



Issue #12 | Friday, June 14, 2019

# GAMYU

Newsletter of the Hualapai Tribe



**Historic Preservation and Development Plan • Survey**  
 Submitted by: Kevin Davidson | Hualapai Planning Department

## Historic Preservation and Development Plan for Downtown Peach Springs

The Hualapai Dept. of Cultural Resources, Planning Dept., and Cultural Advisory Team would like your help in shaping the future of downtown Peach Springs. Please take a few moments to review and answer a set of questions to help the tribe create a vision and set of priorities for downtown.

Come to our Open House on Wednesday, June 19, 2019 at 5:00p.m. at the Cultural Resources Department. Refreshments will be served.

### Inside this issue:

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### Special points of interest:

- **TERC Meeting** will be Wednesday, June 19<sup>th</sup> at 9:00AM in the Department of the Cultural Resources.
- **HTUA Board Meeting** will be on Wednesday, June 26<sup>th</sup> at 9:00AM @ Health Education & Wellness Center.

### Intersection of Diamond Creek Road



### Trading Post



Sunday, June 16<sup>th</sup>

# Help us create a better Peach Springs.

1. What do you see as downtown's major issues or problems?

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2. What would you like to see changed in Downtown?

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3. Are there other locations in downtown you would like to see developed?  YES  NO

If so which location? \_\_\_\_\_

4. How would you rate the walkability of Downtown? (circle one)

Poor            Good            Excellent

Why did you give that rating? \_\_\_\_\_

5. Draw how you feel the sidewalks should run through Peach Springs on the map.

7. Which historical sites if any would you like to see refurbished? (Number 1-5, 1 being the first building to be worked on.)

A. Old Shell Gas Station \_\_\_\_\_

B. Old Trading Post/Game \_\_\_\_\_  
Game & Fish Dept.

C. Old gas station east of  
Trading post \_\_\_\_\_

D. Old Doll Factory/Pop's  
Laundry \_\_\_\_\_

8. How should these be remembered or honored in a downtown plan? (i.e. plaques, historical stations)

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9. What would you like to see these buildings used for?

A. Old Shell Gas Station

B. Old Trading Post/Game

C. Old gas station east of  
trading post \_\_\_\_\_

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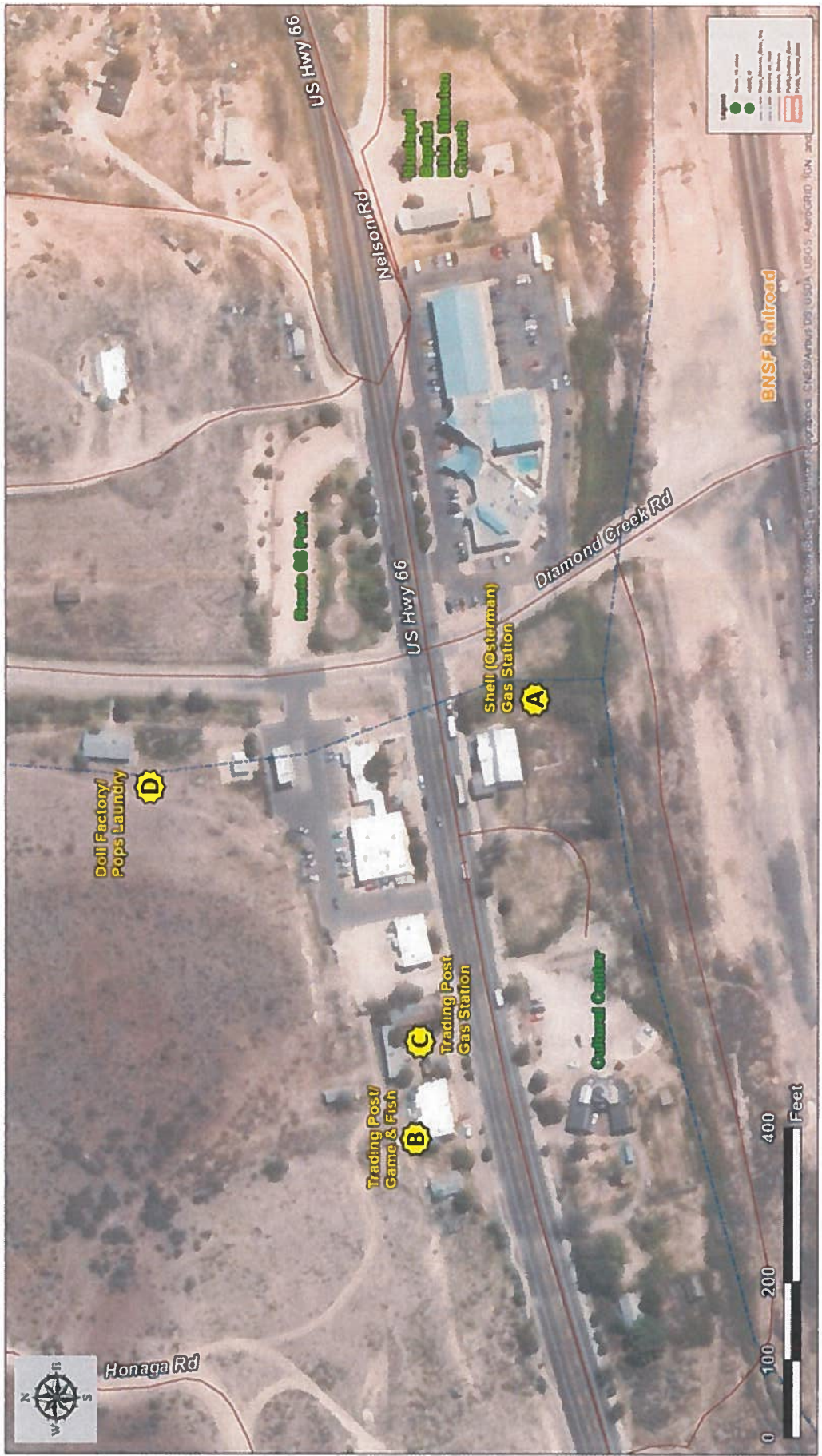
D. Old Doll Factory/Pop's laundry

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10. What should be done with the vacant spaces between Cultural and the Osterman Gas Station?

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# Downtown Peach Springs' Central Business District



Drawn by: Kevin Davidson, 5/22/2019



# HUALAPAI ARTISANS

**N E E D E D**

Grand Canyon Resort Corporation is looking to purchase handmade beaded jewelry and other small products made by Hualapai Artisans. Our goal is to have more affordable handmade products that we can sell in our gift shops and highlight those Hualapai Artisans when displaying their items to sell.

**(The minimum purchase quantity is 24 pieces.)**



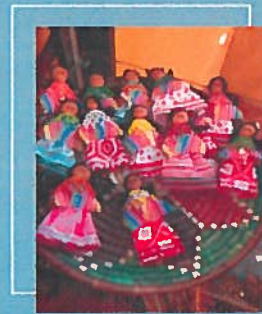
My name is Wanda Siewiyumptewa. I was born in Valentine, AZ and raised in Provo, Utah and I returned to live in Peach Springs, AZ in 1994.

After retiring in 2011, construction on my small craft store located in Peach Springs was completed by my son, and I started selling my items to locals and tourists.

As of today, I continue to sew many of the traditional ribbon dresses, vests for men, and ribbon shirts which are the traditional wear for the Hualapai people.

My hobbies are sewing, crafting, and striving to be the best of all dancing.

**- Wanda Siewiyumptewa**



**GRAND CANYON**  
*West*.com

Please Contact  
**MICHELLE HOLMES**  
928.769.2419 ext. 194

**Returned 1099's for 2018**  
Submitted by: April Siewiyumptewa | Hualapai Tribe



For those who have not received a 1099-Misc Tax form for 2018 please contact April Siewiyumptewa at the Tribal Office and ask for a copy. If you did not receive one in the mail it may be due to an incorrect address so verify your address and fill out a change of address if needed.

Please keep in mind that you are responsible for your taxes not the Tribe so it is up to up to ask for the forms if you have not received them. For any questions please contact April Siewiyumptewa at Tribal Office at (928)769-2216 or Finance Director Wanda Easter.

Thank you.

**Revised Guidelines to the Social (Assistance) Programs**  
Submitted by: Marilyn Vaughn | Hualapai Tribe



**ATTENTION**

**Tribal Council recently made changes to the Social (assistance) Programs funded by Gaming Revenue. The changes are effective immediately.**

**You may Pick up a copy of the revised Social Programs guidelines located in the lobby of the Tribal Administration and on the Tribe's web site at [www.hualapai-nsn.gov](http://www.hualapai-nsn.gov)**

**POSTED 05/21/19**

**Father's Day Activity • Friday, June 14<sup>th</sup>**  
Submitted by: Adeline Crozier | Hualapai Tribe

## Father's Day Activity



**When: June 14, 2019**  
**Where: H.E.W Large Conf. Room**  
**Time: 3:00pm - 4:30pm**



*Come on over and make something special for your father, step-father, grandfather or uncle.*

**Light Healthy snacks will be provided.**

For Information call:  
Vondell Bender @ 769-2207 ext 209 or  
Yvette Henson @ 769-2207 ext 205

**Hualapai Youth Services • Save The Date**  
Submitted by: Christina Watchornigie | Hualapai Youth Services

HUALAPAI TRIBAL  
YOUTH COUNCIL  
PRESENTS  
SUMMER YOUTH  
CONFERENCE

**JUNE  
17-19  
2019**

**SAVE  
THE  
DATE**

Peach Springs, AZ 86434  
Be Prepared To Camp!  
Native American Youth  
Ages 14-24

For More Information Feel Free To Contact  
Youth Services @ 928-769-2207 Ext. 201



# Hualapai Strategic Prevention Presents LGBTQ • Friday, June 21<sup>st</sup>

Submitted by: Adeline Crozier | Hualapai Tribe

## Hualapai Strategic Prevention



## LGBTQ

June 21, 2019 at 1-3p

Hualapai Health Education & Wellness Center

Lesbian, Gay, Bisexual, Transgender and Queer (LGBTQ) Pride Month is currently celebrated each year in the month of June to honor the 1969 Stonewall riots in Manhattan. The Stonewall riots were a tipping point for the Gay Liberation Movement in the United States. In the United States the last Sunday in June was initially celebrated as "Gay Pride Day," but the actual day was flexible. In major cities across the nation the "day" soon grew to encompass a month-long series of events. Today, celebrations include pride parades, picnics, parties, workshops, symposia and concerts, and LGBTQ Pride Month events attract millions of participants around the world. Memorials are held during this month for those members of the community who have been lost to hate crimes or HIV/AIDS. The purpose of the commemorative month is to recognize the impact that lesbian, gay, bisexual and transgender individuals have had on history locally, nationally, and internationally.

In 1994, a coalition of education-based organizations in the United States designated October as LGBT History Month. In 1995, a resolution passed by the General Assembly of the National Education Association included LGBT History Month within a list of commemorative months. National Coming Out Day (October 11), as well as the first "March on Washington" in 1979, are commemorated in the LGBTQ community during LGBT History Month.

Library of Congress

**Join us Friday June 21<sup>st</sup> from 1-3p as we support the Hualapai LGBTQ community.**

**Refreshments will be available**

For more information, contact Jessica Powskey at (928) 769-2207 in the Hualapai Health Education and Wellness Center

### Gathering of the Pai Dinner • June 22<sup>nd</sup>

Submitted by: Lyndee Hornell | Hualapai Cultural Resources

*Attention Hualapai Community,*

If you are attending the Gathering of the Pai in Prescott, AZ. June 21-23, 2019 The Hualapai Tribe has been chosen to prepare Dinner for the Gathering on Saturday June 22. We need volunteers to help prepare the dinner.

If you would like to Volunteer for Saturday's Dinner, please Contact Marcie Craynon (928) 769-2234.

Han Kyu

**21st Annual Gathering of the Pai • Begins Friday, June 21st**

Submitted by: Adeline Crozier | Hualapai Tribal Administration

# 21st Annual Gathering of the Pai

**June 21, 22, 23, 2019**

600 EZ Street | Prescott, AZ

*Bah Dtihiyujeh. Mi yuyji-nyih  
Swaadd-vjik Himaajrah Hnuu*

Friday, June 21 | 5pm  
Saturday, June 22 | 9am  
Sunday, June 23 | 9am-12pm

- **Cultural Demonstrations**
- **Songs**
- **Dance**
- **Traditional Games & Activities**
- **Pai Women 20th Anniversary Celebration**




Hosted by the Yavapai-Prescott Indian Tribe | Prescott, AZ



This is a drug/alcohol free event.  
For further information, contact **Linda Ogo** at **928.515.7202**  
For Elder Pai Woman/Pai Woman info contact **Maria Rocha** at **928.769.6278**

**Celebrate Independence Day • Wednesday, July 3<sup>rd</sup>**  
*Submitted by: Adeline Crozier | Hualapai Tribal Administration*



**Celebrate Independence Day**  
**Wednesday, July 3, 2019**  
**12 noon – 12 midnight**  
**Tribal Gym Area**

**Waterslides**

**Horseshoe Tourney**

**Chair Volleyball Tourney**

**Free Throw Contest**

**Face Painting**

**Bean Bag Toss**

**Walk**

**Water Balloon Toss**

**Street Dance**

**Bingo**

**BBQ**

**Vendors**

**FIREWORKS!!!!**

**MORE INFORMATION WITH SCHEDULE TIMES  
WILL BE FORTHCOMING.**

***SPONSORED BY THE HUALAPAI TRIBE***



**Yuman Language Family Summit Immersion Camp**  
**July 15-18, 2019**  
**Hualapai Youth Camp near Peach Springs, AZ.**

Join us as we all participate in a Yuman Language Use Summit 2019

Participants include language teachers, fluent speakers, and language learners:

- ◆ We will work with models of language for use in this setting
- ◆ Try conversations and translation structure
- ◆ Participate in cultural presentation using language conversation and immersion
- ◆ Camp out in our own languages.
- ◆ Work with Yuman fluent speakers and cultural knowledge.
- ◆ Develop a basic model of creating a language learning environment
- ◆ Plan Yuman language use in our daily lives.

This is an outdoor camping event. Amenities and use of the Hualapai Youth buildings will be reserved for the elders and those with limited capabilities. Payment for housing and registration is on your own. **ALL REGISTRATION PAYMENT NEEDS TO BE MADE OUT TO YUMAN LANGUAGE FAMILY SUMMIT.** The YLFS committee will oversee the camp area and assignment of cabins, tent areas. Some meals will be included in this event. Come and help and make a fire in the language! Information packets will go out May 23, 2019. Registration begins May 23, 2019

For more information please call:

**Theo de la Rosa 928-575-3493**

**Marcey Craynon 928-769-2223**

**Emilio Escalanti 928-920-7805**

**Gary Owens 480-362-6320 Mon-Fri. 8-5pm**

**Toni Carlyle: [tmcarlyle@hotmail.com](mailto:tmcarlyle@hotmail.com)**

Welcome to a new direction in the revitalization of the Yuman languages. The current Yuman Family Language Summit Committee has decided to once again hold the annual summit outdoors. Following a model of creating a language learning environment, the committee is planning a place where Yuman language can be spoken. For the upcoming year of 2019, the plans are to take our past summit participants and stay at the Hualapai Youth Camp in Peach Spring where we can learn, practice and speak our languages.

Our long term goal is to provide a foundation for each tribe to set up their own camps and other events to use the language. ***We will provide a pre-set list of phrases and words but it will be up to the people to come up with their defined list. The list of phrases to translate into the Yuman language and to bring to the camp is included in this packet but you can add to it and we encourage you to add to it.***

We are working along the same plan that we had in 2017. We will be back at the Youth Camp. Some rooms and indoor sleeping quarters are available for the elderly and those with limited capabilities. Tent camp sites are all over the place and we are working on designated camps sites for the Mohave, Quechan, Cocopa, Kumeyaay, Hualapai and more. There are 5 pads available for RV's. We are putting the bids in for a cook to help us with our needs. This is open to all those interested in speaking, learning and using our languages. We are also looking to create "lifelines" of language speakers to help people "stay in the language." In 2017 we found that we had a lot of youth joined us for this camp and we want to make sure that we get youth involved. We would ask that if there will be a group of youth attending from your community that they have the right amount of chaperones for the event.

We look forward to your participation and we will help you get the lists of things you need to bring, RV spaces to rent and most important, using your language in a themed setting. Get ready to speak and learn.

Yuman Family Language Summit Committee

**YUMAN LANGUAGE FAMILY SUMMIT IMMERSION CAMP 2019**  
**July 15 – 18, 2019 ~ Hualapai Youth Camp**  
**Peach Springs, Arizona**  
**REGISTRATION FORM**

The Yuman Language Family Summit Immersion Camp will be in Peach Springs, Arizona. The intent of the Yuman people is to revitalize, maintain and carry on the traditional languages and cultures. We welcome all participants to join us in this task. **Early registration deadline is July 1, 2019.** Please fill out this registration form and sent it with payment to the address below.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

TRIBAL AFFILIATION: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

Native Language Speaker Y\_\_\_ N\_\_\_ Native Language Teacher Y\_\_\_ N\_\_\_

Native Language Learner Y\_\_\_ N\_\_\_ Can Read/Write Language Y\_\_\_ N\_\_\_

**\$75.00**

**REGISTRATION FEE IS NON-REFUNDABLE**

**Deadline: MONDAY, JULY 1, 2019**

**PAYABLE TO: Yuman Language Family Summit**

**~ NO PERSONAL CHECKS/PURCHASE ORDERS**

**ON-SITE REGISTRATION FEE WILL BE \$100.00 FOR ALL AGES**

**Mail Registrations and payment to:**  
**Yuman Summit**  
**P.O. box 787**  
**Parker, Az 85344**

**E-MAIL to: [tmcarlyle@hotmail.com](mailto:tmcarlyle@hotmail.com)**  
**For More Information go to Website:**  
**[Yumanlanguagefamilysummit.com](http://Yumanlanguagefamilysummit.com)**

**CONTACT NUMBERS**

Emilio Escalanti: (928) 920.7805

Theo DeLaRosa: (928) 575.3493

Marcy Craynon: (928) 279.3787

**CAMP SCHEDULE DRAFT** Each Camp will be responsible for 3 hour sessions. You will give out directions as to how each morning, afternoon, and evening session will be conducted.

**Monday** Note: **There are no activities planned except for setting up the camps.**

1PM Arrival of people, set up camp areas, check elderly in

5pm Dinner and introductions

**The Yuman Language Family Summit Steering will be in Charge.**

**Tuesday**

Sunrise greetings of the morning according to tribal groups

7am getting up, washing up, etc.

8am Breakfast

9am **HUALAPAI TRIBE WILL BE IN CHARGE**

Camp work—includes cultural presentations, language work, and teaching within the tribal groups without any interruption

Noon Lunch

1:30pm **\_\_\_\_\_ TRIBE WILL BE IN CHARGE**

Cultural presentations: People will go from camp to camp to watch and participate in the presentations that were worked on in the morning. This is just a draft plan at this moment.

4pm clean up get ready for bed later that night

5pm Dinner

7pm **\_\_\_\_\_ TRIBE WILL BE IN CHARGE**

Storytelling

9pm Campfires out

**Wednesday**

Sunrise greetings of the morning according to tribal groups

7am getting up, washing up, etc.

8am Breakfast

9am **\_\_\_\_\_ TRIBE WILL BE IN CHARGE**

Camp work—includes cultural presentations, language work, and teaching within the tribal groups without any interruption

Noon Lunch

1:30pm **\_\_\_\_\_ TRIBE WILL BE IN CHARGE**

Cultural presentations: People will go from camp to camp to watch and participate in the presentations that were worked on in the morning. This is just a draft plan at this moment.

4pm clean up get ready for bed later that night

5pm Dinner

7pm **\_\_\_\_\_ TRIBE WILL BE IN CHARGE**

Song and dance, possible teaching of both

9pm Campfires out

**Thursday**

Sunrise greetings of morning according to tribal groups

7am getting up, washing up, etc.

8am Breakfast

9am **The Yuman Language Family Summit Steering will be in Charge.**

Camp evaluations: How did it work, strengths, less than perfect situations, what can we take home and use, etc.

11am Take down camp and sack lunches

Noon Leave for home

## LANGUAGE LIST/S

We need language for the camp, a starting point. So we have come up with some phrases that you can translate into the Yuman languages. It is not the only list, it is one of many to start with. If you already have a list of phrases, bring them along. We have 101 phrases and although it seemed like a lot it was barley the beginning. Take a look and if you come up with more please share them with others. I am enclosing this in a word document so you can save it to your computer and add the language without having to write the English all over again. We will add more to the page as we get them.

Take a look and see what you can translate in your language. You don't have to fit the Yuman to the English; if you don't have a phrase for it then that's okay. Remember this is just a starting point. You may want to go in a different direction. Please be willing to share what you come up with, with your fellow Yumans

Word list DRAFT: what will be spoken? Take a look and see what fits your language. You don't have to fit the Yuman to the English, if you don't have a phrase for it then that's okay. Remember this is just a starting point. You may want to go in a different direction. Please be willing to share what you come up with, with your fellow Yumans

- |  |   |   |
|--|---|---|
| 1. My friend   | 50. What (looking at, something)          | 98. Be quiet (to a group)               |
| 2. Greeting to a male (exclusively between males)      | 51. What is this / that?                  | 99. It's evening time                   |
| 3. Greeting to a female, ( or from a female to others) | 52. What smells good                      | 100. Go lay down                        |
| 4. What is your name?                                  | 53. What (object form)                    | 101. Good dreams                        |
| 5. My name is Paul                                     | 54. What are you doing?                   | <b>Camping items and terms: (DRAFT)</b> |
| 6. How are you?  | 55. What do you want?                     | 1. Tent                                 |
| 7. Good / fine   | 56. What do you have?                     | 2. Axe                                  |
| 8. And how are you? (returning question)               | 57. Who (subject form)                    | 3. Firewood                             |
| 9. Are you good?                                       | 58. Who are you                           | 4. Fire                                 |
| 10. Wake up—Wake up (to group)                         | 59. Who is that                           | 5. Match/matches                        |
| 11. It's morning                                       | 60. Who said it                           | 6. Pot (metal)                          |
| 12. Wash your face                                     | 61. Who did it                            | 7. Pot/clay                             |
| 13. Brush your hair                                    | 62. Come eat                              | 8. Water                                |
| 14. Brush your teeth                                   | 63. Come eat (to a group)                 | 9. Spoon                                |
| 15. Tooth brush  | 64. Let's eat, shall we eat               | 10. Fork                                |
| 16. Get dressed  | 65. Let eat, shall we eat (to a group)    | 11. Knife                               |
| 17. make your bed                                      | 66. Are you hungry                        | 12. Blanket/s                           |
| 18. Put your shoes on                                  | 67. Are you hungry (to a group)           | 13. Mat                                 |
| 19. Where are your shoes?                              | 68. Give me a tortilla                    | 14. Tarp/covering for ground            |
| 20. Are you ready                                      | 69. It tastes good                        | 15. Pine tree                           |
| 21. Are you ready (more than one-group)                | 70. Are you full                          | 16. Ground/earth                        |
| 22. Hurry  | 71. I am full                             | 17. Pillow                              |
| 23. Hurry lets' go (to another)                        | 72. Go ahead and eat                      | 18. Stake                               |
| 24. Hurry let's go (to a group)                        | 73. Sit down and eat                      | 19. Hammer                              |
| 25. Take a bath/shower                                 | 74. Set out the dishes                    | 20. Rope                                |
| 26. It's a good day                                    | 75. Clear the table                       |   |
| 27. Get some wood                                      | 76. Wash the dishes                       |   |
| 28. Let's go play (to another person)                  | 77. Wash your hands                       |   |
| 29. Go play  | 78. Let's pray                            |   |
| 30. Go play (to a group)                               | 79. Come here                             |   |
| 31. Come in  | 80. Come here ( to a group)               |   |
| 32. How are you (to a group)                           | 81. Sit down                              |   |
| 33. How is your family                                 | 82. Sit down (to a group)                 |   |
| 34. I see you-my heart-good ( I'm glad to see you)     | 83. Listen                                |   |
| 35. What are you doing?                                | 84. Listen (group)                        |   |
| 36. What's going on?                                   | 85. Behave                                |   |
| 37. Go greet him/her                                   | 86. Don't say that                        |   |
| 38. Where are you going?                               | 87. I have to go to the bathroom (to sit) |   |
| 39. Where are you going (to a group)                   | 88. I'll be right back                    |   |
| 40. Are you leaving?                                   | 89. get to work (to another person)       |   |
| 41. I'm leaving  | 90. Are you sleepy?                       |   |
| 42. Who is going with you?                             | 91. I am sleepy                           |   |
| 43. Who are you going with?                            | 92. I am tired                            |   |
| 44. Good bye, I'll see you again                       | 93. Let's go to sleep                     |   |
| 45. When?  | 94. Are you tired?                        |   |
| 46. When are you coming?                               | 95. Go to sleep                           |   |
| 47. When are you leaving                               | 96. I'm going to sleep                    |   |
| 48. When are you returning here?                       | 97. Be quiet                              |   |
| 49. When will you do it?                               |   |   |

**CAMPING:**

This is a camp, we will be camping, setting up tents, making fires, all the things that go with being outdoors. The Hualapai Youth Camp is located north of Peach Springs. It is a camp site with limited indoor bunkhouses which are being held for the elderly. It is a communal use area with the showers and bathrooms being shared by all. There are large areas for tents which will hold the different tribes to camp out together. There are 5 cement pads with hook ups for RV's. There are limited hook-ups available off site in Peach Springs and down the road at the Caverns. We encourage the camping out but if you have people in your groups that are elderly or limited then you can work with Marcey Craynon 928-769-2223 in securing a bed in the main Youth Camp lodge or rooms on your own in Peach Springs or at the Caverns. Thank you for your patience.

**NOTE: ALL PERSONS ARE TO REGISTER IF YOU ARE AT THE YOUTH CAMP AREA.**

**YLFS Committee**

**TENTS:**

If you do not have a tent available we are looking at providing tents for those without. You would still have to put it up on site but if you do not go camping a lot this is a budget alternative. Contact Hualapai Cultural Center for more information 928-769-2223.

**Presentations: Each Camp will be responsible for 3 hour sessions. You will give out directions as to how, each morning, afternoon, and evening session will be conducted.**

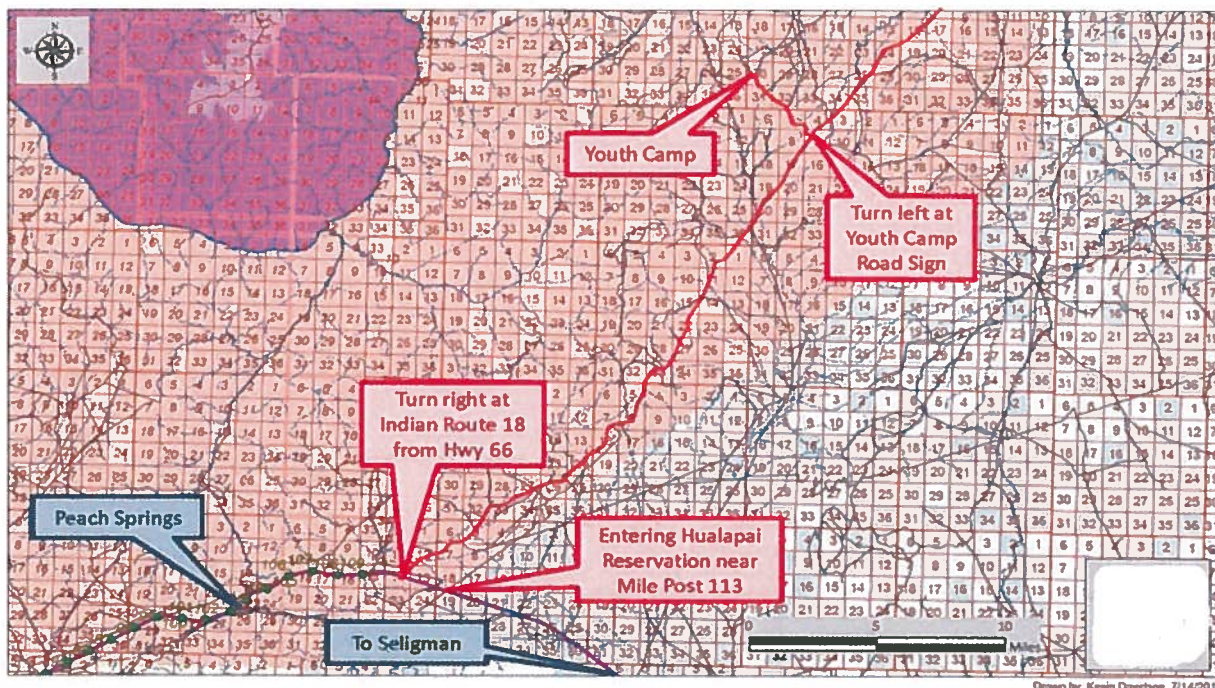
We are asking that each camp come up with 2-3 presentations on traditional culture that can be taught in your language. The camp-sites will be set up so that each tribal group will be together, sleep together and maintain their identity in one camp. We are doing this because we want language use and learning to go on in the camps. Morning activities will be in the camps and then in the afternoon sessions we will rotate to the different sites (or meet under the large mathkyaaly/ramada) and others will learn what was worked on in the morning sessions. What we are looking for is the language to be used by others when the sessions are rotated, when we get together, when we are camping etc.

Some ideas to present:

- Cooking
- Cradleboard making
- Preparing food for storage
- Tool making
- Songs
- Gathering wild foods
- Dance
- Stories
- dressmaking...

Take a look at what it is that you can work on in the language and bring your materials. For more information Contact Lucille Watahomigie at 928-769-2234. This is the best map we have so far.

**Hualapai Youth Camp Access Roads**



**The Hualapai Youth Camp is approximately 31 miles from Highway 66.**

**Yuman Language Family Summit Immersion Camp  
July 15-18, 2019  
Peach Springs at Hualapai Youth Camp**

Dear Relatives,

The 16<sup>th</sup> Yuman Language Family Summit Immersion Camp 2018 will be on July 15 – 18, 2017 at the Hualapai Youth Camp outside of Peach Springs, Arizona.

We will be honoring language activists who are dedicated to the preservation and revitalization of Yuman Languages. These are individuals who continue to speak their Yuman languages and are passing it on to the non-speakers by teaching, mentoring, making recordings, songs, storytelling, and speaking their native language whenever possible. We are requesting that you nominate 2-4 individuals from your community who are very involved and contribute to keeping the language alive.

Please submit a short biography of the successful language maintenance and preservation activities that the individual is involved in. The individual does not need to be present to be honored but we encourage it. The deadline for the nominations is July 8, 2019 so we can plan. Please turn in the names and addresses of the individuals to me.

Each tribe is responsible to bring tribal gifts for 4 elders each. Thank you very much for your cooperation.

Sincerely,

Gertrude Smith

Yavapai-Apache Nation

Yavapai-Culture Dir.

928-649-6963 (Office)

Name-tribe:	
Address: Box#/Street , City, State, Zipcode	
Email/Telephone	
Sort Biography of the successful language maintenance and preservation activities (use another paper if needed)	
Name of person Nominating, tribe , organization, nation	
Address: Box#/Street , City, State, Zipcode	
Email/Telephone	

# COOK BID FORM

## Hualapai Youth Language Immersion Camp 2019

June 25, 26, 27, 28, 2019

Hualapai Youth Camp ~ Peach Springs, Arizona

**Cook services and food purchases**  
**75 people for 4 lunches and 90 people one dinner**

Sub-total for food purchase: \_\_\_\_\_

Sub-total for Cook services: \_\_\_\_\_

Grand Total = \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_

e-mail: \_\_\_\_\_

**attach food handler's card/s for head cook and helpers**

Bid selection; ***Closing bid will be June 14, 2019 at 12:00PM***

Selected head cook will be notified and given instructions when food purchase check will be available.

Bids will be submitted to: Marcelene Craynon/Hualapai Cultural Center

Administrative Assistant at: Hualapai Cultural Center, PO Box 310, Peach Springs, Arizona 86434, fax number: 1-928-769-2235/or e-mail to:

[mcraynon@yahoo.com](mailto:mcraynon@yahoo.com)

If there are any questions, please call 1-928-79-2223/2234

# EMPLOYMENT OPPORTUNITITES

## Request for Proposals for Cost to Engineer, Procure and Construct • Solar Power Plant Submitted by: Kevin Davidson | Hualapai Planning Department



### Request for Proposals for Cost to Engineer, Procure and Construct (EPC) a Solar Power Plant

The Hualapai Tribe is soliciting Request for Proposals (RFPs) from qualified firms to provide the cost of Engineering, Procurement and Construction of a Solar Power Plant to provide all of the electrical requirements of Grand Canyon West.

The RFP closes on July 8, 2019, at 4:00 PM Arizona Time. Proposals will be accepted from both Indian-owned and other firms for this project. All questions must be submitted in writing and may be sent via email to the individual listed below. All bids shall be submitted to:

Kevin A. Davidson, Director  
Hualapai Tribe Planning & Economic Development Department

Mail to: P.O. Box 179 or  
Deliver to: 887 W. Highway 66  
Peach Springs, Arizona 86434  
Phone: (928) 769-1310 Ext. 22  
Fax: (928) 769-1377  
Or e-mail to: [kdavidson@hualapai-nsn.gov](mailto:kdavidson@hualapai-nsn.gov)  
See [www.hualapai-nsn.gov](http://www.hualapai-nsn.gov) for RFP postings





## Dislocated Worker Program Orientation • Monday, June 17<sup>th</sup> Submitted by: Jean Imus | Hualapai WIA Program



Innovative Workforce Solutions

### NINETEEN TRIBAL NATIONS WORKFORCE DEVELOPMENT BOARD Workforce Innovations and Opportunity Act

**Dislocated Worker Program  
ORIENTATION  
Monday, June 17, 2019  
11:00 - 12:00  
Hualapai Nation  
Education Building  
460 Hualapai Way, Peach Springs**

-  Have you been laid-off?
-  Collecting Unemployment Insurance benefits or has exhausted benefits?
-  Are you a stay at home male or female who has been providing unpaid services to a family member and been dependent on the income? Have you now lost that income because of divorce, legal separation, or by the death of that person?
-  If you answered **YES** to any of these questions, you are encouraged to attend the orientation to find out more about the Workforce Innovation & Opportunity Act (WIOA) Dislocated Worker Program

*Equal Opportunity Employer/Program  
Auxiliary aids & services are available upon request to individuals with disabilities  
TTY: 7-1-1*



**Hualapai Tribe • Current Job Posting**  
Submitted by: Coleen Mahone | Hualapai Human Resource



**2019 Current Job posting for the Hualapai Tribe**

**OPEN COMPETITIVE**

	Job Title	Pay Rate	Opening Date	Closing Date
Finance Department	Finance Assistant Director	D.O.Q.	April 03, 2019	Open Until Filled
Cultural Resources	Senior Archaeologist	D.O.E.	December 13, 2018	Open Until Filled
Emergency Services	Firefighter/EMT-Basic	D.O.Q.	March 19, 2019	Open Until Filled
	Firefighter/Paramedic	D.O.Q.	March 19, 2019	Open Until Filled
Health Department	Radio Station Administrative Assistant	D.O.E.	April 03, 2019	Open Until Filled
	Media Specialist (Part-time)	\$ 12.50 per hour	May 10, 2019	Open Until Filled
	Resident Advocate	\$10-\$15/Hr. ; D.O.E.	January 22, 2019	Open Until Filled
	Youth Services Assistant	\$13.00 - \$ 15.00/Hr.	April 17, 2019	Open Until Filled
	Hualapai Tribal Substance Abuse Action Plan Project Coordinator	D.O.E.	May 03, 2019	Open Until Filled
Human Resources	Director	D.O.Q.	February 28, 2019	Open Until Filled
Human Services	Shelter Advocate	D.O.Q.	December 10, 2018	Open Until Filled
	Security	D.O.Q.	December 10, 2018	Open Until Filled
Housing Department	Receptionist	\$12.00/Hr.	May 23, 2019	May 31, 2019
Judicial	Associate Judge	D.O.Q.	April 30, 2019	May 30, 2019
Juvenile Det. Center	Correction Officer I, II, and III	\$16.00 - \$ 18.00/Hr.	October 31, 2017	Open Until Filled
Natural Resources	Range Specialist	Negotiable	February 26, 2019	Open Until Filled
	Agriculture Program Manager	D.O.E.	March 18, 2019	Open Until Filled
	Agriculture Crew Laborer (1)	\$13.00/Hr.	March 28, 2019	Open Until Filled
	Water/Air Technician I	D.O.E./Negotiable	May 29, 2019	Open Until Filled
Police Department	Domestic Violence/Sexual Assault Investigator (Certified)	\$45,000/Yr. to \$50,000/Yr.	December 06, 2018	Open Until Filled
	Police Officer (Certified)	\$39,520/Yr. to \$47,840/Yr.	December 06, 2018	Open Until Filled
Public Defender's	Associate Defense Advocate/Public Defender	D.O.Q.	May 17, 2019	Open Until Filled
Public Services	Laborer - Cholla Ranch	D.O.E.	April 02, 2019	Open Until Filled
	Road Maintenance 3/Roads Program	D.O.E.	May 28, 2019	June 07, 2019
Training Center	Teacher/Tutor	D.O.Q.	December 17, 2018	Open Until Filled

**INTERNAL ONLY (For Current Tribal Employees Only)**

Finance Department	Accounting Clerk	D.O.Q.	May 29, 2019	June 04, 2019
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FOR A COMPLETE JOB ANNOUNCEMENT PLEASE PICK UP AT THE TRIBAL ADMINISTRATION OFFICE OR VISIT OUR WEBSITE AT [HUALAPAI-NSN.GOV](http://HUALAPAI-NSN.GOV)

**\*\*\* Please see Job Announcement(s) for more detail, you must meet all minimum qualifications as required for the Job Title in which you are applying to in order for HR to send your Application to the department.**

For Employment with the Hualapai Tribe, please fill out an Employment Application and return to the Human Resources office.

To work for the Hualapai Tribe, you minimally need to have the following:

- \* A Valid Driver's License
- \* A High School Diploma or GED
- \* Must submit to and pass a pre-employment drug/alcohol screening

*Preference - All applicants are considered without regard to age, sex, race, national origin, religion, marital status, or physical disability. However, preference may be extended to persons of Indian descent in accordance with Public Law 88-355, Section 703 (702-71) and public law 93-638, Section 7B.*

**THE HUALAPAI TRIBE IS AN EQUAL OPPORTUNITY EMPLOYER/PROGRAM**

Auxiliary aids and services available upon request to individuals with disabilities

Contact Us: Human Resources  
POB 179 / 941 Hualapai Way  
Peach Springs, Az. 86434-0179

Phone number: 928-769-2216  
Fax number: 928-769-1191  
Toll Free number: 1-888-769-2221

Revised on 05/29/2019

# Become a Census Worker

for the 2020 Census



*Make your next job Count!*

The 2020 Census will count all the people living in the United States of America. We need your help!



[2020census.gov/jobs](https://2020census.gov/jobs)

Positions including:

- clerks
- recruiting assistants
- office operations supervisors
- census field supervisors
- census takers

The positions will be located nationwide and offer flexible work hours, including daytime, evenings and weekends.

A partial job description for Enumerators is below.

## ENUMERATOR

- Use automated smart phones or laptop computers to conduct job activities.
- Review assigned work to locate households for verifying addresses and/or conducting interviews.
- Conduct interviews with residents in assigned areas by following stringent guidelines and confidentiality laws.
- Explain the purpose of the census interview, answer respondent's questions, collect information following a script, and record census data using devices and/or paper forms.
- Update address lists and maps.
- Validate address and map updates for quality purposes.
- Follow procedures to conduct accurate work while maintaining acceptable production rates.
- Maintain and submit records of hours worked, miles driven, and expenses incurred in the performance of duties.
- Meet/talk with supervisor, as necessary, to review procedures, report issues or concerns, and receive additional instructions.



# HEALTH & SAFETY INFORMATION

Child Safety Seat Inspection • Tuesday, September 29<sup>th</sup>  
 Submitted by: Lyndee Hornell



## Community Bike Rides Come Have Some Fun!

**Come To The**

Must Be Accompanied  
 By Employee!

**EW4H Building**

Call To Schedule!

**For Bikes!**

For More Information Please Call EW4H (928) 769-1630



**Hualapai Food Handler Training • Next Training: Tuesday, June 18<sup>th</sup>**  
 Submitted by: Tamara Marshall | Hualapai Planning Department

### HUALAPAI – PEACH SPRINGS 2019 Food Handler Card Training Schedule

MONTH	DATE	LOCATION	TIME (AZ)
June	18	Health Education & Wellness	10:00am – 12:30pm
July	30	Health Education & Wellness	10:00am – 12:30pm
September	10	Health Education & Wellness	10:00am – 12:30pm

For more information please contact the Office of Environmental Health and Engineering at (928) 669-3177. Everyone is welcome to attend.



# Lunch & Learn

**May 28- Introduction to Program**  
**June 4- Get Active to Prevent T2**  
**June 11-Track Your Activity**  
**June 18-Eat Well to Prevent T2**  
**June 25-Track Your Food**

**12-1pm**  
**HEW Large Conference Room**

LEARN HOW TO  
FIGHT T2 DIABETES

EVERY TUESDAY  
AT NOON

Questions Call EW4H  
769-1630 or 769-  
2644

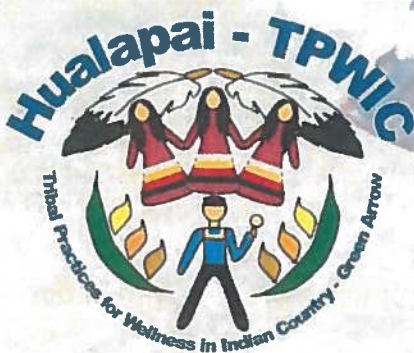
# Community Powwow Aerobics

Come Join Us In Some Fun Dancing Exercises!

## June 20, 2019

### At The Multi. Building 5 - 6pm

(Wear Workout Clothing and Comfortable Shoes)



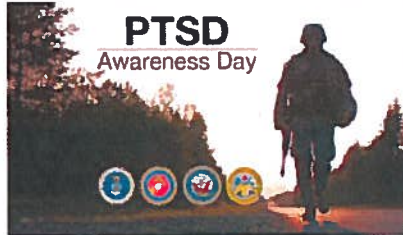
## June is PTSD Month

Submitted by: Jessica Powskey, Strategic Prevention | Hualapai Health, Education & Wellness



### PTSD Awareness Day 2019

PTSD Awareness Day is observed every year on June 27<sup>th</sup>. PTSD stands for Post-Traumatic Stress Disorder and is a condition that many veterans and non-veterans alike suffer. PTSD can occur when someone experiences or witnesses a traumatic event. This condition wasn't always understood properly by the medical or military community, and Department of Defense press releases often point to earlier attempts to identify PTSD symptoms in the wake of service in World War 2, Vietnam, and other conflicts.



PTSD Awareness Day will be observed on Thursday, June 27, 2019. June is also PTSD Awareness Month.

#### The History Of PTSD Awareness Day

In 2010, Senator Kent Conrad pushed to get official recognition of PTSD via a "day of awareness" in tribute to a North Dakota National Guard member who took his life following two tours in Iraq.

Staff Sergeant Joe Biel died in 2007 after suffering from PTSD; Biel committed suicide after his return from duty to his home state. SSgt. Biel's birthday, June 27, was selected as the official PTSD Awareness Day, which is now observed every year.

In 2014, the Senate designated the full month of June for National PTSD Awareness (S. Res. 481).

#### How Do People Observe Post-Traumatic Stress Disorder Awareness Day?

Much of what is done to observe PTSD Awareness Day involves encouraging open talk about PTSD, its' causes, symptoms, and most important of all, getting help for the condition. PTSD is, even in modern times, often misunderstood by those with no firsthand experience with the condition or those who suffer from it. PTSD Awareness Day is designed to help change that.

The Department of Defense publishes circulars, articles, and other materials to help educate and inform military members and their families about the condition. The Department of Veterans Affairs official site has several pages dedicated to PTSD, and when military members retiring or separating from the service fill out VA claim forms for service-connected injuries, illnesses, or disabilities, there is an option to be evaluated for PTSD as a part of the VA claims process.

#### What Is Post-Traumatic Stress Disorder?

As mentioned above, PTSD can be the result of experi-

encing or witnessing a traumatic event. The specific nature of the trauma can and does vary greatly. Medical experts are quick to point out that while combat and combat-related military service can be traumatic, not everyone who serves under such conditions reacts the same way. Some may develop symptoms of PTSD, while others may be unaffected.

#### Post-Traumatic Stress Disorder: How Widespread Is It?

Some sources estimate that as many as 70% of all Americans have experienced a traumatic event sufficient to cause PTSD or PTSD-like symptoms. That does not mean that all 70% of Americans WILL suffer from PTSD. Using these statistics, some 224 million Americans have experienced a traumatic event. Of that number, some 20% will develop PTSD symptoms, roughly 44 million people.

Of that 44 million, an estimated eight percent experience active PTSD symptoms at any one time. An estimated 50% of all mental health patients are also diagnosed with Post-Traumatic Stress Disorder.

#### PTSD: Often Misunderstood And Misidentified

"Shell shock" and "combat shock" were earlier attempts to define and understand the symptoms of PTSD. Post-traumatic stress disorder was often stigmatized in popular culture after the Vietnam conflict, and many films and television shows featured antagonists or unsympathetic characters suffering from "Vietnam flashbacks" or other issues.



U.S. Army National Guard  
Photo by Staff Sgt. Mary Junell

The misunderstanding of PTSD slowly began to change in 1980 when it was recognized as a specific condition with identifiable symptoms. As a result, since that time Post-Traumatic Stress Disorder is listed in the American Psychiatric Association's Diagnostic and Statistical Manual of Mental Disorders (DSM).

This manual is a diagnostic tool for mental health professionals and paraprofessional workers in the healthcare field and is considered a definitive reference. The addition of PTSD to the DSM was a highly significant development.

Today, the symptoms of Post Traumatic Stress Disorder are better understood, treatable, and recognized by the Department of Veterans Affairs as a service-connected condition. PTSD is not exclusive to veterans or currently serving members of the United States military, but a portion of those who serve are definitely at risk for PTSD.

#### What Are The Symptoms Of Post-Traumatic Stress Syndrome?

Some PTSD symptoms may seem vague and non-specific, others are more readily identified specifically as evidence of PTSD. In this context “non-specific” means that the symptoms may be related to other mental health issues and not specifically limited to Post-Traumatic Stress Disorder.



U.S. Air Force photo illustration by Tech. Sgt. Robert Barnett.

In the same way, more “specific” symptoms may be manifest outside PTSD, but when looking for specific signifiers, these issues are common “red flags” that indicate PTSD may be the cause of the suffering rather than a different condition. This is often circumstantial, and there is no one-size-fits-all diagnosis for the condition.

**Suicidal thoughts or self-destructive acts are often a result of PTSD or related symptoms. Anyone experiencing thoughts or urges to self-harm should seek immediate care to prevent the condition from getting worse in the short-term. (See below)**

That said, more non-specific symptoms include varying degrees of irritability, depression, and suicidal feelings. More specific problems—especially where veterans and currently serving military members are concerned—include something known as “hypervigilance” or “hyperarousal”.

Other symptoms include repeatedly experiencing the traumatic event(s) in the form of flashbacks, nightmares, persistent memories of the event(s), and intrusive thoughts about the traumatic event(s).

These symptoms vary in intensity depending on the individual and are not “standardized”. They may come and go, or they may be persistent over a span of time. Sometimes PTSD sufferers can be high-functioning, other times they may be more debilitated by the condition.

### Get Treatment For PTSD

Those who experience symptoms of PTSD or PTSD-like issues should seek help *immediately*. Department of Veterans Affairs medical facilities, private care providers, counselors, and therapists can all be helpful in establishing an initial care regimen or refer those suffering from PTSD to a qualified care provider.

The Department of Veterans Affairs has more information on help for PTSD on its’ official site including help finding a therapist.

Those experiencing suicidal feelings or self-destructive urges should get help immediately. The Suicide Crisis Hotline (1-800-273-8255) has a specific resource for veterans and the Department of Veterans Affairs offers a Veterans’ Crisis Hotline confidential chat resource.

Read more: <https://militarybenefits.info/ptsd-awareness-day/#ixzz5ql7oRyLJ>

## Centers for Disease Control and Prevention: Tips from Former Smokers • Brett’s Story

Submitted by: Vondell Bender, GHW Educator | Hualapai Health Education & Wellness

**CDC** Centers for Disease Control and Prevention  
CDC 24/7: Saving Lives, Protecting People™

### Tips From Former Smokers®

#### Brett’s Story



Brett lives in New Mexico and started smoking at age 16 to impress a girl. He kept it up for 30 years, smoking about a pack a day. By his mid-30s, Brett had gum disease—a danger for all smokers. Because of his gum disease, the tissues and bones holding Brett’s teeth in place were breaking down. During each visit, his dentist asked, “Are you still smoking?”

By age 42, Brett had lost most of his teeth, including 16 during one surgery. With his mouth still swollen, Brett continued to smoke. “There I would be, standing outside having a cigarette,” he said. “I was still completely addicted and in denial.”

Brett has now been smokefree for 4 years. “Life is so much better without smoking,” he says. “You’re not constantly thinking about your next cigarette.”

**Oven Roasted Corn on the Cob with the Husks • Recipe**  
 Submitted by: Vondell Bender, GHW Educator | Hualapai Health Education & Wellness



**Oven Roasted Corn On The Cob With The Husks**

Course: Side    Servings: 4    Calories: 113 kcal    Author: The Gunny Sack



Here's how to make oven roasted corn on the cob with the husks. It won't get charred like it does on the grill and it is super easy to make.

**Ingredients**

- 4 ears corn on the cob
- 1/8 tsp salt
- 4 tsp butter

**Instructions**

1. Place the corn on the cob on the rack in a pre-heated oven at 400°F for 25-30 minutes, until hot and tender.
2. Remove the fully cooked corn on the cob with tongs or oven mitts.
3. Allow the corn on the cob to cool enough to peel. The husks and the silks come off easily. You can peel it before serving or allow everyone to peel their own corn.
4. Serve the corn on the cob with butter and salt.

**Nutrition Facts**

Oven Roasted Corn On The Cob With The Husks	
Amount Per Serving	
Calories 113	Calories from Fat 45
% Daily Value*	
Total Fat 5g	8%
Saturated Fat 2g	10%
Cholesterol 10mg	3%
Sodium 121mg	5%
Potassium 243mg	7%
Total Carbohydrates 16g	5%
Dietary Fiber 1g	4%
Sugars 5g	
Protein 2g	4%
Vitamin A	5.9%
Vitamin C	7.4%
Iron	2.6%

\* Percent Daily Values are based on a 2000 calorie diet.

**Three-Sisters Chili • Recipe**

Submitted by: Vondell Bender, GHW Educator | Hualapai Health Education & Wellness

**Three-Sisters Chili**  
 RECIPE BY SOUTHERN LIVING

**Active Time**  
20 Mins

**Total Time**  
55 Mins

**Yield**  
Serves 8 (serving size: about 1 1/4 c.)

This colorful chili is named for the three companion plants of American Indian agriculture: corn, beans, and squash. It's filling and sneaks better nutrition into a family favorite.

**Ingredients**

- 2 (15-oz.) cans red kidney beans, drained and rinsed
- 2 tablespoons olive oil
- 1 medium-size yellow onion, chopped
- 1 red bell pepper, chopped
- 2 jalapeño chiles, seeds removed, chopped
- 3 garlic cloves, minced
- 1 tablespoon chili powder
- 1 tablespoon kosher salt
- 1/2 teaspoon ground cumin
- 1/2 teaspoon smoked paprika
- 2 pounds butternut squash, peeled, seeds removed, chopped into 1/2-inch pieces
- 2 cups fresh corn kernels (about 3 ears)
- 1 (15-oz.) can diced tomatoes
- 4 cups vegetable broth

**How to Make It**

**Step 1**

Mash 1/2 cup of the red kidney beans, and set aside with the remaining whole kidney beans.

**Step 2**

Heat oil in a large Dutch oven over medium. Add onion, bell pepper, jalapeños, and garlic, and cook, stirring often, 5 minutes. Stir in chili powder, salt, cumin, and paprika, and cook, stirring constantly, 1 minute.

**Step 3**

Increase heat to high; stir in butternut squash, corn, tomatoes, broth, whole beans, and reserved 1/2 cup mashed beans, and bring to a boil. Reduce heat to medium-low, and simmer, stirring occasionally, until squash is tender, 30 to 45 minutes.



**Important Dates for the  
 GAMYU Newsletter**

Please note the articles deadline for the upcoming issue and remember to attach an Information Sheet with your articles. No ANONYMOUS submissions.

For latest and archived issues of the Gamyu newsletter, please go to:

<http://hualapai-nsn.gov/gamyu-newsletter/>

**ARTICLE DEADLINE:**  
 Friday, June 21<sup>ST</sup>

**DISTRIBUTION DATE:**  
 Friday, June 28<sup>TH</sup>



**LOVE AND RESPECT**

WHAT'S THE **BIG** IDEA?  
 It's not Wrong, just Different

Are you ready to Embark on a Wonderful Adventure concerning Love and Respect in Marriage.

Why do we negatively React to each other in Marriage and other Relationships

This is just Crazy, and it's called the CRAZY CYCLE



This course is not just for Married Couples but can be easily adapted to other Relationships such as follows:

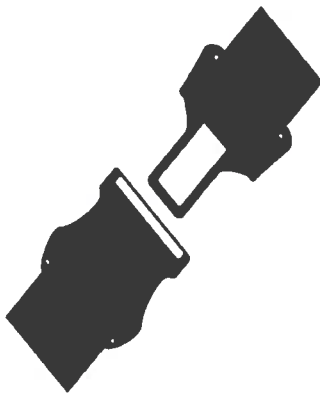
- Friendships
- Dating Relationships
- Future Marriage
- Work Relationships
- Personal Reflection
- Parent and Sibling Relationships

This 7 week course will be presented at the HEW.  
 Beginning Wednesday May 29th @ 5:30-7:00 PM

**Near or Far • Always Buckle Up**

Submitted by: Brook Bender | Hualapai Health, Education & Wellness

Near or Far  
 Always  
 Buckle Up



What will you do to save yours and your loved ones life?



HUALAPAI HEALTH-EDUCATION & WELLNESS  
 COMMUNITY HEALTH REPRESENTATIVE PROGRAM



**Celebrate Recovery • Mondays at 6:00p.m.**

Submitted by: Keely Sage | Celebrate Recovery

**Celebrate Recovery**  
 NATIVE  NATIONS

**ROAD TO RECOVERY**

It's not only about addictions.  
 It's about life's Healing Choices.

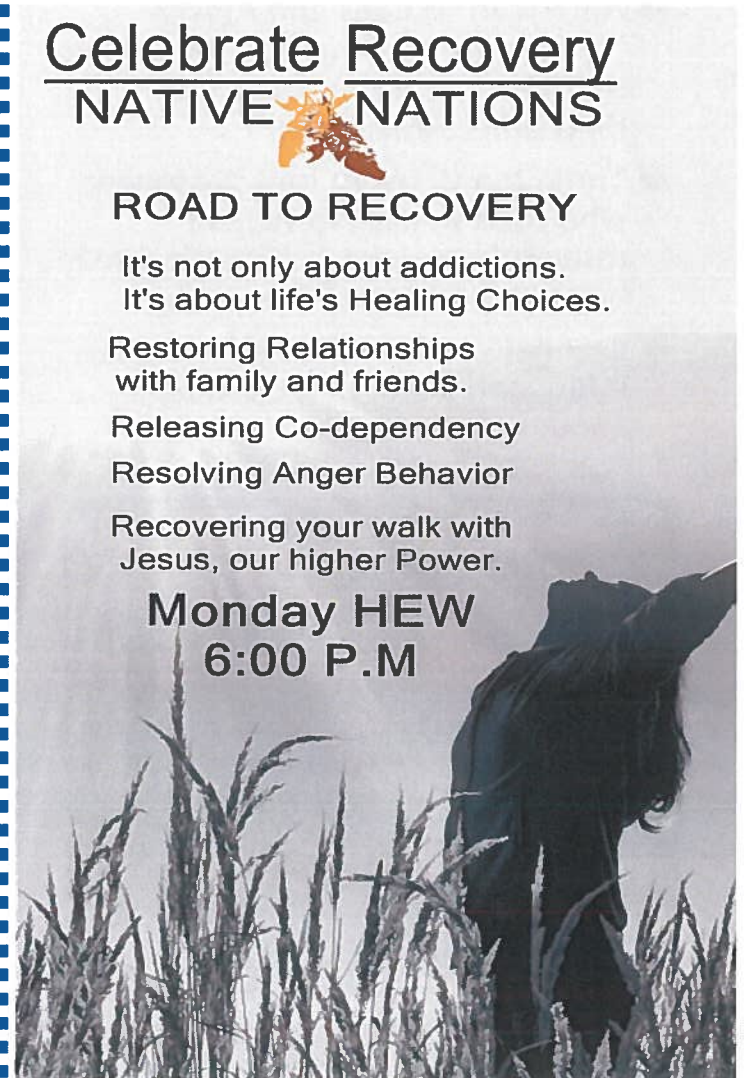
Restoring Relationships  
 with family and friends.

Releasing Co-dependency

Resolving Anger Behavior

Recovering your walk with  
 Jesus, our higher Power.

**Monday HEW**  
**6:00 P.M**





ROADWAY TO SAFER TRIBAL COMMUNITIES

# BUCKLE UP!

Every Person, Every Seat,  
Every Time.

## The Facts

- ◆ American Indians and Alaska Natives are more at risk for getting injured or killed in a car crash than other Americans.<sup>1</sup>
- ◆ Three out of every four passengers who died in car crashes on reservations were not wearing seat belts at the time of the crash.<sup>2</sup>
- ◆ Seat belts reduce the risk of serious injury and death in a crash by about half.<sup>3</sup>



## Help Keep Yourself and Your Loved Ones Safe

You can help keep yourself and your loved ones safe by:

- ◆ Wearing a seat belt every time you ride in a car.
- ◆ Buckling up the right way.
  - The lap belt goes across the hips, below the stomach.
  - The shoulder belt goes across the middle of the chest and over the shoulder.
  - Never put the shoulder belt behind your back or under your arm.
- ◆ Always wearing a seat belt even when the car or truck has air bags.
- ◆ Never riding in the bed of a truck.
- ◆ Never using a seat belt to buckle more than one person at a time.

- ◆ Wearing seat belts throughout pregnancy.
  - Place the lap portion of the belt under the belly, across the hips, and high on the thighs.
  - Place the shoulder belt across the chest and over the shoulder.
  - Never place straps directly across the stomach.
- ◆ Buckling older children in a booster seat until the seat belt fits them properly. Seat belts fit properly when the lap belt lays across the upper thighs (not the stomach) and the shoulder belt



lays across the chest (not the neck).

- ◆ Using seat belt extenders if the seat belt is too small for you. You can buy these from car dealers and manufacturers.

Seat belts reduce the risk of getting hurt or killed in a car crash by about half.

## Learn more at

[www.cdc.gov/MotorVehicleSafety/Native](http://www.cdc.gov/MotorVehicleSafety/Native) or call 1-800-CDC-INFO

### References

1. Centers for Disease Control and Prevention. Injury mortality among American Indian and Alaska Native children and youth—United States, 1989–1998. *MMWR Morb. Mortal. Wkly. Rep.*, 52 (30) (2003), pp. 697–701.
2. U.S. Department of Transportation, National Highway Traffic Safety Administration. Fatal motor vehicle crashes on Indian reservations 1975–2002. April 2004. DOT HS 809 727.
3. National Highway Traffic Safety Administration. Final regulatory impact analysis amendment to Federal Motor Vehicle Safety Standard 208. Passenger car front seat occupant protection. Washington, DC: U.S. Department of Transportation, National Highway Traffic Safety Administration; 1984. DOT-HS-806-572.



U.S. Department of  
Health and Human Services  
Centers for Disease  
Control and Prevention



### Local Information

The Centers for Disease Control and Prevention's National Center for Injury Prevention and Control and the Indian Health Service Injury Prevention Program work in partnership with American Indian/Alaska Native communities to implement proven programs.





ROADWAY TO SAFER TRIBAL COMMUNITIES

# Protect Our FUTURE

Use child safety seats  
on every ride.

## The Facts

- ◆ Among children aged 0–12, American Indian and Alaska Native children have the highest traffic death rate of all racial/ethnic groups in the United States.<sup>1</sup>
- ◆ More than half of car seats and booster seats are not used correctly. If the seat isn't installed the right way, or you're using the wrong type of seat for your child's age, height, or weight, your child is not as safe as he or she could be.<sup>2</sup>
- ◆ Using age- and size-appropriate car seats, booster seats, and seat belts significantly reduce the risk of injury and death among children in a crash.

## Help Keep Yourself and Your Loved Ones Safe

You can help keep yourself and your loved ones safe by:

- ◆ Using a car seat, booster seat, or seat belt on every trip, no matter how short.
- ◆ Finding the right car seat or booster seat for your child's age, height, and weight. See the chart below for tips.
- ◆ Getting help installing a car or booster seat from a certified child passenger safety technician.
- ◆ Properly buckling children aged 12 and under in the back seat. The back seat is safest for children.
- ◆ Never placing a rear-facing car seat in front of an airbag. Airbags can injure or kill small children riding in the front seat.
- ◆ Not using traditional baby carriers (such as cradleboards) in place of a car seat. Traditional carriers do not keep children safe in cars or trucks.
- ◆ Always wearing a seat belt when pregnant. Be sure to wear the lap belt below your belly. Place the shoulder belt across your chest—never behind the back, under the arm, or across the stomach.<sup>3</sup>



Using the correct car seat or booster seat can be a lifesaver: make sure your child is always buckled in an age- and size-appropriate car seat or booster seat.

1 2 3 4 5 6 7 8 9 10 11 12+



- REAR-FACING CAR SEAT**  
Buckle up to Age 2\*  
Buckle children in a rear-facing seat until age 2 or when they reach the upper weight or height limit of that seat.
- FORWARD-FACING CAR SEAT**  
Age 2 up to at least age 5\*  
When children outgrow their rear-facing seat, they should be buckled in a forward-facing car seat until at least age 5 or when they reach the upper weight or height limit of that seat.
- BOOSTER SEAT**  
Age 5 up until seat belts fit properly\*  
After children outgrow the forward-facing seat, they should be buckled in a booster seat until seat belts fit properly. The recommended height for proper seat belt fit is 57 inches tall.
- Once seat belts fit properly without a booster seat**  
Children no longer need to use a booster seat once seat belts fit them properly. Seat belts fit properly when the lap belt lays across the upper thighs (not the stomach), and the shoulder belt lays across the chest (not the neck).

Keep children ages 12 and under in the back seat. Never place a rear-facing car seat in front of an active air bag.

\*Always read age ranges for each seat type very carefully for differences in child growth and height. Weight limits of car seats and booster seats vary by seat or booster seat design, model, installation and the seat height, weight, back, and proper use.

Child safety seat recommendations: American Academy of Pediatrics. Gray Box design is adapted from National Highway Traffic Safety Administration.

Do you need help choosing or installing your car seat? Find a child passenger safety technician at [cert.safekids.org](http://cert.safekids.org) for assistance.

## Learn more at

[www.cdc.gov/MotorVehicleSafety/Native](http://www.cdc.gov/MotorVehicleSafety/Native) or call 1-800-CDC-INFO  
[www.cdc.gov/vitalsigns/childpassengersafety](http://www.cdc.gov/vitalsigns/childpassengersafety)

## References

1. CDC. Web-based injury statistics query and reporting system. Atlanta, GA: U.S. Department of Health and Human Services, CDC; 2015. Available at <http://www.cdc.gov/injury/wisqars>. Accessed March 13, 2015.
2. Lapidus J, Lutz T, Ebel B, Bigback K, Smith N. Native children always ride safe (Native CARS): Aggregate report. Portland, OR: Northwest Portland Area Indian Health Board, December 2009.
3. National Highway Traffic Safety Administration. Seatbelts and pregnancy brochure, 2002. Available at <http://www.safercar.gov/parents/SeatBelts/Pregnancy-Seat-Belt-Safety.htm>. Accessed May 27, 2015.



U.S. Department of Health and Human Services  
 Centers for Disease Control and Prevention



The Centers for Disease Control and Prevention's National Center for Injury Prevention and Control and the Indian Health Service Injury Prevention Program work in partnership with American Indian/Alaska Native communities to implement proven programs.

## Local Information



# COMMUNITY MESSAGES

**Inspirational Corner • Encouragement**  
Submitted by: Josie Powsey

## Encouragement

In this world, we can live and do things on our own. Not knowing we harm people and their lives. We are all guilty in this way.

We tend to say, it's a good life, we enjoy doing this, living the way we want to live. We were lost people, we were all blinded, we lived in darkness.

We had no love, compassion, no care, we will live this way all our life, until we die and when we die we will wake up to find out we were wrong... AND IT WILL BE TOO LATE. There will be no turning back—it will be forever and ever. I'm talking about HELL—we will be tormented.

Hualapai people, please—we can change our way of life. We can be a changed person. How?

Be receiving and inviting our Lord and Savior Jesus Christ to come into our hearts and life. Once we receive Him in our hearts, He will forgive all our sins and things we have done wrong in our life, forever. Then we can see the wrongs of the world, meaning the sins that go on and live a better US.

It's a joy to serve the Lord, knowing that someone cares and loves us. This someone is Jesus. People! Wake up before its too late, we will live with Him forever and ever.

John 3:16

"For God so loved the World that he gave his only begotten Son, that whosoever believeth in Him should not perish but have everlasting life." Jesus said. I am the way, the truth and the LIFE. No man comes to the Father but by ME!

John 14:6

"We have to come to Jesus first... Jesus will help us. The Father is God." God's son is Jesus. We have to invite Jesus to come into our hearts and live in our hearts to guide us in this world... to help us the way to go.

Jesus is the HOLY Spirit, because Jesus had to die on the cross for us. When Jesus died and came back to life, he had to go to Heaven and sit at the right hand of God. But he said I will sent a comforter to you. Comforter is the Holy Spirit unseen.

Proverbs 28:26

"He that trusteth in his own heart is a fool, but who so walketh wisely he shall be delivered".

AMEN.

## Birthday Shout-Out

Submitted by: Leanne Watahomigie

June 12, 2019

I just wanna send a birthday shout-out to my one and only Father, Mr. Flynn Watahomigie, Sr.

Dad, I know you are with me day in and day out throughout my struggles here on this world. But shout-outs to you for showing me how to get through life with no worries. Not a day goes by that I don't think of you and the memories that you left for us all to cherish... that is what keeps me going.

Happy Birthday dad and Happy Father's Day to you. I miss you and love you so much. But until we meet again, my heart is where you are.

Love your daughter, Leanne Watahomigie

## 30<sup>th</sup> Annual Sobriety Festival • Shootout Winners

Submitted by: Vondell Bender. GHW Educator | Health Education & Wellness

### 2019' 30th Annual Sobriety Festival VII Annual Campout Shootout Winners

1st Place: Arnell Powskey Jr.

2nd Place: Olin Beecher

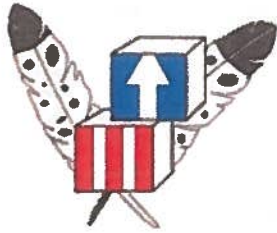
3rd Place: Joseph Talieje Sr.

4th Place: Tarron Honga

5th Place: Uriah Wadda  
Congratulations



From: Sobriety Commette



**HUALAPAI HEAD START**



*Honorable Tribal Council Members*

# You brightened Head Start Teachers Week

*We cannot even begin to explain how much your Teacher support meant to all of us here at Head Start. Thank you for your generosity and care. Thank you for always stepping in to help appreciate teachers.*

Thank you  
- Cloudy -

I appreciate it  
very much. Thank you!!  
- Elida

Teacher week was  
amazing. Thanks to you  
and April. Thank you!  
- Mia

Minyon

Thank You All  
for everything  
much Love  
- Payton

We love and enjoy  
seeing the progress you all  
are making w/ my kids  
- Tanna

Thank you!  
- Holly Taylor

THANK YOU  
DENCE

Thank You Very  
Much. Tati

How can we expect  
to see the teachers that we  
were smiling  
Appreciate your  
love for our  
April

We appreciate you  
Thank you!  
- Michael

Thank You!  
The week  
appreciate  
about the  
youth.

made me  
love everything  
working with  
youth.  
- Paul

Thank you  
- Jasha

Thank you!  
MI BAY DIK HWALBYZ  
MIGWAWJA, DU BE  
BAY'E.  
- Rosa Clement

## KWLP Volunteer of the Month • Keith Kintner

Submitted by: Terri Hutchens | KWLP 100.9FM

# WE LOVE OUR VOLUNTEERS

*"The Peach."*

*Proudly Announces and Congratulates  
May 2019. Volunteers of the Month:*

*Keith Kintner*



*Keith found KWLP late last summer when he was delivering the Mohave County Fair passes for the station's give-away, as a volunteer for THAT organization. And man are we lucky he found us! Keith is a retired broadcasting engineer from Wisconsin by way of California, who just happened to retire in Kingman. He is a volunteer extraordinaire—volunteering for such other groups as the Mohave County Fair, The Kingman Center for the Arts, Kingman Downtowner's Association, Beale Street Theater and more. He is a go, go, go kinda guy and since he found 100.9 fm he has been going for The Peach, too! Keith saved the station thousands of dollars repairing our new transmitter damaged in transit; he is an active member of the KWLP Advisory Committee; he has provided broadcast engineering consultation and hands on assistance regarding equipment installation, studio design and set up and signal issues and done research to assist our field operator regarding this and more. This year he has attended the Nautel Users group meeting, the Native Public Media Summit and the Arizona Broadcasters statewide E.A.S. meeting. Listeners will hear him on the air soon, too! You won't want to miss the energy! Keith will receive over \$100.00 in incentives for being Volunteer of the Month and be eligible to be Volunteer of the Year!*

*If you'd like to join the Peach volunteers: Call 769-1110. KWLP Volunteers sponsored in part by:*





# LIBRARY

LIBRARY  
OF CONGRESS



## About

Frank Kameny (in suit), June 1948, Box 137, Folder 10, Frank Kameny Papers, Manuscript Division, Library of Congress

Lesbian, Gay, Bisexual, Transgender and Queer (LGBTQ) Pride Month is currently celebrated each year in the month of June to honor the 1969 Stonewall Uprising in Manhattan. The Stonewall Uprising was a tipping point for the Gay Liberation Movement in the United States. In the United States the last Sunday in June was initially celebrated as “Gay Pride Day,” but the actual day was flexible. In major cities across the nation the “day” soon grew to encompass a month-long series of events. Today, celebrations include pride parades, picnics, parties, workshops, symposia and concerts, and LGBTQ Pride Month events attract millions of participants around the world. Memorials are held during this month for those members of the community who have been lost to hate crimes or HIV/AIDS. The purpose of the commemorative month is to recognize the impact that lesbian, gay, bisexual and transgender individuals have had on history locally, nationally, and internationally.

In 1994, a coalition of education-based organizations in the United States designated October as LGBT History Month. In 1995, a resolution passed by the General Assembly of the National Education Association included LGBT History Month within a list of commemorative months. National Coming Out Day (October 11), as well as the first “March on Washington” in 1979, are commemorated in the LGBTQ community during LGBT History Month.

Executive and Legislative Documents

The Law Library of Congress has compiled guides to commemorative observations, including a comprehensive inventory of the Public Laws, Presidential Proclamations and congressional resolutions related to Lesbian, Gay, Bisexual Transgender and Queer Pride Month.



Hualapai Strategic Prevention hosts

## LGBTQ Month

June 21, 2019

1-3p

Hualapai Health Education and Wellness Center

Large Conference room



**Join us as we support the Hualapai LGBTQ community of the Hualapai Tribe.**

**For more information, contact Jessica Powskey at (928) 769-2207  
In the Health Education and Wellness Center- Strategic Prevention office.**



**Green Arrow Project**  
**"Pa gwi:d vasu gwe hwa:l jo"**  
**Gardening Season Schedule**

**If you are interested in gardening; The Hualapai Cultural Center extends an invite to everyone that would like to participate in this year's community garden. As a community gardener, you would put in your own specific plot for your garden; as well as help with other garden care.**

**We will have on-going classes throughout the growing season in which you will be able to learn and have other's that share the same interest in gardening.**

**Work day schedule for June and July 2019**

*(everyone invited on any of the days, this is just designated days that staff/Peach Springs Extension Officer will be in the garden for any help, questions or possible instructional lessons, etc)*

**Community Gardeners**

**Tuesday ~ June 4**  
**Tuesday ~ June 11**  
**Tuesday ~ June 18**  
**Tuesday ~ June 25**  
**Tuesday ~ July 2**

**Youth work days**

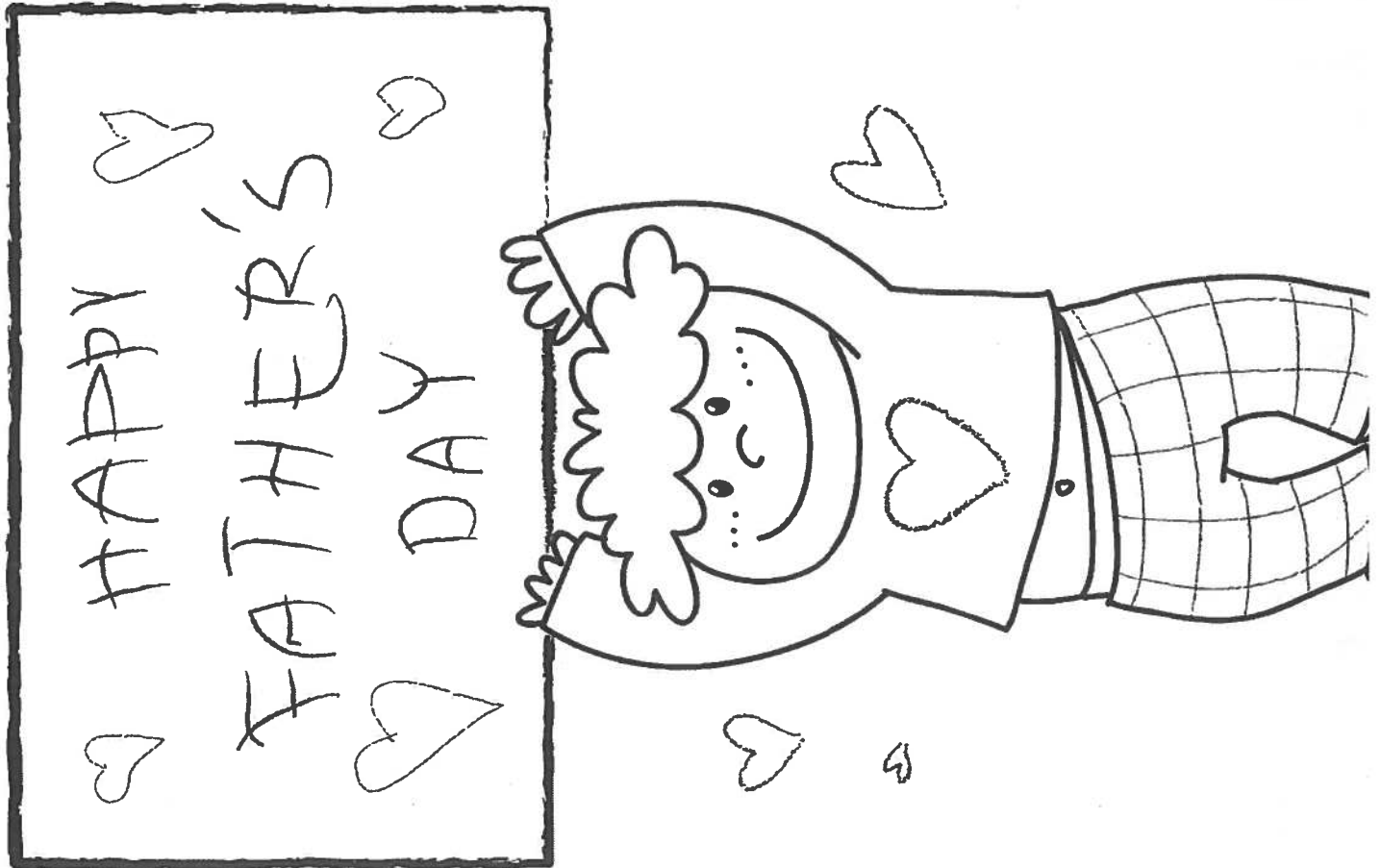
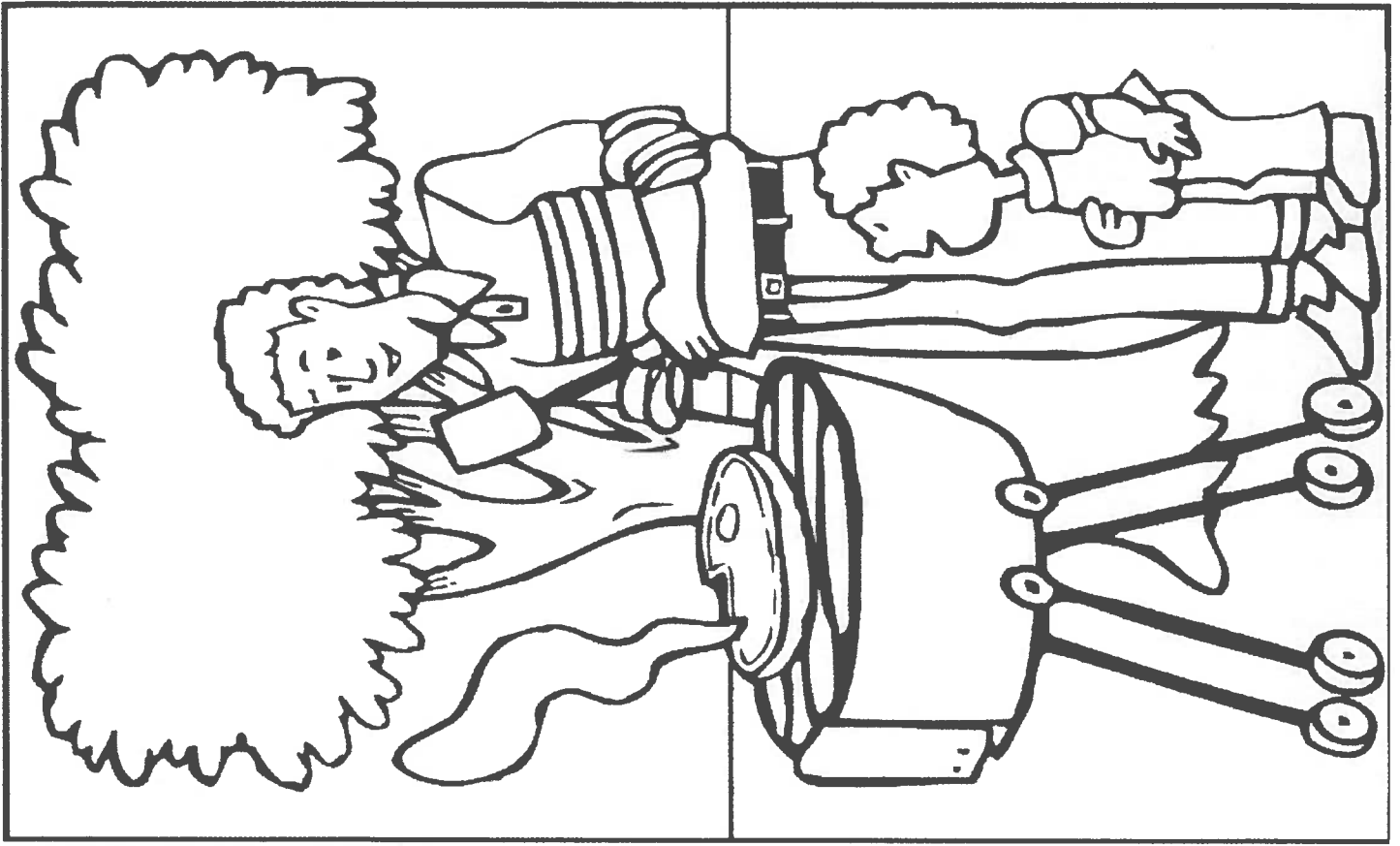
**Friday ~ May 31**  
**Friday ~ June 7**  
**Friday ~ June 14**  
**Friday ~ June 21**  
**Friday ~ June 28**

*Dates of work days will be posted in the Gamyu and Radio Station announcements throughout the Summer*

**Any questions call Hualapai Cultural Center at 769-2223/2234**

# Father's Day • Coloring Activity

Submitted by: Jessica Powskey, Strategic Prevention | Hualapai Health, Education & Wellness



# Daily Strips from the 1970's • Peanuts

Submitted by: Vondell Bender, Good Health & Wellness (CHW) Educator | Hualapai Health, Education & Wellness

