



General Election Notice • Saturday, June 2nd

Submitted by: Ginger Kathadhe, Election Board Member | Hualapai Election Board

Notice

General Election for 4 Council Member Seats

DATE OF GENERAL ELECTION: Saturday, June 2, 2018

NOMINATION OF CANDIDATES: DEADLINE TO FILE --- May 3, 2018 at 5:00 PM

LOCATION OF POLLING PLACE: Multi-purpose Building
Peach Springs, Arizona

POLLING TIME: 8:00 AM to 5:00 PM

ABSENTEE VOTING WILL BE ALLOWED. REQUEST AN ABSENTEE BALLOT BY CONTACTING THE ELECTION BOARD:

REQUEST CANDIDATE FILING FORMS AND INSTRUCTIONS BY CONTACTING THE ELECTION BOARD.

Coleen Mahone or Marilyn Vaughn, Election Board
Hualapai Tribe
 PO Box 120; 941 Hualapai Way
 Peach Springs, Arizona 86434
 Tel: (928) 769-2216

Nominations - Candidate Filing Forms

Members of the Tribe who are interested in running for office must complete: (1) a Candidate Nomination and Filing Form; (2) Candidate Release of Records Form; and, (3) Residency Verification Documents. Please contact the Election Board for a Candidate Nomination Packet.

DEADLINE to file Candidate Nomination Filing Forms to the Election Board: **MAY 3, 2018 at 5:00 PM**

Preliminary and Final Lists of Eligible Voters

The Preliminary List of Eligible Voters will be posted on May 3, 2018. Written challenges to the Preliminary List of Eligible Voters will be accepted up to May 23, 2018. A Final List of Eligible Voters will be posted on May 23, 2018. Members of the Tribe who have reached the age of eighteen (18) on or before June 2, 2018 will be allowed to vote, if their names appear on the Final List of Eligible Voters. (If you turn eighteen before the date of the General Election, please bring proof of age).

Write-in candidates will NOT be permitted.

POSTED: 4/3/2018

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Special points of interest:

- **NOMINATION OF CANDIDATES: DEADLINE TO FILE are due Thursday, May 3rd at 5:00 p.m.**
- Regular Council Meeting on Saturday, May 5th at 8:01 a.m. in the Hualapai Tribal Chambers.
- HTUA Meeting will be on Wednesday, May 23rd at 9:00 a.m. at the Hualapai Health & Wellness Department.

NOTICE



**GENERAL
ELECTION
JUNE 2, 2018
SATURDAY**

**MULTI-
PURPOSE
BUILDING**

**8:00 AM
TO
5:00 PM**

**TRIBAL MEMBERS
WILL BE VOTING
FOR FOUR (4)
COUNCIL MEMBERS**

Election Board - Hualapai
Tribe

List of Unclaimed Per Capita Checks for 2012-2017
Submitted by: April Siewiyumptewa | Hualapai Tribal Administration

LIST OF UNCLAIMED PER CAPITA CHECKS FOR 2012-2017

*THE PEOPLE LISTED BELOW MAY HAVE ONE OR MORE OUTSTANDING UNCLAIMED CHECKS

TAJUAN ADAMS
ANGEL ADVINCULA
WILLIAM BARTLETT
ANGELA BEGAY-TAYLOR
RUBEN BEST
ERIC COUNTS JR.
FRANK CORDOVA
GREGORY DAVIS
ANDREW GRANADOS
GARNETT HANNA
CARLISLE HAVATONE
RAYMOND HAVATONE
FREDERICK HUNTER
TIMOTHY HUNTER JR.
FALISHA JOHNSON
MARK JOHNSON
AUSTIN KEELE

LEONARD KELUCHE
TAMMY LEDBETTER
ADAM LEPLEY
SAMANTHA LODGE POLE
IAN LUM-RUSSELL
CINDY MACK
FLORA MAHONE
BENEVEE MCGEE
JUDITH PALMER
ARTHUR SIMMONS
OPAL TOKESPETA
PAUL TOKESPETA
MICHAEL TOVEN
DEVIN UNDERWOOD
COBY WASHINGTON
JOSE WHATONAME

*PLEASE CONTACT APRIL AT THE TRIBAL OFFICE WITH ANY UPDATED INFORMATION. PLEASE NOTE CHECKS WILL ONLY BE RELEASED TO THE INDIVIDUAL AND WILL NOT BE RELEASED TO FAMILY MEMBERS.

***THESE CHECKS ARE UNCLAIMED DUE TO EITHER NO ADDRESS ON FILE AND/OR MISSING SOCIAL SECURITY NUMBERS.

Updated 3/16/18

Missing or Incorrect Social Security Numbers

Submitted by: April Siewiyumptewa | Hualapai Tribal Administration

MISSING OR INCORRECT SOCIAL SECURITY #'S

*Please note that the list below includes Tribal members and non-tribal members who have a missing or incorrect social security number on file. Please contact April at the Hualapai Finance Department ASAP to get this corrected.

ADAM LEPLEY
TAJUAN ADAMS
ARTHUR SIMMONS
CARLISLE HAVATONE
ALISHA WELLINGTON
LAWRENCE CLARK
SAMANTHA LODGE POLE
PAUL TOKESPETA

DEBRA EVANS
OPAL TOKESPETA
WILLIAM BARTLETT
MICHAEL TOVEN
DEVIN UNDERWOOD
FLORA MAHONE
GARNETT HANNA

*THOSE WITH MISSING OR INCORRECT SOCIAL SECURITY NUMBERS WILL NOT BE PERMITTED TO RECEIVE THEIR PER CAPITA CHECKS THIS YEAR OR ANY FURTHER CHECKS UNTIL YOUR NUMBER HAS BEEN UPDATED.



Hualapai Veterans Posted Colors at the 37th Native American Child and Family Conference

Submitted by: April Keller | CDI Head Start

**Hualapai Veterans
Posted the Colors at the
37th Native American Child and Family Conference**

It was an honor to have Joel J. Querta, Michael J. Whatoname, Sam Bender, Lane Leist, and Lindsey Querta, from the Hualapai Tribe Veterans Color Guard Post the Colors at the 37th Native American Child and Family Conference on March 12, 2018 in Las Vegas, NV. The conference had over 400 people from across the US in attendance.

Teri Stringer
Three Feathers Associates



Community Development Institute (CDI) was honored that our Hualapai Veterans were able to represent our Head Start community at such a esteem conference. We thank you Joel Querta and Mike Whatoname for taking the lead in putting this together. We appreciate our Veterans and thank you for all you have done for our country.

April Keller
Head Start Program Director



KWLP Political Advertising Disclosure*Submitted by: Terri Hutchens | KWLP The Peach***KWLP Political Advertising Disclosure**

As a radio station broadcasting under a commercial license issued January 5, 2016 by the Federal Communications Commission (F.C.C.), KWLP, 100.9 FM, Peach Springs, Arizona *must* comply with certain rules and regulations regarding political advertising during designated “political windows.” These rules vary regarding federal, state and local election campaigns and issues-focused political advertising. Political windows are 45 days prior to primary elections and 60 days prior to general elections. KWLP will be applying the F.C.C. rules regarding *local* elections to the upcoming Hualapai Tribal Council elections. These rules include “equal opportunity” to “reasonable access” for “legally qualified” candidates for the same office.

If you are a “legally qualified” candidate interested in advertising on the radio, you are entitled to review the station’s public file, including the political advertising request and run contents, and to information from the station regarding:

- Classes of spots and day parts generally sold
- General rotations sold by the station
- Sales practices such as “make goods,” discounts for packages, etc.,.
- Lowest available spot rate

If you request to purchase political advertising time, you will need to complete a requisite disclosure statement (N.A.B. #17, 18) that must be kept in the station’s public file for two years.

If you are otherwise interested and have any questions about the pertinent rules, please call the station manager at (928) 769-1110. KWLP’s policy and procedure handbook is also available to review on the station website at

www.kwlpradio.com.



Housing Corner • Spring Cleaning
Submitted by: Hualapai Housing Department



Housing's Corner



Hello, Spring is here and it is time for Spring Cleaning inside and out.

Housing would like all Low Rental tenants to know we have rakes, shovels, hoes and other yard tools available for you to sign out and use for your Spring yard cleaning. We will also pick up your weed piles if they are outside your fenced area by the road. They must be free of all other debris. Please contact the Housing office for more information.

Spring Cleaning Tips include but are not limited to:

1. Clean windows inside and out, wipe down window sills.
2. Clean and dust ceiling fans, doorways, walls and baseboards.
3. Move and clean under furniture and under furniture cushions.
4. Vacuum your bed mattresses and flip them over twice a year.
5. Clean closets and remove clutter.
6. Sort and discard all old magazines and papers.
7. Organize fridge and cabinets, rotating can food and discard all expired food.
8. Clean range top, oven and stove knobs.
9. Clean and sanitize bathroom, toilet, shower/tub stall to remove built up soap scum.
10. Use white vinegar to remove lime build up on faucets.
11. Wash out all trash receptacles including your outside bin.

If you do not have funding to purchase cleaning supplies for the inside of your unit.. Housing may provide one small cleaning box per unit if needed.

We would also like to inform our tenants that the cost of replacing broken windows, interior and exterior doors has gone up. So please keep your windows and doors safe. These prices includes labor but may vary depending on your unit location.

2018 Screen and Window glass pricing;

<u>Double Pane Windows</u>		<u>Single Pane Windows</u>		<u>Screens</u>	
Livingroom Sliders	\$235.00	Livingroom Sliders	\$105.00	10 x 20	\$50.00
Livingroom Picture	\$414.00	Livingroom Picture	\$200.00	20 x 40	\$55.00
Kitchen Window	\$165.00	Kitchen Window	\$99.00	40 x 60	\$60.00
Bedroom Window	\$225.00	Bedroom Window	\$105.00	Interior Door	\$110.00
Bathroom Window	\$121.00	Bathroom Window	\$73.00	Exterior Door	\$245.00

Remember Spring Cleaning promotes health and wellness by keeping your environment clean and organized.

JUST A LITTLE *Reminder*

Please submit your Gamyu articles by the deadline to ensure your article will make the publication date.

The Gamyu newsletter is a bi-weekly publication. You are able to access the latest newsletter, as well as some archived newsletters on-line for your convenience at:

<http://hualapai-nsn.gov>

Article Deadline:
Friday, April 27th

Next Publication:
Friday, May 4th

Child Abuse Presentation • Friday, April 20th
Submitted by: Taylor Johnson, TAP Coordinator | HEW



Child Abuse Presentation
Friday, April 20, 2018

Health Education and Wellness Building
3pm – 5pm

Hualapai Strategic Prevention Presentation
For more information, contact Jessica, Taylor or Vondell at 928-769-2207

Hualapai Language Gathering • Tuesday, April 24th
Submitted by: Hualapai Housing Department

Hwa:lбай Gwa:wja Yi Điga:v’k Hualapai Language Gathering AT THE HUALAPAI CULTURAL DEPARTMENT



April 10, 17 & 24, 2018
4:00- 6:00 PM

For more information, contact Lucille J. Watahomigie at the Hualapai Cultural Resource Department at (928) 769-2223.

PLEASE POST OR GIVE TO YOUR COLLEAGUES.

Cultural Exchange • Friday, April 20th
Submitted by: Danielle Bravo | Hualapai Planning Department

HUALAPAI /HAWAIIANS/ PLANT RESTORATION STUDENTS CULTURAL EXCHANGE

APRIL 20, 2018

4:00- 6:00 PM

AT

THE HUALAPAI DEPARTMENT OF CULTURAL RESOURCES

HUALAPAI TACOS, HAWAIIAN DANCING, BIRD DANCING. AND UNCOVERING THE VIYAL

WELCOME TEENS .

Hualapai Royalty, Hualapai Youth Council;

Hualapai Youth Bird Singers



Mobile On-site Mammography • Tuesday, April 24th
Submitted by: Rebecca Rice | Indian Health Services

Parent Committee Meeting
Wednesday, April 26th
Submitted by: CDI Head Start



Community Development Institute
HEAD START
Serving Hualapai Tribe

Early Detection Saves Lives

Get Your Mammogram

Mobile On-site Mammography in Peach Springs
April 24th 2018 from 8:00am-4:00 pm

Please call for an appointment
at 928-769-2922

It is recommended for Women to receive a
Mammography at the age of 50 and every two
years to the age of 74.

To prepare for your mammogram :

Do not wear any Deodorant, Powders, Perfume or lotions on the
day of your Mammogram. It is also suggested that a two piece
outfit be worn the day of your appointment.

15 minutes can save your life

Parent Committee Meeting
Wednesday, April 26th at 5:30 p.m.

Parent Committee Meeting Agenda

Guest Speakers:

Peach Springs Elementary
Valentine Elementary

Talking Points:

Summer School Enrollment
Pedestrian Safety
2018-2019 Enrollment Process
Transition Ceremony Update
Parent Calendar

Child Care and Dinner Provided

Hualapai Children's Art Expo Art Contest • Extended Deadline: Thursday, April 26th
Submitted by: Marcie Craynon | Hualapai Cultural Resources Department

HUALAPAI CHILDREN'S ART EXPO ART CONTEST

In combination with Route 66 Fun Run, is the Hualapai 6th Annual Children's Art Expo 2018. Each year we have a community wide art contest that exhibits Peach Springs and the connection to historical Route 66. Children starting from 8 to 17 years of age can participate by entering their art drawing to the Hualapai Cultural Center. Prize will be presented for winner.

Deadline for entry is Thursday, April 26th

Student name: _____ *age*__

School: _____

Address: _____

Contact number: _____

If any questions; please contact our office at: 769-2223/2234

Annual Earth Day Celebration • Friday, April 27th

Submitted by: Danielle Bravo | Hualapai Planning Department

Hualapai Tribe presents:
The Annual Earth Day Celebration



FRIDAY, APRIL 27, 2018

Sign In Information

7:00AM - 9:00AM

Participants will be able to pick up trash bags/gloves & a raffle ticket at the Route 66 Park and can begin clean-up in designated areas.

Bottled water will be available and there will be vehicles circling the routes to keep you hydrated.

You must sign in to receive your raffle ticket for your participation.

T-shirts for Participants

Participants will receive an annual t-shirt for their participation on a "first come, first serve" basis at the sign-in location while supplies last!

Lunch

12:00 Noon at the Tribal Gym

Please provide your own washable plate and utensils to reduce the amount of disposables. It is requested that you do NOT bring Styrofoam tableware to the luncheon.

Lunch provided will be: Hamburgers, Hot Dogs and chips

Raffle

Raffle will take place throughout lunch.

You must be present to win! *Good luck.*

Entertainment

Provided by KWLP The Peach

If you have any questions, please contact Michelle Zephier
 Hualapai Planning Department at (928) 769-1310

30th Grand Canyon West Anniversary • Saturday, April 28th
Submitted by: Adeline Crozier | Hualapai Tribal Administration



**SATURDAY
APRIL 28TH**

7:00 am: Breakfast at Main Terminal

**7:30 am: Festivities Begin at
Eagle Point**

**Hualapai Tribal Members 18 Years & Older
May Invite 2 Guests**



**CELEBRATION
ACCESS**

- ◆ Free Transit Access To All Points
- ◆ Free Skywalk Entrance
- ◆ Lunch at Eagle Point & Ranch
- ◆ Live Entertainment at the Hualapai Ranch
- ◆ Raffle *(Must be Present to Win)*

**TRANSPORTATION
ACCESS**

- ◆ Roundtrip Community Bus Transportation to GCW
- ◆ Buses are First Come / First Serve *(No Saving Seats)*
- ◆ Buses Leave From Hualapai Lodge
- ◆ Buses Depart Peach Springs 5:30 am and 6:00 am
- ◆ Buses Depart GCW Main Terminal Front 4:30 pm and 5:00 pm

ANNIVERSARY
CELEBRATION

Questions? Call 928-769-2627, Ext. 249 (Monica)

Produce Safety Training • Thursday, May 3rd
Submitted by: Elisabeth Alden | University of Arizona Cooperative Extension Office



Native American
Food Safety Training



PRODUCE SAFETY TRAINING

May, 3 2018 8a-5p
High Country Conference Center
201 West Butler Avenue
Flagstaff, AZ

Register NOW to reserve your seat!
Free and open to Native farmers and food businesses! IFAI
legal and business experts will be on site to answer your questions!
Receive a Produce Safety Alliance certificate!

These trainings are hosted by the Indigenous Food and Agriculture Initiative in cooperation with the Intertribal Agriculture Council.

To learn more about our food safety program, contact Sandy Martini at smartini@uark.edu or visit <https://www.nativefoodsafety.org/> to see a complete listing of webinars and regional trainings.

A decorative banner for the training course. It features a central red diamond shape with the text 'Native American Food Safety Training' in white. To the right of the text is a repeating pattern of yellow and red diamonds, each containing a stylized hand icon. The background of the banner is a collage of images related to agriculture and food safety, including a bee, flowers, and a person working in a field.

Native American Food Safety Training

Who Should Attend

Fruit and vegetable growers and others interested in learning about produce safety, the Food Safety Modernization Act (FSMA) Produce Safety Rule, Good Agricultural Practices (GAPs), and co-management of natural resources and food safety.

What to Expect at the PSA Grower Training Course

The trainers will spend the day covering these seven modules:

- Introduction to Produce Safety
- Worker Health, Hygiene, and Training
- Soil Amendments
- Wildlife, Domesticated Animals, and Land Use
- Agricultural Water (Part I: Production Water; Part II: Postharvest Water)
- Postharvest Handling and Sanitation
- How to Develop a Farm Food Safety Plan

In addition to learning about produce safety best practices, key parts of the FSMA Produce Safety Rule requirements are outlined within each module. There will be time for questions and discussion, so participants should come prepared to share their experiences and produce safety questions.

Benefits of Attending the Course

The course will provide a foundation of Good Agricultural Practices (GAPs) and co-management information, FSMA Produce Safety Rule requirements, and details on how to develop a farm food safety plan. Individuals who participate in this course are expected to gain a basic understanding of:

- Microorganisms relevant to produce safety and where found on the farm
- How to identify microbial risks, practices that reduce risks, and how to begin implementing produce safety practices on the farm
- Parts of a farm food safety plan and how to begin writing one
- Requirements in the FSMA Produce Safety Rule and how to meet them.

After attending the entire course, participants will be eligible to receive a certificate from the Association of Food and Drug Officials (AFDO) that verifies they have completed the training course. Contact IFAI at smartini@uark.edu, 479-575-4434 for more information.

National Awareness of Missing & Murdered Indigenous Women and Girls • Friday, May 4th
Submitted by: Jessica Powskey, Strategic Prevention Coordinator | Hualapai Health, Education & Wellness Department

National Awareness of Missing and Murdered Indigenous Women and Girls



**Presentation
May 4, 2018
Hualapai Health Education And Wellness Center
Lunch and Learn
12:00 PM**

Presented by Wellbriety- Kara Walker and Vonda Beecher

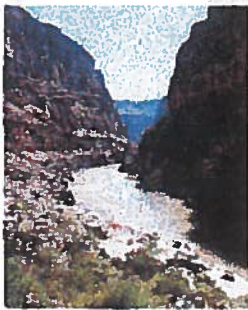
For more information, contact Jessica, Taylor or Vondell at (928) 769-2207
A Strategic Prevention Presentation

Grand Canyon Monitoring River Trip • Deadline: Friday, May 4th
Submitted by: Peter Bungart | Hualapai Department of Cultural Resources Department

**Department of Cultural Resources Grand Canyon Monitoring River Trip
May 18 to June 1, 2018**

The Hualapai Department of Cultural Resources will be conducting our annual Cultural Resources Monitoring River Trip from May 18 to June 1, 2018. We have a limited number of spaces for Tribal members to participate on the trip. Our goal is to include those who may not have participated in past trips and who are interested in learning about the Colorado River through Grand Canyon, experiencing this aspect of the ancestral homeland, & contributing to the goals of the monitoring program, including:

- Monitoring archaeological sites and other Traditional Cultural Places.
- Conducting plant studies at designated study areas to identify changes in the number & types of native and non-native plants.
- Learning and sharing information about Hualapai Traditional Ecological Knowledge regarding plants, wildlife, and other aspects of Colorado River ecology.
- Reinforcing the Hualapai people's connection to the Canyon and River, and gaining insight and input on how we may help direct the management of Glen Canyon Dam and the Colorado River ecosystem, including the cultural and natural resources (which go hand in hand).



If you would like to participate, submit a brief letter of interest to the Cultural Department no later than Friday, May 4th, 2018.

Participants will be expected to help out in one way or another. For example, younger people will help with monitoring and other aspects of field work (we'll provide training), which will involve some hiking. Elders may share knowledge about the Canyon and the River and about how the Hualapai people made their living there and in the surrounding landscape. Much of what we do will be documented through photographs and audio & video recordings.

Please be aware that this will be a 15-day trip on large motorized rafts, which will be operated by professional staff from the Grand Canyon Monitoring and Research Center of the U.S. Geological Survey in Flagstaff. Every precaution will be taken to conduct a safe and healthy trip, but there are risks and potential hardships involved. For example, a number of large rapids will be encountered, so expect to get wet on occasion! In addition, camping each night will be required. Younger participants will be expected to sleep on pads on the ground, but we can provide cots for our elder participants. Tents will be available, but since our trip will be during the normal dry and warm season of mid to late May, they may be optional. Camping gear can be provided to those that request it.

Adequate food will be provided, including breakfast, lunch, dinner, and between meal snacks, as well as water, juices, and soft drinks. Generally, we eat quite well, so don't worry about going hungry.

If you have certain medical or dietary needs, it is very important to know what they are beforehand, so we can determine if we can take care of them on a trip like this, & let the boat staff know, as well.

It must be stressed that this trip is all about participation, and we welcome your involvement. The more Hualapai people that are involved, the better we can strengthen our ability to guide the future of the River's management. We will be interviewing potential participants in the coming weeks. If you are interested, please contact Carrie Cannon or Peter Bungart at (928) 769-2223.

V Bar V Winter Headquarters • Tuesday, May 8th
 Submitted by: Teresa Honga | Intertribal Agriculture Council, Western Region



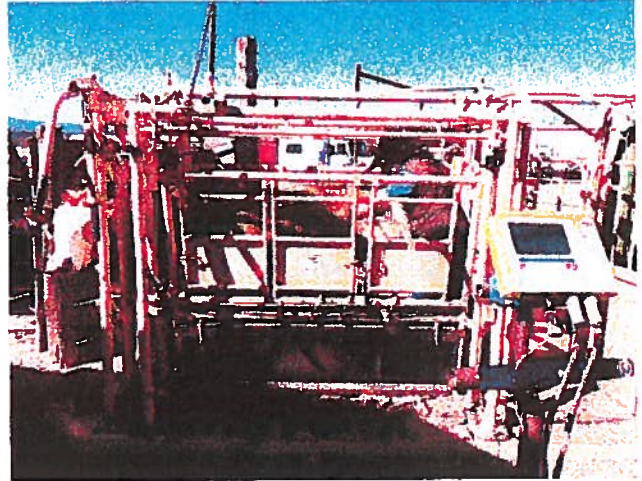
**COLLEGE OF AGRICULTURE
AND LIFE SCIENCES**
COOPERATIVE EXTENSION

V Bar V Winter Headquarters

4005 N Forest Road 618, Rimrock, AZ 86335

Tuesday May 8, 2018

\$20 a person, cash or check preferred



9:30 – 12:30pm Rotating Groups

- 1. Facilities Design**
Merlin Glead, Powder River Livestock Handling Equipment
- 2. Ultra Sound and Palpating Demo**
Keith Cannon and Keith "Bopper" Cannon, University of Arizona
- 3. Body Condition and Frame Scoring**
Kevin Heaton, Utah State Cooperative Extension

12:30pm Lunch

1:35pm Ultra Sound Equipment Options – Jaimie McCain, BCF Technology

2:00pm Grazing Management - Ridley Block Operations

2:45pm Trichomoniasis Overview, At-Home Testing Options, and Test Demo - Keith Cannon and Keith "Bopper" Cannon, University of Arizona

3:45pm Wrap-up and Evaluations

Please pre-register for this event using the link below, this will help us plan for food and provide you with meeting updates. You can also register by contacting Ashley Hall.

Workshop Registration Link

https://uarizona.co1.qualtrics.com/jfe/form/SV_dmSEqvnAOrhQADj

For more information contact:

Ashley Hall AshleyS3@email.arizona.edu or 928/978-6752

Andrew Brischke Brischke@cals.arizona.edu or 928/753-3788 ext. 12

Hualapai Housing Department T-Shirt Contest • Deadline: Friday, May 11th
Submitted by: Hualapai Housing Department



ATTENTION! HUALAPAI ARTISTS

**Hualapai Housing Department T-Shirt Contest for the 8th
Annual Housing Fair to be held on June 7, 2018**

**Art Work Must be:
Standard 8 1/2" x 11" (White Paper)
Hand drawn in black ink or pencil**

**2018 Housing Fair Theme:
"Building Up and Nurturing our Youth in our Community"**

Deadline for submission: May 11, 2018 @ 4:00 pm

**Winner will receive a \$100.00 and a t-shirt with the winning
design at the Housing Fair**

**Please contact Jamie Navenma or Elaina Talayumptewa at
the Hualapai Housing Department (928) 769-2274**

2018 Summer Youth Leadership Program • Applications Due: Monday, May 21st
Submitted by: Elaina Talayumtewa | Hualapai Housing Department



HWAL'BAY BA;J WAYO:WO'JO
HUALAPAI HOUSING DEPARTMENT
P.O. Box 130 ♦ 600 Highview Street
Peach Springs, AZ 86434

HUALAPAI HOUSING DEPARTMENT 2018 SUMMER YOUTH LEADERSHIP PROGRAM

The Hualapai Housing Department announces applications for the Summer Youth Leadership Program will be available to pick up on April 23, 2018 at the Hualapai Tribe Human Resources Office. The Youth Leadership Program is available to the youth of the Hualapai community. The goal of the program is to help develop leadership skills that will be used throughout life, to help others, the community, yourself, and to identify and achieve your personal goals. **The Program is limited to twelve (12) participants for Summer 2018.**

The Youth Leadership Program will take place from **June 4 through July 27 (8 weeks)**. Students are expected to be at the work site Monday through Friday from 8:00AM to 5:00PM unless instructed otherwise by their supervisor.

Applicant must be:

- Age 14 – 17 years old by date of the application
- Completed the entire prior school year 2017-2018 or be currently attending school, obtaining GED or participating in Job Corp.
- Must have completed the Eighth (8th) Grade

Selection is based on students':

- Overall Application
- Commitment to Community Service Participation
- Career Preparation
- Academic Success
- Community or School Involvement

Completed applications are due to the Hualapai Human Resource by May 21, 2018 by 5:00 pm.

11th Annual Arizona American Indian Youth Conference • Registration Due: Friday, June 1st
Submitted by: Jessica Powskey, Strategic Prevention Coordinator | Hualapai Health, Education & Wellness



Registration Packet

11th Annual Arizona American Indian Youth Conference on Health and the Environment



Making Healthy Choices Together

June 26 – 27, 2018

DoubleTree by Hilton
Tempe, Arizona



Sponsored by the Inter Tribal Council of Arizona, Inc.
Health and Human Services Programs and the Environmental Quality Programs

Funded by the Arizona Department of Health Services
Teen Pregnancy Prevention Program



Conference Information

Purpose

The 11th Annual Arizona American Indian Youth Conference on Health and the Environment will provide information to motivate and encourage youth to take responsibility for their overall health and become better stewards of the environment.

Objectives and Activities

During the conference, youth will:

- Learn about health promotion and making healthy choices through fun and interactive workshops;
- Bring awareness that people's health and well-being are directly connected to how we all treat the land, air and water;
- Prepare for higher education and become oriented to the Arizona State University.

Target Audience

The conference is designed for American Indian youth ages 12 to 19 years old.

Location

The conference will be held at the DoubleTree by Hilton Hotel Phoenix Tempe, located at 2100 South Priest Drive, Tempe Arizona 85252.

Registration

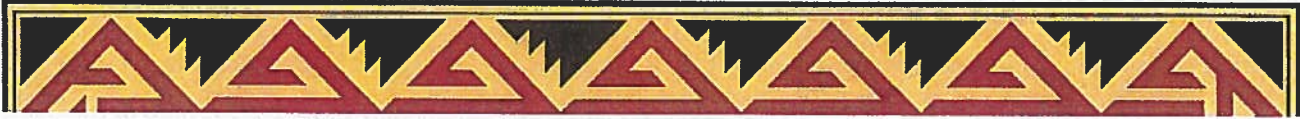
The conference is open to the first 100 youth with paid registrations. Complete the following required forms (attached) and return to the Inter Tribal Council of Arizona, Inc. (ITCA), along with payment:

- Group Registration (Chaperones must include their names on the registration form)
- Youth and Parent/Guardian Release Form (Must be signed by youth and parent/guardian)
- Emergency Contact Information Form (Must be signed by parent/guardian)
- Chaperone Release Form (Must be signed by chaperone)

All registration forms are due by Friday, June 1, 2017, to ITCA.

Registration Fee

To attend all three days of the conference, the registration fee is \$55.00 per person (youth and chaperones). The \$55.00 fee is charged whether you participate in one or all three days.



Conference Information

Registration Cancellation

Paid participants who are not able to attend the conference will receive a partial refund if they submit their written (fax, e-mail, or letter) request to Inter Tribal Council of Arizona, Inc. by **June 8, 2018**. An administrative fee will be charged for each cancellation at half the rate of each registration fee. The participant will be refunded the conference registration fee minus the administrative fee (e.g., \$75 - \$37.50 = \$37.50).

Expect the refund process to take six (6) weeks from the date of cancellation to the date received. After June 8, 2018, participants are no longer eligible for a refund, but may send an alternate to the conference in their place. Please contact ITCA if an alternate needs to attend the conference.

Chaperone Information

One chaperone for every six (6) youth who attend the conference is required. A female chaperone must be responsible for female youth and a male chaperone for male youth. Chaperones will be responsible for transporting the youth to and from the conference site and college campuses. Please refer to the "Chaperone Release Form" regarding the chaperone's responsibilities.

Hotel Information

DoubleTree by Hilton Hotel Phoenix Tempe

2100 South Priest Drive

Tempe, Arizona 85252

Phone Number: (800) 528 -6481

Room Rates: The DoubleTree by Hilton Hotel Phoenix Tempe will be offering a special room rate of \$89.00 for a single or a double room. All rates are subject to the prevailing state and local taxes at the time of arrival. The current tax rate is 14.07%.

Hotel Reservations: Participants are responsible for making their own guestroom reservations and paying for their guestrooms. **To receive the group rate, please indicate you are members of the group "Inter Tribal Council of Arizona"**. Reservations must be guaranteed with a major credit card.

The **deadline to make reservations to receive the group rate is Friday, June 8, 2018.**

Important Deadlines

- Registration Deadline **Friday, June 1, 2018**
- Hotel Special Room Rate **Friday, June 8, 2018**
- Registration Cancellation with Partial Refund **Friday, June 8, 2018**

Conference Schedule At-A-Glance

June 26, 2018 - Tuesday

Registration

11:00 AM – 12:00 PM

Welcome and luncheon

Opening Speaker

12:00 PM – 1:15 PM

Break (15 minutes)

Workshop sessions

1:30 PM – 2:30 PM

Break (15 minutes)

Workshop sessions

2:45 PM - 3:45 PM

Break (15 minutes)

Closing Session

4:00 PM - 5:00 PM

June 27, 2018 - Wednesday

Breakfast (provided)

Morning announcements

8:00 AM – 8:40 AM

Transition to Arizona State University (ASU)

Campus

8:40 AM – 9:00 AM

ASU Campus tour

(Tour includes presentation about ASU and American Indian Student Support Services)

9:00 AM - 11:30 AM

Lunch (On your own, on campus at the Memorial Union or various restaurants nearby)

11:30 PM – 12:30 PM

Transition back to DoubleTree by Hilton Hotel

12:30 PM - 1:00 PM

Workshop sessions

1:00 PM – 2:00 PM

Break (10 minutes)

Closing session

Raffles, evaluations and closing announcements

2:10 PM – 3:00 PM

Travel home safely





Group Registration Form

Group Name:	
Tribe/Organization:	
Contact Person & Title:	
Complete Mailing Address:	
Phone:	
Fax:	
Email:	

This form may be copied. Please print clearly.

	First and last name of each participant <i>(For name badge)</i>	Gender	Age	Chaperone (✓)
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				

Please make check payable to: Inter Tribal Council of Arizona, Inc. What is your method of payment?

Purchase Order # _____

Check/Money Order# _____

Send payment and all completed registration forms to:

Inter Tribal Council of Arizona, Inc.
Attn: Glenda Tovar
 2214 North Central Avenue, Suite 100
 Phoenix, Arizona 85004

If you have any questions, please contact:

Glenda Tovar, Health Promotions Coordinator
 Phone: (602) 258-4822
 Fax: (602) 258-4825
 Email: glenda.tovar@itcaonline.com



Youth and Parent Release Form

It is our desire to provide the best and safest possible atmosphere throughout the conference. All youth registrants and parents must read, sign and adhere to guidelines and agreement(s) provided.

I agree to assume the risk that unexpected events may occur and result in harm, injury or illness to me, or damage to or loss of my property while I am observing or participating in activities. I agree to indemnify the Inter Tribal Council of Arizona, Inc. and its funding source. I will not sue the Inter Tribal Council of Arizona, Inc. and its funding source for any harm or damage associated with my participation or travel if the harm or damage is not due to the negligence or fault of the Inter Tribal Council of Arizona, Inc. I understand that my participation in these activities is voluntary.

In this agreement, "Inter Tribal Council of Arizona, Inc." includes all their employees and agents.

I, (print full name) _____ understand and agree to the following:

1. Possession and/or use of alcoholic beverages, weapons, tobacco products, and/or any type of illegal drugs are strictly prohibited. I am aware that if I am caught participating in the mentioned activities or in possession of the mentioned items, I lose all privileges to attend the conference and my chaperone will be responsible for transportation arrangements off the premises.
2. I agree to refrain from using any electronic devices (cell phones, MP3 players, handheld games, or any other distracting devices) during the conference. If I fail to follow this guideline, the items will be taken away and returned at the end of the day. Proper security for confiscated items will be provided, but the conference personnel will not be responsible for lost or damaged items. Use at your own risk.
3. I agree to dress in a manner that is considered appropriate and acceptable to the educational nature of the conference and will not dress in any way that may cause distraction, disruptions or conflicts amongst other attendees. Hats of any kind, bandanas or any kind of clothing bearing gang symbolism will not be tolerated.
4. I agree not to wander away from the conference premise during scheduled activities. I understand, if the ITCA staff is notified of thefts or damages, my parent/guardian will be held liable for my actions.
5. I agree to behave and respect others in a mature manner that does not allow for loud talking, yelling, vulgarity, profanity, horseplay or any other derogatory behavior.
6. I understand I will work with my chaperone to select the conference workshops that I will attend and agree to report promptly to all activities and events held throughout the conference to be an active participant.
7. I understand if I violate any of the guidelines during my participation of the conference activities, my parent/guardian will be notified.
8. I consent that photographs, video and/or audio recordings made of my voice or image may be used for developing printed educational and outreach materials. I understand these materials will be used only for non-profit and non-commercial use.
9. I consent that the Inter Tribal Council of Arizona, Inc. may use photographs, video and/or audio recordings made of my voice or image and that such shall be the producer's property to view, to copy, or to distribute for any non-profit and non-commercial use.

Youth Signature

Date

If participant is younger than 18 years old, Parent or Legal Guardian must also sign:

Parent or Legal Guardian Signature

Date

Make sure this form is completed and attached for each youth, to the Group Registration Form.



Emergency Contact Information Form

From time to time emergencies can arise. Therefore, please print clearly in the sections below. This form will be used for emergency purposes only for this event.

Last Name of Youth Participant

First Name of Youth Participant

Date of Birth

Male or Female

Emergency Contact # 1

Contact Name

Relationship to Youth Participant (e.g., Mother, Father or Guardian)

Home Address

Name of Workplace

Work Phone

Cell phone

Home Phone

Emergency Contact # 2

Contact Name

Relationship to Youth Participant (Mother, Father or Guardian)

Home Address

Name of Workplace

Work Phone

Cell phone

Home Phone

Is your child allergic to any food(s) or other substances? If so, write the names of the food(s) or substances to be avoided. Then write steps to follow if a reaction occurs:

Parent/Guardian Signature: _____ Date: _____

Please attach completed form to the Group Registration Form.



Chaperone Release Form

It is our desire to provide the best and safest possible atmosphere throughout the conference. **Chaperones are expected to cooperate with all staff at all times and to participate in all scheduled events.** Possession or use of alcoholic beverages, weapons, tobacco products, or any type of illegal drugs is strictly prohibited. **Please read and sign at the bottom of the release form.**

I agree to assume the risk that unexpected events may occur and result in harm, injury or illness to me, or damage to or loss of my property while I am observing or participating in these activities. I agree to indemnify the Inter Tribal Council of Arizona, Inc. and its funding source. I will not to sue the Inter Tribal Council of Arizona, Inc. and its funding source for any harm or damage associated with my participation or travel if the harm or damage is not due to the negligence or fault of the Inter Tribal Council of Arizona, Inc. I understand that my participation in these activities is voluntary.

In this agreement, "Inter Tribal Council of Arizona, Inc." includes all their employees and agents.

Chaperones must ensure that:

1. All registration forms and emergency information for each student has been completed and returned to participate in the conference.
2. Appropriate contact with youth participants will be maintained throughout the conference to ensure students are attending scheduled workshops, activities and meals.
3. In the event that I am called away from the conference or have to leave due to an illness or other unforeseen circumstances, I have made pre-arrangements for another representative from my tribe or program to assume the duties of lead chaperone for my assigned students.
4. I will do my best to help ensure the success of the conference by doing my part as chaperone.
5. I will transport youth to and from the conference location and college campuses.

Lead Chaperone Name (Print)

Phone number

Signature of Lead Chaperone

Date

Additional Group Chaperones:

Chaperone Name (Print)

Signature

Phone number

Chaperone Name (Print)

Signature

Phone number

Please attach completed form to the Group Registration Form.

Peach Springs Community Calendar • 2018*Submitted by: Pete Imus | Hualapai Youth Services*

2018 Peach Springs Community Calendar

January 4
Reservation Establishment Day
 Hualapai Indian Reservation Established 1883

April 21
LaPaz Run – One Day Run
 Youth Services 928-769-2207
 Annually April 21

April 27
Earth Day
 Planning Department 769-1310

May 4-6
Route 66 Days
 Hualapai Lodge 769-2230
 Annually First weekend in May
 Organized by 66 Committee

June 18-22
Sobriety Festival
 HEW 769-2207
 Annually third week in June

June 1
Boys & Girls Club Anniversary
 BGC 769-1801
 Annual celebration, first Friday in June
 Officially June 6

June 7
Hualapai Housing Fair & 5K/10K Run/Walk
 Housing Department 769-2274
 Annually second Friday in June

June 11-14
Pai Language Immersion Camp
 Cultural Resources 769-2234
 Annually second week in June

June 25-28
Yuman Language Family Summit
 Cultural Resources 769-2234
 Annually last week in June

July 4
Independence Day Community Activities
 Tribal Administration

July 16-20
Peach Springs Summer Youth Conference
 Hualapai Tribal Youth Council
 Youth Services 769-2207
 Annually the third week in July

July 20
Family Fun Day
 Hualapai Mountain Park
 Cultural Resources 928-769-2223

July 29
Miss Hualapai Pageant
 Annually the Last Saturday in July
 Monique Alvarez

August 31
Tribal Employee Picnic
 Annually the Friday before Labor Day
 Addie Crozier 769-2207

September 24-28
Hualapai Day Activities
 Youth Services 769-2207
 Annually fourth week in September

October 22-26
Red Ribbon Week
 HEW Behavioral Health 769-2207
 Annually last week in October

November 14
Early Childhood Health Day Conference
 Hualapai Day Care 769-1515
 Annually the Thursday before Thanksgiving

Observed Tribal Employee Holiday's
 New Years Day January 1
 Martin Luther King, Jr., Day January 16
 Presidents Day February 19
 Memorial Day May 28
 Independence Day July 4
 Labor Day September 3
 Native American Day September 28
 Veteran's Day November 12
 Thanksgiving Day November 22-23
 Christmas December 25

EMPLOYMENT OPPORTUNITIES

RFP • Assessment of Historic Buildings

Submitted by: Kevin Davidson | Hualapai Planning Dept.



Request for Proposal for Assessment of Historic Buildings on Hualapai Reservation

The Tribe is soliciting the services of an architect and structural engineer (A&E) to perform a structural assessment of three historic buildings located on the Hualapai Reservation to include a condition and needs analysis as well as diagrammatic reuse plans and related cost estimates for construction. The RFP provides for Indian Preference but is not limited to Indian Owned Enterprises only. Proposals are due on Monday, May 21, 2018, at 4:00 PM.

All questions must be submitted in writing and may be sent via email to the individual listed below. All bids shall be submitted to:

Kevin A. Davidson, Director
Hualapai Tribe Planning & Economic Development Department

Mail to: P.O. Box 179 or
Deliver to: 887 W. Highway 66
Peach Springs, Arizona 86434
Phone: (928) 769-1310 Ext. 22
Fax: (928) 769-1377

Or e-mail to: kdavidson@hualapai-nsn.gov
See www.hualapai-nsn.gov for RFP posting

RFP • Truxton Triangle Master Plan

Submitted by: Kevin Davidson | Hualapai Planning Dept.



Request for Proposal for Planning Services to create the Truxton Triangle Master Plan

The Tribe is soliciting urban planning consultant services to create a master planning document for 142 acres of open land known as the Truxton Triangle located along State Route 66. The master plan will also include a market assessment to determine the appropriate type of housing and commercial development. The RFP provides for Indian Preference but is not limited to Indian Owned Enterprises only. Proposals are due on Friday, May 18, 2018, at 4:00 PM.

All questions must be submitted in writing and may be sent via email to the individual listed below. All bids shall be submitted to:

Kevin A. Davidson, Director
Hualapai Tribe Planning & Economic Development Department

Mail to: P.O. Box 179 or
Deliver to: 887 W. Highway 66
Peach Springs, Arizona 86434
Phone: (928) 769-1310 Ext. 22
Fax: (928) 769-1377

Or e-mail to: kdavidson@hualapai-nsn.gov
See www.hualapai-nsn.gov for RFP posting

Grand Canyon Resort Corporation • Marketing Specialist

Submitted by: Josue Isiordia | Grand Canyon Resort Corporation



Grand Canyon Resort Corporation

Now Accepting Applications for the Marketing Specialist Position

Resumes can be sent to josue.isiordia@grandcanyonresort.com. Applications are available at the GCRC HR Office located at Music Mountain School 16500 E. Highway 66 Peach Springs, AZ 86434. Hiring preference given to Hualapai Tribal Members.

Grand Canyon Resort Corporation • Summer Youth Program
Submitted by: Heather Nieto | Grand Canyon Resort Corporation

Grand Canyon Resort Corporation

2018 Summer Youth Program



*******UPDATE*******

Summer Is Coming Up Real Soon!

This is a notice for all requirements to apply and be considered for the 2018 GCRC Summer Youth Employment Program. Application acceptance will begin in May 2018.

REQUIREMENTS to apply and be considered:

1. Enrolled Hualapai Tribal member or member of a Federally recognized Tribe
2. 14, 15, 16 & 17 Year Olds ONLY
3. Submit a GCRC Summer Youth Application
4. Complete Summer Youth New Hire Processing and Orientation
5. Parent/Legal Guardian must be present for Processing

Please be on the lookout for the 2018 GCRC Summer Youth Employment Program in May 2018 to apply.

Any questions please contact Heather Nieto at (928)769-2419 ext.173

Now Hiring! • CDI Head Start*Submitted by: Jeanine Coursey | CDI Head Start Serving Hualapai***Community Development Institute****HEAD START****Serving Hualapai Tribe**

PO Box 125

Peach Springs, AZ 86434-0125

(928) 769-2244 phone * (928) 769-2457 fax

CDI Head Start Serving Hualapai Tribe, AZ is looking to fill the following positions:

Vacant Position as of December 3/12/18. Open until filled

Teacher Preschool Full-Time/Teacher-OnCall

Lead worker in a classroom of Head Start children working on planning, implementing, and supervising all classroom activities. Working developing children and children with disabilities. This position supports and assists families as they identify and meet their own goals. Entry-level requires an A.A. in ECE Pay is \$1233.82/biweekly to \$1316.07D.O.E. We will consider applicants that are enrolled in an AA or BA degree program in early childhood education that are able to obtain the degree within a reasonable timeframe.

Assistant Teacher On Call

Work as a partner with the teacher in developing activities for Head Start children to provide them with varied experiences and an appropriate learning environment. Assistance is given to the teacher in carrying out the goals, policies, and activities designed to implement educational objectives and performance standards. Might also serve as a Bus Monitor as part of the transportation services. Pay D.O.E. \$11.17 to \$13.41 with an AA.

Program Aide –On Call

Assist in activities in the areas of the classroom, kitchen and bus and/or to serve as a disabilities aide as needed. Works with typically developing children and/or children with special needs/disabilities. Minimum requirement is to be 18 years of age. This is an entry-level position requiring no previous education or experience, a high school diploma or G.E.D. is preferred. Pay D.O.E. \$10.60 per hour.

Janitor Full Time

Ensuring clean, safe and functional facilities by performing daily cleaning and on-going light maintenance activities for the Head Start facility. Also works as a part of a team to assist in activities in the classrooms, kitchen and bus monitor.

Pay D.O.E. is \$10.60 per hour. This is an On Call position.

Cook On-Call

This position is one role in a large system of services provided to children and families. A strong food service program is important to supporting the goals of the program. This position is responsible the ordering, preparing, serving and documenting of meals and snacks. It includes following menus and all phases of kitchen operations including inventory control. The position may prepare foods for and/or preschool children following the USDA/CACFP standards. Position may involve reassignment to various kitchens/centers as deemed necessary for program operations. Pay D.O.E. *This is an On Call position.*

For questions or copies of job descriptions and applications contact:

Jeanine Coursey, HR/Fiscal Admin Assistant

Email: hr@htazhs.org .Phone: 928-769-2522. FAX: 928-769-2457

In person: Stop by the Head Start Center @ 479 Hualapai Way, Peach Springs, AZ 86434

CDI Head Start is an Equal Opportunity Employer.

EDUCATION & TRAINING INFORMATION

8th Grade Promotion Planning Meeting • Next Meeting: Wednesday, May 9th
Submitted by: Jessica Powskey, Strategic Prevention Coordinator | Hualapai Health, Education & Wellness

8th Grade Promotion Planning Meeting

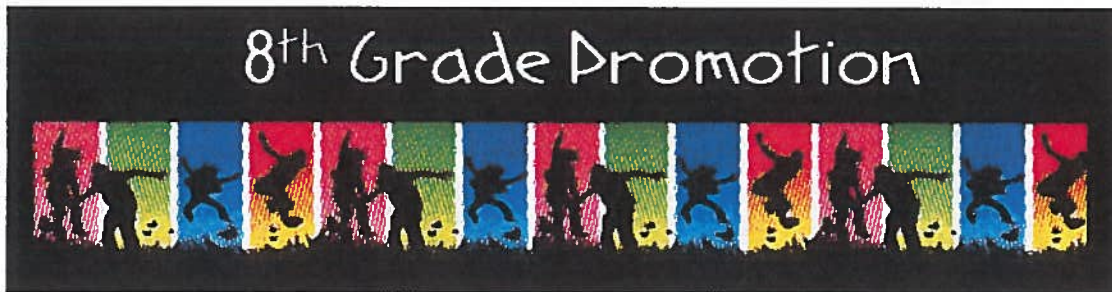
April 10, 2018

April 17, 2018

MAY 9, 2018

May 15, 2018

**Peach Springs School Library
6-8p**



Parents and Guardians

Promotion Date: May 24, 2018
Where: MM Jr/Sr High Gym
Time: 4p
Dinner/Dance: Following Promotion
Attire: Traditional
Bingo: April 20, 2018

Plan to attend for a successful event

Contact

Sonja Crozier at 769-2216
Ginger Marshall 769-6384
Jessica Powskey 769-2207

CDI Head Start • April Calendar of Events

Submitted by: CDI Head Start



April 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 National Ferret Day Parent-Teacher Conferences →	3 Parent-Teacher Conferences →	4 Transition Planning Meeting National School Librarian Day Parent-Teacher Conferences →	5 Minimum Day Summer School Survey Due Parent-Teacher Conferences →	6 Policy Council Meeting Parent-Teacher Conferences →	7	8
9 National Farm Animals Day Parent-Teacher Conferences →	10 National Farm Animals Day Parent-Teacher Conferences →	11 Transition Planning Meeting Parent-Teacher Conferences →	12 Minimum Day National Grilled Cheese Sandwich Day Parent-Teacher Conferences →	13 Parent-Teacher Conferences →	14	15
16 National Wear your Pajamas to Work Day Parent-Teacher Conferences →	17 National Bar Appreciation Day Parent-Teacher Conferences →	18 Transition Planning Meeting Parent-Teacher Conferences →	19 Celebrate Earth Day National Pretzel Day Parent Committee Meeting	20 Parent-Teacher Conferences →	21 Earth Day	22
23 National Picnic Day	24 National Zucchini Bread Day	25 National Zucchini Bread Day	26 National Pretzel Day Parent Committee Meeting	27 Parent-Teacher Conferences →	28	29

National Days
Each National Day will be explored in the classroom through activities and workshops.

Parent Committee Meeting
The Parent Committee Meeting will be held at 5:30 p.m. Guest speakers Peach Springs and Valentine. Food and childcare will be available.

Parent-Teacher Conferences & Home Visits
Parent-Teacher conferences will be held from March 26th through to April 13th. Home Visits will begin March 9th to April 13th.

Peach Springs Elementary School • April & May Calendar of Events
 Submitted by: Jessica Powskey | Hualapai Strategic Prevention Program

PSUSD ROARS: Be respectful, take ownership, awesome attitude, Be responsible, be safe

April 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 AZ MERIT Writing April 2-13 	2 3 First Things First meeting and board meeting 	4 5 AZ MERIT writing testing 	7 6 science Gr. 4,8 window March 26-April 20 (2 sessions) 	12 6-8 grade Prevention 3-4 pm 	13 AZ MERIT ELA/Math April 2-27 	14 20 seeking tribal 21 Carnival games and prizes
8 AZ MERIT Writing April 2-13	9 AZ MERIT Make up writing testing today	10 8th grade promotion Meeting 6-7 pm	11 AZ MERIT testing ELA Grades 3-8	12 6-8 grade Prevention 3-4 pm	13 AZ MERIT ELA/Math April 2-27	14 20 seeking tribal 21 Carnival games and prizes
15	16 AZ MERIT Math testing 	17 8th grade Promotion Meeting 6-7 pm Transportation audit	18 AZ MERIT Math Testing	19 LOCK Down Drill 1 pm (practice)	20 seeking tribal 21 Carnival games and prizes	21 Carnival games and prizes
22 EARTH DAY 23 	24 community Spring carnival at MMHS gym 6-8 pm 	25 culture Classes 1-4 pm every Wednesday	26 May calendars sent home	27 Fridays, check out culture and boys and girls club	27 Fridays, check out culture and boys and girls club	27 Fridays, check out culture and boys and girls club
29	30 May breakfast and lunch menus sent home	Thank you to the Hualapai culture Department	Every Wednesday they Provide culture classes for kids	Check out the monthly newsletter for events	Check out the monthly newsletter for events	Check out the monthly newsletter for events



Peach Springs School ROARS (Be RESPECTFUL, Take Ownership, Awesome Attitude, Be Responsible, Be Safe)

May 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					4 culture dept. art expo	5 culture dept. art expo

FTF May 1 DIBELS EOY 05/2 thru 05/10

Galileo EOY ASSESSMENT 05/2 thru 5/10

6 Newsletters going home Monday	7 Surveys sent home Monday	8 8th grade parent meeting 6-7	9 Volunteers needed for HS	10 Head start Transition visits to PSUSD kindergarten 9:30-11 am	11 Parent volunteers needed for high school transition visits	12 Parent volunteers needed for high school transition visits
13 HAPPY MOTHER'S DAY!	14 Parent Night Event 5:30-7 pm	15 8th grade parent meeting 6-7	16 Kingman transition visits for 8th graders	17 Seligman Transition visits for 8th graders Sherman HS grad. decorations	18 Parent volunteers needed for promotion decorations	19 Parent volunteers needed for promotion decorations
20 Tag you!	21 Kingman HS graduation today Lee Williams HS graduation May 23	22 AWARDS end of year	23 Field day 9am-noon	24 Last day of school and 8th Grade promotion	25 Seligman grad Teachers last Work day	26 Seligman grad Teachers last Work day



27	28 Memorial Day (Observed)	29 Updates Check out Boys and Girls events for the summer	30	31
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Nature and Place-Based Early Childhood Education • Payments Due: Monday, April 30th*Submitted by: Jonell Tapija | Hualapai Department of Education & Training***Prescott
College**Center for
**Nature and Place-Based
Early Childhood Education****THE SUMMER INSTITUTE for
NATURE and PLACE-BASED
EARLY CHILDHOOD EDUCATION****June 10th - June 14th, 2018**

Join us this summer for an inspiring, hands-on, and experiential professional development event in beautiful Prescott, Arizona. Collaborate with a passionate and diverse group of early childhood educators during our 4-day early childhood educator Summer Institute.

**This year's Summer
Institute participants will:**

- Discover creative, hands-on, and meaningful ways to engage children in nature-based learning experiences across multiple contexts.
- Experience outdoor environments that encourage children's overall development, learning, critical thinking and creative expression
- Engage in mindfulness activities for you to connect with nature and place
- Acquire effective strategies to advocate for nature-based activities in your program and community
- Learn risk assessment and management techniques for implementing nature-based environments
- Align standards with outdoor and indoor nature-based learning experiences
- Identify and promote community resources for inclusive and equitable access to natural environments and sense of place adventures for all children and families
- Explore cultural interpretations of nature, place, and culturally responsive teaching technique

The Summer Institute is offered annually by the Prescott College Center for Nature and Place-based Early Childhood Education with the generous support of the Storer Foundation.

GEORGE B.
STORER
FOUNDATION



photo credit:
Peter Sherman

"The topics were useful, the information we were given was invaluable and the activities were not only educational, but fun. I brought home material I would use and participated in experiences I will never forget."

- Debi

**Participants receive:**

- Valuable resources and user-friendly materials to support integrating nature and place-based activities in your own program
- Nature and Place-based Early Childhood Educator Certificate for participation in Prescott College's Summer Institute
- Professional development hours

The Summer Institute fee of \$275 includes materials and resources, four nights of lodging on campus and two meals a day. Commuters pay \$135 which includes materials and resources and scheduled meals except for breakfast. A limited number of scholarships are available.

Enrollment is limited and a non-refundable fee of \$100 is required to hold your place. Registration opens March 1st. All remaining payments are due by April 30th. To register online, please visit: www.prescott.edu/sifece

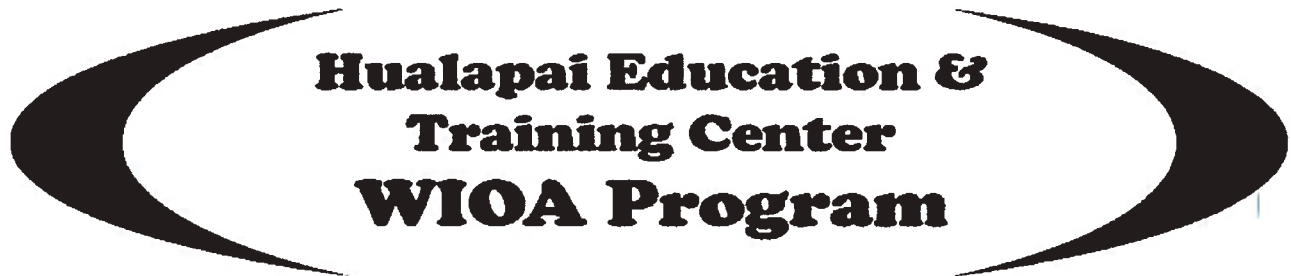
For questions and more information, please contact Ellen Bashor, Program Coordinator, at 928-350-2235.



naee naturalstart



Hualapai Education & Training Center • WIOA Program
Submitted by: Jean Imus | Hualapai Department of Education & Training



**Hualapai Education &
Training Center
WIOA Program**

TRAINING ANNOUNCEMENT

The Hualapai Workforce Innovation & Opportunity Act (W.I.O.A.) Program is accepting applications for the

*Adult, Youth, and Out-Of-School
Youth Programs*

Applications are available at the
Hualapai Education & Training Center

The following documents are required when
submitting your application:

- | | |
|---------------------------------|-------------------------------|
| Birth certificate | Social Security Card; |
| Income Verification | Household Verification; |
| School Transcripts | Selective Service Card |
| Diploma | Food Stamps Award Letter |
| Free & Reduced Eligibility Form | Certification of Indian Blood |

For information call the Center 769-2200

*An Equal Opportunity Employer/Program. Auxiliary aids and services are available upon request to individuals with disabilities.

2018 Recruitment for Fire Fighters & Camp Crew • Application Deadline: Saturday, May 11th
 Submitted by: Melvin Hunter, Sr. | Truxton Canon/Southern Paiute Agency

2018 Recruitment for Fire Fighters & Camp Crew

**The Truxton Canon/Southern Paiute Agency Fire Program is
 recruiting for Summer Employment now!**

APPLICATION DEADLINE IS MAY 11, 2018

Fire Crew Applicants must be:

- ✓ At least 18 years of age and in good physical and mental health.
- ✓ Able to pass a pack test:
 - Fire Fighters: 3-mile hike with 45 lb. pack test in 45 minutes or less.

Camp Crew Applicants must be:

- ✓ At least 16 years of age.
- ✓ There is no pack test requirement for camp crew.

Applications may be returned via:

Mail: Truxton Canon Agency
 13067 E Highway 66
 Valentine, AZ 86434

Fax : (928) 796-2326
 Email: Melvin.Hunter@bia.gov

PACK TESTS ARE SCHEDULED AS FOLLOWS:

(Note: You will have up to three chances to pass the pack test, so it is recommended that you take the earliest test in case you need to retake.)

FIRE CREW - Arduous Pack Test		Fireline Safety Refresher	
Thursday Feb 22	8:00 am to 11:00 am	Thursday Feb 22	12:00 pm to 4:30 pm
Thursday Mar 8	8:00 am to 11:00 am	Thursday Mar 8	12:00 pm to 4:30 pm
Thursday Mar 22	8:00 am to 11:00 am	Thursday Mar 22	12:00 pm to 4:30 pm
Thursday April 5	8:00 am to 11:00 am	Thursday April 5	12:00 pm to 4:30 pm
Thursday April 19	8:00 am to 11:00 am	Thursday April 19	12:00 pm to 4:30 pm

Basic Wildland Firefighter Training	
Monday – Friday March 12-16, 2018	Wildland Fire Training Center in Peach Springs, AZ
Monday – Friday June 4-8, 2018	

Please contact: Jeramie Ybright @ 435-674-9720 or
 Melvin Hunter @ 928-769-3308
 with any questions.

2018 BIA Truxton Canon/Southern Paiute Wildland Fire Training

The 2018 Wildland Fire Season is on its way and we are looking for highly motivated individuals willing to work strenuous shifts, maintain a positive attitude, and to be a team player. Keep in mind fire is unpredictable so shifts include weeks away from home and working holidays.

What is Wildland Fire?

A wildland fire is an unwanted ignition which consumes available fuels (grass, trees, and shrubs) by crawling, creeping, jumping, and running before smoldering to rest. Unwanted fires are the results of Rodeo-Chediski Fire (2002), Wallow Fire and Horeshoe 2 fire (2011) and most recently on the Hualapai Reservation the Sage Fire (2016).

What causes a Wildland Fire?

There are two types of ignitions 1) "anthropogenic" the results of human activity such as playing with matches, dropping cigarettes, embers from chimneys, unattended camp fires, and sparks from machines 2) natural ignitions are from volcanic activity and lightning.

How do I apply?

Contact staff at Branch of Forestry or stop by the office for application and nomination form for trainings. The process for employment is to complete; 1) Drug test 2) Physical Exam required and processed through Medical Standards or a Self-Certification Health Screen Questionnaire 3) Southwest Firefighter Application 4) Work Capacity Test (WCT): Informed

The position which you are applying for will determine the WCT as Pack test, Field test, or Walk test.

What will I Do?

You will be a part of a 20 man hand crew made up of a Crew Boss, Squad Bosses, and Sawyers. On the other hand, you may be working on a wildland fire engine or a single resource depending on experience and qualifications your position may vary.

Required

- DOI Drug Testing is required; test must include the five drugs: marijuana, cocaine, opiates, amphetamines and phencyclidine. Drug testing is provided by the applicant with a copy of verification to the Branch of Forestry.
- For pack test dress in gym clothes with walking or running shoes.
- Wildland Fire boots are required with Vibram sole with 8 inch top.

2018 BIA Truxton Canon/Southern Paiute Wildland Fire Training

Course Number :	Course Title:	Nomination Due:	Course Date:	Location:	Time:	Coordinator Phone/ Fax/Email:
RT-130 WCT	Annual Fireline Refresher / Work Capacity Test	Apr 3	Apr 5	Branch of Forestry Peach Springs, AZ	0800 - 1630	Melvin Hunter, Sr. O: 928-769-3308 F: 928-769-2326 melvin.hunter@bia.gov
N9055	CPR / 1 ST Aide Blood Borne Pathogen	Apr 6	Apr 10	Branch of Forestry Peach Springs, AZ	0800 - 1630	Melvin Hunter, Sr. O: 928-769-3308 F: 928-769-2326 melvin.hunter@bia.gov
RT-130 WCT	Annual Fireline Refresher / Work Capacity Test	Apr 17	Apr 19	Branch of Forestry Peach Springs, AZ	0800 - 1630	Melvin Hunter, Sr. O: 928-769-3308 F: 928-769-2326 melvin.hunter@bia.gov
S-131	Advanced Fire Fighter	Apr 21	Apr 25	Branch of Forestry Peach Springs, AZ	0800 - 1630	Melvin Hunter, Sr. O: 928-769-3308 F: 928-769-2326 melvin.hunter@bia.gov
S-133	Look Up / Look Down / Look Around	Apr 21	Apr 26	Branch of Forestry Peach Springs, AZ	0800 - 1630	Melvin Hunter, Sr. O: 928-769-3308 F: 928-769-2326 melvin.hunter@bia.gov
S-134	Lookout / Communications / Escape Routes / Safety Zones	Apr 23	Apr 25 - 26	Branch of Forestry Peach Springs, AZ.	0800 - 1630	Melvin Hunter, Sr. O: 928-769-3308 F: 928-769-2326 melvin.hunter@bia.gov

2018 BIA Truxton Canon/Southern Paiute Wildland Fire Training

S-130 / S-190 I-100 / L-180 S-110	Basic Wildland Fire Fighter	May 30	June 4 - 8	Branch of Forestry Peach Springs, AZ	0800 - 1630	Melvin Hunter, Sr. O: 928-769-3308 F: 928-769-2326 melvin.hunter@bia.gov
	ATV / UTV Training	TBA	TBA	Branch of Forestry Peach Springs, AZ		Melvin Hunter, Sr. O: 928-769-3308 F: 928-769-2326 melvin.hunter@bia.gov

CLASSES AVAILABLE ONLINE AND CAN BE FOUND AT THE LINK BELOW

Required Trainings: IS -700a, ICS 100, and ICS 200 (Single Resource Only) FEMA National Incident Management System Link: <http://training.fema.gov/emiweb/is/is700a.asp>

The online training is a self-study course; upon completion please submit your certificates to TCA.

National Wildfire Coordinating Group (NWCWG) Training and Qualifications Link: <http://training.nwcg.gov/courses.html>.

Required Rookie Training includes: I-100, S-190, and S-130, and L-180. NOTE: S-130 and L-180 Also offered Online.

I – 100; Introduction to the Incident Command System (2006), required

S-110; Basic Wildland Suppression Orientation (2003), required

S-130; Firefighter Training (2003), required

S-190; Introduction to Wildland Fire Behavior (2006), required

S-290; Intermediate Wildland Fire Behavior (2010), recommended for Single Resource Trainee and Qualified

TCA – Branch of Forestry, 1130 Mesa View Dr. Peach Springs, AZ 86434 PH: 928.769.2270 FAX: 928.769.2326 HRS: M-F, 0800-1630

SPA – Fire Management, 180 N 200 E suite 111, St. George, UT 84770 PH: 435.674.9720 FAX 435.674.9714 HRS: M-F 0800-1630

HEALTH & EDUCATION INFORMATION

Good Health & Wellness Coalition with Resolution No. 69-2011 • Wednesday, April 25th

Submitted by: Vondell Bender, GHW Educator | Hualapai Health, Education & Wellness

Good Health & Wellness Coalition

Join Us

New Coalition members are welcome to join our
monthly meetings.

Our Vision

The vision of the Hualapai Good Health & Wellness Coalition is for
the Hualapai Community to live a healthy quality lifestyle &
promote health & wellbeing.

Our Mission

The mission of the Hualapai Good Health & Wellness Coalition
is to provide education to the Hualapai Community

Prevention Area

Increase promotion of alternatives to less healthy food &
beverages that are high in sodium, sugars, and solid fats.

Attached is an old resolution that was passed, but later was rescinded
sometime after, we have not yet received the document stating the
Reason for the rescinded, so our plan is to bring it back for the health
of our community. If you wish to share you thoughts on this, you are

Welcome to attend our coalition meeting on

April 25, 2018

@ 1p-3p

H.E.W conference room

Contact Information: Vondell Bender, GHW Site Coordinator 769-2207



HUALAPAI TRIBAL COUNCIL
RESOLUTION NO. 69-2011
OF THE GOVERNING BODY OF THE
HUALAPAI TRIBE OF THE HUALAPAI RESERVATION
PEACH SPRINGS, ARIZONA

Healthy Food Policy Governing Expenditure of Tribal Funds

WHEREAS, the Hualapai Tribe has the health of the Hualapai people as a priority as demonstrated by its support of health promotion and disease prevention initiatives; and

WHEREAS, the Hualapai Tribe recognizes that lifestyle related chronic disease has reached epidemic proportions in our community with greater than 40% of adults diagnosed with diabetes and/or heart disease; and

WHEREAS, the Hualapai Tribe has the opportunity to impact the health of its employees and their families by creating healthy, safe work environments; and

WHEREAS, the Hualapai Tribe has health of tribal employees as a priority as demonstrated by its support of tribal employees' involvement in the POPS Health Program and 30 minute of exercise during the work day; and

WHEREAS, the Hualapai Tribe recognizes that it can create a healthy work environment that encourages employees to make healthy food choices that reduce the risk of diabetes and heart disease.

NOW THEREFORE BE IT RESOLVED, that the Hualapai Tribal Council approves the Healthy Food Policy Governing Expenditure of Tribal Funds provided as an attachment to this resolution.

CERTIFICATION

I, the undersigned as Chairwoman of the Hualapai Tribal Council hereby certify that the Hualapai Tribal Council of the Hualapai Tribe is composed of nine (9) members of whom (6), constituting a quorum, were present at a Regular Council meeting held on the 3rd day of October, 2011; and that the foregoing resolution was duly adopted by a vote of (5) in favor, (0) opposed, (1) not voting, (3) excused, pursuant to authority of Article V, Section (a) of the Constitution of the Hualapai Tribe, approved March 13, 1991.

Louise Benson, Chairwoman
Hualapai Tribal Council

ATTEST:

Adeline Crozier, Assist. Secretary
Hualapai Tribal Council

Maternal Child Health • Thank You

Submitted by: Madelena Cesspooch, MIECHV Educator | Hualapai Health, Education & Wellness

**Hualapai Maternal Child Health**

Renee Jaramillo, MIECHV /Supervisor /Educator

(928) 769-2207

RJaramillo@hualapai-nsn.gov

Hualapai Health Education and Wellness,
488 Hualapai Way Peach Springs, AZ 86434

Hello!

We at Maternal Child Health would like to thank the community for attending and participating in our monthly events. It is always a pleasure to see the guardians and their children attend these events. Some of our most well liked events are the Charlie Brown Holiday events which we started in 2016. The first one was our Charlie Brown Thanksgiving. This event was held at the Hualapai Health and Wellness Center's large conference room. We had twenty-one families attending this event. We served a full Thanksgiving Feast, had a reading of the book, a book give-away, a viewing of the movie, and a fun craft. This set the mark for our "Annual Charlie Brown" events. In 2017 we decided to have our Charlie Brown Thanksgiving at the Multi and good thing we did because we had a full house with over fifty plus families not including their children. Over the next year we had various events for the community such as our Family Day Jam last summer (and which we hope to host again this coming summer), our Pete the Cat book reading events, and our prenatal and new mother events. Every time we prepare for this we are curious on who will attend and if the turnout will be big or small. Every time the community amazes us with their participation and feedback. It motivates our program to see the families attend with their children and have a good time with their kids. The reason for this letter is just to show our gratitude for your participation. Your children will definitely remember the fun times you spent with them together as a family.

We are here to serve families who are pregnant or have children under the age of six or both. We share information and valuable resources to the families, as well as fun activities you can do with your child to help promote their learning. If you are interested in the program do not hesitate to contact us for yourself or for a family member, at the Hualapai Health-Education and Wellness center. We make our interactions fun and engaging as well as supportive to the families involved. The monthly events are open to all community members whether you're in the program or not. Just listen out for us on the radio or keep an eye out for our flyers. If you have never been to an event come through and see what we are all about. You can reach myself or Madelena at (928) 769-2207 for more information or questions you may have. Thank you for your time in reading our letter and we hope to see you and your family soon!

Sincerely and Respectfully,

Renee Jaramillo, MIECHV Supervisor/Educator

Madelena Cesspooch, MIECHV Educator

MIECHV Program • Baby Welcome!

Submitted by: Madelena Cesspooch, MIECHV Educator | Hualapai Health, Education & Wellness

Baby Welcome!

*The MIECHV Program
would like to welcome you and your baby!*

Are you expecting? Do you have a family member that is expecting? Well, we would like to give that mother and child a BIG MIECHV Welcome!

We have a welcome package for you! Give us a call for more information!

We hope to connect with you and your baby soon and *Congratulations!*

Renee Jaramillo, MIECHV Supervisor

Madelena Cesspooch, MIECHV Educator

(928) 769-2207 Ext. 242 or Ext. 239

— SUPPORTED BY —

 **FIRST THINGS FIRST**

Good Health & Wellness Coalition with Resolution No. 69-2011 • Wednesday, April 25th
Submitted by: Vondell Bender, GHW Educator | Hualapai Health, Education & Wellness

Appreciating The Men In Our Lives

Men's Health Fair II

What would you like to
Hear, See, Do at this
Years Fair?

Top 10 Ideas:

Share your ideas



1. NON-GMO
2. MENTAL HEALTH
3. HEART DISEASE
4. COLON CANCER
5. VA ISSUES
6. EXERCISE/ FITNESS
7. E.D.
- 8 BLOOD PRESSURE
9. BETTER FAMILY LIFE
10. JOB SATISFACTION

Choose 3 or send
us your IDEAS
Email us at

dbrehmeyer@hualapai-nsn.gov

Or Call Vondell Bender, GHW Educator
@ H.E.W @ 928-769-2207 ext. 209



Hualapai Good Health & Wellness Program • "Name Your Poison"
Submitted by: Vondell Bender, GHW Educator | Hualapai Health, Education & Wellness



Hualapai Good Health & Wellness Program



This is also a TOBACCO product!

NAME YOUR POISON

POLONIUM 210
(RADIOACTIVE PARTICLES)

N-NITROSAMINES
(CANCER-CAUSING AGENTS)

ACETALDEHYDE
(IRRITANT)

URANIUM 235
(USED IN NUCLEAR WEAPONS)

HYDRAZINE
(TOXIC CHEMICAL)

CADMIUM
(USED IN CAR BATTERIES)

NICOTINE
(ADDICTIVE DRUG)

FORMALDEHYDE
(EMBALMING FLUID)

BENZOPYRENE
(TOXIC CHEMICAL)



If you are looking for help to QUIT Smoking or Chewing Tobacco you can contact:

**Submitted By: Vondell Bender,
Good Health & Wellness Educator**

**Rebecca Rice, IHS Health Educator
@ (928) 769-2923**

Good Health & Wellness Coalition with Resolution No. 69-2011 • Wednesday, April 25th
 Submitted by: Vondell Bender, GHW Educator | Hualapai Health, Education & Wellness

Healthy Eating with Diabetes

What is Diabetes?

Your body and brain need sugar from the foods you eat. Diabetes is a medical condition where you have too much sugar in your blood (called blood glucose). Eating well, getting regular physical activity, maintaining a healthy weight, and taking prescribed medicines can help manage diabetes.

Foods that contain carbohydrate are changed into blood glucose when you eat. These include:

- » Plant-based foods like grains, dried beans and peas, starchy vegetables, fruit, and fruit juice
- » Dairy-based foods like milk and yogurt
- » Sweets like sugar, honey, jellies, candy, syrup, and regular sodas
- » Baked goods like cakes, cookies, and pies



Plan to eat every 3-4 hours during the day

Diabetes Diet Tips

- Eat meals and snacks at about the same time every day, eating every 3-4 hours.
- Eat a consistent amount of foods that contain carbohydrate at each meal and snack.
 - » 2-3 carbohydrate choices for meals
 - » 1-2 carbohydrate choices for snacks
 - » Get specific recommendations for you from a registered dietitian or certified diabetes educator.
- Focus on fiber from whole grains and vegetables. Fiber helps control blood glucose levels.
- Protein foods like beef, chicken, and fish do not contain carbohydrate and don't make blood glucose go up. Select lean cuts of meat and trim visible fat and skin.
- Eat as many vegetables as you want **except** for starchy ones. Limit these portions 1/2 to 1 cup (less than the size of your fist).
- Choose water, unsweetened coffee, tea, or diet soft drinks.



Read Food Labels

Learn to read food labels to determine the amount of carbohydrates in the portion you are eating. Compare the serving size listed on the label to the portion you plan to eat.

Follow a Balanced Diet to Control Blood Glucose Levels -

- » Plan to eat every 3-4 hours during the day.
- » Avoid skipping meals.
- » Watch your portion size. Use a smaller plate, cup, or bowl and portion out foods before eating.

What equals 1 carbohydrate choice?

1 carb choice = 15 grams of carbohydrate

Grains: 1 (1 oz.) slice of bread
 1/2 English muffin, bagel, or bun (1oz.)
 1 (6") tortilla
 1/3 cup cooked rice or pasta
 3/4 cup ready-to-eat cereal
 1/2 cup cooked cereal

Dairy: 1 cup milk or yogurt

Vegetables: 1/2 cup starchy vegetable: corn, peas, potato, sweet potato, yams, cooked dried beans

Fruits: 1 medium piece of fruit
 1 cup berries or melon
 1/2 cup canned fruit (in water or juice)
 1/2 cup 100% fruit juice



Cut back on foods high in solid fats, added sugars, and salt

Be physically active *your way*

Pick activities that you like and start by doing what you can, at least 10 minutes at a time. Every bit adds up, and the health benefits increase as you spend more time being active.



Diabetes My Plate • Dairy, Fruits, Starchy Vegetables, Non-Starchy Vegetables & Protein

Submitted by: Vondell Bender, GHW Educator | Hualapai Health, Education & Wellness



Diabetes MYPLATE

DAIRY

Get your calcium-rich foods

- Choose fat-free or low-fat milk or yogurt
- Choose calcium-fortified foods if you can't eat dairy products.



FRUITS

Focus on fruits

- Choose whole or cut-up fruit over fruit juice.
- Select canned fruits in 100% juice or water, not syrup.
- Dried fruit or juice portion sizes are small so they may not be as filling as fresh or canned fruits.

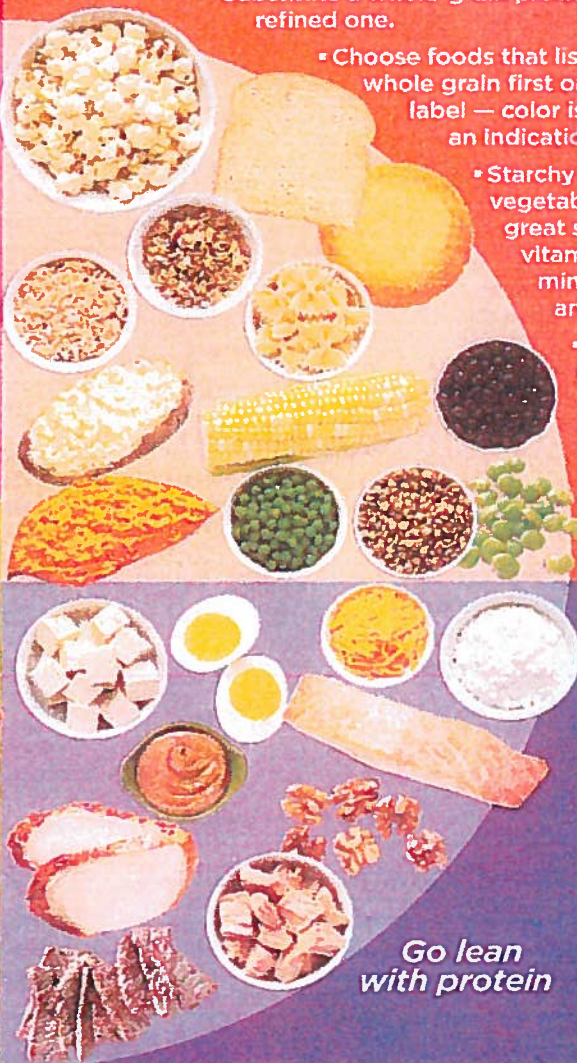


*Vary your
veggies*

STARCHY VEGETABLES GRAINS | LEGUMES

Choose high fiber carbohydrate choices

- Substitute a whole-grain product for a refined one.
- Choose foods that list a whole grain first on the label — color is not an indication.
- Starchy vegetables are great sources of vitamins, minerals, and fiber.
- Include dried beans and peas at meals.



*Go lean
with protein*

NON-STARCHY VEGETABLES

- Buy fresh vegetables in season - keep frozen on hand, too.
- Plan meals around a vegetable main dish, such as a vegetable stir-fry.
- Keep cut-up vegetables handy for quick snacks.

PROTEIN

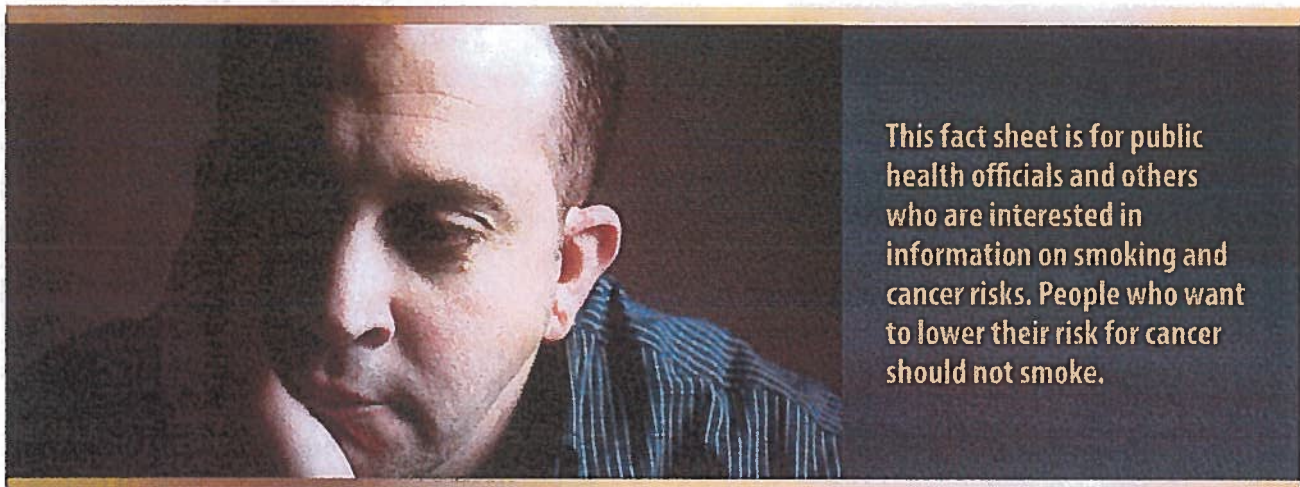
- Start with lean choices, and remove visible fat and skin.
- Use fish and poultry more often.
- Try grilling, broiling, poaching, or roasting — these methods do not add extra fat.

Smoking and Cancer

Submitted by: Vondell Bender, GHW Educator | Hualapai Health, Education & Wellness



SMOKING AND CANCER



This fact sheet is for public health officials and others who are interested in information on smoking and cancer risks. People who want to lower their risk for cancer should not smoke.

WHAT YOU NEED TO KNOW ABOUT SMOKING AND CANCER

One of every three cancer deaths in the United States is linked to smoking. The 2014 Surgeon General's Report (SGR) identifies additional cancers that are linked to smoking: cancer of the colon and of the rectum (also called colorectal cancer) and liver cancer. Colorectal cancer causes the second largest number of cancer deaths every year, behind only lung cancer, and is the fourth most commonly diagnosed cancer in the United States. About 30,000 new cases of liver cancer are diagnosed every year in this country; about 20,000 deaths from liver cancer occur.

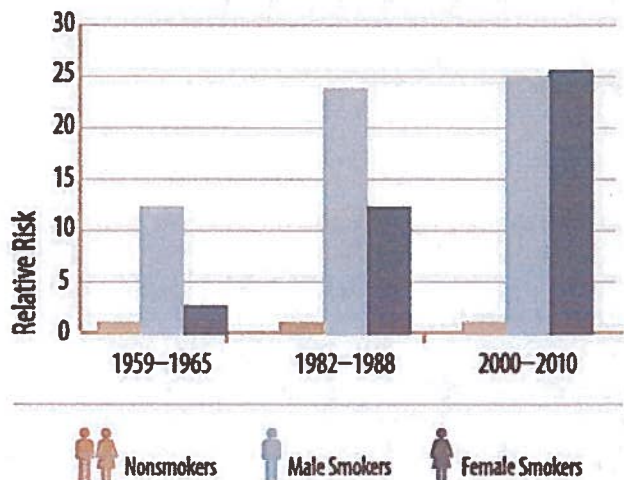
In all, SGRs from 1964 to 2014 have identified the following specific cancers caused by smoking, including cancer of:

- the lungs, trachea, and bronchus;
- the oropharynx;
- the esophagus;
- the larynx;
- the stomach;
- the bladder;
- the kidney and ureter;
- the pancreas;
- the uterine cervix;
- the colon and rectum (colorectal cancer);
- the liver; and
- acute myeloid leukemia.

LUNG CANCER

Lung cancer, the first of many deadly diseases to be identified in an SGR as being caused by smoking, is now the nation's most common cancer killer among both men and women. Smoking causes almost 9 out of 10 lung cancers. Even though smoking rates have gone down dramatically, the risk for lung cancer has gone up over the last 50 years.

GROWING LUNG CANCER RISKS





Three studies tracked cancer risks among U.S. men and women over age 55. The studies showed that in the early 1960s, men who smoked were 12.2 times more likely to develop lung cancer than men who did not smoke; by 2010, that risk had more than doubled, from 12.2 to 25. Among women smokers, the risk of lung cancer went up even more dramatically. In 1965, women smokers were 2.7 times more likely to develop lung cancer than women nonsmokers; by 2010, the risk for women smokers had jumped to 25.7. Cancer risks went up even though smokers in the 2000–2010, study smoked fewer cigarettes than did smokers in earlier studies.

The 2014 Surgeon General's Report finds that changes in how cigarettes are designed and what they contain have contributed to higher risks of lung cancer in smokers. The evidence suggests that ventilated filters and increased levels of certain chemicals in cigarettes may have played a role.

HOW SMOKING CAUSES CANCER

Each cigarette puff delivers a mixture of chemicals to the lungs where they are absorbed into the bloodstream and carried to every organ in the body. Many of these chemicals damage DNA, which controls how cells reproduce and directs cells to carry out different tasks. DNA damage can cause cells to mutate and grow uncontrollably, and can start the body on the path to cancer. Tobacco smoke contains more than 7,000 chemicals, at least 70 of which are known to cause cancer.

Most people find a combination of resources works best. Many smokers do not quit on their first attempt. Many need several tries to successfully quit. But the benefits are well worth it. Keep trying.

SMOKING IS DANGEROUS FOR CANCER PATIENTS AND SURVIVORS

Smoking not only causes cancer but also interferes with cancer treatment. Cancer patients and cancer survivors who smoke are at greater risk for their cancer to recur. They are also more likely to die from their primary cancer and from secondary cancer (a cancer that occurs in a different organ). They are more likely to have serious medical issues from their cancer treatment—a condition known as treatment toxicity. They are also at higher risk for death from all other causes, such as pneumonia and infection. Quitting smoking improves the prognosis of cancer patients.

QUITTING SMOKING AND RISK OF CANCER

Even though we don't know exactly which smokers will develop cancer from smoking, all smokers who want to lower their risk of cancer should quit smoking. Their doctors can help them quit, and free help is available at 1-800-QUIT-NOW, at cdc.gov/tips, and at smokefree.gov.

Within five years, smokers who quit entirely cut in half their chances of cancer of the:

- mouth;
- throat;
- esophagus; and
- bladder.

Within 10 years, their risk for dying from lung cancer drops by half.

1 OUT OF 3
CANCER DEATHS
COULD BE PREVENTED

RESOURCES FOR QUITTING

- Call 1-800-QUIT-NOW.
- www.smokefree.gov
- www.cdc.gov/tips



Centers for Disease Control and Prevention
Office on Smoking and Health

A Tip From a Former Smoker • Brandon's Story

Submitted by: Vondell Bender, GHW Educator | Hualapai Health, Education & Wellness



Centers for Disease Control and Prevention
 CDC 24/7: Saving Lives, Protecting People™

Brandon's Story



Brandon, 31, North Dakota; diagnosed with Buerger's disease at age 18.

Thirty-one-year-old Brandon started smoking in his mid-teens, and by 18, he was diagnosed with Buerger's disease, a disorder linked to tobacco use that causes blood vessels in the hands and feet to become blocked and can result in infection or gangrene. Although there is no cure for this terrible disease, quitting tobacco use can stop the symptoms.

"I was young. I didn't believe it. I was going to prove the doctors wrong," says Brandon.

"Ultimately, it took 9 years and the amputation of both my legs and several fingertips for me to quit smoking."

Smoke-free for 4 years now, Brandon hasn't had any more amputations, but he still must manage the consequences of being a double amputee. "If I have to go to the bathroom in the night, I either have to put my legs on or crawl," he says. "I can only spend a limited amount of time on my prosthetic legs or I run the risk of getting sores—then I have to use a wheelchair."

Brandon is also keenly aware of the consequences for his loved ones. "My cigarette smoking affected so many people," he says. "My parents, my wife, my daughter, and now my infant son. I can sit on the floor with him now when he's a baby, but when he gets older, I won't be able to go out and run and play football with him. Smoking is never just about you."

Brandon is participating in the *Tips From Former Smokers*® campaign because he is disgusted by tobacco and wants people to quit using it. "I took smoking too far," he says. "Quit today, not tomorrow. You just don't know the consequences of that next cigarette."

A TIP FROM A
**FORMER
 SMOKER**

**ALLOW EXTRA
 TIME TO PUT ON
 YOUR LEGS.**

Brandon, Age 31, Diagnosed at 18
 North Dakota



Smoking causes immediate damage to your body. For Brandon, it caused Buerger's disease, which cut off blood flow and led to amputation. You can quit. For free help, call **1-800-QUIT-NOW**



U.S. Department of Health and Human Services
 Centers for Disease Control and Prevention
 CDC.gov/tips

Talking to Your Kids About Sexual Assault

Submitted by: Jessica Powskey, Strategic Prevention Coordinator | Hualapai Health, Education & Wellness Department

RAINN

Talking to Your Kids About Sexual Assault

<https://www.rainn.org/articles/talking-your-kids-about-sexual-assault>

It can be stressful to plan a big safety talk about sexual assault with your kid. The good news is, you don't have to. Conversations about sexual assault can be a part of the safety conversations you're already having, like knowing when to speak up, how to take care of friends, and listening to your gut. The key is to start these conversations when your kids are young, and have these conversations often.

Start conversations about safety when your kids are young

Teach young children the language they need to talk about their bodies and information about boundaries to help them understand what is allowed and what is inappropriate. These lessons help them know when something isn't right and give them the power to speak up.

- **Teach children the names of their body parts.** When children have the words to describe their body parts, they may find it easier to ask questions and express concerns about those body parts.
- **Some parts of the body are private.** Let children know that other people shouldn't touch or look at them. If a healthcare professional has to examine these parts of the body, be present.
- **It's OK to say "no."** It's important to let children know they are allowed to say "no" to touches that make them uncomfortable. This message isn't obvious to children, who are often taught to be obedient and follow the rules. Support your child if they say no, even if it puts you in an uncomfortable position. For example, if your child doesn't want to hug someone at a family gathering, respect their decision to say "no" to this contact.
- **Talk about secrets.** Perpetrators will often use secret-keeping to manipulate children. Let children know they can always talk to you, especially if they've been told to keep a secret. If they see someone touching another child, they shouldn't keep this secret, either.
- **Reassure them that they won't get in trouble.** Young children often fear getting in trouble or upsetting their parents by asking questions or talking about their experiences. Be a safe place for your child to share information about things that they have questions about or that make them uncomfortable. Remind them they won't be punished for sharing this information with you.
- **Show them what it looks like to do the right thing.** It could be as simple as helping an elderly person get off a bus or picking up change that some-

one has dropped on the ground. When you model helping behavior it signals to your child that this is a normal, positive way to behave.

- **When they come to you, make time for them.** If your kid comes to you with something they feel is important, take the time to listen. Give them your undivided attention, and let them know you take their concerns seriously. They may be more likely to come to you in the future if they know their voice will be heard.

Continue to engage teens in safety conversations

It's important to create a dialogue about topics like safety and sexual assault with your teen. Consider these conversation starters to engage them in conversation.

- **Use the media to make it relevant.** Ask your teen's opinion on something happening on social media, in the news, in a new movie, or on a popular TV show. You could even watch an episode with them and ask follow up questions. Asking their opinion shows them that you value their point of view and opens up the door for more conversation.
- **Use your own experience to tell a safety story.** Sharing your own experiences can make these conversations relevant and feel more real to teens. If you don't have an experience you feel comfortable sharing, you can tell a story about someone you know.
- **Talk about caring for their friends — not just about their own behavior.** Talking about how to be a good friend can be a powerful way of expressing to your teen that you trust them to do the right thing without sounding like you're targeting their personal behavior. It also gives you the chance to communicate safety practices they may not otherwise be receptive to.
- **Talk about sexual assault directly.** For some teens, safety issues like sexual assault aren't on the radar. On the other hand, they may have misconceptions about sexual assault they've picked up from peers or the media. Bring up statistics that relate to them, such as the fact that 93 percent of victims who are minors know the perpetrator. Explain that no one "looks like a rapist," and that seven out of 10 instances of sexual assault are committed by someone known to the victim.

To speak with someone who is trained to help, call the National Sexual Assault Hotline at 800.656.HOPE (4673) or chat online at [online.rainn.org](https://www.rainn.org). For additional information on talking with your child about safety from sexual abuse, visit **Darkness to Light**.

32nd Annual Alcohol Awareness Month • April*Submitted by: Jessica Powskey, Strategic Prevention Program | Hualapai Health, Education & Wellness***32nd Annual
Alcohol Awareness Month****"Changing Attitudes:
It's not a 'rite of passage'."**

National Council on Alcoholism and Drug Dependence, Inc.
217 Broadway, Suite 712 New York, NY 10007
Phone: 212-269-7797 | Fax 212-269-7510
email: national@ncadd.org | website: www.ncadd.org
HOPE LINE: 800 NCA-CALL (24-hour Affiliate referral)

**NCADD ALCOHOL AWARENESS MONTH 2018
"Changing Attitudes: It's not a 'rite of passage'."**

This April is Alcohol Awareness Month. Founded and sponsored by the National Council on Alcoholism and Drug Dependence, Inc. (NCADD) since 1987, this year's theme is: "Changing Attitudes: It's not a 'rite of passage'," No other substance is more widely used and abused by America's youth than alcohol, making alcoholism and alcohol-related problems the number one public health problem in the United States. Fostering healthy and responsible attitudes, talking openly and honestly, encouraging supportive relationships, and showing children that their opinions and decisions matter, are all ways to help prevent the use of alcohol and drugs.

Parents often forgive underage drinking as a "rite of passage." They can simply sit back and hope their kids will "get through it," or they can change their attitude and take an active role in learning about alcohol and drugs and help their kids do the same. It can be challenging to develop the communication skills needed to talk with your children about drinking and drugs, but it will be well worth the effort you put into it, as you get to know your children a little better and help them build the coping skills they need to handle the anger, stress, peer pressure, loneliness and disappointment that are part of being an adolescent. So, let's get started. We can't afford to wait any longer.

Prevent Child Abuse America • Help Great Childhoods Happen This April*Submitted by: Jessica Powskey, Strategic Prevention Program | Hualapai Health, Education & Wellness***Prevent Child Abuse America:****"Help Great Childhoods Happen this April!"**

National non-profit is encouraging people to get involved with child abuse prevention by taking part in activities like mentoring, advocating or donating on behalf of children

(CHICAGO, IL) - This April, the leading organization dedicated to the primary prevention of child abuse and neglect has a message for all Americans: "you're doing great things for children, keep it up!" April is Child Abuse Prevention Month and Prevent Child Abuse America is spreading the message that everyone can help great childhoods happen in their community. Research suggests that many people are already playing a role in preventing child abuse and creating great childhoods in their communities, they just don't realize it. A study commissioned by Prevent Child Abuse America shows that only 27% of Americans report that they are engaged in prevention. However, that same study showed that:

- 80% of Americans reporting donating goods, money or time to an organization supporting children and families,
- 70% reported volunteering with children through places of worship, schools, and sports or academic clubs, and
- 56% provided mentorship to a child in their family, neighborhood, or community.

"These numbers show that many people are already involved in activities that prevent child abuse and neglect, they just don't realize it" said Dan Duffy, President and CEO of Prevent Child Abuse America. "This April we are working to educate the public

regarding how they are already helping to prevent child abuse, as well as offering some positive ideas about how we all can help children and families thrive." In response to their research, Prevent Child Abuse America is encouraging the public to learn more about how three specific actions - mentoring children and parents, advocating for family-friendly policies, and donating time and money—relate to child abuse prevention while giving the public the tools and resources they need to get involved in these activities.

Some suggestions from Prevent Child Abuse America for how people can get involved include:

- Volunteering to staff an after-school program like a sports or academic team.
- Mentoring a new parent by reaching out to your neighbor and offering to help, such as by babysitting or cooking,
- Advocating for federal and state policies that support children and families, such as home visiting programs, paid family medical leave.
- Learning about abuse prevention curricula in place at local schools or churches and advocating to create one if there is not yet a program in place.
- Donating time to organizations that support children, such as by offering to be a free tutor or getting involved with a local mentorship program.
- Donating money to organizations that fight for children and families such as a local Prevent Child Abuse America state chapter.

Sexual Assault Awareness Month • April

Submitted by: Jessica Powskey, Strategic Prevention Program | Hualapai Health, Education & Wellness

EMBRACE YOUR VOICE

HOW YOU TALK ABOUT SEXUAL VIOLENCE MATTERS.

The things you say every day send a message about your beliefs and values. When you stand up for survivors of sexual violence, you send a powerful message that you believe and support them.

WHAT INFLUENCES YOUR BELIEFS ABOUT SEXUAL VIOLENCE?

- Your ideas about sexual violence – including portrayals of what a victim looks like, who perpetrates sexual assault, and more – might be informed by TV shows, movies, news reporting, and other forms of media.
- The reality is that sexual assault in the media is often inaccurate and doesn't tell the whole story.
- Reflect on where you've seen sexual violence shown or talked about. How might that have impacted your views or led to assumptions you make about sexual assault?

HOW YOUR WORDS AFFECT OTHERS

- Chances are someone you know is a survivor of sexual violence. They might not have told anyone out of fear of being blamed or judged.
- If someone in your life is considering sharing something personal with you, they are likely listening to your opinions or attitudes for clues on how you will respond.
- A comment or joke based on assumptions or stereotypes might not seem like a big deal, but it could make someone feel unsafe about sharing personal or painful things with you.

For example: "I could never tell her what happened to me. She said if victims of sexual assault don't go to the police, then it wasn't serious."



WHAT CAN YOU DO?

- Don't wait for a critical moment to say the right things. The words you choose every day communicate your values.
- When you hear comments that blame victims or make light of sexual violence, speak up so others know you don't agree. Even if you don't have a perfect response, this shows you do not believe in stereotypes, you believe survivors, and you're a safe person to talk to.

For example: "That commercial made me uncomfortable. I don't know exactly why, but I think everyone should be treated with respect." or, "I don't think that's true – I believe people when they say that someone has hurt them."

YOU CAN BECOME AN AGENT OF CHANGE

- Our words shape the world around us.
- Whether you are showing your support for a survivor or helping someone better understand these issues, your voice is powerful and necessary in this conversation.

P.A.C.K Assorted Colors for Kids!

Submitted by: Vondell Bender, GHW Educator | Hualapai Health, Education & Wellness

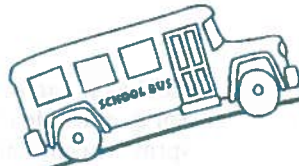


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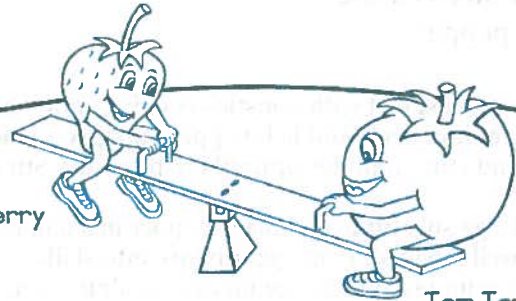
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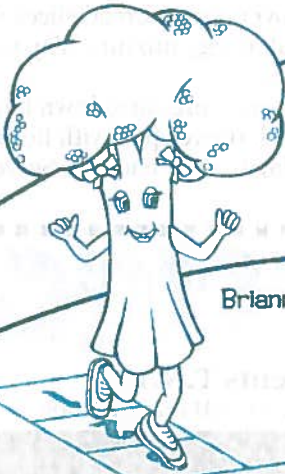
PACK ASSORTED COLORS FOR KIDS!



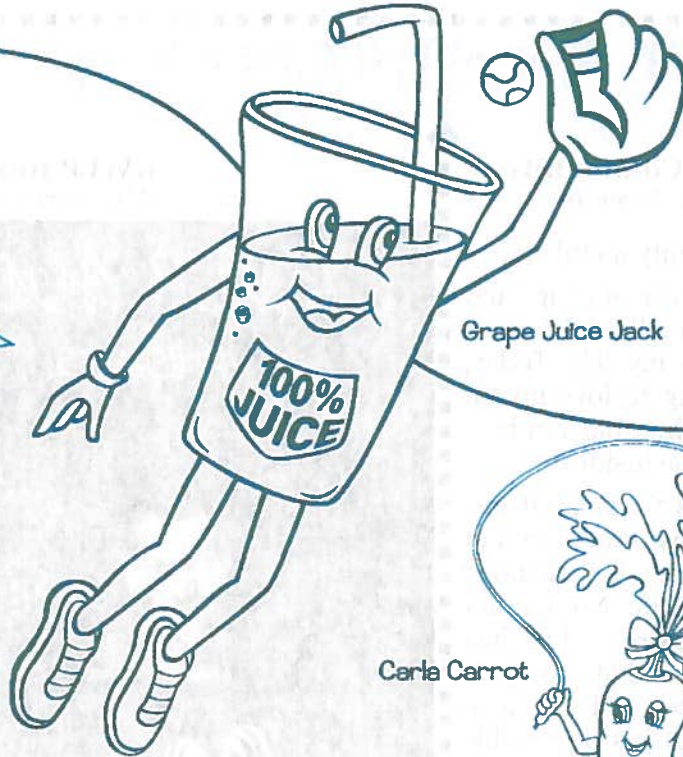
Samantha Strawberry



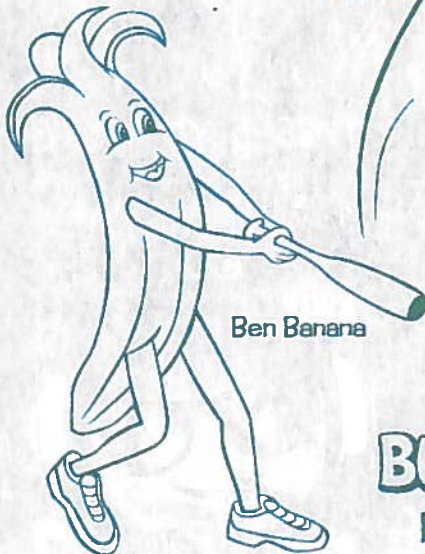
Tom Tomato



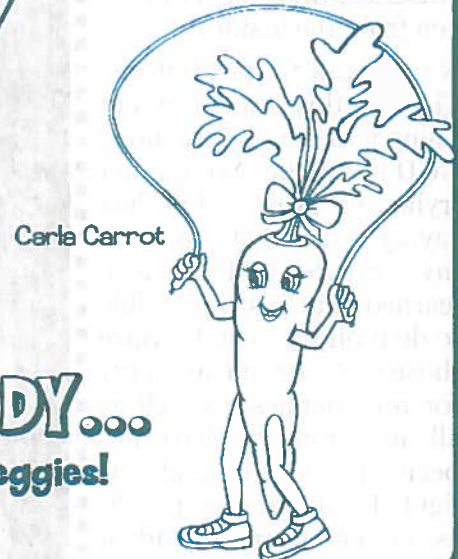
Brianna Broccoli



Grape Juice Jack



Ben Banana



Carla Carrot

BUILD A BETTER BODY...
Eat More Colorful Fruits and Veggies!

Ham and Egg Breakfast Panini*Submitted by: Vondell Bender, GHW Educator | Hualapai Health, Education & Wellness***Ham and Egg Breakfast Panini**

- * ¼ cup chopped green or red bell pepper
- * 2 tablespoons sliced green onion
- * 1 slice (1 oz.) reduced-fat smoked deli ham, chopped
- * ½ cup cholesterol-free egg substitute
- * 4 slices multigrain or whole grain bread
- * 2 slices (¾ oz. each) reduced-fat Cheddar or Swiss cheese
- * Black pepper

Makes 2 sandwiches
 Nutrients per serving:
 Serving size: 1 sandwich
 Calories: 271
 Total fat: 5g
 Saturated fat: 1g
 Cholesterol: 9mg
 Carbohydrate: 30g
 Fiber: 6g
 Protein: 24g
 Sodium: 577mg

Dietary exchanges: 2 starches, 2 meat



1. Spray small skillet with nonstick cooking spray; heat over medium heat. Add bell pepper and green onion; cook and stir 4 minutes or until crisp-tender. Stir in ham.
2. Whisk egg substitute and black pepper in small bowl until well blended. Pour egg mixture into skillet; cook 2 minutes or until egg mixture is almost set, stirring occasionally.
3. Heat grill pan or medium skillet over medium heat. Spray one side of each bread slice with cooking spray; turn bread over. Top 2 bread slices with 1 cheese slice and half of egg mixture. Top with remaining bread slices.
4. Grill 2 minutes per side, pressing down lightly with spatula until toasted. (Cover pan with lid during last 2 minutes of cooking to melt cheese). Serve immediately.

COMMUNITY MESSAGES

To My Community*Submitted by: Reggie Hernandez*

To community members,
 I'm a survivor of drugs and alcohol. I realized I have a purpose in my life. Today, I'm learning to love myself and accepting that I'm broken from the inside out.

No one can fix me, but me. Though this time I'm not doing it alone. I've included GOD in my life. No, I'm not trying to preach, I'm just saying today that I pray to my creator. I've also learned that it's impossible to do it on my own. I forgive those that hurt me and pray for my enemies, as well as all my friends. GOD has been my savior and my light. Thank you my peaches, my peers, and my advocates.

KWLP 100.9FM Presents T.N.T*Submitted by: Terri Hutchens | KWLP 100.9FM Radio Station*

KWLP 100.9 FM

PRESENTS:

T.N.T.

TUES 9 TO 8 WITH:

THE KING OF ALL METAL



My Experience with Purchasing a Home with a HUD 184*Submitted by: Darlene Wakayuta | Hualapai Transportation Planner*

Gamyu,

I have been meaning to share our experience purchasing a home utilizing the HUD 184. But I never have. We were tenants of the low rental program in Peach Springs since 2001. When we first got a house, we moved from an old little house on Nelson Rd (that isn't there anymore) into a 3-bedroom unit. It was me, Bennett and Sonwai. We were happy.

By 2012, I hated our house. It was small, the roof leaked, there was a huge draft that I spent hours tracking down with candles. The kitchen counters were separating from the walls. I hated my yard. I hated the trash that flew into my yard from other people's trash cans. The kitchen was small. The rooms were small. I hated paying rent for this crappy house that was never going to be ours, I could go on and on. Gee someone's going to get mad at me for saying hate this many times. But I did.

In 2008 I got a job and my rent was \$125. In 2009, Bennett got a job and our rent was increased to \$250. We paid \$250 per month until we moved out. Which is equivalent to about \$20,125 over 7 years. I have nothing to show for that money.

In 2012 we applied for the HUD 184. Back then we both had jobs and I thought it was going to be easy. But Tess kindly talked reality with us. Bennett didn't have credit. I had some negative marks (medical bills) on my credit that were reported to collection agencies. We weren't going to be able to get a loan in that situation. We were disappointed, but Tess told us what to do and how to prepare.

She said start SAVING. Establish alternative credit for Bennett. What's alternative credit? Phone bills, electric bills and gas bills. I guess they don't help you build your credit score, but they can see if you pay those bills or not and I guess it counts against your score. We put some of the bills into Bennett's name and got a cell phone for him where he made regular monthly payments, ON TIME. So he could start building his credit. The next year Bennett got a truck. She said to call the collection agency. Most of them are willing to work with you to get their money back. I did, and they were. I ended up paying 30% of what I owed. Those negative marks fell off my credit. She explained to us that our credit score was not a factor in the approval process, but the banks did want to see in our credit history that we made our payments and that they were on time.

In 2015, Hualapai Housing had a meeting and the director explained and kept repeating that the housing units were for LOW-INCOME families. My question was "what is low income?" At the end of the meeting I knew we weren't LOW-INCOME. What was going to happen to us? Where were we going to go if they evicted us for being over income? I didn't want to live with my mom. I didn't want to pay a lot of money on rent for a crappy house I already hated. I also didn't want to pay rent for a house in Kingman that was never going to be ours either.

The next day I completed an online loan application with Tess Sage Robinson. On **March 12, 2015**, I got an email from Tess requesting to pull our credit. We gave our permission. Then she sent us a checklist. I needed: Last 30 days check stubs, Most recent 2 years tax returns (all pages), Most recent 2 years W-2's and 1099's, Most recent 2 months bank statements, Most recent 401k statements, Home site Lease, copies of I.D and SS card, Tribal I.D.

This was a lot, but I knew that this is what I wanted. This time around we were further along than the first time we tried so I had hope. Good thing everything is available online, because I got it all together in a couple of hours and faxed it back to her the next week. By **March 23rd** she told me we could start house shopping.

We really didn't want to leave home. We wanted to stay here on the reservation but after weighing all our options we decided to look off the reservation for our new home. On March 30, 2015 she sent a Pre-Qualification Form to the Real Estate Agent we were working with for \$200,000. This meant that I could shop for house that cost \$200,000 or less. We couldn't find a 5 bedroom for the amount of money we were approved for. If we did, they were old and we would probably have to fix things here and there. One of the houses that we saw was an old brick house like my mom's, but it was fully renovated. It was nice but then we went outside, its roof was sagging, and the shingles were flapping. We passed on that one. If we were going to spend money on a house I wanted to spend it on something I loved. The house we chose was still being built. It didn't have anything but the dry wall and windows when we first saw it.

I was afraid that we might not be able to afford a more expensive home, but I asked if we could get a house that was listed for \$219k. Was I going to be able to handle the increased mortgage payment with a higher priced house? Tess had already talked to us to make sure that we understood that we were taking a big step and that our lifestyle

would change. We wouldn't be able to do some of the things we usually did as a family. On April 10th my pre-qualification was increased to \$219k.

On April 15th my loan was sent to be processed for the final part of the loan approval and closing. April 20th we got insurance for the house. May 12th the house was appraised. I had to pay \$450 for that. May 13th our mortgage application was sent to the underwriter who verified our employment, previous mortgage payments or rent, credit, title and appraisal information among other details. May 20th I received notice that our loan was approved. But they needed a letter stating why a medical bill went to collections and when I paid it. They wanted proof that I paid for the appraisal on my own. Then they wanted another bank statement from the current month showing the cost of the appraisal. I did everything and sent it back to them. On May 22nd, we got final approval of the loan. From here they drew up the closing documents and sent them to the title agency. May 29th with great fear and excitement we went to Pioneer Insurance, signed all the paperwork and made our down payment. The pile of paper, was about 6 inches thick! But the house still wasn't ready. We had done a walk through and were unhappy with some of the workmanship. They were correcting their workmanship. Later that evening we got our house keys. We moved into the house on June 5, 2015.

Our life definitely changed. We had never really been financially constrained. We had a van that was about a year and a half old and expensive. We had all these extra finances that we really didn't need, went to the movies every weekend, and we ate at the lodge a lot. It was hard. I didn't know if we could do it. We budgeted every penny. We had to start cooking at home and stopped going to the movies. We could pay all of our bills plus the new mortgage but it was tight. So tight that we couldn't buy groceries. My mom bought us groceries the first month. Maybe it was my pride, but we ended up trading down the van for a car with a lower payment and were able to buy groceries and make it from paycheck to paycheck. Looking back now, I wish that I just let my mom continue to buy us food, but we did what we had to do to make it.

The insurance and property taxes are included in the monthly mortgage payment and the bank sends off our annual dues to the insurance company and to the county for the property taxes. I can't remember how much our down payment had to be. I think it was something like 2 or 3 percent of the total price of the house. So that was about \$5000. Then there are closing costs. I really don't know what those are, but we had to pay that on top of the down payment for the house. All together I think we spent about \$9,000 to \$10,000.

How did I save money? When I first started working I worked with Peggy Crozier. I kept trying to save but I kept getting into my savings and expressed my frustration to her. She said "Just put \$20 away. You're not going to miss that." So, I did, and I didn't miss it. Then I bumped it up to \$50. When we got our income tax returns I saved \$500-\$800 and left it in the bank. As much as I wanted to spend it because it was there saying "spend me, spend me," I didn't. Someday I was going to have my own home and I wanted that MORE. It took as three years to try again but we did it. Today we are proud home owners thanks to Tess and the HUD 184, and we didn't have to win the lottery.

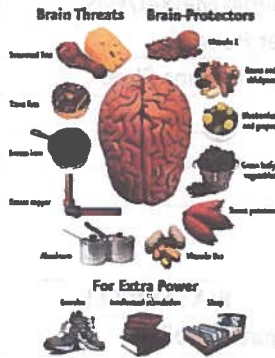
The way things are changing with housing the time will come when some families will not be eligible for the homes in Peach. Start saving now. Start getting ready. Pay your bills on time. Even if you call and tell them your payment will be late – it's still late. That goes against you and your credit. Don't over draft your account. That's what they looked for too. We couldn't have over drafted once in the last year. If you owe money to collection agencies – call them and pay them. We had to decide if we wanted a nice van or a nice house. We chose the house. There are concerns about the houses that are being built out there. Be diligent. Know more than they think you know. Do your own research. If you don't like the price of those houses, find one that suites your needs. I just want people to know that it's possible for you to own your own home. You can buy what you like. Buy what you need. You do not have to wait for the tribe to build one for you. Tess and her colleagues are experienced with the 184 Home loan. They look at your bills and your income and then determine what you can afford. It took about 45 days for us to close. It happened kind of fast. It will take longer if you want a house on the reservation but she'll walk you through it. I hope this helps.

In June it will be 3 years that we became homeowners. Sometimes I still can't believe where we are. It wasn't easy. There were times I wondered if we would fail. Life still happens. The ups turn into downs, but somehow the Creator always provides. I hope that our experience with the 184 might help or encourage anyone with uncertainties. Ma Hankyu.

Bennett & Darlene Wakayuta

Lunch & Learn

Monday April 23, 2018
@ HEW in Large
Conference Room
12pm—1pm



Discussion: Healthy Food for your Brain



Employees Working for Health
769.1630 OR 2644

Graduation Leis!

April 30, 2018 & May 14, 2018
4:00pm—5:00pm

Hualapai Health Education and Wellness

8th graders can come make Leis for their upcoming promotion!



For more information, contact Jessica Taylor or Vondell at (928) 769-2207

Hualapai Tribal Forestry By Richard Powskey, Forest Manager

The Hualapai Tribal Forestry Program is looking for Laborer-Crewmen that can maintain a steady work schedule throughout the 2018 thinning season, including tree marking operations. Crewmen will now be required to assist in the 2018 Wildland Fire season, and assist BIA with protection of Hualapai Forest resources and other fire assignments when called upon. The BIA is currently accepting applications for the 2018 Wildland Fire Emergency Firefighting. Contact Melvin Hunter Sr. to sign up and prepare for red card qualification and certification clearances. Drug test screening will be conducted by both the Hualapai Tribe and BIA Emergency FireFighter (EFF) program Human Resources Departments.

These job positions are posted at the Human Resources Office. If you are interested, please submit an application to that office – **the positions close on Monday, April 30, 2018.** It would also be helpful if you listed your past experience in Forestry, Range Management or other natural resources fields.



HUALAPAI TRIBAL TELEPHONE DIRECTORY

TRIBAL DEPTS.	PHONE	FAX #	GCRC	PHONE	FAX #
Administration	769-2216	769-2343	Administration	769-2419	769-2450
Alternative to Incarceration	769-1070	769-1075	Human Resources	769-2640	769-2410
Animal Control	769-2205	769-2883	GCW	769-2627/2419	
Adult Detention	769-2345/2490	769-2459	Hualapai Lodge	769-2230	769-2372
Cultural Resources	769-2223/2234	769-2235	Diamond Creek Restaurant	769-2800	
Day Care Center	769-1515/1517	769-1516	Call Center/Tourism	888-868-9378	
Earthship	769-2224	769-2239	Walapai Market/Gas	769-1500	
EW4H-Fitness Center	769-2644	769-2663	River Running	769-2210/2245	769-2637
EW4H-Healthy Heart	769-1630	769-1632	River Running Shop	769-2266	
Elderly Center	769-2375/864-6700	769-2557			
Elderly Group Home	769-1100/1104				
Emergency Dispatch (24 Hrs)	769-2205	769-2883			
Non-emergency to EMS,	769-2656/2775				
Fire Dept., Animal Control					
Enrollment	769-2216	769-2343	BIA SERVICES		
Extension Office	769-1284	769-2309	Dispatch/Police	769-2220	
Facility Maintenance	769-2807		Truxton Canon Agency	769-2286	769-2444
Finance	769-2216	769-2343	Forestry	769-2279	769-2326
Fire Dept.	769-2205/2806	769-2883			
Forestry	769-2267	769-2532	SCHOOLS		
Game & Fish	769-2227/1122	769-1111	Peach Springs	769-2202	769-2892
Head Start	769-2522	769-2457	Valentine	769-2310	769-2389
Health Dept.	769-2207/769-6061	769-5487	Seligman	216-4123	422-3642
Housing Dept.	769-2275	769-2703			
Hualapai Police	769-1024	769-1027	HOSPITALS/CLINIC		
Human Resources	769-2216	769-1191	KRMC	757-2101	
Human Services	769-2269/2383	769-2659	Peach Springs Clinic	769-2900	
Information Technology (IT)	(928)220-7666		Flagstaff Hospital	779-3366	
Judicial	769-2338	769-2736			
Juvenile Detention	769-1611	769-1655			
KWLP Radio	769-1110	769-5487	OTHER		
KWLP Radio Text Line	769-1090	769-5487	Frontier Communications	800-921-8101	
Multi-Bldg	769-2535		Mohave Electric	800-685-4251	
Natural Resources	769-2254	769-2309	Motor Vehicle Dept.	681-6300	
Planning Dept.	769-1310/1312	769-1377			
Probation Office	769-2894	769-1384			
Prosecutor	769-2304	769-2401			
Public Defenders	928-769-1063				
Public Works-Administration	769-2216	769-2343	LOCAL SERVICES		
PW/Transfer/Recycling	769-2625/2583		Dr. R. Purdum	769-6083	
Recreation	769-2652	769-2650	Boys & Girls Club	769-1801	769-1803
Roads Dept.	769-2446		Post Office	769-2300	
TERO	769-2216	769-2343	Indian Energy	769-2610	
Training/Education Center	769-2200	769-1101	Chemical Lime Plant	769-2271	
Hualapai Transit (Bus Services)	769-6384		Caverns	422-3223	
Wellness Court	769-1387/1595		Gas N Grub	769-1880	
			Robin's Salon	(928)234-5944	
			Truxton Gas Station	769-2436	