



# GAMYU

Newsletter of the Hualapai Tribe

## 4<sup>th</sup> of July Event • Appreciation and Thank You

Submitted by: Adeline Crozier | Hualapai Tribal Administration

### APPRECIATION AND THANK YOU!!

Many community events are planned by those dedicated to make the event a success by attending planning meetings to plan the events. This year the tribal departments involved in planning the July 3<sup>rd</sup> community event were representatives from the following departments:

- Emergency Services
- Recreation
- Adult Detention
- Juvenile Detention
- Public Services
- Facilities
- Housing
- Human Resources
- HEW – EW4H, Jessica’s program, Administration, KWLP, Youth Council
- GCRC

The Tribal Administration would like to acknowledge those that were on site to work or volunteer:

- ✓ EW4H
- ✓ Administration
- ✓ EW4H
- ✓ EW4H
- ✓ Royalty
- ✓ Recreation
- ✓ Human Resources
- ✓ Royalty
- ✓ Juvenile Detention
- ✓ HEW-Administration
- ✓ Housing
- ✓ GCRC
- ✓ HEW-Jessica
- ✓ HEW-KWLP
- ✓ Emergency Services
- ✓ Game & Fish
- ✓ HNPd
- ✓ Public Services
- ✓ Facilities
- ✓ Human Services
- ✓ Adult Detention
- Horseshoe Tourney
- Bingo
- Color Run
- Tie Dye
- 3 pointer contest
- Bouncy House/Slide
- Country Band
- Carnival game
- Carnival game
- Snow cones/popcorn
- Ordering/delivering the food
- Carnival game
- Jenga
- Serving the food
- Sherberts, watermelon
- Cakewalk
- Monetary donation for fireworks
- Carnival game
- Face painting/carnival game
- DJ
- Picked up the fireworks
- Set up the fireworks
- Set off the fireworks
- Provided traffic control & fire safety
- Provided traffic control
- Patrolled area for the safety of everyone
- Setting up/assisting as needed
- Setting up/assisting as needed
- Carnival game
- Making hamburger patties
- Athena, Elijah Lee & Jonell
- Sharita, Lyndee & Deion
- Athena, Rosemary & Jonell
- Rosemary & Nickey
- Jackie, DeWanda & Ginger
- Ron and staff
- Sonja & Veronica
- Jackie, DeWanda & Ginger
- Patrick, Paul & others
- Amy & Philana
- Youth workers
- Youth workers
- Heather, Lorena, Michelle & Sherry
- Jessica and Courtney
- Terri, Tina, Lyndee & other DJ's
- Fire Dept., Animal Control & EMS Staff
- Rangers
- Officers
- Staff
- Staff
- Vensi & Twila
- Kitchen staff

### Special points of interest:

- TERC meeting will be on Wednesday, July 18th at the Hualapai Cultural Resources at 9:00 a.m.
- Hualapai Tribal Utility Authority (HTUA) Meeting will be on Tuesday, August 14<sup>th</sup> at the Hualapai Health Department at 9:00 a.m.

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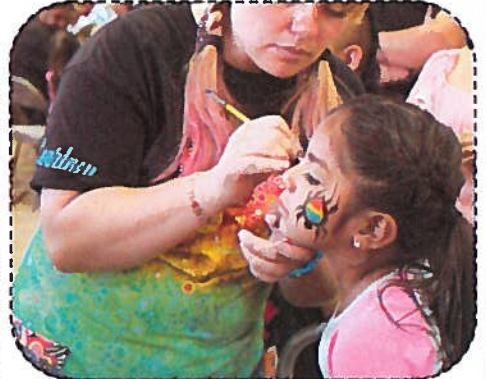
- ✓ Departments
  - ✓ Hualapai Tribe
  - ✓ Healing House
- Donating bottled water
  - Budget for July 4<sup>th</sup> event
  - Cooks
  - Cleaned the area
  - Clients, staff
  - Clients, Staff

The Healing House did a GREAT JOB, grilling the burgers and hotdogs for everyone. They also cleaned up all the trash the next day. THE HUALAPAI TRIBE APPRECIATES YOU FOR THE WORK.

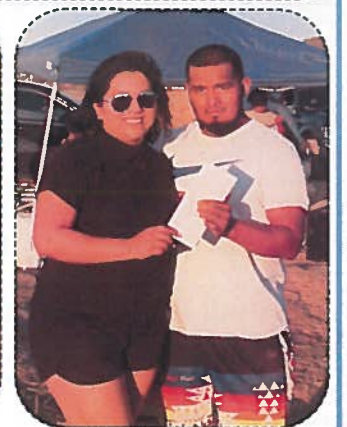
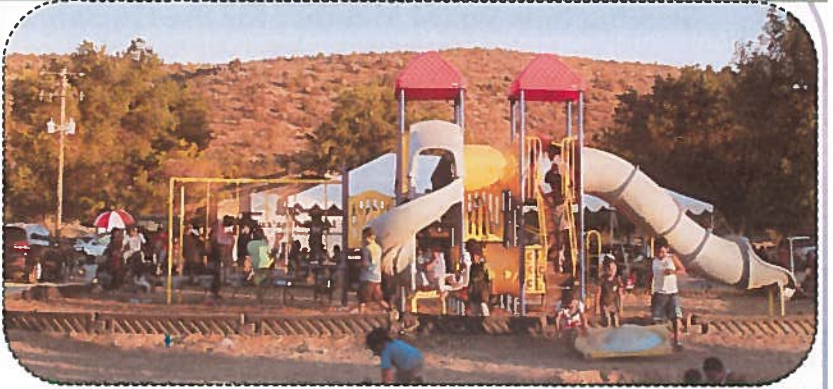
The departments and employees are very much appreciated for their dedication and commitment in making these events for the Hualapai community. It is not an easy task but in all, we hope everyone enjoyed the games, the food, fireworks and the street dance.

I would like to acknowledge Sharita Querta and Deion Parker who assisted in every way they could all day up to 8:30 pm. It meant a lot to me.

THANK YOU!!  
Adeline Crozier







**Horseshoe Tourney**

Blake and  
Christina won  
1<sup>st</sup> place.

Garnett &  
Samantha took  
2<sup>nd</sup> place.

Thank you to those tribal departments and their employees that worked hard to make this community event successful for everyone to enjoy.—Chairman Clarke

*Photos courtesy of Dr. Damon Clarke*



**Seeking New Board Member for the Hualapai Tribal Utility Authority (HTUA)**

*Submitted by: Kevin Davidson | Hualapai Planning Department*

**Seeking New Board Member for the Hualapai Tribal Utility Authority (HTUA)**

On September 24, 2014, the Hualapai Tribal Council adopted the Hualapai Tribal Utility Authority Governing Ordinance. This is a significant step toward self-determination in the realm of public utilities for the Hualapai Tribe.

Established as an institution of Tribal government, the five members of the Hualapai Tribal Utility Authority board are chosen by Council. As noted in Section 107.b.3, of the Ordinance, the HTUA Board is authorized to acquire, construct, operate, maintain, promote, and expand electric power service, and eventually water service, and sewage service at Grand Canyon West and on such other locations within the Hualapai Reservation and on other Tribal lands under the jurisdiction of the Hualapai Tribe as the Tribal Council may deem appropriate. The HTUA board is delegated full authority and responsibility for the management and operation of HTUA consistent with the Ordinance.

At this time, the Tribe is seeking a new candidate to apply for Board membership to maintain this important function of Tribal government. This Board position may be may filled by members or non-members of who have not less than ten years' experience in business management of substantial character and have had experience in the management and operation of an electric utility (Section 202.a.3).

- No employee of the Bureau of Indian Affairs, employee of the HTUA or member of the Tribal Council shall be a member of the Board (Section 202.a.4).

The new board member will be appointed for a three-year term (Section 202.b.2).

The Board functions in much the same capacity as an elected Board of Directors of a chartered municipal electric utility, and shall be responsible for making investment decisions, subject to certain limitations; for the establishment and maintenance of effective operating policies; the selection of management personnel; and for continuous supervision of performance (Section 203.a.2).

Members of the Board shall be reimbursed for expenses incurred in attending its meetings, and the Board in its discretion may propose a fee to be paid to its members (subject to approval by the Tribal Council) on a per-meeting or annual basis (Section 203.a.6 ).

The Board shall make annual and quarterly reports to the Tribal Council (Section 203.a.7) and hold meetings at least every quarter and annually (Section 204).

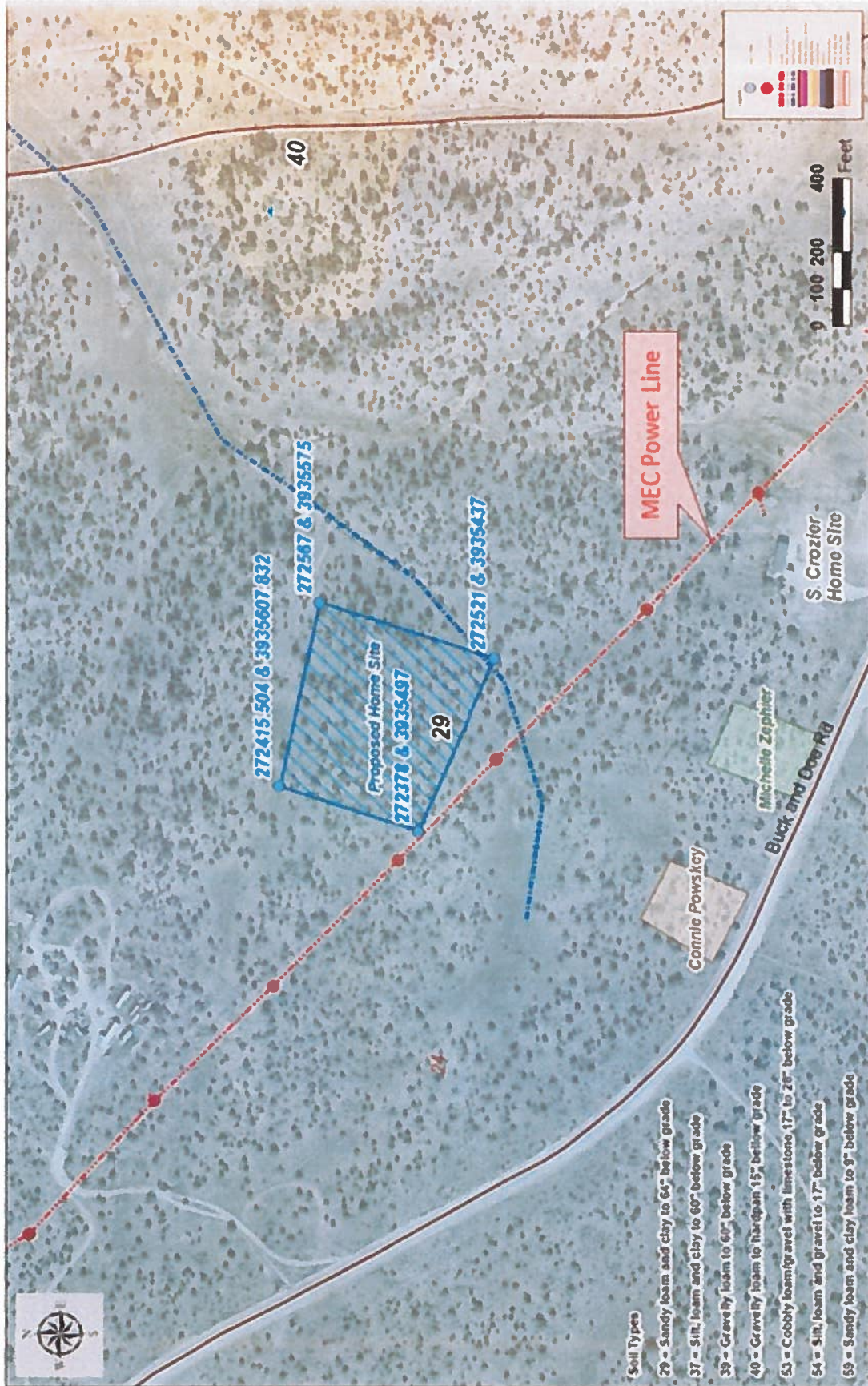
For a full list of the Board's powers, duties and responsibilities, see the ordinance posted at: <http://www.hualapaiutility.org/> or link through <http://hualapai-nsn.gov/services/htua/> Candidates are highly encouraged to read the ordinance in its entirety before applying for Board membership. Hard copies of the Ordinance are available at the Tribal Office and at the Planning Office, 887 Highway 66.

To candidates, please prepare a typed narrative not to exceed 1,000 words offering your qualifications (resume) and general motivation to be a member of the Hualapai Tribal Utility Authority Board and what you hope to achieve while on the Board. Please bring or e-mail your letter of interest to the Tribal Office, 941 Hualapai Way, Peach Springs, Arizona, attention Christine Lee, by Friday, July 20, 2018, at 5:00 PM. Thank you for your thoughtful consideration of this offer and desire to enhance utility services on the Hualapai Reservation.



Public Notice • Proposed Homesite of Amy Yee near 1516 Buck and Doe Road  
Submitted by: Kevin Davidson | Hualapai Planning Department

Public Notice – Amy Yee Proposed Home Site near 1516 Buck and Doe Road



Amy Yee is requesting a five-acre home site north of Connie Powskey's home site and approximately 870 feet north of Buck and Doe Road. The site measures some 514 feet east to west and 430 feet north to south. Planning is requesting from the Natural Resources Department and the Cultural Resources Department a Categorical Exclusion (Cat Ex) under the TERC rules. The item is scheduled for the TERC agenda on July 18, 2018. If you any comments and/or questions on this application, please call Mr. Kevin Davidson at (928) 769-1310. See map for UTM coordinates.



## Peach Springs Unified School District • Hualapai Tribal Partnerships

Submitted by: Jaime Cole | Peach Springs Unified School District

### PEACH SPRINGS UNIFIED SCHOOL DISTRICT

Hualapai Tribal Departments,

#### Current and prior Hualapai Tribal Partnerships, MOUs, MOAs in place w/PSUSD include:

- Head Start
- Detention Center
- Hualapai Tribal Culture Center (new in SY2017-2018)
- Hualapai Indian Health Services (new in SY2017-2018) for Dental program (seeking to schedule dental activities with kids this year along with vision/hearing screening for new kids or as requested, etc.
- Hualapai mental health provided weekly counseling services for students
- Hualapai Education Department
- Partnership with Valentine School, fitness/recreation center/staff to use MMHS for students' educational purposes
- Evidence of work with the Hualapai Police and Fire Department for safety plans
- Evidence of work with the KWLP Radio Station (2 YEARS AND BEGINNING AGAIN AUG 2018)
- Serve as Regional Council Member for Hualapai First Things First
- Assisted efforts with Read ON Hualapai (reading books on radio for children)-
- Partnership agreements signed with Youth Program with Pete Imus and Jessica Powskey (new in SY2017-2018)
- Evidence working with Planning Department providing budget, calendars, newsletters, brochures, parent letters in the local Hualapai newsletter (new in SY2017-2018)
- Evidence of work with the Animal Department, Water Works (consultation on future teacher and students' housing projects involving water)
- Fitness/recreation program (MOU/MOA offering PSUSD8 paid tribal coaching for basketball team using MMHS gym)
- PSUSD also purchased \$6,000 worth of computers in June 2018 for Detention Center when not required or reimbursed by the state
- JOM - We have requested partnership for quarterly Tiger AWARDS for students during the past few years
- PAC- Parent Advisory Committee formed with on-going meetings (NEW 2017-2018)
- Boys and Girls Club events (SY2015-2016)- We would like to continue for SY2018-2019
- Transit bus services – SY2017-2018 but we would like to continue for SY2018-2019 with formal MOU/MOA for KIDS

#### New SY2018-2019

- We are seeking new and additional partnerships that directly benefit kids
- PATHS training and support will be provided this year from Michelle Miller (new SY2018-2019)- (positive social/emotional curriculum for kids on conflict resolution, problem solving, communication skills, treating others with kindness)
- Fire Department staff have volunteered to spend an hour each week reading with younger (K-1 kids) – Thank you!!! (New SY2018-2019)
- Any other tribal departments with clear background checks (if you would like to volunteer at least an hour a week during reading intervention times, we would encourage departments to select a grade level to mentor)

Interested, Please call 769-9034 or stop and visit Jaime Cole at Peach Springs School

**Fence Building Workshop • Thursday, July 12<sup>th</sup>**  
*Submitted by: Jessica Orozco | Hualapai Department of Natural Resources*



## Fence Building Workshop

**When:** Thursday, July 12<sup>th</sup> 2018

**Where:** 8am-12pm Meet at Natural Resources Office

**LUNCH PROVIDED**  
(donations appreciated)

Come learn the basics of what it takes to build fences on the Hualapai Reservation. Workshop will include demonstration by HDNR staff with a hands-on component for participants. All supplies and equipment will be provided.

6<sup>th</sup> workshop in the  
Beginning Tribal  
Ranching Training  
Series

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Learn the importance  
of fencing for  
ranchers

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Learn how to build  
fence hands-on

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Learn importance  
fence repair

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**BRING YOUR  
BINDERS!**

Contact Jessica  
Orozco at Natural  
Resources for more  
information: 928-  
769-2254



THE UNIVERSITY OF ARIZONA  
COLLEGE OF AGRICULTURE & LIFE SCIENCES  
**Cooperative Extension**  
Tribal Extension Programs





**Hualapai Summer Youth Conference • July 16<sup>th</sup> - 21<sup>st</sup>**  
*Submitted by: Trena Bizardi | Hualapai Youth Services*

# Registration Form

**Hualapai Summer Youth Conference**  
July 16- July 21, 2018



Hosted by Hualapai Youth Services &  
Hualapai Youth Council

**Hualapai Summer Youth Conference**

## Who Should Attend

This conference is open to all American Indian Youth ages 14 to 21.

## Conference Goal

To provide American Indian Youth the opportunity to learn about various topics to help better decision making and live healthier lives.

## Note

There is no registration fee for attending this conference. All youth and chaperones are responsible for lodging expenses, as well as travel expenses to and from the conference. In addition, all youth who attend are required to have a chaperone with them.

**Registrations DUE BY JULY 13<sup>TH</sup> 2018 at 12pm! SUBMIT TO HEW YOUTH SERVICES.**



# Individual Registration Form



## Hualapai Youth Conference 2018



**Your Name:** \_\_\_\_\_

**Your Phone:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Age:** \_\_\_\_\_

**School Attending:** \_\_\_\_\_

**Proper clothing and foot wear is expected to be worn by all participants. Participants must have their own reusable water bottle, water stations will be available to refill reusable water bottles. No plastic bottled water will be provided.**

If you are 17 and younger please provide Parent/Guardian

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

I will not hold the Hualapai Tribe, hosting facility, hosting organization responsible for any injury, illness, or death my child may encounter while participating.

I also authorize Hualapai Youth Services the use of any live images, still images, audio recordings, video recordings, photographs, written quotes, or likeness of my child named above of whom I am the parent/guardian; which may be used in any form of media produced by Hualapai Youth Services and will be the property of Hualapai Youth Services which will be used in nonprofit and/or educational media and be distributed as such by Hualapai Youth Services.

Participant

Parent/Guardian if 17 and younger

\_\_\_\_\_  
Signature & Date

\_\_\_\_\_  
Signature & Date

**RETURN TO:** Hualapai Youth Services/HEW  
Phone: (928) 769-2207 Email: tbizardi@hualapai-nsn.gov a



**Tentative Schedule****Workshop Topics**July 16, 2018 (MULTI-YOUTH CAMP)

8:00-8:15pm	Opening Prayer-YS
8:15-9:00 pm	Continental Breakfast
9:00 -10:00 am	Travel to Youth Camp (Break and Water)
10:00-12:00 pm	Ropes Course
12:00-1:00pm	LUNCH
1:00-2:00 pm	Travel to PSA (Break and Water)
2:00-3:00pm	R. Rice- STD Awareness
3:00-4:00pm	STEM Activity
4:00-5:00pm	Closing-YC

July 17, 2018 (MULTI)

8:00-8:15pm	Opening Prayer-YS
8:15-9:00 pm	Continental Breakfast
9:00 -10:00 am	Travel to Cholla Ranch (Break and Water)
10:00-12:00 pm	Cholla Ranch
12:00-1:00pm	LUNCH
1:00-3:00pm	Cholla Ranch
3:00-4:00pm	Return to Peach Springs (Break)
4:00-5:00pm	Closing- YS

July 18, 2018 (GYM)

8:00-8:15pm	Miss ASU Kyla Silas
8:15-9:00 pm	Continental Breakfast
9:00 -11:00 am	Goal Setting- Nick Moore
11:00-12:00 pm	STEM ACTIVITY
12:00-1:00pm	LUNCH
1:00-3:00pm	Life Skills- Nick Moore
3:00-4:00pm	Anti-Bullying-Miss ASU
4:00-5:00pm	Closing-YC

July 19, 2018 (GYM)

8:00-8:15pm	Opening Prayer-YS
8:15-9:00 pm	Continental Breakfast
9:00-11:00 am	Healthy Outlets-Nick Moore
11:00-12:00 pm	Suicide Prevention
12:00-1:00pm	LUNCH
1:00-3:00pm	Life Skills- Nick Moore
3:00-4:00pm	Substance Abuse-Jessica Powskey
4:00-5:00pm	Closing-YC

July 20, 2018 (HUALAPAI MOUNTAINS)

8:00-9:00 am	Meet at Multi-Travel to Hualapai Mountains
9:00-4:00 pm	Family Fun Day at Hualapai Mountains
4:00-5:00 pm	Return to Peach Springs

July 21, 2018 (ON THE RIVER)

7:00 am	Meet at The Lodge
8:00 am	Leave for Diamond Creek
9:00 am-5:00 pm	River Trip
5:00-6:30 pm	Travel back to Peach Springs
7:00 pm	End of River Outing

- Goal Setting
- Life Skills
- STD Awareness
- Healthy Outlets
- Anti-Bullying
- Substance Abuse
- Natural Resources
- Community Awareness
- Suicide Prevention



# 2018 Hualapai Youth Conference

Open To All Youth Ages 14-21

**DATES: JULY 16-21, 2018 8-5PM**

**REGISTRATION: Please Complete Registration Forms  
and submit to Youth Services Office**

**BY JULY 13TH @12PM**

Registration forms can be picked up at HEW Building

**LOCATION: MULTI PURPOSE BUILDING/ GYM**

**Motivational Speakers**

**Incentives**

**Field Trips**

**Continental breakfast / lunch provided**

*Hosted By: Youth Services Office &*

*The Hualapai Tribal Youth Council*



Miss ASU

Kyla Silas



Nick Moore



For more information, contact Trena Bizardi /Christina Watahomigie at 928-769-2207 ext. 207 **\*THIS IS A DRUG AND ALCOHOL FREE EVENT\***



**Hualapai Tribal Substance Abuse Action Team Meeting • Thursday, July 19<sup>th</sup>**

*Submitted by: Taylor Johnson, TAP Coordinator | Hualapai Health, Education & Wellness*

# Hualapai Tribal Substance Abuse Action Team Meeting (TAP)

- **Discuss GOALS of the Tribal Action Plan**
  - **Community Events**
  - **Election of Officers**

**Open to-**

- **State, local, or tribal governmental agencies in the field of substance abuse**
- **Organizations involved in reducing substance abuse**
  - **Community members**

**July 19, 2018**

**1:00 pm**

**Health Education and Wellness**

**488 Hualapai Way**

**Peach Springs, AZ 86434**

For more information about the  
**Hualapai Tribal Substance Abuse Action Plan**  
Call Taylor Johnson or Jessica Powskey at (928) 769-2207



**Hualapai Tribe Family Day • Friday, July 20<sup>th</sup>**  
*Submitted by: Lyndee Hornell | Hualapai Department of Cultural Resources*



# Hualapai Tribe Family Day



Mother/ Daughter and Father/ Son Event Combined to Create Family Day 2018

## Hualapai Mountain Park

July 20, 2018

9:00 am - 3:00 pm

**Social Gathering  
Bird Dancers & Singers  
Welcome**

**Transportation  
Provided by  
Hualapai Transit**

**Arts & Craft Vendors  
Welcome**

*Buses will start picking up at 7:00 am at bus stops around Peach Springs and leave from Tribal Office at 8 :00 am*

**Park and Ride**

Parking is limited at Hualapai Mtn. the Transit will Transport from Baptist Church on Hualapai Mtn. Rd to Rec area starting at 9:00 am to better convenience our Hualapai People. Look for Balloons at First Baptist Church on right hand side.

*Any Questions Contact Lyndee Hornell @ 769-2234 or Jessica Powskey @ 769-2207*

**ḍiye:vm bay ḍigavik Social Gathering - Family Day Event • Friday, July 20<sup>th</sup>**

*Submitted by: Jessica Powskey | Family Day Committee Member*

## ḍiye:vm bay ḍigavik SOCIAL GATHERING



Family Day Event

July 20, 2018

11 AM to 2 PM

Everyone Welcome to Sing and Dance let's have a good  
time at

## Hualapai Mountain Park

Call Jessica Powskey (928) 769-2207 or Lyndee Hornell (928) 769-2223  
For Information about the Social Gathering at Family Day Event

**Don't Forget to bring your gourds to sing, material will be available for our girls & women**



Taekwondo Summer Camp for Kids • July 23<sup>rd</sup> - 26<sup>th</sup>  
Submitted by: Sung Ahn

# EMBRACING THE ELEMENTS

**What:** Taekwondo Summer Camp for Kids  
(Taekwondo, Science, Crafts, and Robotics)  
**Who:** 4th thru 6th Grade (8-12 years old)  
**When:** July 23 (1PM) to July 26 (8PM)  
\*1PM at Boy's & Girl's Club Parking Lot  
**Where:** Hualapai Youth Camp



**YOUTH TAEKWONDO  
SUMMER CAMP**

We would like to invite your student to our Children's Summer Camp! A week of summer camp is filled with valuable activities such as TaeKwonDo class, mentoring sessions, fun science lessons, meaningful arts/crafts, and exciting games.



**Boy's & Girl's Club:**  
928-769-1801

**Taekwondo Master:**  
408-701-7036

**Sponsored by:**  
Hualapai Tribal Council

Our programs are designed to aid students in developing a healthy body, mind and spirit.

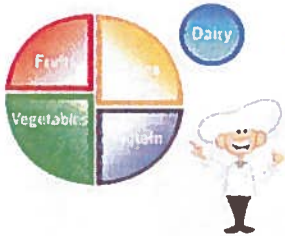
Our aim is to help students to know that they are special and capable of achieving great things in life.



Hepatitis Awareness • Wednesday, July 25<sup>th</sup>

Submitted by: Taylor Johnson, TAP Coordinator | Hualapai Health, Education & Wellness

# Hepatitis Awareness



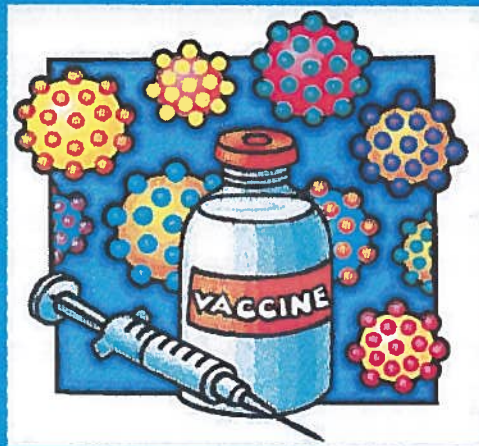
When:

**Wednesday, July 25, 2018**  
**3pm-4pm**

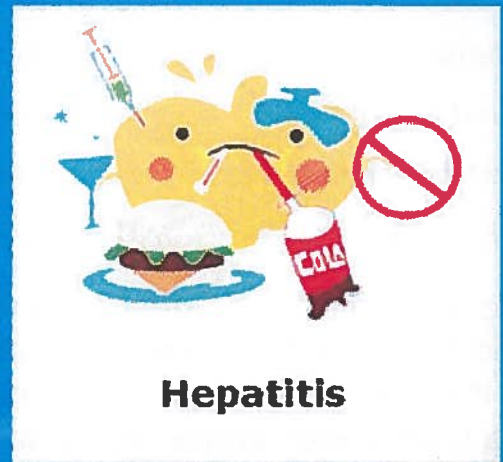
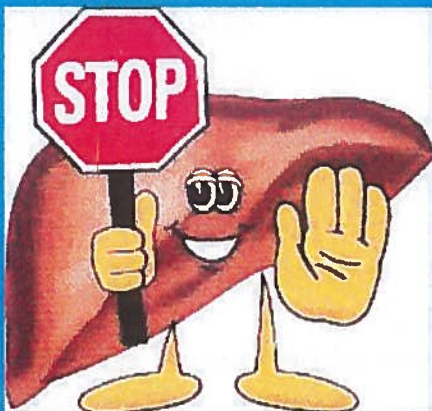


Where:

**Health Education and Wellness Building**  
**488 Hualapai Way**  
**Peach Springs, AZ 86434**



See page 27 for  
more information  
on "Crucial  
Ways to Prevent  
Hepatitis."



**Hepatitis**



**Hualapai Strategic Prevention • Prevention & Awareness in Peach Springs Elementary**  
 Submitted by: Jessica Powskey, Strategic Prevention | Hualapai Health, Education & Wellness

## Hualapai Strategic Prevention



### Peach Springs Elementary School Starts August 02, 2018

As our youth head back to school, the Hualapai Strategic Prevention wants to prepare students for the upcoming school year.

The Hualapai Strategic Prevention program will be going to the Peach Springs Elementary School to promote prevention and Awareness to 6th, 7th and 8th grade students.

As an active group in working with the youth of Peach Springs community - we will assist the school to address topics such as:

<i>Toxic Stress</i>	<i>Leadership</i>	<i>Staying in School</i>	<i>Decision making</i>
<i>Bullying</i>	<i>Relationships</i>	<i>Influences</i>	<i>Social Behavior</i>
<i>Goal Setting</i>	<i>Respect</i>	<i>Fitness</i>	<i>Brain Foods</i>
<i>Getting enough sleep</i>	<i>Making the Grade</i>	<i>Attendance</i>	
<i>Truancy/Laws for Education</i>	<i>Reading</i>	<i>Many more...</i>	

We ask parents and guardians to remind the children to be on time, get plenty of rest and be prepared to work as a group in the classroom setting.

In the past, Peach Springs school has asked for help with social behaviors, now is the time to start preparing for school.

Enjoy the rest of your summer break and we will see you back in school soon!



**2018 Southwestern Intertribal Agriculture Council Conference • September 25<sup>th</sup> & 26<sup>th</sup>***Submitted by: Teresa Honga | Intertribal Agriculture, Western Region***Intertribal Agriculture Council**100 North 27<sup>th</sup> Street, Suite 500, Billings Montana 59101 (406) 259-3525

July 2, 2018

Tribes, Organizations, &amp; Agencies of the Southwestern Regions:

The 2018 Southwestern IAC Conference is scheduled to be held September 25-26, 2018 in Flagstaff, Arizona at the Twin Arrows Navajo Casino. The Intertribal Agriculture Council Western Region is excited for the opportunity to host this event.

A block of rooms has been reserved at the Twin Arrows Casino. Rates are \$119 / night, use the code ID#5756 when booking. Attendees must make their own reservations & a \$100 incidental fee will be charged at time of reservation & the cut-off date for reservations is September 10, 2018.

Should you have any questions, please don't hesitate in contacting us.

Sincerely,  
IAC Technical Assistance Specialists

Western Region - Teresa Honga - 928-302-6835 - [teresa@indianaglink.com](mailto:teresa@indianaglink.com)  
Southwest Region - Desbah Padilla - 505-377-0342 [desbah@indianaglink.com](mailto:desbah@indianaglink.com)

**4th Annual Southwest IAC CONFERENCE****September 25-26, 2018****Twin Arrows Navajo Casino  
Flagstaff, Arizona**

Register online [goo.gl/5eY12n](http://goo.gl/5eY12n)  
For more information, contact:  
Teresa Honga 928-302-6835 [teresa@indianaglink.com](mailto:teresa@indianaglink.com)  
Desbah Padilla 505-377-0342 [desbah@indianaglink.com](mailto:desbah@indianaglink.com)

Twin Arrows Resort Hotel / Casino  
Use code ID#5756  
Direct: 928-856-7541  
Toll Free: 877-630-9530

# EMPLOYMENT OPPORTUNITIES

**Request for Proposal - Design/Build Services • Due by Friday, July 27<sup>th</sup>**

*Submitted by: Kevin Davidson | Hualapai Planning Department*



## Request for Proposal: Design/Build Services

The Hualapai Indian Tribe has been awarded a HUD Indian Community Development Block Grant that includes the design and construction of a hunter's wild game preparation area including facilities for the field dressing of deer, elk and similar wild game animals. Therefore, the Hualapai Indian Tribe is requesting proposals from qualified professionals to provide architectural, engineering and construction services for the design and construction of this element of the Hualapai "Youth Camp", located on the Hualapai Indian Reservation. Proposals will be accepted from both Indian-owned and other firms for this project.

Complete project information and submittal requirements are available on request from:

UrbanTech Ltd.  
Phil Entz, Project Manager  
(602) 678-0533  
Email: phil@urbantech-ltd.com

Proposals shall be submitted to the Project Manager listed above and will be accepted by email prior to the deadline of 1:00PM, July 27, 2018.

The work to be performed under this contract is subject to 24 CFR 1003.510. Preference in the award of contracts and subcontracts shall be given to Indian organizations and Indian-owned economic enterprises.

## Request for Bids for Hualapai Language Consultants • Friday, July 13<sup>th</sup>

*Submitted by: Peter Bungart | Hualapai Department of Cultural Resources*



### Hualapai Department of Cultural Resources

P.O. Box 310  
Peach Springs, Arizona 86434  
Office: 928.769.2223 FAX: 928.769.2235

The Department of Cultural Resources is requesting bids for fluent Hualapai language consultants to assist with the Language Program. Services will be on a part-time, on-call basis. If interested, submit your bid in writing to Lucille Watahomigie at the Department of Cultural Resources by July 13, 2018. Your bid should include your hourly rate. For additional information call Lucille Watahomigie (Language Program Manager) at (928) 769-2223.

## Grand Canyon Resort Corporation • Chief Operating Officer Position

*Submitted by: Josue Isiordia | Grand Canyon Resort Corporation*

### Chief Operating Officer

We are now accepting applications for the Chief Operating Officer for Grand Canyon Resort Corporation (GCRC). Please send all applications to [josue.isiordia@grandcanyonresort.com](mailto:josue.isiordia@grandcanyonresort.com) or if you have any questions contact Josue Isiordia at 928-769-2419 ext 121.

Applications can also be dropped off at the GCRC Administration Building, Human Resources Department.

**NOW ACCEPTING  
APPLICATIONS!**



**CDI Head Start • Vacant Positions***Submitted by: Jeanine Coursey | CDI Head Start***Community Development Institute****HEAD START****Serving Hualapai Tribe**

PO Box 125

Peach Springs, AZ 86434-0125  
(928) 769-2244 phone \* (928) 769-2457 fax

## CDI Head Start Serving Hualapai Tribe, AZ is looking to fill the following positions:

### Vacant Position as of 05/30/18. Open until filled

#### Family and Community Partnership Coordinator

Works as a part of the content area team of coordinators to integrate Head Start services for children and families. This position is responsible for family services and community partnerships, to include social services, ERSEA, child files, volunteers and parent involvement/fatherhood as well as being the lead for child abuse and neglect related activities.

This position is also responsible for education and early childhood health services. Bachelor's degree in Social Work, Human Services, Family Studies or related field. Pay D.O.E., 40 hours per week, and 52 weeks per year.

#### Teacher Preschool/Teacher-OnCall

Lead worker in a classroom of Head Start children working on planning, implementing, and supervising all classroom activities. Working developing children and children with disabilities. This position supports and assists families as they identify and meet their own goals. Entry-level requires an A.A. in ECE Pay is \$1233.82/biweekly to \$1316.07D.O.E. We will consider applicants that are enrolled in an AA or BA degree program in early childhood education that are able to obtain the degree within a reasonable timeframe.

#### Assistant Teacher/Assistant Teacher - On Call

Work as a partner with the teacher in developing activities for Head Start children to provide them with varied experiences and an appropriate learning environment. Assistance is given to the teacher in carrying out the goals, policies, and activities designed to implement educational objectives and performance standards. Might also serve as a Bus Monitor as part of the transportation services. Pay D.O.E. \$11.17 to \$13.41 with an AA.

#### Program Aide /Program Aide - On Call

Assist in activities in the areas of the classroom, kitchen and bus and/or to serve as a disabilities aide as needed. Works with typically developing children and/or children with special needs/disabilities. Minimum requirement is to be 18 years of age. This is an entry-level position requiring no previous education or experience, a high school diploma or G.E.D. is preferred. Pay D.O.E. \$10.60 per hour.

#### Janitor

Ensuring clean, safe and functional facilities by performing daily cleaning and on-going light maintenance activities for the Head Start facility. Also works as a part of a team to assist in activities in the classrooms, kitchen and bus monitor.

Pay D.O.E. is \$10.60 per hour. This is an full-time position.

For questions or copies of job descriptions and applications contact:

Jeanine Coursey, HR/Fiscal Admin Assistant

Email: [jcoursey@htazhs.org](mailto:jcoursey@htazhs.org) .Phone: 928-769-2522. FAX: 928-769-2457

In person: Stop by the Head Start Center @ 479 Hualapai Way, Peach Springs, AZ 86434

CDI Head Start is an Equal Opportunity Employer

# EDUCATION & TRAINING INFORMATION

**CDI Head Start • Now Accepting Enrollment Applications**

*Submitted by: Jeanine Coursey | CDI Head Start*



## Head Start

**CDI HEAD START**

**SERVING**

**HUALAPAI TRIBE**

**Is Now Accepting**

**Applications For Enrollment**

Ages

3-5

**Head Start is a quality early childhood education program provided at no charge to income eligible families. We Offer education, nutrition, medical, dental, mental health, disabilities/special needs and family education services.**

**For more information, contact the center at**

**928-769-2522 or**

**Stop by the Head Start Center at 479 Hualapai Way**

**Documents needed to inquire income eligibility**

- **Birth Certificate**
- **Certificate of Indian Blood**
- **Proof of Residence**
- **Income Verification (Current and Prior Income for the past 12 months)**

**This institution is an equal opportunity provider**

**PLEASE FOLLOW US ON FACEBOOK At**

[www.facebook.com/Cdi-Headstart-Serving-Hualapai-54798203541128](http://www.facebook.com/Cdi-Headstart-Serving-Hualapai-54798203541128)



**Primavera Online 6-12 Grade • Requirements**

*Submitted by: Jonell Tapija | Hualapai Department of Education*

**Primavera Online 6-12 Grade Enrollment Information**

**On-Line Enrollment**

[www.chooseorimavera.com](http://www.chooseorimavera.com)

[www.primaveratech.org](http://www.primaveratech.org)

Phone Number: (480) 456-6678

• Requirements:

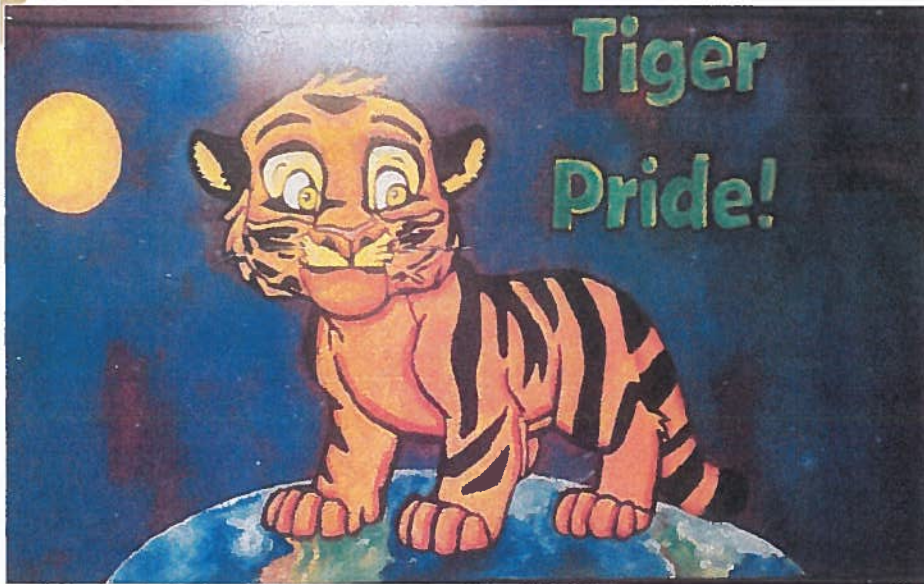
- \*Must Reside in Arizona
- \*Be under the age of 22 Years old
- \*Be at least 14 Years old
- \*Provide a valid Birth Certificate

- \*Provide Proof of Residency
- \*Complete Language Survey online
- \*Provide Proof of current grade level (transcripts)

**Peach Springs Unified School District • Now Accepting Applications**

*Submitted by: Jaime Cole | Peach Springs Unified School District*

*Peach Springs School*



Now accepting student applications for the SY2018-2019 for Kindergarten - 8th Grade

**Applications may be found:**

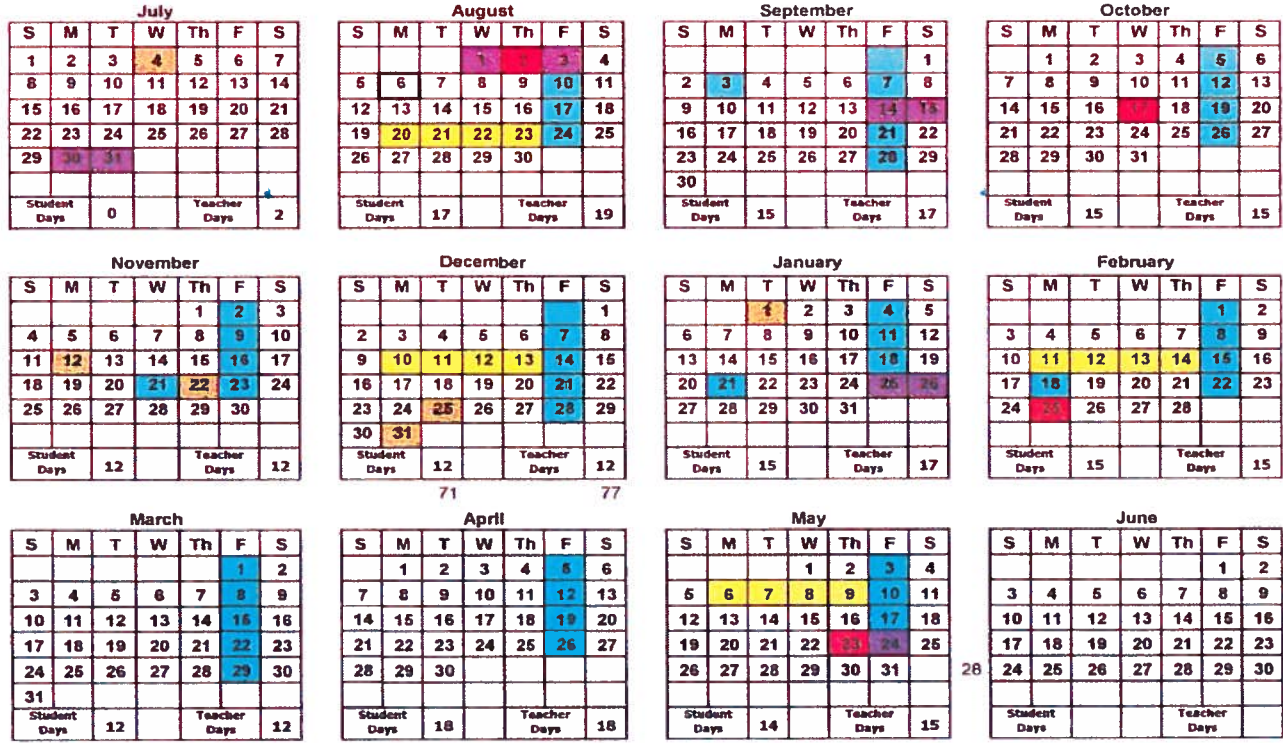
**Peach Springs School**  
Join our school for  
SY 2018-2019



- 100% certified teachers
- Small class sizes
- Special area classes
- Laptops per student
- Free breakfast and lunch

## Peach Springs Unified School District #8 2018-2019 CALENDAR

4-Day



District Testing	INTERSESSION	Teachers Professional Development Day	students' first/last day, 40th/100th day count
Non Work Day~Students & Teachers			
paid holiday if included in contract dates			

# 5 Weeks of Vacation. 4 Day Work Week. 9 Professional Development Days

PR Progress Reports    REP Report Cards    BM Board Meeting

- Jul 30    First day for teachers
- Aug 02    First day for students
- Sep 03    Labor Day Holiday  
          Progress reports quarter 1
- Oct 05    First quarter ends
- Oct 8- 11    Fall Break
- Oct. 4    First quarter report cards go home w/ PT Conf
- Oct. 17    40 day count
- Nov 12    Veteran's day
- Nov 19-22    Thanksgiving Break
- Dec. 20    Second quarter ends
- Dec 24 - Jan 3    Winter Break
- Dec. 20    Second Quarter report cards go home w/ PT Conf
- Jan 21    Martin Luther King Holiday

- Progress reports quarter 3
- Feb 18    President's Day Holiday
- Third quarter Ends
- Feb 25    100th Day Count
- Mar 12 - 15    Spring Break
- Third quarter report cards go home w/ PT Conf
- Mar - Apr    AZMerit to be announced
- Progress reports quarter 4
- To be determ    Eighth Grade Promotion
- May 24    Fourth Quarter report cards go home
- May 24    Last Day for Students/End of 4th grading period
- May 25    Last Day for Teachers

<b>STUDENT DAYS:</b>	
1st Semester	71
2nd Semester	74
<b>Total</b>	<b>145 days</b>

<b>STUDENT DAYS:</b>	
1st Grading Period	
2nd Grading Period	
3rd Grading Period	
4th Grading Period	
<b>Total</b>	<b>145 Days</b>

<b>TEACHER DAYS:</b>	
1st Semester	77.0 days
2nd Semester	77.0 days
teachers	164.0 days
kitchen staff-	149 days (7/30-5/24)
instructional-	146 (8/2-5/23)
office staff-	200 (7/1-6/30)
12-month	



**2018 Food Handler Card Training • Next Class: Tuesday, July 17<sup>th</sup>**  
 Submitted by: Adeline Crozier | Hualapai Tribal Administration

## HUALAPAI - PEACH SPRINGS

### 2018 Food Handler Card Training Schedule

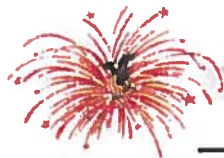
MONTH	DATE	LOCATION	TIME (AZ)
July	17	Health Education & Wellness	11:00am - 1:00pm
August	21	Health Education & Wellness	11:00am - 1:00pm
September	18	Health Education & Wellness	11:00am - 1:00pm
October	23	Health Education & Wellness	11:00am - 1:00pm
November	27	Health Education & Wellness	11:00am - 1:00pm



For more information please contact the Office of Environmental Health and Engineering at (928) 669-3179. Everyone is welcome to attend.

### Hualapai Daycare • July Calendar of Events & Menus




Submitted by: Danielle Bravo | Hualapai Planning Department



# JULY 2018



**Hualapai Day Care**  
 PO Box 179/ 475 Hualapai Dr.  
 Peach Springs, AZ 86434  
 Ph: (928) 769-1515/1571666  
 Fax: (928) 769-1516

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <i>**Update Applications Due</i>	3 Day Care Closed at 1:00 pm Tribal 4th of July Activities	4 CLOSED 	5	6	7
8	9	10	11	12 Youth Language Class at the Boys & Girls Club 5:30pm Dinner served	13	14
15	16	17	18	19	20 Day Care Closed Family Day Hualapai Mountain Park 	21
22	23	24	25	26	27 Day Care Closed Monthly Closure	28
29	30	31	This Month's Theme is: Independence Day & Summer Safety Color: Red, white & blue/ Hwad, nyim:sav', vasuw Shape: Star, ☆ Humsil Letter: Per Class 			

Hualapai Day Care Center  
475 Hualapai Drive

## July 2018 Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
2 Cheerios Strawberries Milk	3 Scrambled Egg Whole Wheat Toast Banana Milk	4 <b>CENTER CLOSED</b>	5 Oatmeal Diced Pears Milk	6 Raisin Bagel Apple Slices Milk
9 English Muffin Pineapple Chunks Milk	10 Boiled Egg Sausage Patty Fruit Milk	11 Corn Beef Hash Scrambled Egg Strawberries Milk	12 H.M. Pancakes Applesauce Milk	13 Rice Chex Orange Slices Milk
16 Sausage Patty English Muffin Diced Pears Milk	17 H.M. Waffle Applesauce Milk	18 Kix Cereal Banana Milk	19 Bran Muffin Apple Slices Milk	20 <b>CENTER CLOSED</b>
23 Oatmeal Peaches Milk	24 Granola Mixed Berries Yogurt Milk	25 Rice Krispies Banana Milk	26 French Toast Applesauce Milk	27 <b>CENTER CLOSED</b>
30 Peanut Butter Whole Wheat Toast Fruit Milk	31 Cheese Egg Omelet Fruit Milk			

Hualapai Day Care Center

## July 2018 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Whole Wheat Bun Chicken Patty Lettuce & Tomato Pineapple Chunks Milk  PM Snack: Table Grapes & Whole Wheat Crackers	3 Spaghetti Noodles Ground Beef Tomato Sauce Mandarin Oranges Milk  PM Snack: <b>Closed Early</b>	4 <b>CENTER CLOSED</b>	5 Whole Wheat Bread Sliced Turkey & Cheese Salad Mix Fruit Cocktail Milk  PM Snack: Cucumber Logs & Carrot Sticks	6 Wild Rice Ham Steaks Green Beans Peaches Milk  PM Snack: Cottage Cheese & Pineapple Chunks
9 Whole Wheat Bun Ground Beef Patty Salad Mix Diced Pears Milk  PM Snack: Ritz Crackers & Craisins	10 Whole Wheat Bread H.M. Tuna Salad Celery Sticks Apple Slices Milk  PM Snack: Mini Bagel, Strawberries	11 Corn Bread Pinto Beans/ Hamburger Coleslaw Orange Slices Milk  PM Snack: Table Grapes & Celery Sticks	12 Egg Noodles Chicken Breast Mixed Veggies Mandarin Oranges Milk  PM Snack: Honeydew & Trail Mix	13 Whole Wheat Tortilla Sliced Turkey & Cheese Bell Peppers Peaches Milk  PM Snack: Ritz Crackers & Cottage Cheese
16 Elbow Macaroni Ground Beef Tomato Sauce Orange Slices Milk  PM Snack: Banana & Raisin Bread	17 Wild Rice Baked Chicken Salad Mix Orange Slices Milk  PM Snack: Ritz Cracker & Honeydew	18 Whole Wheat Bread Sliced Cheese Tomato Soup Peaches Milk  PM Snack: Table Grapes & Goldfish	19 Fish Sticks Tater Tots Coleslaw Strawberries Milk  PM Snack: String Cheese & Trail Mix	20 <b>CENTER CLOSED</b>
23 Corn Bread Stew Meat Mixed Veggies Mandarin Oranges Milk  PM Snack: Yogurt Cups & Strawberries	24 Corn Tortilla Ground Beef & Shredded Cheese Lettuce & Tomato Pineapple Chunks Milk  PM Snack: String Cheese & Ritz Cracker	25 Brown Rice Diced Pork Chop Green Beans Apple Slices Milk  PM Snack: Wheat Thins & Table Grapes	26 Croissant Bread Ham & Cheese Tomato Soup Fruit Bucket Milk  PM Snack: Fruit Cocktail Pizza on English Muffin	27 <b>CENTER CLOSED</b>
30 Pizza Crust Pepperoni & Mozzarella Cheese Salad Mix Orange Slices Milk  PM Snack: Strawberries, Yogurt & Granola	31 Spinach Tortilla Chicken Lettuce & Tomato Banana Milk  PM Snack: Goldfish & Diced Pears			

Centers may substitute food items as necessary. This institution is an equal opportunity provider and employer. Water is available to children throughout the day and at all meals and snacks. If no beverage is specified, the beverage offered will be water. All juice served is 100% full-strength fruit juice. Children (age 12-24 month) are served whole milk. After 24 months, all children are served 1% milk. In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA Director, Office of Civil Rights, and 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272. Fruit cocktail consists of diced peaches, pears, grapes and mango; also mixed veggies are carrots, corn, peas, green bean and baby lima beans.



**Boys & Girls Club (Daily Teen Summer Schedule) • July**

*Submitted by: Danielle Bravo | Hualapai Planning Department*

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
8:00-9:00 AM	OPEN/BREAKFAST	OPEN/BREAKFAST	OPEN/BREAKFAST	OPEN/BREAKFAST	OPEN/BREAKFAST
9:00-10:00AM	Date Smart	Career Launch	Date Smart	Career Launch	Free Choice
10:00-11:00AM	Money Matters		Money Matters		Triple Play
12:00-1:00PM	Lunch	Lunch	Lunch	Lunch	Lunch
1:00-2:15PM	ANNOUNCEMENTS/ TEAM BUILDING	ANNOUNCEMENTS/ TEAM BUILDING	ANNOUNCEMENTS/ TEAM BUILDING	ANNOUNCEMENTS/ TEAM BUILDING	ANNOUNCEMENTS/ TEAM BUILDING
2:15 - 3:00PM	THEMED PROGRAMMING	THEMED PROGRAMMING	THEMED PROGRAMMING	THEMED PROGRAMMING	THEMED PROGRAMMING
3:00-4:00PM	GYM TIME	GYM TIME	GYM TIME	GYM TIME	GYM TIME
4:15-5:00PM	Free Choice/Closing	Free Choice/Closing	Free Choice/Closing	Free Choice/Closing	Free Choice/Closing

## Daily Teen Schedule Summer 2018

**Boys & Girls Club (Teen Calendar) • July**

*Submitted by: Danielle Bravo | Hualapai Planning Department*

# THE CLUB July Teens Calendar



**BOYS & GIRLS CLUB**  
OF PEACH SPRINGS



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> Everyday Teen talk 3:30-4:30 Marvel Week	<b>2</b> Date Smart Money Matters Triple play Movie of the day Avengers	<b>3</b> Career Launch Triple play Movie of the day Iron Man 1 Club Closing @ 3 p.m	<b>4</b> <b>CLUB CLOSED FOR 4TH OF JULY</b>	<b>5</b> Date Smart Money Matters Triple Play Movie of the day Captain America	<b>6</b> Triple play L.I.T Food Sale Movie of the day Black Panther	<b>7</b> Teen Field Trip Centennial Pool See Britt for details!
<b>8</b> Emoji Week	<b>9</b> Date smart Money matters Triple play Show me your smile activity!	<b>10</b> Career Launch Triple Play Here's what makes me... ME activity!	<b>11</b> Date Smart Money Matters Triple Play What it means to help a friend activity!	<b>12</b> Career Launch Triple Play Emoji day activity	<b>13</b> Triple play L.I.T Food sale Express yourself day!	<b>14</b> Teen Field Trip Flagstaff Mall See Britt for details
<b>15</b> Sports Week	<b>16</b> Date Smart Money matters Triple Play Jersey Day	<b>17</b> Career Launch Triple Play Favorite Athlete day	<b>18</b> Date Smart Money Matters Triple Play Space Jam	<b>19</b> Career Launch Triple Play 3 vs 3 Sball Tourney	<b>20</b> Teen field trip to the movies See Britt for details! Summer Sizzler	<b>21</b> Summer Sizzler
<b>22</b> Ocean Week	<b>23</b> Date Smart Money matters Triple Play Under the sea activity	<b>24</b> Career Launch Triple Play L.I.T Trip Leave @ 2 Finding Dory	<b>25</b> Date Smart Money matters L.I.T Trip In Call Sea creature art activity	<b>26</b> Career Launch Triple Play L.I.T trip In Call Finding Nemo	<b>27</b> Triple Play L.I.T trip return Little mermaid	<b>28</b>
<b>29</b> Back to School week	<b>30</b> Triple play fitness Are you ready for school activity	<b>31</b> CVS visit 12:00-1:00 What to take backpack challenge	<b>Wonder</b>	<b>Triple Play</b> Minute to win it 1st day of school	<b>Teen field Trip</b> See britt for details	

Boys & Girls Club (Summer Camp) • July  
 Submitted by: Danielle Bravo | Hualapai Planning Department

**BGC Summer Camp July 2018**  
**Club Hours: 7:45AM-5:15PM**




BOYS & GIRLS CLUB OF PEACH SPRINGS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 INCREDIBLES 2 	3 ZOMBIE APOCALYPSE CLUB CLOSES AT 3PM <i>No field Trips This Week For Youth</i>	4 Boys & Girls Club CLOSED In Observance of Independence Day	5 MINUTE 2 WIN IT!	6 THEME/DRESS UP: SUPERHEROS 	7 TEENS MOVIE FIELD TRIP TBD \$10/MEMBER SEE MISS BRITT FOR DETAILS
9 LORD OF THE RINGS PARKS & FOCUS CAMPING TRIP DEPARTURES 9AM	10 TACO TUESDAY 	11 TWIN DAY 	12 FINDING NEMO FIELD TRIP: CENTENNIAL POOL \$5/PER MEMBER 8-11 Y.O.	13 THEME/DRESS UP: 90S PARKS & FOCUS CAMPING TRIP RETURNS 3PM	14 TEENS FLAGSTAFF MALL TRIP SEE MISS BRITT FOR DETAILS
16 URBAN JUNGLE 	17 LUAU BEACH PARTY DANCE WITH KWLP 1-3PM *BEACH THEME ATTIRE	18 SPORTS DAY *DON'T FORGET TO WEAR YOUR FAVE TEAM!	19 BILL NVE FIELD TRIP: HOTEL PENNSYLVANIA 3 \$6/PER MEMBER 5-7 Y.O.	20 THEME/DRESS UP: GALACTIC 	21 TEENS MOVIE FIELD TRIP 7/20/18 TBD \$10/MEMBER SEE MISS BRITT FOR DETAILS
23 ARRRR...PIRATE DAY 	24 COCO LIT DEPART FOR THEIR TRIP 1PM	25 RAINBOW 	26 KIDS CHOICE FIELD TRIP: HOTEL PENNSYLVANIA 3 \$6/PER MEMBER 8-11 Y.O.	27 THEME/DRESS UP: CARTOONS LIT RETURN FROM THEIR TRIP 10AM	28
30 KNOW YOUR CLUB & STAFF KOHL'S BACK 2 SCHOOL SHOPPING TRIP	31 GLOW IN THE DARK 	1 HARRY POTTER 	2 CHRISTMAS FIELD TRIP: SPASH PAD \$5/PER MEMBER 5-7 Y.O.	3 THEME/DRESS UP: COLLEGE LAST DAY OF SUMMER CAMP	4



# HEALTH & SAFETY INFORMATION

## » Crucial Ways to Prevent Hepatitis «

Submitted by: Taylor Johnson, TAP Coordinator | Hualapai Health, Education & Wellness

### Crucial Ways to Prevent Hepatitis

*Viral hepatitis has many ways of invading the body, but you can take steps to reduce your risk of infection at home and away.*

*By: Connie Brichford, Medically Reviewed by Lindsey Marcellin, MD, MPH*

Hepatitis is a disease that attacks the liver. There are five types of hepatitis: hepatitis A, B, C, D, and E. Understanding how the different types of hepatitis spread is the first key to prevention.

**1. Know How Hepatitis Spreads.** Depending on the type, two main ways that hepatitis passes from person to person are contact with infected blood or other body fluids, and contact with infected feces. Hepatitis A and E are excreted through the feces of an infected person. You can become infected with hepatitis A or E if you ingest contaminated food or water. Hepatitis types B, C, and D are spread primarily through contact with infected blood.

**2. Get Your Hepatitis & B immunization.** Vaccines are available to protect you against hepatitis A and B. Here are several types of vaccines available:

- Hepatitis A vaccine (Havrix and Vaqta): This is given as a series of two shots six months apart.
- Hepatitis B vaccine (Recombivax HB, Comvax and Engerix-B): These vaccines are made from inactivated viruses and are given in a series of three or four shots over six months.
- Combination hepatitis A and B vaccine (Twinrix): This vaccine is given in a three part series and, when completed, offers immunity against hepatitis A and B.
- No vaccines are available to prevent hepatitis C, D, or E. However, hepatitis C is now curable for many patients due to new effective antiviral medications.

While there is no hepatitis D vaccine yet, that virus needs hepatitis B to survive, so getting the hepatitis B vaccine also ensures that a hepatitis D infection will not occur. However, if you are already infected with hepatitis B, getting the hepatitis B vaccine will not protect you against hepatitis D.

**3. Take Hepatitis Precautions When Traveling.** Access to clean water is not universal, and contaminated water can spread hepatitis A and E. International travelers can consult the U.S. Centers for Disease Control and Prevention Travel Web site to find out what special precautions may be necessary at particular destinations.

Keep in mind that when traveling to an area with an unsafe water supply, water contamination may not be obvious to the naked eye. Always avoid tap water, ice cubes, and raw fruits and vegetables that may have been washed in contaminated water.

Brushing your teeth or washing with contaminated water may also put you at risk; use bottled water that was factory-sealed to brush teeth and avoid ingesting any water when taking a shower or swimming.

And don't forget to wash your hands regularly, because frequent hand washing can help protect you against hepatitis types A and E- If the tap water available for washing is likely to be contaminated, use hand sanitizer.

**4. Avoid High-Risk Sharing of Personal Items.** Forget what you learned in kindergarten: Don't share, and that goes especially for the drug paraphernalia of injection drug users. Such high risk behavior is a hepatitis haven because trace amounts of blood may remain in a syringe or on a needle for a significant period of time. Even a tiny amount of infected blood is enough to put you at risk for hepatitis.

For the same reason, be sure that any needles used for tattooing, body piercings, or acupuncture are sterile—disposable needles straight from an unopened package are best.

And if you live with someone who has hepatitis or is at risk for hepatitis, refrain from sharing personal grooming items. Household members of people who have hepatitis are at higher risk for contracting it themselves, especially if they share personal care items that may have small, undetectable quantities of blood on them. This includes razors and toothbrushes.

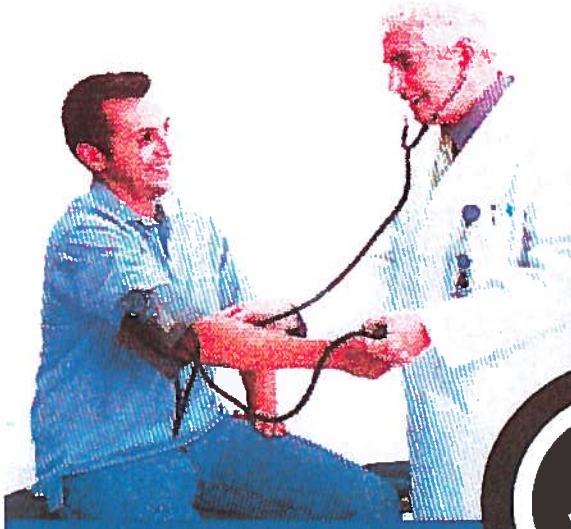
**Alcohol, Drugs, and Your Hepatitis Risk.** Not all hepatitis is caused by a virus; substances toxic to the liver can cause inflammation and liver damage. If you have viral hepatitis, exposing your liver to toxins can make the liver inflammation even worse. Toxins include excessive alcohol and over-the-counter medications such as acetaminophen (Tylenol); some prescription drugs and herbal supplements can also be hard on the liver and lead to hepatitis.

Since the risk for liver problems increases with time (and with the quantity of alcohol consumed), it's best to drink alcohol only in moderation. If you do tend to drink heavily or you have pre-existing liver problems, ask your doctor about the liver safety of any new prescriptions and avoid acetaminophen. Always read and follow the dosage directions on the bottles of other over the counter medications as well.



**National Men's Health Month • Checking and Screening Guidelines**

*Submitted by: Rebecca Rice, Public Health Educator | Indian Health Services*



# MEN: Get It Checked.

## Checkup and Screening Guidelines for Men



Checkups and Screenings	When?	Ages		
		20-39	40-49	50+
<b>Physical Exam</b> Review overall health status, perform a thorough physical exam, and discuss health related topics.	Every 3 years Every 2 years Every year	✓	✓	✓
<b>Blood Pressure</b> High blood pressure (hypertension) has no symptoms, but can cause permanent damage to body organs.	Every year	✓	✓	✓
<b>TB Skin Test</b> Should be done on occasion of exposure or suggestive symptoms at direction of physician. Some occupations may require more frequent testing for public health indications.	Every 5 years	✓	✓	✓
<b>Blood Tests &amp; Urinalysis</b> Screens for various illnesses and diseases (such as cholesterol, diabetes, kidney or thyroid dysfunction) before symptoms occur.	Every 3 years Every 2 years Every year	✓	✓	✓
<b>EKG</b> Electrocardiogram screens for heart abnormalities.	Baseline Every 2 years Every year	Age 30	✓	✓
<b>Tetanus Booster</b> Prevents lockjaw.	Every 10 years	✓	✓	✓
<b>Rectal Exam</b> Screens for hemorrhoids, lower rectal problems, colon and prostate cancer (see PSA Blood Test, below).	Every Year	✓	✓	✓
<b>PSA Blood Test</b> Prostate Specific Antigen (PSA) is produced by the prostate. Levels rise when there is an abnormality such as an infection, enlargement or cancer. Testing should be done in collaboration with your physician. <small>*Some medical associations recommend that men speak to their health care providers about a baseline PSA blood test at age 40. Men at high risk, including African Americans, should consider an annual prostate exam beginning at age 40.</small>	Every Year		*	✓
<b>Hemoccult</b> Screens the stool for microscopic amounts of blood that can be the first indication of polyps or colon cancer.	Every Year		✓	✓
<b>Colorectal Health</b> A flexible scope examines the rectum, sigmoid and descending colon for cancer at its earliest and treatable stages. It also detects polyps, which are benign growths that can progress to cancer if not found early.	Every 3-4 Years			✓
<b>Chest X-Ray</b> Should be considered in smokers over the age of 45. The usefulness of this test on a yearly basis is debatable due to poor cure rates of lung cancer.	Discuss with a physician		✓	✓
<b>Bone Health</b> Bone mineral density test. Testing is best done under the supervision of your physician.	Discuss with a physician			Age 60
<b>Self Exams</b> Testicles: To find lumps in their earliest stages. Skin: To look for signs of changing moles, freckles, or early skin cancer. Oral: To look for signs of cancerous lesions in the mouth. Breast: To find abnormal lumps in their earliest stages.	Monthly by self	✓	✓	✓
<b>Testosterone Screening</b> Low testosterone symptoms include low sex drive, erectile dysfunction, fatigue and depression. Initial screening for symptoms with a questionnaire followed by a simple blood test.	Discuss with a physician		✓	✓
<b>Sexually Transmitted Diseases (STDs)</b> Sexually active adults who consider themselves at risk for STDs should be screened for syphilis, chlamydia, HIV, and other STDs.	Under physician supervision	✓	✓	✓

Men's Health Network does not provide medical services but provides this maintenance schedule as a reminder of your need to take responsibility for safeguarding your health. Regular checkups and age-appropriate screenings CAN improve your health and reduce premature death and disability. You should consult your health care provider to determine if these screenings are right for you and about the benefits of earlier screenings, especially if you are a member of a high risk group or have a family history of disease. For more information about men's health, contact: Men's Health Network: 202-543-MHN-1, [www.menshealthnetwork.org](http://www.menshealthnetwork.org)





## National Men's Health Month • 5 Plays for You

Submitted by: Rebecca Rice, Public Health Educator | Indian Health Services

# NATIONAL MEN'S HEALTH MONTH

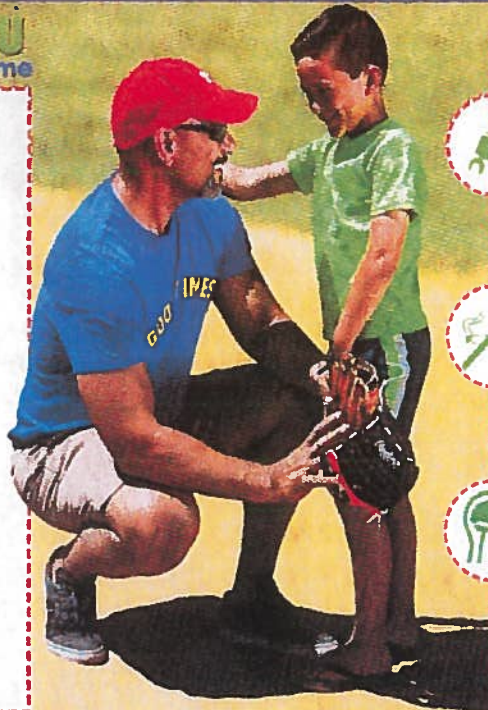
## 5 PLAYS FOR YOU To Stay on Top of Your Game

**Protect Your Heart:**

Heart disease is the No. 1 killer of men. Healthier food choices build a healthier heart - make fruits and vegetables half your plate.

**Bro, you don't even have to lift:**

Getting just 30 minutes of exercise each day can help you live longer and healthier.

**Preventative maintenance:**

Getting regular check-ups can catch small problems before they become big problems.

**Quitting time:**

Smoking causes cancer, heart disease, stroke, and ... a greater risk of erectile dysfunction.

**Hey man, you good?**

Life can get tough, and talking things through with a mental health professional can help. Find more info at [minorityhealth.hhs.gov](http://minorityhealth.hhs.gov).

## Celebrate Recovery • Monday Nights

Submitted by: Keely Sage | Celebrate Recovery



**CELEBRATE  
RECOVERY**

## THE ROAD TO RECOVERY

CR is based on life principles passed down from our higher power as spoken in the **Beatitudes- Matthew 5: 3-19**

### RECOVERING:

It's not only about addictions, it's about life choices.

- Resolving anger Issues.
- Releasing co-dependent relationships.
- Rediscovering your walk with Jesus.
- Restoring relationships with family and friends.
- Reaching for the Truth.

These are only some of the reasons to attend a **Celebrate Recovery Meeting.**

Everyone is welcomed with open arms and minds. We are here to support one another, not fix another.

**HOPE**

**Springs from within.**

**MONDAY NIGHTS 6:00 O'CLOCK HEW**

**Hualapai Transportation • Non-Emergency Medical Transport Program**

*Submitted by: Krissy Shongo | Hualapai Health, Education & Wellness*

**Non-Emergency  
Medical Transport Program**



**Hualapai Transportation  
Local and Out of area**

**Out of area includes,  
but not limited to:  
Kingman, Bullhead City, Las Vegas,  
Parke, Flagstaff, Tuba City, Prescott,  
and Phoenix.**

***Ba'wa Siv: Jik***  
***"Because We Think of Them"***

Hualapai Health Department  
488 Hualapai Way/P.O. Box 397  
Peach Springs, AZ 86434  
Telephone: 928-769-4188  
Fax: 928-769-2881

**Non-Emergency Medical Transportation  
Rider Rules**

Riders have a responsibility to conduct themselves in a manner, which shows consideration for the comfort of other passengers. Toward that end, the NEMT has adopted the following Passenger Rules:

- Alcohol-There is to be no alcohol allowed on transport vehicles, nor persons having an odor of alcohol.
- Conduct - Obscene language, loud noises, or boisterous conduct is prohibited.
- Smoking - Smoking or carrying any lighted substance on board an agency vehicle is prohibited.
- Noise - Playing of radios, tape recorders or similar devices (other than by means of an earphone) is prohibited.
- Food - Consumption of food or beverages is prohibited.
- Graffiti - Any writing, spraying, scratching or otherwise affixing of graffiti on, or in, facilities or vehicles is prohibited.
- Seatbelts - Passengers must remain in their seats and wear seat belts at all times.
- Seating - Elderly and Disabled passengers in wheelchairs, shall have priority over other persons seated in the wheelchair tie-down locations. Other seats are designated as courtesy seating for elderly and disabled.
- Please be ready for your ride early. Watches and clocks seldom agree, and an error of time may result in a missed transport.



**Transportation Staff**

- Sandra Irwin, Health Director
- Philbert Watahomigie Jr, Transportation Manager
- Kristina Shongo, Transportation Administrative Assistant
- Doris Butler, Transportation Driver
- Viola Gala, Transportation Driver
- Louise Wood, Transportation Driver
- Eliza Querta, Transportation Driver
- Joel Querta, Transportation, Driver
- Darnell Wilder, Transportation Driver

Each Staff member is trained in vehicle and passenger safety, which includes use of seat belts, biohazard clean up. Drivers also receive CPR, First Aid, and defensive driving training. Transportation is provided to individuals who have a medical appointment, locally or out of area. These transports include the local IHS clinic, Kingman, Phoenix, Prescott, Flagstaff, Tucson, and Las Vegas. Funding is provided by the Hualapai Tribe or AHCCCS (if client is eligible). Other transportation includes travel to Kingman to shop and other personal activities. These individuals are charged \$10 per person for each 100 miles traveled. Medical transports take





**Hualapai Transportation Services Offered for:**

- Medical appointments
- Discharge from health facility
- Dialysis Treatment
- Dental appointments
- Optometry appointments
- Community activities

Public Transportation offered by a state or local government is covered by Title II of the ADA.

We have vehicles that are accessible to those with disabilities, via ramps and securement devices

Our drivers are courteous and well-trained.

Compliments, Complaints, Suggestions, and all feedback are welcome.

Complaints may be made by phone (928-769-4188), or in writing, to the Transportation Manager. The complaint will be documented and investigated in a timely manner

The ADA and Title VI complaint procedure is posted in each Transportation vehicle.

**Steps to requesting Hualapai Non-Emergency Medical Transportation**

**Medical Transports:**

- Client notifies IHS Purchase Referred Care Clerk, explains need of medical transportation.
- IHS Clerk will complete transportation forms and fax to the Health Department's Transportation Office
- Transportation Manager schedules the transport and assigns driver.

**Non-Medical Transport**

- **The request for non-medical transport is completed and faxed or brought to the Health Department with the receipt obtained from the tribal office after paying the fee of \$10.00/100 miles.**
- Transportation Manager schedules the transport and assigns driver.

**\* THINGS TO CONSIDER: \***

- **Request transportation 2 days in advance. Requests "on day" of transport may not be honored, due to scheduling.**
- **If you are unable to make the scheduled transport, please notify the Transportation Program as soon as possible.**
- **Dialysis clients and requests for medical transport take top priority.**
- **Medical Facilities need to notify us directly, when clients are discharged.**

**Hualapai Tribe  
Hualapai Health Department  
Medical Transport Description**

The Hualapai Tribe, through the Hualapai Health Department's Non-Emergency Medical Transport (NEMT) Program, provides transport services for medical and Non-Emergency Medical purposes.

Medical Transport Trips are requested through the Indian Health Service's Purchase Referred Care office, because they receive the appointment or admission information from the medical providers. The Purchase Referred Care Office personnel schedule the appointment and give the information to the NEMT Program.

**The trips are provided between 8 AM and 5 PM, Monday through Friday. Saturdays are reserved for dialysis clients.**

Other types of transports are provided for individuals who do not have a vehicle and whose income is limited. **Medical transports take precedence over other types of trips.** Those trips include; food, bank, shopping, pick-up or drop off at various places, trips to medical facilities where an immediate relative has been flown or taken by ambulance.

There are also trips requested and scheduled for individuals, not financially in need, who need to pick up a vehicle, shop for a program, and other social or program issues that may arise. The trips are available (if there is a driver/vehicle) between 8 AM to 5 PM, Monday through Friday.

**Centers for Disease Control and Prevention (CDC) • Tobacco Use**  
 Submitted by: *Vondell Bender, GHW Educator | Hualapai Health, Education & Wellness*

## Tobacco Use

### Extinguishing the Epidemic



Tobacco use is the leading cause of preventable disease, disability, and death in the United States. Every day, more than 3,800 youth younger than 18 years smoke their first cigarette. Each year, nearly half a million Americans die prematurely of smoking or exposure to secondhand smoke. Another 16 million live with a serious illness caused by smoking.

The Centers for Disease Control and Prevention (CDC) is at the forefront of the nation's efforts to reduce deaths and prevent chronic diseases that result from tobacco use. The agency and its partners promote tobacco control interventions, including smoke-free environments, programs to help tobacco users quit, actions to prevent youth from starting to use tobacco, and steps to eliminate tobacco-related health disparities in different population groups.

### Public Health Problem

Cigarette smoking rates for both adults and youth are less than half what they were in 1965. Nearly 60% of the US population is covered by state or local laws that protect nonsmokers from exposure to tobacco smoke in public places, such as worksites, restaurants, and bars. Yet even with this progress, nearly 40 million adults still smoke cigarettes.

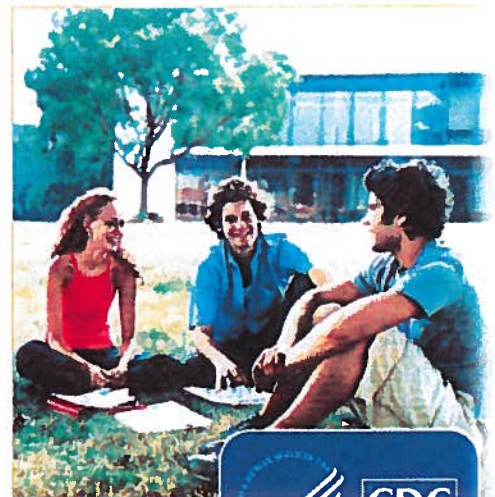
Nearly 9 in 10 adults who are current cigarette smokers first tried a cigarette before age 18. Today, about 4.7 million middle and high school students use at least one tobacco product, such as e-cigarettes, hookah, and conventional cigarettes.

Cigarette smoking damages nearly every organ of the body. Smokers miss more work, visit a doctor more often, are hospitalized more often, and die 10 to 12 years earlier than nonsmokers. Each year, the United States spends nearly \$170 billion on medical care to treat smoking-related disease in adults.

Secondhand smoke exposure also causes many serious health problems—such as heart disease, stroke, and lung cancer—in nonsmoking adults. In children, secondhand smoke can cause

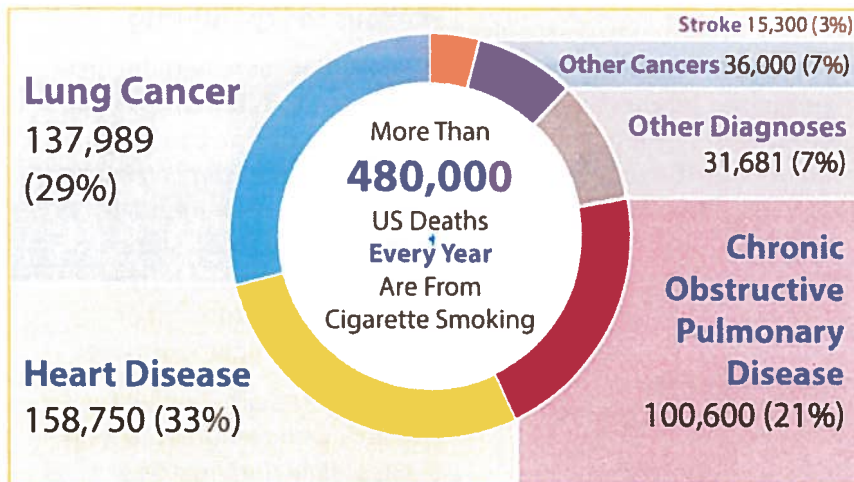
### Fast Facts

- ◆ Tobacco use kills nearly 500,000 Americans each year.
- ◆ Nearly 40 million US adults still smoke cigarettes, and about 4.7 million middle and high school students use at least one tobacco product, including e-cigarettes.
- ◆ Nicotine is highly addictive and may harm teens' developing brains. No tobacco product is safe for youth to use.
- ◆ About 25% of nonsmokers are exposed to secondhand smoke where they live, work, or play.
- ◆ CDC supports comprehensive tobacco control programs in all 50 states, the District of Columbia, 8 US territories or jurisdictions, and 12 tribal organizations.





### Annual Deaths from Smoking, United States



Note: Average annual number of deaths for adults aged 35 or older, 2005-2009.  
Source: [2014 Surgeon General's Report, Table 12.4, page 660.](#)

sudden infant death syndrome, acute respiratory infections, ear infections, and more frequent and severe asthma attacks. About 25% of nonsmoking Americans (58 million people) are exposed to secondhand smoke, including 15 million children aged 3 to 11 years.

In 2014, the US Department of Health and Human Services (HHS) published a [50th anniversary Surgeon General's Report on smoking and health](#). This report outlines strategies to end the smoking epidemic and recommends the use of comprehensive tobacco control programs. The goal of these programs is to use coordinated activities to:

- Prevent youth and young adults from starting to use tobacco.
- Promote quitting.
- Eliminate exposure to secondhand smoke.
- Identify and eliminate tobacco-related health disparities.

Hard-hitting media campaigns are an important part of comprehensive tobacco control programs because they provide vital health information to tobacco users and offer incentives and encouragement for quitting. These campaigns are also effective in preventing people from starting to use tobacco.

### CDC's Response

The National Center for Chronic Disease Prevention and Health Promotion (NCCDPHP) works in four key areas or domains: epidemiology and surveillance, environmental approaches, health care system interventions, and community programs linked to clinical

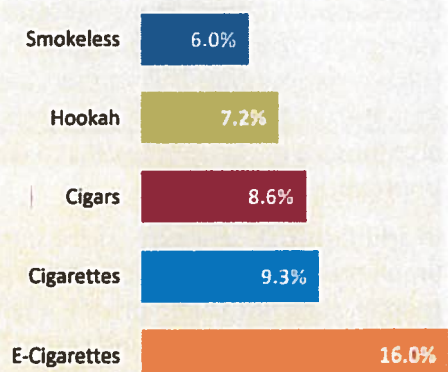
### E-Cigarette Use Rising Among Young People

Youth and young adults are increasingly using electronic nicotine delivery systems, including e-cigarettes, vape pens, e-hookah, and similar devices. In fact, more teens now use e-cigarettes than conventional cigarettes.

In 2015, about 5 in 100 middle school students (5.3%) reported using e-cigarettes in the past 30 days—an increase from 0.6% in 2011. Also in 2015, 16 in 100 high school students (16.0%) reported using e-cigarettes in the past 30 days—an increase from 1.5% in 2011.

All tobacco product use, including e-cigarettes, poses dangers to youth. Most e-cigarettes contain nicotine, which is a highly addictive drug. Adolescence is a critical period for brain development, and nicotine exposure during this time can cause addiction, might harm brain development, and could lead to sustained tobacco product use among youth.

### Tobacco Use in the Past 30 Days Among High School Students



Source: [National Youth Tobacco Survey, 2015.](#)

services. This comprehensive approach supports healthy choices and behaviors, makes healthier options more available, and helps Americans better manage their health.

CDC works with partners—such as public health agencies, other federal agencies, academia, community organizations, businesses, and faith-based groups—to improve the nation’s health by reducing the use of tobacco products. With \$210 million in FY 2016 funding, CDC’s Office on Smoking and Health supports these efforts by working in all of NCCDPHP’s four domains.

### Epidemiology and Surveillance

CDC conducts and coordinates surveillance, laboratory, and evaluation activities related to tobacco use and its effect on health. For example, CDC:

- Monitors changes and trends in the use of tobacco products.
- Assesses tobacco knowledge, attitudes, and behaviors using surveys of adults and youth.
- Evaluates the effectiveness of comprehensive tobacco control and prevention programs and policies.
- Publishes studies to answer important questions about tobacco use and tobacco control.
- Evaluates additives and chemical constituents of tobacco products and secondhand smoke.

### Environmental Approaches

Comprehensive state tobacco control programs reduce smoking rates, as well as deaths and diseases caused by smoking. They also save money and are a “best buy” in public health. States with strong tobacco control programs have earned significant returns on their investment. For example, California’s program saved the state \$55 for every \$1 invested in tobacco control over 20 years, mostly in health care costs to treat smoking-related illness.

CDC supports comprehensive tobacco control programs in all 50 states, the District of Columbia, 8 US territories or jurisdictions, and 12 tribal organizations. This support includes the evidence-based guide, [Best Practices for Comprehensive Tobacco Control Programs](#). The agency also funds 8 national networks to reduce tobacco use among specific populations.

In addition, CDC manages HHS’s Interagency Committee on Smoking and Health, which coordinates research programs between federal, state, local, and private agencies. CDC also is helping the US Department of Housing and Urban Development adopt smoke-free policies for the nation’s 1.2 million public housing units, which house more than 2 million people.

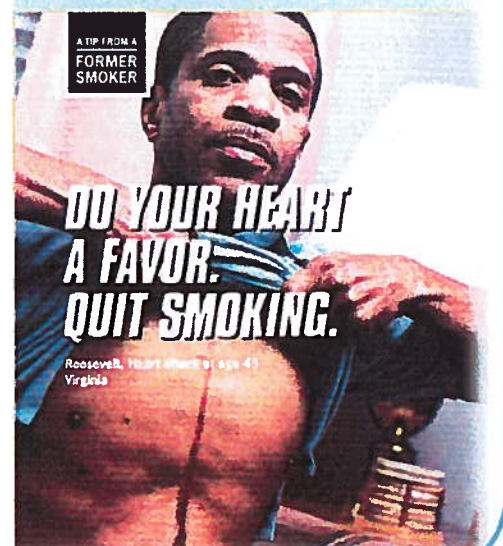
### Tips Campaign Motivates Millions to Try Quitting

In 2012, CDC launched the first-ever federally funded, national tobacco education campaign, called *Tips From Former Smokers*. The campaign features real people who tell their stories of living with serious health problems from smoking or secondhand smoke exposure.

The *Tips* campaign connects smokers with resources to help them quit, including a free national quitline (1-800-QUIT-NOW). It also encourages doctors, nurses, dentists, pharmacists, and other health care providers to help their patients quit for good.

This groundbreaking campaign has motivated at least 5 million Americans to try to quit smoking, and at least 400,000 smokers have quit for good since 2012.

The *Tips* campaign is also highly cost-effective. Interventions that cost up to \$50,000 for each year of life they save are considered to be cost-effective. The *Tips* campaign cost just \$393 per year of life saved.





## Health Care System Interventions

CDC supports efforts to help tobacco users quit through the health care system. The agency works with partners, including payers, purchasers, and providers in both private and public health systems, to:

- Expand access to and use of tobacco cessation treatment in accordance with the US Public Health Services' Clinical Practice Guideline, [Treating Tobacco Use and Dependence: 2008 Update](#).
- Remove barriers to covered cessation treatments, such as cost-sharing and prior authorization.
- Promote use of covered cessation treatments by tobacco users.

## Community Programs Linked to Clinical Services

### Promoting Quitline Services

Quitlines are telephone-based services that help tobacco users quit by providing callers with counseling, practical information on how to quit, referral to other cessation resources, and, in some states and for certain populations, FDA-approved cessation medications. CDC supports state quitline services in all 50 states, the District of Columbia, and 2 US territories. The agency works to expand the reach of these services, especially in populations with high rates of tobacco use. CDC promotes 1-800-QUIT-NOW, which connects callers nationwide to free services from their state quitlines.

CDC also promotes the national Asian Language Quitline, which provides services in Chinese, Korean, and Vietnamese, and the national Spanish Quitline (1-855-DEJELLO-YA), which connects callers to Spanish-language services available from state quitlines.

### Communicating Information to the Public

CDC translates research into practice by educating the public, policy makers, health professionals, and partners about the dangers of tobacco use. For example, the agency developed the *Tips* campaign to highlight stories of people living with disease caused by tobacco use and exposure to secondhand smoke.

CDC also uses social media to reach specific audiences, including youth and young adults, with information and links to resources to help them quit. The agency creates digital content and traditional media products that can be used by the public, partners, and policy makers.

### Promoting Action Through Partnerships

To advance tobacco prevention and control, CDC works with partners such as the American Cancer Society, American Heart Association, American Lung Association, Americans for Nonsmokers' Rights, Truth Initiative, Campaign for Tobacco-Free Kids, Robert Wood Johnson Foundation, and the North American Quitline Consortium.

## Future Directions

CDC will continue to work with decision makers, partners, health officials, and the public to end the tobacco epidemic by:

- Supporting comprehensive state tobacco prevention and control programs.
- Educating the public about the harms of tobacco use, including through paid media campaigns like *Tips*.
- Supporting health systems to improve cessation insurance coverage, remove barriers to evidence-based cessation treatments, and promote use of covered treatments.
- Reducing tobacco-related health disparities through national networks working to reduce tobacco use among specific populations.
- Supporting state quitlines and maintaining and promoting 1-800-QUIT-NOW, 1-855-DEJELLO-YA, and the Asian Language Quitline.



For more information, contact  
Centers for Disease Control and Prevention  
National Center for Chronic Disease Prevention  
and Health Promotion  
[Office on Smoking and Health](#)  
1-800-CDC-INFO (232-4636); TTY: 1-888-232-6348  
[Contact CDC-Info](#)

## » Smoking Facts «

Submitted by: Vondell Bender, GHW Educator | Hualapai Health, Education &amp; Wellness

# SMOKING

Smoking is a hard habit to break because tobacco contains nicotine, which is highly addictive. A smoker's body and mind begin to crave the nicotine contained in cigarettes.

## Smoking Facts



9 out of 10 tobacco users start before they reach 18 years old.

## Did You Know

There are over 4,000 chemicals in one cigarette.

Over 50 chemicals are known carcinogens (causes of cancer).

Chemicals in tobacco products are also found in rat poison, toilet cleaner and nail polish remover.



chemicals



toilet cleaner



nail polish remover

## Staying smoke free

### After 8 hours

The carbon monoxide level in your blood returns to normal.

### After 2 days

Your ability to taste and smell begins to return.

### After 3-9 months

Your lungs will have room for up to 10% more oxygen.

### After 1 year

Risk of heart disease is 50% less than a current smoker.

### After 5 years

Risk of stroke is reduced to that of someone who never smoked.

### After 10 years

Risk of dying from lung cancer is cut by 50%.

**1-800-QUIT-NOW**  
(1-800-784-8669)

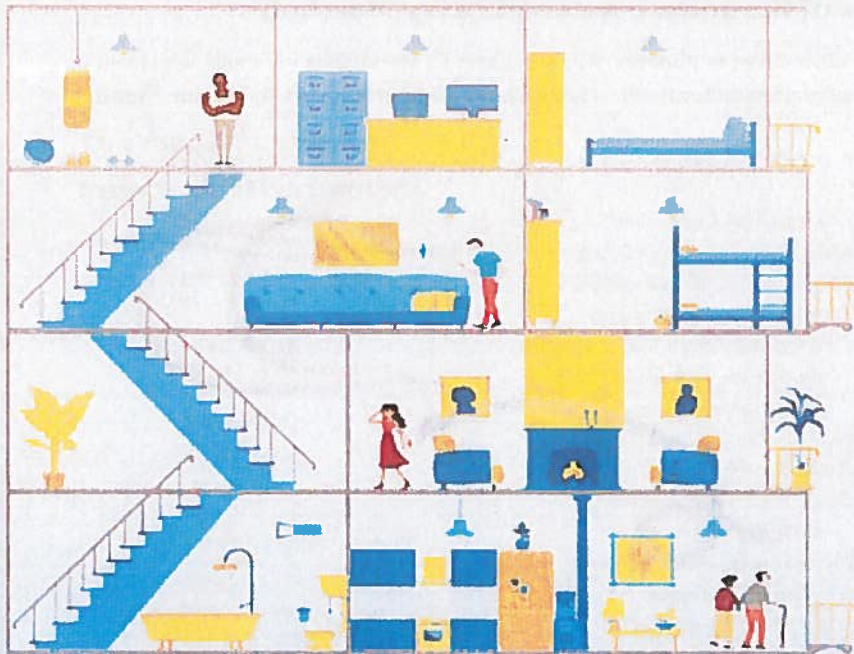
## Sources:

<https://nosmokingday.org.uk/>  
<http://www.patient.co.uk/health/smoking-the-facts>  
<https://health.clevelandclinic.org/2015/11/happens-body-quit-smoking-infographic/>



## Centers for Disease Control and Prevention (CDC) • Secondhand Smoke

Submitted by: Vondell Bender, GHW Educator | Hualapai Health, Education &amp; Wellness



Secondhand  
smoke can  
infiltrate into  
other units  
through  
hallways and  
stairwells.

Don't be shy when it comes to your health. Talk to your building manager about making your apartment smokefree.



CDC.gov

» **Black Bean and Chicken Chilaquiles Recipe** «

Submitted by: Vondell Bender, GHW Educator | Hualapai Health, Education &amp; Wellness

**Black Bean and Chicken Chilaquiles**

Total Time: 45 Mins. | Yield: 6 servings | Julianna Grimes Bottcher, Cooking Light

Traditionally, a Mexican breakfast black bean and chicken chilaquiles requires only 8 ingredients and can be enjoyed at any time of day. Serve with a mixed green salad topped with diced avocado, tomato wedges, and olives.

**How to Make It****Step 1.** Preheat oven to 450°

**Step 2.** Heat a large nonstick skillet over medium-heat. Coat pan with cooking spray. Add onion; sauté 5 minutes or until lightly browned. Add garlic sauté 1 minute. Add chicken; cook 30 seconds. Transfer mixture to a medium bowl; stir in beans. Add broth and salsa to pan; bring to a boil. Reduce heat and simmer 5 minutes, stirring occasionally. Set aside.

**Step 3.** Place half of tortillas strips in bottom of an 11x7-inch baking dish coated with cooking spray. Layer half of chicken mixture over tortillas, top with remaining tortillas and chicken mixture. Port broth mixture evenly over chicken mixture. Sprinkle with cheese. Bake at 450° for 10 minutes or until tortillas are lightly browned and cheese is melted.

**Chef's Notes:** A traditional Mexican breakfast favorite, chilaquiles is a sauté of day-old tortilla strips, fresh tomato sauce, cream and cheese. This hearty version is baked. Refrigerate leftover chilaquiles in individual containers with tight-fitting lids. To reheat, drizzle with a tablespoon of water, and microwave just until thoroughly heated.

**Nutritional Information:** Calories 293, Calories from fat 15%, Fat 4.9g, Saturated 1.7g, Mono-fat 1.5g, Polyfat 1.2g, Protein 22.9g, Carbohydrate 40g, Fiber 5.9g, Cholesterol 46mg, Iron 2.3mg, Sodium 602mg, Calcium 200mg.

**Ingredients**

Cooking spray

1 c thinly sliced onion

5 garlic cloves, minced

2 c shredded cooked chicken breast

1 (15-oz) can black beans, rinsed and drained

1 c fat-free, less-sodium chicken broth

1 (7 ¾ oz) can salsa de chile fresco (such as El Pato)

15 (6-in.) corn tortillas, cut into 1-in strips

1 c shredded queso blanco (4 oz)



# COMMUNITY MESSAGES

## » (Past) Funeral Notices of Beronica Lopez and Larry Marshall «

Beronica White Lopez is my niece, her mother Vanita White lives in Phoenix, AZ. and Larry C. Marshall is my uncle who lived in Hoopa, CA. We give all their family condolences and we're praying for them. - Lana Clarke, Duane (cousin) and Luane (Auntie)



*I'll Never Leave You*

*I'm in the wind, I am the rain,  
I'm in the old songs you loved and sang  
I'm in the sunrises that shine on your face,  
I'll never leave you, I'm in every place.  
I'm in a song, I'm in a book,  
I'm everywhere you need me.  
I'm everywhere you look,  
I'm where you need me, I can be touched.  
Just remember how I loved all of you,  
So very much, I'm in your eyes.  
I'm in the tears you cry,  
I'll never leave you, even when I die.  
So look in the mirror,  
I'm still looking after you.  
When every you go, I'll be there also.*

*In Loving Memory of  
Beronica White Lopez*

*Date of Birth  
January 1, 1975*

*Entered Into Rest  
May 15, 2018*

*Visitation  
5-26-2018*

*9:00am - 10:00am  
Prayer Assembly Church  
4520 West McDowell Rd.  
Phoenix, Arizona 85035*

*Service  
5-26-2018  
10:00am - 12:00 noon  
Prayer Assembly Church  
4520 West McDowell Rd.  
Phoenix, Arizona 85035*

*Interment  
Odd Fellows Cemetery  
Prescott, Arizona*

*Arrangements Handled by  
Phoenix Funeral and Cremation Service  
Phoenix, AZ*

*In Memory of  
She with her  
grandmother  
LORITA PETTIGREW*

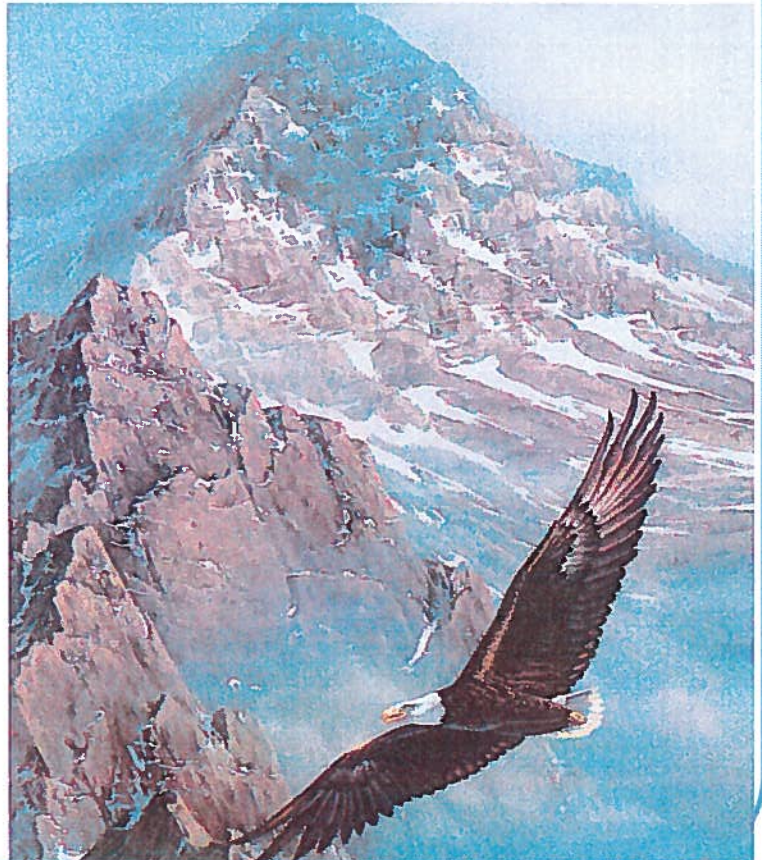


**Pallbearers are**

Clifford Lyle Marshall, Gary Risling, Gregory Moon, Neil Moon, Bob Roberts, Russell Roberts, Joseph Hutt, Wesley Hutt, Weldon Hailey, Mark Hailey, Baron Risling, Leslie "Sim" Risling, Gordon Surber, Gordon "Sport" Surber, Edward Moore, Jordan Hailey, Cliff Marshall, Greg Moon Jr., Christian Moon, Adam Allen and Joe Davis.

**Honorary Pallbearers are**

Glen Roberts, Pete Masten, Dr. Emmett Chase, Melvin Marshall Sr., John Marshall, Dale Risling, Mahlon Marshall, John Armand, Hugh Moon and Larry Williams.





## SAFELY HOME

*I am home in heaven, dear ones;  
oh, so happy and so bright!  
There is perfect joy and beauty  
in this everlasting light.  
All the pain and grief is over,  
every restless tossing passed;  
I am now at peace forever,  
safely home in heaven at last.  
Did you wonder how I so calmly  
trod the valley of the shade?  
Oh, but Jesus' love illumined  
Every dark and fearful glade.  
And He came Himself to meet me  
in that way so hard to tread;  
And with Jesus' arm to lean on,  
could I have one doubt or dread?  
Then you must not grieve so sorely,  
for I love you dearly still;  
Try to look beyond earth's shadows,  
pray to trust our Father's Will  
There is work still waiting for you,  
so you must not idly stand;  
Do it now, while life remaineth  
you shall rest in Jesus' land.  
When that work is all completed,  
He will gently call you home:  
Oh, the rapture of that meeting,  
oh, the joy to see you come!*

*In Loving Memory*  
**Larry C. Marshall**

<i>Entered Into Life</i>	<i>Entered Into Rest</i>
November 2, 1928	May 28, 2018
Hoopa, California	Eureka, California

**Funeral Service**

Friday, June 1, 2018 1:00 p.m.  
Neighborhood Facility  
Hoopa, California

**Interment at**  
Hoopa Tribal Cemetery

**Order of Service**

Weldon Hailey Officiant  
Song by Weldon Hailey "Safely Home"  
Bonny Roberts: Eulogy  
John Armand  
Song by Weldon "Can You Imagine"  
Gregory Moon  
Song by Greg Moon Family  
Song by Weldon Hailey  
Open for those who want to share  
Weldon Hailey to close

Reception to follow at the Hoopa Fire Hall

**In Loving Memory:**  
**Larry Carlson "Bud" Marshall**  
November 2, 1928-May 28, 2018

Larry Carlson Marshall also known as "Bud" or "Buddy" passed away peacefully on May 28, 2018. Buddy was born on November 2, 1928 in Hoopa to Ernest and May Lehman Marshall. With the death of his mother at a very early age, he and his older sister Ernestine Pearl were surrounded by a loving family. At the age of 8 he gained a new mother, Rosalind Risling, as well as an extended Risling family whom he enjoyed many great memories and adventures with. In the next four years he gained five new siblings Darlene, Ernest Jr. "Peewee", Bonny Jean, Betty Jane and Andrea "Jen". He attended Hoopa Elementary School and was a dedicated student. He was an ambitious young man mowing lawns, cutting kindling for the teachers and nurses, washing cars, sweeping porches and saving



his money to purchase a bicycle. After attending Eureka Junior High he graduated from Hoopa High School. The many friends from his school years were held closely throughout his life. He actively participated in every high school sport. After high school he was drafted into the Army during the Korean conflict and spent his time of service in Japan installing phone lines. He climbed to the top of Mount Fuji and made many friends during these experiences. Upon his return home he worked in the lumber industry. While in Hoopa he met and married Rosebud Jones from the Sioux Reservation in South Dakota who was in Hoopa working for the BIA. While attending American River Jr. College in Sacramento, CA he started a family. They had two children and divorced in 1955.

Throughout the years he had many occupations, selling cars, driving truck, heavy equipment operator and the lumber industry. But the job that he enjoyed most was working for the Hoopa Valley Tribe. He single handedly designed, developed and managed the Tribal Employment Rights Office (TERO) which he trained for in Washington, D.C. Another source of great pride and pleasure was serving as a K'ima:w Medical Center Board Member for many years. Bud always drove a fancy car and enjoyed restoring vintage cars. He had a keen sarcastic sense of humor evidenced by his many signs, T-shirts and cards. He enjoyed keeping in touch with his many friends and relatives by faithfully sending cards and letters, which he lovingly typed himself. His exceptionally strong work ethic was to be a dominant part of his essential character throughout his life. Bud loved fashion, stylish clothing, beautiful jewelry and cologne. He was never caught without being well dressed and well groomed. He was a big fan of the Warriors, 49ers and the Giants throughout his life. Bud always had a sharp mind, he remembered every story, address, phone number and many historical details. The family wishes to recognize with deep gratitude and appreciation K'ima:w Medical Center's, Dr. Emmett Chase and Dr. Eva Smith for their excellent care, the Outreach Program for their many home visits and the Senior Nutrition Program whose staff provided loving care throughout the years. Also a big thank you goes out to St. Joseph's doctors, nurses and hospice staff for their quality care. Special appreciation is provided to his family for their loving care and service over many years, providing meals, organizing all of his doctor's appointments and affairs, cleaning his home, sitting by his bedside through his many surgeries and faithfully meeting his needs as required.

Larry is preceded in death by his parents, his sister Ernestine and his brother Ernest, his son's Larry Ernest and Blair Carlson and nephews David Hailey and Jefferson Moon. Bud is survived by his sisters Darlene Marshall, Bonny Roberts, Betty Hutt and Andrea Kelsey, his granddaughter Angeline Wilkins and two great grandchildren Sierra Rose and Sabastian. He was loved by his many nieces and nephews, too numerous to name. Please forgive us for any unnamed family and friends no ill-intent was meant. Pallbearers are Clifford Lyle Marshall, Gary Risling, Gregory Moon, Bob Roberts, Russell Roberts, Joseph Hutt, Wesley Hutt, Weldon Hailey, Gordon Surber, Edward Moore, Jordan Hailey, Cliff Marshall, Greg Moon Jr., Christian Moon, Adam Allen and Joe Davis. Honorary Pallbearers are Glen Roberts, Pete Masten, Dr. Emmett Chase, Melvin Marshall Sr., John Marshall, Dale Risling, Mahlon Marshall, John Armand, Hugh Moon and Larry Williams.

Services were held in Hoopa at the Neighborhood Facilities on Friday, June 1<sup>st</sup>, 2018 at 1pm. Interment was held at the Hoopa Valley Tribal Cemetery with a reception to follow at the Hoopa Wildland Fire Hall.

## Yuman Language Family Summit • 2018

*Submitted by: Jessica Powskey, Hualapai YLFS Consultant*

### YUMAN LANGUAGE FAMILY SUMMIT 2018

The 2018 Yuman Language Family Summit was held on the Hualapai Indian Reservation this year at the Youth Camp. There were over 225 participants from 10 Yuman speaking tribes at this year's summit. Everyone worked hard to make sure the event was successful and it was all worth the sacrifice and dedication that the committee put forth. There were many smiling faces, children laughing and playing, adults talking, Elders sharing stories.

The weather was perfect during the day, and very cool in the early mornings. I am so proud of all the youth that participated.- Its been such a struggle to bring our youth out to these events- and the tribes who brought all the young people out is just an example to us all that they will come if the opportunity arises. Good job to all tribes that brought the young adults out and who are teaching them their culture and traditions.

Cheryl Beecher shared the story of La Paz, how the Hualapais endured suffering and escape. It was truly a heartfelt moment to share our history and the resilience of the Hualapai people. The language was beautiful, I actually was able to understand words spoken by other tribes. It made me feel good to understand and pick up shared words or even comprehend what was said.

The activities were fun, we made twine, arrowheads, gourd necklaces, dream catchers, pine needle baskets, pottery, jelly, soap, skirts, shawls, and many more projects- everyone was fully engaged in their activities that it was hard to stop at the end of the day and rest for the night.

The full moon during the camp out made the evenings special. I am honored to have the chance to be a part of such an eventful time. I may not have this privilege again and share my gratitude for the opportunity- however small my contribution was- to this event.

Drake woke us early each morning to meet the sun with drum songs, smudging and prayer. The wise words of wisdom that were carefully chosen and the encouragement to carry on our heritage no matter what oppositions we encounter as we try our best to do what we can. To remember who we are and that success comes to those who keep trying. These were powerful words to remember. It encouraged me to be better, to continue to learn my language, my culture and my traditions. By practicing my culture and teaching our youth, they will have the opportunity to remember who they are and to carry this rite to the next generation.

We had emergency services with us; the fire fighters were also available in the area and we had plenty of good food and water. Other departments came out daily to check out the event, several council representatives came and shared a few thoughtful words to the participants.

I'd like to thank the Cultural Resource Department for allowing me to be a part of their team, it means so much to feel that I am worthy and that I have value as a student, and the respect that comes with dedication and hard work I have invested. It pays off- Thank you!

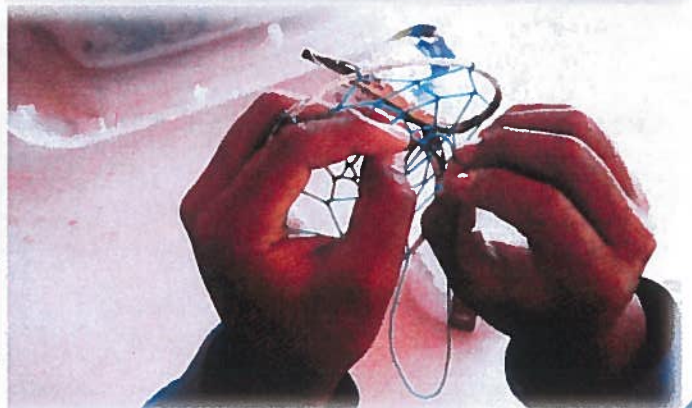
Thank you to the Hualapai Tribe for the workers who transported the equipment out to Youth Camp, as our summit was coming to a close, it was a bit of a rush to pack up and clear the area. Thank you Public Works for being ever so patient with us as we closed the summit.

And finally, the social gathering on the last night- Thank you to Hubert McCord and his chaperones for traveling out to sing at the summit. It is an honor to have an elder share his beautiful songs and bring the event to the heights of celebration. Thank you to Ivan Bender, for sharing songs, and to the back up crew for taking your projects and playing the first songs with the gourds made at the summit. Thank you to Pai Pai singers, such beautiful voices- so lovely to hear through the cool night as the Pai Pai sang the final songs of the evening.

Until next year... Han gyu













## » Seeking Hualapai Cultural Artisans «

*Submitted by: Clarenda Begay*

## FOREVER RESORTS

**GRAND CANYON NORTH RIM & BRYCE CANYON**

**Seeking Hualapai Cultural Artisans** to share their art skills, show and sell to the visitors at Grand Canyon North Rim and Bryce Canyon for the Summer of 2019. Extremely interested in working with Up & Coming Emerging Artists. Send your artist bio, 6 to 8 images of your art to include an image of yourself with art, current contact information: name, address, telephone and email address. Email information & images to [cbegay@gcnr.com](mailto:cbegay@gcnr.com) or call (505) 870.5847.

## » Boys with Braids «

*Submitted by: Madelena Cesspooch***Boys with Braids**

I would like to share the Boys with Braids seminar that was held June 30<sup>th</sup> 2018 in Tempe, AZ. I took my son Samuel Bravo as he has long hair and I thought this would be a positive and engaging event for him. I have never heard of anything like this so I was greatly curious and excited to take him. I was pleasantly surprised at the attendance at the seminar. They held it at a learning center in Tempe. When we arrived we signed in and they gave us name tags and we made our way to the conference room. They had an opening prayer and shared what the Boys with Braids National Campaign was. Speakers spoke on the traditional teachings and the purpose of the long hair men have.



What I thought was really interesting was the young youth panel. This panel consisted of 4-5 young men that were part of this committee. They ranged from Jr. High age through college. They were asked to share their experiences on various topics such as bullying, what was their proudest moments, challenges, and why they decided to grow their hair. This led me to ask my son, "Why do you keep your hair long, son?". As this is not my decision. He simply told me that it reminded him of when he was a little boy, a toddler when he had long hair. It was a memory to him and that is why he wanted to regrow his hair. This touched me, as I never really understood why he wanted his long hair back. Especially, now that he attends a public and primarily Caucasian school. His 6<sup>th</sup> grade school year was a challenge. He made honor roll and was well liked and encouraged by his teachers but it was the connection with his peers that was a challenge. Sam would often

come home discouraged and

hurt because he was not able to relate or connect with his classroom peers and vice versa. Sam did encounter questions about his hair, his gender, and nationality. In one incident Samuel had shared with me that as he was getting on the bus a boy had pulled his braid and ran away. This was extremely hurtful and it broke my heart. As a parent it hurts to see your child treated in such a negative way. I did speak to the school as well as his teachers and they addressed it the best way they could and Samuel has their support but as we all know they can't be at every negative incident. So the shunning continued until the end of the school year.

Attending this workshop gave Samuel some insight that



he is not the only one out there with long hair but most importantly that he is not alone in the challenges of keeping his hair. It will be up to Sam to keep a strong heart and strong mind, educate those who don't understand, keep his head up and not give in to the norm of what a boy should be or look like. He is a Native American and he loves his hair because it is a part of him and it is who he is and it is up to me as a parent to be there for him during the hard times and the rough roads in life.

Sometimes being different scares people and they don't know how to react to it, sometimes race is pulled into the factor and that can be the most hurtful because you can't change who you are. Samuel will be entering the 7<sup>th</sup> grade in Kingman, AZ and he will face the same challenges only this time he will have the reassurance that he is not alone and that having his long hair and being culturally aware and proud, that he can keep his head up as he walks those long halls. We would like to give a big thank you to the Youth Recreation Program (Planning Department) on helping with the expenses of this trip! It was an awesome experience for Samuel and I.

Thank you for your time in reading this article and if you see a young native man out there with his head down, tell him, "You're a warrior! Keep your chin up!"

Sam's Mom

### » Strengthening Fatherhood «

Submitted by: Jessica Powskey, Strategic Prevention | Hualapai Health, Education & Wellness

## Strengthening Fatherhood



## Strengthening Fatherhood

Story taken from the Red Road to Wellbriety—in the Native American Way; White Bison, Inc. 2002

***Sobriety, fatherhood, and a men's circle are part of this Native man's commitment to single parenting. Native men can support each other as dads by taking the Wellbriety journey.***

I grew up in a school district that bordered the reservation, and probably 90% of the teachers were non Native. There was no Native American curriculum in our school. We Indians were constantly expelled. We were constantly being told that we were no good, that we lived in poverty, that we ate *commods* or couldn't afford to go to the grocery store, or the ones who went to the grocery store were all on food stamps. When I turned 18 years old I believed everything all these people were telling me. They told me I was going to be nothing but a drunken Indian. My white counterparts were all going to college, but there were no Indians going to college because the guidance counselors wouldn't encourage that. They said, "Why spend time on you Indians because you're not going to school anyway, that's not part of who you are, that's not important to you." When I turned 18, I felt that—I was ashamed of who I was.

When I went into the Navy I started drinking really hard. I was your typical sailor. Sailors were expected to be drunken in every port. As an Indian, I had every right to be the drink-till-you-can't-even-walk-back-to-the-ship kind or person. People said, "Aren't you ashamed of yourself?" I was playing a role that was already foreseen for me. I said, "I am who I am. I'm a drunken Indian sailor, that's my life. Who am I to change my life? It's already been presented to me. All I got to do is stay alive and live out that life." A lot of men grow up that being ashamed of being Indian men because there are no positive role models out there to tell us who we are.

Our community prepared to do a memorial feast on a national prayer day recently. Someone gave me tobacco to go talk to a medicine man and ask him to come so we could do a prayer. When I talked to the Elder he said, "I'll take this tobacco from you, but I want you to take some more tobacco and go to the other Eagle Staff carriers in the community, to those veterans." I learned something there. In Indian country we honor our veterans all the time. As a veteran,



I love carrying the flag during powwow. It makes me feel good. But the Elder told me that the veterans have a daily role in our communities. Veterans--men and women--all have a daily role, but no one is telling them that, and no one is asking for their roles to be achieved

The Elder told me that when something traumatic happens in our communities it's not the domestic abuse personnel, or the AODA (Alcohol or Drug Addiction) program people, or the Tribal Chairman who should run there and fight the crisis. The medicine man told me that those aren't the people who we should be going to. It's the people with those Eagle Staffs, it's those people we honor at the powwows. Those are their rightful roles. Those men in the community who are fathers--that is their role.

I think its time we get back into some of those traditional roles and allow our veterans to have a more functional role in our communities. We honor them every time we do a powwow, we honor our flags and we honor our Eagle Staffs, but the only time these men and women ever come out in the community is when we honor them. They serve a bigger purpose than just being honored all the time. They are there for the healing of our communities. But these community programs have to let that happen.



Family violence programs are pretty powerful on our reservation. What they say is usually what the Tribal Council follows. If they proclaim that women are the victim and men are the perpetrators, and that's the way it's going to be forever and ever and ever, then that's the way it's going to be. As a counselor, and as an Indian man, and as a Tribal member in our community, I see many Indian men come into my office who are victims themselves. When they and their mates start drinking they become emotional and mental victims when they get into an altercation. We've given women who are alcohol and drug users power, and they can use it in a dysfunctional way. The woman will say, because she has power, "...get out of the house." They kick their men out of the house because the man can't kick them out of the house in our society. In our society the house belongs to the woman--and I agree to that. But some women who are still using, use that tool, and soon we have wandering men in our community, not welcome back in their own home--because if they approach their own home they are going to be thrown in jail.

When I got kicked out of the house I didn't feel very good--I was ashamed. Looking back on it from my sobriety now, I was abused. She abused both of us because both of us kept that house. When we got in a disagreement, I was the one who got kicked out. I had to wander around. My wife and I didn't have the tools to resolve that conflict. I see a lot of our men like that. we need to give men back their roles.

When I got sober, I went to a Medicine Man and he told me that all Anishinabe had pipes. Not the big community pipes, but the family pipe. He brought me to Pipestone Creek and I quarried out a piece of pipestone and made a pipe. He told me it was for me and my family, and not to bring it out into community functions. He said, "If you want a well Family, use some of those tools." We smudge down in our house, and other things like that. We use some of these teachings in our men's group back home to create our philosophy.



I was introduced to the *Seven Philosophies For a Native American Man* in 1996 out at Badger Flats when White Bison held the Gathering of Native American Men. I had met someone from White Bison about six months prior to that who said, "I hope that you can come out for the Gathering." I went back home after meeting with him and told my rez group that there was a great Native American Men's Gathering coming up near Colorado Springs at the end of May. I said, "Would you guys like to go?"

They said, "Yeah, we'd like to go, but how are we going to get there?"

I said, "We have no budget money to go, but if we want to go, I think we could make it there." We all made a compact at that time to do what we had to do to get there. We had to fund-raise money to get there. But as we know, confidentiality is a big, big thing. My boss in the community program where I work, who is a non-Native, asked me how we can do fund raising but keep the guy's confidentiality intact? That was a good question that I had to deal with.

At our men's group, we talked about getting to the Men's Gathering by fund raising, and the issue of our confidentiality that it brought up. We always held our circles in rooms with the blinds drawn to keep our confidentiality because our youth were coming in on the same nights to use the gym. I said, "Everybody knows when we drink, but how come we have to hide behind blinds and confidentiality when we are trying to get sober?" So we talked about it and agreed not to close the blinds, but to go out in the community to fund raise and tell the community who we are.

We went into the community and said we were the Bad River Men's support Group and that we fund raising to go to the Men's Gathering. We had great support from the Elders, we had great support from all the local stores, and we made it to Colorado for the Men's Gathering. We had a great time and we learned a rot of stuff. All the guys in our group who wert to the Gathering were fathers. As a counselor, I didn't have any training about how to talk to fathers about fatherhood, let alone talking about our culture. I had to learn from them what ceremonies were important to men. I know now from working in two different reservations that men have a pretty good idea of what they want and what they need. We need to ask them what their needs are.

We have a lot of programs that are centered around women, especially the family violence programs. They are centered around the woman as a victim and they center around the man as a perpetrator. I was a perpetrator.



I sobered up about three weeks before the white buffalo calf was born in Janesville, Wisconsin in August, 1994. I feel so connected to that because I needed to be sober to understand the significance of the white buffalo calf. Before I sobered up, my wife and I kept saying that alcohol was the problem in our relationship. It was always alcohol that she and I could both blame. When I went into treatment for the sixth time in my life, my wife told me that if I couldn't stop drinking it would be best for me to get out of my kid's life because I was a danger to them when I was drinking. For the first time in my life, I believed that I was a danger to somebody else.

I've done many things to myself, even attempted suicide, but since. The day my wife said that to me I haven't had a drink.

Today, I have good friends and I'm a single parent. After getting sober we found out that our problems were not just centered around alcohol. The alcohol was gone but we still got into fights. We learned how to fight better, we learned about time outs and other things like that, but that didn't solve our problems. I went from a married life to being a single person living all by myself. But now I have my children who live with me. I single parent my children, along with other men around me who are doing that also. It's a good feeling.

I was scared in the beginning. Could I do this? Could I get up in the morning, get them on the bus to school, help them with their homework--but I'm doing it and it feels good. I know that it's my role as a father. It surprised me that their mom would give up the children to me now that we are separated. The children helped make the choice. They said, "I want to go live with you, dad."

These are some of the things I feel about sobriety, being an Indian man, and fatherhood.



*Please submit your Gamyu articles by the deadline to ensure your article will make the publication date. The Gamyu newsletter is a bi-weekly publication. You are able to access the latest newsletter, as well as some archived newsletters on-line for your convenience at:*  
<http://hualapai-nsn.gov>



**Article Deadline:**  
Monday, July 23<sup>rd</sup> by 12:00 p.m.  
Due to "Family Fun Day"

**Next Publication:**  
Friday, July 27<sup>th</sup>



**KWLP "The Peach" Volunteer of the Month" - June • Dave Ryder AKA "The Lone Ryder"**  
 Submitted by: Terri Hutchens | KWLP "The Peach"

# WE LOVE OUR VOLUNTEERS

*"The Peach."*

*The Hualapai Nation's Live and Local Radio Station*

*Proudly Announces and Congratulates*

*June, 2018 Volunteer of the Month:*

*Dave Ryder, aka "The Lone Ryder"*



*The Lone Ryder, aka "Your Rockin' Rebel" brings 50 years in the radio industry to "The Peach" as a volunteer. Although not a local resident, he does reside within the signal range of 100.9fm, stumbled across it, loved it and wanted to contribute to its unique programming. He shares a wealth of rock & roll history and an amazing music library from "back in the day" with "The Peach" listeners Every Monday at 5 during "The Jukebox Drive." He has also donated giveaways from his business to Volunteer Incentives and Listener Give Aways. Dave currently sits on the station's Advisory Committee and offers his decades of knowledge and experience in the industry to staff and volunteers as a mentor. Throughout this spring he has invested considerable time to present holiday special programming on the station And has more of the same in store for "Peach" listeners for upcoming holidays. He has also stepped up and covered shows for absent DJs as only he could do! Staff And volunteers alike feel blessed to have him on our crew! Let him know you are listening and what you want to hear! For his volunteer of the month incentive, The Lone Ryder received a Traditional Ribbon shirt, custom made with gratitude by DJ Sugarbear, valued at well over \$100.00.*

*If you would like to join the Peach volunteers, Call 769-1110, KWLP Volunteers appreciated in front by:*





« Daily Strips from the 1970s (Peanuts) »

Submitted by: Vondell Bender, GHW Educator | Hualapai Health, Education & Wellness

