

Hualapai Transit Meeting • Wednesday, February 12th

Submitted by: Richard Knott | Hualapai Planning Department

GREAT [Handicap Accessible - Corner of Diamond Creek Road and Hualapai Way in Peach Springs, AZ] A TRIBE

February 12, 2020 at 10:00 A.M

LTI-PURPOSE BUILD

HUALAPAI TRANSIT PROGRAM

#### Inside this issue:

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#### SPECIAL **POINTS** OF INTEREST: • HTUA Board

- Meeting will be on Thursday, February 13th at 9:00AM at Hualapai Cultural Resources Department.
- be Wednesday, Feb-19<sup>th</sup> ruary 10:00AM at the Department of the Cultural Resources
- Shareholders Meeting on Friday, February 21st at the Tribal Gym (pg. 8)
- ings on Monday, February 24<sup>th</sup> at the Tribal Gym (pg. 9)

# PUBLIC MEETING NOTICE

# TERC Meeting will

• Community Meet-



Hualapai Tribal Departbe closed ments will Monday, February 17th in observance Presiof dent's Day.

# Join us to learn about the Hualapai Transit system and to provide input on the Hualapai Tribe's 5311

Grant Application.

Hualapai Transit policy assures full compliance with Title VI of the Civil Rights Act of 1964, the Restoration Act of 1973, the Americans with Disabilities Act of 1990 (ADA), and related statutes and regulations in all programs and activities. Individuals with Limited English Proficiency per Title VI requirements and needed ADA assistance may request an accommodation by calling 769-6384



#### Public Notice from Hualapai Tribal Court • Adoption Hearing Submitted by: Yolanda Wescogame | Hualapai Tribal Court



HUALAPAI TRIBAL COURT PO BOX 275 PEACH SPRINGS, AZ 86434 (928) 769-2338

# IN THE HUALAPAI TRIBAL COURT HUALAPAI RESERVATION, STATE OF ARIZONA

PUBLIC NOTICE OF AN ADOPTION OF A MINOR CHILD.

BORN: IN THE MONTH OF OCTOBER, THE YEAR 2006

IS INVOLVED IN AN ADOPTION MATTER. THE CHILD HAS NO FATHER LISTED ON THE BIRTH CERTIFICATE AND IF YOU WISH TO EXERCISE YOUR PATERNITY RIGHTS, THEN CONTACT THE HUALAPAI TRIBAL COURT IN CASE # 2019-CV-095 WITHIN 31 DAYS OF TODAY VIA WRITTEN NOTICE.

January 9, 2020 DATE

OURT CLERK

#### <u>Hualapai Language Gathering • February</u> Submitted by: Danielle Bravo | Hualapai Planning Department

#### Hualapai Cultural Resource Department

**Presents** 

**HUALAPAI LANGUAGE GATHERING** 

When: February 04<sup>th</sup>, 06<sup>th</sup>, 18<sup>th</sup>, 20<sup>th</sup>, 25<sup>th</sup>, 27<sup>th</sup>, 2020

Where: Hualapai Cultural Resource Large Conference Room Time: 4:00pm - 6:00pm

HWALBAY'L GWA:WJAYU

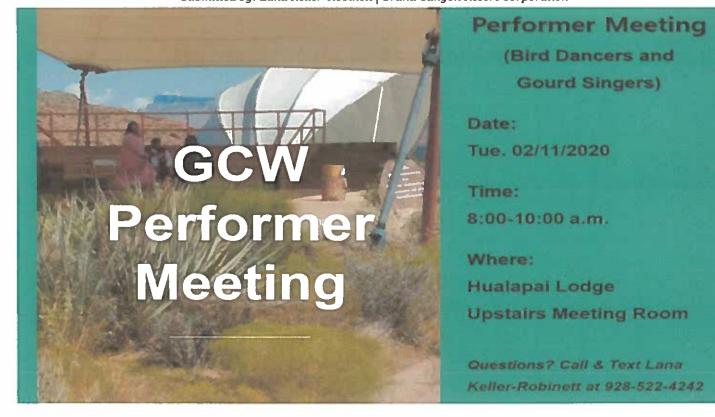
We want to make learning fun, speakers and learners

HANKYU

NYI HAM BA NYU U:HI YU

FOR MORE INFORMATION, YOU MAY CALL HDCR @ (928) 769-2234

GCW Performer Meeting • Tuesday, February 11<sup>th</sup>
Submitted by: Lana Keller-Robinett | Grand Canyon Resort Corporation





#### Valentine's Day Bazaar • Friday, February 14th

Submitted by: Monique Alvirez | Hualapai Tribal Court



Arts & Crafts/Food & Bake Sales Friday, February 14, 2020 @ Multi-Bldg. 10:00am to 4:00pm PUBLIC EVENT

Contact Monique Alvirez @ 928-522-4554 or Facebook: Monique Alvirez or Monique Mahone

Free Valentine's Day Weddings • Friday, February 14th
Submitted by: Alyce Crook | Hualapai Tribal Court



#### Free Valentine's Day Weddings • Friday, February 14<sup>th</sup> Submitted by: Leticia Morgan | Grand Canyon Resort Corporation



#### YOU WILL NEED:

- 2 Witnesses
- Request to view the schedule times for the ceremony.

(Weddings will be held in 32 hour increments)

- Inform the court if you will or will not be exchanging rings and vows.
- Applications will be available in the court lobby.

#### **HUALAPAI WEDDING OFFERS:**

(Offers valid for Hualapai Tribal Members with proof of Tribal Identification)

- Complimentary Admission for Hualapai Tribal Members.
- Tribal Members may bring up to 4 guests Each!
- Must be at least 18 years old to invite guests.
- Skywalk Photos \$5

#### Valentine's Day Grams • Friday, February 14th Submitted by: Danielle Bravo | Hualapai Planning Department



Help Support the Head Start Transition Ceremony

#### VALENTINE'S DAY BAZAAR ♥ -Friday, February 14, 2020 Multi-Purpose Building from 10AM - 4PM

Order a Valentine's Day Gram today to guarantee delivery for your better half, secret admirer, friend, child or co-worker!

- ♥ 6 Cake pops gift box includes blank note card, 4½" plush bear with 3 balloons \$10 (Gift box orders come with 1 foil + pink and red latex balloons)
  - 🛡 2 Cake pops with 1 popcorn snack mix plus 1 latex pink or red balloon 💲
    - ♥ Single cake pop \$2 ♥ ... Plus, other goodies at Bazaar



Velivery Availa

February 13th & 14th
\*GCW orders available for delivery on 13th\*



Need help finding a Transition Parent Member? Please contact: President, Vanessa Siyuja or Vice-President, Christina James at (206) 841-6919

By: Hualapai Transition Parent Committee

# Diamond Creek Restaurant VALENTINE'S DAY SPECIAL FOR TWO

Each Person has a choice of either a ½ rack of Ribs or an 8 oz. flat iron steak.

Choice of 2 sides:

Baked Potato, Corn on the Cob, Fries or a Side Salad

Dessert: Chocolate Molten Cake with a scoop of Vanilla Ice Cream to Share

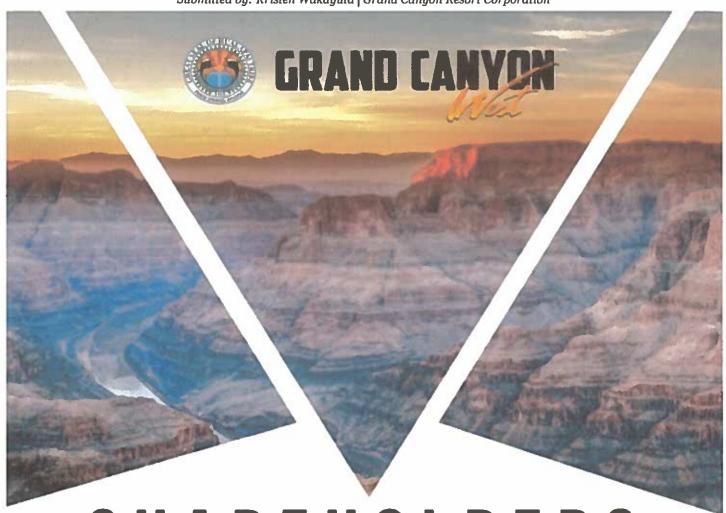
\$25.99

If you get married by the court on Feb 14<sup>th,</sup> 2020 bring in your Marriage Certificate for an added 10% off your ticket

While Supplies Last!!!!



#### Shareholders Meeting • Friday, February 21st Submitted by: Kristen Wakayuta | Grand Canyon Resort Corporation



# SHAREHOLDERS MEETING

2019 GCRC REVIEW

February 21<sup>st</sup>, 2020 Hualapai Tribal Gymnasium

Starting at 5:00 PM
Doors Open at 4:30 PM

- Dinner will be served
- Gift bags for 18 & older (While supplies last)
- Door Prize Raffle
   (Must be Present to Win)
   \*GCRC Employees are excluded from Raffles













Community Meeting • Monday, February 24th Submitted by: Shanna Salazar | Hualapai Tribal Administration

Come with an open mind and solutions

Department Updates:
Hualapa Huaman Resources -Travis Godwin
Hualapai Public Defender's Office -Gary Tillery
Hualapai Game & Fish -Scott Crozier
Hualapai Health, Education, and Wellness Department -Sandra Irwin

Presenting Departments will have Informational Booths

Dinner Will Be Served

MONDAY, FEB 24@4PM

Hualapai Tribal Gymnasium



#### **Every Native Vote Counts 2020!!**

Submitted by: Adeline Crozier | Hualapai Tribal Administration

Please note the voter registration deadlines for 2020. The Presidential Preference Election is scheduled for March 17, 2020 with a deadline to register to vote of February 18, 2020. As it states "Ballots are political party specific. Voters registered without a political party by the Voter Registration Deadline cannot participate in this election. The only candidates in this election are the Arizona qualified Presidential Primary candidates."

PLEASE IF YOU ARE 18 YEARS AND OLDER AND YOU ARE NOT REGISTERED TO VOTE, PLEASE COME TO THE TRIBAL OFFICE AND I WILL ASSIST YOU IN GETTING REGISTERED. OR IF YOU MOVED AND CHANGED YOUR ADDRESS.



VOTER REGISTRATION 101: DATES AND DEADLINES

#### Election Calendar 2019 to 2020

Be aware of upcoming elections and voter registration deadlines. Each deadline is calculated by counting backwards from Election Day. For example, the Voter Registration Deadline is E-29, meaning 29 days before Election Day.

Election Day	Election Type	Voter Registration Deadline (E-29)	Ballots Mailed (E-27)	Return Ballots By* (E-6)
March 12, 2019	Jurisdictional	February 11, 2019	February 13, 2019	March 6, 2019
May 21, 2019	Jurisdictional	April 22, 2019	April 24, 2019	May 15, 2019
August 27, 2019	Jurisdictional	July 29, 2019	July 31, 2019	August 21, 2019
November 5, 2019	Jurisdictional	October 7, 2019	October 9, 2019	October 30, 2019
March 10, 2020	Jurisdictional	February 10, 2020	February 12, 2020	March 4, 2020
March 17, 2020	Presidential Preference	February 18, 2020	February 19, 2020	March 1ft, 2020
May 19, 2020	Jurisdictional	April 20, 2020	April 22, 2020	May 13, 2020
August 4, 2020	Primary	July 6, 2020	July 8, 2020	July 29, 2020
November 3, 2020	General	October 5, 2020	October 7, 2020	October 28, 2020

\*After this deadline MCRO recommends dropping your ballot off at a voting location rather than mailing it in.

\*\*Moved per ARS 16-120 due to E-29 days being a holiday.

#### **Election Types Key:**

Jurisdictional – Refers to off-season elections where Jurisdictions like Cities, Towns, School Districts, and Special Districts may choose to hold their elections. Stay informed about whether or not your local district is having an election by visiting our website <u>Maricopa.Vote</u>.

**Presidential Preference**— Ballots are political party specific. Voters registered without a political party by the Voter Registration Deadline cannot participate in this election. The only candidates in this election are the Arizona qualified Presidential Primary candidates.

**Primary**— In August of even years partisan candidates run on this ballot to represent their party for the General Election. Ballots are party specific and voters without a political party must tell MCRO which ballot they would like to receive. See page 5 for more details.

**General**- In November of even years the winners of the Primary election, judges, nonpartisan candidates, and propositions appear on this ballot. Ballots are precinct specific, not party specific.

#### Grand Opening for the Park, Playground and Basketball Court

Submitted by: Kevin Davidson | Hualapai Planning Department

#### Grand Opening for the Park, Playground and Basketball Court

On Friday, January 24, 2020, the Hualapai Tribe held the grand opening for the new park, playground and basketball court located in uptown Peach Springs. After several years of planning, securing funding, working with architects and engineers and then construction contractors, both projects are ready to use. Over 200 people attended the event as members of Tribal Council, Hualapai Royalty and tribal staff made presentations on their appreciation and care of these new recreational facilities. Mr. Ivan Bender, Drake Havatone, Larry Cardy, Jr. and Leland Cardy were so kind to give the blessing.



Chairman Clarke welcomes the audience Photo by Richard Knott



Danielle Bravo greets attendees with SWAG and raffle tickets. Photo by Richard Knott

#### Park and Playground on Juniper Street

The new park and playground contains a 576 sq. ft. ramada, two BBOs grilles, a drinkfountain. ing minibasketball court youth, a swing set, climbing structure, slides, a seated spinner and a sandbox. We would like to thank Exerplay, Competitive Edge Contracting, American Fence, Public Services Apprenticeship Program, Utilities, TERO and of course the generous support from tribal council and Freeport McMoRan.



Children at play

Photo by Richard Knott

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#### **Basketball Court on Oak Street**

The new full-size court has six hoops and over 6,100 square feet of surface area. Eight-foot high perimeter fencing will help keep balls from rolling into the street and eight security lights will keep the court well lit at night for safety. The court will be striped when the weather warms up. The hours of operation are from dawn to dusk for the basketball court and the park and playground.



View of basketball court from Indian Health Services Clinic parking lot on Oak Street
Photo by Richard Knott

#### Community Notice • Hualapai Youth Camp Closure

Submitted by: Adeline Crozier | Hualapai Tribal Administration

The Great Spirit created Man and Woman in his own image. In doing so, both were created as equals. Both depending on each other in order to survive. Great respect was shown for each other; in doing so, happiness and contentment was achieved then, as it should be now.

The connecting of the Hair makes them one person, for happiness or contentment cannot be achieved without each other.

The Canyons are represented by the purples in the middle ground, where the people were created. These canyons are Sacred, and should be so treated at all times.

The Reservation is pictured to represent the land that is ours, treat it well



The Reservation is our heritage and the heritage of our children yet unborn. Be good to our land and it will continue to be good to us.

The Sun is the symbol of life, without it nothing is possible – plants don't grow – there will be no life – nothing. The Sun also represents the dawn of the Hunlapai people. Through hard work, determination and education, everything is possible and we are assured bigger and brighter days ahead

The Tracks in the middle represent the coyote and other animals which were here before us.

The Green around the symbol are pine trees, representing our name Hualapai - PEOPLE OF THE TALL PINES -

#### HUALAPAI TRIBE OFFICE OF THE CHAIRPERSON

Damon R. Clarke, Ed.D Chairman

P.O. Box 179 / 941 Hualapai Way • Peach Springs, Arizona 86434 (928) 769-2216 • 1-888-769-2221

Philbert Watahomigie, Sr. Vee Chairman

November 21, 2019

#### NOTICE

Hualapai Youth Camp facilities will be closing for the winter season, effective November 25, 2019 through March 31, 2020. It will re-open on April 01, 2020.

Thank you.

Philbert Watahomigie, Sr.

A thist telulying

Vice-Chairman

#### Grand Canyon Resort Corporation • Vehicle Auction Submitted by: Nicholas Cabrera | Grand Canyon Resort Corporation

# VEHICLE AUCTION

The Grand Canyon Resort Corporation is auctioning a fleet vehicle.





#### 2011 Chevy Suburban

- Mileage 193,197
- AS IS Condition
- Motor issues/needs to be replaced
- Parts vehicle
- · Winning bidder is responsible for towing vehicle off property

#### Vehicle Bid #1815

Auction Opens: January 7, 2020 Auction Closes: February 7, 2020 Announcement: February 10, 2020

#### **REQUIREMENTS:**

- A minimum bid of \$200
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 7, 2020

#### SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Vehicle Bid #1815
- Full Name
- Contact Number
- Amount of bid, no less than \$200

#### Bids may be mailed to:

**Grand Canyon Resort Corporation** Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

#### Or hand delivered to:

Administrative Office -Procurement Dept. in Peach Springs. Bids must be in a sealed envelope.

All interested bidders are welcome to inspect the vehicle. For more information, you may contact the Procurement Department at (928) 769-2419



The Grand Canyon Resort Corporation is auctioning a fleet vehicle.



#### 2010 Ford F150 4x4 Crew

- Mileage 174,025
- AS IS Condition
- Driven very hard
- Starts and runs

#### Vehicle Bid #1816

Auction Opens: January 7, 2020 Auction Closes: February 7, 2020 Announcement: February 10, 2020

#### **REQUIREMENTS:**

- A minimum bid of \$1500
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 7, 2020

#### **SUBMITTING YOUR BID:**

Please submit your bid, along with the following information:

- Vehicle Bid #1816
- Full Name
- Contact Number
- Amount of bid, no less than \$1500

#### Bids may be mailed to:

Grand Canyon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

#### Or hand delivered to:

Administrative Office -Procurement Dept. in Peach Springs. Bids must be in a sealed envelope.

All interested bidders are welcome to inspect the vehicle. For more information, you may contact the Procurement Department at (928) 769-2419

The Grand Canyon Resort Corporation is auctioning a fleet vehicle.



#### 2013 Ford F550 4x4 Crew

- Mileage 77,559
- AS IS Condition
- Driven very hard
- Starts and runs
- Cab loose on frame
- Winning bidder is responsible for removing vehicle off property

#### Vehicle Bid #1817

Auction Opens: January 7, 2020 Auction Closes: February 7, 2020 Announcement: February 10, 2020

#### REQUIREMENTS:

- A minimum bid of \$1000
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 7, 2020

#### **SUBMITTING YOUR BID:**

Please submit your bid, along with the following information:

- Vehicle Bid #1817
- Full Name
- Contact Number
- Amount of bid, no less than \$1000

#### Bids may be mailed to:

Grand Canyon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

#### Or hand delivered to:

Administrative Office Procurement Dept. in Peach Springs.
Bids must be in a sealed envelope.

All interested bidders are welcome to inspect the vehicle. For more information, you may contact the Procurement Department at (928) 769-2419



The Grand Canyon Resort Corporation is auctioning a fleet vehicle.



#### **2010 Ford E350 Van**

- Mileage 160,000
- AS IS Condition
- No transmission
- Parts only
- Winning bidder is responsible for removing vehicle off property

#### Vehicle Bid #1818

Auction Opens: January 7, 2020 Auction Closes: February 7, 2020 Announcement: February 10, 2020

#### REQUIREMENTS:

- A minimum bid of \$200
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 7, 2020

#### **SUBMITTING YOUR BID:**

Please submit your bid, along with the following information:

- Vehicle Bid #1818
- Full Name
- Contact Number
- Amount of bid, no less than \$200

#### Bids may be mailed to:

Grand Canyon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

#### Or hand delivered to:

Administrative Office Procurement Dept. in Peach Springs.
Bids must be in a sealed envelope.

All interested bidders are welcome to inspect the vehicle. For more information, you may contact the Procurement Department at (928) 769-2419

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# VEHICLE AUCTION

The Grand Canyon Resort Corporation is auctioning a fleet vehicle.



#### 2007 Ford E350 Van

- Mileage 104,500
- AS IS Condition
- Worn out suspension
- ABS sensors out
- Needs battery
- Starts and runs
- Driven hard
- Winning bidder is responsible for removing vehicle off property

#### Vehicle Bid #1819

Auction Opens: January 7, 2020 Auction Closes: February 7, 2020 Announcement: February 10, 2020

#### **REQUIREMENTS:**

- A minimum bid of \$200
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 7, 2020

#### SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Vehicle Bid #1819
- Full Name
- Contact Number
- Amount of bid, no less than \$200

#### Bids may be mailed to:

Grand Canyon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

#### Or hand delivered to:

Administrative Office Procurement Dept. in Peach Springs.
Bids must be in a sealed envelope.

All interested bidders are welcome to inspect the vehicle. For more information, you may contact the Procurement Department at (928) 769-2419



The Grand Canyon Resort Corporation is auctioning a fleet vehicle.



#### 2001 Ford F350 4x4 Crew

- Mileage Unknown
- AS IS Condition
- Suspension is shot
- Severe oil leak
- Starts and runs
- Driven hard
- Winning bidder is responsible for removing vehicle off property

#### Vehicle Bid #1820

Auction Opens: January 7, 2020 Auction Closes: February 7, 2020 Announcement: February 10, 2020

#### REQUIREMENTS:

- A minimum bid of \$500
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 7, 2020

#### **SUBMITTING YOUR BID:**

Please submit your bid, along with the following information:

- Vehicle Bid #1820
- Full Name
- Contact Number
- Amount of bid, no less than \$500

#### Bids may be mailed to:

Grand Canyon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

#### Or hand delivered to:

Administrative Office Procurement Dept. in Peach Springs.
Bids must be in a sealed envelope.

All interested bidders are welcome to inspect the vehicle. For more information, you may contact the Procurement Department at (928) 769-2419

The Grand Canyon Resort Corporation is auctioning a fleet vehicle.



#### 2011 Chevy 3500 4x4 Crew

- Mileage Unknown
- AS IS Condition
- Blown motor
- Parts Only
- Winning bidder is responsible for towing vehicle off property

#### Vehicle Bid #1821

Auction Opens: January 7, 2020 Auction Closes: February 7, 2020 Announcement: February 10, 2020

#### REQUIREMENTS:

- A minimum bid of \$200
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 7, 2020

#### **SUBMITTING YOUR BID:**

Please submit your bid, along with the following information:

- Vehicle Bid #1821
- Full Name
- Contact Number
- Amount of bid, no less than \$200

#### Bids may be mailed to:

Grand Canyon Resort Corporation
Attn: Procurement Department
PO BOX 359
Peach Springs, AZ 86434

#### Or hand delivered to:

Administrative Office -Procurement Dept. in Peach Springs. Bids must be in a sealed envelope.

All interested bidders are welcome to inspect the vehicle. For more information, you may contact the Procurement Department at (928) 769-2419



The Grand Canyon Resort Corporation is auctioning a fleet vehicle.



#### **2012 Ford F550 Truck**

- Mileage Unknown
- AS IS Condition
- Parts only
- Winning bidder is responsible for towing vehicle off property

#### Vehicle Bid #1824

Auction Opens: January 7, 2020 Auction Closes: February 7, 2020 Announcement: February 10, 2020

#### REQUIREMENTS:

- A minimum bid of \$200
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 7, 2020

#### **SUBMITTING YOUR BID:**

Please submit your bid, along with the following information:

- Vehicle Bid #1824
- Full Name
- Contact Number
- Amount of bid, no less than \$200

#### Bids may be mailed to:

Grand Canyon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

#### Or hand delivered to:

Administrative Office Procurement Dept. in Peach Springs.
Bids must be in a sealed envelope.

All interested bidders are welcome to inspect the vehicle. For more information, you may contact the Procurement Department at (928) 769-2419

The Grand Canyon Resort Corporation is auctioning a fleet vehicle.



#### 2013 Ford F550 Truck

- Mileage Unknown
- AS IS Condition
- Parts only
- Winning bidder is responsible for towing vehicle off property

#### Vehicle Bid #1825

Auction Opens: January 7, 2020 Auction Closes: February 7, 2020 Announcement: February 10, 2020

#### **REQUIREMENTS:**

- A minimum bid of \$200
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 7, 2020

#### SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Vehicle Bid #1825
- Full Name
- Contact Number
- Amount of bid, no less than \$200

#### Bids may be mailed to:

Grand Canyon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

#### Or hand delivered to:

Administrative Office - Procurement Dept. in Peach Springs. Bids must be in a sealed envelope.

All interested bidders are welcome to inspect the vehicle. For more information, you may contact the Procurement Department at (928) 769-2419



The Grand Canyon Resort Corporation is auctioning a fleet vehicle.



#### **2012 Ford F250 Truck**

- Mileage Unknown
- AS IS Condition
- Parts only
- Winning bidder is responsible for towing vehicle off property

#### Vehicle Bid #1826

Auction Opens: January 7, 2020 Auction Closes: February 7, 2020 Announcement: February 10, 2020

#### REQUIREMENTS:

- A minimum bid of \$200
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 7, 2020

#### **SUBMITTING YOUR BID:**

Please submit your bid, along with the following information:

- Vehicle Bid #1826
- Full Name
- Contact Number
- Amount of bid, no less than \$200

#### Bids may be mailed to:

Grand Canyon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

#### Or hand delivered to:

Administrative Office Procurement Dept. in Peach Springs.
Bids must be in a sealed envelope.

All interested bidders are welcome to inspect the vehicle. For more information, you may contact the Procurement Department at (928) 769-2419

The Grand Canyon Resort Corporation is auctioning a fleet vehicle.



#### 1984 US Army 6x6 Truck

- Mileage Unknown
- AS IS Condition
- Parts only
- Winning bidder is responsible for towing vehicle off property

#### Vehicle Bid #1827

Auction Opens: January 7, 2020 Auction Closes: February 7, 2020 Announcement: February 10, 2020

#### REQUIREMENTS:

- A minimum bid of \$200
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 7, 2020

#### **SUBMITTING YOUR BID:**

Please submit your bid, along with the following information:

- Vehicle Bid #1827
- Full Name
- Contact Number
- Amount of bid, no less than \$200

#### Bids may be mailed to:

Grand Canyon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

#### Or hand delivered to:

Administrative Office Procurement Dept. in Peach Springs.
Bids must be in a sealed envelope.

All interested bidders are welcome to inspect the vehicle. For more information, you may contact the Procurement Department at (928) 769-2419



The Grand Canyon Resort Corporation is auctioning a fleet vehicle.



#### 2005 IC School Bus

- Mileage Unknown
- AS IS Condition
- Bad Converter
- Parts only
- Left windows open to weather
- Winning bidder is responsible for towing vehicle off property

#### Vehicle Bid #1828

Auction Opens: January 7, 2020 Auction Closes: February 7, 2020 Announcement: February 10, 2020

#### REQUIREMENTS:

- A minimum bid of \$1500
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 7, 2020

#### **SUBMITTING YOUR BID:**

Please submit your bid, along with the following information:

- Vehicle Bid #1828
- Full Name
- Contact Number
- Amount of bid, no less than \$1500

#### Bids may be mailed to:

Grand Canyon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

#### Or hand delivered to:

Administrative Office -Procurement Dept. in Peach Springs. Bids must be in a sealed envelope.

All interested bidders are welcome to inspect the vehicle. For more information, you may contact the Procurement Department at (928) 769-2419

The Grand Canyon Resort Corporation is auctioning a fleet vehicle.



#### 2005 IC School Bus

- Mileage Unknown
- AS IS Condition
- Wiring issues/no electronics
- Intermittent start
- Left windows open to weather
- Winning bidder is responsible for towing vehicle off property

#### Vehicle Bid #1829

Auction Opens: January 7, 2020 Auction Closes: February 7, 2020 Announcement: February 10, 2020

#### REQUIREMENTS:

- A minimum bid of \$1500
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 7, 2020

#### **SUBMITTING YOUR BID:**

Please submit your bid, along with the following information:

- Vehicle Bid #1829
- Full Name
- Contact Number
- Amount of bid, no less than \$1500

#### Bids may be mailed to:

Grand Canyon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

#### Or hand delivered to:

Administrative Office - Procurement Dept. in Peach Springs. Bids must be in a sealed envelope.

All interested bidders are welcome to inspect the vehicle.

For more information, you may contact the Procurement Department at (928) 769-2419



The Grand Canyon Resort Corporation is auctioning a fleet vehicle.



#### 2001 International School Bus

- Mileage Unknown
- AS IS Condition
- Windshield loose
- Parts only
- Left windows open to weather
- Winning bidder is responsible for towing vehicle off property

#### Vehicle Bid #1830

Auction Opens: January 7, 2020 Auction Closes: February 7, 2020 Announcement: February 10, 2020

#### REQUIREMENTS:

- A minimum bid of \$1500
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 7, 2020

#### **SUBMITTING YOUR BID:**

Please submit your bid, along with the following information:

- Vehicle Bid #1830
- Full Name
- Contact Number
- Amount of bid, no less than \$1500

#### Bids may be mailed to:

Grand Canyon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

#### Or hand delivered to:

Administrative Office Procurement Dept. in Peach Springs.
Bids must be in a sealed envelope.

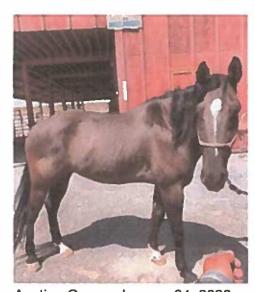
All interested bidders are welcome to inspect the vehicle. For more information, you may contact the Procurement Department at (928) 769-2419

#### **Grand Canyon Resort Corporation • Open Horse Auction**

Submitted by: Nicholas Cabrera | Grand Canyon Resort Corporation

## HORSE AUCTION

The Grand Canyon Resort Corporation is auctioning horses.



Auction Opens: January 24, 2020 Auction Closes: February 27, 2020 Announcement: February 28, 2020

#### REQUIREMENTS:

- A minimum bid of \$1000
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb. 27, 2020

#### SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Name of Horse
- Full Name
- Contact Number
- Amount of bid, no less than \$1000

#### BULLWINKLE

- Breed: Quarter Horse •
- Color: Grulla
- Sex: Gelding
- Age: Approx. 13
- Line Horse
- Needs time on back
- Approachable
- Friendly
- Buyer is responsible for picking up horse
- If we need to deliver, there is a \$350 charge



Auction Opens: January 24, 2020 Auction Closes: February 27, 2020 Announcement: February 28, 2020

#### REQUIREMENTS:

- A minimum bid of \$1500
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb. 27, 2020

#### SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Name of Horse
- Full Name
- Contact Number
- Amount of bid, no less than \$1500

#### **HITMAN**

- Breed: Quarter Horse •
- Color: Bay
- Sex: Gelding
- Age: Approx. 11
- Has been trained
- Needs some ground work
- Approachable
- Slight attitude
- Needs riding time
- Buyer is responsible for picking up horse
- If we need to deliver, there is a \$350 charge

#### **BIDS MAY BE MAILED TO:**

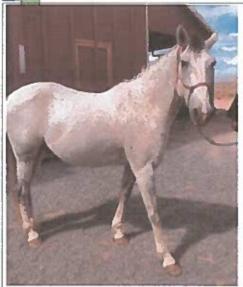
Grand Canyon Resort Corporation Attn: Horse Auction PO Box 359 Peach Springs, AZ 86434

#### OR HAND DELIVERED TO:

Administrative Office Procurement Department in Peach Springs.
Bids must be in a sealed envelope.

All interested bidders are welcome to request info.
For more information, you may contact the Hualapai Ranch at (928) 499-3772

Page 28 GAMYU



## HORSE AUCTION

The Grand Canyon Resort Corporation is auctioning horses.

Auction Opens: January 24, 2020 Auction Closes: February 27, 2020 Announcement: February 28, 2020

#### REQUIREMENTS:

- A minimum bid of \$1000
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on February 27, 2020

#### **SUBMITTING YOUR BID:**

Please submit your bid, along with the following information:

- Name of Horse
- Full Name
- Contact Number
- Amount of bid, no less than \$1000

#### **HURRICANE**

- Breed: Mustang
- Color: GraySex: Gelding
- Age: Approx. 15
- Very high strung
- Likes to go and not slowly
- Has an attitude

#### Needs lots of work

- Buyer is responsible for picking up horse
- If we need to deliver, there is a \$350 charge

#### **BIDS MAY BE MAILED TO:**

Grand Canyon Resort Corporation Attn: Horse Auction PO Box 359 Peach Springs, AZ 86434

#### OR HAND DELIVERED TO:

Administrative Office -

Procurement Department in Peach Springs. Bids must be in a sealed envelope.

All interested bidders are welcome to request info. For more information, you may contact the Hualapai Ranch at (928) 499-3772

GCRC Employees are not eligible to bid at this time.

KWLP 100.9FM's Annual Valentine's Day Giveaway Raffle • Winner Drawn: February 14th

Submitted by: Terri Hutchens | KWLP 100.9FM



## KWLP 100.9FM • Program Schedule Submitted by: Terri Hutchens | KWLP 100.9FM

Y	KWLP PROGRAM SCHEDULE	SCHEDULE				3	(revised 01/22/2020)
	MONDAY	TUESDAY	WEDENSDAY	THURSDAY	FRIDAY	SAT	SUN
6:00AM	Hushpai Welcome AZ Public News Native Masic	Hualapai Wetcome AZ Public News Native Medi	Hadapai Welcome AZ Public News Notive Musi	Hunlopoi Welcome AZ Public Neus Notive Music	Hudiopai Welcome Al Public Nervos Notive Music	WASS	the contract of the contract o
7:00AM	The Morning Hoe Down	The Morting Hoe Down	The Morning Hoe Down	The Morning Hoe Down	The Morning Hoe Down	EVAN	
8:00AM	The Morning Hoe Down	The Morning Hoe Down	The Morning Hoe Down	The Morning Hoe Down	The Morning Hoe Down	The Balance in Fitness - Talk	2000
9:00AM	The Morning Hoe Down	The Morning Hoe Down	The Morning Hoe Down	The Morning Hoe Down	The Morning Hoe Down	W/O	MAG
10:00AM	The Morning Blend	The Morning Blend	Contemporary Country	The Morning Blend	The Morning Blend	Man	Redeemed & Free Rebroadcast
11:00AM	The Morning Blend	The Morning Blend	Contemporary Country	The Morning Blend	The Morning Blend	No.	Music & the Spoken Word
12:00PM	Native Noon Hour	Native Noon Item NVT Trahnat Report	Notine Noon Hour. NVI Word softh in Champ	Native Noon Hour	Notive Noon Hour	Native Noon:	Nutrier Noon Hour
1:00PM	NV1 NA Calling Natl Nather News	NVT NA Calling Naff Notice News	NVT-NA Calling And Notive Arrys	NV1 NA Calling Nati Nation News	NVI NA Calling Noti Native Verse	Base Camp for Men - Talk	NV4 Unificienzed
2:00PM	Oldles	Rock Out Hour	Kee Country Ke dio	Reggos	KPop Music Cafe	even	NV2 Voices from the Circle
3:00pM	Monday Memories Othes	Alternative Dasis	Classic Country	Roots & Helderny	Finally Friday Classic Rock	2000	NV7 American Indian Living
4:00PM	Manday Memories Oidles	Atternative Oasis	Grand Canyon Country Countdown	Roots & Riddines	Finally Friday Classic Rock	DANS	NVI Indigifi
5:00PM	Tukebox Drive at Five	Drive at Five	Country Drive at 5	tive at this Reggine	Request Orbie at Five	DVM	NVT Indigenous in Missir
6.00PM	Southel Moments	Tuesday Torture	Redeemed and Free	Reggae Take Over	Request Drive at 5	UNIN	NVI Indigenous in Mank
7:00PM	Soulful Moments.	Toesday Torture	Down to the Roots	Auggoe Take Over	Mothe Stor	Musi	The Children's Hoor Children
8:00PM	Read on Hualopal Peace Talk Radio - Talk	Read on Huntapat Rock: Variety	Read on Huntapai Down to the Roots	Result on Healopen Region	In the Studio	- 基金	NewSon Hackgrain Faller of Whattom Children
9:00PM	CUM	COUNT	WW	DW	In the Studio	Made	Global Village
10:00PM	NVI Undercontents	NV1-Undercarrents	NVI Undercurrents	AVI Underconnents	Dance with MIR	NV7-Soul Deha	NWT-Soul Destax
11:00PM	NV1 Undercustents	NVI Underconsents	NV1 Undercurrents	NVI-Undercorrents	Dance with MIR	NV1 Souf Orlux	NVI Soul Delux
12:00AM to 6:00am	Map	CON	GVM	GVM	NAM	TAVA.	CAM
"Native "Restate	rac Top 40/Urban/Global	OWITY / Bluesters	1 "Rock "Onlies . Islu/licelth "Veriety " RaB "Children	h "Veriety." As 8 "Childre	9		



#### Diamond Creek Restaurant • New Menu

Submitted by: Consuela Bravo | Diamond Creek Restaurant



All come with Choice of Seasoned, Hand Cut Fries or Sweet Potato Fries.

BBQ Bacon Cheeseburger	\$12.00
Mushroom Swiss Burger	\$12.00
Chili Burger	\$12.00
Patty Melt	\$11.00
Hamburger	\$10.00
Chicken Sandwich Breaded or Grilled	\$11.00
Chicken Strip Basket	\$10.00
Hualapai Wrap	\$9.00
Smoked Bacon, Iceberg Lettuce, Tomato and Mayo.	\$9.00
Pastrami Sandwich	\$10.00

\*Most Burgers are Available as Gluten Free. Ask Your Server.

#### Homemade

Supreme Pizza .. \$16.00
Pepperoni, Sausage, Bell Pepper, Mushrooms. Onions, Black Olives and Mozzarella Cheese.

#### PIZZA

#### Create your Own Pizza \$0.99 Per Topping

Includes: Pepperoni, Seasoned Ground beef, Sausage, Bacon, Diced Ham, Extra Cheese, Bell Peppers, Mushrooms, Black Olives, Onions, Green Chiles, Jalapeno and Pineapple.

Bean & Cheese Frybread	\$7.00
BBQ Sandwich  Jackfruit, KC Masterpiece BBQ Sauce and Choice of Fries.  Available Gluten Free.	\$12.00
Beyond Burger	\$15.00
Veggie Wrap  Kale, Broccoli, Cabbage, Brussel Sprouts, Tomato, Cucumber, Red Peppel Carrot and Roasted Red Pepper Hummus.	\$9.00
Meatless Green Chile	\$10.00
Meatless Green Chile Burrito	\$10.00



Jumbo Chicken Wings  Celery Sticks and Ranch Dressing.  Choice of Buffalo, Honey Hot, BBQ or Parmesan Garlic Sauce.	\$12.00
Fried Pickle Spears	\$7.00
Wisconsin Cheese Curds	\$6.00
Chili Cheese Nachos	\$8.00
Hummus Platter  Roasted Red Pepper Hummus, Pita Chips, Cucumber, Red Pepper, Carrots of	\$9.00 and Celery.

#### **HUALAPAI FAVORITES**

Hualapai Taco ..... \$10.00

Housemade Fry Bread, Refried Beans,
Seasoned Ground Beef, Jack Cheese,
Lettuce, Tomato, Salsa and Sour Cream.

Hualapai Stew
w/ Frybread ......\$11.00
Sirloin Tips, Russet Potatoes, Carrots, Celery,
Stewed Tomatoes, Onion and Roasted

Beef Stock.

Pork Green Chile
w/ Frybread ...... \$10.00
Housemade Pork Green Chile
and Colby Jack Cheese.

Pork Green
Chile Burrito ...... \$10.00
Hour Tortilla, Housemade Pork Green Chile, and Colby Jack Cheese.

Hualapai Elk Burger ..... \$14.00

Durham Farms Grass Fed Elk, Lettuce, Tomato, Onion,
Choice of Seasoned, Hand Cut or Sweet Potato Fries.

# ALADS

Caesar  Crispy Romaine, Homemade Croutons, Parmesan Cheese and Creamy Garlic Dressing.  Add Grilled Chicken Breast \$4	\$10.00
Asian Chicken Salad  Super Slaw, Romaine Mix, Crispy Wontons, Sliced Almonds, Snow Peas and Soy Sesame Vinaigrette	\$14.00
Classic Wedge	\$11.00

#### Grand Canyon West • Complimentary General Admission & Skywalk Admission Submitted by: Phylicia Middleton | Grand Canyon Resort Corporation

# GRAND CANYON WEST IS PLEASED TO OFFER COMPLIMENTARY

GENERAL ADMISSION & SKYWALK ADMISSION

For Hualapai Tribal Members Only

With valid Hualapai Tribal ID eard present to purchase.



888-868-WEST (9378) | FIND US ON • • • • •

Additional products (such as meals, gift shop items or additional tours) are not included.

#### Peach Springs Community Calendar • 2020

Submitted by: Amy Siyuja Hualapai Health, Education & Wellness Department

## 2020 Peach Springs Community Calendar

January 4
Reservation Establishment Day
Hualapai Indian Reservation Established 1883

April 20-21 **LaPaz Run – Two Day Run** Youth Services 928-769-2207 Annually April 21

April 24 **Earth Day**Planning Department 769-1310

May 4-6 Route 66 Days Hualapai Lodge 769-2230 Annually First weekend in May Organized by 66 Committee

June 5-7
Sobriety Festival
HEW 769-2207
Annually sobriety camp out @ youth camp

June 5
Boys & Girls Club Anniversary
BGC 769-1801
Annual celebration, first Friday in June
Officially June 6

June 11
Hualapai Housing Fair & 5K/10K Run/Walk
Housing Department 769-2274
Annually second Friday in June

June 22-25
Pai Language Immersion Camp
Cultural Resources 769-2234
Annually second week in June

June 17-18
Hualapai Summer Youth Conference
Youth Services/Youth Council
928-769-2207
Annually third week in June

To be determined at later date
Yuman Language Family Summit
Cultural Resources 769-2234
Annually last week in June

To be determined at later date Independence Day Community Activities Tribal Administration To be determined at later date Family Fun Day Cultural Resources 928-769-2223 Annually third week in July

July 31

Miss Hualapai Pageant

Annually the Last Saturday in July
Ginger Kathadhe

September 4
Tribal Employee Picnic
Annually the Friday before Labor Day
Addie Crozier 769-2207

September 10
National suicide awareness day
Community Memorial walk
M.S.P.I. 769-2207
Annual September 10

September 21-24 **Hualapai Day Activities**Youth Services 769-2207

Annually fourth week in September

October 19-23 Red Ribbon Week HEW Behavioral Health 769-2207 Annually last week in October

November 19 **Early Childhood Health Day Conference**Hualapai Day Care 769-1515
Annually the Thursday before Thanksgiving

Observed Tribal Employee Holiday's New Years Day January 1 Martin Luther King, Jr., Day January 20 Presidents Day February 17 Memorial Day May 25 Independence Day July 3 Labor Day September 7 Native American Day September 25 Veteran's Day November 11 Thanksgiving Day November 26-27 Christmas December 25 Request for Bids • Deadline: Tuesday, February 18th
Submitted by: Alexandra Crook | Hualapai Health, Education & Wellness Department

# **REQUEST FOR BIDS Food Preparation**

Date, Time & Location:

Friday, February 28, 2020 at 6:00PM

Multipurpose Building, Peach Springs, AZ

Request Menu:

Carne Asada tacos/Beef Tacos

Enchiladas Spanish Rice

Beans Dessert

Fruit punch, Sprite, Water

All tables & flatware

Anticipated number to feed:

50-80 people

Event:

**Inauguration for Youth Council** 

Awarded bidder is responsible for purchase of all groceries and related items, to provide man power to serve through the window at the multipurpose building kitchen. All leftover food must be plated and wrapped and made available for guests to take. Cooks must also provide copies of food handlers card with summitted bid.

Return bids to: Cotton Koyayesva/Alexandra Crook

Hualapai Youth Services 488 Hualapai Way Peach Springs, AZ 86434 Phone: (928) 769-2207

Fax: (928) 769-5484

Email: ckoyayesva@hualapai-nsn.gov

Deadline: Tuesday, February 18, 2020 by 3:00PM

Request for Bids • Deadline: Thursday, February 27<sup>th</sup>
Submitted by: Nancy Echeverria | Grand Canyon Resort Corporation

Submitted by, Nancy Echeverria | Grand Cangon Resort Corporation

The Grand Canyon Resort Corporation announce a Request for Quote (RFQ) for the fabrication and installation of Signage at GCW.

For a copy of the RFQ, please contact the Procurement Office at 928-482-2767 or email request to <a href="mailto:purchase@grandcanyonresort.com">purchase@grandcanyonresort.com</a>.

RFP submittal due date is Thursday, February 27<sup>th</sup> at 4pm, Mountain Standard Time.

Issue #03 Page 35

Grand Canyon Resort Corporation • Summer Youth Program - Accepting Applications: May 1st
Submitted by: Heather Nieto | Grand Canyon Resort Corporation

#### **Grand Canyon Resort Corporation**

# 25 SUMMER Zouth Program

This is notice for all requirements to apply and be considered for the 2020 GCRC Summer Youth Employment Program!

Accepting Applications

MAY 15T



#### PROGRAM GUIDELINES

- Must be an enrolled student
- Provide Transcripts of the current school year
- Must submit a GCRC Summer Youth Application (Submit either to the GCRC Human Resources Office or online) Applications will be available starting May 1st.
- Ages 14 and 15 years of age are eligible to work in Peach Springs ONLY
- Ages 16 and 17 years of age are eligible to work out at GCW
- Must be an enrolled Hualapai Tribal member
- Must pass a Drug Screen
- Parent/Legal Guardian MUST be present during New Hire Processing
- Youth will be placed into departments, not all departments will be available, and schedules will be determined
- Pay rate will be based on years in the Summer Youth Program

#### ANY QUESTIONS OR CONCERNS PLEASE CONTACT:

Heather Nieto | Training & Development Manager | (928) 769-2419 ext. 5283 or (928) 769-6575

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# EDUCATION & TRAINING INFORMATION

Hualapai Head Start • February Newsletter
Submitted by: Pearl Sullivan | Hualapai Head Start



479 HUALAPAI WAY- PEACH SPRINGS, AZ 86434 (928) 769-2522

FEBRUARY 2020

# ATTENTION PARENTS

Head Start is developing an Emergency Response Plan. Working together and communicating what to do during an event is essential. Understanding everyone's role during an emergency before the emergency occurs helps make the response procedure quicker and more efficient. Head Start is continuously improving children's safety. Safety is our number one priority. You as parents can help make this happen.

There are many types of emergencies. In some situations, we may need to safely evacuate the building (example: fire). However, there are other emergencies, when it's best to shelter in place (example: weather or earthquakes) or lockdown (example: danger in your neighborhood).

The key to remember is that each emergency there is a method to put effective barriers between Head Start children, staff and a threat.

Children all year have been practicing monthly fire drill evacuating the building. This next month we will be practicing how to prepare for an Earthquake drill (stop, crawl under the table and crouch down and cover your head). We would appreciate you talking to your child about being safe at school and why teachers practice these drills.

Head Start staff are working with the Police department to help write procedures for a "lockdown" drill. A lockdown drill is when there is danger in the neighborhood. These procedures will be coming home in a flyer and the March newsletter. If you have any questions or concerns please feel free to stop in the center or call. I appreciate your support. Thank you, April Keller, Director

Issue #03 Page 37

# FRIENDSHIP DAY

THE HUALAPAI HEAD START WILL BE CELEBRATING FRIENDSHIP DAY FEBRUARY 13.

WE ASK THAT NO OUTSIDE FOOD, SNACKS OR CANDY BE BROUGHT IN AS PART OF THE

FRIENDSHIP DAY CELEBRATION AS PART OF OUR HEAD START PERFORMANCE

STANDARDS. FOR ANY QUESTIONS. CONTACT THE HEAD START AT 769-2522.

# 2020 CENSUS

# Counting Young Children in the 2020 Census

About 1 million children under age 5 were not counted in the last U.S. Census. For the 2020 Census, everyone's help is needed to close that gap.

In Arizona, early childhood supporters are sharing the message that the census is easy, safe and important to encourage more families to respond when their invitation arrives in March. Responding to the 2020 Census ensures needed resources are provided for babies, toddlers and preschoolers and their communities for the



IF YOU'RE CHILD IS LATE, THEY ARE ALLOWED TO HAVE BREAKFAST SERVED TO THEM. WE ASK THAT THE PARENTS STAY WITH THEIR CHILD UNTIL THEY'RE FINISHED WITH BREAKFAST. WE DO HAVE A DESIGNATED AREAS FOR BOTH PARENT AND CHILD TO SIT DURING THIS TIME. PARENTS ARE NOT COVERED UNDER OUR CACFP GRANT SO WE'LL NOT BE ABLE TO PROVIDE ANY FOOD TO PARENTS.



Monday	Tuesday	Wednesdov	lhursda,	
c. cold cereal % sl. French Toast CN turkey Sausage % c. peaches banana % c. 1% Milk *sugar free syrup		X.c. W.G Oatmeal 1/4c. blueberries % C. 1% Milk	1/2 sl. CN turkey bacon 1/2 c. scrambled egg 1/2 c. Apple % c. 1%Mäk	
Toz. Scrambled Eggs 1/2slice Turkey Bacon K.c. Fresh Banana K.c. 1% Milk	1/3 c. Oatmeal %c. Strawberries % c. 1%milk	X slice W.G. English Muffin 1/20z.ham 1/20z egg X c. Grapes X c. 1% Milk *apple butter	3/4c. Kbs cereal % oz. Turkey sausage 1/2c.Oranges % c. 1% Milk	
Holiday No school in session	1.2 serv, W.G. Eng. Muffin 1/2 c. Cream of wheat 1/2 serv. Fresh Apple 3/4 c. 1% Milk	1 2 serv. Biscuits 1/4 c. sausage gravy 1/2 c. fresh blueberries & grapes 3/4 c. 1% Milk	1/2 serv. W.G. waffles 1/2 c. scrambled egg 1/2 serv. Banana 3/4 c. 1% milk	
1/3c. cold cereal K c. CN turkey Sausage K c. 1% Milk	分 sl. French Toast 分 c. peaches 分 c. 1% Milk "sugar free syrup	X c. W.G Oatmeal 1/4c. blueberries X C. 1% Milk	1/2 sl. CN turkey bacon 1/2 c. scrambled egg 1/2c. Apple % c. 1%Milk	

W.
HUAVARATHEADSTABL
<b>CACFP FEBRUARY 2020</b>
<b>BREAKFAST MENU</b>

1% Milh Served with Brookfast and Lunch

Fritzen mixed vegetables: Carrots, Carn, Page, Green Beans and Baby Lime Beans.

Stir fry blend: SGR PEAS, CARROTS, CROC, WITH CHESTMUTS, RED PEPER

Root vegetable bland: out potato, burnip, gold/prpl potatos, red onion, you carrot

Weter Served and Available/All putters served are 100% fruit juice.

Menu Prepared by Nutrition Coordinator,

Menu Reviewed/Approved by LHS RD. Allerou Harris and subject to change.

This institution is an equal opportunity provid

Monday	luesda.	Wednesday	Thursday
	Olichen Tenders	Book and Charast Burrillon Hild	Seed Time 1464
Turkey Rell Up HM	N serv. W G Roll	N yers, W.G. Tormie	I/4c, Eas Neodle
W G Tortille	1.76 the schedulers bewood	1.35 pz. Shrushimi Churrus	1 N or, beef too
Soz. sliced Turkey	N.c. fromes resemble cross	N c. Blech Spanne	N.C. Carrot sticks
c. Romeire Lettuce/lometo	N c. beind town	MC broceni	H c. Sweet potato mesh
c, reested potatoes	SC INMB	N.c. 195 M.fr.	% c. 1% Mills
CMB 176 M IR	*Obj Layer	101000	45144
		7s.c. 1007k/truit tutcu	Now Chang & grackers
c. apple	71 C. poer	Baked prettel	No. Mile
treng choesis	1 or charge tubes	missing buardes	365.44
	3 04. (1 100 10 6 100 3		
paghetti HM	Chicken Salad Sandwictury	Tertific Seven	Chile Sees II. Elico hadro 1484
/2sem Sarks breed	74 size. W.G Sread	75 serv. Combress	N.C. drown Ston
c. spearwett	1 K oz. shredded chatken	3/8 c. chicken	1 Nov. Cheton
N. cs., meet seuce	N c. Letury Stocke	S c. Fromm Moud Vectors	X c. Proper Peas N c Carrot
r. lettern tomein.	X c. Fresh Manual Front	% c. stranburtim	St. c. 1% Mills
ucumber	N.C. I'M M.D.	M.C. 15 M.O.	*C:×MM
N c. 17: M fb		45,1400	
Kalan drawing	THE STATE OF THE S		
	4oc min	N nr. channe tudm	N GZ, Grahameracher
c. Fresh pear	% of animal crackers	1 N cts. Turkey Sixe	No. 100% PRUIT JUICE
Z CC. Chesse 1700	77 Cd. 6 - 71-01 Cd. Art 1	t stor (mark bern	RC (BORPERS JOKE
5 U.S. 1614-454 FOLD			
	Queradilla HM	Gmeloth HMI	Het Deg HM
	2/2 serv. W.S Tortille	1/4 c. Macargro	1/2 serv. Dog Burr
	1 1/2 at, Shredded Cheese	1 1/2 oz Ground Brest	1 1/2 sz. Turkey Hot Dog Chi
Holiday	1/4 c. Tometo Soup	1/4 c. Broczok	1/4 s. Poteto amiles
the followed to meeting	3/4 c. 1% M fb	1/4 c. Peaches	1/A c. corrots
		3/4 c. 1% M ft	M4 C 1% M B
			* hetchup/musters!
	1/2 polary stark	1/2 c. Bell pepper sticls	
	1/2 c. detect chartten	1/2 c. cherry tometo	1/2 c. WG gold fish
	*Cream cheese	"Lucid venetable din	1/2 c. Orange
			arcolog v
where Sold Un HM	Chicken Leaders	Book and Cheese harries titl	Beef Time HMM
/2 sl, CN turkey becom	35 serv. W 63 Red	Th norm, W.G. Tortolia	
2 t. strembled egg	1 N dz, chichen breest		1/4c. Egg Noodle
2 t. stroneme ogg 2t. Apple		1 N oz. Shredded Cheese	1 H as beef tips
r temp	N.c. frozen mount burries	36 c. Black Bearts	% c. Carret sticks
E. INME	% c. beland bears	NC- broccoli	X c. Sweet potato mash
	N c. 1% M M.	N c, 1% M ds	N to 1% Mm
	"Iting source		
c, apple			
Land Chemina	% c, preer	16 c. 100% Fruit Juice	N oz . Cheer E crachers
	3 p.z. chowen cubirs	Bohad pretzel	M.c. Milk



# **LUNCH & SNACK MENU**

195 Mills Served with Breakfast and

Freezes solund sugertables: Carrets, Corn, Paos, Green Seem and Seby (Ima Beans,

30r by blood; 5GR PEAS, CARRETTS, CROC, WTR CHESTMUTS, RED PEPER

Reat vogetable blood; seet patate, turnip, gold/prpl potator, red orien, ylor carrel

Water Served and Avadable/All putters served are 100% fruit juice.

Munu Prepared by Niytrition Coordinator

Menu Newword/Approved by I H S RD.

Monu Romo are subject to change.

This institution is an equal opportunity employer.

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# TRANSITION MEETING

FEBRUARY II, 2020 5:00PM

**HUALAPAI HEAD START** 

## TOPICS:

- \*UPDATE/FINAL TALLY
- \*DECORATIONS
- \*MC FROM PEACH RADIO (?)
- \*BINGO FUNDRAISER FOR MARCH (?)
- \*BOOK AND SONG
- \*FUNDRAISING

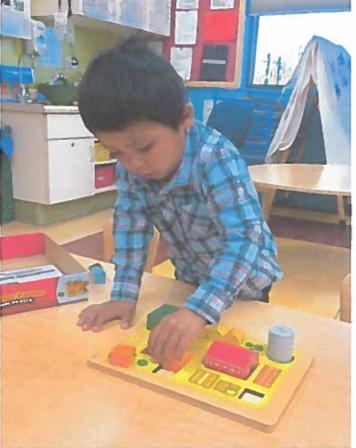
PARENT COMMITTEE MEETING

FEBRUARY 25, 2020

5:00PM

CULTURAL VEST AND DRESS MAKING FRIENDSHIP DAY
FEBRUARY 13, 2020
SPIRIT DAY: WEAR RED OR PINK





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# Valentine Elementary School • Eagle Eyes Newsletter & Calendar of Events

Submitted by: Paula Blout | Valentine Elementary School

# EAGLE EYES



Vol. 5, No. 8

valentineaz.net

January 29, 2020

# **Impact Aid Application**

Our annual Impact Aid application will be submitted by January 31. Once it is published, we will be posting the information to our school website, as well as making it available in paper form at the school. Additionally, a copy will be forwarded to the Hualapai Tribal Council.

As always, if you ever have questions, concerns, suggestions, etc., about the educational programs here at Valentine Elementary, you are encouraged to contact the school.

# SPELLING BEE

Congratulations to our school spelling bee winner, Jacob Truesdell. He represented our school well at the Mohave County Spelling Bee on January 24. As Jacob is a 6<sup>th</sup> grader this year, and our runner-up is a 5<sup>th</sup> grader, we look forward to more years of friendly competition. Keep practicing!





### Remind your students to:

- Stay seated, facing forward, feet out of the aisle;
- Keep their body parts and objects to themselves and inside the bus;
- Respect the bus, driver, and riders at all times;
- Use classroom voices:
- · Load and unload in an orderly manner;
- Cross a street at a bus stop IN FRONT of the bus;
- Know that they can lose their privilege to ride the bus if they choose not to follow the bus procedures.



# HOW CAN I HELP MY STUDENT?

- Attend Family Conferences February 6 This is a great opportunity for you to sit down with your student and their teacher and discuss their progress past the midway point of the year. If you do not have access to your ParentVUE account, just ask, and we'll be happy to set it up for you.
- Remind them that it is normal to make mistakes. An alarming number of our students regularly tell us that they are "stupid." Many use that as an excuse for not putting forth any effort or to justify their poor behavior decisions. Making mistakes is normal and healthy—they are learning opportunities.

# AZ TAX CREDIT



Valentine Elementary can accept donations in any amount. The dollar-for-dollar credit can be taken on an Arizona tax return up to certain limits, while any amount donated can be taken as a charitable contribution deduction. Everyone has until April 15, 2020, to make donations and still count them on their 2019 tax returns.

# **UPCOMING EVENTS**

02/06 NOON RELEASE – Family Conferences 02/11 School Board Meeting, 4:30 pm

02/17 Presidents' Day – NO SCHOOL

03/12 End of Quarter 3 – Early Release 1:45 pm

03/16-19 SPRING BREAK

03/30 AZ State Testing begins





	SATURDAY	Boy Scouts of America begins (1910)	15 Galileo born (1564)	22 1 BILLIONTH ITunes download (2006)	29 LEAP DAY
	FRIDAY	7 Pinachio premiered (1940)	14 STATEHOOD DAY	21 DNA molecule discovered (1953)	28 National Tooth Fairy Day
20	THURSDAY	EARLY RELEASE - Noon Family/Teacher Conferences	13 Last original Peanuts comic strip published (2000)	20 AZ	27 Aspinin patented (1900)
February 2020	WEDNESDAY	2	12 Rhapsady in Blue first performed (1924)	19 (2.12)	26 Grand Canyon National Park designated by Woodrow Wilson (1919)
Fe	TUESDAY	Washington elected as first US President (1789)	School Board Mtg 4:30 p.m.	18 Pluto (the planet, not the dog) discovered (1930)	25 National Chili Day
	MONDAY	3 Norman Rockwell born (1894)	10 IBM computer Deep Blue defeats chess champion Gary Kasparov (1996)	17 Presidents Day	24. Arizona organized as a US territory (1863)
	SUNDAY	2 Groundhog Day	9 Volkeyball invented (1895)	16 King Tut tomb unscaled (1923)	23 Tootsie Roll introduced (1896)

Valentine Elementary School
HC 35 Box 50 / 12491 N. Byers St. Truxton, AZ 86434
phone 928-769-2310 • fax 928-769-2389
www.ValentineAZ.net

2020 Food Handler Card Training Schedule • Next Training: Tuesday, February 11th
Submitted by: Adeline Crozier | Hualapai Tribal Administration

# HUALAPAI – PEACH SPRINGS 2020 Food Handler Card Training Schedule

MONTH	DATE	LOCATION	TIME (AZ)
February	11	Health Education & Weliness	10:00am – 12:30pm
March	10	Health Education & Wellness	10:00am – 12:30pm
April	14	Health Education & Wellness	10:00am – 12:30pm
May	12	Health Education & Wellness	10:00am – 12:30pm
June	16	Health Education & Wellness	10:00am – 12:30pm
July	28	Health Education & Wellness	10:00am – 12:30pm
September	1	Health Education & Weilness	10:00am – 12:30pm
October	6	Health Education & Weliness	10:00am – 12:30pm
November	10	Health Education & Wellness	10:00am – 12:30pm
December	15	Health Education & Wellness	10:00am – 12:30pm

For more information please contact the Office of Environmental Health and Engineering at (928) 669-3177. Everyone is welcome to attend.





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High School Summer Research Opportunity • Application Opens: October 15 - February 15

Submitted by: Lucille J. Watahomigie | Hualapai Department of Cultural Resources



# STEP UP PROGRAM

(SHORT-TERM RESEARCH EXPERIENCE FOR UNDERREPRESENTED PERSONS)

- Paid summer research experience for Alaska Native/ American Indian 11<sup>th</sup> and 12<sup>th</sup> grade High School Students
- Opportunity to conduct biomedical research in your hometown
- All paid expenses to the Annual STEP UP Research Symposium at the National Institutes of Health in Bethesda, Maryland.



HIGH SCHOOL STEP UP APPLICATION OPENS

OCTOBER 15, 2019 THROUGH FEBRUARY 15, 2020

CONDUCT BIOMEDICAL RESEARCH WITH A MENTOR

> EXPLORE RESEARCH CAREERS

TO APPLY VISIT: HTTP://BIT.LY/STEPUP2020

CONTACT US dodgefrancis@wisc.edu

Application Deadline 02/01/2020 Undergraduate 02/15/2020 High School



# 2020 Student Summer Internship • Deadline: Friday, February 28th Submitted by: Jonell Tapija | Hualapai Department of Education & Training





# Institute for Tribal Environmental Professionals 2020 Student Summer Internship

# Apply now for a paid 8-week summer internship.

Spend your summer working with tribal organizations to address tribal environmental issues. The internships have a technical, educational or policy focus. We are offering 8 positions in air quality. The internship program provides each student intern with a \$4,000 stipend, and limited housing and travel allowances. Host sites are selected from tribal environmental organizations, government offices, the US Environmental Protection Agency (USEPA) and others.

# Eligible students must meet the following:

- US Citizen
- Identify as Native American/Alaska Native
- Full-time undergraduate or graduate college student during Spring 2020 (12 hours undergrad, 9 hours grad) at any tribal college, college or university
- Have at least a 2.5 cumulative GPA.
- Majoring in an environmental or related field like science, engineering, planning, policy, law, management, political science, anthropology, or health
- Interested in pursuing an environmental career after graduating
- Proficient verbal and written communication skills
- Strong interest in working with Native American tribes or topics

Please register at nau.edu/itepinterns for more information.

For details about how to apply see website. You can view host site descriptions and submit your preferences for the host sites you find interesting after January 24, 2020.

Deadline: February 28, 2020

# Pre-Dental Admission Workshop • Applications Due: Tuesday, March 31<sup>st</sup> Submitted by: Lucille Watahomiqie | Hualapai Department of Cultural Resources

# A.T. STILL UNIVERSITY ATSU

# Pre-Dental Admission Workshop (PAW) May 14 -16, 2020 Mesa, Arizona

The American Indian and Alaska Native population suffers from the worst oral health disparities when compared to all other ethnic groups in the United States. The goal of the American Indian/Alaska Native Pre-Dental Admission Workshop (PAW) is to promote the health of Indian Country by increasing the number of AI/AN dentists. The workshop will help attendees navigate the dental school application process, strengthen their applications, and expand their professional network.

The workshop will be held at the Arizona School of Dentistry and Oral Health (ASDOH) in sunny Mesa, Arizona. Attendees will receive travel, lodging and meals. Workshop topics include:

- Hands-On Dentistry in a Simulation Clinic
- Understanding the Application Process
- Admissions Test (DAT) Preparation Techniques
- Personal Statements
- Interview Process Including Mock Interviews
- Financial Aid and Scholarship Resources
- Dental School Tour
- Networking Opportunities
- Stress/Performance Relationship
- Professional Headshots And more!



Mail or email application materials – must be received by Tuesday, March 31, 2020, 5:00 p.m. MT

# WHO SHOULD APPLY

American Indian and Alaska Natives who:

- Have a connection to an American Indian or Alaska Native tribe/nation/community and
- An interest in applying to dental school

Additionally, applicants must meet one of the following criteria:

- Current high school senior (must be 18 years)
- Current community college or undergraduate student
- Recent college graduate who plans on applying to dental school

In compliance with the Clery Act and Section 86 of DOE regulations, the university makes the following information available to all prospective students, admitted students, and current students: Annual Security Report, Annual Fire Safety Report, and the Drugland Alcohol Abuse Prevention policies. This information can be accessed online (see links below). A hard copy can also be requested by contacting Student Affairs at <a href="mailto:mostudentaffairs@atsu.edu">mostudentaffairs@atsu.edu</a> or <a href="mailto:azstudentaffairs@atsu.edu">azstudentaffairs@atsu.edu</a>; or at <a href="mailto:660-626-2516">660-626-2516</a> (Missouri) or <a href="mailto:480-2196126">480-2196126</a> (Arizona).



AIA Scholarship Now Available • Deadline: March 13th
Submitted by: Jonell Tapija | Hualapai Department of Education & Training



THE AMERICAN INDIAN ALUMNI CLUB IS PLEASED TO ANNOUNCE THE THREE SCHOLARSHIPS FOR THE 2020-2021 ACADEMIC YEAR THAT ARE NOW OPEN ON SCHOLARSHIP UNIVERSE.

PLEASE SEE SCHOLARSHIP DETAILS:

AIA TRIBAL NATIONS SCHOLARSHIP AIA COLLEGIATE LICENSE PLATE SCHOLARSHIP AIA TUITION SCHOLARSHIP

ALL ELIGIBLE UNDERGRADUATE STUDENTS ARE ENCOURAGED TO APPLY FOR ALL THREE.

GRADUATE STUDENTS ARE ENCOURAGED TO APPLY FOR THE TRIBAL NATIONS SCHOLARSHIP.

Deadline to apply is March 13, 2020
(11:59pm)

For curetion

For questions, please contact: ua.americanindianalumni@gmail.com or alumni.scholarships@al.arizona.edu

# START NOW!

# **To Realize Your Future Goals**



FREE Assistance to complete your FAFSA (Free Application for Federal Student Aid)

\* Bring your and/or parents (if under 24 years old) 2018 Federal taxes.

Also, assistance with admission applications and information about attending college or vocational school.

# Weds., Feb. 12<sup>th</sup> 4-7pm Hualapai Education & Training Center

For more information contact: Jonell Tapija 928-769-2200 Education Coordinator or Terri Beeson 928-526-7602 Educational Opportunity Centers Program

# Hualapai Forestry Wildland Fire • 2020 Wildland Fire Training Schedule

Submitted by: Melvin Hunter, Jr. \ Hualapai Forestry

2020 Hualapai Forestry Wildland Fire Training Schedule					
COURSE	START DATE	END DATE	TIME	LOCATION	CONTACT PERSON
RT-130 Fire Refresher /Work Capacity Test (WCT)	Mar 4	Mar 4	0800 - 1400	4H Building	Lawrence Koyayesva, Jr. (928) 769-2267
RT-130 Fire Refresher /Work Capacity Test (WCT)	Mar 18	Mar 18	0800 - 1400	4H Building	Lawrence Koyayesva, Jr. (928) 769-2267
RT-130 Fire Refresher /Work Capacity Test (WCT)	April 1	April 1	0800 - 1400	4H Building	Lawrence Koyayesva, Jr. (928) 769-2267
RT-130 Fire Refresher /Work Capacity Test (WCT)	April 29	April 29	0800 - 1400	4H Building	Lawrence Koyayesva, Jr. (928) 769-2267
S-215 Fire Ops in a Wildland Fire Urban Interface	April 22	April 24	0800 - 1630	4H Building	Lawrence Koyayesva, Jr. (928) 769-2267
S-190, S-130, I-100, L-180 Rookie Course	Mar 16	Mar 20	0800 - 1630	4H Building	Lawrence Koyayesva, Jr. (928) 769-2267
S-212 Wildland Fire Chainsaws	April 15	April 17	0800 - 1630	4H Building	Lawrence Koyayesva, Jr. (928) 769-2267
First Aide & CPR	TBA				Lawrence Koyayesva, Jr. (928) 769-2267
Blood Borne Pathogen	TBA				Lawrence Koyayesva, Jr. (928) 769-2267

# ALTH & SAFETY INFORMATION

Hualapai—TPWIC • G.O.N.A on Wednesdays

Submitted by: Jessica Powskey | Hualapai Health, Education & Wellness Department



G.O.N.A.

4p - 6pWednesdays Hualapai Health Education and Wellness Center

February 05, 2020
G.O.N.A. concept of "I G.O.N.A. concept of "Belonging"- Join us as we kick off 2020 with an introduction to Tribal Practices for Wellness in Indian Country. TPWIC promotes "Belonging".

## February 12, 2020

G.O.N.A. concept of "Mastery"- "Healing". Discussions will include the TPWIC goals and strategies to promote tribal cultures historical challenges and present strengths

## February 19, 2020

G.O.N.A. concept "Interdependence"- Taking responsibility. TPWIC has begun the teachings and building of "how to" projects of language, contemporary/traditional foods and physical activity. How can we do our part to sustain traditional foods, physical activity, language and cultural practices.

## February 26, 2020

G.O.N.A. concept "Giving back to our community"-TPWIC has 3 strategies that we can continue to support in our daily lives, we will review all the strategies and close with discussions about "Doing Our Part" as community members.

-Snacks will be available-

If you have any questions about this event, contact Jessica Powskey at (928) 769-2207.



Hualapai Health Education and Wellness Center 488 Hualapai Way Peach Springs, AZ 86434

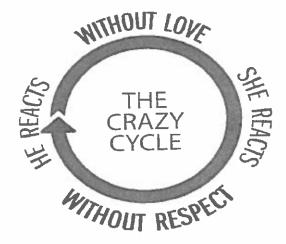
# LOVE & RESPECT

Welcome! Are you ready to embark on a wonderful adventure concerning Love and Respect in marriage, and other personal relationships.

As you spend time viewing and discussing the video series by Dr. Emerson Eggerichs and wife Sarah. You will be answering three major questions.

- Why do we negatively react to each other? This will be explained in what is called The Crazy Cycle.
- How do I best motive my partner? The Energizing Cycle covers the question.
- What if my spouse or others in my life do not respond to me? The Rewarded Cycle informs us what to do.

All are invited HEW 6:00-7:30 Facilitated by Stever Sage





Celebrate Recovery • Road to Recovery Submitted by: Keely Sage | Celebrate Recovery

# Celebrate Recovery NATIVE NATIONS

# ROAD TO RECOVERY

It's not only about addictions. It's about life's Healing Choices.

Restoring Relationships with family and friends.

Releasing Co-dependency

Resolving Anger Behavior

Recovering your walk with Jesus, our higher Power.

Monday HEW 6:00 P.M

Lunch & Learn • Wednesday, February 12th Submitted by: Trena Bizardi | Hualapai Health Department

Kick Off 2020

TOPIC: DATE:

**Goal Setting! Start** 1/22 Your Journey!

Keep Your Heart

Healthy

Go Further With

Food

**Put Your Best Foot** Forward

> 12 PM HEW LRG CONF. RM

**Ouestions? Call EW4H** 

@ 769-1630

See you there!



<u>CDC Features • February is Teen Dating Violence Awareness</u>

Submitted by: Jessica Powskey | Hualapai Strategic Prevention



Centers for Disease Control and Prevention CDC 24/7: Saving Lives, Protecting People™



Teen Dating Violence
February is Teen Dating Violence Awareness and Prevention Month.
Teen dating violence can be prevented when teens, families, organizations, and communities work together to implement effective prevention strategies. Learn how to prevent teen dating violence and promote healthy relationships with CDC's online resources.

Background

Teen dating violence can be physical, emotional, or sexual, and includes

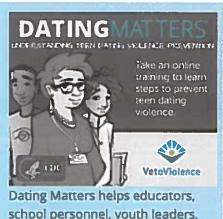
stalking. It can occur in person or electronically, which includes texting, social media, and other online applications. In a recent national survey [https://www.cdc.gov/healthyyouth/data/yrbs/pdf/2017/ss6708.pdf], 8 percent of high school students reported physical violence and 7 percent reported that they experienced sexual violence from a dating partner in the 12 months before the survey. Victims of teen dating violence are more likely to experience symptoms of depression and anxiety. They might also engage in unhealthy behaviors, such as using tobacco, drugs, and alcohol. Teens who are victims in high school are at higher risk for victimization during college and throughout their lifetimes. lege and throughout their lifetimes.

## What You Can Do

Teaching healthy relationship skills and changing norms about violence can help prevent teen dating violence. Talk to teens now about the importance of developing healthy, respectful relationships.

What CDC Is Doing

CDC's Division of Violence Prevention is leading the initiative, Dating Matters®: Strategies to Promote Healthy Teen Relationships [https:// www.cdc.gov/violenceprevention/intimatepartnerviolence/datingmatters/ index.html?CDC AA refVal=https%3A%2F%2Fwww.cdc.gov% 2Fviolenceprevention%2Fdatingmatters%2Findex.html]. Dating Matters is a comprehensive teen dating violence prevention model that builds upon current evidence-based practice to promote respectful, nonviolent dating relationships among youth. Three components of Dating Matters are available CDC's VetoViolence website https:// on vetoviolence.cdc.gov/dating-matters. CDC also developed technical packages to help states and communities prioritize efforts to prevent or reduce public health problems, including teen dating violence and intimate partner violence.



Dating Matters helps educators, school personnel, youth leaders, and others working to improve the health of teens.

## More Information

CDC's Intimate Partner Violence Webpages

https://www.cdc.gov/violenceprevention/intimatepartnerviolence/index.html

Dating Matters®: Strategies to Promote Healthy Teen Relationships

https://www.cdc.gov/violenceprevention/intimatepartnerviolence/datingmatters/index.html? CDC\_AA\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fviolenceprevention%2Fdatingmatters%2Findex.html

CDC's Technical Packages for Violence Prevention

https://www.cdc.gov/violenceprevention/pub/technical-packages.html

CDC's Youth Risk Behavior Surveillance System

https://www.cdc.gov/healthyvouth/data/yrbs/results.htm

# About American Heart Month • Ways to Get Involved

Submitted by: Jessica Powskey | Hualapai Health, Education & Wellness Department



About American Heart Month: Ways to Get Involved

Each February, NHLBI and The Heart Truth® celebrate American Heart Month by motivating Americans to adopt healthy lifestyles to prevent heart disease. Research shows that we're more successful at meeting personal health goals when we join forces with others. That's why we're asking you to join the #OurHearts movement--a national initiative to encourage people to be heart healthy together. Get Involved!

Share what we post to The Heart Truth Facebook and Twitter accounts or create your own! This year, our weekly themes include:

Week	Theme	Ideas
1	Be physically active together	Share how you're moving more with others. Have walking meetings. Start a walking club with your church group. Join an exercise class with a neighbor. Share on social media!
2	Eat healthier together	Share heart healthy recipes with friends. Go grocery shopping with your family for healthy ingredients. Make a heart healthy meal for a potluck. Share on social media!
3	Track your heart health stats together	Remind each other to keep a log of your blood pressure, healthy weight goals, and physical activity. Share on social media!
4	Manage stress, sleep better, and quit smoking <i>together</i>	Use your support "squad" to remind each other to stick to the same bedtime every night. Do a stress reducing activity like yoga or meditation together. Tell a friend you're quitting smoking and ask for their support. Share on social media!

25 Ways to Take Part in Heart Month <a href="https://www.nhlbi.nih.gov/health-topics/all-publications-and-resources/25-ways-take-part-heart-month">https://www.nhlbi.nih.gov/health-topics/all-publications-and-resources/25-ways-take-part-heart-month</a>

# 28 Days Towards a Healthy Heart Submitted by: Rebecca Rice | Indian Health Services





#ourhearts

28 Days Towards a Healthy Heart

Grab a friend and join the #OurHearts movement.

with a friend or healthy snack Make a heart your family. Day 2

Walk an extra Day 9

15 minutes today.

Stress less. Practice mindful meditation Day 16

or 10 minutes.



Day 24

and find out the size Get a tape measure of your waist.

your heart going.

breaks to get

place during

Day 23

March in

and ask about

Call a relative

Day 22

health history.

your family

commercial

Schedule your annual heart health goals. physical. Ask your doctor for your Day 3

minute of squats. Squat it out. Do 1 Day 4

menu for the Plan your Day 11

Aim for 30 minutes

Day 10

pressure checked. Get your blood

Day 8

of physical activity

today,

week with heart realthy recipes.

enough time to get

a full 8 hours

of sleep.

Head to bed with

sweets for a piece of fruit

Swap the

Day 15

for dessert.

Day 17

break to your Add a stretch ncrease your calendar to flexibility. Day 18

neighbor and go for a walk. Day 25 Phone a friend or

unch and dinner Fill half of your vegetables. plates with **Day 26** 

Day 28 and tell a orward Pay it

The Heart Trutte. friend about

nhlbi.nih.gov/heartmonth



your favorite Dance for 15 minutes to Day 21

Share a funny **Day 20** []

Eat vegetarian

for a day.

Day 19

video or joke that makes you laugh.

Day 27

push-ups you can See how many do in 1 minute.







Make today a salt-free day. Use herbs for flavor instead of salt.

Day 6

to take the first step Visit Smokefree.gov

Day 5

to quitting smoking.

Day 7





a day off and take

the stairs,

Give the elevator

Day 13

refaxation techniques.

Reduce stress using

Day 12







National Wear Red Day
Submitted by: Rebecca Rice | Indian Health Services

# **National Wear Red Day®** The First Friday in February



The National Heart, Lung. and Blood Institute and many groups around the country observe National Wear Red Day® each year on the first Friday in February to raise awareness about heart disease as the leading cause of death among Americans, especially women.

## Risk factors for heart disease are:

- Smoking
- High blood pressure
- High blood cholesterol
- Overweight/obesity
- Physical inactivity
- Diabetes
- Family history of early coronary heart disease
- Age (for women, 55 and older)

# Heart disease is largely preventable. Here's what you can do now to reduce your risk:

- Don't smoke
- Eat for heart health
- Aim for 30 minutes of physical activity at least 5 days a week
- Ask your doctor to check your blood pressure, cholesterol, and blood glucose

# Show your support and wear red!









# Protect Your Community • Don't Sell Loosies

Submitted by: Rebecca Rice Indian Health Services



# PROTECT YOUR COMMUNITY—DON'T SELL LOOSIES

## **WE NEED YOUR HELP**

People are buying "loosies" throughout the United States. You can help us stop this problem.

# WHAT ARE LOOSIES?

Loosies are single cigarettes sold to customers. Federal law prohibits manufacturers, distributors, and retailers from selling loosies.

# YOU CAN HELP US BY:



1. Not selling loosies.



2. Not opening cigarette packs to sell loosies.

## WHY DOES THIS MATTER?

By law, cigarettes must be sold in packs of no less than 20 cigarettes, and retailers cannot break open any cigarette package to sell or distribute loosies.

The U.S. Food and Drug Administration (FDA) is also concerned that loosies may be sold more often to children.



3. Not selling packs of cigarettes that contain less than 20 cigarettes.



4. Not offering free cigarette samples.

FDA has included double-sided stickers in this mailing to help educate consumers. Place them on windows near or next to your cash register.

# WHAT HAPPENS IF FDA FINDS THAT A RETAILER IS SELLING LOOSIES?

Generally, FDA sends warning letters to retailers the first time a tobacco compliance check inspection reveals a violation of the federal tobacco laws and regulations that FDA enforces. FDA will inspect retail establishments periodically to make sure retailers are complying with the law. If FDA finds more violations at a retail establishment after issuing a warning letter, it may issue a Civil Money Penalty (CMP) to the retailer. A CMP is a monetary penalty assessed for violations of the law. If a retailer commits five repeated violations in a 36-month period, FDA may issue a No-Tobacco-Sale Order, which prohibits the sale of tobacco products at a retail outlet indefinitely or for a specific period of time. For a complete list of federal requirements and to order additional free resources, please visit FDA's website (www.fda.gov/tobacco). Questions? Please contact CTPOutreach@fda.hhs.gov.





Submitted by: Rebecca Rice Indian Health Services

# February is National Children's Dental Month

# Infant Teething Timeline





While still in the womb, the baby's mouth, tongue, and jaws develop During the second trimester, tooth buds form. By birth, all 20 primary teeth are present in the jawbone.

# 6-10 months lower central incisors

The middle 2 teeth on the bottom are the first to emerge. They often arrive at the same time.



9–16 months lateral incisors

The teeth on either side of the middle teeth on the top and bottom will grow in next.

# 13-18 months - first molars

Because they are larger and have more surface area, the molars may cause more pain than the other teeth as they come in:



23-33 months second molars

These are often called the 2 year molars because they generally arrive shortly after a child's second birthday.



4-6 months teething begins

Your baby's gums may be swollen and red as teeth begin to push through

8-12 months upper central incisors

The next teeth are the 2 middle on the top.





Many pediatricians and dentists recommend taking your child to the dentist by their first birthday to check the status of the jaw, gums, and emerging teeth.

16-22 months canines (cuspids)



The carrines are the sharp, pointed teeth on the side of the mouth between the lateral incisors and the first molars. They are also called cuspids

by 3 years full set of baby teeth

All 20 primary teeth should be in by your child's 3rd birthday.



# Hualapai Health, Education & Wellness Department • Community Self Help Meetings Submitted by: Amy Siyuja | Hualapai Health, Education & Wellness Department

# C 1011 1 14 ...

# Community Self Help Meetings

Monday	Time	Location
Recovery	6 PM - 7 PM	HEW *Sm Conf. Room
Parenting	12 PM - 1 PM	*First Class on 1/27/20 @ Boys & Girls Club
Tuesday	Time	Location
Batters Intervention	6 PM - 8 PM	HEW "Sm Conf. Room
Wellbriety	3 PM – 5 PM	*First Class on 1/21/20 @ HEW Lrg Conf. Room
Women's Support Group	5:30 PM - 8 PM	Human Services
Wednesday	Time	Location
Talking Circle	9 AM - 11 AM	Healing House
AA	2 PM - 4 PM	Healing House
Youth Women's Group	5:30 PM - 7 PM	Human Services
Thursday	Time	Location
Wellbriety	10 AM - 12 PM	*First Class on 1/23/20 @ HEW Lrg Conf. Room
Women's Support Group	5:30 PM - 8 PM	Human Services
Love & Respect	6 PM - 7 PM	HEW *Sm Conf. Room
Friday	Time	Location
AA	1 PM- 2 PM	Healing House

\*\*Updated Jan 13, 2020

# **Meeting Coordinators**

Recovery/Love & Respect - Steve Sage Batters Intervention/AA - Elson Bender Parenting: Michelle Miller

Wellbriety/Talking Circle - Vonda Beecher

Women's Support Group/Youth Women's Support Group - Tasha Nez/Knesha Madrid







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# COMMUNITY MESSAGES

KWLP 100.9FM • January Volunteer of the Month: Wanda Quasula AKA Wanda J Submitted by: Terri Hutchens | KWLP 100.9FM

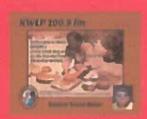
# WE LOUNTEERS



The Peach

The Hualapai Nation's Live and Local Radio Station





Proudly Announces and Congratulates
January. 2020 Volunteer of the Month
Wanda Quasula. aka Wanda J



If you heard any of the week long tribute to the late Tyron Duwaynie on Native Noon Hour caricer this month, you KNOW why Wanda I descrues this recognition from usl She rounded up half a dozen Native Artists to interview and share their memories of playing with Tyron. She also acquire a dozen new songs for broadcast on The Peach in the process! The new Clandestine songs you hear when you tune in to 100 9 fm RWLP is the first station to be get these thanks to Wanda's efforts! Wanda works terclessly as a Volunteer! Wanda still hosts the longest running show on the station Wanda I style She gives up her lunch breaks to go live for her listeners each week day. She works very hard to bring meaningful and interesting content from Indian Country to the PS+ If you see her around please give her a pat on the back a hug and a big Hank yul Wanda I has represented RWLP as media at the MFR Rodeo in Las Vegas for years. She has become a welcome and expected media presence There Native Noon Hour is currently sponsored by All One Chiropractic and Sixkiller's House of Karate. If you haven't heard her show yet, check it out every week day at noon. It is AWESOME!!!! Wanda I will receive inecutives valued at over \$100.00 for being Volunteer of the Month

If you might be interested in joinging our great team of Peach Volunteers, blease stop by the station or give us a call at (928) 769-1110. 2704P Volunteer of the Month, this month is showned in bart by











# Inspiration • Encouragement Corner

Submitted by: Josie Powsey

Put off = Lack of Love I John 4:7, 8:20
Put on = Love = John 15:12

Valentine's Day is coming up. A time to show our love for each other. Put away your strife (struggles, fight) and show love and appreciation to one person who you think might need this.

HAPPY VALENTINE'S DAY TO YOU!

10 <u>Reasons</u> to Make Jesus Your Valentine

- He puts a new song in your heart. 

   Psalm 40:3
- 2. He makes all things new. ♥ Rev. 21:5
- 3. He has numbered the very hairs on your head. Matt. 10:30
- 4. He is the God of all comfort, 2 Car. 1:3
- 5. He is close to the brokenhearted, Psalm 34:18
- 6. He loves you with an everlasting love. ♥ Jer. 31:3
- His thoughts of you outnumber the grains of sand. Psalm 139:18
- 8. He gives His angels charge over you, Psalm 91:11
- 9. He offers you a future and a hope, Jer. 29:11
- 10. He gave His only Son that you might have eternal life. John 3:16

# **NOTARY SERVICES**

## TRIBAL OFFICE

April Siewiyumptewa—Mon thru Friday (except Tuesday and Wednesday)

Artie—Mon thru Friday after 3:30pm

## TRIBAL POLICE

Wanda Quasula—Mon thru Friday Call first to check availability

### TRIBAL COURT

There are currently no notaries.

## ADULT DETENTION CENTER

Christina Watahomigie

Sun thru Tues from 6am - 6pm and Wed 6am - 10am



Lecture: For the Love of Turquoise • Carrie Cannon

Submitted by: Danielle Bravo, Hualapai Planning Department | Source: SuperstitionMountainMuseum.org



# Carrie Cannon speaking "For The Love of Turquoise." Lecture 03/19/2020 from 2:00 pm - 3:00 pm

Turquoise has a long standing tradition among Native cultures of the Southwest, holding special significance and profound meanings to specific individual tribes. Even before the more contemporary tradition of combining silver with turquoise, cultures throughout the southwest used turquoise in necklaces, earrings, mosaics, fetishes, medicine pouches, and made bracelets of basketry stems lacquered with piñon resin and inlaid turquoise. Found on six continents across the world, turquoise forms in arid regions through the process of water seeping through rock and interacting with copper, aluminum, and iron deposits. In the southwest, used decoratively for millennia, this iconic art form has a

compelling story all its own. For the 11<sup>th</sup> lecture of our 2020 Thursday Lecture Series, Carrie Cannon explores a long tradition of distinctive cultural styles, history, and transition of this wondrous stone.

Carrie Cannon is a member of the Kiowa Tribe of Oklahoma and is also of Oglala Lakota descent. She has a B.S. in Wildlife Biology, and an M.S. in Resource Management. She began working for the Hualapai Tribe of Peach Springs, Arizona in 2005 where she began the creation of an intergenerational ethnobotany program for the Hualapai community. She is currently employed as an Ethnobotanist for the Hualapai Department of Cultural Resources. She administers a number of projects promoting the intergenerational teaching of Hualapai ethnobotanical knowledge working towards preservation and revitalization to ensure tribal ethnobotanical knowledge persists as a living practice and tradition.

## Presentation Information and What to bring:

https://superstitionmountainmuseum.org/events/lecture-carrie-cannon-for-the-love-of-turquoise/

This program is made possible by Arizona Humanities



## Mega Throw XVI • March 20th - 21st Submitted by: Charlotte Navanick, Ute Tribe Public Relations



# Colorado River Indian Tribes Presents

# "MEGA THROW XVI"

**Traditional Bird Singing & Dancing** 

'Amat Kahvah Kiied'em Ahot kah'

Touching/denoting on the earth's (ground) goodness.

MARCH 20 & 21, 2020

AHA KHAAV TRIBAL PRESERVE

Colorado River Indian Reservation ~ Parker, AZ

March 20 - Friday 4pm Welcome, Homeenming Ase'Smany

6pm 7-17 Boys and Young Men Singing Contest. Please register.

March 21 - Saturday 7:30am Mega Rus "Special Diabetes Project (SDP)

11am Registration Opens & Closes at 3pm for Dance Contests O O

1pm Horse Shoe Tournament \$25 Buy-In

3:15 pm Dance Contests Begin!

7:00 pm Social Dancing

Ase S'many Close



# Vending & Contact Info:

FOOD: \$75 to event, Business License Required, contact Revenue & Finance (928) 575-1532 or taxinfo@crit-nsn.gov +
Food Handlers Cards + On-site DHSS Health Inspection. ARTS/CRAFTS: \$40 valued item + Business License. All spaces
designated & LIMITED. Pre-approval prior to set-up! Contact: Valerie 928-669-8970 or Joanna 669-1219

BlueWater Resort & Casino 1-888-243-3360 Kofa Inn 928-669-1220

Info: Valerie <u>valeriewt@crit-nsn.gov</u> or office 928-669-8970 Joanna <u>joanna laffoon@crit-nsn.gov</u> or 669-1219

ALCOHOL AND USE OF DRUGS STRICTLY PROHIBITED & ENFORCED!

"MEGA THROW"



TRIBAL DEPTS.	PHONE	FAX#	GCRC	PHONE	FAX#
Administration	769-2216	769-2343	Administration	769-2419	769-2450
Alternative to Incarceration	769-1070	769-1075	Human Resources	769-2640	769-2410
4-H Facility	928-916-4245	705-1075	GCW	769-2627/2419	703-2410
Adult Detention	769-2345/2490	769-2459	Hualapai Lodge	769-2230	769-2372
Cultural Resources	769-2223/2234	769-2235	Diamond Creek Restaurant	769-2800	703-2372
Day Care Center	769-1515/1517	769-1516	Call Center/Tourism	888-868-9378	
Earthship	769-2224	769-2239	Walapai Market/Gas	769-1500	
EW4H-Fitness Center	769-2644	769-2663	River Running	769-2210/2245	760 2627
EW4H-Healthy Heart	769-1630	769-1632	River Running Shop	769-2266	709-2037
Elderly Center	769-2375/864-6700	769-2557	Kiver Kurming Shop	703-2200	<u> </u>
Elderly Group Home	769-1100/1104	103-2331			
Emergency Dispatch (24 Hrs)	769-2205	769-2883			
Non-emergency to EMS,	769-2656/2775	703-2003			
Fire Dept., Animal Control	/03-2030/2//3				
Enrollment	769-2216	760 1060	BIA CEDIMOTO		
Extension Office	769-2216 769-1284	769-1068	BIA SERVICES	750 3330	
		769-2309	Dispatch/Police	769-2220	
Facility Maintenance Finance	769-2807	750 0242	Truxton Canon Agency	769-2286	769-2444
	769-2216	769-2343	Forestry	769-2312	769-2326
Fire Dept.	769-2205/2806	769-2883			
Forestry	769-2267	769-2532	SCHOOLS		
Game & Fish	769-2227/1122	769-1111	Peach Springs	769-2202	769-2892
Head Start	769-2522	769-2457	Valentine	769-2310	769-2389
Health Dept.	769-2207/769-6061	769-5487	Seligman	216-4123	422-3642
Housing Dept.	769-2275	769-2703			
Hualapai Police	769-1024	769-1027	HOSPITALS/CLINIC		
Human Resources	769-2216	769-1191	KRMC	757-2101	
Human Services	769-2397/2269	769-2659	Peach Springs Clinic	769-2900	
Information Technology (IT)	(928)220-7666		Flagstaff Hospital	779-3366	
Judicial	769-2338	769-2736			
luvenile Detention	769-1611	769-1655			
KWLP Radio	769-1110	769-5487	OTHER		
KWLP Radio Text Line	769-1090	769-5487	Frontier Communications	800-921-8101	
Multi-Bldg	769-2535		Mohave Electric	800-685-4251	
Natural Resources	769-2254	769-2309	Motor Vehicle Dept.	681-6300	
Planning Dept.	769-1310/1312	769-1377			
Probation Office	769-2894	769-1384	LOCAL SERVICES	İ	
Prosecutor	769-2304	769-2401	Dr. R. Purdum	769-6083	
Public Defenders	928-769-1063		Boys & Girls Club	769-1801	769-1803
Public Works-Administration	769-2216	769-2343	Post Office	769-2300	
PW/Transfer/Recycling	769-2625/2583		Indian Energy	769-2610	
Recreation	769-2652	769-2650	Chemical Lime Plant	769-2271	
Roads Dept.	769-1311		Caverns	422-3223	
TERO	769-2216	769-2343	Gas N Grub	769-1880	
Fraining/Education Center	769-2200	769-1101	Truxton Gas Station	769-2436	
Hualapai Transit (Bus Services)	769-6384		Havasupai Tribal Office	(928)433-8132	
Wellness Court	769-1387/1595		, areasper most office	12507733-0132	
Youth Camp (seasonal)	769-6651/2216				
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