Miss Hualapai Pageant • Friday, July 26th
Submitted by: Ginger Kathad he’ | Miss Hualapai Pageant Committee

Miss Hualapai Pageant
Miss Teen and Little Miss Hualapai
Friday, July 26, 2019
Hualapai Tribal Gymnasium
4:00 p.m.

Miss Hualapai
Entry Fee: $40.00 (18-25 years old)
NOTE: Miss Hualapai’s age requirement will be changed to 17 years old, if there are not enough contestants.

Miss Teen Hualapai
Entry Fee: $35.00 (13-17 years old)

Little Miss Hualapai
Entry Fee: $30.00 (6-12 years old)

Admission Fee--
$2.00—Child/Teen (ages 5 to 17)
$5.00—Adult

Special invitation--
All visiting Royalty are WELCOME to ATTEND. Hualapai Lodge has a limited number of rooms blocked for the occasion. Please call the Hualapai Lodge at (928) 769-2230 and mention that you are tribal royalty for booking.

Thank you - Ta’ankya

Forward any questions to Miss Hualapai Committee:
Ginger Kathad he’ (928) 769-6114
Christina Watahontigie (928) 218-1923
Leatrice Smith (602) 228-8510

Inside this issue:
Information & Events 2
Education & Training 15
Health & Safety 22
Community Messages 29

Special points of interest:
• School Year Clothing Applications now being accepted. (pg. 16)

• TERC Meeting will be Wednesday, July 17th at 9:00AM in the Department of the Cultural Resources.

• HTUA Board Meeting will be on Wednesday, July 24th at 9:00AM at Department of Cultural Resources.

• Hualapai Day Care Community Meeting on Wednesday, July 24th at 5:00PM (pg. 30)
Hualapai Tribe: Family Fun Day • Friday, July 19th
Submitted by: Danielle Bravo | Hualapai Planning Department

Hualapai Tribe
Family Day

Mother/ Daughter and Father/ Son Event Combined to Create Family Day 2019

Hualapai Youth Camp
July 19, 2019
9:00 am - 3:00 pm

Bring Money for local Vendor Booths
and Massage Booths

Music Provided by
KWLP-The Peach

Transportation Provided by
Hualapai Transit

Das'vik
Hualapai Field Hockey
Teams of 6 will play in Das'vik tournament
At Family Day on Friday July 19

Sign up at the sign in table when arriving, we will put teams together at 9 am and start Das’vik game at 10 am. Out in the field.

1 team of 6 will WIN Prizes

Presented by: Cultural Department
Hualapai Tribe: Family Fun Day - Social Gathering • Friday, July 19th
Submitted by: Jessica Powskey | Hualapai FD Committee

Diye:vm Bay Digavik
Family Day
July 19, 2019
Hualapai Youth Camp
Bird Singing & Dancing
Social gathering for Family Day
Bay mi yuyl mi yuyl mi yuyl mi yuyl mi yuyl mi yuyl mi yuyl mi yuyl mi yuyl mi yuyl mi yuyl mi yuyl mi yuyl mi yuyl mi yuyl mi yuyl mi yuyl

For more information - Contact Lundie Hornell at (928) 769-2237 or Jessica Powskey at (928) 769-2207
People of the Tall Pines

Issue #19
Hualapai Head Start Presents: Group Scavenger Hunt • Friday, July 19th
Submitted by: Pearl Sullivan, Administrative Assistant | Hualapai Head Start

HUALAPI HEAD START
Presents

GROUP SCAVENGER HUNT
YOUTH CAMP
STARTS AT 1:00PM
ALL AGES

RULES:
- MUST HAVE A TEAM OF 3
- PICK UP SCAVENGER LIST
  AT HEAD START BOOTH
- STAY SAFE!
- HAVE FUN!

PRIZE BASKET WILL
BE GIVEN TO FIRST
3 COMPLETED HUNTS!
Taekwondo Youth Camp in 2019
Joint program with Boy’s & Girls Club

Dear Parents/Guardians,

We would like to invite your student to Taekwondo Youth Camp!
A week of summer camp is filled with valuable activities such as Tae Kwon Do class, science, arts/crafts, Computer Program (Robotics) and games. Our programs are designed to aid students in developing a healthy body, mind and spirit. Our aim is to help students to know that they are special and capable of achieving great things in life.

Who?: Students from 3rd to 5th grade (Completed)
Where is it?: Hualapal Youth Camp
When?: July 22 (3:00 pm) - July 26 (1:00 pm)
• We will pick up students at the Boy’s & Girl’s Club at the first day.
• Parents will pick up students at the Boy’s & Girls Club July 26 2PM.
• We will provide Taekwondo Uniform, Shirts, all meals.

For more information, please contact to:
Boy’s & Girl’s Club, Ms. Amelia Waloma: 928-769-1801
Taekwondo, Master Ahn: 408-701-7036
Child Development Class • Wednesday, July 24th
Submitted by: Carmella Fuentes, Home Visitation Coordinator | Hualapai Health, Education & Wellness

What is Cognitive Development? What are Social Skills? How do I support my Child's Development? What does "Play is Learning" mean?

Families with children, ages 0-5 years, are welcome to join our Home Visitation Team for an evening - where we will explore the 5 areas of Child Development and provide education, information, and resources for you and your child.

WHEN:
Wednesday, July 24th @ 5:30 PM

WHERE:
Health Dept. Large Conf. Room
* Dinner Provided*

For more information, please call one of our Home Visitors at 769-2207, ext. 210, 242, or 206
HUALAPAI ARTISANS

NEEDED

Grand Canyon Resort Corporation is looking to purchase handmade beaded jewelry and other small products made by Hualapai Artisans. Our goal is to have more affordable handmade products that we can sell in our gift shops and highlight those Hualapai Artisans when displaying their items to sell.

(The minimum purchase quantity is 24 pieces.)

My name is Wanda Siewiyumptewa. I was born in Valentine, AZ and raised in Provo, Utah and I returned to live in Peach Springs, AZ in 1994.

After retiring in 2011, construction on my small craft store located in Peach Springs was completed by my son, and I started selling my items to locals and tourists.

As of today, I continue to sew many of the traditional ribbon dresses, vests for men, and ribbon shirts which are the traditional wear for the Hualapai people.

My hobbies are sewing, crafting, and striving to be the best of all dancing.

- Wanda Siewiyumptewa

Please Contact
MICHHELL HOLMES
928.769.2419 ext. 194
Hualapai Transit's goal is to provide safe and reliable public transportation for the Hualapai Nation, as well as the members of Mohave County. So the following bus rules will continue to be enforced.

1) The driver is responsible for the safety and welfare of all passengers while riding on the transit bus. All passenger are expected to obey the drivers directions at all times.

2) Passengers are expected to be courteous at all times while riding the transit bus.

3) Food or drinks will not be allowed to be consumed on the bus. All food and drinks must be in a tightly sealed container or packaged. NO OPEN FOOD OR DRINKS. There are signs posted in the buses pertaining to this policy.

4) Any passenger who becomes disorderly and causes a disturbance while riding on any of the transit buses will be reported to law enforcement.
A disturbance is defined by the following acts:
- Yelling and using threatening language
- Using profanity of any kind
- Aggressive behavior, fighting
- Disturbing the peace in any way
- Threatening or abusive language toward any passenger or the driver
- Destruction or attempted destruction of any equipment or items on the bus
- Eating and/or drinking on the bus

5) At the discretion of the bus driver, any passenger who is intoxicated or under the influence of drugs and/or alcohol may or may not be allowed to ride on the transit bus.

6) Passengers are not allowed to have open containers of alcohol on the bus. If found in possession of alcohol, they will be reported to law enforcement.

7) Service animals accompanying passengers with disabilities shall be admitted to board the bus. No other animals will be allowed on the bus.

Any passenger who violates any of these rules will be dropped off at the nearest bus stop, will not be allowed to ride the bus for the rest of the day or will be suspended from transit for a period time or will be reported to law enforcement and charges may be filed.
Request For Proposal • Solar Power Plant  
Submitted by: Kevin Davidson | Hualapai Planning Department

Request for Proposals for Cost to Engineer, Procure and Construct (EPC) a Solar Power Plant

The Hualapai Tribe is soliciting Request for Proposals (RFPs) from qualified firms to provide the cost of Engineering, Procurement and Construction of a Solar Power Plant to provide all of the electrical requirements of Grand Canyon West.

The RFP closing date has been extended to August 8, 2019, at 4:00 PM Arizona Time. Proposals will be accepted from both Indian-owned and other firms for this project. All questions must be submitted in writing and may be sent via email to the individual listed below. All bids shall be submitted to:

Kevin A. Davidson, Director
Hualapai Tribe Planning & Economic Development Department

Mail to: P.O. Box 179 or
Deliver to: 887 W. Highway 66
Peach Springs, Arizona 86434
Phone: (928) 769-1310 Ext. 22 | Fax: (928) 769-1377
Or e-mail to: kdavidson@hualapai-nsn.gov
See www.hualapai-nsn.gov for RFP postings

Coffee with a Cop • Wed., July 17th
Submitted by: Danielle Bravo

July 17, 2019
at the Lodge 9:00 am
10:30 am
Coffee with a Cop

HNPD

Returned 1099’s for 2018
Submitted by: April Siewiyumptewa | Hualapai Tribe

ATTENTION!

For those who have not received a 1099-Misc Tax form for 2018 please contact April Siewiyumptewa at the Tribal Office and ask for a copy. If you did not receive one in the mail it may be due to an incorrect address so verify your address and fill out a change of address if needed.

Please keep in mind that you are responsible for your taxes not the Tribe so it is up to you to ask for the forms if you have not received them. For any questions please contact April Siewiyumptewa at Tribal Office at (928)769-2216 or Finance Director Wanda Easter.

Thank you.

Revised Guidelines to Social Assistance Prog.
Submitted by: Marilyn Vaughn | Hualapai Tribe

ATTENTION

Tribal Council recently made changes to the Social (assistance) Programs funded by Gaming Revenue. The changes are effective immediately.

You may Pick up a copy of the revised Social Programs guidelines located in the lobby of the Tribal Administration and on the Tribe’s web site at www.hualapai-nsn.gov

POSTED 05/21/19
General Purpose
To assist members of the Hualapai Tribe.

General Guidelines
The following guidelines do not recognize common law unions.

The amount of funds “budgeted” for each program listed in these guidelines is finite. Once funds are exhausted, applicants will have to wait until the following calendar year to re-apply. Unused funds are reverted to the Hualapai Tribe and do not carry over.

For all assistance items, the Hualapai Tribe will be the payer of last resort and the applicant must provide proof.

Definitions
“Elderly” is defined as an individual of advanced age; age 62 and over.

“Immediate Family” is defined as parents, grandparents, siblings, spouse and children. An immediate family member also includes a person who was legally adopted through a court of competent jurisdiction or a child placed by Social Services.

“Full – time Student” is a student who is considered a fulltime student based on the accredited institution in which they are attending.

“Vocational” is a school for learning a particular trade; cosmetology, welding, truck driving, carpentry, culinary, etc. The definition of a full time vocational student will depend on the school as some schools are completed in six months, some in six weeks.

“Emergency” is an unforeseeable event such as a fire, flood, earthquake, car accident, etc. Those who are routinely laid off during certain times of the year are not eligible for “emergency” assistance.

Penalties
Individuals who commit one of the following violations will not be eligible for assistance programs described in these guidelines
- Misrepresentation either intentionally or unintentionally.
• Failing to re - pay a loan.

Tribal members who commit one of the following violations will have their assistance delayed until the violations are corrected:
• Failure to submit original receipts,
• Failure to submit completed forms, requested documentation, etc.

**Utility Assistance**
Applicants may only qualify for one category: Adult, Disabled, or Elderly.

**Eligibility:**
• Enrolled member of the Hualapai Tribe,
• Legal guardian or custodial parent of a minor enrolled with the Hualapai Tribe. Guardian must provide court order,
• Utility bills are for primary residence of the household,
• Utility bills must be in the Tribal member or legal guardian’s name.

**Adult Category**
• Must be between age 18 to 61,
• $850.00 per household,
• One applicant per household.

**Disabled Category**
• $1,000.00 per household,
• One applicant per household,
• Applicant must provide documentation from the Social Security Administration of permanent disability/medical status.

**Elderly Category**
• At least 62 years of age,
• $1,000.00 per household,
• One applicant per household.

**Assistance Provided:**
• Payment towards the following utilities: electricity, propane/natural gas, wood, phone service, water, sewer or trash (no television services).
• Payment will be paid directly to provider of service/product.
• Payment may be paid in one lump sum or split between the utility bills.
• Applicant has the option of a reimbursement of payment(s) they paid towards the above utilities. Receipts must be submitted if requesting a reimbursement.
• Payments must be paid for the current calendar year.
• The applicant must complete the Utility Assistance Form. Requests will not be processed until the Utility Assistance Form is completed in its entirety and requested documentation is provided.
• Applications will be processed within ten business days after completion and acceptance of Utility Assistance Form.

**General Welfare Assistance**
**Eligibility:**
• At least 62 years of age,
• Enrolled member of Hualapai Tribe,
• Assistance is for the primary residence of the Elder,
• One applicant per household.

**Assistance Provided:**

Up to $1,000 paid directly to service or equipment providers for any of the following:
• Appliances such as, stove, refrigerator, washer/dryer, water heater, dishwasher, microwave, etc. Including
repairs to the above appliances.
- Furniture such as, bedroom set, dinette set, living room set, etc.
- Other items essential to the safety, cleanliness, and structural integrity of the home such as, carpeting, interior/exterior doors, screen/security doors, insulation, paint, etc.
- Miscellaneous items such as, vacuum, cookware, dishes, cutlery, etc.
- Repairs that are essential to the safety, cleanliness, and structural integrity of the home. Private contractors must provide an invoice and W9 tax form for work completed.
- Elderly tribal member has the option of a reimbursement for the purchase of the above items. Original receipts must be submitted if requesting a reimbursement.
- Elderly tribal members may elect to use these funds to provide additional utility assistance according to the guidelines stated under the Utility Assistance section.
- The above items can only be purchased once every 3 years.

**Denture & Braces Assistance**

**Eligibility:**
- Enrolled member of the Hualapai Tribe,
- Age 17 & under (members who are age 18 & over may be eligible if a medical need can be substantiated).
- Provide a clinical statement for dentures, if applicable.
- Medical need must be substantiated by a dentist.

**Assistance Provided:**
- Limited to $2,000 per tribal member per lifetime.
- Payment will be paid directly to dental provider for dentures or braces.
- A “medical need” will take priority over any and all cosmetic requests.
- Among applicants with a proven medical need, priority will be given to those persons needing dentures and who have been on the waiting list the longest.
- No travel money is provided for dental appointments.

**Medical Assistance**

**Vision**
- Enrolled member of Hualapai Tribe.
- Limited to $275.00 per tribal member on an annual basis.
- Insured tribal members must use their insurance prior to requesting assistance.
- Provide an invoice, statement, or estimate from vision center.
- The tribal member or legal guardian is responsible for any amount exceeding the allotted assistance.
- Once approved, tribal member has 90 – days to use funds or payment will be cancelled and they will have to reapply the following calendar year.
- No travel money is provided for vision appointments.

**Travel**
- Enrolled member of the Hualapai Tribe.
- Limited to $500.00 per tribal member on an annual basis.
- Tribal members who have a terminal illness, transplant patients, or receiving chemotherapy are limited to $1,500.00 in travel assistance on an annual basis.
- The person who has the appointment must be an enrolled member of the Hualapai Tribe.
- Location where medical appointment is scheduled must be in excess of 100 miles round-trip. Documentation of appointment must be provided.
- Funds must only be used for fuel, lodging, and meals for the patient and one (1) caregiver.
- Funds may not be used for medicine, hygiene, car repairs, clothing, blankets, etc.
- Receipts and unused funds must be turned in to the Finance Department as soon as possible.

**Medical Equipment/Supplies**
- Limited to $2,000.00 per tribal member on an annual basis.
- Payment for medical equipment/supplies will be paid directly to provider.
- Applicant must submit a prescription from a physician for equipment/supplies along with an invoice or estimate.
- If the applicant is requesting a motorized wheelchair, a statement of permanent disability provided by the physician must be included with application.
Hospitalization
- Limited to $2,000.00
- The individual hospitalized must be an enrolled member of the Hualapai Tribe.
- Assistance is for immediate family members who must travel when a member of their family is hospitalized. Funds are to be divided equally among immediate family members.
- Funds must only be used for fuel, lodging, and meals.
- Funds may not be used for medicine, hygiene, car repairs, clothing, blankets, etc.
- Receipts and unused funds must be turned in to the Finance Department as soon as possible.

Nursing Care
- Enrolled member of the Hualapai Tribe.
- Limited to $1,000.00 per tribal member on an annual basis. Paid directly to facility.

Computer Assistance
Eligibility:
- Enrolled member of the Hualapai Tribe,
- Full-time student in an accredited Junior College, University, or Vocational school including home school and alternative school.
- May be eligible for two (2) computers based on family size of four (4) or more qualifying children. Exceptions may be made for disabled students.

Assistance Provided:
- Up to $800 toward the purchase of a desktop, laptop, tablet, etc.
- Paid directly to the computer provider.
- Limited to two (2) computer payment(s) per household.
- Students in college, junior college and/or vocational school may qualify for their own computer assistance, separate from their family’s household computer assistance (as long as the student does not live in the same household).
- Qualifying applicants will be eligible for computer assistance every four (4) years.

School Clothing
Thirty (30) days prior to the start of a new school year or new semester (for college students), individuals may apply for assistance in this section.

Eligibility:
- Enrolled member of the Hualapai Tribe,
- Children in their first year of school. Must provide proof of enrollment in school.
- Full-time College students. Must have completed the prior semester in good academic standing and submit an Official transcript.
- Vocational students. Must be enrolled in a trade program that is at least six months in duration and submit an Acceptance Letter from institution.
- Students pursuing a GED in a certified GED program.
- Students enrolled in on-line programs are not eligible.
- Individuals who do not turn in original receipts will not be eligible for any other benefit listed in these guidelines.
- Only parents and legal guardians may request assistance on behalf of a child. Guardian must provide court order.

Assistance Provided:
- Assistance may only be used for school clothes and a backpack (no other school supply is allowed). Must not be used for the purchase of make-up, barrettes, baseball caps, perfume, food, fuel, oil change, etc.
- Pre-school – 6th grade may receive $300.00
- 7th grade – eighth semester of College may receive $500.00
- Vocational and GED students may receive $500.00
- Original receipts must be turned in to the Finance Department within two (2) months from the date of the check.

Emergency Assistance
Eligibility:
• Enrolled member of the Hualapai Tribe,
• Legal guardian or custodial parent of a minor enrolled with the Hualapai Tribe. Guardian must provide court order,
• College students are not eligible.

Rent Assistance
Individuals who experience an unforeseen event, which hamper the person's ability to make their monthly rent payment such as, but not limited to, a loss of job, injury, etc. Before assistance is distributed, the applicant must complete the assistance form, attach a current signed lease agreement, and submit a personal letter explaining how rent payment(s) will be paid in the subsequent months after assistance is distributed.
• Limited to one payment per household.
• Assistance is limited to one month's rent with a CAP of $500.00.
• Limited to a once in a lifetime payment and not provided on an annual basis.

Natural disaster
Individuals who experience a natural disaster such as, an earthquake, flooding or in the event of a fire which destroys the home, the following assistance may be provided:
• Limited to $600.00,
• Funds must be used to replace household items such as, furniture, clothes, linens, or for repairs to bring home to suitable living conditions.
• Original receipts must be turned in to the Finance Department within two (2) months from the date of the check.
Now Accepting School Clothing Applications • 2019-2020 School Year
Submitted by: Marilyn Vaughn, Accounting Clerk | Hualapai Tribal Administration

Our office is accepting school clothing applications for the 2019-2020 school year.

NEW RATES:
Pre-school through 6th grade................................................................. $300.00
7th grade through College (term limits apply) ......................................... $500.00
GED / Vocational students ..................................................................... $500.00

To download an application, visit [www.hualapai-nsn.gov/government/finance](http://www.hualapai-nsn.gov/government/finance)

CHECKLIST

☐ Completed Gaming Assistance Application
☐ Proof of School Enrollment (all students)
☐ 4th Quarter Report Card (K-12th grade students)
☐ Certificate of Indian Blood (CIB) or Tribal ID (all students)
☐ Court Order (Legal Guardian)
☐ Official Transcript (College Student)

Requests will not be processed until the assistance application is completed in its entirety and requested documentation is provided; “on file” notations will not be accepted.

Apply by mail, fax, or email.

1  MAIL:
Hualapai Tribe
Marilyn Vaughn, Accounting Clerk
P.O. Box 179
Peach Springs, AZ 86434

2  FAX:
(928) 769-2343

3  Email:
Marilyn.Vaughn@hualapai-nsn.gov
Apply for your children at Head Start for the 2019-2020 school year.

Register with Rosa Clement, Hope Squigma, Guadalupe Lopez-Rivera or Lisa Payton-
Monday-Friday 8am-3pm.

Registration Packets must be filled out on-site and takes about an hour to complete.

Serving children ages 3-5 including children with disabilities.

Must be 3 years old by September 1, 2019

Registration information

The process for completing the eligibility packet requires the following items to be completed: Enrollment Applications, Child Initial Health Form, and Child Nutrition History Ages 1-5 Years.

Other eligibility documents needed to complete the eligibility process include: Birth Certificate and/or Certificate of Indian Blood (CIB), Proof of Residence (utility bill, housing statement, statement from landlord including address), and Proof of income.

Families must provide proof of income that supports their family for the past 12 months (e.g. pay stubs, written statements from employers) or during the calendar year preceding the calendar year in which the application is submitted (i.e. Their Individual Income Tax Form 1040, W-2 forms). The 12-month period chosen should most accurately reflect the needs of the family at the time of application.

If the family cannot produce proof of income due to receiving cash payments, having zero income, or unable to produce a paystub from a previous job prior to their current employment, the parent must provide, in their own handwriting, a statement about their income for the previous 12 months, sign and date it.

Foster care families may provide written statements from parents or homeless service providers or other agencies.

We hope this information helps eliminate any confusion to completing the eligibility packet.
The Hualapai Head Start will be raffling off 5 prize baskets to those who’ve completed their enrollment & Re-enrollment applications during the Hualapai Family Day Event July 19, 2019 at Youth Camp. Completed enrollment & Re-enrollment applications prior to event will be included in the raffle. Limit 1 ticket per child enrollment.

Call Rosa Clement to make an appointment to complete/start enrollment applications.

For more information contact The Hualapai Head Start at (928) 769-2522.
Valentine Elementary School District #22

2019-2020 (School Times - 8:00 - 3:30)

Calendar Approved - 4/23/19

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Teacher In-service Days (no school) August 5-8, 2019
First Day for Students August 12, 2019
Labor Day (no school) September 2, 2019
Parent/Teacher Conferences - noon release September 12, 2019
Veterans' Day (no school) November 11, 2019
Fall Break (no school) November 25-28, 2019
Winter Break (no school) December 20, 2019 - January 5, 2020
Martin Luther King, Jr. Day (no school) January 20, 2020
Parent/Teacher Conferences - noon release February 6, 2020
Presidents' Day (no school) February 17, 2020
Spring Break (no school) March 16 - March 19, 2020
Standardized Testing Window March 30 - April 16, 2020
Graduation Ceremony - noon release May 18, 2020
Last Day for Students May 27, 2020

- No School/Holidays
- Early Out - Noon
- Early Out 2pm - Spirit Days
- Beginning/End of School
- Standardized Testing Window

1st Quarter Ends 10/17/19 39 Days
2nd Quarter Ends 12/19/18 31 Days
3rd Quarter Ends 3/12/20 38 Days
4th Quarter Ends 5/21/20 36 Days

144 Total Days
Interested in a career in the hospitality and tourism industry?

Apply for AIANTA’s Hospitality and Tourism Scholarship Program. AIANTA, as part of our mission, established the Scholarship Program to provide American Indian, Alaska Native, and Native Hawaiian students with financial assistance to earn a degree or certificate in the hospitality, tourism, recreation, culinary arts or related fields.

AIANTA awards three scholarships to American Indian, Alaska Native and/or Native Hawaiian students in a competitive review process. AIANTA encourages Indigenous students to develop careers in the cultural tourism industry to help sustain and strengthen your tribe’s cultural legacy.

Application Criteria:
- Must be of American Indian, Alaska Native, or Native Hawaiian heritage (student must show documentation)
- Attending or enrolled in an accredited 2 or 4-year college/ university or technical/vocational institution
- Must be attending and enrolled as a part-time or full-time student with an expressed interest in pursuing a career in tourism or tourism related field
- GPA must be 2.5 or above (ALL current or future undergraduate/graduate college students are encouraged to apply)
- Scholarships are available for certificate and associate programs, undergraduate and graduate programs - online colleges are applicable
- Scholarships are only to be used for books and/or tuition

Award Amount:
$1000 per academic year (FALL/SPRING semester only), $500 per semester

Deadlines:
Postmarked by July 27, 2019 for the Fall Semester
Postmarked by December 7, 2019 for the Spring Semester

GO TO https://www.aianta.org/scholarships/ TO APPLY

For More Information:
Contact Sherrie L. Bowman
American Indian Alaska Native Tourism Association (AIANTA)
2401 12th St NW
Albuquerque, NM 87104
(505) 724-3592 or sbowman@aianta.org

For more information about AIANTA, visit our websites, www.aianta.org and NativeAmerica.travel
Lunch & Learn - July Schedule

July 2 - Track Your Food
July 9 - Get More Active
July 16 - Burn More Calories Than You Take In
July 23 - Shop and Cook to Prevent T2
July 30 - Manage Stress
12-1pm
HEW Large Conference Room

Learn How To Fight T2 Diabetes
Every Tuesday At Noon

Questions Call EW4H
769-1630/2644
Health Fair • Friday, August 23rd
Submitted by: Trena Bizardi, Community Health Educator | Hualapai Health, Education & Wellness

JOIN US!

HEALTH FAIR!

Time: 10am-2pm
Where: Tribal Gym

Topics: Diabetes Education, A1C, Blood Pressure, Car Seat, BMI, Tobacco Education, etc.

Fitness Classes
10:30 am– Step Class
11:15– Pow Wow Aerobics
12:15 pm– Chair volley ball

August 23, 2019
KICK OFF
10k Run/5k Walk
5:30 AM
Register @ Fitness Center
Celebrate Recovery NATIVE NATIONS

ROAD TO RECOVERY

It's not only about addictions.
It's about life's Healing Choices.

Restoring Relationships
with family and friends.

Releasing Co-dependency

Resolving Anger Behavior

Recovering your walk with
Jesus, our higher Power.

Monday HEW
6:00 P.M
Hey Gorgeous, Let’s Celebrate!

Women’s Support Group!

(Every Thursday)
5:30 PM—6:30 PM

Hualapai Human Services
321 Shady Lane
Peach Springs, AZ 86434

Domestic Violence Prevention Initiative
928.769.2269

Tasha Nez, DVPI Advocate
Knesha Madrid, DVPI Manager

Closed on federal holidays and administrative leave days determined by Tribal Administration.
Traumatic Brain Injuries Among American Indians in Arizona

From 2012 to 2016, nearly 7,300 traumatic brain injuries (TBIs) were identified among American Indians and Alaska Natives (AI/ANs) in Arizona.

Causes of Identified TBIs

- Unintentional falls (43%)
- Assault (23%)
- Struck by or against (14%)
- Motor vehicle traffic-related (10%)
- Other or unintentional (10%)

How can you help reduce the number of traumatic brain injuries in Arizona?

As an Individual:

- Wear a helmet
- Be seen in traffic-wear reflective safety gear
- Secure loose objects in your environment
- Prevent slips and falls in the home, especially for elders (e.g., install rails on stairways, remove obstacles from walking pathways, provide adequate lighting)
- Seek medical care in the event of trauma to the head and request a referral to a head injury specialist

Traumatic brain injuries affect American Indians and Alaska Natives of all ages and genders

Age of AI/AN Seeking Emergency or Inpatient Care for TBI in by Sex, 2012-2016

- Female
- Male

As a Tribal Leader or Professional:

- Increase access to emergency medical care for American Indian/Alaska Native communities
- Support community-based programs focusing on TBI prevention
- Educate community members about how to prevent TBIs
- Develop strategies that ensure TBI survivors minimize the risk of further damage or re-injury

www.ITCAonline.com/epi
Don’t hit your head to see stars
Be Safe, Be Seen

Always wear a helmet and reflective safety gear!!

Place red and white lights on your bike, so vehicle drivers will see you.

A safety message from the Hualapai Nation Police Department

Unintentional injury—the leading cause of death and acquired disability for children—is predictable and preventable.
How to Bake Chicken Breast in the Oven
Submitted by: Vondell Bender | Health, Education & Wellness

Follow this easy 3-step guide to bake the perfect chicken breast in the oven. You will always get a perfectly tender, juicy, and yummy result.

Cook Time: 20 mins | Brine Time: 3 hrs | Servings: 4

**Ingredients**
- 2 chicken breasts
- 1 tbsp. salt
- Water
- Seasoning (curry powder and paprika)

**Instructions**
1. Cut away any visible fat and bones. I always use a pair of scissors for this as it's much easier than using a knife.
2. Fill a large bowl with just enough water to cover the chicken breasts and add ½ tbsp. of salt for each chicken breast. Let the salt dissolve before adding the chicken breasts.
3. Leave the chicken breasts to marinate in the salt water for 1-3 hours in the fridge. This will draw water into the chicken and make it super moist when you cook it (this process is called "brining").
4. Rinse the chicken breasts thoroughly in cold water. Dry them with a paper towel and put them on a baking pan.
5. Add your favorite seasoning. I usually use pepper, curry powder, paprika and garlic powder, but you can use a wide variety of spices.
6. Cook the chicken breasts in the oven for about 18-20 minutes at a 365°F (185°C), depending on the size of the chicken breasts. Cut into one with a knife to see if they are done before taking them out of the oven.
7. Let the chicken breasts rest for 2-3 minutes after you take them out of the oven to lock in all the juices.

Near or Far • Always Buckle Up
Submitted by: Brook Bender | Hualapai Health Dept.

What will you do to save yours and your loved ones life?

Hualapai Food Handler Training • Next Training: Tuesday, July 30th
Submitted by: Danielle Bravo | Hualapai Planning Department
``The Peach.

The Hualapai Nation’s Live and Local Radio Station
Proudly Announces and Congratulates
June 2019 Volunteer of the Month:
Willow Majentz aka “DJ Pillow”

Willow Majentz, Peach Springs community and Hualapai Tribal member joined the KWLP volunteer DJ crew in 2017. She is an enthusiastic and very reliable participant at the station! Each Tuesday afternoon at 2:00 DJ Pillow hosts “The Rock Out Hour. The show began as a tribute to her late father. She plays the Rock & Roll Music her Dad loved, as well as new rock she loves. She shares some interesting information about the artists and songs and concert updates too. Staff can count on her to show up for her show and be well-prepared. She is open to suggestions and has grown immensely as a DJ over the last year Especially, she is always very helpful at station events, when she is not working at Diamond Creek Restaurant and can get away to join us. All this earns her the staff’s gratitude, appreciation respect and $100 in incentives!"
IMPORTANT NOTICE

The Hualapai Day Care will host a Community Meeting on Wednesday, July 24, 2019 at 5:00pm at the Multi Purpose building in regards to our Child Care Development Fund Plan Preprint for the next 3 years. The Community’s input is important to us.

Posted: 6/17/2019
Last Call for George Strait Raffle Tickets • Winner Drawn on Friday, July 19th
Submitted by: Danielle Bravo | Hualapai Planning Department

RAFFLE TICKETS FOR SALE!

AUGUST 23RD • T-MOBILE ARENA • ASHLEY McBRYDE

- 2 Flash seats for George Strait
  (Floor E, Row F at the T-Mobile Arena)
- Friday, August 23rd

Winner will be drawn:
Friday, July 19th at Noon

~ FUNDRAISER FOR DANIELLE BRAVO~

I just want to say THANK YOU to all that have supported me in my fundraisers to help assist with my tuition costs as I studied abroad in New Zealand/Australia this past May/June.

It truly was an incredible journey and learning experience for me; to be honest.

—I can’t wait to go back to New Zealand, one day.

Need raffle tickets?
Contact Danielle at (928) 863-8756
Cash, PayPal (paypal.me/dbravo928)
Venmo (Danielle_Bravo928)