



GAMYU

Newsletter of the Hualapai Tribe

General Election Notices • Saturday, June 2nd

Submitted by: Ginger Kathadhe, Election Board Member | Hualapai Election Board

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Special points of interest:

- Regular Tribal Council Meeting will be on Saturday, June 9th at 8:01 a.m. in the Tribal Chambers.
- TERC Meeting will be on Wednesday, June 20th at 9:00 a.m. at the Hualapai Cultural Resources Department.

NOTICE



GENERAL ELECTION

JUNE 2, 2018

SATURDAY

MULTI-PURPOSE BUILDING

8:00 AM TO 5:00 PM

TRIBAL MEMBERS WILL BE VOTING FOR FOUR (4) COUNCIL MEMBERS

Election Board - Hualapai Tribe

List of Final Candidates

General Election – June 2, 2018

- | | | |
|--------------------|-------------------|--------------------------|
| • Elson Bender | • Sylvia Jackson | • Charles Vaughn, Sr. |
| • Louise Benson | • Jolene Marshall | • Blake Watahomigie |
| • Hilda Cooney | • Vivian Parker | • Freddy Watahomigie |
| • Jason Davis | • Richard Powskey | • Michael J. Whatoname |
| • Jimmy Davis | • Joseph Querta | • Sharon Whatoname |
| • Raelene Havatone | • Wynona Sinyella | • Wilfred Whatoname, Sr. |
| • Earlene Havatone | • Jonell Tapija | • Sheri Yellowhawk |


DON'T FORGET
TO VOTE



Hualapai Tribe Council Member Candidate—Vote Saturday, June 2nd • Jason Davis*Submitted by: Jason Davis*

Gamyu Hwal:bay Ba:j,

In preparation for the forthcoming Council elections, I'd like to take this time to introduce myself to the Hualapai Tribal Members and the Peach Springs community. My name is Jason Davis. I am the grandson of the late Naomi Walker from Big Sandy and the son of Willetta aka "Letta" Davis. In case you are unfamiliar with my mother she is the cousin/sister of Sharon Wakayuta. I was born and raised in Southern California and visited Peach throughout my life.

I remember when I was a child staying at my grandmother's house she built in Downtown Peach on Diamond Creek Circle. This was next door to her sister Hazel's (Walker-Fielding's) house. There sister Grace would also visit often. The smell of burning cedar wood still reminds me of those days when we would explore the Rez with my cousin Joey.

While growing up in Los Angeles my mother kept us involved in Hualapai and Native culture by having us attend the Tribal American program. This was a program for Native Americans growing up in urban areas where she also volunteered. When my grandmother got into her elder years we moved closer to her home in Riverside where she worked at Sherman Indian High School for over 30 years. Those that might have attended Sherman during the 1960's, 70's or 80's might remember my grandmother as Mrs. Brittain. She was the wife of Maurice Brittain who also worked at Sherman in the maintenance department. Others may remember walking from Sherman to her house to visit with Joey or my sister when they stayed with her for some time.

After earning a Bachelor's Degree I too worked at Sherman Indian HS for 7 years as a Dean and Counselor. My brother Omar Davis also worked there for several years as the computer teacher. He currently has a radio show on KWLP "The Peach" which he broadcasts remotely from his home in Las Vegas. After working at Sherman I opened my own music venue business. I then pursued and completed a Master's Degree at Cal State San Bernardino majoring in Social Sciences with an Emphasis in Native American Studies.

While at Cal State I had the honor to work with nearby Tribes and their members such as San Manuel, Pechanga, Santa Isabel, Morongo, Torres Martinez and the Tongva. I've also had the opportunity to present and work with several Universities such as Cal State SB, UCR, Cal Poly Pomona and Claremont College on their Native American programming and education. I was subsequently appointed to the Equal Opportunity Commission by James Ramos. Mr. Ramos is a former chair of San Manuel and was elected as the first ever Native American to serve as County Commissioner of San Bernardino County. He is currently running for State Assembly of California.

Working with Tribal people and Nations in CA gave me tremendous insight on how to deal socially and politically within and beyond sovereign nations. A desire to come home finally came to fruition when in 2015 I was hired on at GCW. I have been living on the West end since that time and have observed the potential of our Tribe and Corporation. I believe my work and life experience coupled with my formal education make me a valid candidate for council. With your support collectively we can effectuate change.

Hankyu,
Jason Davis

**Hualapai Tribe Council Member Candidate—Vote Saturday, June 2nd • Freddy Watahomigie***Submitted by: Freddy Watahomigie*

Gumyu'je

My name is Freddy Watahomigie. I've worked for the Hualapai Housing Department from 1996 to 2015. I am currently the Project Manager for Grand Canyon Resort Corporation. I oversee all construction projects and maintenance projects. What I do with all the projects, I do for our Hualapai people to look its best and to last for years to come. As I said I work for the Grand Canyon West Resort Corporation, and as I drive to work to see a lot of the Hualapai Departments vehicles used for personal use and this is not a good sight to see! All the money from Hualapai going to non-tribal members. This is one of the issues that need to be addressed or taken care of by tribal council. I've never wanted to join politics, but over the years I've sat back and watched how the council work some of the decisions they've made and how it affected our community as a whole. Work is done with team work and that is what I will bring to tribal council and to work along with other tribal council members. Ha'm o'gyu.

IT'S TIME FOR A CHANGE! VOTE FOR FREDDY WATAHOMIGIE.

Fire Restrictions • Order Number 1801

Submitted by: Adeline Crozier | Hualapai Tribal Administration

Stage II RestrictionsOrder Number: 1801

**ORDER
FIRE RESTRICTIONS
HUALAPAI INDIAN RESERVATION**

Pursuant to 16 U.S.C. 551, and 36 CFR § 261.50(a), the following acts are prohibited on all Hualapai Indian reservation lands to protect human life and prevent wildland fires due to the High to Extreme potential risk of wild fires.

Stage II Fire Restrictions prohibit the following:

1. Building, maintaining, attending or using a fire, campfire, charcoal, coal, or wood stove, except within a developed recreation site, or improved site.
2. Smoking, except within an enclosed vehicle or building, a developed recreation site, or while stopped in an area at least ten feet in diameter that is barren or cleared of all flammable material.
3. Using or in Possession of explosive or discharging, or using any type of firework or pyrotechnic device.
4. Discharging a firearm, air rifle, or gas gun, except while engaged in a lawful hunt pursuant to state, federal or tribal laws and regulations.
5. Operating a chainsaw, or other equipment powered by an internal combustion engine, is prohibited from 8:00 am. to 6:00 p.m.
6. Welding or operating acetylene or other torch with open flame.

Any violations of these prohibited acts are punishable under the Hualapai Tribal Law and Order Code Chapter 6, Property Destruction Sec 6.141 part B.

EXEMPTIONS:

The following are exempt from this order:

1. Hualapai Tribal Fire Department will be authorized to issue a burn permit for annual community events and ceremonial purposes considering potential risk of wildfires.
2. Federal, State or Local organized firefighting force in the performance of their official duty.
3. Resident owners and lessees of land, within the restricted area provided such fires are within a permanent structure or grazing permit area.
4. Persons occupied in a business, trade or occupation in the area.
5. Smoking, within an enclosed vehicle or building, a developed recreation site, or in an area at least three feet in diameter that is barren or cleared of all flammable material.
6. The use of petroleum-fueled stoves, lanterns or heating devices providing such devices meet the Fire underwriter's specifications for public safety are allowed.

Fire Restriction Order is effective this 15 day of May, 2018

Stage II Fire Restrictions will remain in effect until rescinded.

Jeramie Ybright - 114
(Jeramie Ybright, FMO)

Ronan K. Chuker
(Chairman Hualapai Tribe)

James E. Williams
(Superintendent)

Economic Development and Political Ideologies

Submitted by: Dr. Damon Clarke | Chairman of the Hualapai Tribe

The Great Spirit created Man and Woman in his own image. In doing so, both were created as equals. Both depending on each other in order to survive. Great respect was shown for each other; in doing so, happiness and contentment was achieved then, as it should be now.

The connecting of the Hair makes them one person; for happiness or contentment cannot be achieved without each other.

The Canyons are represented by the purple in the middle ground where the people were created. These canyons are Sacred and should be so treated at all times.

The Reservation is pictured to represent the land that is ours, treat it well.



The Reservation is our heritage and the heritage of our children yet unborn. Be good to our land and it will continue to be good to us.

The Sun is the symbol of life, without it nothing is possible - plants don't grow - there will be no life - nothing. The Sun also represents the dawn of the Hualapai people. Through hard work, determination and education, everything is possible and we are assured bigger and brighter days ahead.

The Tracks in the middle represent the coyote and other animals which were here before us.

The Green around the symbol are pine trees, representing our name Hualapai - PEOPLE OF THE TALL PINES -

HUALAPAI TRIBE OFFICE OF THE CHAIRPERSON

Damon R. Clarke, Ed D
Chairman

P.O. Box 179 / 941 Hualapai Way • Peach Springs, Arizona 86434
(928) 769-2216 • 1-888-769-2221

Philbert Watahomigie, Sr
Vice Chairman

May 25, 2018

Tribal Employees
Hwal'bay Ba;j
Peach Springs Arizona

Fellow Members,

The tribal council has authorized Waylon Honga to share powerpoint presentations on Economic Development and Political Ideologies (the differences between democrats and republicans). The goal of these presentations is to educate tribal members on why we should revise our constitution and the importance of voting.

Waylon will coordinate with Department Directors so presentations have the least amount of disruption on employees and their duties. Most likely Waylon will use the Tribal Office and the Health Department as each building has conference rooms.

Economic Development

This presentation illustrates what an economy is, how it grows, taxation, the importance of infrastructure, the private sector versus the public sector, etc. Waylon will also explain HTUA's recent role in "amending" our constitution so HTUA could finance an electric line to GCW.

Waylon plans to explain in layman's terms; sovereignty, sovereign immunity, and what it means to waive sovereign immunity. Waylon will also explain the federal government's trust responsibility for Native Americans.

Political Ideologies

This presentation shows the importance of voting. Democrats and Republicans constantly battle for control of our governments as each party has very different ideas of how best to govern. For

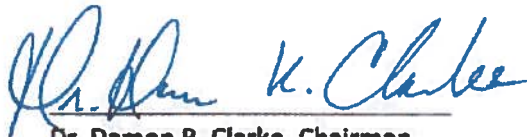
example, one political party, if they had their way, would eliminate food stamps, welfare and other social programs because they believe citizens should take "personal responsibility" for his/her well-being. This party does not want citizens to depend on the government.

Conclusion

The Tribal Council is requiring tribal member employees to attend these presentations and we realize it will be hard for some employees to take time from their duties to hear presentations but we ask for your cooperation so we can reach as many tribal member employees as possible.

Waylon will be contacting Department Directors as he would like to share presentations beginning the week of June 4th.

Sincerely,



Dr. Damon R. Clarke, Chairman
Hualapai Tribal Council

Hualapai Tribal Fuelwood Permit System

Submitted by: Richard Powskey | Hualapai Tribal Forestry

Woodcutters,

This letter regards the Hualapai Tribal fuelwood permit system and Hualapai Forest Products Harvesting Ordinance No.61 D, (Hualapai Resolution No. 16-2000). You may request a copy of the ordinance from the Forestry Office during working hours M-F 7:00 to 4:00. I am requesting that you help me with the enforcement of the ordinance requirements.

Hualapai Forestry staff came upon and reported a serious fuelwood violation that occurred near Thorton tank and Lone Pine areas. Over 500 hundred, large old growth, and small green juniper and pinion trees were cut and left. This type of destructive cutting involves numerous violations, including trespass and illegal cutting of Hualapai forest resources that belong to the people of Hualapai Tribe. The investigation is on-going, and will be handled through the Board of the Tribal Environmental Review Commission for administration action to proceed. This is one of several incidents taking place, impacting forest and woodland resources across the Hualapai reservation lands. There is reason to believe that this type destructive woodcutting operations are occurring on both the East and West side of the reservation. Violators will be prosecuted to the fullest extent in Hualapai Tribal court of law.

On May 5, 2018 at a special Hualapai Tribal Council meeting, this matter was brought before council for review. The Tribe has offered a reward of \$1000.00 for information leading to the person(s) responsible for this destructive cutting operation. The Hualapai Tribal Environmental Review Commission (TERC) has addressed this matter and has referred administrative actions to be taken by Hualapai Tribal Forestry to implement new guidance and processes for future fuelwood cutting and transporting of wood on and off the Hualapai reservation.

Please review the following requirements often questioned. These and other requirements are further addressed in the Hualapai Forest Products Harvesting Ordinance No.61 D;

All wood cutting on Hualapai lands will be monitored through the Hualapai Tribal Forestry permit system, and list of registered wood cutters provided to Hualapai Game and Fish and Natural Resource Rangers for compliance and enforcement.

There should not be any non-Hualapai members harvesting fuelwood on the reservation without a permit. Individuals married to a Hualapai member must request a permit, either commercial or personal free-use.

Wood cutters must cut in designated areas. For commercial cutters, the area is stipulated on their permits. Free-use cutters are not allowed to cut in commercial areas, i.e. Willow Tank Area, Township Area or Boston Patch Area. Also, there is no

cutting of live trees within 500 feet of the Indian Route 18 (Supai Highway) or Buck and Doe Road.

All wood cutters are required to use conservative cutting methods. This means no partial cutting of trees, utilization of all wood down to three inches and all wood 33% or more sound, stump heights not exceeding one-half of diameter except no stump shall exceed twelve inches, and all slash lopped and scattered no higher than two feet above ground level.

Permittees are not allowed to collect personal-use wood at the same time they have a valid commercial permit. When fulfilling your commercial permit, you must have your permit with you at all times.

Any wood leaving the reservation must have a hauling permit and tagged for transport.

The issue of gates being left open, always close gates behind you.

Free-use cutting shall be for the member's personal use. Such products shall not be sold or exchanged for other goods or services.

Finally, cutters are required to remove all trash created by them from their harvesting area.

With your help, we can better protect, as well as, utilize the resources belonging to you, the Hualapai Tribe “People of the Tall Pines”.

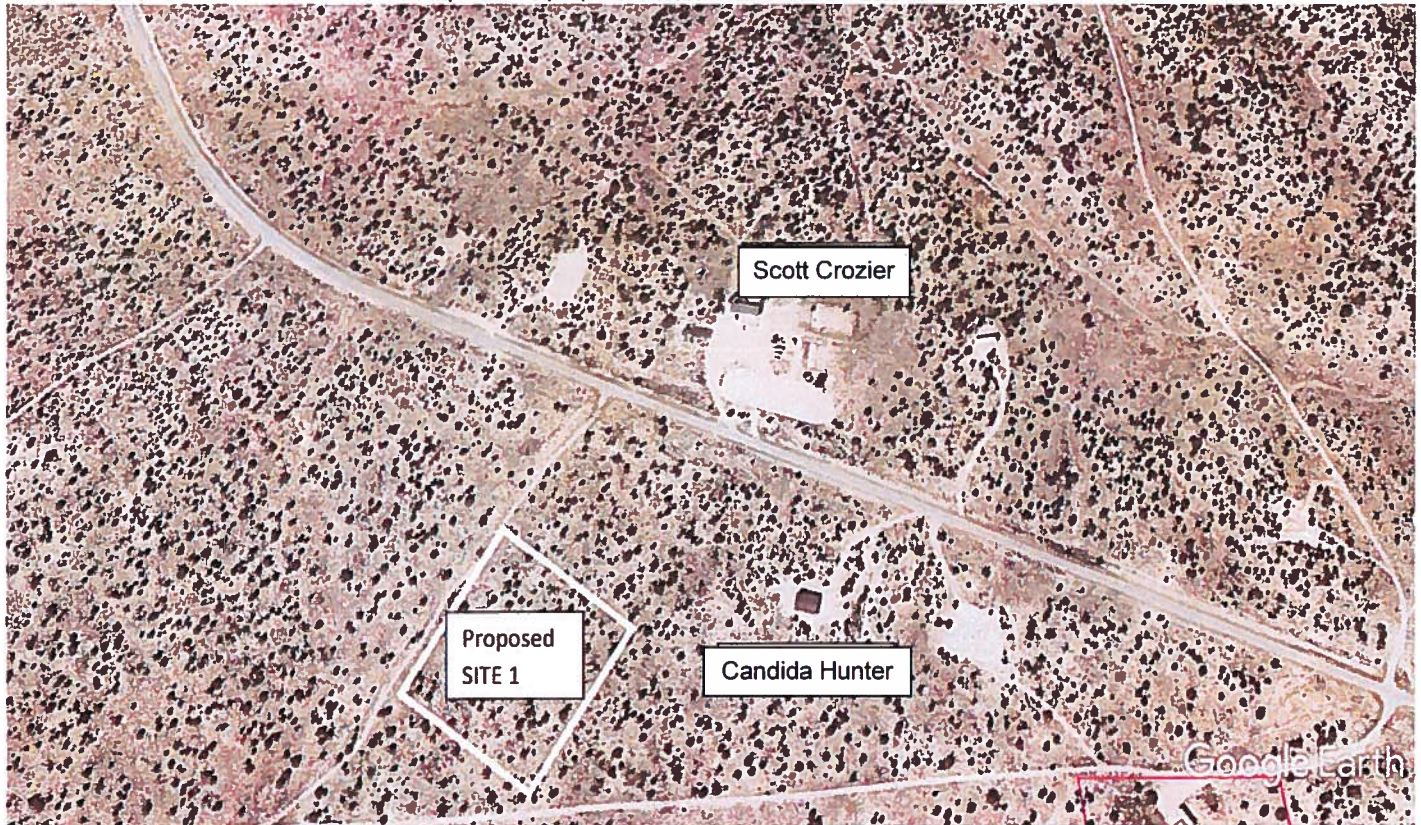
Richard Powskey
Tribal Forest Manager

Public Notice • Felepita Osife Proposed Homesite at 1611 Buck and Doe Road

Submitted by: Michelle Zephier | Hualapai Planning Department

PUBLIC NOTICE

Felepita Osife proposed homesite at 1611 Buck and Doe Road.



Felepita Osife is requesting the Aundre Wakayuta canceled site of five acres just past Candida Hunter’s homesite just off Buck and Doe Road in Peach Springs. The area is highlighted in White above; it is 466.69 feet X 466.69 feet. Planning is requesting a CATEX from Natural Resources and Cultural Resources Department; this homesite will be on TERC agenda for June 20, 2018 meeting. If you have any Comments and/or questions, please call Mrs. Zephier at 928-769-1310.

GPS Points:	N 35 31.978	N35 31.945	N35 31.873	N35 31.914
	W 113 30.611	W113 30.523	W113 30.585	W113 30.661

List of Unclaimed Per Capita Checks for 2012-2017*Submitted by: April Siewiyumptewa | Hualapai Tribal Administration***LIST OF UNCLAIMED PER CAPITA CHECKS FOR 2012-2017**

*THE PEOPLE LISTED BELOW MAY HAVE ONE OR MORE OUTSTANDING UNCLAIMED CHECKS

TAJUAN ADAMS
ANGEL ADVINCULA
WILLIAM BARTLETT
ERIC COUNTS JR.
FRANK CORDOVA
GREGORY DAVIS
ANDREW GRANADOS
GARNETT HANNA
CARLISLE HAVATONE
FREDERICK HUNTER
TIMOTHY HUNTER JR.
FALISHA JOHNSON
MARK JOHNSON
AUSTIN KEELE
LEONARD KELUCHE

TAMMY LEDBETTER
ADAM LEPLY
SAMANTHA LODGE POLE
IAN LUM-RUSSELL
CINDY MACK
FLORA MAHONE
JUDITH PALMER
ARTHUR SIMMONS
OPAL TOKESPETA
PAUL TOKESPETA
MICHAEL TOVEN
DEVIN UNDERWOOD
COBY WASHINGTON
JOSE WHATONAME

***PLEASE CONTACT APRIL AT THE TRIBAL OFFICE WITH ANY UPDATED INFORMATION. PLEASE NOTE CHECKS WILL ONLY BE RELEASED TO THE INDIVIDUAL AND WILL NOT BE RELEASED TO FAMILY MEMBERS.**

*****THESE CHECKS ARE UNCLAIMED DUE TO EITHER NO ADDRESS ON FILE AND/OR MISSING SOCIAL SECURITY NUMBERS.**

Updated 3/16/18

Missing or Incorrect Social Security Numbers*Submitted by: April Siewiyumptewa | Hualapai Tribal Administration***MISSING OR INCORRECT SOCIAL SECURITY #'S**

*Please note that the list below includes Tribal members and non-tribal members who have a missing or incorrect social security number on file. Please contact April at the Hualapai Finance Department ASAP to get this corrected.

***THOSE WITH MISSING OR INCORRECT SOCIAL SECURITY NUMBERS WILL NOT BE PERMITTED TO RECEIVE THEIR PER CAPITA CHECKS THIS YEAR OR ANY FURTHER CHECKS UNTIL YOUR NUMBER HAS BEEN UPDATED.**

ADAM LEPLY
TAJUAN ADAMS
ARTHUR SIMMONS
CARLISLE HAVATONE

ALISHA WELLINGTON
SAMANTHA LODGE POLE
PAUL TOKESPETA
DEBRA EVANS

OPAL TOKESPETA
WILLIAM BARTLETT
MICHAEL TOVEN
DEVIN UNDERWOOD

FLORA MAHONE
GARNETT HANNA
IAM LUM-RUSSELL

Green Arrow Project • Volunteers Wanted*Submitted by: Jessica Powskey, Strategic Prevention Coordinator | Hualapai Health, Education & Wellness*

VOLUNTEERS WANTED GREEN ARROW PROJECT

The Hualapai Cultural Resources has the community garden up and ready to tend to corn, melons, squash, tomatoes, pumpkins, etc. and maintenance of weeds and watering plants.

We would like to see a Recovery Garden, Elders Corner—come and sing to our plants.

The June Garden Schedule
Monday-Friday from 9:00 a.m. to 11:00 a.m.

For more information about the Community Garden, contact:
Marcie Craynon at Cultural Resources (928) 769-2223 or Elisabeth Alden at Natural Resources (928) 769-2254



Notice of Hearing • Thursday, June 14th
Submitted by: Court Clerk | Hualapai Tribal Court

**IN THE HUALAPAI TRIBAL COURT
HUALAPAI RESERVATION, STATE OF ARIZONA**

HUALAPAI TRIBE/HUMAN SERVICES

VS.

KAITLYNN RANDALL,
GABRIEL BANDIN,

Case No. 2018-JDN-004

NOTICE OF HEARING

TO: KATLYNN RANDALL & GABRIEL BANDIN

You are hereby notified that the above entitled matter is scheduled for an
INITIAL HEARING on **June 14, 2018 at 11:30 AM.**

You are further notified that it is your right to be represented by legal counsel at
your own expense.

Your failure to appear at the above mentioned date and time without good cause
may result in an order to show cause issued against you and/or the petitioner
awarded the contents of their petition of this case.

DATED THIS 7th day of May, 2018


Clerk of Court

VERIFICATION OF SERVICE

SERVED TO: PLANNING DEPT. GAMYU NEWSLETTER

SERVED BY: T.SHONGO. CLERK

DATE/TIME: 05/07/2018

Indigenous Food Safety Grower Trainings • Saturday, June 2nd*Submitted by: Elisabeth Alden | University of Arizona, Extension Cooperative*

SEEKING NATIVE GROWERS

Indigenous Food Safety Grower Trainings

Do you grow fresh produce?

Do you have an interest in food safety?

Heard about FSMA and don't understand it?

Want to learn if you are exempt from FSMA trainings?

If you answered "Yes" to any of these questions come to the University of Arizona Indigenous Fresh Produce Trainings!



When?

June 2, 2018, 8:30am- 2:00pm: Learn about *People, Environment & Animal Intrusion on Growing Areas*

June 16, 2018, 8:30am- 2:00pm: Learn about *Soil Amendments and Agricultural Water Microbiology*

June 30, 2018, 8:30am- 2:00pm: Learn about *Post Harvest Sanitation and How to write a Farm Plan*

Where?

University of Arizona Maricopa Agricultural Center
37860 W. Smith-Enke Rd. Maricopa, AZ

Who should attend?

Anyone who has an interest in food safety from a Native American Prospective. Everyone is welcome!

Cost?

FREE! Free Continental Breakfast and Lunch Provided!

Please RSVP to Valerisa Joe at vmjoe@email.arizona.edu or visit:

https://docs.google.com/forms/d/1h2nOurxY0UeW31cq_ZmkFjcRUF1Gi_JNBpRlqgoDPBNC/edit



For more information contact: ARIZONA

Valerisa Joe, PhD Candidate
Soil, Water and Environmental Science
University of Arizona
E-mail: vmjoe@email.arizona.edu

Channah Rock, PhD,
Associate Professor & Extension Specialist
University of Arizona
E-mail: channah@cals.arizona.edu

Family Day Event Planning Meeting • Monday, June 4th*Submitted by: Jessica Powskey, Strategic Prevention Coordinator | Hualapai Health, Education & Wellness*

Family Day Event

July 20, 2018

Planning Meeting**June 4, 2018****Hualapai Health Education and Wellness Center****10:00 AM**

If your interested in sponsoring an activity or would like to share your ideas for this years Family Day event, contact Lyndee Hornell at (928) 769-2223 or Jessica Powskey at (928) 769-2207.

A Social Gathering is planned for the Family Day event at the Hualapai Mountain Park in Kingman Arizona. Families are encouraged to share stories of historical land sites and knowledge of ancestry ties to the Kingman area and the Hualapai Mountain Park. All singers are welcomed to celebrate Family and our connection to the Hualapai Mountains.

A re-group meeting conducted after the 2017 Family Day Event reserved the Hualapai Mountain Park for 2018.


Your input as community members is important to plan successful events that you want to attend.

Hope to see you at the next scheduled planning meeting.

Father's Day BBQ • Wednesday, June 6th

Submitted by: Carmella Fuentes, First Things First -Maternal Child Health Trainee | Hualapai Health, Education & Wellness

Father's Day BBQ



WEDNESDAY, JUNE 6TH, 2018

HEALTH DEPT. LARGE CONFERENCE ROOM

12:00PM - 1:00PM



Any questions, please contact Vivian or Carmella at 769-2207

SUPPORTED BY

FIRST THINGS FIRST

3rd Annual Housing Department 10K, 5K & 2 Mile Walk/Run • Thursday, June 7th
 Submitted by: Elaina Talayumptewa | Hualapai Housing Department

3rd Annual Hualapai Housing Department 10K, 5K Run & 2 Mile Walk/Run

Date: Thursday, June 7, 2018

**Time: 5:00 am 10K 5:30 am 5K
 6:00 am 2 Mile**

Register by: 5:00 pm 06/6/2018

Registration is free!

**Drop off Registration to:
 Hualapai Housing Department
 600 Highview Street
 Peach Springs, Arizona 86434**

The 10K/5K run and 2 mile walk/run will start north of the Hualapai Housing Warehouse, 798 Highview Street. 10K course is 6.12 miles 5K course is 3.1 miles. The course is a mix of dirt, rock and asphalt. Course map will be at the registration table. There will be water stations for the 10K and 5K course and spotters to ensure safety throughout the course.

There are 7 age categories:

- * 18 and under
- * 19—29
- * 30—39
- * 40—49
- * 50—59
- * 60—69

**For more information or to register
 call: Elaina or Jamie at (928) 769-2274**



PRIZES

- Sweatshirts will be given to the top five (5) male and top five (5) female finishers of the 10 and 5K runs.
- Prize for the top male and female finishers of the 10 and 5K runs.
- Prizes for the 1st Place finishers of each age category
- 2 mile Walk/Run is non-competitive

Sponsored by:



**Hualapai Housing
 Department**

Name _____

Address _____

Phone _____

Sex _____ Age on race day _____

Signature _____ Date _____

Signature of parent or guardian if under 18 _____ Date _____

Shirt Size: S M L XL XXL XXXL

Waiver: I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I hereby certify that I am in good health and I have trained to run the distance of the race, which I am entering. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and the conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry into this running race, I, for myself and anyone entitled to act on my behalf, waive and release the Hualapai Housing Department, its officers, directors, agents, volunteers and employees, or locations in which events or segments of events are held, all sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. I understand that baby joggers are discouraged for the safety of all participants. I am aware that the Housing Department strongly discourages the use of personal audio devices (iPods and MP3 headsets). I authorize any healthcare provider to release any and all information pertaining to my healthcare, medical condition and medical treatment as a result of my participation in this Hualapai Housing Department event to the Hualapai Housing Department and its staff.

29th Hualapai Sobriety Festival: Campout VI/Agenda • Begins Friday, June 8th - 10th

Submitted by: Vondell Bender, GHW Educator | Hualapai Health, Education & Wellness



29th Hualapai Sobriety Festival Campout VI

Where: Hualapai Reservation Youth Camp

When: June 8th - 10th, 2018

Everyone Welcome

Guest Speakers Sweat lodge
 BINGO Games for kids
 Arts & Crafts
 Raffles Music & Dancing
 Marathon Meetings
 Wellness Walks
 Hualapai Book Your Story
 Nike
 Lets Get Our
 Word On.



Be Prepared to take \$\$\$ for T-Shirts:

- Sizes Small - Large: \$7.00
- Size X-Large - 4x: \$10.00
- Metal Mugs: \$10.00

(Free as an incentive, if you attend 1 full day Friday or Saturday with your tickets punched @ the registration table.)

HOSTED BY THE HUALAPAI
SOBRIETY FESTIVAL COMMITTEE



Transportation will be provided by our local Transit Buses, so look out for a schedule for times.

For more information Contact: Elson Bender @ 769-1070

Social Gathering

Where: Youth Camp @ Sobriety Festival

When: Saturday June 9, 2018
@ 7pm

All Gourd Singers, Drum Singers & Dancers are welcome

THIS IS A ALCOHOL & DRUG FREE EVENT!

For more information Contact: Elson Bender @ 769-1070

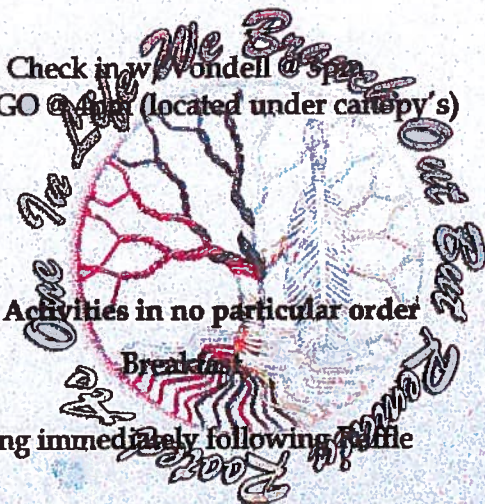


29th Annual Sobriety Festival Campout VI

Everyone is WELCOME! Camp is located on the Hualapai Indian Reservation East of Peach Springs, 25 miles North of Route 66 on Indian Route 18. Bunks are limited to Elders (10) and Disabled (4) ONLY, No Children allowed in bunk areas. Food and Arts & Craft vendors are welcome as well.

Thursday June 7, 2018		Place	Time	Other Activities in no particular order
G.O.N.A "The Healing Forest"	Multi		3p-6p	*Start hauling stuff for camp & set up. *Dinner @ Multi 6 pm
Belonging Concept				
Friday June 8, 2018		Place	Time	Other Activities in no particular order
Wellness Walk	Youth Camp		6a	Sweat (Morning & Evenings)
Welcome/Registration w/Vondell			8a - 9a	Arts & Crafts
Jarvis Hunter			9a	Marathon Meetings
Delores Honga			10a	Games for kids
April Tinhorn			11a	Shooting Range
Lunch (Check in w/Vondell)			12p	Domestic Violence presentation: TBA
Open Mic.			1p	Maternal Child Health : TBA
Sharita Querta			2p	
Garnett Querta			3p	Check in w/Vondell @ 3pm
Bonita Imus			4p	BINGO @ 4pm (located under canopy's)
GONA Mastery Concept			5p	
Dinner			6p	
Band Playing			7p	
Saturday June 9, 2018		Place	Time	Other Activities in no particular order
Wellness Walk	Youth Camp		6a	Sweat (Morning & Evenings)
Register w/Vondell			8a - 9a	Breakfast
Reggie Hernandez			9a	Arts & Crafts
Dion Clarke			10a	Marathon Meetings
Sam Bender Jr.			11a	Cultural arts & crafts
Lunch (Check in w/Vondell)			12p	Games for Kids
Jessica Powskey			1p	
Crystal Bender			2p	
Open Mic.			3p	
Freddy Watahomigie			4p	Check in w/Vondell @ 3pm
GONA Interdependence Concept			5p	BINGO @ 4pm (located under canopy's)
Dinner			6p	
Social Gathering			7p	
Sobriety Countdown			8p	
Sunday June 10, 2018		Place	Time	Other Activities in no particular order
Steve Sage	Youth Camp		9a	Breakfast
GONA Generosity Concept			10a	
Raffle			11a	Closing immediately following Raffle

Check in w/Vondell @ 3pm
BINGO @ 4pm (located under canopy's)



Expedition 66 Arkansas Mission Team • Monday, June 11th

Submitted by: Keely Sage | Celebrate Recovery

HERE'S THE
NEWS



EXPEDITION 66

ARKANSAS MISSION TEAM

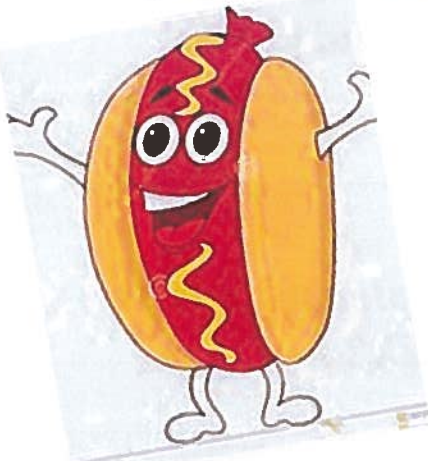
MONDAY JUNE 11TH

5:00-8:00 P.M.

MULTI-BUILDING

SINGING and WORSHIP.

HOT DOGS, HAMBURGERS



**EVERYONE
GAMYU**



18th Annual Hualapai Language Children's Immersion Camp 2018

**Hualapai Youth Camp ~ Peach Springs Arizona
June 11, 12, 13, 14, 2018**

REGISTRATION

***8 – 14 year's
(space is limited)***

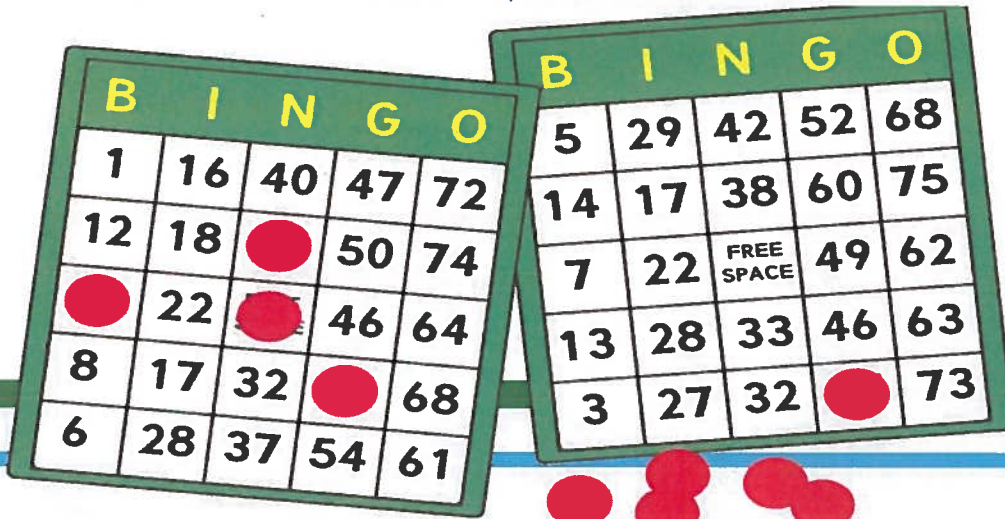
We are accepting applications for this year's Hualapai Language Children's Immersion Camp. Forms are available at the Hualapai Cultural Center. We are looking for volunteers and chaperones. Parents are welcome; will need to fill out forms and confirm your attendance.

Students in attendance will need to be able to stay in an outdoor camp environment; follow instructions Be respectful, helpful, and have a desire to follow Hualapai immersion language classes, and projects assigned to them during camp

***On Wednesday, June 13th will be the Children's Pow Wow
Students will enjoy an evening with campers and family,
Please bring your Hualapai regalia***

***If you have any questions regarding camp; please call the
Hualapai Cultural office at: 928-769-2223/2234***

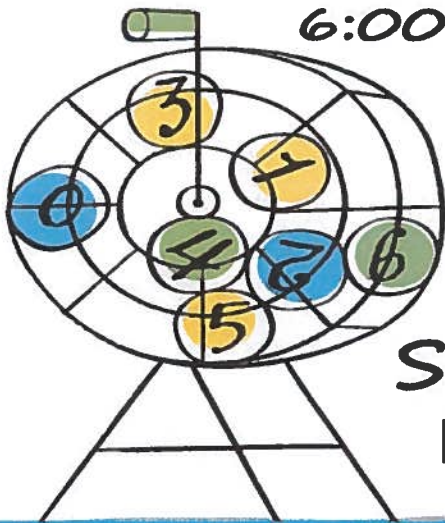
4-H BINGO Night • Tuesday, June 12th
Submitted by: Danielle Bravo | Hualapai Planning Department



Tuesday, June 12, 2018

Multi-Purpose Building

6:00 p.m. - 9:00 p.m.



*Join us for some games,
fun, prizes and food!*

**Support your local
Buck-N-Doe 4-H Club!**

FOOD ORDERS WILL BE PREPARED BY THE BUCK-N-DOE 4-H CLUB.
Thank you for your support!

Men's Health Fair • Thursday, June 14th
 Submitted by: Rebecca Rice, Public Health Education | Indian Health Services

Men's Health Fair

June 14, 2018 from 9-3 Hualapai Multi-Purpose Building
"Appreciating the Men in Our Lives"

- Men die at higher rates from 9 of the top 10 causes of death.
- Men make up over 92% of workplace deaths.
- Men live 5 years less than women.
- 1 in 6 men will get prostate cancer in their lifetime.

Wear BLUE

for your father, husband, son, coworker...



Men's Health Fair II • Thursday, June 14th

Submitted by: Vondell Bender, GHW Educator | Hualapai Health, Education & Wellness

"Appreciating The Men In Our Lives"

Men's Health Fair II

When: June 14, 2018

Where: Multi-Building

Time: 9am - 3pm

COME JOIN US FOR SOME

Speakers

Informational Booths



Raffles


Lunch



For more Information Contact: David Brehmeyer
 @ 769-2207 or Email: dbrehmeyer@hualapai-nsn.gov

Celebrate Recovery BBQ • Thursday, June 14th

Submitted by: Keely Sage | Celebrate Recovery



**THURSDAY
JUNE 14TH 4-6 P.M.
HEALING HOUSE**

**PLEASE STOP BY TO
MEET AND GREET THE
ARKANSAS MISSION TEAM.
LEARN MORE ABOUT
CELEBRATE RECOVERY
AND THE
LIFE CHANGING
EXPERIENCE.**

**PULLED PORK SANDWICHES
SIDE DISHES , SNOW CONES.**

GAMYU

Celebrate Recovery

Hwal'bay Hmany Did Gev'k Coalition • Thursday, June 21st
Submitted by: Taylor Johnson, TAP Coordinator | Hualapai Health, Education & Wellness

Hwal' bay Hmany Did Gev'k Coalition

- **Election of Tribal Coordinating Committee**
 - **Review of TAP**
 - **Upcoming community events**

Open to-

- **State, local, or tribal governmental agencies in the field of substance abuse**
- **Organizations involved in reducing substance abuse**
 - **Community members**

Thursday, June 21, 2018

1:00 pm

Health Education and Wellness Building

488 Hualapai Way

Peach Springs, AZ 86434

For more information about the
Hualapai Tribal Substance Abuse Action Plan
call Taylor Johnson at (928) 769-2207

Hualapai Natural Resource Youth Training Camp • Deadline: Friday, June 1st

Submitted by: Jessica Orozco | Hualapai Natural Resources



2018 Hualapai Natural Resource Youth Training Camp

June 18 – 22, 2018

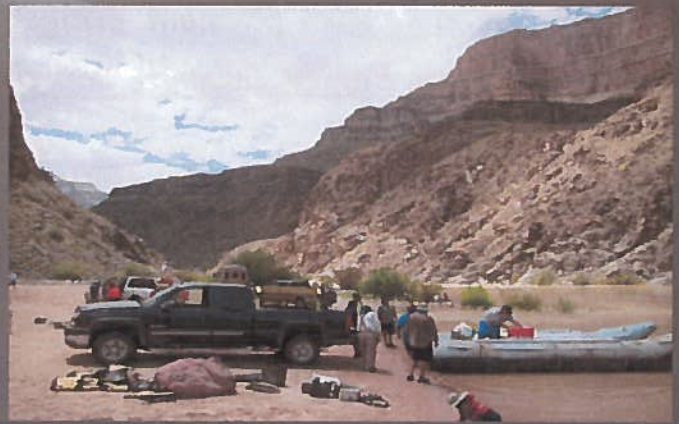
Hualapai Youth Camp

Deadline June 1, 2018 or until filled
25 participants

Age requirement: 8-18 years old

For Further Information Please Contact :

Winkie Crook or Alvin Crook at (928)769-2255



Yuman Language Family Summit Immersion Camp & Registration Form • Monday, June 25th

Submitted by: Lucille J. Watahomigie | Hualapai Department of Education & Training

**Yuman Language Family Summit Immersion Camp
June 25-28, 2018**



**Hualapai Youth Camp near Peach Springs, AZ.
REGISTRATION IS OPEN MARCH—JUNE 15, 2018.**

FOR MORE INFORMATION, PLEASE CALL: THEO DE LA ROSA—(928) 575-3493
MARCIE CRAYNON—(928) 769-2223
GARY OWENS, JR.—(480) 362-6320
FAX: (480) 362-5728

**PICK UP YOUR REGISTRATION FORMS FROM THE CULTURAL RESOURCES DEPARTMENT,
ELDERLY CENTER AND FROM THE ABOVE REPRESENTATIVES.**

YUMAN LANGUAGE FAMILY SUMMIT IMMERSION CAMP 2018
June 25 – 28, 2018 ~ Hualapai Youth Camp
Peach Springs, Arizona

REGISTRATION FORM

The Yuman Language Family Summit Immersion Camp will be in Peach Springs, Arizona. The intent of the Yuman people is to revitalize, maintain and carry on the traditional languages and cultures. We welcome all participants to join us in this task. Early registration deadline is June 15, 2018. **Please fill out this registration form and send it with payment (IMPORTANT...Checks and M.O, made out to Yuman Language Family Summit, not the museum or a person) to the address below.**

NAME: _____

ADDRESS: _____

TRIBAL AFFILIATION: _____

TELEPHONE: _____ E-MAIL: _____

Native Language Speaker Y___ N___ Native Language Teacher Y___ N___

Native Language Learner Y___ N___ Can Read/Write Language Y___ N___

REGISTRATION FEE IS NON-REFUNDABLE

Deadline: Thursday, June 14, 2018

MAKE CHECKS PAYABLE TO YUMAN LANGUAGE FAMILY SUMMIT

NO PERSONAL CHECKS/P. O.'S ON-SITE REGISTRATION FEE WILL BE \$100.00 FOR ALL AGES

ELDERS- 55 Yrs & over _____ \$60.00

ADULT-18-54 Yrs _____ \$70.00

YOUTH -17 Yrs & under _____ \$25.00

AGE _____ Male ___ Female _____

MAIL REGISTRATION AND FEE TO:

Huhugam Ki Museum

ATTN: Gary Owens Jr.

10,005 E. Osborn Road

Scottsdale, Arizona 85256

For More Information go to Website:

Yumanlanguagefamilysummit.com

FOR MORE INFORMATION & CONTACTS:

Theo De LaRosa (928) 575-3493

Marcy Craynon (928) 769-2223

Gary Owens Jr. (480) 362-6320 M-F 8 to 5

FAX: (480) 362-5728

EMPLOYMENT OPPORTUNITIES

Notice of Invitation for Bids • Septic System Contractors: Due by Friday, June 29th

Submitted by: Kevin Davidson | Hualapai Planning Dept.



NOTICE OF INVITATION FOR BIDS FROM SEPTIC SYSTEM CONTRACTORS, IFB NO. 01-2018

RESIDENTIAL SEPTIC SYSTEM IN PEACH SPRINGS

Notice is hereby given that the Hualapai Indian Tribe, hereinafter referred to as the "Tribe", is soliciting bids from septic system contractors to install a residential septic system for a new 3-Bedroom home in Peach Springs, located on the Hualapai Reservation, Arizona.

The Tribe invites Indian and non-Indian owned firms to submit sealed bids. The Tribe will select the bidder whose bid does not substantially exceed the amount of funds available for construction of the project, subject to applicable Indian Preference requirements and assessments of the Bidder's responsiveness and responsibility under federal law. Funds are derived from the Indian Health Services (IHS) and subject to federal regulations. The system must be ready for use no later than 30 days after contractor's Notice to Proceed is given.

A complete copy of this IFB may be obtained from our website at: <http://hualapai-nsn.gov/>

SUBMITTAL DUE DATE: June 29, 2018, 2:00 P.M. at Hualapai Planning and Economic Development Dept., 887 West Highway 66, Peach Springs, AZ 86434

QUESTIONS SHALL BE DIRECTED TO: Kevin A. Davidson, Planning and Economic Development Director, (928) 769-1310, kdavidson@hualapai-nsn.gov

Now Accepting Applications

Submitted by: Josue Isiordia | GCRC



Chief Executive Officer

Grand Canyon Resort Corporation are now accepting applications for the Chief Executive Officer for GCRC.

Please send all applications to Josue Isiordia at: Josue.Isiordia@grandcanyonresort.com or if you have any questions contact Josue Isiordia at 928-769-2419 Ext 121.

Applications can also be dropped off at the administration building Human Resources Department.

Grand Canyon Resort Corporation • No Longer Accepting Summer Youth Applications

Submitted by: Heather Nieto | Grand Canyon Resort Corporation



NO LONGER ACCEPTING GRAND CANYON RESORT CORPORATION SUMMER YOUTH APPLICATIONS

As of May 28th, 2018

ANY QUESTIONS PLEASE CONTACT HEATHER NIETO (928)769-2419 ext. 173

EDUCATION & TRAINING INFORMATION

Biology, Animal Behavior and Physics Win Top Prize at the STEM Fair

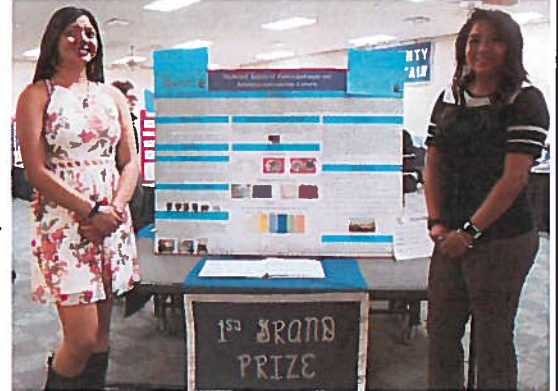
Submitted by: Dr. Damon Clarke | Chairman of the Hualapai Tribe

Biology, animal behavior and physics win top prize at the STEM fair

TONI R. MILANO, tmilano@elkodaily.com

ELKO – Could extract from the creosote bush or juniper bush kill breast cancer cells or staph bacteria?

Rachel Gallego and Destiny Max, juniors from Owyhee High School, teamed up to find the answer, and their two-month research project "Medicinal Activity" won first grand prize and \$150 each at the 2018 Elko County STEM Fair. Elko High School freshman Loulou Neff won second grand prize and \$250 for color preference in poultry chicks. Her brother, Peter Neff, a junior at EHS, won third grand prize and \$225 for his project titled "Constructing the Chain Fountain."



The grand prize winners also won the chance to compete at the International Science and Engineering Fair May 13-18 in Pittsburgh.

Could bushes native to Nevada hold the cure for cancer?

Rachel Gallego and Destiny Max said their shared interest in the medical field prompted them to see if extract from the creosote and juniper bushes would have an impact on breast cancer cells and staph bacteria. "We were trying to learn the benefits of creosote and juniper, a native bush in Nevada," said Gallego. Max explained that at first, they wanted to test juniper berries on diabetes, but could not use human subjects for the science project.

To learn the answer, Gallego and Max approached a professor at Boise State University who allowed them to work with him in his lab and test the extracts they made on the cells and bacteria. Then they added the creosote extract to their experiments. "We heard it had a lot of medicinal activity, too," Max said. They saw positive results from the creosote extract against the cancer cells and bacteria, but "not so much" from the juniper extract.

"Creosote will kill [the cells and bacteria], but the juniper didn't have the positive results like the creosote," Gallego said, pointing to a photograph on the project board that showed the results. The project took a couple of months to complete, traveling to BSU twice and spending about three hours after school to work on it. Their teacher, Dee Dee Dann, made extra trips to Boise to bring back information to the girls. Max said they plan to continue their project in their senior year to learn more about the power of the creosote extract.

"We want to figure out what is killing the breast cancer cells and try different cancers and bacteria," she said. Gallego and Max said they are considering careers in the medical field after graduation. So far, Gallego is planning to attend Truckee Meadows Community College to become a paramedic. Max will explore her options at the University of Nevada, Reno.

For Gallego, this was her first time entering the STEM fair, but not for Max, who entered a few times in elementary school. They agreed that this was an experience they would not forget. "This is definitely something we'll be proud of for years to come," Max said.

— Destiny Max is the daughter of Misty (Clarke) Max. She is the granddaughter of Mr. and Ms. D. Clarke. We are very proud of her and her accomplishments.—

What is a baby chick's favorite color?

Loulou Neff said she used 18 baby chicks for her project, "The Color Preference in Poultry Chicks." She wanted to find out if poultry's preference to the color red was an instinct or a learned behavior "because chickens like red and lots of experiments have shown that." "Because I discovered the chicks did not like red more than any other color, I decided that it's a learned behavior in poultry to like red," she said, adding that she rotated the chicks' feeders every day to ensure "it wasn't a positional preference." "My results were very interesting, I found out baby chicks are attracted to contrast," Neff said. Neff said. "I kept them in black tubs and the color that 'won' was yellow, which contrasts the most with black." Neff

said she worked on the project for about three weeks, collecting and organizing the data and putting it together on the poster board, and is looking forward to working more with live animals, specifically to learn more about how a chick sees and their vision capabilities. "I would like to continue researching and experimenting with chickens, especially [learning about] their vision and how they see colors. It's really interesting to me," Neff said. "They actually have very good vision and they see ultraviolet light and more colors than us, or at least they are supposed to." Neff said that although she is not certain of what her career plans are, she knows that it would be connected with biology. "I definitely want to do something in the biology field, but I'm not entirely sure what yet, but I really like biology," Neff said. Neff said she is looking forward to making the trip to Pittsburg with her brother, Peter, who won third place. "I think it would be a lot of fun for us to go there together," she said. "It will be a very unique experience and I'm sure we'll have lots of fun."

Not all fountains are made of water

Junior Peter Neff won third place and said his project was a continuation of last year's entry that earned him second place. Neff used a 100-foot bead chain in a small container to demonstrate the "fountain" to onlookers at the STEM fair. "It actually shoots up out of the pot, it kind of rises up, which is really weird," Neff said. Last year, Neff learned that the way a chain was coiled in a container would determine the height of the arc as it chain fell to the floor. This year, he experimented to figure out if the layout of the chain produced varying arcs. He laid three different configurations of the chain in a cookie sheet and then photographed the various arcs the chain produced when the end of it dropped to the floor. "It happens so fast when it's falling out that you can't really observe it," Neff said. "You have to test different things and see what happens." Through his experiments, Neff said he learned that the bead chain would go perpendicular to how the rows were laid, which took 30 minutes to arrange. "This year I discovered there's this horizontal component to the fountain and a certain direction the chain will fall," Neff said, gesturing to photographs indicating the direction of the chain. "It won't fall where I put it, but it has its own idea of where it wants to fall." After conducting his experiments for his project this year, Neff said he felt he could "predict what was going to happen," but "watching it fall is always fun ... and definitely fun to watch under different circumstances. He explained his project took a couple of months, working on Saturdays, to complete his project. Neff said so far he is undecided about his career path, but prefers to study something more "tangible" than delving deeper into physics, which can be more theoretical.

2018 Food Handler Card Training • Next Class: Tuesday, June 12th

Submitted by: Adeline Crozier | Hualapai Tribal Administration

HUALAPAI - PEACH SPRINGS
2018 Food Handler Card Training Schedule

MONTH	DATE	LOCATION	TIME (AZ)
June	12	Health Education & Wellness	11:00am - 1:00pm
July	17	Health Education & Wellness	11:00am - 1:00pm
August	21	Health Education & Wellness	11:00am - 1:00pm
September	18	Health Education & Wellness	11:00am - 1:00pm
October	23	Health Education & Wellness	11:00am - 1:00pm
November	27	Health Education & Wellness	11:00am - 1:00pm

For more information please contact the Office of Environmental Health and Engineering at (928) 669-3179. Everyone is welcome to attend.



HEALTH & SAFETY INFORMATION

Peach Springs Pharmacy • Audio CARE Refill Hotline
Submitted by: Rebecca Rice, Public Health Educator | Indian Health Services



Peach Springs Pharmacy Audio CARE Refill Hotline Call (928)769-2992



Please start by entering your chart number on the telephone keypad. When you are finished, press the pound (#) sign.

Once you enter your chart number into the system, you will be prompted to select one of the following 3 choices:

PRESS - 1

To refill a prescription. (Enter the RX number followed by #)

PRESS - 2

To check the status of your prescription. (Enter the Rx number followed by #)

PRESS - 8

To be transferred to the pharmacy staff.

Your chart number is the number to the right of your name on your prescription bottle.

Chart Number

Prescription Number

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088

DEMO, CHILDLESS ADULT 999888 G21
TAKE ONE (1) TABLET BY MOUTH 210
EVERY EVENING FOR HIGH
CHOLESTEROL Fill 1 of 5
EXP 04/15/2015 REFILLS: 4
SIMVASTATIN 40MG TAB
Rx 1574373 SHM #30 TAB
DR. MYERS, SCOTT H 04/15/14
Refills: 769-2992
PEACH SPRINGS HEALTH CENTER
943 Hualapai Way • Peach Springs, AZ 86434 • PH: 928-769-2992
KEEP OUT OF REACH OF CHILDREN
CAUTION: From the bottom, the number of the drug is 999888. Do not use for refills.

Tribal Opioid Summit • Thursday, June 14th–15th

Submitted by: Adeline Crozier | Hualapai Tribal Administration

Tribal Opioid Summit

June 14 & 15 2018

Conference highlights

Dr. Joseph Gone

A national expert in American Indian psychology and behavioral health. A professor at the University of Michigan, Dr. Gone has collaborated with tribal communities for over 20 years to harness traditional culture and spirituality for advancing indigenous well-being. He has published over 70 scientific articles and chapters, and received recognition in his fields through several fellowships and career awards, including a year-long residency at the Center for Advanced Study in the Behavioral Sciences at Stanford University. A graduate of Harvard College and the University of Illinois, Dr. Gone also trained at Dartmouth College and McLean Hospital/Harvard Medical School.

Honorable Judge, Linda Davis

Appointed by Governor Engler to the 41B District Court in Mount Clemens, and then was elected in November of 2000. She was Chief Judge from January 2002 until 2010. She implemented a Drug/Sobriety Court at 41b in 2011, and currently serves on the board of Michigan Association of Treatment Court Professionals (MATCP). Judge Davis remains active in her community and is involved with educating young people, doctors, lawyers and the public regarding prescription drug use. She speaks throughout the state as President of F.A.N (Families Against Narcotics). She has received several prestigious awards from the FBI, Care House, Girl Scouts of the USA, Macomb Community College Outstanding Alumna Award, Henry Ford Hospital, Center Line H.S. Most Distinguished Graduate and Humanitarian of the Year, Leadership Macomb, and has been inducted into the Macomb Hall of Fame.

Ms. Eva Petoskey

Petoskey has 40 years' experience as an administrator and evaluator in tribal communities. She has over 20 years of successful experience with SAMHSA grants. Eva is the visionary person behind the development of many successful tribal healing and recovery initiatives; she has a unique capacity for taking a vision forward into a complex community setting. Tribal grantees across the country look to her spirit and heartfelt guidance to discover a path for Native American treatment and recovery support programs to provide services in a way that is congruent with Anishnaabek life ways. She is an enrolled member of the Grand Traverse Band of Ottawa and Chippewa Indians and previously served as the Vice-Chairperson of her local tribal council for several years. She has been on the healing path of recovery since 1979.

Dr. Donald R. Vereen, Jr.

Directs Community Academic Engagement in the Prevention Research Center at the University of Michigan School of Public Health (UMSPH) and serves on the faculty of the Michigan Institute for Clinical and Health Research (MICHR) at the University of Michigan Medical School. Dr. Vereen oversees the development of equal partnerships between community-based organizations, academic institutions, and health agencies to address challenging health issues in communities. Don devoted his career to public service at the National Institutes of Health (NIH) and the White House serving two Presidents. While at NIH, Dr. Vereen developed new research strategies to address public health issues such as drug abuse, addiction, mental illness, and violence by establishing interdepartmental research programs that included active community involvement.

Registration

- To register, log into: www.tribalopioidsummit.org/register
- Registration deadline: Friday June 8, 2018

If you don't have access to the Internet, please contact the conference planners and we can register you.

Conference Agenda

Thursday, June 14, 2018

8:30 - 9:00 a.m. | Welcoming - Opening Prayer

- Tribal Chaplin/Youth Drum
- U.S. Attorney Matthew Schneider, Eastern District of Michigan
- Saginaw Chippewa Tribal Chief, Ronnie Ekdahl

9:00 - 10:30 a.m. | Judge Linda Davis

- A Community Response to the Opioid Crisis

10:30 a.m. | Break

10:45 a.m. | Dr. Kaye McGowen

- What are the Long Term Effects of Opioid Abuse on the Family and Community

12:15 p.m. | Lunch

1:30 p.m. | Mike Glennon

- Human Trafficking and Opioid/Heroin Addicted Victims

3:00 p.m. | Break

3:15 p.m. | Eva Petoskey and the Inter-Tribal Council; Opioid Task Force

- Tribal Opioid Treatment and Overdose Prevention Initiatives in Michigan

Friday, June 15, 2018

8:30 - 9:00 a.m. | Welcome

- U.S. Attorney Andrew Birge, Western District of Michigan

9:00 a.m. | Dr. Joseph Gone

- Traditional Culture as Substance Abuse Treatment for American Indians: Centering Indigenous Perspectives

10:30 - 10:45 a.m. | Break

10:45 a.m. - 12:15 p.m. | Dr. Don Vareen

- Brain Health and Opioid Abuse

12:15 - 1:30 p.m. | Lunch

1:30 - 3:00 p.m. | Dr. Douglas Marlowe

- "Neuroscience of Addiction and Medication-Assisted Treatment

3:00 - 4:30 p.m. | Dr. Douglas Marlowe

- "Practice Recommendations for Medication-Assisted Treatment in the Criminal Justice System"

4:30 p.m. | Closing Remarks

- Closing Prayer, Tribal Chaplin

Who Should attend?

Participants serving tribal communities are encouraged to attend. The Conference will benefit:

- Victim Service Providers
- Law Enforcement
- Medical Professionals
- Human Service Workers
- Court Personnel
- Students
- Therapists

Hualapai Strategic Prevention • June Observations*Submitted by: Jessica Powskey, Strategic Prevention Coordinator | Hualapai Health, Education & Wellness*

Hualapai Strategic Prevention
488 Hualapai Way
Peach Springs, AZ 86434
(928) 769 2207



Hualapai Strategic Prevention wants you to know that we are working to meet that vision of a healthy community.

National Safety Month	We want you to be safe out there in your daily activities. Driving, biking and your physical activities. Stay hydrated. Wear your seat belts when you get behind the wheel. Wear a helmet when you bike and skate. Be safe Hualapai-
Migraine and Headache Awareness Month	Ouch! Headaches can be annoying... get your health check ups and be aware of underlying health signs-
June 03	National Cancer Survivors Day!
June 5-11	Sun Safety Week
June 08	World Brain Tumor Day
June 11-17	Men's Health Awareness Week
June 14	World Blood Donor Day
June 15	Wear Blue Friday
June 18	Autistic Pride Day
June 26	International Day against Drug Abuse and Illicit Trafficking
June 2018	HAPPY BIRTHDAY TO ALL JUNE BABIES!!!

Call the Hualapai Health Education and Wellness Center to find out about upcoming presentations and activities to promote a healthy community.

(928) 769-2207

Visit Hualapai SAP of Facebook for announcements of program activities.

Hualapai Youth Survey

Submitted by: Taylor Johnson, TAP Coordinator | Hualapai Health, Education & Wellness

Hualapai Youth Survey

- This survey is voluntary and anonymous. Do not put your name on the survey.
- There are no right or wrong answers, answer to the best of your knowledge.
- If you do not see the answer you are looking for, choose the closest answer that matches. If you are unsure what the question means, leave the answer blank. You can skip questions you do not wish to answer.
- Please bring the survey to the Health Education and Wellness Building for Strategic Prevention
– Jessica or Taylor 769-2207

1. What school do you attend? _____
2. What community do you live in? _____
3. Are you: MALE FEMALE
4. How old are you? _____
5. What is your race? Circle all that apply
 American Indian or Alaska Native Asian Black/African American
 Tribe: _____

 Hawaiian/Other Pacific Islander White
6. What is the chance you would be seen as cool if you smoked cigarettes?
 Circle one
 No chance Little chance Some chance Pretty good chance Very good chance
7. What is the chance you would be seen as cool if you smoked marijuana?
 Circle one
 No chance Little chance Some chance Pretty good chance Very good chance
8. How wrong do you think it is for someone your age to smoke marijuana or cigarettes? Circle one

 Very wrong Wrong A little bit wrong Not wrong at all
9. How old were you when you first tried marijuana? Circle one
 Never 8 or younger 9-12 13-15 16-18 19 or older
10. How old were you when you first smoked a cigarette, even just a puff?
 Circle one
 Never 8 or younger 9-12 13-15 16-18 19 or older

11. How many of your friend's smoke marijuana or cigarettes around you?

Circle one

None 1-3 4-6 7-10 15 or more

12. During the past 30 days how many times have you smoked marijuana or cigarettes? Circle one

Not at all 1-2 times 3-5 times 6-10 times 11 or more times

13. Have you ever used smokeless tobacco? (Chew, snuff, plug, dipping tobacco, or chewing tobacco) Circle one YES NO

If yes, how many times? 1-3 4-6 7-10 11+

14. In the last 30 days, were you offered any of the following? Circle all that apply

Alcohol Cigarettes Marijuana Others Drugs

15. If you wanted some cigarettes, how easy would it be for you to get them?

Circle one

Very hard Sort of hard Sort of easy Very easy

16. Would you be seen as cool if you began drinking alcohol? Circle one

No chance Little chance Some chance Pretty good chance Very good chance

17. How wrong do you think it is for someone your age to drink alcohol (Beer, wine, or hard liquor) regularly? Circle one

Very Wrong Wrong A little bit Wrong Not wrong at all

18. How many times in the past year (12 months) have you been drunk? Circle one

Never 1-3 times 4-6 times 7-10 times 11-14 times 15+ times

19. How old were you when you tried alcohol for the first time? Circle one

Never tried alcohol 8-10 11-13 14-16 18+

20. Have you ever been drunk or high at school? Circle one YES NO

If yes, how many times? Circle one

1-3 times 4-6 times 7-10 times 11+ times

21. If you wanted to drink alcohol, could you get some? Circle one YES NO
22. If yes, how would you get the alcohol? Would someone get it for you?
-

23. If you have never drank alcohol, smoked cigarettes, or used illegal drugs, why not? Circle all that apply

- I'm not interested in drinking or using drugs
- It can harm my body
- My parents would be disappointed in me
- My teachers/mentors/other adults in my life would be disappointed in me
- I might get kicked out of school or extracurricular activities
- I would get a bad reputation with my peers
- It's illegal
- It's against my religious believes

24. If you have drank alcohol, smoked cigarettes, or used illegal drugs before, why? Circle all that apply

- To fit in with my friends
- To try something exciting
- To help lose weight
- To keep from feeling sad
- I was bored and wanted something to do
- To help me feel normal/happy
- To help me stay focused and feel better
- To have fun
- To feel more grown up
- I needed it, I craved it
- To deal with stress in my life (parents, family, bullied, rumors)
- School
- Community
- Other (Please explain) _____

25. Do you think that too many adults drink alcohol in your community?

Circle one

YES

NO

26. Do you think too many adults use drugs in your community? Circle one

YES

NO

27. Would your parents and family be disappointed in you if you drank alcohol or used illegal drugs? Circle one

Not very disappointed

I'm not sure

Very disappointed

28. If you have brothers or sisters, do they drink alcohol or use drugs? Circle one

YES

NO

29. Have your parents ever talked to you about the dangers of underage drinking or drug use? Circle one

YES

NO

30. Has anyone in your family had severe alcohol or drug problems? Circle one

YES

NO

20 Ways to Avoid Peer Pressure

Submitted by: Taylor Johnson, TAP Coordinator | Hualapai Health, Education & Wellness

20 Ways to Avoid Peer Pressure

1. Ask 101 questions.

For example, if a pal pressures you to smoke, ask her why she smokes, how long she has smoked, if she minds having ashtray breath.

2. Say "No" like you mean it.

Make eye contact, then say "No" forcefully, with authority. The more certain you are in your refusal; the less people will bug you.

3. Back-up a no with a positive statement.

For example, if you're turning down an offer to smoke weed, say something like, "I like my brain the way it is, thanks."

4. Be repetitive.

Don't hesitate to state your position over and over again,

5. Practice saying no.

Practice saying 'no' in safe environments, like when your big brother asks you if you'd like to spend Saturday night doing his laundry.

6. Get away from the pressure zone.

Leave the scene... make your exit.

7. Avoid stressful situations in the first place.

If you know there's going to be alcohol or drugs at a party, make other plans. Or, if you're going out with a guy, avoid being alone with him... anywhere he might pressure you to get more physical than you want to be:

8. Use the buddy system.

Find a friend who shares your values and back each other up.

9. Confront the leader of the pack.

The best way to handle a peer pressure bully is to nab him (or her) when the two of you are alone and explain how you're feeling and ask him/her to get off your case.

10. Consider the results of giving in.

Take a moment to think about the consequences of your actions,

11. Look for positive role models,

Ever notice that the real popular and successful teens at your school are the ones who weren't afraid to say what they like and don't like?



12. Don't buy the line that everyone's doing it.

The truth is, everyone's NOT doing it.

13. Seek support.

Talk out any peer pressure you're experiencing with other friends who are also feeling the squeeze. I can be reassuring to know that you're not the only one.

14. Be your own best friend.

Remind yourself every now and then that you're special and nuke any negative statements,

15. Find ways to excel.

Challenge yourself to do your best. Focus your attention on following your personal goals instead of the goals of the group.

16. Don't pressure others.

Watch out for any subtle forms of pressure you may be exerting.

17. Speak out!

Fight peer pressure by taking the side of the underdog. Supporting others' opinions will send the message that you think for yourself.

18. Watch your moods.

Be aware that your moods can affect your sensibility.

19. Evaluate your friendships.

If your friends are always bugging you to do something you're not comfortable with, remember that true friends like you for who you are, not who they want you to be.

20. Find new friends.

If you've decided that your friends don't have your best interests at heart, search out new friends who share your values and interests.

Remember that you are important. Your life counts, and you can make a difference in this world. If you ever need to talk about this or anything else, feel free to get in touch with us. We're here for you

Taylor Johnson TAP Coordinator
769 2207
Health Education and Wellness



Health Effects • Smoking Harms...

Submitted by: Vondell Bender, GHW Educator | Hualapai Health, Education & Wellness—smokefree.gov

Health Effects

Smoking harms nearly every organ of the body. Some of these harmful effects are immediate. Find out the health effects of smoking on different parts of your body.



Brain

Nicotine from cigarettes is as addictive as heroin. Nicotine addiction is hard to beat because it changes your brain. The brain develops extra nicotine receptors to accommodate the large doses of nicotine from tobacco. When the brain stops getting the nicotine it's used to, the result is nicotine withdrawal. You may feel anxious, irritable, and have strong cravings for nicotine.

Head and Face

Ears. Smoking reduces the oxygen supply to the cochlea, a snail-shaped organ in the inner ear. This may re-

sult in permanent damage to the cochlea and mild to moderate hearing loss.

Eyes. Smoking causes physical changes in the eyes that can threaten your eyesight. Nicotine from cigarettes restricts the production of a chemical necessary for you to be able to see at night. Also, smoking increases your risk of developing cataracts and macular degeneration (both can lead to blindness).

Mouth. Smoking takes a toll on your mouth. Smokers have more oral health problems than non-smokers, like mouth sores, ulcers and gum disease. You are more likely to have cavities and lose your teeth at a younger age. You are also more likely to get cancers of the mouth and throat.

Face. Smoking can cause your skin to be dry and lose elasticity, leading to wrinkles and stretch marks. Your skin

tone may become dull and grayish. By your early 30s, wrinkles can begin to appear around your mouth and eyes, adding years to your face.

Heart

Stressed Heart. Smoking raises your blood pressure and puts stress on your heart. Over time, stress on the heart can weaken it, making it less able to pump blood to other parts of your body. Carbon monoxide from inhaled cigarette smoke also contributes to a lack of oxygen, making the heart work even harder. This increases the risk of heart disease, including heart attacks.

Sticky Blood. Smoking makes your blood thick and sticky. The stickier the blood, the harder your heart must work to move it around your body. Sticky blood is also more likely to form blood clots that block blood flow to your heart, brain, and legs. Over time, thick, sticky blood damages the delicate lining of your blood vessels. This damage can increase your risk for a heart attack or stroke.

Fatty Deposits. Smoking increases the cholesterol and unhealthy fats circulating in the blood, leading to unhealthy fatty deposits. Over time, cholesterol, fats, and other debris build up on the walls of your arteries. This buildup narrows the arteries and blocks normal blood flow to the heart, brain, and legs. Blocked blood flow to the heart or brain can cause a heart attack or stroke. Blockage in the blood vessels of your legs could result in the amputation of your toes or feet.

Lungs

Scarred Lungs. Smoking causes inflammation in the small airways and tissues of your lungs. This can make your chest feel tight or cause you to wheeze or feel short of breath. Continued inflammation builds up scar tissue, which leads to physical changes to your lungs and airways that can make breathing hard. Years of lung irritation can give you a chronic cough with mucus.

Emphysema. Smoking destroys the tiny air sacs, or alveoli, in the lungs that allow oxygen exchange. When you smoke, you are damaging some of those air sacs. Alveoli don't grow back, so when you destroy them, you have permanently destroyed part of your lungs. When enough alveoli are destroyed, the disease emphysema develops. Emphysema causes severe shortness of breath and can lead to death.

Cilia and Respiratory Infections. Your airways are lined with tiny brush like hairs, called cilia. The cilia sweep

out mucus and dirt so your lungs stay clear. Smoking temporarily paralyzes and even kills cilia. This makes you more at risk for infection. Smokers get more colds and respiratory infections than non-smokers.

DNA

Cancer. Your body is made up of cells that contain genetic material, or DNA, that acts as an "instruction manual" for cell growth and function. Every single puff of a cigarette causes damages to your DNA. When DNA is damaged, the "instruction manual" gets messed up, and the cell can begin growing out of control and create a cancer tumor. Your body tries to repair the damage that smoking does to your DNA, but over time, smoking can wear down this repair system and lead to cancer (like lung cancer). One-third of all cancer deaths are caused by tobacco.

Stomach and Hormones

Belly. Bigger belly. Smokers have bigger bellies and less muscle than non-smokers. They are more likely to develop type 2 diabetes, even if they don't smoke every day. Smoking also makes it harder to control diabetes once you already have it. Diabetes is a serious disease that can lead to blindness, heart disease, kidney failure, and amputations.

Lower Estrogen Levels. Smoking lowers a female's level of estrogen. Low estrogen levels can cause dry skin, thinning hair, and memory problems. Women who smoke have a harder time getting pregnant and having a healthy baby. Smoking can also lead to early menopause, which increases your risk of developing certain diseases (like heart disease).

Erectile Dysfunction

Failure to Launch. Smoking increases the risk of erectile dysfunction—the inability to get or keep an erection. Toxins from cigarette smoke can also damage the genetic material in sperm, which can cause infertility or genetic defects in your children.

Blood and the Immune System.

High White Blood Cell Count. When you smoke, the number of white blood cells (the cells that defend your body from infections) stays high. This is a sign that your body is under stress—constantly fighting against the inflammation and damage caused by tobacco. A high white blood cell count is like a signal from your body, letting you know you've been injured. White blood cell counts that stay elevated for a long time are linked with an increased risk of heart attacks, strokes, and cancer.

Longer to Heal. Nutrients, minerals, and oxygen are all supplied to the tissue through the bloodstream. Nicotine causes blood vessels to tighten, which decreases levels of nutrients supplied to wounds. As a result, wounds take longer to heal. Slow wound healing increases the risk of infection after an injury or surgery and painful skin ulcers can develop, causing the tissue to slowly die.

Weakened Immune System. Cigarette smoke contains high levels of tar and other chemicals, which can make your immune system less effective at fighting off infections. This means you're more likely to get sick. Continued weakening of the immune system can make you more vulnerable to autoimmune diseases like rheumatoid arthritis and multiple sclerosis. It also decreases your body's ability to fight off cancer!

Muscles and Bones

Tired Muscles. Muscle deterioration. When you smoke, less blood and oxygen flow to your muscles, making it harder to build muscle. The lack of oxygen also makes muscles tire more easily. Smokers have more muscle aches and pains than non-smokers.

More Broken Bones. Ingredients in cigarette smoke disrupt the natural cycle of bone health. Your body is less able to form healthy new bone tissue, and it breaks down existing bone tissue more rapidly. Over time, smoking leads to a thinning of bone tissue and loss of bone density. This causes bones to become weak and brittle. Compared to non-smokers, smokers have a higher risk of bone fractures, and their broken bones take longer to heal.

Keep It Sacred

Vondell Bender, GHW Educator | HEW

Keep It Sacred

National Native Network Newsletter
www.KeepItSacred.org

A Federal Court has ordered R.J. Reynolds Tobacco, Philip Morris USA, Altria, and Lorillard to make this statement about the health effects of smoking.

- Smoking kills, on average, 1,200 American. Every day.
- More people die every year from smoking than from murder, AIDS, suicide, drugs, car crashes, and alcohol, **combined**.
- Smoking causes heart disease, emphysema, acute myeloid leukemia, and cancer of the mouth, esophagus, larynx, lung, stomach, kidney, bladder, and pancreas.
- Smoking also causes reduced fertility, low birth weight in newborns, and cancer of the cervix.

KEEP IT SACRED

NATIONAL NATIVE NETWORK

A Tip From a Former Smoker • Sharon's Story

Submitted by: Vondell Bender, GHW Educator | Hualapai HEW



Centers for Disease Control and Prevention

CDC 24/7: Saving Lives, Protecting People™

Sharon's Story

Growing up in the seventies, it seemed to Sharon like everyone smoked cigarettes. She was only 13 when she took her first puff. In no time, her casual smoking would turn into a full-blown and expensive addiction.

She smoked heavily for 25 years. The wife and mother of two knew something was wrong when she felt fatigued and nauseous regularly. Sharon also noticed a growth on her throat. A biopsy would reveal a cancerous tumor in her throat so large it could be seen through the skin on her neck. The discomfort was unbearable. "I could barely drink water," she says.

In 1997, at just 37, Sharon was diagnosed with stage IV throat cancer. She underwent radiation and several surgeries. Her life changed drastically, but she adds, "Life goes on after cancer."

Today, Sharon is 58 and takes things one day at a time. She communicates using an electrolarynx, given that her voice box had to be removed. Smoke-free for 14 years and counting, Sharon knows that if she was able to quit, anyone can. "I used to wake up in the middle of the night to smoke, and it was the first thing I did in the morning," she says.

Through the efforts of the *Tips From Former Smokers*® campaign, Sharon hopes to spread the message that smoking can lead to devastating outcomes. "I want to connect with kids especially, because they are under a lot of pressure to fit in," she says.



Sharon, 58, Illinois; diagnosed with throat cancer at age 37

Diabetes Resources • Get Walking

Submitted by: Vondell Bender, GHW Educator | Hualapai Health, Education & Wellness

NEWS & NOTES

DIABETES RESOURCES



If you are looking to ease back into regular exercise, now is the perfect time to start a walking routine. Not only does walking help to lower blood sugar levels and improve the body's ability to use insulin, but it also helps lower stress and helps you lose weight or maintain a desired weight.

Start with a plan

The National Heart, Lung and Blood Institute developed a multi-week walking plan – search for “sample walking program” at www.nhlbi.nih.gov. Begin at an easy pace with a five-minute walk and slowly add about two minutes to your walking time each week. By week eight, aim to walk for at least 20 minutes, and then by week 12, keep walking for 30 minutes. Gradually walk at a steadier pace so that you're breathing a little harder, but still able to have a conversation.

Bonus miles

Research shows that people who want to reap health benefits from walking should do it for 30 minutes a day at least five days of the week. Keep in mind, walking for 30 minutes is not a must. Three 10-minute walks at a brisk pace will get the job done. One study by Harvard doctors found that women who did at least 30 minutes of daily moderate physical activity, such as brisk walking, cut their risk of diabetes by 30 percent.

Squeeze in steps

If you're having trouble finding time to fit walking into your already hectic schedule, consider a few simple ways to take more steps each day. Take the stairs instead of the elevator the next time you have a chance. Park a little further away in

the parking lot when you're going to the office or shopping at the stores. Do walking meetings with your co-workers or take short walks during your lunch break.

Fun walks

Walking day after day can become a little boring, so it's important to do it with a family member or friend to help support you and get you out of the house. Walking and talking will make the time go by much faster and will help motivate you to walk brisker and longer. Another way to make walking more fun is by listening to your favorite music play list, new audiobooks or calling family and friends.

Paul Wynn, a writer based in Garrison, New York, is a regular contributor to *Diabetes Self-Management*.

National Native Network Newsletter • Commercial Tobacco Use

Submitted by: Vondell Bender, GHW Educator | Hualapai Health, Education & Wellness—keepitsacred.org



COMMERCIAL TOBACCO USE



More than
1 in 4
AI/AN adults
smoke cigarettes.



At **26%**, that's
1.5 times
greater than the US smoking rate.



Out of the 10 leading causes of death among AI/AN, 6 of them have been **linked to smoking.**



Smoking commercial tobacco can damage every part of your body. Poisons in cigarette smoke weakens the body's immune system.



Smoking commercial tobacco causes cancer, heart disease, stroke, lung diseases, diabetes, and many other life-threatening diseases.



People who stop smoking commercial tobacco greatly reduce their risk for cancer, heart disease, lung disease, and early death.

There are health benefits from quitting smoking at any age.

WHAT YOU CAN DO



Tobacco users

- Call the quitline today (1-800-QUIT-NOW) for information, advice, support, and referrals to help you quit. The sooner you quit, the sooner your body can begin to heal, and the less likely you are to get sick from commercial tobacco use.
- Never smoke commercial tobacco in your home, vehicles, or around nonsmokers, especially children, pregnant women, and persons with heart disease or respiratory conditions.
- Ask a health provider or traditional healer for help quitting.



Community members

- Make your home and vehicles 100% smoke-free 24/7 from commercial tobacco smoke.
- Don't start. If you aren't already using commercial tobacco.
- Tell your community leaders you support commercial tobacco control programs and smoke-free policies in all indoor air environments.
- Teach children about the health risks of smoking commercial tobacco and secondhand smoke.
- Encourage friends, family, and coworkers to quit. Support them in their efforts.



Health care providers

- Ask your patients if they use commercial tobacco; if they do, help them quit.
- Advise all patients to make their homes and vehicles 100% smoke-free 24/7 from commercial tobacco smoke.
- Make quitting commercial tobacco part of an overall approach to health and wellness.
- Advise nonsmokers to avoid secondhand smoke exposure, especially if they are pregnant or have heart disease or respiratory conditions.
- Refer patients to recommended resources and support groups.



Community leaders

- Fund comprehensive commercial tobacco control programs.
- Designate all indoor air environments 100% smoke-free from commercial tobacco smoke.
- Increase the price of all commercial tobacco products.
- Implement hard-hitting media campaigns that raise public awareness of the danger from commercial tobacco use and secondhand smoke exposure.
- Reduce commercial tobacco use by making these products less accessible, affordable, and desirable.

Telephone Healthcare Services for Veterans • Call Center*Submitted by: Rebecca Rice, Public Health Education | Indian Health Services*

Call Center / Telicare



Telephone Healthcare Services for Veterans

1-800-581-8387 (Toll free 24/7)
928-776-6197 (Prescott area)

Monday thru Friday 7:30 a.m. to 4 p.m. (Normal business hours), our Call Center staff will help answer your questions about your health care, medications, and appointments.

On weekends, evenings and holidays, your call will be answered by Registered Nurses at the Greater Los Angeles VA Hospital.

They will assist you with your health care questions only. Appointment and medication refill requests will be deferred to normal business hours.

To submit medication refill requests:

Call 928-445-4860, ext. 7470 or use your MyHealtheVet account

Veterans Crisis Line 1-800-273-8255, press 1

Talk with our Call Center Professionals for:

- Advice about medical conditions and symptoms
- Help in contacting your Primary Care Team
- Advice about refilling and renewing medications
- Whole Health education
- Enrollment for Health Education classes
- Checking on your appointment
- Scheduling an appointment
- The results of Lab, X-Ray, and Other tests
- Any other questions about VA Health programs



Pima County/Tucson Metropolitan Counter Narcotics Alliance • Information Release

Submitted by: Sandra Irwin | Hualapai Health, Education & Wellness

**PIMA COUNTY/TUCSON METROPOLITAN
COUNTER NARCOTICS ALLIANCE**

7850 N. Silverbell #114-342
Tucson, Arizona 85743-8219
(520) 719-2002

*******INFORMATION RELEASE*****
(For Public Dissemination)**

Participating Agencies

Arizona Department of Public Safety

Arizona HIDTA

Drug Enforcement Administration

Homeland Security Investigation

Marana Police Department

Oro Valley Police Department

Pima County Attorney's Office

Pima County Sheriff's Department

Tucson Police Department

U. of A. Police Department

U.S. Customs & Border Protection



The Counter Narcotics Alliance (CNA) is making this information available as a public safety and public health advisory. We ask that this information be shared with drug treatment, harm reduction, health care organizations or other interested entities.

Recently, Arizona law enforcement in the metropolitan Phoenix area made their first confirmed drug seizure of counterfeit pills containing **CARFENTANIL** (also spelled **CARFENTANYL**). Several hundred pills packaged for sale were seized. The pills were light blue in color and imprinted with an "A 215" marking (see photo on page 2). Previous counterfeit pill seizures with the "A 215" marking have contained **FENTANYL** or its analogues. These pills are sold on the streets as "blues", "Oxy", "Oxys" and are made to appear as pharmaceutically produced 30 mg oxycodone pills.

Carfentanil is an extremely powerful, deadly synthetically produced opioid analgesic compound. It is 10,000 times more powerful than morphine, 1,000 times more powerful than heroin, and 100 times more powerful than fentanyl. A 20 micro-gram dosage (size equivalency to 1/3rd of a single grain of salt) is lethal to humans. There are no medically approved uses for this drug in humans. Its only legitimate use is to sedate elephants.

CNA would like to inform people that should they come in contact with a substance they believe may contain carfentanil, not to handle the substance. Leave it in place, evacuate people from the immediate area of an exposure, close off the area from ventilation sources that may spread the substance, and dial 911. Advise 911 of your situation and wait for help.

- If you or someone you know has pain management issues, talk to your physician on a regular basis to learn how to best manage the pain.
- If you do need pain medication(s), only obtain those medications from a licensed pharmacy in the United States. **NEVER TRUST A STREET SOURCE FOR A SUPPLY OF DRUGS.**
- If you or someone you know has an Opioid Use Disorder, consider obtaining **NARCAN (naloxone)**. This overdose reversal drug is easy to use and can be obtained at most pharmacies without a prescription.
- If you or someone you know has an Opioid Use Disorder, then seek treatment. Various treatment options are immediately available, affordable and effective.

Questions on this bulletin may be directed to Lt. Chris Wildblood (christian.wildblood@tucsonaz.gov) at the Counter Narcotics Alliance (520) 719-2002 x826.



(For informational purposes only, not actual pills seized.)

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Diabetes Self Management Recipe • Garden Pasta Salad

Submitted by: Vondell Bender, GHW Educator | Hualapai Health, Education & Wellness—DiabetesSelfManagement.com

Garden Pasta Salad

Ingredients

- 6 cups (about 12 ounces) cooked penne pasta
- 2 cups shredded cooked boneless skinless chicken breasts
- 3/4 cup chopped red onion
- 3/4 cup chopped red or green bell pepper
- 3/4 cup sliced zucchini
- 1 can (4 ounces) sliced black olives, drained
- 1 teaspoon red pepper flakes
- 1 teaspoon salt (optional)

- 1 can (10 3/4 ounces) condensed reduced-fat reduced-sodium cream of chicken soup, undiluted
- 1/2 cup lemon juice
- 1/2 cup grated Parmesan cheese
- 1/2 cup chopped fresh basil (optional)

Directions

1. Combine pasta, chicken, onion, bell pepper, zucchini, olives, red pepper flakes and salt in large bowl; toss lightly.
2. Combine soup and lemon juice in small bowl; mix well. Pour soup mixture over pasta salad; mix well.
3. Sprinkle with Parmesan cheese, basil, and parsley.

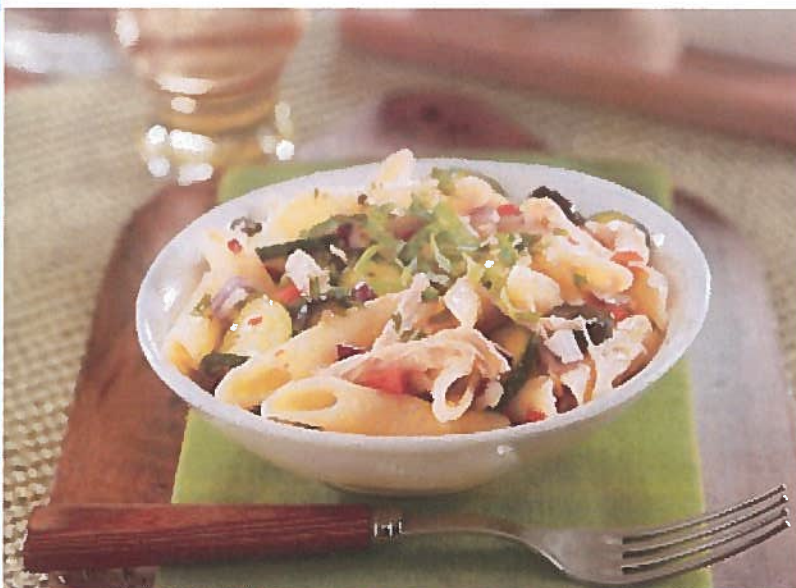
Yield: 8 servings.

Serving size: 1 1/4 cups salad.

Nutrition Facts Per Serving:

Calories: 286 calories, Carbohydrates: 33 g, Protein: 18 g, Fat: 10 g, Saturated Fat: 2 g, Cholesterol: 36 mg, Sodium: 886 mg, Fiber: 3 g

Dietary Exchange: 2 Bread/Starch, 1/2 Fat, 2 Meat.



Watch for Snakes • Use Caution
Submitted by: Marla Bradley | Hualapai Emergency Services

WARM WEATHER

USE CAUTION

As the temperature gets warmer
Use extra precautions in the outdoors



Hualapai Nation Emergency Services
Animal Control Code Enforcement Division
EMERGENCY DISPATCH LINE (928) 769-2205

COMMUNITY MESSAGES

First Things First Maternal Child Health

Submitted by: Carmella Fuentes, MCH Educator | HEW

Gamyu Peach Springs Community!

Maternal Child Health would like to thank you all of the mothers that attended our Mother's Day Lunch, May 10th, 2018. It was a delicious meal along with sharing a bit of Hualapai Cultural knowledge. Everyone enjoyed the discussion that took place and we hope that mothers felt welcomed and enlightened.



Again, we appreciate your attendance and hope to see you soon at our upcoming events!

Hankyu!

Vivian Parker

FTF Maternal Child Health Coordinator

Carmella Fuentes

FTF Maternal Child Health Educator Trainee

Congratulations

Submitted by: Adeline Crozier

Congratulations to a special Granddaughter on her 8th Grade Promotion Shauntel S. Crozier

Enjoy your summer and be ready to a challenging four years of high school. We love you and will always be here for you.



Congratulations!

Grams and Papa Crozier

Good Job Shayla R. Sinyella!!

We are proud of you. Be safe and enjoy your summer and be ready for first grade.

Love, Grams and Papa Crozier



2018 Transitions, Promotions, Graduates

Congratulations to the Head Start, Kindergarten, JR. High, High School and College Students!!

Have a safe and enjoyable summer.

FATHER'S DAY BAZAAR
FRIDAY, JUNE 15, 2018 @
MULTI-BUILDING
10:00AM—5:30PM
ALL VENDORS WELCOME!

Vendor Fees to be paid prior to set-up,
 Contact Howard in Accounting 769-2216.

For Table Reservation Contact:
 Monique Alvirez @ 928-225-5328 or
 FB: Monique Mahone

HAPPY
FATHERS DAY

100.9 KWLP "The Peach"

Presents:

Local Interest Sports



Every **Weekday** at 4 PM

With **Micah De Ford**

If you have any sporting events or know a local athlete worthy of recognition, contact

Micah at 769-1110!



Letter to Community
Submitted by: *Reggie Hernandez*

Hello,

5/22/18

My name is Reggie Hernandez. I would like to share this moment as I'm getting close to complete my program at the Healing House. It is a good learning experience and a bond relationship that I have embraced with each advocate, my peers and myself.

Today, I accept my strengths and my weaknesses because no one is perfect. I have choose to listen to positive thoughts and ignore negative talk and messages. I trust myself, self doubt never and sometimes people that we trust say and do things that hurt us. It causes confusion, but I learn that no one can bring me down. I learn to be comfortable and I work things that I can change and accept things that I can not change. I put myself first and I find ways to let go of negative experience; as destructive relationships, bad influence friends and negative people. I cannot change the past but I can create a healthy and safe future.

I'm a survivor of drugs and alcohol. I realized that I have a purpose in my life. Today, I'm learning to love myself and accepting that I'm broken from inside out. No one can't fix me, but me. Through this time, I'm not doing it alone. I've included GOD in my life. No, I'm not trying to preach, I'm just saying today I pray to my Creator. I've also learned that it's impossible to do it on my own. I forgive those that hurt me and pray for my enemies, as well as my friends. GOD has been my Savior and my light.

I would like to encourage to each of the brothers and sisters who still suffer with alcoholism and/or drug addiction in our Hualapai Community to get help. There's always hope, and a road to recovery.

Once again, thank you my peaches, my peers, and my advocates. If I can make an example being sober, my life can start all over. God bless you all.

2018 La Paz T-Shirts for Sale

Submitted by: Christina Watahomigie | Hualapai Health, Education & Wellness

2018 La Paz T-Shirts For Sale!

ALL PROCEEDS WILL GO TO THE 2020 LONG RUN.

(13) Small- \$10

(14) Medium- \$10

(25) XLarge- \$15

If you are interested in buying a shirt, please pay at tribal office with Howard Whatoname and bring receipt to the Youth Service Office.



While Supplies Last!

If you have any questions please contact Christina Watahomigie at 928-769-2207 ext 243

*No Holding

*No Refunds

*No Exchanging