



NEWSLETTER OF THE HUALAPAI TRIBE

GAMYU

Friday, November 30, 2018

Issue #24

Housing Improvement Program (HIP) • Information

Submitted by: Michelle Zephier | Hualapai Planning Department



United States Department of the Interior

OFFICE OF THE SECRETARY
Washington, DC 20240

OCT 31 2018

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Dear Tribal Leader:

The purpose of this letter is to provide information regarding the Bureau of Indian Affairs (BIA) National Housing Improvement Program (HIP) Funding Distribution Methodology for Fiscal Year (FY) 2019 and call for the 2019 Tribal Work Plan as outlined in the Indian Affairs Manual Part 70 Chapter 7. For a copy of the chapter please visit:

<https://www.bia.gov/sites/bia.gov/files/assets/public/raca/manual/pdf/idc1-026679.pdf>

Special points of interest:

Special points of interest:

- Regular Hualapai Tribal Council Meeting will be held on Saturday, December 8th at 8:01AM in the Hualapai Tribal Chambers
- TERC Meeting will be on Wednesday, December 19th at 9:00AM at the Cultural Resources Department.
- HTUA Board Meeting will be on Thursday, December 20th at 9:00AM at the Health, Education & Wellness Department.

The HIP offers Native Americans and Alaska Natives the opportunity to live in safe and sanitary housing conditions. The BIA's policy on providing HIP funding is consistent with the National Housing Policy (42 U.S.C. Section 1441), which declares that every American family should have the opportunity for a decent home and a suitable living environment. The distribution of FY 2019 HIP funding is contingent upon congressional appropriations.

The information below summarizes the responsibility of each Tribe for Tribal Data Collection and for submission of its Annual Tribal Work Plan.

Tribal Data Collection

Each Tribe is responsible for the collection of eligible applicant data using the approved Housing Assistance Application Form, BIA Form 6407. Tribal members interested in HIP must complete the application through their local Tribal HIP office or Tribal Designated Housing Entity (TDHE). The Tribe or TDHE is responsible for working with applicants and determining eligibility for HIP based on the information each applicant provides on the application and in accordance with 25 C.F.R. Section 256.14. Eligibility does not guarantee funding for services.

Tribal Work Plan (Tribal Annual Performance Report)

Annually, each Tribe is responsible for compiling all eligible Tribal application data into a single Tribal Work Plan. The Tribal Work Plan summarizes all applicant data into a priority list, from high to low, based on the scoring factors from the application. A Tribe is permitted to include FY 2018 applicant data in its FY 2019 summary of eligible applicant data, but must update the applicant eligibility criteria requirements pursuant to 25 C.F.R. Section 256.16. The Tribal Work Plan must be submitted for a Tribe to be considered in the distribution of HIP funding for FY 2019. The Tribal Work Plan for FY 2019 is due to the Regional Office by close of business December 31, 2018.

The Housing Assistance Application Form, BIA Form 5407, and the FY 2019 HIP Tribal Work Plan (Tribal Annual Performance Report) may be downloaded from the BIA Website. To download the HIP forms, please visit

<https://www.bia.gov/bia/oid/dhs/housing-improvement-program>

Tribes are invited to contact their local agency, regional, or self-governance representative for more information. Should you have any questions, you may contact Mr. Les Jensen, Housing Program Officer, Division of Human Services, at (907) 586-7397.

Sincerely,



Tara Sweeney
Assistant Secretary Indian Affairs

Housing Improvement Program (HIP) • Information

Submitted by: Michelle Zephier | Hualapai Planning Department

HURRY TO GET YOUR HOUSING IMPROVEMENT PROGRAM (HIP) FILE COMPLETED— THERE'S A TIME LIMIT!!

There will ONLY be certain time frames to schedule an appointment with Michelle Zephier the Housing Improvement Program coordinator for the Hualapai Tribe, she will help you to complete your application and make sure all your information is submitted accurately. You may call any day or come in to make an appointment, the dates available are from December 19-29. There WILL NOT BE ANY EXTENSIONS GIVEN, because of the HIP worksheet due date that must be submitted to the Bureau of Indian Affairs Office in Phoenix. Thank you for your understanding.

Michelle Zephier, Planner 1/Realty Specialist located next to the Walapai Market at 928-769-1310 or 928-607-6413.

Now Accepting HIP Applications • Due by Friday, December 28th

Submitted by: Michelle Zephier | Hualapai Planning Department



ATTENTION

Now Accepting Housing Improvement Program (HIP) Applications



The Housing Improvement Program is a home repair, renovation and replacement grant program administered by the Bureau of Indian Affairs (BIA) and federally-recognized Indian Tribes for American Indians and Alaska Native individuals and families who have no immediate resource for standard housing. To be eligible for HIP assistance, you must be a member of a federally recognized American Indian tribe or be an Alaska Native; live in an approved tribal service area; have an income that does not exceed 125% of the U.S. Department of Health and Human Services Poverty Guidelines; have present housing that is substandard, as defined in the regulations 25 CFR, Part 256; have no other resource for housing assistance; have not received HIP assistance after October 1, 1986 for repairs, renovation, replacement or housing, or down payment assistance; and have not acquired your present housing through a federally sponsored housing program that includes such housing assistance. Interested applicants should contact – Michelle Zephier for an Application Package containing the application, guidelines, and required supporting documentation necessary in order to qualify for eligibility. Complete applications and all supporting documentation is due by **December 28, 2018.**

Contact Persons:

Michelle Zephier, Hualapai Planning Dept.
Western Region (BIA) - Nancy Jones,

Office Phone: 928-769-1310
Office Phone: (602) 379-3083

Fax: 928-769-1377
Fax: (602) 379-4006

UNITED STATES DEPARTMENT OF THE INTERIOR
BUREAU OF INDIAN AFFAIRS
HOUSING ASSISTANCE APPLICATION

- All questions in this application must be answered. The requested information is self-explanatory.
- This application is subject to the Privacy Act of 1974, Pub. L. 93-579

A. APPLICANT INFORMATION

1. Name: _____
Last First MI Maiden Name (if any)
2. Current Address: _____
Street Address P.O. Box # (if any)
City State Zip Code
3. Telephone Number: () _____
4. Date of Birth: _____ 5. Social Security Number: _____
6. Tribe: _____ Roll Number: _____
Reservation/Rancheria: _____
7. Marital Status: Married Singled Widowed Other
If you checked "Other", please explain. _____
8. Are you Homeless? No Yes 9. Are you or spouse a Veteran? No Yes

Information About Spouse: _____

10. Name: _____
Last First MI Maiden Name (if any)
11. Date of Birth: _____ 12. Social Security Number: _____
13. Tribe: _____ Roll Number: _____

B. FAMILY INFORMATION

List all other persons living in household on a permanent basis. Start with the oldest and provide Name, Date of Birth, Social Security Number, Relationship to Applicant, and Tribe/Roll Number.

| Name | Date of Birth | Social Security # | Relationship to Applicant | Tribe/Roll Number |
|------|---------------|-------------------|---------------------------|-------------------|
| | | | | |
| | | | | |
| | | | | |
| | | | | |

If you need more space, use a blank sheet of paper.

Date of this application: _____

C. INCOME INFORMATION

14 **Earned Income:** Start with applicant, then list all permanent family members, including all who are listed under Parts A and B and have earned income. Provide signed copy of SF-1040 (income tax return), W-2 forms, wage stubs, etc. for verification.

| Name | Annual Earned Income | Source of Income |
|------|----------------------|------------------|
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |

Total annual earned income: \$ _____

15 **Unearned Income:** Start with applicant, then list all permanent family members, including all who are listed under Parts A and B and have unearned income such as social security, retirement, disability and unemployment benefits, child support and alimony, royalties, per capita payments, interest, etc. Provide check stubs, statements, individual Indian Money (IIM) ledgers, etc. for verification.

| Name | Annual Unearned Income | Source of Income |
|------|------------------------|------------------|
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |

Total annual unearned income: \$ _____

16. TOTAL COMBINED ANNUAL HOUSEHOLD INCOME (earned + unearned): \$ _____

D. HOUSING INFORMATION

| | |
|-----|--|
| 17. | Location of the house to be repaired, renovated or constructed. (Give address and detailed directions to this house). **DRAW MAP ON BACK OF THIS PAGE** |
| | |
| | |
| 18. | Provide a brief description of the problems you are experiencing with your house or the type of housing assistance for which you are applying. |
| | |
| | |
| 19. | If repair assistance is needed, do you own _____ or rent _____ this house? |
| | If renting, is the owner Indian? No Yes |
| | If yes, provide name of owner(s): |
| 20. | Are you living in Overcrowded Conditions? ___ No ___ Yes |
| 21. | Is the condition of the home in a dilapidated state? ___ No ___ Yes |

Date of this application: _____

HOUSING INFORMATION, continued.

| | | | |
|-----|---|-----------------------|----------------------|
| 22. | Is electricity available? <input type="checkbox"/> No <input type="checkbox"/> Yes If yes, provide name of electric company: _____ | | |
| 23. | Type of Sewer system: <input type="checkbox"/> City Sewer <input type="checkbox"/> Septic Tank <input type="checkbox"/> Chemical Toilet <input type="checkbox"/> Outhouse | | |
| | Water Source: <input type="checkbox"/> City Water <input type="checkbox"/> Private Well <input type="checkbox"/> Community Water Tank Other (Please describe): _____ | | |
| 24. | No. of Bedrooms _____ | | |
| 25. | House Size: _____ (Square Feet) | [LENGTH _____ ft/in] | [WIDTH _____ ft/in] |
| 26. | Bathroom facilities in existing house: | Facility | Yes No |
| | | Flush toilet | |
| | | Bathtub | |
| | | Sink/lavatory | |

E. LAND INFORMATION

| | | | |
|-----|---|--|--|
| 27. | Do you own the land on which you wish to renovate or build this home? <input type="checkbox"/> Yes <input type="checkbox"/> No | | |
| | If no, can you provide proof that you can obtain land? <input type="checkbox"/> Yes <input type="checkbox"/> No Provide the name of the owner(s): _____ | | |
| 28. | What is the current status of the land? | Fee | Tribal Fee |
| | | <input type="checkbox"/> Individual trust land | <input type="checkbox"/> Tribal trust land |
| | | <input type="checkbox"/> Individually restricted | <input type="checkbox"/> Tribally restricted |
| | | Native/Restricted | Public Domain |
| | | <input type="checkbox"/> Other. | |
| 29. | If you do not own the land, do you have: <input type="checkbox"/> Leasehold interest? <input type="checkbox"/> Use permit? <input type="checkbox"/> Indefinite assignment or joint ownership? If so, please explain: _____ | | |

F. GENERAL INFORMATION

| | | Yes | No |
|-----|---|-----|----|
| 30. | Have you or anyone in your household ever received Housing Improvement Program assistance? | | |
| | If yes, give amount received \$ _____; the year it was received: 19____; and the location of the house: _____ | | |
| 31. | Do you own any other house not occupied by your family? | | |
| | If yes, state where the house is located: _____ and who occupies it: _____ | | |
| 32. | Do you live in a house built with Housing and Urban Development (HUD) funds? | | |
| 33. | Is the HUD project still under operation of an Indian Housing Authority? | | |
| 34. | Are you seeking Down Payment Assistance? | | |
| | If yes, have you applied with USDA Rural Development or other lending institution? Please provide a copy of the credit letter. | | |
| 35. | If you are requesting assistance for a new housing unit, have you applied for assistance from: | | |
| | • Indian Housing Authority? If yes, provide date of application: _____ | | |
| | • Tribal Credit Program? If yes, provide date of application: _____ | | |
| | • Other? From who: _____ If yes, provide date of application: _____ | | |
| 36. | Does anyone in your family, who is a permanent resident listed under Parts A and B of this application, have a severe health problem, handicap or permanent disability? | | |
| | If yes, provide name of family member _____ and brief description of condition. (Your servicing housing office will advise you if you must provide a statement of condition from one source, which may include a physician's certification, Social Security or Veterans Affairs determination, or similar determination). | | |

Date of this application: _____

G. APPLICANT CERTIFICATION

(Read this certification carefully before you sign and date your application. Sign in ink).

I certify that all the answers given are true, complete and correct to the best of my knowledge and belief, and they are made in good faith. This certification is made with the knowledge that the information will be used to determine eligibility to receive financial assistance, and that false or misleading statements may constitute a violation of 18 U.S.C. 1001.

This application contains material covered by the Privacy Act. No record will be communicated to anyone or any agency unless requested in writing, by the applicant, or unless an officer or employee of the housing program or other Federal agency requires it in the performance of their duties.

Applicant's Signature: _____ Date: _____

Spouse's Signature (if appropriate) _____ Date: _____

PRIVACY ACT STATEMENT

25 CFR 285 and 25 U.S.C. 13 authorize the collection of this information. This information is covered by the system of record notice "Indian Housing Improvement Program, Interior, BIA-10." The primary use of this information is to determine eligibility for assistance under the Housing Improvement Program. The records contained therein may only be disclosed in accordance with the routine uses and may not otherwise be disclosed by any means of communication to any person, or to another agency, except pursuant to a written request by, or with prior written consent of the individual to whom the record pertains. If the BIA uses the information furnished on this form for purposes other than those indicated above, it may provide you with an additional statement reflecting those purposes. Executive Order 9397 authorizes the collection of your Social Security number. Furnishing the information is voluntary but failure to do so may result in disapproval of your application.

PAPERWORK REDUCTION ACT STATEMENT

This information is being collected to select eligible families or individuals to participate in the Housing Improvement Program. Response to this request is required to obtain a benefit in accordance with 25 CFR 258. You are not required to respond to this collection of information unless it displays a currently valid OMB control number. This information will be used to determine the eligibility and the ranking of the applicant. Public reporting burden for this form is estimated to average 1 hour per response, including the time for reviewing instructions, gathering and maintaining data, and completing and reviewing the form. Direct comments regarding the burden estimate or any other aspect of this form to Information Collection Clearance Officer - Indian Affairs, 1849 C Street, NW, MS-4141, Washington, DC 20240.

Date of this application: _____

**UNITED STATES DEPARTMENT OF THE INTERIOR
BUREAU OF INDIAN AFFAIRS**

HOUSING ASSISTANCE APPLICATION

GENERAL INSTRUCTIONS

This application is for the Housing Improvement Program (HIP) of the Bureau of Indian Affairs (BIA).

The HIP is a grant program that addresses the housing needs of those Indians who cannot qualify for housing assistance from any other source. It involves the repair and renovation of existing housing or the construction of a new unit. Individual Federally-recognized Indian tribe's participation is mandatory and their direct administration of the HIP is encouraged. The selection of eligible families or individuals for HIP services is done through a screening process by assigning points to specific ranking factors documented in the application.

Individuals wishing to apply for HIP assistance must complete this application and submit it to either their local BIA Agency office or designated Tribal HIP office, if operated under P.L. 93-638 contract or P.L. 103-413 Self-Governance compact.

PRIVACY ACT NOTICE: Pursuant to Section 3(e) (3) of the Privacy Act of 1975 (P.L. 93-579), individuals furnishing information on this application form are hereby advised:

1. The authority for solicitation of the information is 25 U. S. C. 13 and the Bureau of Indian Affairs HIP regulation at 25 CFR Part 256.
2. The information collected will be used to determine an applicant's eligibility and to set priority ranking for assistance under the HIP regulations.
3. The disclosure of this information is voluntary. Failure to provide the information required to support the verification process will result in the denial of the application. Incomplete applications will not be considered. The information provided in this application may be made available to authorized sources for verification purposes upon request.

USE OF SOCIAL SECURITY NUMBER: The disclosure of your Social Security Number is required in the completion of this application because other people may have the same name and birth date. The Social Security Number is used, if necessary, to verify income and to avoid duplication of housing assistance.

CERTIFICATION: Certification is made with the knowledge that the information will be used to determine eligibility to receive housing assistance. Anyone who knowingly makes a false or fraudulent statement in this application is subject to the penalties provided by law (U.S. Code, Title 18, Section 1001).

If you need information regarding the conditions and terms under which housing assistance is provided to American Indians or Alaska Natives, you may obtain a copy of the HIP regulations (25 CFR Part 256) from your Tribe or nearest BIA Agency Office.

(Instructions – Page 1 of 3)

PLEASE DETACH THESE INSTRUCTIONS BEFORE SUBMITTING YOUR HIP APPLICATION
PLEASE SUBMIT YOUR COMPLETED APPLICATION TO YOUR TRIBAL SERVICING HOUSING OFFICE

INSTRUCTIONS RELATING TO SPECIFIC ITEMS IN THE APPLICATION

ITEM C - Income Information: Enter the total annual household income of all family members, including all earned and unearned income as defined in 25 CFR Part 20, Subpart C – Direct Assistance. The sections that are applicable to this application are: 20.307, 20.308, 20.309 and 20.310.

The following detailed definition of income is from the Bureau of Indian Affairs' Financial Assistance and Social Services Program Regulations, 25 CFR Part 20 Subpart C - Direct Assistance shall be applied to HIP applications.

(A) Resources. In determining eligibility..., the Bureau shall consider all types of income and other liquid assets available for support and maintenance unless... *or specifically excluded by Federal statute.* All earned or unearned income will be counted as income in the month received and as a resource thereafter, except certain income from the sale of real personal property as provided in Section 20.309(d). Resources are considered available when they are converted to cash.

Only adjustment or exclusion to income is in accordance with 25 U.S.C. 1408, Section 8, as amended, which provides that: "..., and up to \$2,000 per year of income received by individual Indians that is derived from interests (trust or restricted lands) shall not be considered income..." Income from Indian gaming is not considered part of this statutory exclusion.

(1) "Earned income" is cash or any in-kind payment earned in the form of wages, salary, commissions, or profit from activities by an employee or self-employed individual. Earned income includes:

- (a) Any one-time payment to an individual for activities which were sustained over a period of time (for examples, the sale of farm crops, livestock or professional artists producing act work);
- (b) With regard to self-employment, total profit from business enterprise (i.e., gross receipts less expenses incurred in producing the goods and services). Business expenses do not include depreciation, personal business and entertainment expenses, personal transportation, capital equipment purchases, or principal payments on loans for capital assets or durable goods.

(2) "Unearned income" includes, but is not limited to:

- (a) Income from interest; oil and gas and other mineral royalties; gaming income per capita distributions; rental property; cash contributions, such as child support and alimony, gaming winnings; retirement benefits;
- (b) Annuities, veteran's disability, unemployment benefits, federal and state tax refunds;
- (c) Per capita payments not excluded by federal statute;
- (d) Income from sale of trust land and real or personal property that is set aside for reinvestment in trust land or a primary residence, but has not been reinvested in trust land or a primary residence at the end of one year from the date the income was received;
- (e) In-kind contributions providing shelter at no cost to the individual or household, this must equal the amount for shelter included in the state standard, or 25 percent of the state standard, whichever is less; and

(Instructions – Page 2 of 3)

**PLEASE DETACH THESE INSTRUCTIONS BEFORE SUBMITTING YOUR HIP APPLICATION
PLEASE SUBMIT YOUR COMPLETED APPLICATION TO YOUR TRIBAL SERVICING HOUSING OFFICE**

(f) Financial assistance provided by a state, tribal, county, local or other federal agency.

(3) The Bureau shall prorate:

- (a) Recurring income received by individuals over a 12-month period for less than a full year's employment (for example, income earned by teachers who are not employed for a full year);
- (b) Income received by individuals employed on a contractual basis over the term of a contract; and
- (c) Intermittent income received quarterly, semiannually or yearly over the period covered by the income.

ITEM D - Housing Assistance: Housing assistance in the form of repairs to bring a housing unit to a standard condition is for the applicant(s) who are living in their own home. The applicant must sign a written agreement that if he/she sells the house within five years following the date of completion of the repairs, the full amount of the assistance must be repaid to the BIA at the time of settlement. [25 CFR Part 256.9(d)]

The applicant needing construction of a new standard house must have ownership of the land on which the house is to be built. In the case of a leasehold interest, it must be for not less than 25 years. The applicant must sign a written agreement that if he/she sells the house within the first ten years from the date of ownership, the grant is voided and the full amount of the HIP grant will be repaid to the BIA at the time of settlement. [25 CFR Part 256.10]

ITEM E - Land Information: Check the appropriate box to indicate the status of the land. The following are brief descriptions of types of land identified in the application:

| | |
|-------------------------|--|
| Individual Trust | Land or any interest therein held in trust status by the United States for the benefit of an individual. |
| Tribal Trust | Land or any interest therein held in trust status by the United States for the benefit of an Indian Tribe. |
| Individually Restricted | Land or any interest therein, title to which is held by the individual Indian subject to Federal restriction against alienation, encumbrance, or taxation. |
| Tribally Restricted | Land owned by an Indian tribe with the Federal restrictions of alienation and encumbrances. |
| Tribally Fee Simple | Land owned by an Indian tribe free of any restriction |
| Fee Patented | Individual owned land where a patent has been issued which conveys an absolute or fee simple estate. The owner is entitled to the entire property with unconditional power to dispose. |

(Instructions – Page 3 of 3)

PLEASE DETACH THESE INSTRUCTIONS BEFORE SUBMITTING YOUR HIP APPLICATION
 PLEASE SUBMIT YOUR COMPLETED APPLICATION TO YOUR TRIBAL SERVICING HOUSING OFFICE

Peach Springs Unified School District #8 • Vacant Governing School Board Posting

Submitted by: Michelle Zephier | Hualapai Planning Department



MOHAVE COUNTY EDUCATIONAL SERVICE CENTER

P. O. BOX 7000
TELEPHONE (928) 753-0747

700 WEST BEALE STREET
FAX (928) 718-4958

KINGMAN, ARIZONA 86402
MOHAVECOUNTY.US

MICHAEL D. FILE
Superintendent

CRAIG McKEE
Chief Deputy

MARCIA KEELER
Accounts Specialist

DEBBIE DAVIS
Payroll Specialist

**PEACH SPRINGS UNIFIED SCHOOL DISTRICT #8
VACANT GOVERNING SCHOOL BOARD
POSTING**

Peach Springs Unified School District # 8 has 1 vacant school board position. The term of the appointment is from January 2, 2019 to December 31, 2020. The candidate must run in the November 3, 2020 general election. If you are interested in becoming a board member please send a resume and letter of interest (Why I would be a good School Board member) to the Mohave County Educational Service Center P.O. Box 7000 Kingman, AZ. 86402, 928-753-0747 or fax 928-718-4958. E-mails are accepted at Michael.File@mohavecounty.us

This position will be posted from Dec 3, 2018 to Dec 13, 2018. It will close at 12:00 p.m. Dec 13, 2018. All materials must be received by that time. Everyone applying will not be interviewed. You will be called for an interview if selected.

Hualapai Tribal Utility Authority (HTUA) • Seeking Two New Board Members

Submitted by: Kevin Davidson | Hualapai Planning Department



Seeking Two New Board Members for the Hualapai Tribal Utility Authority (HTUA)

On September 24, 2014, the Hualapai Tribal Council adopted the Hualapai Tribal Utility Authority Governing Ordinance. This is a significant step toward self-determination in the realm of public utilities for the Hualapai Tribe.

Established as an institution of Tribal government, the five members of the Hualapai Tribal Utility Authority board are chosen by Council. As noted in Section 107.b.3, of the Ordinance, the HTUA Board is authorized to acquire, construct, operate, maintain, promote, and expand electric power service, and eventually water service, and sewage service at Grand Canyon West and on such other locations within the Hualapai Reservation and on other Tribal lands under the jurisdiction of the Hualapai Tribe as the Tribal Council may deem appropriate. The HTUA board is delegated full authority and responsibility for the management and operation of HTUA consistent with the Ordinance.

At this time, the Tribe is seeking two new candidates to apply for Board membership to maintain this important function of Tribal government.

- ◆ The first Board position may be filled by a member of the Community who has sufficient education, experience, and sound judgment to learn basic utility business practices and procedures.
- ◆ The second Board position may be filled by a member or non-member of the Community who has not less than ten years' experience in business management of substantial character and has had experience in the management and operation of an electric utility.

The new board member will be appointed for a three-year term. No employee of the Bureau of Indian Affairs, employee of the HTUA or member of the Tribal Council shall be a member of the Board.

Please prepare a typed narrative offering your qualifications (resume) and general motivation to be a member of the Hualapai Tribal Utility Authority Board and what you hope to achieve while on the Board. Please bring or e-mail your letter of interest to the Tribal Office, 941 Hualapai Way, Peach Springs, Arizona, attention Christine Lee, by Friday, December 28, 2018, at 5:00 PM. Thank you for your thoughtful consideration of this offer and desire to enhance utility services on the Hualapai Reservation.

Diamond Creek Restaurant • Holiday Hours

Submitted by: Shawna Havatone | Diamond Creek Restaurant



Holiday Hours

Thursday, November 22, 2018

5pm-9pm

Thanksgiving Buffet Only

Friday, November 23, 2018

8am- 9pm

Tuesday, December 25, 2018

5pm-9pm

Christmas Buffet Only

Wednesday, December 26, 2018

8am-9pm

Christmas Events • December

Submitted by: Adeline Crozier | Hualapai Tribal Admin.



Schedule of Christmas Events

Look out for fliers for these events:

Christmas Tree Lightning - RT. 66 Park
December 3rd at 5:30PM

Ugly Sweater Walk/Run - RT. 66 Park
December 7th at 11:30AM-1PM

Gingerbread House Making
December 12th at 6PM

**Indoor/Outdoor Department
Decorating Contest Judging Day**
December 13th

Arts & Crafts Night - Gym
December 18th at 6PM

House Decorating Contest Judging Day
December 19th

Christmas Light Parade
December 19th at 5:30PM

Community Christmas Dinner - Gym
December 20th at 6PM

Christmas Talent Show following Dinner
December 20th

Toys for Tots
December 22nd

Grand Canyon Resort Corporation • Vehicle Auction
Submitted by: Nicholas Cabrera | Grand Canyon Resort Corporation

VEHICLE AUCTION

The Grand Canyon Resort Corporation is auctioning a fleet vehicle.



Vehicle Bid #1811

Auction Opens:

Nov. 27, 2018

Auction Closes:

Dec. 27, 2018

Announcement:

Dec. 29, 2018

REQUIREMENTS:

- A minimum bid of \$100
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Dec 27, 2018

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Vehicle Bid #1811
- Full Name
- Contact Number
- Amount of bid, no less than \$100

2011 Ford E350 Van

- Mileage 229,470
- AS IS Condition
- NO A/C
- Starts/Runs
- Needs Jump start
- Possible bad battery

Bids may be mailed to:

Grand Canyon Resort Corporation
Attn: Procurement Department
PO BOX 359
Peach Springs, AZ 86434



Vehicle Bid #1812

Auction Opens:

Nov. 27, 2018

Auction Closes:

Dec. 27, 2018

Announcement:

Dec. 29, 2018

REQUIREMENTS:

- A minimum bid of \$100
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Dec 27, 2018

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Vehicle Bid #1812
- Full Name
- Contact Number
- Amount of bid, no less than \$100

2008 Ford F250 4x4 Reg Cab

- Mileage 211,190
- AS IS Condition
- Starts/Runs
- Idles Roughly
- Check Engine light on
- Power Steering Issues

Or hand delivered to:

Administrative office - Procurement Dept in
Peach Springs.

Bids must be in a sealed envelope.

All interested bidders are welcome to inspect the vehicle. For more information, you may contact the Procurement Department at (928) 769-2419 ext.166

GCRC Management and Administrative Staff are not eligible to bid.

Christmas Tree Lighting • Monday, December 3rd
Submitted by: Adeline Crozier | Hualapai Tribal Administration

CHRISTMAS TREE LIGHTING

**MONDAY, DECEMBER 3,
2018**

5:30 PM

RT. 66 PARK



**PEACH SPRINGS COMMUNITY COME
JOIN THE FUN AND DON'T FORGET TO
BUNDLE UP!**



**• Sponsored By: Education and Training Center, Public Works,
JDRC, EW4H and Forestry.**

Family Fun Evening • Sunday, December 9th
Submitted by: Keely Sage | Celebrate Recovery/Arms Around Peach Springs

THE GRINCH

CALVARY CHURCH OF LAKE HAVASU

BRINGS THE GANG FROM WHOVILLE



WELCOMING YOU FOR A FAMILY FUN EVENING

DEC. 9th 4-6:00 PM
at THE MULTI BUILDING

Family photos



Crafts



Gifts



Whoville tacos

Face painting

HAPPY HOLIDAYS!



Arms around Peach Springs



CELEBRATE RECOVERY

Hualapai Tribal Department Decorating Contest • Registration Forms Due: Tuesday, Dec. 6th

Submitted by: Adeline Crozier | Hualapai Tribal Administration



Hualapai Tribal Department Decorating Contest

Departments who wish to participate in the Departmental Decorating Contest. Each department has a choice to decorate the inside OR outside of their offices. 3 community members will be selected to judge and sponsors are welcome to participate.

Themes will be up to the department's discretion and will be judged based on these categories: Theme, Traditional and Creativity. 1st and 2nd place will be selected for each category.

Registration forms must be filled out and turned in by December 06, 2018 at 4:30 P M to Wanda Quasula - H NPD (928) 769-1024 or Marla Bradley - H NES Code Enforcement (928) 769-6109. Judging will be December 11th @ 3 P M.

Department: _____

Theme: _____

Main Contact Name: _____

Main Contact Phone #: _____

Please Circle: Indoor Outdoor



Christmas Bazaar • Thursday, December 13th
Submitted by: Danielle Bravo | Hualapai Planning Department



Christmas Bazaar



December 13, 2018
Hualapai Tribal
Gymnasium
10:00am to 5:30pm
Peach Springs, Arizona

Contact: Monique Mahone-Alvirez @ 928.522.4554

VENDORS ARE REQUIRED TO SIGN UP TO ENSURE A RESERVED TABLE
Set up time 9:00am

Vendors please commit to the bazaar time, if cancelling please call ASAP.
Enrolled Native American Members \$25.00 fee, Non-Native \$40.00 per day
FEE MUST BE PAID BEFORE VENDOR SET-UP

Please show proof of payment.

HAPPY HOLIDAYS!!

All Vendors Welcome

****Due to Community Events, locations and dates for Bazaars are subject to change. Thank you for your cooperation.**

Elder Reindeer Games • Thursday, December 13th – Friday, December 14th

Submitted by: Christina Watahomigie | Hualapai Youth Services



Hualapai Tribal Youth Council

-Presents-

Elder Reindeer Games

The Hualapai Youth Council welcomes all tribal elders to participate in our Elder Reindeer Games. Each year, we look forward to seeing representation from different tribal groups.

Age Categories

Boomers 55-61

Masters 62-69

Golden Age 70 and over

1st, 2nd and 3rd place medals for all age categories. All registered participants will receive a t-shirt. Trophy and prizes for 1st, 2nd and 3rd place teams for chair volleyball tournament winners.



Contact Information

Hualapai Tribal Youth Council
PO BOX 397/488 Hualapai Way
Peach Springs, AZ
Phone: 928-769-2207

Email: tbizardi@hualapai-nsn.gov

Thursday, December 13th

9am- Tour of Peach Springs

12pm- Lunch

3pm- Chair Volleyball Tournament Begins

Location: Music Mountain

Friday, December 14th

Location: Music Mountain Gym

7:00AM-7:30AM – Continental Breakfast & Registration

7:30AM-8:00AM – Opening Ceremony

8:00AM-12:00PM- Chair Volleyball Continues

8:00AM – Morning Games

11:00AM – Lunch available

12:00PM-3pm – Afternoon Games

5:00PM – Awards Dinner/ Talent Show (Tribal Gym)

*Final agenda will be emailed out End of October

Hotel Information

Hualapai Lodge

900 Route 66

Code: 1812Elderr

Peach Springs, AZ

928-769-2230

Room reservation using code for the night of 12/12, 12/13 and 12/14 will be at the rate of \$93.00 plus 10%.

**Release of Liability Form:
Please Read and Sign**

I will not hold the Hualapai Tribe, hosting facility, hosting organization responsible for any injury, illness or death I may encounter while at Elder Reindeer Games in Peach Springs, Arizona. I also authorize the Hualapai Youth Services the use of any live images, still images, audio recordings, video recordings, social media postings, photographs, written quotes, or likeness; which may be used in any forms of media produced by the Hualapai Youth Services and will be property of Hualapai Youth Services which will be used in various programs if need be and be distributed for marketing as such by the Hualapai Youth Services.

I have read and I understand the waiver.

Sign Here: _____

Date: _____

Please return to Youth Services:

Email: tbizardi@hualapai-nsn.gov Fax: (928) 769-5487 Phone: (928) 769-2207

3rd Annual "It's a Charlie Brown Christmas" • Wednesday, December 19th
Submitted by: Adeline Crozier | Hualapai Tribal Administration



3rd Annual,
It's a Charlie
Brown Christmas!

Come for a reading, craft
and yummy treats!
One copy of the book will
be given to the first
10 families.

Wednesday, December 19th

5:30PM @

Health Education and Wellness

Parents are to accompany their children to this fun event!

_____ SUPPORTED BY _____

FIRST THINGS FIRST

Christmas Talent Show & Contest • Thursday, December 20th

Submitted by: Connie Hunter | Hualapai Prosecutors Office

THE HUALAPAI TRIBE
CORDIALLY INVITES YOU TO
PARTICIPATE IN OUR

CHRISTMAS

TALENT SHOW & CONTEST

1ST PRIZE - \$100.00, 2ND PRIZE \$75.00, 3RD PRIZE \$50.00
WALMART GIFT CARDS

Date: December 20th, 2018

Time: 6:30 P.M.

HUALAPAI TRIBAL GYM

PLEASE TURN IN COMPLETED ENTRY FORMS TO:

HUALAPAI PUBLIC DEFENDERS OFFICE

**CLOSING DATE FOR ALL ENTRY FORMS IS
MONDAY, DECEMBER 17TH, @ 12:00 NOON**





Hualapai Talent Show

ENTRY FORM - due on Monday, December 17th - 12:00 noon

Completed Entry forms **MUST** be submitted to the Hualapai Public Defenders Office

525 Oak Street, Peach Springs, Arizona



1ST PRIZE - \$100.00 GIFT CERTIFICATE, 2ND PRIZE - \$75.00. 3RD PRIZE \$50.00 (GIFT CARDS)

NAME: _____ AGE: _____

Phone Number: _____ (Elder, Adult, Teenager, child)

TALENT: _____

Please circle your response:

SINGLE ACT

GROUP ACT

You are responsible for your own music, props, CD's, costumes - we will have a sound system available

Rules Only one entry per person or group

Judges can stop an act if it is inappropriate

HAVE FUN ENJOY YOURSELF!



Diamond Creek Restaurant: Christmas Dinner • Tuesday, December 25th

Submitted by: Shawna Havatone | Diamond Creek Restaurant

Christmas • DINNER • DECEMBER 25TH

5PM - 9PM



\$24.99
ADULTS

\$18.99
KIDS 6-12

FREE
KIDS 5 & UNDER

- Prime rib
- Stuffing
- Baked potato
- Dinner roll & salad
- Vegetable
- Strawberry shortcake

*Beverage included

EMPLOYMENT OPPORTUNITIES

Hualapai Tribe • Current Job Postings
 Submitted by: Coleen Mahone | Hualapai Human Resources



2018

Current Job posting for the Hualapai Tribe

OPEN COMPETITIVE

| | Job Title | Pay Rate | Opening Date | Closing Date |
|---|---|---------------------------|--------------------|-------------------|
| Health Department | Resident Advocate <i>(Alternative to Incarceration program)</i> | \$12-\$15/Hr. D.O.E. | October 10, 2018 | Open Until Filled |
| | Media Specialist | \$12.50 per Hour | September 20, 2018 | Open Until Filled |
| | Wellness Liaison Specialist <i>(Traditional and Contemporary)</i> | D.O.Q. | October 02, 2018 | Open Until Filled |
| | CHR - Driver/Data | \$10.00 - \$14.00/Hour | November 01, 2018 | Open Until Filled |
| | Community Health Representative | \$12.50 - \$15.00/Hour | November 01, 2018 | November 14, 2018 |
| Juvenile Det. Center | Correctional Officer I, II, III | \$ 16.00 - \$ 18.00 / Hr. | October 31, 2017 | Open Until Filled |
| Housing Department | Security guard | D.O.E. | November 01, 2018 | November 14, 2018 |
| Human Services | Security | D.O.Q. | November 01, 2018 | November 14, 2018 |
| | Shelter Advocate | D.O.Q. | November 01, 2018 | November 14, 2018 |
| Police Department | Chief of Police | D.O.Q. | November 09, 2018 | November 10, 2018 |
| Roads Program | Road Maintenance I | \$12.50/Hr. | November 05, 2018 | November 16, 2018 |
| INTERNAL ONLY <i>(For Current Tribal Employees Only)</i> | | | | |
| | | | | |

FOR A COMPLETE JOB ANNOUNCEMENT PLEASE PICK UP AT THE TRIBAL ADMINISTRATION OFFICE OR VISIT OUR WEBSITE AT HUALAPAI-NSN.GOV

To Apply - Employment with the Hualapai Tribe begins by filling out an Employment Application.

To work for the Hualapai Tribe, you minimally need to have the following:

- A High School Diploma or GED
- A Valid Driver's License
- Must submit to and pass a pre-employment drug/alcohol screening

Preference

All applicants are considered without regard to age, sex, race, national origin, religion, marital status, or physical disability. However, preference may be extended to persons of Indian descent in accordance with Public Law 88-355, Section 703 (702-71) and Public Law 93-638, Section 7B.

THE HUALAPAI TRIBE IS AN EQUAL OPPORTUNITY EMPLOYER/PROGRAM

Auxiliary aids and services available upon request to individuals with disabilities

Contact Us Human Resources
 POB 179 / 941 Hualapai Way
 Peach Springs, Az. 86434-0179

Phone: 928-769-2216
 Toll Free number: 1-888-769-2221
 Fax: 928-769-1191

Hualapai Head Start • Vacant Positions*Submitted by: April Keller | Hualapai Head Start***HUALAPAI HEAD START**

P.O. Box 125

479 Hualapai Way Peach Springs, AZ 86434-0125

Phone: (928) 769-2522 Fax: (928) 769-2457

**Hualapai Head Start is looking to fill the following positions:****Vacant Position as of 10 /15/18. Open until filled****Administrative Assistant (Vacant 11/30/18)**

This position is responsible for the human resources activities of the program including personnel files, ensuring orientation and tracking of staff. This position is responsible for the smooth operations of an office and other duties related to administration including answering phones, filing, etc. Performs all duties as required by the Program Director and other duties as assigned relating to the administrative component including, policy and procedure updates, typing, word processing, faxing, acting as receptionist and other clerical duties. This position performs all duties as required to ensure accurate and timely processing of accounts payable, accounts receivable, payroll and other duties relating to fiscal operations. Position is responsible for monitoring program expenses, tracking activity in program budget lines and communicating any issues or overspending concerns. Minimum requirements are a high school diploma or GED with some relevant experience in human resources and two years direct experience working with purchasing, accounts payable, accounts receivable and payroll. Must possess a basic understanding of accounting systems and have at least one year of direct experience working with an accounting system general ledger and budget. AA degree or higher in a related field preferred. The individual must possess a sound working knowledge of Microsoft Excel. The position must have the ability to manage numerous tasks, possess good organizational skills, communicate effectively with co-workers and the public, and work collaboratively in a team environment.

Family and Community Partnership Coordinator

Works as a part of the content area team of coordinators to integrate Head Start services for children and families. This position is responsible for family services and community partnerships, to include social services, ERSEA, child files, volunteers and parent involvement/fatherhood as well as being the lead for child abuse and neglect related activities. This position is also responsible for education and early childhood health services. Bachelor's degree in Social Work, Human Services, Family Studies or related field. Pay D.O.E., 40 hours per week, and 52 weeks per year.

Teacher Preschool/Teacher-On Call

Lead worker in a classroom of Head Start children working on planning, implementing, and supervising all classroom activities. Working developing children and children with disabilities. This position supports and assists families as they identify and meet their own goals. Entry-level requires an A.A. in ECE Pay is \$14.77/D.O.E. We will consider applicants that are enrolled in an AA or BA degree program in early childhood education that are able to obtain the degree within a reasonable timeframe.

Assistant Teacher/Assistant Teacher - On Call

Work as a partner with the teacher in developing activities for Head Start children to provide them with varied experiences and an appropriate learning environment. Assistance is given to the teacher in carrying out the goals, policies, and activities designed to implement educational objectives and performance standards. Might also serve as a Bus Monitor as part of the transportation services. Pay D.O.E. \$11.17 to \$13.41 with an AA.

Program Aide /Program Aide - On Call

Assist in activities in the areas of the classroom, kitchen and bus and/or to serve as a disabilities aide as needed. Works with typically developing children and/or children with special needs/disabilities. Minimum requirement is to be 18 years of age. This is an entry-level position requiring no previous education or experience, a high school diploma or G.E.D. is preferred. Pay D.O.E. \$10.60 per hour.

Cook On-Call

This position is one role in a large system of services provided to children and families. A strong food service program is important to supporting the goals of the program. This position is responsible the ordering, preparing, serving and documenting of meals and snacks. It includes following menus and all phases of kitchen operations including inventory control. The position may prepare foods for and/or pre-school children following the USDA/CACFP standards. Position may involve reassignment to various kitchens/centers as deemed necessary for program operations. Hourly pay \$10.78. *This is an On Call position.*

For questions or copies of job descriptions and applications contact:

Jeanine Coursey - Admin Assistant email: jcoursey@hualapai-nsn.gov .Phone: 928-769-2522. FAX: 928-769-2457

In person: Stop by the Head Start Center @ 479 Hualapai Way, Peach Springs, AZ 86434

Hualapai Head Start is an Equal Opportunity Employer.

HEALTH & SAFETY INFORMATION

Thanksgiving Eve or Black Wednesday • Official Start Date of DUI Season

Submitted by: Taylor Johnson, TAP Coordinator | Hualapai Health, Education & Wellness

Thanksgiving Eve or “Black Wednesday” To Be the Official Start Date of The “DUI Season”

Do you know which night has the most DUI accidents? It's not New Year's Eve (that's number 2), it's not graduation night, and it's not the 4th of July. It is Thanksgiving Eve, the night before Thanksgiving Day, and it's the Holiday DUI Season.

Police officers consider Thanksgiving Eve or “Black Wednesday” to be the official start date of the “DUI Season”, which runs until the end of New Year's.

An Increase in Drunk Driving Deaths

The National Highway Transportation Safety Administration (NHTSA) estimates about 36 DUI deaths on a typical day in the United States. Between Thanksgiving and New Year's, an average of 45 drunk driving deaths happen each day. That's because Thanksgiving, New Year's Eve, and Christmas are among the top holidays for DUI accidents.

Police believe several factors are responsible for the increase in drunk driving deaths during the holiday season.

First, many people celebrate the holidays with alcohol. However, most of us aren't familiar with the alcohol content of seasonal drinks.

There is also an increased risk of accidents because many people travel for the holidays. More people on the road means a greater risk of accidents.

Finally, the roads are often icy and wet during this time of year. Although you may be fine driving under normal conditions, even a slight “buzz” can impact the ability to drive in ice and snow.

The NHTSA sponsors two campaigns during the holiday season. The first, “Buzzed Driving is Drunk Driving”, is an educational campaign that runs from December 1 to December 11. The “Drive Sober or Get Pulled Over” campaign runs from December 12 to January 1 and will feature sobriety checkpoints and increased patrols.

Staying Safe During the Holiday DUI Season

Tips to help you avoid injury:

Decide on a designated driver before attending holiday parties.

Before drinking, hand your keys to the host.

Know how to recognize an impaired driver

Always buckle up. Many DUI accident deaths occur because the victim is not wearing a seat belt.

Drive defensively.

Happy Thanksgiving!



Have a Safe Thanksgiving • Remember TURKEY!

Submitted by: Taylor Johnson, TAP Coordinator | Hualapai Health, Education & Wellness

HAVE A SAFE THANKSGIVING ~REMEMBER TURKEY!~



T

Thaw turkey at a safe temperature – 40°F or below



U

Use extra caution when frying a turkey and oil-free fryers if possible



R

Remember to clean all cooking surfaces regularly



K

Kee children away from hot foods and surfaces, and kitchen utensils



E

Ensure turkey is cooked and has reached minimum temperature of 165°F



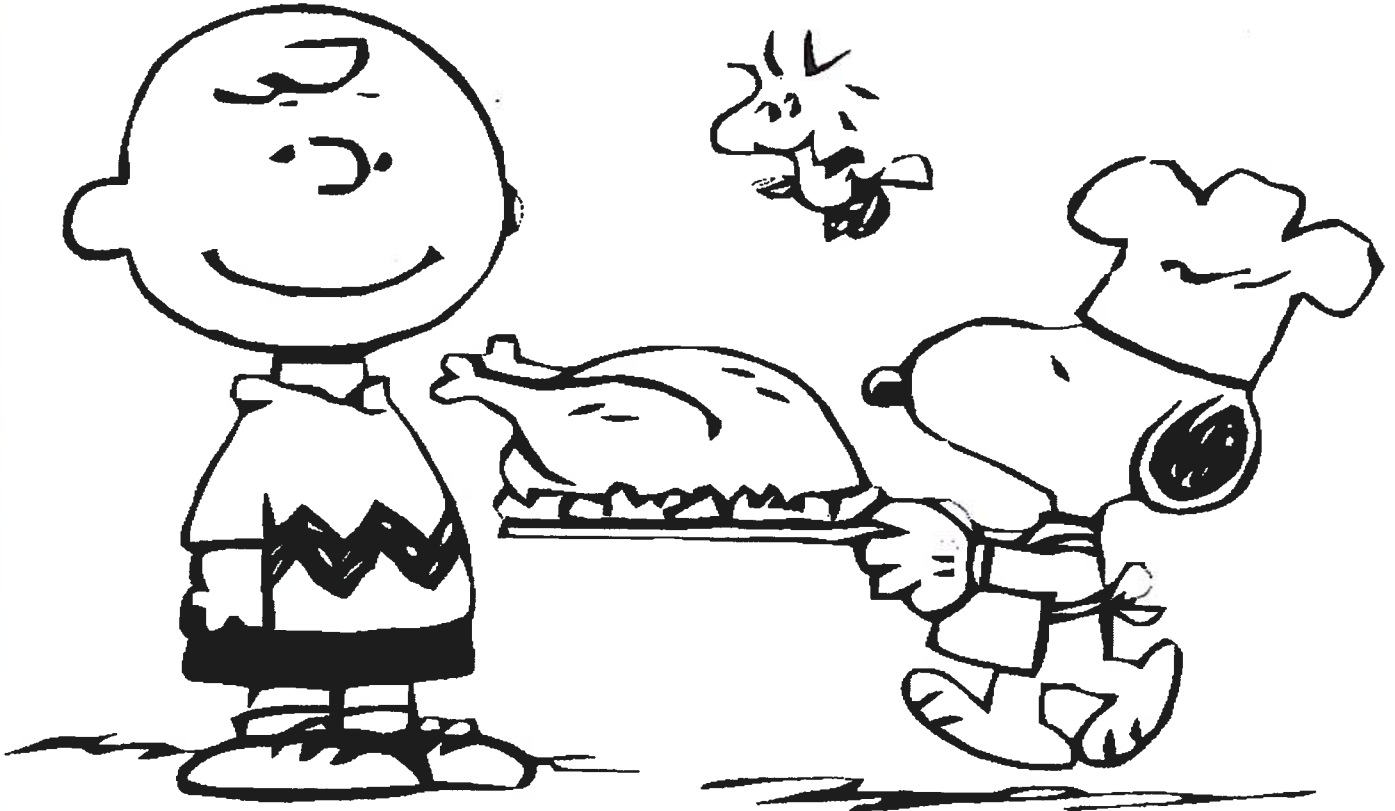
Y

Your smoke detector should be tested prior to cooking



Brought to you by: American Safety Council

**American
Safety Council!**



Taylor Johnson (TAP Coordinator) 769-2207

Hualapai Words of the Week

Submitted by: Jessica Powskey, Strategic Prevention Coordinator | Hualapai Health, Education & Wellness

Hualapai Words of the week

- Monday- Wa sđak sid
- Tuesday- Wa sđak hawk
- Wednesday- Wa sđak hmuk
- Thursday- Wa sđak huba'
- Friday- Wa sđak thadap
- Saturday- Hal đaminy qech
- Sunday- Hal đaminy
- One week- Ha đaminy sid
- One month- Hla: sid
- One year- Chu:da sid

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
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Do you know the names for each month? To find out, come to Hualapai Language classes, Tuesday nights starting soon with Lucille Watahomigie at the Cultural Resource Center, Youth Services with Jackie Marshall also hold language classes, and available at Headstart with Bonita Imus.

History of the Great American Smokeout Event

Submitted by: Jessica Powskey, Strategic Prevention Coordinator | Hualapai Health, Education & Wellness



History of the Great American Smokeout Event

What is the Great American Smokeout?

For more than 40 years, the American Cancer Society has hosted the Great American Smokeout on the third Thursday of November. The Great American Smokeout is an opportunity for smokers to commit to healthy, smoke-free lives – not just for a day, but year round.. The Great American Smokeout provides an opportunity for individuals, community groups, businesses, health care providers, and others to encourage people to use the date to make a plan to quit, or plan in advance and initiate a smoking cessation plan on the day of the event . The Great American Smokeout event challenges people to stop smoking and helps people learn about the many tools they can use to help them quit and stay quit.

It's hard to quit tobacco

Addiction to nicotine in cigarettes is one of the strongest and most deadly addictions one can have. Quitting is hard for many people who smoke. It takes commitment and starts with a plan, often takes more than one quit attempt, and requires a lot of support. Often, the younger one was when he or she started to smoke, the more intense the addiction.

Smokers are strongly advised to use proven cessation methods, such as prescription medications and counseling, to quit smoking. It's a good idea to talk to your doctor or pharmacist to get their advice.

Research shows that smokers are most successful in their efforts to stop smoking when they have support, such as:

- Telephone quitlines
- American Cancer Society Freshstart Program
- Nicotine Anonymous meetings
- Self-help books and materials
- Smoking counselors or coaches
- Encouragement and support from friends and family members

Using 2 or more of these measures to quit smoking works better than using any one of them alone. For example, some people use a prescription medicine along with nicotine replacement. Other people may use as many as 3 or 4 of the methods listed above. Professional guidance can help you choose the ap-

proach that's right for you.

The American Cancer Society can help

Quitting may not be easy, but you can do it and the American Cancer Society can help. The American Cancer Society is available 24 hours a day, 7 days a week to provide support, from questions about quitting smoking to looking for national or local resources to help you quit. To find out more, visit cancer.org/smokeout or call 1-800-227-2345.

For free social support on Facebook, please "like" the American Cancer Society's Quit For Life page.

The Quit For Life program is a phone-based coaching and web-based learning support service to help smokers quit. It's offered by 25 states and more than 700 employers and health plans throughout the US. Visit quitnow.net to learn more about the Quit For Life program and see if you qualify.

How the Great American Smokeout began

The Great American Smokeout event has helped dramatically change Americans' attitudes about smoking. These changes have led to community programs and smoke-free laws that are now saving lives across the country. Annual Great American Smokeout events began in the 1970s, when smoking and secondhand smoke were common. Great American Smokeout Exhibit, Aluminum Company of America Pittsburgh, PA headquarters lobby, 1981

The idea for the Great American Smokeout grew from a 1970 event in Randolph, Massachusetts, at which Arthur P. Mullaney asked people to give up cigarettes for a day and donate the money they would have spent on cigarettes to a high school scholarship fund.

Then in 1974, Lynn R. Smith, editor of the Monticello Times in Minnesota, spearheaded the state's first D-Day, or Don't Smoke Day.

The idea caught on, and on November 18, 1976, the California Division of the American Cancer Society got nearly 1 million smokers to quit for the day. That California event marked the first official Smokeout, and the American Cancer Society took it nationwide in 1977. Since then, there have been dramatic changes in the way the public views tobacco advertising and tobacco use. Many public places and work areas are now smoke-free – this protects non-smokers and supports smokers who want to quit.

The Great American Smokeout event helps fuel new laws and save lives

Each year, the Great American Smokeout event draws attention to preventing the deaths and chronic illnesses caused by smoking. Throughout the late 1980s and 1990s, many state and local governments responded by banning smoking in workplaces and restaurants, raising taxes on cigarettes, limiting cigarette promotions, discouraging teen cigarette use, and taking further action to counter smoking. These efforts continue today.

Because of the many individuals and groups that have led smoke-free advocacy efforts, there have been significant landmarks in the areas of research, policy, and the environment:

- **1977:** Berkeley, California, became the first community to limit smoking in restaurants and other public places.
- **1983:** San Francisco passed the first strong workplace smoking restrictions, eliminating smoking in private workplaces.
- **1990:** The federal smoke-free law for all domestic flights of 6 hours or less took effect
- **1994:** Mississippi filed the first of 24 state lawsuits seeking to recuperate millions of dollars from tobacco companies for smoking-related illnesses paid for by Medicaid.
- **1994:** ABC News reported for the first time that cigarette companies manipulated the nicotine in their products to cause and sustain addiction in smokers.
- **1994:** The U.S. Food and Drug Administration (FDA) opened an historic investigation into the tobacco industry's manipulation of nicotine and targeting of children in advertising and promotion.
- **1999:** The Department of Justice filed suit against cigarette manufacturers, charging the industry with defrauding the public by lying about the risks of smoking.
- **1999:** the Master Settlement Agreement (MSA) was passed, requiring tobacco companies to pay \$206 billion to 45 states by the year 2025 to cover Medicaid costs of treating smokers. The MSA agreement also closed the Tobacco Institute and ended cartoon advertising and tobacco billboards.
- **2009:** The Family Smoking Prevention and Tobacco Control Act was signed into law. It gives the FDA the authority to regulate the sale, manufacturing, and marketing of tobacco products and protects children from the tobacco industry's marketing practices.
- **2017:** More than 11 years after a federal court first ordered them to do so, the major U.S. tobac-

co companies began publishing "corrective statement" advertisements telling the American people the truth about their deadly and addictive products. Tobacco companies had to publish corrective statements in the nation's top-selling newspapers from November 2017 to April 2018, according to the court ruling. The court also required corrective statements to air on major television networks from November 2017 to November 2018. The American Cancer Society, along with other public health groups, played a major role as an intervenor in the Justice Department's litigation against Big Tobacco.

Those states with strong tobacco control laws are now reaping the fruits of their labor. From 1965 to 2016, cigarette smoking among adults in the United States decreased from 42% to about 15.5%. Strong smoke-free policies, media campaigns, and increases in the prices of tobacco products are at least partly credited for these decreases.

While cigarette smoking rates have dropped, about 37.8 million Americans smoke cigarettes. About half of all Americans who keep smoking will die because of their smoking. Each year more than 480,000 people in the United States die from illnesses caused by smoking. This means each year smoking causes about 1 out of 5 deaths in the US

Cigarette smoking is the leading cause of cancer death in the United States, accounting for 29% of all cancer deaths. Lung cancer is the leading cause of cancer death for men and women. Smoking also causes cancers of the larynx (voice box), mouth, sinuses, pharynx (throat), esophagus (swallowing tube), and bladder. It also has been linked to the development of cancers of the pancreas, cervix, ovary (mucinous), colon/rectum, kidney, stomach, and some types of leukemia. Cigars and pipes cause cancers, too.

Fortunately, the past few decades have seen great strides in changing attitudes about smoking, understanding nicotine addiction, and learning how to help people quit. Today, the American Cancer Society Great American Smokeout event is celebrated with rallies, parades, stunts, quitting information, and even "cold turkey" menu items in schools, workplaces, Main streets, and legislative halls throughout the US.

Visit www.cancer.org to learn more about quitting smoking, improving your health, or getting involved with the Great American Smokeout in your community. Or simply call the American Cancer Society any time at 1-800-227-2345.

American Diabetes Month • November

Submitted by: Jessica Powskey, Strategic Prevention Coordinator | Hualapai Health, Education & Wellness

November: American Diabetes Month

Diabetes is one of the leading causes of disability and death in the United States. It can cause blindness, nerve damage, kidney disease, and other health problems if it's not controlled.

One in 10 Americans have diabetes — that's more than 30 million people. And another 84 million adults in the United States are at high risk of developing type 2 diabetes.

The good news? People who are at high risk for type 2 diabetes can lower their risk by more than half if they make healthy changes. These changes include: eating healthy, getting more physical activity, and losing weight.

How can American Diabetes Month make a difference?

We can use this month to raise awareness about diabetes risk factors and encourage people to make healthy changes.

Here are just a few ideas:

- Encourage people to make small changes, like taking the stairs instead of the elevator.
- Talk to people in your community about getting regular checkups. They can get their blood pressure and cholesterol checked, and ask the doctor about their diabetes risk.
- Ask doctors and nurses to be leaders in their communities by speaking about the importance of healthy eating and physical activity.

How can I help spread the word?

We've made it easier for you to make a difference. This toolkit is full of ideas to help you take action today. For example:

- Add information about preventing type 2 diabetes to your newsletter.
- Tweet about American Diabetes Month.
- Host a community event where families can be active while learning about local health resources.
- Add this Web badge to your website.
- Join the American Diabetes Association in celebrating American Diabetes Month

Get Involved

Take action to increase awareness about diabetes and healthy lifestyles.

1. Partner with your local gym or YMCA to host a Diabetes Prevention Party focused on healthy eating and physical activity. Give away gym passes, fitness class certificates, or workout gear. Ask gym staff to do demonstrations or teach a free class.
2. Find out which local churches have a health minis-

try. Offer to give a presentation on how to prevent type 2 diabetes at their next event.

3. Host a cooking demonstration featuring diabetes-friendly recipes. Get local nutritionists involved.
4. Include healthy Thanksgiving recipes in your next newsletter or company email along with quick tips on how to prevent type 2 diabetes.
5. Post tips on type 2 diabetes prevention on your employee bulletin board.
6. Encourage your members or employees to get active. Organize lunchtime walks or invite local gyms to showcase their fitness classes and programs.

Share These Resources

Health Topics

Eat Healthy (<https://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/diabetes/eat-healthy>)

Get Active (<https://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/diabetes/get-active>)

Take Steps to Prevent Type 2 Diabetes (<https://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/diabetes/take-steps-to-prevent-type-2-diabetes>)

Watch Your Weight (<https://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/diabetes/watch-your-weight>)

Quit Smoking (<https://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/diabetes/quit-smoking>)

Healthy People Topic Area

Diabetes (<https://www.healthypeople.gov/2020/topics-objectives/topic/diabetes>)

Personal Health Tools

Adult BMI Calculator (https://www.cdc.gov/healthyweight/assessing/bmi/adult_bmi/english_bmi_calculator/bmi_calculator.html)

Daily Food and Activity Diary (https://www.nhlbi.nih.gov/health/educational/lose_wt/eat/diaryint.htm)

Type 2 Diabetes Risk Test (<http://www.diabetes.org/are-you-at-risk/diabetes-risk-test/?loc=atrisk-slabnav>)

Heart-Healthy Foods: Shopping list (<https://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/heart-health/heart-healthy-foods-shopping-list>)

Losing Weight: Conversation starters (<https://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/diabetes/losing-weight-conversation-starters>)

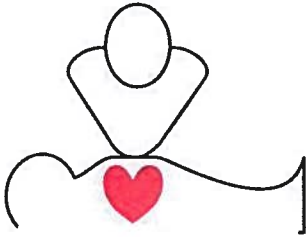
Preventing Type 2 Diabetes: Questions for the doctor (<https://healthfinder.gov/HealthTopics/Category/doctor-visits/talking-with-the-doctor/preventing-diabetes-questions-for-the-doctor>)

MyPlate Plan (<https://www.choosemyplate.gov/MyPlatePlan>)
My Health Advisor (<http://www.diabetes.org/are-you-at-risk/my-health-advisor/?loc=atrisk-slabnav>)

Other Resources

Diabetes (<https://healthfinder.gov/FindServices/SearchContext.aspx?topic=233>)

Diabetic Eye Problems (<https://healthfinder.gov/FindServices/SearchContext.aspx?topic=14501>)

Train to Become CPR/First Aid Certified • Monday, November 19th*Submitted by: Adeline Crozier | Hualapai Tribal Administration***First Aid and CPR**

CPR Training!!

Get Certified. Save a Life

Anyone interested in becoming CPR /First Aid Certified, please call Amy Siyuja @ 928.769.2207 or Email: ASiyuja@hualapai-nsn.gov

Class Schedule:

December 17, 2018 8am-5pm
 January 14, 2019 8am-5pm

COMMUNITY MESSAGES

Let Us Serve One Another*Submitted by: Josie Powsey*

A blind man and a lame man happened to come at the same time to a piece of very bad road. The blind man begged the lame man to guide him through his difficulties, "How can I do that", said the lame man. "I am scarcely able to drag myself along? But if you will carry me, I can warn you about obstacles in the way, my eyes will be your eyes and your feet will be mine."

With all my heart: replied the blind man "let us serve one another." So, taking the lame man on his back, they traveled with safety.

The more you love, the more you'll find that life is good and friends are kind. For only what we give away enriches us from day to day. Have a good day!

Thank You*Submitted by: Lorena Bender*

Gamyu!

I want to take a moment to express my gratitude to the Hualapai Nation, Grand Canyon West, and Hualapai Juvenile Detention for helping my family and me during our time of need. I appreciate your contribution in forms of purchasing, preparing, cooking and serving food for my niece Lois Nodman's traditional wake. You truly blessed my heart and I am very thankful for your support. God bless you all and Happy Holidays.

Lorena Bender—Hualapai Elder

Red Road of Life*Submitted by: Michelle Zephier***Respect, Love & Strength; ahhh heyyy!**

As I continue my walk upon the Red Road of this life, in my Recovery and to Wellbriety. I have learned and come to understand, to keep what I have. I must give it away to others. So in this spirit of giving all I have to give is my utmost respect, love and strength, as well as these Native American code of ethics in which I am learning to use in my life today. I have been learning traditional native lessons and teachings from many different tribes. My main source is "White Bison, Inc." The Red Road to Wellbriety in the Native American Way guide and study book as well as the work book in which I am still working in today as well as reading Don L. Coyhis (The Wellbriety Movement Comes of Age – the fulfillment of prophecy) and (Understanding Native American Culture Second Edition – Insights for Recovery Professionals and other wellness practitioners). I am changing my life not only in Recovery, also in Wellbriety through our Native Culture and Traditional ways.

So as I am learning to walk my path upon the Red Road of this life. I hope to share these teaching with you as I am learning to use them in my everyday life today, and know that they work then and only then will I share them with others. So, I am honored to share these Native Code of Ethics, which can be found in White Bison, Inc. (The Red Road to Wellbriety).

1. Rise with the Sun to pray: Pray along, pray often: the Great Spirit will listen, if only you speak.
2. Be tolerant of those who are lost on their path. Ignorance conceit, anger, jealousy and greed stem from a lost soul. Pray that they find guidance.

3. Search for yourself, by yourself; do not allow others to make your path for you. It is your road and yours alone. Others may walk with you, but no one can walk it for you.
4. Treat the guests in your home with much consideration. Serve them the best food, give them the best bed and treat them with honor and respect.
5. Do not take what is not yours whether from a person, a community, the wilderness or from a culture. It was not earned or given, it is not yours.
6. Respect all things that are placed upon this Earth – whether it be people or plant.
7. Honor other people's thoughts, wishes and words. Never interrupt another or mock or rudely mimic them. Allow each person the right to personal expression.
8. Never speak of others in a bad way. The negative energy you put out into the universe will multiply when it returns to you.
9. All persons make mistakes, and all mistakes can be forgiven.
10. Bad thoughts cause illness of the mind, body, and spirit. Practice optimism.
11. Nature is not for us; it is part of us. The land is part of your worldly family.
12. Children are the seeds of our future. Plant love in their hearts and water them with wisdom and life's lessons. When they are grown, give them space to grow.
13. Avoid hurting the hearts of others. The poison of your pain

- will return to you.
14. Be truthful at all times. Honesty is the test of ones will within this universe.
 15. Keep yourself balanced: your mental self, spiritual self, emotional self and physical self all need to be strong, pure and healthy. Work out the body to strengthen the mind. Grow rich in spirit to cure emotional ills.
 16. Make conscious decisions as to which you will be and you will react. Be responsible for your own actions.
 17. Respect the privacy and personal space of others. Do not touch the personal property of others – especially sacred and religious objects. This is forbidden.
 18. Be true to yourself first. You cannot nurture and help others if you cannot nurture and help yourself first.
 19. Respect others religious beliefs. Do not force your belief on others.
 20. Share your good fortunes with others. Participate in charity.

May these code of ethics from Native people of our past help you to find and walk your path upon the Red Road of this life to a strong, positive Wellbriety future. "We are worthy of such an honor!" A-ho!

Respect, Love & Strength,
 Mario Red Hawk Zephier
 Hualapai/Sioux

The Road to Recovery • Monday Nights

Submitted by: Keely Sage | Celebrate Recovery

THE ROAD TO RECOVERY

CR is based on life principles passed down from our higher power as spoken in the **Beatitudes- Matthew 5: 3-19**

RECOVERING:

It's not only about addictions, it's about life choices.

- Resolving anger Issues.
- Releasing co-dependent relationships.
- Rediscovering your walk with Jesus.
- Restoring relationships with family and friends.
- Reaching for the Truth.

These are only some of the reasons to attend a **Celebrate Recovery Meeting.**

Everyone is welcomed with open arms and minds. We are here to support one another, not fix another.

HOPE

Springs from within.

MONDAY NIGHTS 6:00 O'CLOCK HEW



**CELEBRATE
 RECOVERY**

KWLP's October Show Host of the Month • Wanda Quasula AKA Wanda J
Submitted by: Terri Hutchens | KWLP 100.9FM

WE LOVE OUR VOLUNTEERS

"The Peach."

*The Hualapai Nation's Live and Local Radio Station
Proudly Announces and Congratulate
October 2018 Show Host of the Month
Wanda Quasula, aka Wanda J*



Wanda J shares every one of her noon hours with "The Peach" and KWLP listeners. She has been doing this with dedication for over 4 YEARS! She works very hard to bring meaningful and interesting content from Indian Country to the PSA- Wanda J style as well as shares ALL KNDS of native music with her lunch time fans! This month her varied content has included information about the importance of voting in the upcoming election, interviews and highlights from this year's NFR Rodeo in Las Vegas, where she has become a welcome and expected media presence, representing KWLP and sharing her passion for Indian Rodeos with listeners. This month her show begins being sponsored by All One Chiropractic and Sixkiller's House of Karate. If there is a chance you haven't heard her show yet, be sure to check it out every week day at noon. Wanda J will receive incentive gifts valued at over \$100.00 for being volunteer of the month and will be eligible to be Volunteer of the Year 2018! If you might be interested in joining our great team of Peach Volunteers, please stop by the station or give us a call at (928) 769-1110. KWLP Volunteer of the Month is sponsored in part by:

