.

Dear Juliana,

This is confirmation of your registration for the 2020 Washington Journalism and Media Conference to be held July 19-24, 2020 at George Mason University. I am looking forward to welcoming all of our National Youth Correspondents to campus this summer!

Welcome to WJMC

George Mason University is the host of the Washington Journalism and Media Conference (WJMC) and each summer welcomes high school student leaders from all over the country as National Youth Correspondents. National Youth Correspondents join the Mason community which includes students and faculty from all over the world. Mason is both the largest public university in Virginia and one of the most culturally diverse universities in the nation. This summer's conferences will take place July 19 to 24, 2020.

Mason attracts proven and innovative leaders in communications, media research, new media, and electronic journalism. Faculty members have developed the WJMC curriculum to suit the needs and potential of the nation's most talented future leaders in the field. The conference curriculum includes hands-on learning with industry leaders from the Mason faculty as well as international media outlets and Washington insiders. National Youth Correspondents will experience an integrated and forward-thinking approach to journalism and media, while acquiring valuable "in-the-trenches" knowledge.

Congratulations Juliana! Source: GoFundMe https://gf.me/u/xpgwpr

Congratulations to Garnett Querta on your latest achievement of becoming a new member of Phi Theta Kappa Honor Society! Keep up the good work! **From: Artie Vaughn & Family**

Program

Procession of Inductees
Welcome

Dr. Fred Cilliert, Campus Dean

Guest Speaker

Dr. Frevor Holland, Finglish Faculty
Induction Ceremony

Ivisors, John Hansen, Dr. John Eins, and
Dr. Trevor Holland,

Officers, Keron Soriamo, President
(Regional Officer)

Elizabeth Najera, Vice President of
Scholarship Regional Officer)

ten Skylar, Vice President of Fellowship

ichelle Scalariz, Vice President of Service

Arel Adaman, Necrotary

Junber Wells, Communications

Maria Burnell, Discourser



Phi Theta Kappa History

Established by Missouri two-year college presidents in 1918, the Phi Theta Kappa International Honor Society serves to recognize and encourage the academic achievement of two-year college students and provide opportunities for individual growth and development through honors, leadership, and service programming. Today, Phi Theta Kappa is the largest honor society in American higher education with more than 2 million members and 1,250 chapters located in 50 United States, U.S. territories, Canada, South America and Germany. In 1929, the American Association of Community Colleges recognized Phi Theta Kappa as the official honor society for two-year colleges.

Our Spring 2020 Inductees

Ethan Armendariz Laura Bail Joy Barone Evangeline Brotsch Chelsea Bullock Nicholas Duhancik Brandon Garcia Natasha Garrison Lazarus Humphreys Keanu Huysman Kristin Kile Katic Marbury Russell Meyering Kaira Monson Matt Montijo Heather Owens Garnett Querta Leihah Rhodes Megan Romanowsky Spencer Severns Clayton Shankles Richard Sheldon Kunberty Smith Virginia Sonsteng David Teves Lucas Williams



Recently, three tribal high school athletes have been invited to compete in the annual Down Under Sports Tournaments in Queensland, Australia this summer. To read more information about the organization, please visit:

https://downundersports.com/

Congratulations on your recent accomplishments and continue to work hard.



Trevor Walker (son of Irene and Isiah Evanston & Dion Walker and Coleen Mahone) was selected to compete in the Basketball league with Down Under Tournaments. As mentioned in the last issue, from River Valley High School in Arizo-

na, received 1st Team Ăll Region.



Taylaquay Marshall (daughter of Jacqueline & Guy Marshall) was selected to compete in the Basketball league with Down Under Tournaments.

All youth are currently fundraising.

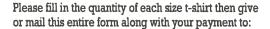




Shaileen Gonzales (daughter of Joyce Smith and Gary Gonzales, Jr.) is a current member of the Color Guard and a current member of the MMIW club which is new in Riverside Indian School located in Anadarko. She'll be Oklahoma. competing in Cross Country and will be the 5th individual from Riverside (2nd female) to attend from school. The Down Under Tournament events will take place in Australia, during June 27th-July 6th. Shaileen will be selling shirts and for every donation made that person will be entered in a drawing. She is also seeking sponsors







SHAILEEN GONZALES

PO BOX 103
PEACH SPRINGS, AZ 86434-0103

Your order will be delivered to you by Shaileen. If you have any questions, please contact Shaileen or Down Under Sports at 435-753-4732.

DUS ID: GCK-TAF



Shaileen Gonzales Oklahoma Cross Country Team

\$25

LIST OLIANTITIES TO OPDER IN BOYES BELOW

YOUTH:	S	M	L	
ADULT:				
S	М	L	XL	2XL
3XL	4XI	L		

SPONSOR DETAILS

Name:		
Delivery Address:	_	
Phone #:		

Page 58 GAMYU



Shaileen Gonzales

representing

Oklahoma

for

Cross Country



As an athlete, I have been invited to participate in the Down Under Sports Tournaments hosted on the Gold Coast of Australia. I am honored to be an ambassador of not only my community and state, but also our country. I will be representing Oklahoma on the Cross Country Team during the summer of 2020. I am looking for sponsors to make donations towards the cost of competing down under. A major source of funds comes through voluntary contributions of family, friends, and business sponsors. Your sponsorship will be a very important part of fundraising for me and my team. This donation will help us fulfill this once-in-a-lifetime opportunity.

Included below is a thank you ticket for taking the time to read this letter. Just fill in the ticket and send this entire page to Down Under Sports at the address listed below. You will go into a drawing for a trip for two to Australia and/or a subsequent drawing for a 5-day cruise for two.

WAYS TO DONATE:



Tonate online at: https://DownUnderSports.com/GCK-TAF (case sensitive)



索 Make check out to: "Down Under Sports" and mail it along with this letter to the address below



THANK YOU FOR YOUR GENEROSITY

To Whom It May Concern:

We at Down Under Sports have invited Shaileen Gonzales to represent Oklahoma Cross Country in the 32nd annual Down Under Sports Tournaments to be hosted in the summer of 2020. We wholeheartedly endorse Shaileen and ask that you give this sponsorship letter your full consideration. Any assistance you can give would be greatly appreciated.

12424	2020 THANK YOU TIC	KET
NADERNANOD	1st Draw: Win 2 all-expense-paid trips* to the 202t Competition in Australia. All entries must be received Sports no later than 5PM MDT on June 3, 2020 – er time will be entered into both drawings. 2nd Draw: Win a 5 day Cruise for 2. All entries must bown Under Sports no later than 5PM MDT on Aug received between June 3, 2020 5 01 PM MDT and / MDT will be entered into 2nd draw only Does not in	d by Down Under ntries received by this st be received by ust 3, 2020. Entries August 1, 2020 5pm
Name:		
Address:		
Phone:		
mail your entries to: Down PO Box 6010, North Logar	· · · · · · · · · · · · · · · · · · ·	
NO PURCHASE NECESSAR	NO LATE ENTRIES ACCEPTED	
FOR OFFICIAL RULES GO T	O: WWW.DOWNUNDERSPORTS.COM	
	tion. Faxed and scanned copies not accepted. ckage (see rules for trip details)	GCK-TAF

Shaileen Gonzales

Oklahoma Cross Country

Donation Amount:	\$
-------------------------	----

Please send this entire page along with your check to:

DOWN UNDER SPORTS PO BOX 6010 **NORTH LOGAN, UT 84341**

downundersports.com 435-753-4732 (call or text) Mon-Thu: 10am-6pm Mountain Time Fri: 10am-1pm Mountain Time

KWLP 100.9FM • Political Advertising Disclosure

Submitted by: Terri Hutchens | KWLP 100.9FM

KWLP Political Advertising Disclosure

As a radio station broadcasting under a commercial license issued by the Federal Communications Commission (F.C.C.), KWLP, 100.9 FM, Peach Springs, Arizona *must* comply with certain rules and regulations regarding political advertising during designated "political windows." These rules vary regarding federal, state and local election campaigns and issues-focused political advertising. Political windows are 45 days prior to primary elections and 60 days prior to general elections. KWLP will be applying the F.C.C. rules regarding *local* elections to the upcoming Hualapai Tribal Council elections, as well as the many other elections taking place in local communities, statewide and nationally. These rules include "equal opportunity" to "reasonable access" for "legally qualified" candidates for the same office.

If you are a "legally qualified" candidate interested in advertising on the radio, you are entitled to review the station's public file, including the political advertising request and run contents, and to information from the station regarding:

- Classes of spots and day parts generally sold
- General rotations sold by the station
- Sales practices such as "make goods," discounts for packages, etc.,.
- Lowest available spot rate

If you request to purchase political advertising time, you will need to complete a requisite disclosure statement (N.A.B. #17, 18) that must be kept in the station's public file for two years.

If you are otherwise interested and have any questions about the pertinent rules, please call the station manager at (928) 769-1110. KWLP's policy and procedure handbook is also available to review on the station website at www.kwlpradio.com.

KWLP 100.9FM • Listener Survey

Submitted by: Terri Hutchens | KWLP 100.9FM



KWLP 100.9 FM www.kwlpradio.com

Hualapai Tribe Radio
P.O. Box 397
480B Hualapai Way
Peach Springs, Arizona 86434
telephone:(928) 769-1110
request line:(928)769-1090



February 20, 2020

Re: Peach Springs Community Radio Station KWLP FM 100.9 and streaming at www.kwlpradio.com

Gamyu! Peach Springs Resident's and other KWLP listeners:

As you may know, the Hualapai Tribe has been operating a radio station, for nearly 10 years. The Hualapai Tribe radio station is a program of the Hualapai Tribe Health, Education and Wellness Department. Although the FM station operates under a commercial license from the F.C.C., the content and functioning are done more like a community non-profit station. The mission statement of the radio station program is to:

- Be a mechanism in the community that will encourage and assist in preserving the Hualapai community and its' traditions, culture and language;
- Provide a variety of educational, entertaining, informative and cultural programming, both local and national, that will serve all age groups, interests and related needs on the reservation;
- Promote and enhance timely and accurate communication about local a news, events, and emergencies on the reservation.

The program needs your input to accomplish this mission!

Please take a few minutes to fill out the 2020 listener survey. If you received the survey in the mail, please return it in the enclosed stamped, self-addressed, return envelop. Everyone who completes a survey may enter a raffle to win a KWLP swag bag full of station promotional items, including a radio, all valued at approximately \$50.00. If you want to enter the raffle, please also return the enclosed raffle ticket with your name and telephone number. We will draw 10 winners as soon as the station receives 400 completed surveys. We will announce the results of the survey and the winners of the raffle in a future Gamyu article, on the air and on the station's Facebook page: KWLP "The Peach."

Surveys will also be available to complete at various community events and at the radio station located at 480B Hualapai Way, Peach Springs, AZ. If you have any questions about the radio station program, please feel free to call station staff at (928) 769-1110, take a look at the website at www.kwlpradio.com or check out our Facebook page at KWLP "The Peach." Places are available to submit comments and give input at both locations.

We appreciate all our Peach listeners and your on-going support and participation.

Hankyu!

