

Newsletter of the Hualapai Tribe

GAMYU



Friday, April 6, 2018

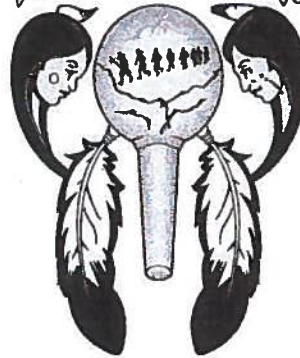
Issue #07

La Paz Trail of Tears Run 2018 • Saturday, April 21st

Submitted by: Christina Watahomigie | Hualapai Youth Services

La Paz Trail of Tears Run 2018 *ye' Nyihay Jamj Vojle*

From Fort Beale/Kingman to Peach Springs, AZ



Thursday April 5, 2018

Spirit Runner Registration Deadline

Donation of any amount is welcome.

Pay to accounting at Tribal Office before 5:00PM on this date.

6:00PM Runners Meeting

Multipurpose Building

470 Hualapai Drive, Peach Springs, AZ

Advertised: 02/02/18
Revised*: 02/13/18

Saturday April 14, 2018

5:30AM La Paz Site—Ehrenberg, AZ

Sunrise Blessing of Site, runners and community members welcome. Breakfast to follow at 8:00AM.

Directions to La Paz site: In Parker, AZ starting at the intersection at CRIT tribal complex, travel 40 miles south on Mohave Road. La Paz site is near mile marker 203 on the west side.

Hotel Information for April 14th: Best Western Flying J Motel (928) 923-9711, located at I-10 exit 1 S. Frontage Road in Ehrenberg, AZ. Request room block, "Hualapai Tribe," room rate is \$77.00 plus 7.70% tax. Cut off date is April 17, 2018. Attendees are responsible for their own room and meals.

10:00AM Fort Beale Site/Kingman AZ, Fort Beale Dr. Blessing and walk through of site.

11:45AM Kingman Lewis Park, 2201 E. Andy Devine, Ave. Bird singing & dancing and lunch. All bird singers and dancers welcome.

Wednesday April 18, 2018 Community Gathering

***5:00PM Multipurpose Building—Peach Springs, AZ**

Dinner will be served at 5:00PM and the program starting at 5:30PM. Attendance is a must for runners, all tribal members are welcome to attend. There will be sharing of La Paz history and dinner.

Saturday April 21, 2018

3:15AM—Runners meet at Route 66 Park in downtown Peach Springs for transport to Fort Beale.

5:00AM—Morning blessing at Fort Beale, ALL RUNNERS START/FINISH TOGETHER. Runners arrive at "China Town" for regroup and entry into Peach Springs. Runners may arrive into Peach Springs between 12:00PM and 2:00PM. Meet community members at Route 66/Diamond Creek Rd. intersection to march to tribal gym. Enter gym for final run blessing and community potluck dinner, meat and beans provided, **family & community please bring a side dish to share.**

Running to Honor Our Ancestors. Running to Heal Our Land, Our People.

Run restricted to 18 years and older, unless minor 14-17 years of age is the son/daughter of an adult runner. **Throughout La Paz observances, runners are to remain abstinent, drug and alcohol free when participating in run and activities.** Vehicle restriction will be designated to assigned drivers and vehicles being utilized during the run. Please limit personal belongings that can be carried in pockets. **NO PERSONAL ELECTRONICS/CELLPHONES/PICTURES.** To register to run please contact Youth Services 769-2207 to complete a registration form by April 5, 2018.

Hualapai Youth Services P.O.B 397/488 Hualapai Way, Peach Springs, AZ 86434 Phone: 928-769-2207 Email: pete.imus@gmail.com

Special points of interest:

- General Election on Saturday, June 2nd and Nomination of Candidates deadline will be Thursday, May 3rd (page 3)
- Regular Hualapai Council Meeting on Saturday April 7th at 8:00 a.m. in the Tribal Chambers.
- HTUA Meeting Wednesday, April 11th at 9:00 a.m. at the Hualapai Health & Wellness Department
- TERC Meetings are held every third Wednesday of the month and the next meeting is scheduled for Wednesday, April 18th at 9:00 a.m. at the Cultural Resources.

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2018 La Paz Run Medical Questionnaire

Place completed form in an envelope and return to Health Education & Wellness/Youth Services by **April 5, 2018**. Information is needed should you need any medical attention on the run and to ensure you receive proper medical care. Run restricted to 18 years and older, unless minor 14-17 years of age is the son/daughter of an adult runner. Throughout La Paz observances, runners are to remain abstinent, drug and alcohol free when participating in run and activities 4/5-21/18. No electronics/cellphones/pictures while on the run.

Runner must be a member of a federally recognized tribe.

Donation of any amount can be paid to tribal accounting before 5:00PM on April 5, 2018.

Tribal Accounting initial: _____ Receipt Number: _____

Runner Name: _____

Contact information should the La Paz committee need to contact you regarding the run.

Mailing Address: _____

Phone Number: _____ Email Address: _____

Circle one: Male Female Age: _____ Date of Birth: _____

Past Medical History: _____

Have you been diagnosed or have a history of any of the following (circle all that apply):

- | | | | |
|---------------------|----------------------|-----------|------------------|
| Asthma | Diabetes | Thyroid | Tuberculosis |
| HIV/AIDS | Hypo/Hyper Glycaemia | Hepatitis | Heart Problems |
| Foot Problems | Liver Disease | Cancer | Seizure Disorder |
| High Blood Pressure | Low Blood Pressure | | |

What type(s) of medications do you take (prescription or over the counter), please include dosage(s):

Are you allergic to any medications? Yes No

Please list if you circled yes above: _____

List allergies: _____

Any other medical conditions not listed above that Peach Springs EMS need to be aware of:

Emergency Contact: Name: _____ Relation: _____
Phone Number: _____

I, _____, feel that I am in proper condition to participate in the La Paz run and I will not hold the La Paz committee or Hualapai Tribe liable for any accidents, injuries or deaths.

Signature _____ Date _____ T-Shirt Size _____

For participants 14-17 years of age -----

I, _____, feel that my child named above, is in proper condition to participate in the La Paz run and I will not hold the La Paz committee or Hualapai Tribe liable for any accidents, injuries or deaths.

Parent/Guardian: _____ Relationship: _____

Signature _____ Date _____ T-Shirt Size _____

REGISTRATION DEADLINE APRIL 5, 2018 - NO EXCEPTIONS

Please ensure your family members contribute to the community potluck following the end of the run.

General Election Notice • Saturday, June 2nd
Submitted by: Ginger Kathadhe, Election Board Member | Hualapai Election Board

Notice

General Election for 4 Council Member Seats

DATE OF GENERAL ELECTION: Saturday, June 2, 2018

NOMINATION OF CANDIDATES: DEADLINE TO FILE --- May 3, 2018 at 5:00 PM

LOCATION OF POLLING PLACE: Multi-purpose Building
Peach Springs, Arizona

POLLING TIME: 8:00 AM to 5:00 PM

ABSENTEE VOTING WILL BE ALLOWED. REQUEST AN ABSENTEE BALLOT BY CONTACTING THE ELECTION BOARD:

REQUEST CANDIDATE FILING FORMS AND INSTRUCTIONS BY CONTACTING THE ELECTION BOARD.

Coleen Mahone or Marilyn Vaughn, Election Board
Hualapai Tribe
PO Box 120; 941 Hualapai Way
Peach Springs, Arizona 86434
Tel: (928) 769-2216

Nominations - Candidate Filing Forms

Members of the Tribe who are interested in running for office must complete: (1) a Candidate Nomination and Filing Form; (2) Candidate Release of Records Form; and, (3) Residency Verification Documents. Please contact the Election Board for a Candidate Nomination Packet.

DEADLINE to file Candidate Nomination Filing Forms to the Election Board: MAY 3, 2018 at 5:00 PM

Preliminary and Final Lists of Eligible Voters

The Preliminary List of Eligible Voters will be posted on May 3, 2018. Written challenges to the Preliminary List of Eligible Voters will be accepted up to May 23, 2018. A Final List of Eligible Voters will be posted on May 23, 2018. Members of the Tribe who have reached the age of eighteen (18) on or before June 2, 2018 will be allowed to vote, if their names appear on the Final List of Eligible Voters. (If you turn eighteen before the date of the General Election, please bring proof of age).

Write-in candidates will NOT be permitted.

POSTED: 4/3/2018

NOTICE



**GENERAL
ELECTION
JUNE 2, 2018
SATURDAY**

**MULTI-
PURPOSE
BUILDING**

**8:00 AM
TO
5:00 PM**

**TRIBAL MEMBERS
WILL BE VOTING
FOR FOUR (4)
COUNCIL MEMBERS**

**Election Board - Hualapai
Tribe**

Parent Committee Meeting • Wednesday, April 26th
Submitted by: CDI Head Start



Community Development Institute
HEAD START
Serving Hualapai Tribe

Parent Committee Meeting
Wednesday, April 26th at 5:30 p.m.

Parent Committee Meeting Agenda

Guest Speakers:

Peach Springs Elementary
Valentine Elementary

Talking Points:

Summer School Enrollment
Pedestrian Safety
2018-2019 Enrollment Process
Transition Ceremony Update
Parent Calendar

Child Care and Dinner Provided

Hualapai Housing Department • 2018 Summer Youth Leadership Program*Submitted by: Elaina Talayumtewa | Hualapai Housing Department***HWAL'BAY BA;J WAYO:WO'JO
HUALAPAI HOUSING DEPARTMENT****P.O. Box 130 ♦ 600 Highview Street
Peach Springs, AZ 86434****HUALAPAI HOUSING DEPARTMENT
2018 SUMMER YOUTH LEADERSHIP PROGRAM**

The Hualapai Housing Department announces applications for the Summer Youth Leadership Program will be available to pick up on April 23, 2018 at the Hualapai Tribe Human Resources Office. The Youth Leadership Program is available to the youth of the Hualapai community. The goal of the program is to help develop leadership skills that will be used throughout life, to help others, the community, yourself, and to identify and achieve your personal goals. **The Program is limited to twelve (12) participants for Summer 2018.**

The Youth Leadership Program will take place from **June 4 through July 27 (8 weeks)**. Students are expected to be at the work site Monday through Friday from 8:00AM to 5:00PM unless instructed otherwise by their supervisor.

Applicant must be:

- Age 14 – 17 years old by date of the application
- Completed the entire prior school year 2017-2018 or be currently attending school, obtaining GED or participating in Job Corp.
- Must have completed the Eighth (8th) Grade

Selection is based on students':

- Overall Application
- Commitment to Community Service Participation
- Career Preparation
- Academic Success
- Community or School Involvement

Completed applications are due to the Hualapai Human Resource by May 21, 2018 by 5:00 pm.

Housing Corner • Spring Cleaning
Submitted by: Hualapai Housing Department



Housing's Corner



Hello, Spring is here and it is time for Spring Cleaning inside and out.

Housing would like all Low Rental tenants to know we have rakes, shovels, hoes and other yard tools available for you to sign out and use for your Spring yard cleaning. We will also pick up your weed piles if they are outside your fenced area by the road. They must be free of all other debris. Please contact the Housing office for more information.

Spring Cleaning Tips include but are not limited to:

1. Clean windows inside and out, wipe down window sills.
2. Clean and dust ceiling fans, doorways, walls and baseboards.
3. Move and clean under furniture and under furniture cushions.
4. Vacuum your bed mattresses and flip them over twice a year.
5. Clean closets and remove clutter.
6. Sort and discard all old magazines and papers.
7. Organize fridge and cabinets, rotating can food and discard all expired food.
8. Clean range top, oven and stove knobs.
9. Clean and sanitize bathroom, toilet, shower/tub stall to remove built up soap scum.
10. Use white vinegar to remove lime build up on faucets.
11. Wash out all trash receptacles including your outside bin.

If you do not have funding to purchase cleaning supplies for the inside of your unit.. Housing may provide one small cleaning box per unit if needed.

We would also like to inform our tenants that the cost of replacing broken windows, interior and exterior doors has gone up. So please keep your windows and doors safe. These prices includes labor but may vary depending on your unit location.

2018 Screen and Window glass pricing;

<u>Double Pane Windows</u>		<u>Single Pane Windows</u>		<u>Screens</u>	
Livingroom Sliders	\$235.00	Livingroom Sliders	\$105.00	10 x 20	\$50.00
Livingroom Picture	\$414.00	Livingroom Picture	\$200.00	20 x 40	\$55.00
Kitchen Window	\$165.00	Kitchen Window	\$99.00	40 x 60	\$60.00
Bedroom Window	\$225.00	Bedroom Window	\$105.00	Interior Door	\$110.00
Bathroom Window	\$121.00	Bathroom Window	\$73.00	Exterior Door	\$245.00

Remember Spring Cleaning promotes health and wellness by keeping your environment clean and organized.

Please remember to submit your Gamyu articles by the deadline to avoid any inconvenience. The Gamyu newsletter is a bi-weekly publication and this newsletter is also available on-line for your convenience at: <http://hualapai-nsn.gov>

JUST A LITTLE
Reminder

Article Deadline:
 Friday, April 13th

Next Publication:
 Friday, April 20th

Good Health & Wellness in Indian Country

Submitted by: *Vondell Bender, GHW Educator | Hualapai Health, Education & Wellness*

Good Health & Wellness in Indian Country Hualapai Tribe



Vision: For the Hualapai Community to live a healthy quality lifestyle and promote health and wellbeing.

Mission: To provide education to the Hualapai Community to become responsible for their own wellness way of life.

Prevention Area(s)

1. Reduce the usage of Commercial Tobacco & decrease exposure to secondhand smoke.
2. Alternatives to less Healthy food & beverages.

Natural Resources Department

Hualapai Adult Detention Center

Coalition Consist of 15 Member, we are still recruiting Community Member & Youth, If you are interested we have a Meeting April 25, 2018 @ 1pm – 3pm @ HEW.

NOTE: Waiting on order for more signs For those departments who have not yet received any No Smoking Signs.

Hualapai Recreation

Successes

- * Tobacco Ordinance was approved on October 24, 2017.
- * Resolution No. 83-2017 was approved November 21, 2017.
- * Walapai Market stopped selling single cigarettes. (illegal to sell single cigarettes)
- * Walapai Market sells/ promotes healthy foods & beverages.

Tobacco Ordinance & Resolution

Manny Siyuja, Coalition Member & Walapai Market Manager

Contact Information: **Vondell Bender, GHW Educator**

HEW (928) 769-2207 ext. 209

List of Unclaimed Per Capita Checks for 2012-2017
 Submitted by: April Siewiyumptewa | Hualapai Tribal Administration

LIST OF UNCLAIMED PER CAPITA CHECKS FOR 2012-2017

*THE PEOPLE LISTED BELOW MAY HAVE ONE OR MORE OUTSTANDING UNCLAIMED CHECKS

TAJUAN ADAMS	GARNETT HANNA	TAMMY LEDBETTER	ARTHUR SIMMONS
ANGEL ADVINCULA	CARLISLE HAVATONE	ADAM LEPLEY	OPAL TOKESPETA
WILLIAM BARTLETT	RAYMOND HAVATONE	SAMANTHA LODGE	PAUL TOKESPETA
ANGELA BEGAY-TAYLOR	FREDERICK HUNTER	POLE	MICHAEL TOVEN
RUBEN BEST	TIMOTHY HUNTER JR.	IAN LUM-RUSSELL	DEVIN UNDERWOOD
ERIC COUNTS JR.	FALISHA JOHNSON	CINDY MACK	COBY WASHINGTON
FRANK CORDOVA	MARK JOHNSON	FLORA MAHONE	JOSE WHATONAME
GREGORY DAVIS	AUSTIN KEELE	BENEVEE McGEE	
ANDREW GRANADOS	LEONARD KELUCHE	JUDITH PALMER	

***PLEASE CONTACT APRIL AT THE TRIBAL OFFICE WITH ANY UPDATED INFORMATION. PLEASE NOTE CHECKS WILL ONLY BE RELEASED TO THE INDIVIDUAL AND WILL NOT BE RELEASED TO FAMILY MEMBERS.**

*****THESE CHECKS ARE UNCLAIMED DUE TO EITHER NO ADDRESS ON FILE AND/OR MISSING SOCIAL SECURITY NUMBERS.**

Updated 3/16/18

Missing or Incorrect Social Security Numbers
 Submitted by: April Siewiyumptewa | Hualapai Tribal Admin-

MISSING OR INCORRECT SOCIAL SECURITY #'S

*Please note that the list below includes Tribal members and non-tribal members who have a missing or incorrect social security number on file. Please contact April at the Hualapai Finance Department ASAP to get this corrected.

ADAM LEPLEY	DEBRA EVANS
TAJUAN ADAMS	OPAL TOKESPETA
ARTHUR SIMMONS	WILLIAM BARTLETT
CARLISLE HAVATONE	MICHAEL TOVEN
ALISHA WELLINGTON	DEVIN UNDERWOOD
LAWRENCE CLARK	FLORA MAHONE
SAMANTHA LODGE POLE	GARNETT HANNA
PAUL TOKESPETA	

***THOSE WITH MISSING OR INCORRECT SOCIAL SECURITY NUMBERS WILL NOT BE PERMITTED TO RECEIVE THEIR PER CAPITA CHECKS THIS YEAR OR ANY FURTHER CHECKS UNTIL YOUR NUMBER HAS BEEN UPDATED.**



Request for Bids

Submitted by: Pete Imus | Hualapai Youth Services

Hualapai Tribal Youth Council REQUEST FOR BID

Advertised March 16, 2018

Event Details: La Paz Community Gathering
 Wednesday April 18th, 2018
 Food must be ready to serve at 5pm
 *To feed 40-60 people

Menu: Spaghetti
 Corn
 Garlic Bread
 Salad
 Jell-O
 Punch/Tea
 All Tableware

Submit bid priced per-plate
 Any leftover food must be wrapped/boxed and left for the attendees. Attach copies of food handler's certification cards of lead cooks.

Please submit bid to the Hualapai Youth Services office/Health Education & Wellness Center by **Wednesday April 11th, 2018 by 5pm**. Bid winner will be contacted on Friday April 13th, 2018.

For more information, please contact:
 Hualapai Youth Services
 Phone: 769-2207
 488 Hualapai Way, Peach Springs, AZ
Hualapai12@gmail.com

Alcohol Awareness Presentation • Friday, April 6th
Submitted by: Addie Crozier | Hualapai Tribal Administration

Alcohol Awareness Presentation

“Changing Attitudes: It’s not a ‘rite of passage’.”

**Join us as we discuss underage drinking,
drinking & driving, resources and more.**

Friday, April 6, 2018

3pm-5pm

Hualapai Health, Education & Wellness



For more information contact Jessica Powskey 928-769-2207

2018 Annual Pre-Round-Up Meeting • Wednesday, April 11th

Submitted by: Elisabeth Alden | University of Arizona Cooperative Extension

2018 Annual Pre-Round-Up Meeting

Hosted by Cholla Livestock in Seligman, Arizona

Date/Time: Wednesday - April 11 at 9 am

Location: Session I - Diamond A Corrals (East end of town.)

Session II - Catholic Recreation Center
(One block N of Hwy 66 on 1st Ave.)



Agenda

9:00 am - "Low Stress Cattle Handling Demonstration*"

- by Dr. Ron Gill, Texas A&M

10:00 am - "Impact of Your Injections*"

See exactly what your injections do to the calf, to the muscles - one will be shown.

- by Dr. Bryan Nolte, DVM* - Prescott Animal Hospital

** Attending both sessions will qualify for BQA re-certification.

10:45 am - Move to Recreation Center

11:00 am - (Added session) Additional session to certify first time for BQA*

- by Dr. Dan Faulkner - University of Arizona

*Attendance of this session will qualify you for 1st time BQA certification. IF YOU ARE RE-CERTIFYING YOU CAN STAY AT CORRALS AND TALK WITH DRs. GILL AND NOLTE UNTIL 12 NOON.

12 noon - Lunch is served

12:45 pm - "The Economics of Cattle Handling/Mgt"

- by Dr. Ron Gill, Texas A&M

1:15 pm - "Genomics - A Way to Increase Profits"

- by Dr. R. Dean Fish - Anchor F Cattle

1:45 pm - Comments

- by Harvey Dietrich - Cholla Livestock

2:00 pm - Adjourn



**Boehringer
Ingelheim**

James Loughhead

james.loughhead@boehringer-ingelheim.com
482.235.3551



YOUR PARTNER IN ANIMAL HEALTH SOLUTIONS

Barbara Jackson

bsj@animalhealthexpress.com
520.730.5564

Sponsors:

CHOLLA LIVESTOCK LLC



Harvey C. Dietrich

Harvey Dietrich



Rodney Kindred

rkindred@agri-sales.com
512.540.0899



SweetPro

PREMIUM FEED SUPPLEMENTS

Run

Sci-Agra, Inc.
Cholla Livestock, LLC.
Arizona & New Mexico

Gary Wilson
602.319.2538

Gary Wilson
602.319.2538



PLEASE : Register by April 9 to ensure we have enough materials and food.

Call 1-800-533-8115, ext #1 or send an email to :
Shirley@animalhealthexpress.com with your name and how many attending.

Office of the Prosecutor Open House • Friday, April 13th

Submitted by: Connie Hunter | Hualapai Prosecutors Office

OPEN HOUSE!

WHEN

**FRIDAY - APRIL 13TH
11AM – 2PM**

WHERE

**OFFICE OF THE
PROSECUTOR**

525 OAK STREET, PEACH SPRINGS, ARIZ.

ALL AGES EVENT

**“PLANTING SEEDS FOR
THE FUTURE!”**

Planting activity for children

Door prize!

**Come and meet the Hualapai Tribe's
Prosecutor's Staff:**

Tammy Walker, Chief Prosecutor

**Lorena Yaiva-Jones- Assistant
Prosecutor**

**Peterson Wilson – Special
Prosecutor**

Gale Smith – Admn. Assistant

Karla Johnson – Legal file clerk

**Brooke Powskey – Juvenile/family
Prosecutor**

**Connie Hunter – DV/SA Grant
Coordinator**

BENEFITING

The People of the Tall Pine

Women

Children

Men

Community members

**COME AND LEARN ABOUT THE TRIBES
PROGRAM AND HOW WE WORK WITH
OTHER PROGRAMS FOR EVERYONE**

Hualapai Children's Art Expo Art Contest • Deadline: Thursday, April 19th
Submitted by: Marcie Craynon | Hualapai Cultural Resources Department

HUALAPAI CHILDREN'S ART EXPO ART CONTEST

*Come participate in the annual T-Shirt Art Contest for the Hualapai 6th Annual 2018 Children's Art Expo. Each year we have a community wide art contest that exhibits Peach Springs and the connection to historical Route 66. Children ranging from 8 to 17 years of age can participate by entering their drawing or painting to the Hualapai Cultural Center. A prize will be presented for the winner. T-Shirts will be given out to CAL students at the cultural center at the Children's Art Expo May 4th-5th, a celebration in collaboration with the Route 66 Fun Run. **Deadline for entry is April 19th***

Student name: _____ *age*__

School: _____

Address: _____

Contact number: _____

If any questions; please contact our office at: 769-2223/2234

EMPLOYMENT OPPORTUNITIES

Women's Employment and Apprenticeship Fair • Friday, April 20th
Submitted by: Addie Crozier | Hualapai Tribal Administration

SAVE THE DATE

Women's Employment and Apprenticeship Fair

FRIDAY, APRIL 20

09:00AM - 1:00PM

**Fresh Start Women's Foundation
1130 E. McDowell Road
Phoenix, AZ 85006**

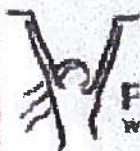
GET THE SKILLS THAT PAY THE BILLS!

Featured Exhibitors Include

US Department of Labor's Office of Apprenticeship, Women's Bureau, the Fresh Start Women's Foundation, and the Arizona Department of Economic Security Apprenticeship Office

Job Seekers register here:

<https://tinyurl.com/AZ-Jobs-for-Women>



Fresh Start
Women's Foundation

Employers and Apprenticeship
Program Vendors register here:

<https://tinyurl.com/Vendors-Register>



DES

Equal Partner for a Strong Arizona

For more info, contact Telisa Walter via email: walter.telisa@dol.gov

Grand Canyon Resort Corporation • Marketing Specialist
Submitted by: Josue Isiordia | Grand Canyon Resort Corporation



Grand Canyon Resort Corporation
Now Accepting Applications
for the Marketing Specialist Position

Resumes can be sent to josue.isiordia@grandcanyonresort.com. Applications are available at the GCRC HR Office located at Music Mountain School 16500 E. Highway 66 Peach Springs, AZ 86434. Hiring preference given to Hualapai Tribal Members.

Grand Canyon Resort Corporation • Summer Youth Program
Submitted by: Heather Nieto | Grand Canyon Resort Corporation

Grand Canyon Resort Corporation
2018 Summer Youth Program



*****UPDATE*****

Summer Is Coming Up Real Soon!

This is a notice for all requirements to apply and be considered for the 2018 GCRC Summer Youth Employment Program. Application acceptance will begin in May 2018.

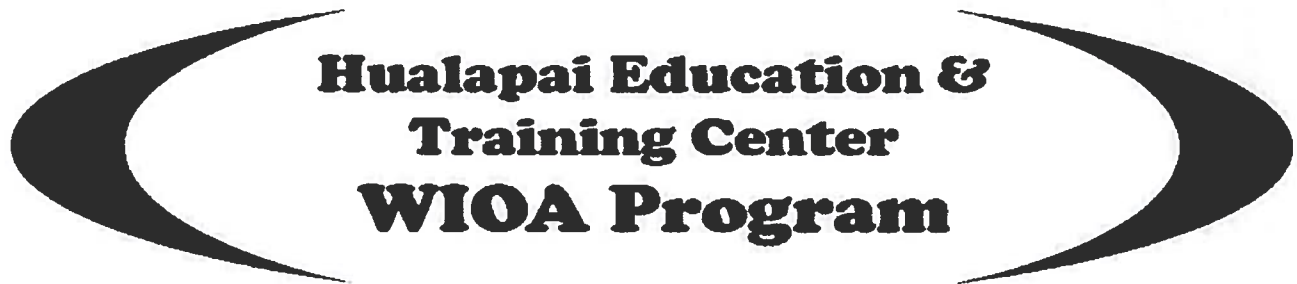
REQUIREMENTS to apply and be considered:

1. Enrolled Hualapai Tribal member or member of a Federally recognized Tribe
2. 14, 15, 16 & 17 Year Olds ONLY
3. Submit a GCRC Summer Youth Application
4. Complete Summer Youth New Hire Processing and Orientation
5. Parent/Legal Guardian must be present for Processing

Please be on the lookout for the 2018 GCRC Summer Youth Employment Program in May 2018 to apply.

Any questions please contact Heather Nieto at (928)769-2419 ext.173

Hualapai Education & Training Center • WIOA Program
Submitted by: Jean Imus | Hualapai Department of Education & Training



TRAINING ANNOUNCEMENT

The Hualapai Workforce Innovation & Opportunity Act (W.I.O.A.) Program is accepting applications for the

Adult, Youth, and Out-Of-School Youth Programs

Applications are available at the Hualapai Education & Training Center

The following documents are required when submitting your application:

- | | |
|---------------------------------|-------------------------------|
| Birth certificate | Social Security Card; |
| Income Verification | Household Verification; |
| School Transcripts | Selective Service Card |
| Diploma | Food Stamps Award Letter |
| Free & Reduced Eligibility Form | Certification of Indian Blood |

For information call the Center 769-2200

Now Hiring! • CDI Head Start*Submitted by: Jeanine Coursey | CDI Head Start Serving Hualapai***Community Development Institute****HEAD START****Serving Hualapai Tribe**

PO Box 125

Peach Springs, AZ 86434-0125

(928) 769-2244 phone * (928) 769-2457 fax

CDI Head Start Serving Hualapai Tribe, AZ is looking to fill the following positions:

Vacant Position as of December 3/12/18. Open until filled

Teacher Preschool Full-Time/Teacher-OnCall

Lead worker in a classroom of Head Start children working on planning, implementing, and supervising all classroom activities. Working developing children and children with disabilities. This position supports and assists families as they identify and meet their own goals. Entry-level requires an A.A. in ECE Pay is \$1233.82/biweekly to \$1316.07D.O.E. We will consider applicants that are enrolled in an AA or BA degree program in early childhood education that are able to obtain the degree within a reasonable timeframe.

Assistant Teacher On Call

Work as a partner with the teacher in developing activities for Head Start children to provide them with varied experiences and an appropriate learning environment. Assistance is given to the teacher in carrying out the goals, policies, and activities designed to implement educational objectives and performance standards. Might also serve as a Bus Monitor as part of the transportation services. Pay D.O.E. \$11.17 to \$13.41 with an AA.

Program Aide –On Call

Assist in activities in the areas of the classroom, kitchen and bus and/or to serve as a disabilities aide as needed. Works with typically developing children and/or children with special needs/disabilities. Minimum requirement is to be 18 years of age. This is an entry-level position requiring no previous education or experience, a high school diploma or G.E.D. is preferred. Pay D.O.E. \$10.60 per hour.

Janitor Full Time

Ensuring clean, safe and functional facilities by performing daily cleaning and on-going light maintenance activities for the Head Start facility. Also works as a part of a team to assist in activities in the classrooms, kitchen and bus monitor.

Pay D.O.E. is \$10.60 per hour. This is an On Call position.

Cook On-Call

This position is one role in a large system of services provided to children and families. A strong food service program is important to supporting the goals of the program. This position is responsible the ordering, preparing, serving and documenting of meals and snacks. It includes following menus and all phases of kitchen operations including inventory control. The position may prepare foods for and/or preschool children following the USDA/CACFP standards. Position may involve reassignment to various kitchens/centers as deemed necessary for program operations. Pay D.O.E. *This is an On Call position.*

For questions or copies of job descriptions and applications contact:

Jeanine Coursey, HR/Fiscal Admin Assistant

Email: hr@htazhs.org .Phone: 928-769-2522. FAX: 928-769-2457

In person: Stop by the Head Start Center @ 479 Hualapai Way, Peach Springs, AZ 86434

CDI Head Start is an Equal Opportunity Employer.

Peach Springs USD • Job Announcements
Submitted by: *Jaime Cole | Peach Springs Unified School District*



Peach Springs USD Job Announcements

PSUSD School
Updated 2/2018



All applicants must have clear background check, Arizona Fingerprint Clearance Card, and qualify for positions upon applying for job. Job descriptions are on file in the office

Certified Positions (2018-2019 certified salaries online www.pseud8.org)

Instructional Coach (MUST have experience in the classroom as certified teacher)*

Teacher (elementary certified), Title 1 math and reading teacher (ADE certified)

Hualapai Culture teacher (tribal certification with ADE- ask details 769-9034)*

Classified Positions (2017-2018-2019 classified pay online www.pseud8.org)

Bus driver/custodian (drug test, CDL, bus passenger certification, CPR, fingerprint) \$18*

Substitute (ADE substitute or ADE emergency substitute if recommended)- \$100-125 a day*

Attendance clerk \$12-15 (must have positive attitude, fingerprint clearance, excellent background check, looking for Synergy background if possible)

Accounts payable/payroll*

Kitchen manager \$15-18 an hour*

Kitchen assistance \$12-15*

Behavior specialist *

Business Manager *

Facilities Engineer/IT manager*

Benefits

Full time staff members receive 100% paid insurance, match retirement with Arizona State at 11% match, leave includes 1 day paid leave a month earned, positive work environment

Additional Certified Teacher benefits- housing to rent on or near site, small class sizes, technology includes laptop per student, interactive board, curriculum provided for ELA (reading, writing, grammar), math and science with differentiated materials for students, and PROP 301

*immediate opening this year (SY2017-2018)

Questions, please call 928-769-9034 ask for Jaime Cole, Superintendent

Contact information

Jaime Cole, Superintendent
colej@psud8.org
PO Box 360
Peach Springs, AZ 86434
Phone: 928-769-9034

2018 Recruitment for Fire Fighters & Camp Crew • Application Deadline: Saturday, May 11th
Submitted by: Melvin Hunter, Sr. | Truxton Canon/Southern Paiute Agency

2018 Recruitment for Fire Fighters & Camp Crew

**The Truxton Canon/Southern Paiute Agency Fire Program is
recruiting for Summer Employment now!**

APPLICATION DEADLINE IS MAY 11, 2018

Fire Crew Applicants must be:

- ✓ At least 18 years of age and in good physical and mental health.
- ✓ Able to pass a pack test:
 - Fire Fighters: 3-mile hike with 45 lb. pack test in 45 minutes or less.

Camp Crew Applicants must be:

- ✓ At least 16 years of age.
- ✓ There is no pack test requirement for camp crew.

Applications may be returned via:

Mail: Truxton Canon Agency
 13067 E Highway 66
 Valentine, AZ 86434

Fax : (928) 796-2326
 Email: Melvin.Hunter@bia.gov

PACK TESTS ARE SCHEDULED AS FOLLOWS:

(Note: You will have up to three chances to pass the pack test, so it is recommended that you take the earliest test in case you need to retake.)

FIRE CREW - Arduous Pack Test		Fireline Safety Refresher	
Thursday Feb 22	8:00 am to 11:00 am	Thursday Feb 22	12:00 pm to 4:30 pm
Thursday Mar 8	8:00 am to 11:00 am	Thursday Mar 8	12:00 pm to 4:30 pm
Thursday Mar 22	8:00 am to 11:00 am	Thursday Mar 22	12:00 pm to 4:30 pm
Thursday April 5	8:00 am to 11:00 am	Thursday April 5	12:00 pm to 4:30 pm
Thursday April 19	8:00 am to 11:00 am	Thursday April 19	12:00 pm to 4:30 pm

Basic Wildland Firefighter Training	
Monday – Friday March 12-16, 2018	Wildland Fire Training Center in Peach Springs, AZ
Monday – Friday June 4-8, 2018	

Please contact: Jeramie Ybright @ 435-674-9720 or
 Melvin Hunter @ 928-769-3308
 with any questions.

2018 BIA Truxton Canon/Southern Paiute Wildland Fire Training

The 2018 Wildland Fire Season is on its way and we are looking for highly motivated individuals willing to work strenuous shifts, maintain a positive attitude, and to be a team player. Keep in mind fire is unpredictable so shifts include weeks away from home and working holidays.

What is Wildland Fire?

A wildland fire is an unwanted ignition which consumes available fuels (grass, trees, and shrubs) by crawling, creeping, jumping, and running before smoldering to rest. Unwanted fires are the results of Rodeo-Chediski Fire (2002), Wallow Fire and Horeshoe 2 fire (2011) and most recently on the Hualapai Reservation the Sage Fire (2016).

What causes a Wildland Fire?

There are two types of ignitions 1) "anthropogenic" the results of human activity such as playing with matches, dropping cigarettes, embers from chimneys, unattended camp fires, and sparks from machines 2) natural ignitions are from volcanic activity and lightning.

How do I apply?

Contact staff at Branch of Forestry or stop by the office for application and nomination form for trainings. The process for employment is to complete; 1) Drug test 2) Physical Exam required and processed through Medical Standards or a Self-Certification Health Screen Questionnaire 3) Southwest Firefighter Application 4) Work Capacity Test (WCT): Informed

The position which you are applying for will determine the WCT as Pack test, Field test, or Walk test.

What will I Do?

You will be a part of a 20 man hand crew made up of a Crew Boss, Squad Bosses, and Sawyers. On the other hand, you may be working on a wildland fire engine or a single resource depending on experience and qualifications your position may vary.

Required

- DOI Drug Testing is required; test must include the five drugs: marijuana, cocaine, opiates, amphetamines and phencyclidine. Drug testing is provided by the applicant with a copy of verification to the Branch of Forestry.
- For pack test dress in gym clothes with walking or running shoes.
- Wildland Fire boots are required with Vibram sole with 8 inch top.

2018 BIA Truxton Canon/Southern Paiute Wildland Fire Training

Course Number :	Course Title:	Nomination Due:	Course Date:	Location:	Time:	Coordinator Phone/ Fax/Email:
RT-130 WCT	Annual Fireline Refresher / Work Capacity Test	Apr 3	Apr 5	Branch of Forestry Peach Springs, AZ	0800 - 1630	Melvin Hunter, Sr. O: 928-769-3308 F: 928-769-2326 melvin.hunter@bia.gov
N9055	CPR / 1 ST Aide Blood Borne Pathogen	Apr 6	Apr 10	Branch of Forestry Peach Springs, AZ	0800 - 1630	Melvin Hunter, Sr. O: 928-769-3308 F: 928-769-2326 melvin.hunter@bia.gov
RT-130 WCT	Annual Fireline Refresher / Work Capacity Test	Apr 17	Apr 19	Branch of Forestry Peach Springs, AZ	0800 - 1630	Melvin Hunter, Sr. O: 928-769-3308 F: 928-769-2326 melvin.hunter@bia.gov
S-131	Advanced Fire Fighter	Apr 21	Apr 25	Branch of Forestry Peach Springs, AZ	0800 - 1630	Melvin Hunter, Sr. O: 928-769-3308 F: 928-769-2326 melvin.hunter@bia.gov
S-133	Look Up / Look Down / Look Around	Apr 21	Apr 26	Branch of Forestry Peach Springs, AZ	0800 - 1630	Melvin Hunter, Sr. O: 928-769-3308 F: 928-769-2326 melvin.hunter@bia.gov
S-134	Lookout / Communications / Escape Routes / Safety Zones	Apr 23	Apr 25 - 26	Branch of Forestry Peach Springs, AZ.	0800 - 1630	Melvin Hunter, Sr. O: 928-769-3308 F: 928-769-2326 melvin.hunter@bia.gov

2018 BIA Truxton Canon/Southern Paiute Wildland Fire Training

S-130 / S-190 I-100 / L-180 S-110	Basic Wildland Fire Fighter	May 30	June 4 - 8	Branch of Forestry Peach Springs, AZ	0800 - 1630	Melvin Hunter, Sr. O: 928-769-3308 F: 928-769-2326 melvin.hunter@bia.gov
	ATV / UTV Training	TBA	TBA	Branch of Forestry Peach Springs, AZ		Melvin Hunter, Sr. O: 928-769-3308 F: 928-769-2326 melvin.hunter@bia.gov

CLASSES AVAILABLE ONLINE AND CAN BE FOUND AT THE LINK BELOW

Required Trainings: IS -700a, ICS 100, and ICS 200 (Single Resource Only) FEMA National Incident Management System Link: <http://training.fema.gov/emiweb/is/is700a.asp>

The online training is a self-study course; upon completion please submit your certificates to TCA.

National Wildfire Coordinating Group (NWCWG) Training and Qualifications Link: <http://training.nwcg.gov/courses.html>.

Required Rookie Training includes: I-100, S-190, and S-130, and L-180. NOTE: S-130 and L-180 Also offered Online.

I – 100; Introduction to the Incident Command System (2006), required

S-110; Basic Wildland Suppression Orientation (2003), required

S-130; Firefighter Training (2003), required

S-190; Introduction to Wildland Fire Behavior (2006), required

S-290; Intermediate Wildland Fire Behavior (2010), recommended for Single Resource Trainee and Qualified

TCA - Branch of Forestry, 1130 Mesa View Dr. Peach Springs, AZ 86434 PH: 928.769.2270 FAX: 928.769.2326 HRS: M-F, 0800-1630

SPA – Fire Management, 180 N 200 E suite 111, St. George, UT 84770 PH: 435.674.9720 FAX 435.674.9714 HRS: M-F 0800-1630

EDUCATION & TRAINING

Hualapai Day Care Center • April Calendar of Events


Submitted by: Danielle Bravo | Hualapai Planning Department



APRIL 2018

HUALAPAI DAY CARE CENTER



	Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7	
8	9	10	11	12	13	14	
15	16	17	18 Cultural Night 5:30 pm What is La Paz?	19	20	21	La Paz Run
	22	23	24 Youth Language Class 5:30 pm	25	26	27 Earth Day Clean Up CLOSED MONTHLY CLOSURE	28 
29	30						

"Around here, however, we don't look backwards for very long. We keep moving forward, opening up new doors and doing new things...and curiosity keeps leading us down new paths."

-Walt Disney



This month's theme: Earth Day/Planting/Spring

Color: Pastels

Numbers: 21-25 Pre-k/School Age Toddler 9 & 10 Hualapai Number: Refer to Hualapai Book

Letter: U, V, W, X Pre-K/School Age Toddler I & J

Shape: Oval



CDI Head Start • April Calendar of Events

Submitted by: CDI Head Start



April 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 National Ferret Day Parent-Teacher Conferences →	3 Parent-Teacher Conferences →	4 Transition Planning Meeting National School Librarian Day Parent-Teacher Conferences →	5 Minimum Day Summer School Survey Due Parent-Teacher Conferences →	6 Policy Council Meeting Parent-Teacher Conferences →	7	8
9 National Farm Animals Day Parent-Teacher Conferences →	10 National Farm Animals Day Parent-Teacher Conferences →	11 Transition Planning Meeting Parent-Teacher Conferences →	12 Minimum Day National Grilled Cheese Sandwich Day Parent-Teacher Conferences →	13 Parent-Teacher Conferences →	14	15
16 National Wear your Pajamas to Work Day Parent-Teacher Conferences →	17 National Bat Appreciation Day Parent-Teacher Conferences →	18 Transition Planning Meeting Parent-Teacher Conferences →	19 Celebrate Earth Day Parent-Teacher Conferences →	20 Parent-Teacher Conferences →	21 Earth Day	22
23 National Picnic Day	24 National Zucchini Bread Day Parent-Teacher Conferences →	25 National Zucchini Bread Day Parent Committee Meeting	26 National Pretzel Day Parent Committee Meeting	27 Parent Committee Meeting	28	29










National Days
Each National Day will be explored in the classroom through activities and workshops.

Parent Committee Meeting
The Parent Committee Meeting will be held at 5:30 p.m. Guest speakers Peach Springs and Valentine. Food and childcare will be available.

Parent-Teacher Conferences & Home Visits
Parent-Teacher conferences will be held from March 26th through to April 13th. Home Visits will begin March 9th to April 13th.

Valentine Elementary School • April Calendar of Events & Eagle Eyes Newsletter
 Submitted by: Danielle Bravo | Hualapai Planning Department

APRIL 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1  Happy Easter! NCAA Women's Basketball Final	2 NO SCHOOL NCAA Men's Basketball Final	3 	4  AzMERIT Writing Test	5 2018-2019 Enrollment Applications Available 	6	7 Jackie Chan (1954)
8	9 AzMERIT ELA and Math Tests	10 School Board Meeting 4:30 p.m. 	11  SNAP-ED Parent Night 5:30 pm	12 	13 First J.C. Penney opens (1902)	14
15 Leonardo da Vinci (1452) Emma Watson (1990)	16 TAX DAY 2018 	17	18  AIMS Science Test	19	20	21 Tony Romo (1980)
22	23 Wm. Shakespeare (1564)	24	25 Progress Reports	26	27	28 Jay Leno (1950)
29 Willie Nelson (1934)	30 Washington inaugurated (1789)	Upcoming Events: Gr. 8 Visit KHS May 2 Track Meet May 3	Promotion Ceremony May 23 Field Day May 24	VALENTINE ELEMENTARY SCHOOL 12491 N. BYERS ST / HC 35 BOX 50 TRUXTON, AZ 86434 PHONE 928-769-2310 / FAX 928-769-2389 WWW.VALENTINEAZ.NET		



Vol. 3, No. 9

EAGLE EYES



March 29, 2018

AzMERIT

Testing season is upon us. Teachers have been working hard to prepare for these opportunities for students to demonstrate what they know. Once again this year, our AzMERIT testing will be done online using our Chromebooks. Especially for our 3rd graders, this presents some challenges, because the tests are no longer strictly multiple choice.

Students will be asked to drag and drop items to sort them into categories or create lists. There are now questions that have more than one answer, so students will need to choose ALL the correct answers. There are questions where students will need to type their answers in text boxes.

The first test will be the Writing test, which everyone will take on April 4th. The English Language Arts (ELA) and Math tests each have two parts, so those four tests will be spread out over the week of April 9th-12th.

Kindergarten through second grades will be taking their benchmark assessments during the time that 3rd-8th is taking their AzMERIT tests.

In addition, 4th and 8th grade students will take the AIMS Science test on April 18th. For the first time, this test will also be taken on the Chromebooks.

It will be extremely important that students are well-rested, well-fed, present and on-time every day, but especially during the testing season. How well our students perform on their assessments directly translates into our school's letter grade, which now can affect our school's funding.

2018-2019 Applications

There has been a delay in the production of the forms for our new enrollment applications, so we will need to move the availability date back to next Thursday, April 5th.



HOW CAN I HELP MY STUDENT?

- Encourage them to take testing seriously – Unfortunately, too often we see students who race through their tests in order to “just get them done.” They are missing out on the practice they need to successfully take tests in the future. In addition, promotion and retention decisions are often based in part on assessment scores.
- Discuss test-taking tools and strategies – For every test, students have tools that they can use to help them be successful, whether it is scratch paper, the online calculator or the dictionary and thesaurus for the writing test. Strategies include trying every answer, justifying their answer, or making a table, chart, or graph. When students see you have an interest in what they are learning, they tend to take a little more pride in and responsibility for their learning.
- Enforce a school-night bedtime – Although it's getting darker later, students still need the same 8-10 hours of rest each night to be productive in school the next day.
- Remind them about bus behavior – Our field trips are coming up soon, and it would be a shame for students to miss out because they cannot maintain appropriate bus behavior. Students should be sitting in their seats, facing forward. Conversation voices should be used. Students should not be changing seats, standing, or horseplaying. Failure to follow the procedures can result in students losing bus privileges.



SNAP-ED Parent Night

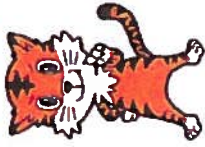
Everyone is invited to our SNAP-ED Parent Night. Bree Daugherty will be offering a **FREE** cooking and nutrition workshop in our gymnasium beginning at 5:30 pm on April 11, 2018. The workshop will take approximately 45-60 minutes and she will have **FREE** kitchen item to give away to those in attendance.










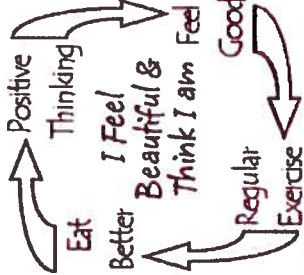


Peach Springs Elementary School • April & May Calendar of Events

Submitted by: Jessica Powskey | Hualapai Strategic Prevention Program

PSUSD ROARS: Be respectful, take ownership, awesome attitude, Be responsible, be safe

April 2018



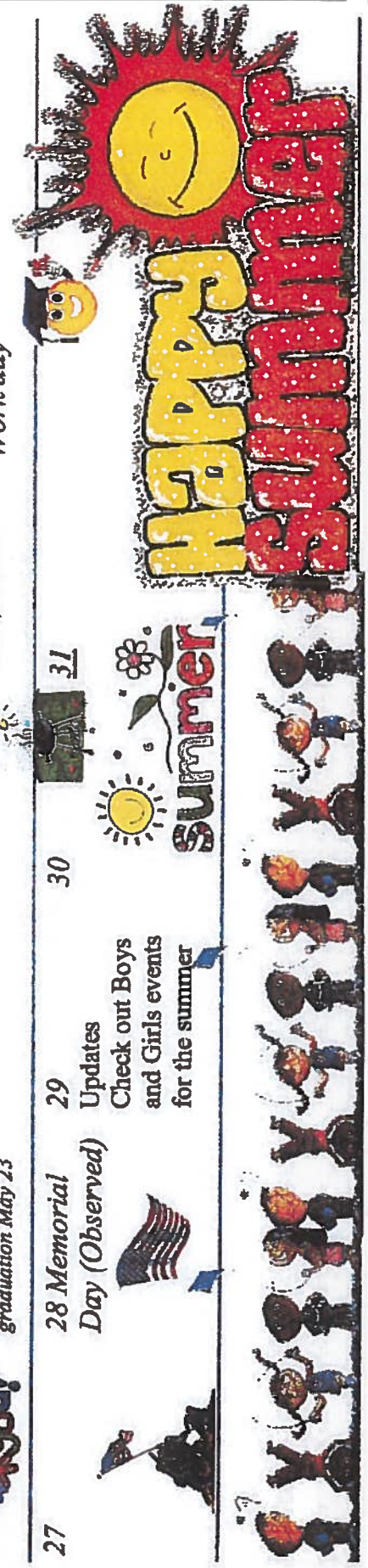
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2 	3 First Things First meeting and board meeting	4 	5 AZ MERIT writing testing 	6 science Gr.4,8 window March 26-April 20 (2 sessions)	7 
8 AZ MERIT Writing April 2-13	9 AZ MERIT Make up writing testing today	10 8th grade promotion Meeting 6-7 pm	11 AZ MERIT testing ELA Grades 3-8	12 6-8 grade Prevention 3-4 pm 	13 AZ MERIT ELA/Math April 2-27	14 
15 	16 AZ MERIT Math testing 	17 8th grade Promotion Meeting 6-7 pm <i>Transportation audit</i>	18 AZ MERIT Math Testing	19 LOCK Down Drill 1 pm (practice)	20 seeking tribal Carnival games and prizes	21 
22 EARTH DAY 	23 	24 community Spring carnival at MMHS gym 6-8 pm	25 culture Classes 1-4 pm every Wednesday	26 May calendars sent home	27 Fridays, check out culture and boys and girls club	
29	30 May breakfast and lunch menus sent home	Every Wednesday they Provide culture classes for kids	Every Wednesday they Provide culture classes for kids	Check out the monthly newsletter events		



Peach Springs School ROARS (Be RESPECTFUL, Take Ownership, Awesome Attitude, Be Responsible, Be Safe)

May 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					4 culture dept. art expo	5 culture dept. art expo
FTF May 1 DIBELS EOY 05/2 thru 05/10						
Galileo EOY ASSESSMENT 05/2 thru 5/10						
6 Newsletters going home Monday	7 Surveys sent home Monday	8 8th grade parent meeting 6-7	9 Volunteers needed for HS	10 Head start Transition visits to PSUSD kindergarten 9:30-11 am	11 Parent volunteers needed for high school transition visits	12
13 HAPPY MOTHER'S Day!	14 Parent Night Event 5:30-7 pm	15 8th grade parent meeting 6-7	16 Kingman transition visits for 8th graders	17 Seligman Transition visits for 8th graders Sherman HS grad.	18 Parent volunteers needed for promotion decorations	19
20 Thank You!	21 Kingman HS graduation today Lee Williams HS graduation May 23	22 AWARDS end of year	23 Field day 9am-noon	24 Last day of school and 8th Grade promotion	25 Seligman grad Teachers last Work day	26
27	28 Memorial Day (Observed)	29 Updates Check out Boys and Girls events for the summer	30	31		



Community Leadership Academy

Submitted by: Douglas Sieker

This program is to help people with disabilities and how to voice their needs and belong to a board, as well as living independently.

Emerging Me: Middle School Matters



Emerging Me: Middle School Matters is an inclusive, self-discovery, and leadership capacity building program for youth who are in the intermediate grades between elementary and high school, to assist them in developing and embracing their identity, leading to enhanced self-advocacy, and the practice of self-determination.

Designed to equalize and unify youth in a shared process, **Emerging Me: Middle School Matters** offers youth who do and do not have disabilities opportunities to learn about the intersectionality of their diversities and common life experiences during a 3-part workshop which features individual and group exploration activities, that result in the creation of a Self-Advocacy Plan.

Concurrent with the youth workshops, Diverse Ability Incorporated facilitates discussion and training for families and supporters to foster support and resources for the youth participants, and to help sustain lasting effects of this project within the community.

There is still time to schedule an Emerging Me: Middle School Matters event at your school, organization, or community!

We are scheduling NOW through May 2018 in Maricopa, Mohave, Yavapai counties.

Our calendar is filling up fast, so don't delay!

Contact Melissa Ann "Mellie" Santora to schedule Emerging Me: Middle School Matters in your community today!

**For More Information:
Diverse Ability Incorporated
Melissa Ann Santora
602-425-5135**

**mellie@diverseabilityincorporated.org
www.diverseabilityincorporated.org**

Youth Workshops facilitated by:



- Are you in Maricopa, Mohave, or Yavapai county?
- Does your school, organization, or group have a meeting space available during after school hours, in April or May, that would allow us to bring **Emerging Me: Middle School Matters** to your community???

If the answer is YES, please call or email Mellie:

602-425-5135 or

mellie@diverseabilityincorporated.org



"Funding for this project was made possible by RFGA # ADDPC-FFY17-SA-010 from the Arizona Developmental Disabilities Planning Council. The views expressed in written materials or publications and by any speakers and moderators do not necessarily reflect the official policies of the ADDPC or the U.S. Department of Health and Human Services, nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government."

AZ CL ARIZONA COMMUNITY LEADERSHIP ACADEMY



The Arizona Community Leadership Academy (AZCLA) seeks to increase leadership and community involvement among people who have disabilities.

The AZCLA will provide free statewide training, mentoring, and peer support that prepares students to serve on local and state-level nonprofit boards, community advisory boards, committees, and councils. Graduates of the AZCLA will learn specific tools needed to be effective advocates in their community.

About The Arizona Statewide Independent Living Council:

The mission of AZSILC is to promote equality, inclusion, and choice for people with disabilities through collaboration and public policy change. With our partners, the AZSILC is leading a statewide effort to increase the number of well-trained people who have disabilities contributing to policy and legislative decision making.

OUR PARTNERS:

Ability360

ASSIST! to Independence

DIRECT Center for Independence

New Horizons Disability Empowerment Center

Services Maximizing Independent Living and Empowerment (SMILE)



Learn More Online:
www.leadershipaz.org

About The Academy:

The AZCLA is modeled after the Community Leadership Academy created by Resources for Independence, a California based Center for Independent Living. The Academy offers training through a combination of lecture, guided discussion, guest speakers, hands-on exercises, and networking events.

Graduates from AZCLA will learn the practical skills to be community leaders.

- ▶ Advocacy
- ▶ Disability Civil Rights History
- ▶ Leadership Styles
- ▶ How to Serve on a Board or Commission
- ▶ Community Networking
- ▶ Legal & Ethical Issues
- ▶ AND MUCH MORE!

AZCLA participants will receive a Certificate of Completion for gaining these valuable skills.



Photos were provided by the AZCLA, the AZSILC, and from Healthy Community Living.

CAN YOU RELATE?

- ▶ I do not know other people who have disabilities
- ▶ I do not feel connected to the broader disability community in Arizona
- ▶ I do not receive information about policy and legislative issues impacting me as a person who has a disability
- ▶ I want to be more involved in my community
- ▶ I lack the knowledge and tools to be an effective advocate in my community
- ▶ I want to be involved in policy and legislative decisions that impact people who have disabilities in the state

About 57 million of 350 million people in the United States reported that they have a disability, that is 20% of the US population!



However, less than half of one percent of government leadership roles are held by people who have disabilities.

OUR MISSION:

The mission of the Arizona Community Leadership Academy is to provide training designed to build awareness of disability and Independent Living history, systems advocacy, and leadership skills among people who have disabilities in the state of Arizona.

The Community Leadership Academy is a program of the Arizona Statewide Independent Living Council and the Arizona Independent Living Network.



1 in 5 People Living in Arizona has a Disability.

OUR HISTORY:

The Community Leadership Academy was brought to Arizona by the Arizona Statewide Independent Living Council. During the development of the current State Plan for Independent Living, people said they do not feel connected to the disability community in Arizona, they do not receive information about policy and legislative issues, they do not understand how to get involved, and they lack the knowledge and tools to be effective advocates in their communities.

Ready to Enroll?

The Community Leadership Academy is offered at a variety of locations across the state.

Enroll online today at www.leadershipaz.org



or call the location nearest you!

Apache and Navajo Counties:

928-283-6261 (ASSIST!)

Maricopa County:

602-256-2245 (Ability360)

Mohave & Yavapai Counties:

928-772-1266 (New Horizons)

Pima County:

520-624-6452 (DIRECT)

Yuma County:

928-329-6681 (SMILE)

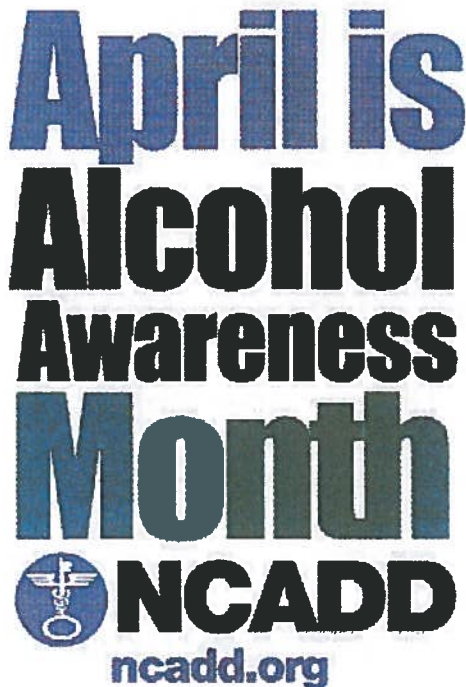
The Arizona Community Leadership Academy is free!

HEALTH & SAFETY INFORMATION

32nd Annual Alcohol Awareness Month • Presentation: Friday, April 6th

Submitted by: Jessica Powskey, Strategic Prevention Program | Hualapai Health, Education & Wellness

32nd Annual Alcohol Awareness Month



**“Changing Attitudes:
It’s not a ‘rite of passage’.”**

National Council on Alcoholism and Drug Dependence, Inc.
 217 Broadway, Suite 712 New York, NY 10007
 Phone: 212-269-7797 | Fax 212-269-7510
 email: national@ncadd.org | website: www.ncadd.org
 HOPE LINE: 800 NCA-CALL (24-hour Affiliate referral)

**NCADD ALCOHOL AWARENESS MONTH 2018
“Changing Attitudes: It’s not a ‘rite of passage’.”**

This April is Alcohol Awareness Month. Founded and sponsored by the National Council on Alcoholism and Drug Dependence, Inc. (NCADD) since 1987, this year’s theme is: “ Changing Attitudes: It’s not a ‘rite of passage’,”

No other substance is more widely used and abused by America’s youth than alcohol, making alcoholism and alcohol-related problems the number one public health problem in the United States. Fostering healthy and responsible attitudes, talking openly and honestly, encouraging supportive relationships, and showing children that their opinions and decisions matter, are all ways to help prevent the use of alcohol and drugs.

Parents often forgive underage drinking as a “rite of passage.” They can simply sit back and hope their kids will “get through it,” or they can change their attitude and take an active role in learning about alcohol and drugs and help their kids do the same.

It can be challenging to develop the communication skills needed to talk with your children about drinking and drugs, but it will be well worth the effort you put into it, as you get to know your children a little better and help them build the coping skills they need to handle the anger, stress, peer pressure, loneliness and disappointment that are part of being an adolescent. So, let’s get started. We can’t afford to wait any longer.

**Join us for an
Alcohol Awareness Presentation
Friday, April 6, 2018
3:00 p.m.
Hualapai Health, Education &
Wellness Center**

All are welcomed.

For more information:
call Jessica Powskey at (928) 769-2207 ext. 203

Alzheimer's Lunch and Learn • Wednesday, April 11th
Submitted by: Rebecca Rice, Public Health Educator | Indian Health Services

Alzheimer's

Lunch and Learn is brought to you by:
Hualapai CHR Program
Indian Health Services
Banner Alzheimer's Institute



Lunch and Learn

Alzheimer's disease/dementia
April 11, 12:00-1:00 at the
HEW Large Conference Room.

This presentation will increase community knowledge and awareness of Alzheimer's disease/dementia as well as offer information about caregiving strategies and much more.

Presenter:

Banner Alzheimer's Institute

Nicole Lomay, BIS (Navajo)

Community Outreach Representative



Sexual Assault Awareness Presentation • Friday, April 13th

Submitted by: Jessica Powskey, Strategic Prevention Program | Hualapai Health, Education & Wellness

EMBRACE YOUR VOICE

HOW YOU TALK ABOUT SEXUAL VIOLENCE MATTERS.

The things you say every day send a message about your beliefs and values. When you stand up for survivors of sexual violence, you send a powerful message that you believe and support them.

WHAT INFLUENCES YOUR BELIEFS ABOUT SEXUAL VIOLENCE?

- Your ideas about sexual violence – including portrayals of what a victim looks like, who perpetrates sexual assault, and more – might be informed by TV shows, movies, news reporting, and other forms of media.
- The reality is that sexual assault in the media is often inaccurate and doesn't tell the whole story.
- Reflect on where you've seen sexual violence shown or talked about. How might that have impacted your views or led to assumptions you make about sexual assault?

HOW YOUR WORDS AFFECT OTHERS

- Chances are someone you know is a survivor of sexual violence. They might not have told anyone out of fear of being blamed or judged.
- If someone in your life is considering sharing something personal with you, they are likely listening to your opinions or attitudes for clues on how you will respond.
- A comment or joke based on assumptions or stereotypes might not seem like a big deal, but it could make someone feel unsafe about sharing personal or painful things with you.

For example: "I could never tell her what happened to me. She said if victims of sexual assault don't go to the police, then it wasn't serious."



WHAT CAN YOU DO?

- Don't wait for a critical moment to say the right things. The words you choose every day communicate your values.
- When you hear comments that blame victims or make light of sexual violence, speak up so others know you don't agree. Even if you don't have a perfect response, this shows you do not believe in stereotypes, you believe survivors, and you're a safe person to talk to.

For example: "That commercial made me uncomfortable. I don't know exactly why, but I think everyone should be treated with respect." or, "I don't think that's true – I believe people when they say that someone has hurt them."

YOU CAN BECOME AN AGENT OF CHANGE

- Our words shape the world around us.
- Whether you are showing your support for a survivor or helping someone better understand these issues, your voice is powerful and necessary in this conversation.

Sexual Assault Awareness Presentation
Friday, April 13, 2018 at 3:00 p.m.
Hualapai Health, Education & Wellness

Child Abuse Prevention Presentation • Friday, April 20th*Submitted by: Jessica Powskey, Strategic Prevention Program | Hualapai Health, Education & Wellness***Help Great Childhoods Happen****Sample Press Release**

(CHICAGO, IL) - This April, the leading organization dedicated to the primary prevention of child abuse and neglect has a message for all Americans: "you're doing great things for children, keep it up!" April is Child Abuse Prevention Month and Prevent Child Abuse America is spreading the message that everyone can help great childhoods happen in their community. Research suggests that many people are already playing a role in preventing child abuse and creating great childhoods in their communities, they just don't realize it. A study commissioned by Prevent Child Abuse America shows that only 27% of Americans report that they are engaged in prevention. However, that same study showed that:

- 80% of Americans reporting donating goods, money or time to an organization supporting children and families,
- 70% reported volunteering with children through places of worship, schools, and sports or academic clubs, and
- 56% provided mentorship to a child in their family, neighborhood, or community.

"These numbers show that many people are already involved in activities that prevent child abuse and neglect, they just don't realize it " said Dan Duffy, President and CEO of Prevent Child Abuse America. "This April we are working to educate the public regarding how they are already helping to prevent child abuse, as well as offering some positive ideas about how we all can help children and families thrive." In response to their research, Prevent Child Abuse America is encouraging the public to learn more about how three specific actions - mentoring children and parents, advocating for family-friendly policies, and donating time and money—relate to child abuse prevention while giving the public the tools and resources they need to get involved in these activities.

Some suggestions from Prevent Child Abuse America for how people can get involved include:

- Volunteering to staff an after-school program like a sports or academic team.
- Mentoring a new parent by reaching out to your neighbor and offering to help, such as by babysitting or cooking,
- Advocating for federal and state policies that support children and families, such as home visiting programs, paid family medical leave.
- Learning about abuse prevention curricula in place at local schools or churches and advocating to create one if there is not yet a program in place.
- Donating time to organizations that support children, such as by offering to be a free tutor or getting involved with a local mentorship program.
- Donating money to organizations that fight for children and families such as a local Prevent Child Abuse America state chapter.

Child Abuse Prevention Presentation
Friday, April 20, 2018 at 3:00 p.m.
Hualapai Health, Education & Wellness

Prevent Child Abuse America:**"Help Great Childhoods Happen this April!"**

National non-profit is encouraging people to get involved with child abuse prevention by taking part in activities like mentoring, advocating or donating on behalf of children

Mobile On-site Mammography • Tuesday, April 24th*Submitted by: Rebecca Rice | Indian Health Services*

Early Detection Saves Lives

Get Your Mammogram

Mobile On-site Mammography in Peach Springs

April 24th 2018 from 8:00am-4:00 pm

**Please call for an appointment
at 928-769-2922**

**It is recommended for Women to receive a
Mammography at the age of 50 and every two
years to the age of 74.**

To prepare for your mammogram :

Do not wear any Deodorant, Powders, Perfume or lotions on the day of your Mammogram. It is also suggested that a two piece outfit be worn the day of your appointment.

15 minutes can save your life

April is Child Abuse Prevention Month

Submitted by: Taylor Johnson, TAP Coordinator | Hualapai Health, Education & Wellness

**CHILD SAFETY:**

Child safety is a subset of child neglect, and includes leaving young children and babies unsupervised or leaving children in locked cars with the window up. Hot cars can be lethal to young children. Young children should never be left unsupervised anywhere for any length of time.

SHAKEN BABY SYNDROME:

It is a severe form of physical child abuse resulting from violent shaking of an infant or young child by the shoulders, arms or legs. SBS may result from both shaking alone or from shaking with impact, often resulting in permanent irreversible brain damage or death. Shaken Baby Syndrome (SBS) is preventable. NEVER shake a baby!

DOMESTIC VIOLENCE:

Children exposed to violence in the home or among family members, undergo lasting physical, mental, and emotional harm. They suffer from difficulties with attachment, regressive behavior, anxiety and depression, and aggression and conduct problems.

SUBSTANCE ABUSE:

Use of alcohol, illegal drugs, and controlled substances by a parent or caregiver impairs their ability to adequately care for a child. Use of these substances during pregnancy cause prenatal harm to the fetus. Babies are born addicted to the same drugs as the mother has taken throughout the pregnancy. Exposing a child to the chemicals, equipment, or manufacture of illicit drugs, and selling, distributing or giving drugs or alcohol to a minor child.

ABANDONMENT:

Is defined as the parent's identity or whereabouts are unknown, the child has been left by the parent in circumstances in which the child suffers serious harm, or the parent has failed to maintain contact with the child or to provide reasonable support for a specified period of time.

In conclusion, it is worth noting that definitions of child abuse and neglect vary by state. Which is one of the problems in under-reporting and preventing child maltreatment. The Center for Disease Control has proposed more uniform definition. It is also worth noting that child abuse in any form is a civil and criminal offense. Therefore, to protect children and parents, American SPCC recommends that all parents and caregivers seek information and education promoting the positive care of children and positive parents skills.

In the U.S.: National Child Abuse Hotline 1-800-4-A-CHILD (1-800-422-4453)

By: Taylor Johnson, TAP Coordinator, Hualapai Health, and Education & Wellness

American SPCC is 501(c) 3 top-rated nonprofit organization (federal tax ID 27-4621515)

April is National Child Abuse Prevention Month

Submitted by: Taylor Johnson, TAP Coordinator | Hualapai Health, Education & Wellness

April is National Child Abuse Prevention Month

What is Child Abuse? Child abuse takes many forms, physical, emotional, verbal, sexual, neglect, exploitation, and more. When we speak of child abuse, we normally first think of physical abuse, spankings, and whooping, but the shocking truth is that neglect is the number one form of child abuse in America. More children die from neglect every year, than any other form of childhood maltreatment.

GENERAL DEFINITION OF CHILD ABUSE: Any act or failure to act on the part of a parent or caretaker, which results in death, serious physical or emotional harm, sexual abuse, or exploitation of a child, or an act or failure to act presenting an imminent risk of serious harm to a child.

TYPES OF CHILD ABUSE:

- Physical Abuse: Physical hitting, unlawful corporal punishment or injury.
- Neglect: General and severe, lack of basic needs, malnutrition.
- Emotional Abuse: Causing psychological or emotional instability
- Verbal Abuse: Yelling, screaming, belittling, bullying and cursing.
- Sexual Abuse: Sexual assault, pornography, exploitation.
- Child Safety: Willfully harming or endangering a child, hot cars.
- Shaken Baby Syndrome: Shaking causes death or permanent brain damage.
- Domestic Violence: Dysfunctional or violent home or family.
- Substance Abuse: Parent or caregiver's personal drug & alcohol abuse.
- Abandonment: Parent's identity or whereabouts unknown, no support.



ABUSE DEFINITIONS:

PHYSICAL ABUSE: Any intentional, non-accidental physical injury to a child, including: striking, kicking, burning, biting, cutting, poking, twisting limbs, shaking, throwing, or torturing a child.

NEGLECT: General neglect is the failure of a parent or caregiver to provide needed food, clothing, shelter, medical care, education, nurturing, or supervision whereby a child's health; safety and well-being are threatened with harm. Severe neglect results from negligent failure to protect the child from severe malnutrition or medically diagnosed non-organic failure to thrive.

EMOTIONAL ABUSE: The failure of a parent or caregiver to provide adequate nurturing or positive interaction to a child, causing injury to the psychologist capacity or emotional stability of the child, observable as a substantial change in behavior, emotional response, cognition, anxiety, depression, withdrawal, or aggressive behavior.

VERBAL ABUSE: Verbal abuse includes, belittling, screaming, threats, blaming, sarcasm, bullying, harsh and insulting language, unpredictable responses, continual negative moods, constant family discord, and chronically communicating conflicting messages to children.

SEXUAL ABUSE: Any violation, exploitation or sexual activity with a child to provide sexual gratification or financial benefit to the perpetrator. This includes contact for sexual purposes, molestation, statutory rape, prostitution, pornography, exposure, incest, or other sexually exploitative activities.



Looking for Volunteers • Hualapai Fire Department

Submitted by: Jessica Powskey, Strategic Prevention Program | Hualapai Health, Education & Wellness

The Impact of Substance Abuse and Addiction on Families

Substance Abusers and Families Suffer Together

In this article, we will examine the specific impact of sustained substance abuse and addiction on parents, spouses and children in the home. We will review previous studies into the short and long-term effects and also explain the unique role that each family member



plays in both addiction and recovery.

Alcoholism and drug addiction have obvious and well documented effects on chronic substance abusers. Prolonged abuse of

drugs and/or alcohol will deteriorate a person's physical health, impair his or her mental functioning and damage the spirit. But how will these adverse effects impact the addict's immediate family, and how will the damage manifest itself?

A Family Disease

Every single person in an addict's immediate family (and at times extended family) is affected in some way by the individual's substance abuse. Addiction impacts a family's finances, physical health and psychological wellbeing¹. In recent years, our society has moved further and further away from the traditional nuclear family. There are single-parent homes, blended families and homes headed by grandparents, just to name a few family unit variations. Each of these family structures and more will affect the addict's overall impact on the family. If young children are a part of the family, their ages must also be factored into the effect of substance abuse. The same can be said for older adults who have adult children. The severity of addiction and the type of substance dependence also factor into the overall impact of addiction on a family.

Addiction impacts a family's finances, physical health and psychological wellbeing

Addiction impacts a family's finances, physical health and psychological wellbeing

Lastly, each addict's situation is different, which means that each family's situation is unique. This makes it impossible to assign a universal causal relationship between substance abuse and family functioning. It is worth noting that in most families, the impact of addiction is overwhelmingly negative, with few exceptions.

Addiction and Family Roles

In every family unit, each person plays a role (or multiple roles) to help the family function better and to maintain a level of homeostasis, stability and balance. When substance abuse is added to this dynamic, the family roles naturally shift to adjust to the new behaviors associated with drug or alcohol use, and to continue maintaining order and balance.²

Including the addict, there have been six roles developed to understand how the family functions around the substance abuser. They are "the enabler," "the mascot," "the hero," "the scapegoat," "the lost child" and "the addict."³

- **The Enabler:** This role is often assumed by a non-addicted spouse or an older child in single-parent homes. The enabler takes care of all of the things that the addict has left undone, including taking care of finances, ensuring children get to school and making justifications for the addict in social and business



Drug and alcohol addiction negatively impact a family unit.

- **The Hero:** This role is generally assumed by an older child in the family who overachieves and appears confident and serious. Heroes takes on responsibilities in the home that seemingly exceed their developmental stage, often assuming parental roles. The hero is obsessed with perfection, which makes the role increasingly difficult to maintain as addiction progresses and responsibilities continue to mount.
- **The Scapegoat:** This is the child in the family who habitually misbehaves and displays defiant tendencies in the face of authority. These individuals often get into trouble in school and at home. As these children move toward adulthood, many get into trouble with the law as well. These behaviors are reflective of a poisonous and chaotic atmosphere in the house.
- **The Mascot:** In an uncomfortable home environment, some individuals assume the role of the mascot and use humor as a coping mechanism. The mascot is aware that his or her comedy may be bringing a momentary sense of relief to the family and will continue to maintain this role in order to achieve balance and comfort in the home.
- **The Lost Child:** The person in this role is isolated from other members in the family and has trouble developing relationships as a result. The lost child has difficulty in social situations and often engages in fantasy play to distract themselves both emotionally and physically from the negative home environment.
- **The Addict:** Many chronic substance abusers feel great shame, guilt and remorse about the pain and distress they've caused their families. However, there are also many addicts who do not want to cease their substance abuse, causing great anger and resentment throughout the family.

When these roles are established during childhood, they become behavioral patterns that continue to play out and evolve throughout adulthood.

The late development of an addiction (when adult children are present) creates another set of issues, as many family roles have already been firmly set. The blurred line between parent/child relationships and parent/friend relationships also make the situation more difficult to remedy.

Children of Alcoholics and Other Substance Abusers

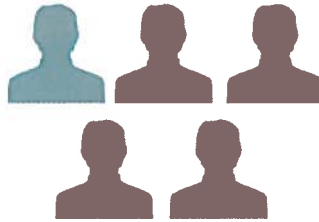
Among all of the family members who are impacted by an addict's disease, perhaps no one suffers as much as children. The effects of living with an addicted parent can be felt long after childhood and well into adulthood. Parental alcoholism and drug addiction can create poor self-image, loneliness, guilt, anxiety, feelings of helplessness, fear of abandonment and chronic depression in children⁴. Maternal substance abuse during pregnancy

can also lead to a host of behavioral and developmental disorders in children.⁴

One in five adult Americans lived with an alcoholic relative at some point during their childhoods. Overall, these individuals are at a greater risk for behavioral and emotional problems when compared to children of non-alcoholics. Children of alcoholics are four times more likely to develop alcoholism than individuals who were not raised by alcoholics.

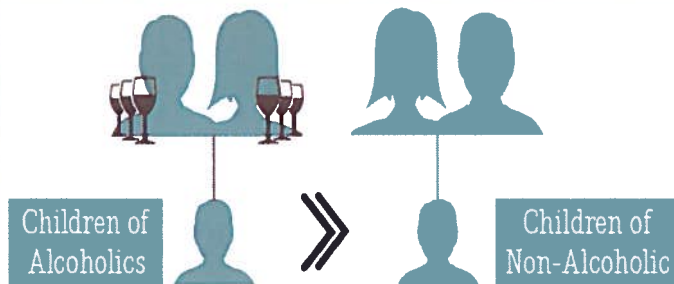
They are also more likely to have difficulty dealing with stress and highly likely to marry an alcoholic or abusive spouse later in life.⁶

1 in 5



One in five Americans lived with an alcoholic relative at some point during their childhoods.

Family Patterns = Higher Rate of Alcoholism



Children of alcoholics are four times more likely to develop alcoholism than individuals who were not raised by alcoholics.

"The financial damage of an addiction can also lead to a child being undereducated and malnourished."

Children of alcoholics and other substance abusers are also likely to grow up in a highly unstable home. Children in these situations are unable to determine which parent they will get (sober or intoxicated) on a moment to moment basis, and are often left to fend for themselves at times when adult supervision would be considered necessary. The financial damage of an addiction can also lead to a child being undereducated and malnourished. Going to school and having three meals a day is not as important as an addict's next score. Basically, a person who grows up in a home with one or more addicts is often robbed of important aspects of his or her childhood.

When illicit substances are involved, children are often unfairly exposed to illegal activities and may in some cases be asked to aid in these activities by lying about what their parents are doing. Additionally, parents abus-

ing any substance are more likely to be involved with divorce, mental illness, unemployment and legal problems, severely compromising their abilities to effectively parent.⁴

Spouses of Substance Abusers

Substance abuse and committed relationships do not make for a very cohesive mix. Especially in relationships where only one partner has a substance abuse problem, alcohol and drugs can ruin a marriage or long-term relationship. Alcoholism has been linked to higher divorce rates, and one partner's addiction can lead to the other partner having to shoulder an unfair share of the household responsibilities.⁷



Alcoholism

Alcoholism tears families apart

"A relationship with two addicts allows each partner to feed off of and enable the other."

When both spouses are equally addicted to drugs or alcohol, it may not increase the chance for divorce, but the household's atmosphere will become much more toxic as a result⁸. One sober partner can at least try to keep the house in order and encourage the substance abuser to see help. A relationship with two addicts allows each partner to feed off of and enable the other. This too will likely lead to the slow deterioration of the relationship, as both addicts will be primarily focused on feeding their addictions rather than cultivating the relationship or handling any household responsibilities.

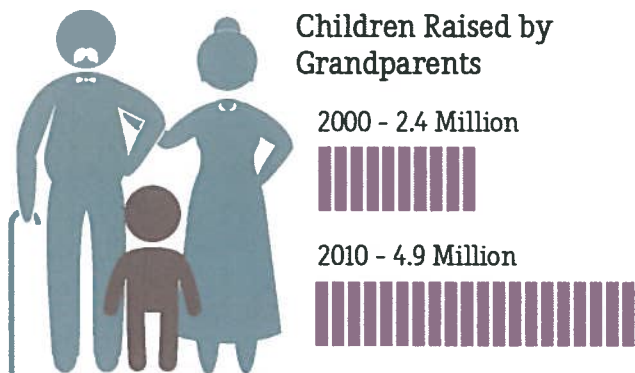
Codependency is also an issue that often arises in spouses of substance abusers. The concept of codependency became widely popular during the 1980s. Broadly, it refers to an individual who is overly involved with another person to the point of dysfunction. When discussing codependency in addiction, the term refers to individuals who put the needs of the addict before their own, even when it is detrimental to their own wellbeing. Codependent people will often defend and make excuses for the addict and will do anything to remain in his or her good graces, being sure not to raise their ire.⁹

Early on, the term was often reserved for the wives of alcoholics and drug addicts who relied on their husbands for financial wellbeing. Though codependent people are usually spouses, anyone who has an established relationship with an addict can become codependent.

Parents of Alcoholics and Drug Addicts

No matter how old a parent's kids are, discovering that your children have an addiction problem can be an unpleasant, rude awakening. It may cause mothers and

fathers to question their parental abilities or decisions they've made. Parents of addicts, much like children of addicts, often blame themselves for the development of the substance use disorder.



A growing number of American children are being raised by their grandparents.

For teenagers and adolescents struggling with addiction, the problem can be perceived as being potentially more dangerous, with the child not evenly fully matured and so much of his or her life left ahead. This is also a critical time for addiction to be stopped before its grip is too strong.

- Nine out of 10 Americans who meet the criteria for addiction began smoking, drinking or using other drugs before age 18.
- 75 percent of all high school students have used an addictive substance. One in five of those students meet the criteria for addiction.
- 46 percent of all high school students currently use an addictive substance, with 33 percent of them meeting the criteria for addiction.¹⁰
- 10 percent of all youth aged 12 to 17 are current illicit drug users.
- An estimated 6 percent of 16- and 17-year-olds and 17 percent of 18- to 20-year-olds reported driving under the influence of alcohol within the last year¹¹.

At least when parents have teens and adolescents who have substance use disorders, they have some level of power in that they control the finances and the household. This power can be wielded to get them to accept treatment and cease substance abuse. With parents of adult addicts, however, the ability to impose consequences for substance abuse or the unwillingness to seek treatment is greatly diminished. This holds even truer when the parents live separately from the addicted daughter or son.

When the addict has young children, the grandparents or other extended family members are often the ones who pick up the slack in parental duties.

According to the U.S. Census, the number of children being raised by their grandparents skyrocketed from 2.4 million in 2000 to 4.9 million in 2010¹². Two of the pri-

mary causes of this are addiction and mental disorder¹³.

Domestic and Sexual Abuse Are Linked to Substance Abuse

There is an unfortunate and tragic cycle that includes substance abuse, sexual abuse/rape and domestic/child abuse. Several studies have found that a large percentage of child abuse and domestic abuse cases involve use of drugs or alcohol. Other studies have found that individuals who were victims of abuse were more likely to abuse drugs or alcohol.

This means individuals who grow up in a home with substance abusing parents are more likely to experience some sort of domestic or sexual abuse leading to trauma, which will then make them more likely to abuse drugs or alcohol themselves. If they have children as well, the cycle has a strong chance of continuing.

A Disturbing Connection

As many as two-thirds of all people in treatment for drug abuse report that they were physically, sexually or emotionally abused as a child.

- A woman is beaten every nine seconds in the United States¹⁴.
- More than three million children witness violent acts against their mothers each year.¹⁵
- Between 30 and 40 percent of children who witness or experience violent acts will be at an increased chance for becoming involved in a violent relationship in adulthood¹⁶.
- Between 25 and 50 percent of men who commit domestic violence also have substance abuse problems.¹⁷
- As many as two-thirds of all people in treatment for drug abuse report that they were physically, sexually or emotionally abused as a child.¹⁸
- One in four women have been a victim of rape, sexual assault or domestic abuse.¹⁹
- As many as 80 percent of child abuse cases involve alcohol or drug use.²⁰
- More than half of defendants accused of murdering their spouses (as well as nearly half of the victims) had been drinking alcohol at the time of the incident.²¹

A person who experiences or witnesses abuse, sexual assault or rape has a high likelihood of struggling with symptoms of post-traumatic stress syndrome and/or depression. Both conditions often lead individuals to use drugs or alcohol as a means to cope. This pattern then potentially leads to the development of tolerance and then full-blown addiction.

Discussion and Conclusion

"Nearly every person in contact with an addict is impacted in some way."

It's rare that the impact of an addiction is limited solely to the addict. Everyone around him or her is affected in some way. Frequently, the people who spend the most

time around the addict are friends, family and co-workers – these are the people who are likely to be most impacted by drug addiction or alcoholism.

Family members, especially non-addicted spouses, are forced to pick up the slack for the addict, make excuses for his or her behavior and potentially endure sexual, physical and emotional abuse. In many cases, extended family members and close friends have to help financially and in other ways to account for the ignored responsibilities by the addict. Children suffer in school and socially and are more likely to be involved with drugs and alcohol as adults. Coworkers are not always as close to the addict, but they may also be affected by having to increase their workloads to make up for diminished job performance.

Nearly every person in contact with an addict is impacted in some way. This is why addiction recovery is most successful when the friends and family members closest to the addict are involved. Since addiction damages the whole family, addiction recovery needs to heal the whole family.

1. <http://www.ncbi.nlm.nih.gov/books/NBK64258/>
2. <http://www.rehabs.com/pro-talk-articles/substance-abuse-and-the-impact-o...>
3. <http://addictioninfamily.com/family-issues/unhealthy-families/>
4. a. b. c. <http://www.aaets.org/article230.htm>

6. https://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/FFF-Gu...
7. <https://www.addiction.com/3003/will-alcohol-abuse-lead-divorce/>
8. <http://www.medicaldaily.com/heavy-drinking-will-lead-divorce-unless-both...>
9. <http://www.dualdiagnosis.org/codependency-substance-abuse/>
10. <http://www.centeronaddiction.org/newsroom/press-releases/national-study-...>
11. www.nccp.org/publications/pub_1008.html
12. https://www.census.gov/newsroom/releases/archives/facts_for_features_spe...
13. <https://www.psychologytoday.com/blog/matter-personality/201106/grandpare...>
14. <http://www.ncadv.org/learn/statistics>
15. <http://www.safehorizon.org/page/domestic-violence-statistics--facts-52.html>
16. <http://www.ncbi.nlm.nih.gov/books/NBK64441/>
17. http://www.ncbi.nlm.nih.gov/books/NBK64437/pdf/Bookshelf_NBK64437.pdf
18. https://archives.drugabuse.gov/NIDA_Notes/NNVol13N2/exploring.html
19. http://www.cdc.gov/media/releases/2011/p1214_sexual_violence.html
20. <http://www.ncbi.nlm.nih.gov/pubmed/7924561>
21. <http://www.bjs.gov/content/pub/ascii/vbi.txt>

This article was written by addiction care experts at Behavioral Health of the Palm Beaches. We are committed to offering the most comprehensive addiction treatment services in the nation and being thought leaders in the addiction recovery community.

Smokeless Tobacco (Dip, Chew, Snuff)

Submitted by: Vondell Bender, GHW Educator | Hualapai Health, Education & Wellness



Centers for Disease Control and Prevention

CDC 24/7: Saving Lives, Protecting People™

Smokeless Tobacco (Dip, Chew, Snuff)

What's the Problem?

Smokeless tobacco is a significant health risk and is not a safe substitute for smoking cigarettes. Smokeless tobacco contains 28 cancer-causing agents (carcinogens). Smokeless tobacco use can lead to nicotine addiction and dependence. Adolescents who use smokeless tobacco are more likely to become cigarette smokers.

The two main types of smokeless tobacco in the United States are chewing tobacco and snuff. Chewing tobacco comes in the form of loose leaf, plug or twist. Snuff is finely ground tobacco that can be dry, moist, or in sachets (tea bag-like pouches). Although some forms of snuff can be used by sniffing or inhaling into the nose, most smokeless tobacco users place the product in their cheek or between their gum and cheek. Users then suck on the tobacco and spit out the tobacco juices, which is why smokeless tobacco is often referred to as spit or spitting tobacco.

It is a known cause of human cancer, as it increases the risk of developing cancer of the oral cavity.

Who's at Risk?

- Smokeless tobacco use in the United States is higher among young white males; American Indians/Alaska Natives; people living in southern and northcentral states; and people who are employed in blue collar occupations, service/laborer jobs, or who are unemployed.

- Nationally, an estimated 3% of adults are current smokeless tobacco users. Smokeless tobacco use is much higher among men (6%) than women (<1%).
- In the United States, 9% of American Indian/Alaska Natives, 4% of whites, 2% of African Americans, 1% of Hispanics, and <1% of Asian-American adults are current smokeless tobacco users.
- An estimated 8% of high school students are current smokeless tobacco users. Smokeless tobacco is more common among males (13.6%) than female high school students (2.2%). Estimates by race/ethnicity are 10.2% for white, 5.1% for Hispanic, and 1.7% for African-American high school students.
- An estimated 3% of middle school students are current smokeless tobacco users. Smokeless tobacco is more common among male (4%) than female (2%) middle school students. Estimates by race/ethnicity are 3% for white, 1% for Asian, 2% for African-American, and 4% for Hispanic middle school students.

Can It Be Prevented?

Yes. Hopefully by clarifying that smokeless tobacco is not safe, we can help people make an informed decision about its use. School-based programs are an opportunity to discourage youth on the use of smokeless tobacco. The film industry can also influence the public by not glamorizing any form of tobacco use. More community-wide efforts aimed at prevention and cessation of smokeless tobacco use among young people are needed. In addition, opportunities for intervention occur in all clinical settings and require knowledgeable and committed health-care professionals. Training programs for health care providers should include components to help make smokeless tobacco counseling a higher priority.

Case Example

Jimmy is a good looking kid and friends with just about everyone. Recently some of his friends have started using smokeless tobacco. He used to think it was something the old folks used to do with spit coming out of their mouths. He'll never admit it, but the sight of the spitting used to make him want to puke. The stuff smelled awful and looked grotesque.

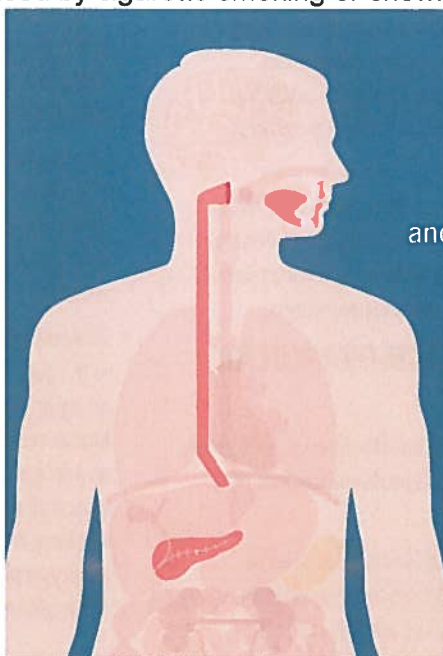
However, the stuff his friends use doesn't seem to be like that. What they use smells like apple and cherry with just a little bit of the awful stuff mixed in. They just put it in their mouths and suck. They don't even have to spit. Some of the older kids have been using these products for a few years now.

Recently he noticed some of those kids had white areas in their mouths. He asked them what it was and they told him that the doctor had said it was "leukoplakia, what ever that was". He also noticed that his friend's gums were going back, like old folks.

In addition to being good looking and friendly, Jimmy was also smart. He went online to find out more about leukoplakia. He learned that it can be caused by cigarette smoking or chewing tobacco and it can lead to cancer. He also found that smokeless tobacco made the gums go back which explained the "old folks' gums" on his friends.

He decided not to take the smokeless tobacco when offered. He told his friends about what he had learned and asked the school newspaper to publish an article about the health hazards of smokeless tobacco. He petitioned the student council to ban ALL smokeless tobacco on campus. This was so successful that using chewing tobacco became an "un-cool" behavior everywhere on campus.

To learn more about smokeless tobacco, visit: Smokeless Products (https://www.cdc.gov/tobacco/basic_information/smokeless).



Smokeless tobacco, like chew and dip, can cause **CANCER** of the **MOUTH, ESOPHAGUS, AND PANCREAS.**

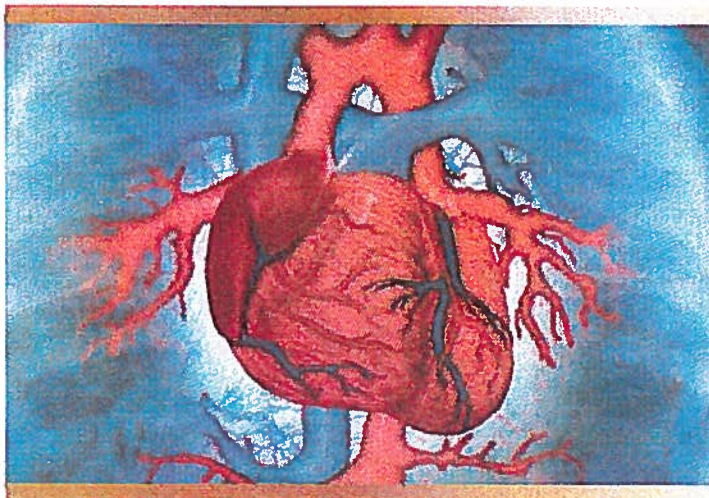


Smoking and Cardiovascular Disease

Submitted by: Vondell Bender, GHW Educator | Hualapai Health, Education & Wellness



SMOKING AND CARDIOVASCULAR DISEASE



This fact sheet is for public health officials and others who are interested in how smoking affects the heart and circulatory system. Smoking is very dangerous to cardiovascular health.

WHAT YOU NEED TO KNOW ABOUT SMOKING AND CARDIOVASCULAR DISEASE

Smoking is a major cause of cardiovascular disease (CVD) and causes one of every three deaths from CVD, according to the 2014 Surgeon General's Report on smoking and health. CVD is the single largest cause of death in the United States, killing more than 800,000 people a year. More than 16 million Americans have heart disease. Almost 8 million have had a heart attack and 7 million have had a stroke.

Even people who smoke fewer than five cigarettes a day may show signs of early CVD. The risk of CVD increases with the number of cigarettes smoked per day, and when smoking continues for many years. Smoking cigarettes with lower levels of tar or nicotine does not reduce the risk for cardiovascular disease.

Exposure to secondhand smoke causes heart disease in nonsmokers. More than 33,000 nonsmokers die every year in the United States from coronary heart disease caused by exposure to secondhand smoke. Exposure to secondhand smoke can also cause heart attacks and strokes in nonsmokers.

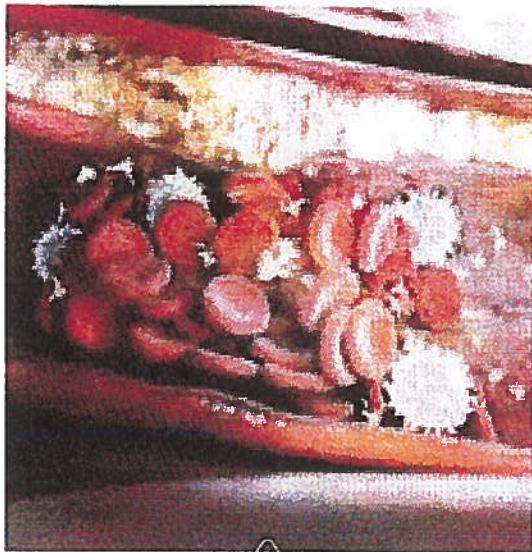
HOW SMOKING HARMS THE CARDIOVASCULAR SYSTEM

Chemicals in cigarette smoke cause the cells that line blood vessels to become swollen and inflamed. This can narrow the blood vessels and can lead to many cardiovascular conditions.

- **Atherosclerosis**, in which arteries narrow and become less flexible, occurs when fat, cholesterol, and other substances in the blood form plaque that builds up in the walls of arteries. The opening inside the

arteries narrows as plaque builds up, and blood can no longer flow properly to various parts of the body. Smoking increases the formation of plaque in blood vessels.

- **Coronary Heart Disease** occurs when arteries that carry blood to the heart muscle are narrowed by plaque or blocked by clots. Chemicals in cigarette smoke cause the blood to thicken and form clots inside veins and arteries. Blockage from a clot can lead to a heart attack and sudden death.
- **Stroke** is a loss of brain function caused when blood flow within the brain is interrupted. Strokes can cause permanent brain damage and death. Smoking increases the risk for strokes. Deaths from strokes are more likely among smokers than among former smokers or people who have never smoked.
- **Peripheral Arterial Disease (PAD)** and peripheral vascular disease occur when blood vessels become narrower and the flow of blood to arms, legs, hands and feet is reduced. Cells and tissue are deprived of needed oxygen when blood flow is reduced. In extreme cases, an infected limb must be removed. Smoking is the most common preventable cause of PAD.
- **Abdominal Aortic Aneurysm** is a bulge or weakened area that occurs in the portion of the aorta that is in the abdomen. The aorta is the main artery that carries oxygen-rich blood throughout the body. Smoking is a known cause of early damage to the abdominal aorta, which can lead to an aneurysm. A ruptured abdominal aortic aneurysm is life-threatening; almost all deaths from abdominal aortic aneurysms are caused by smoking. Women smokers have a higher risk of dying from an aortic aneurysm than men who smoke. Autopsies have shown early narrowing of the abdominal aorta in young adults who smoked as adolescents.



Plaque narrows vessels, so less blood can flow through. When a clot forms on one of these narrow places in an artery around the heart, the heart muscle becomes starved for oxygen. This can cause a heart attack.

QUITTING SMOKING CUTS CVD RISKS

Even though we don't know exactly which smokers will develop CVD from smoking, the best thing all smokers can do for their hearts is to quit. Smokers who quit start to improve their heart health and reduce their risk for CVD immediately. Within a year, the risk of heart attack drops dramatically, and even people who have already had a heart attack can cut their risk of having another if they quit smoking. Within five years of quitting, smokers lower their risk of stroke to about that of a person who has never smoked.

For more information on smoking and heart health, see the 2014 Surgeon General's Report at surgeongeneral.gov (publications and reports). For free help to quit smoking, call 1-800-QUIT-NOW or go to smokefree.gov or cdc.gov/tips.

Most people find a combination of resources works best. Many smokers do not quit on their first attempt. Many need several tries to successfully quit. But the benefits are well worth it. Keep trying.



SAVE YOUR HEART AVOID THE SMOKE

Smoking damages the heart and blood vessels very quickly, but the damage is repaired quickly for most smokers who stop smoking. Even long-time smokers can see rapid health improvements when they quit. Within a year, heart attack risk drops dramatically. Within five years, most smokers cut their risk of stroke to nearly that of a nonsmoker. Even a few cigarettes now and then damage the heart, so the only proven strategy to keep your heart safe from the effects of smoking is to quit.

RESOURCES FOR QUITTING

- ☎ Call 1-800-QUIT-NOW.
- 🌐 www.smokefree.gov
- 🌐 www.cdc.gov/tips



Centers for Disease
Control and Prevention
Office on Smoking
and Health

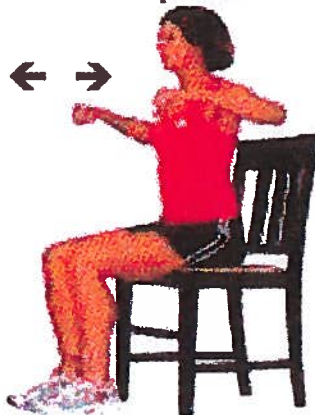
Seated Punches • Exercises

Submitted by: *Vondell Bender, GHW Educator | Hualapai Health, Education & Wellness*

Seated punches



Seated military press



Biceps Curl

5. Overhead Press (10 reps, 1 set)



6. Lateral Raise (10 reps, 1 set)



7. Front Raise (10 reps, 1 set)



You can do these sitting or standing, either way make sure you have a stable base (feet shoulder width), tighten your stomach and use good posture. Do 2 sets of 10 with or without weights. Take a 30 second break between each exercise. Don't hold your breath—inhale when you bring arms close to body, exhale when push out.

Why Is Eating Healthy Important

Submitted by: *Vondell Bender, GHW Educator | Hualapai Health, Education & Wellness*

Why Is Eating Healthy Important?

Written by *Jan Annigan*; Updated March 29, 2018 | <http://healthyeating.sfgate.com/eating-healthy-important-7166.html>

A nutritious, well-balanced diet – along with physical activity and refraining from smoking – is the foundation of good health. Healthy eating includes consuming high-quality proteins, carbohydrates, heart-healthy fats, vitamins, minerals and water in the foods you take in while minimizing processed foods, saturated fats and alcohol. Eating in this manner helps you maintain your body's everyday functions, promotes optimal body weight and can assist in disease prevention.

Overall Health

The nutrients in the foods you eat support the activities of day-to-day living, protect



your cells from environmental damage and repair any cellular damage that might occur. Protein rebuilds injured tissue and promotes a healthy immune system. Both carbohydrates and fats fuel your body, while vitamins and minerals function throughout your body in support of your body's processes. Vitamins A, C and E, for example, act as antioxidants to protect your cells against toxins, and B vitamins help you extract energy from the foods you eat. Calcium and phosphorus keep your bones strong, while sodium and potassium help to transmit nerve signals. Without a healthy diet, you might compromise any of these essential functions.

Weight Control

In addition to the quality of the foods you consume, the quantity matters when considering good eating habits. Taking in the same number of calories as you burn ensures your weight remains steady over time. Consuming more than you burn, on the other hand, results in weight gain as your body converts extra calories to fat tissue. When you accumulate fat tissue, you increase your risk of developing one or more health problems, including heart disease, hypertension, respiratory issues, diabetes and cancer. A healthy meal plan without excess calories helps you not only feel better but can prolong your life.

Disease Prevention

Obesity is not the only nutrition-related cause of disease onset and progression. Too much or too little of certain nutrients can also contribute to health issues. For instance, a lack of calcium in your diet can predispose you to developing osteoporosis, or weakening of your bones, while too much saturated fat can cause cardiovascular disease, and too few fruits and vegetables in your nutrition plan is associated with an increased incidence of cancer. Consuming foods from a wide variety of sources helps ensure your body has the nutrients it needs to avoid these health problems.

Considerations

If you are not used to eating a healthy diet that promotes your well-being, making gradual changes can help you improve the way you eat in the long run. You can substitute water for high-calorie, sugary drinks, for example, and switch from full-fat to low-fat dairy products. Selecting lean meats instead of fatty cuts and whole-wheat grains instead of refined grains can lower your intake of unhealthy fats and increase your dietary fiber intake. Fresh fruits and vegetables contain less sodium than canned, and snacking on fresh, crunchy produce like carrots, apples and cucumber slices is healthier than the fats and salt in chips.



Recipe: Taco-Night Carnitas

Submitted by: Vondell Bender, GHW Educator | Hualapai Health, Education & Wellness

Taco-Night Carnitas

Prep 0:20 | Total 7:30

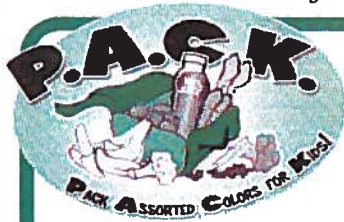
- 1 tbsp. canola oil
 - 4 lb. boneless pork shoulder, trimmed, cut into 3 pieces
 - 2 tbsp. ground cumin
 - 1 large white onion, chopped
 - 3 poblano chiles, seeded and chopped
 - 2 serrano chiles, sliced
 - 4 cloves garlic, crushed with press
 - 1/2 c. chicken broth or water
 - 1/4 c. lime juice
 - 24 small tortillas, warmed
 - Cilantro, sliced green onions, sliced radishes, salsa and lime wedges, for serving
1. In 12-in skillet, heat oil on medium-high until hot. Season pork all over with cumin and 1 teaspoon salt. Cook 5 minutes or until browned on two sides, turning over once half-way through. Transfer pork to slow-cooker bowl.
 2. To skillet, add onion, chiles and garlic; cook 2 minutes, stirring often. Transfer to slow cooker bowl along with broth and lime juice. Cover and cook on Low for 7 hours or until very tender.
 3. Transfer pork to cutting board; with two forks, pull into bite-size shreds, discarding any fat. Serve with tortillas and fixings.



SERVES 8 About 430 calories, 36 g protein, 38 g carbs, 14 g fat (4g saturated fat), 7 g fiber, 430 mg sodium.

Power Up with Colorful Fruits & Veggies!

Submitted by: Vondell Bender, GHW Educator | Hualapai Health Education & Wellness Center



Name: _____

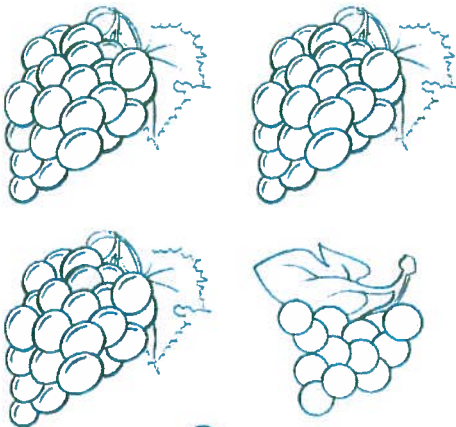
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POWER UP WITH COLORFUL FRUITS & VEGGIES!

CLUSTER BUSTER

Circle the grape cluster that is different.



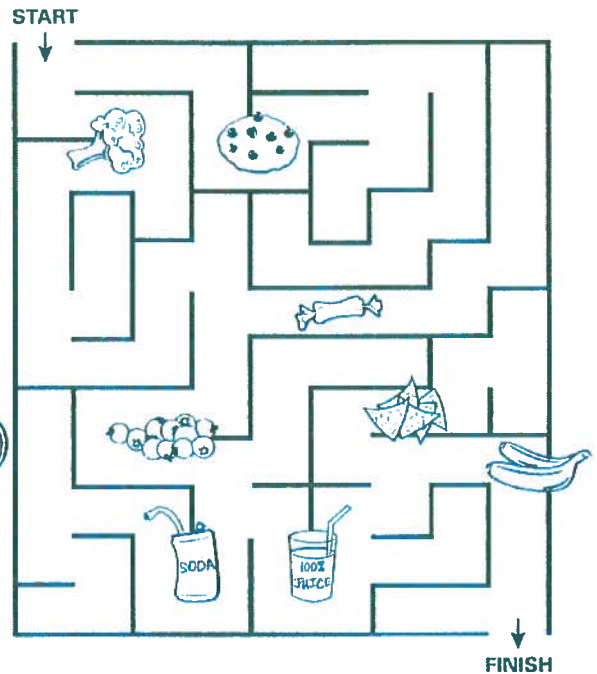
Raisins and 100% grape juice are made from fresh grapes and can count towards servings of fruit.



Ben Banana

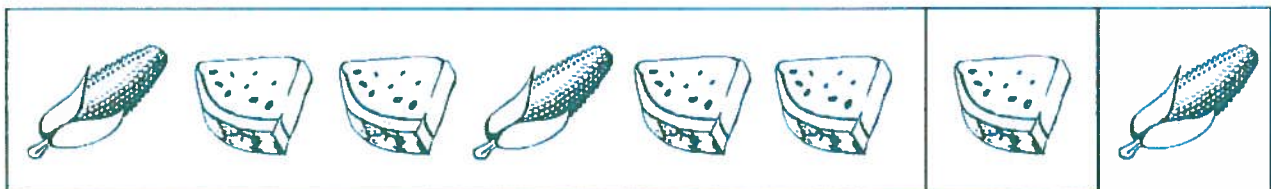
MIGHTY MAZE

Help Ben Banana get to the finish by making healthy food choices.



PATTERN PATROL

Complete the pattern by circling the correct food that comes next.

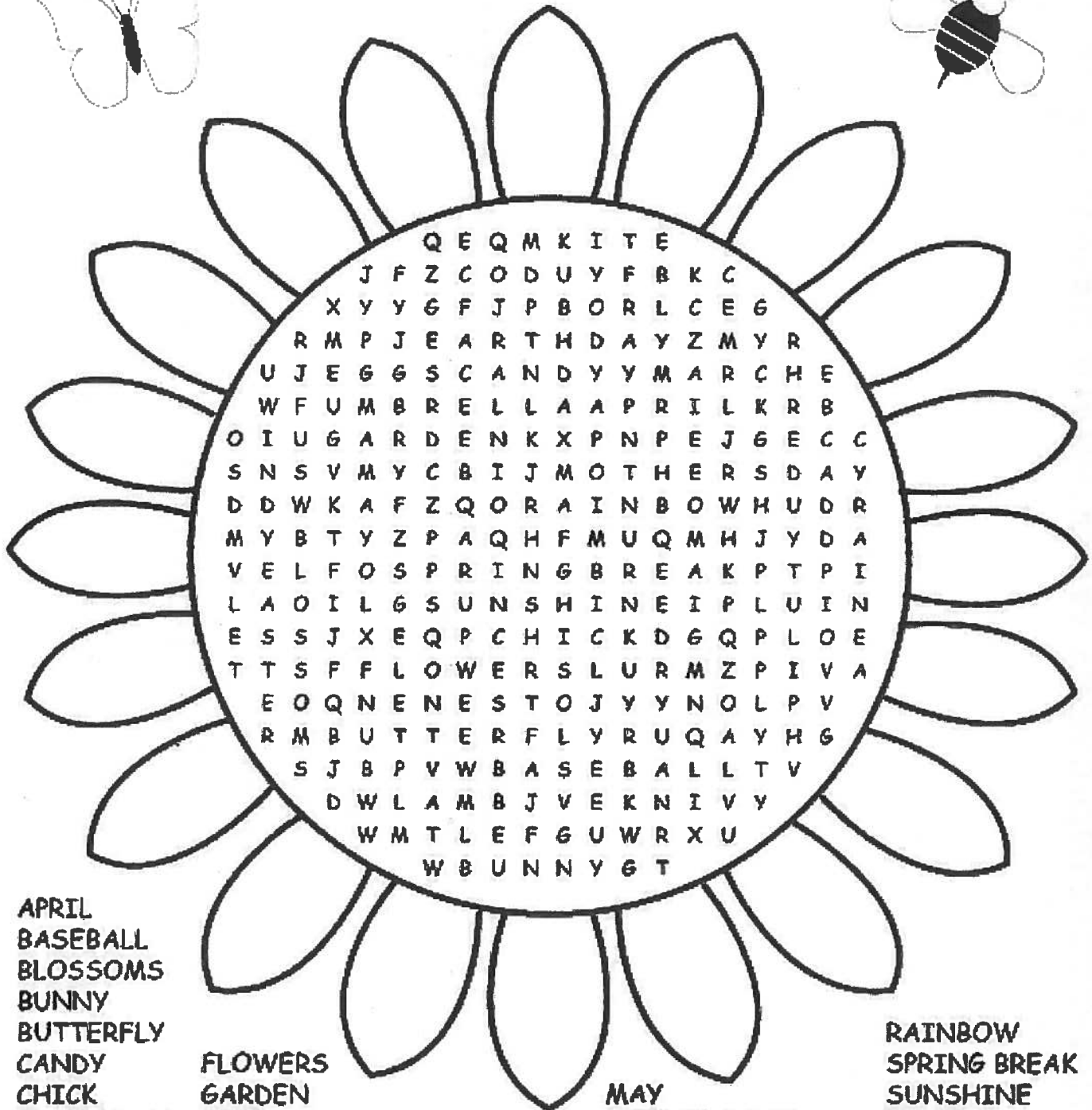
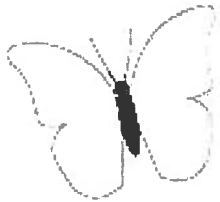


It's Spring Time Word Search

Submitted by: Taylor Johnson, TAP Coordinator | Hualapai Health, Education & Wellness

Name: _____

It's Spring Time!



APRIL
 BASEBALL
 BLOSSOMS
 BUNNY
 BUTTERFLY
 CANDY
 CHICK
 EARTH DAY
 EASTER
 EGGS

FLOWERS
 GARDEN
 KITE
 LAMB
 MARCH

MAY
 MOTHERS DAY
 NEST
 RAIN

RAINBOW
 SPRING BREAK
 SUNSHINE
 TULIP
 UMBRELLA
 WINDY

EW4H 2018 Pile on the Miles • Starting Monday, April 16th
Submitted by: Danielle Bravo | Hualapai Planning Department

Hualapai Employees Working for Health presents 2018 Pile



On the Miles

EW4H FITNESS ACTIVITY

Starting April 16th – June 1, 2018

Step 1: Sign up anytime between April 2nd - April 13th 2018 @ the EW4H fitness center; you can also fax form to 928 769-1632, or email to hualapaiw4h@gmail.com

Step 2: Keep track of your daily miles (COUNT YOUR daily steps throughout your work day as well as your running/walking activities-- you can use your pedometers, fitbits, phones, OR any other tracking devices) Tracking sheets WILL be given and it is up to you to keep them together, tallied and turned in BY JUNE 1ST 2018, NO EXCEPTIONS

Step 3: Get moving!!! Remember wear comfortable walking shoes & clothing---encourage your family members and/or co-workers to join you

There will be incentives for the top 3 males and females with the most miles, but remember

YOU are doing it for yourself and your health!

LET'S PILE IN THE MILES FOR THE HEALTH OF IT

For more info contact Employees working for health- Call 9287691630 or 9287692644 or stop by the fitness center
Email: hualapaiw4h@gmail.com or check us out on facebook @ Hualapai Employee's Working For Health- Fitness

Celebrate Recovery • Monday Nights

Submitted by: Keely Sage | Celebrate Recovery



**CELEBRATE
RECOVERY**

THE ROAD TO RECOVERY

CR is based on life principles passed down from our higher power as spoken in the **Beatitudes- Matthew 5: 3-19**

RECOVERING:

It's not only about addictions, it's about life choices.

- Resolving anger Issues.
- Releasing co-dependent relationships.
- Rediscovering your walk with Jesus.
- Restoring relationships with family and friends.
- Reaching for the Truth.

These are only some of the reasons to attend a
Celebrate Recovery Meeting.

Everyone is welcomed with open arms and minds. We are here to support one another, not fix another.

HOPE

Springs from within.

MONDAY NIGHTS 6:00 O'CLOCK HEW

COMMUNITY MESSAGES

BINGO Night • Tuesday, April 10th

Submitted by: Danielle Bravo | Hualapai Planning Department

Support your local Buck-N-Doe 4-H Club



Join us for some games, fun, prizes and food!

Tuesday, April 10, 2018 6:00 p.m. - 9:00 p.m.

Multi-Purpose Building

In Loving Memory of Timothy D. Hunter, Sr. Well, first of all we know that it has been over 2 months that our father has passed away. My family and I would like to expand our sincere appreciation to all the families and extended family members of our father, "Timothy D. Hunter, Sr." As well as to the Hualapai Tribe, GCRC and the people in the community for all their help that prepared him for his journey home. Thank you dearly.

*Sincerely,
The Family of Timothy D. Hunter, Aral Querta, Nathan Hunter, Nicholas Hunter, Marcus Querta and Alejandro Hunter*

To my family, I would like to say to my Mother, Aral Querta and my siblings Nathan and Nicholas Hunter and Joyce Querta. Well, coming from my heart I know that when Dad passed away I was not there with all of you but I was there in spirit and I still am and its hard for me as well. I want you all to know Dad is in a better place, looking down on us as he will always be in our hearts. I want you all to know that I love you all with all my heart and miss you all dearly.

*Love your big brother,
Marcus Querta*

To a community member and a family friend, Gary Gonzalez, I would like to say a big thank you for all the help you have done for my father and mother. Once more Thank You and God Bless brother.

From Marcus Querta

Thank You!

Elder News
Submitted by: Shane Charley



From L. to R. Helen, Claude, Leatrice, Viola, Naomi, Catalina, Louise, Jorigine, Jamie, Jean, Deloria, and Grant Jr.

Over two days, Hualapai Elders came together with other tribes from throughout Arizona for the 2018 Salt River Senior Games at the Salt River Pi-Copa Gym. Seniors competed in games such as chair volleyball, an obstacle course, chicken throw and more! Congratulations to all the participants and winners! Thank you to SRPMIC and Salt River Recreation for hosting the event.

Salt River 2018 Senior Games

The Hualapai Elders attended the Annual Salt River games and some came home as winners representing the Hualapai Tribal Elders. Below are a list of the Elders that attended and what they got medals for in their age groups.

Jean Imus
2nd place – Wiffle Ball
1st place – Basketball toss

Claude Tapija
Adaptive games
2nd place – Wiffle Ball
1st place – Chicken toss
1st place – Bean bag toss
1st place – Paper crunch

Deloria Walker
2nd place – Obstacle course

Catalina Steele
3rd place – Obstacle course
2nd place – Basketball toss

Grant Tapija, Jr.
3rd place – Chicken toss

Jamie Schrum
2nd place – Chicken toss

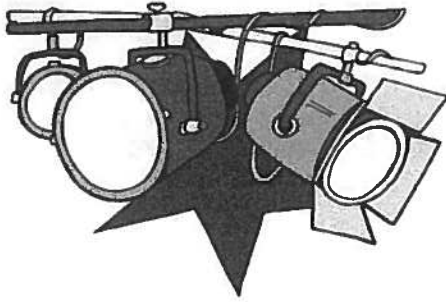
Helen J. Watahomigie
2nd place – Chicken toss
3rd place – Basketball toss

Other elders that attended and did their best competing: Leatrice Smith, Viola Gala, Naomi Shongo, Dinah Majenty and Jorigine Bender.

Thanks to Jack the transit driver, we all had a real "goot" time!!

Talent Show Winners

Submitted by: Christina Watahomigie | Hualapai Youth Services



Talent Show Winners!

1st Place (\$150.00) Colleen Mack

2nd Place (\$100.00) Arnell Powskey

3rd Place (50.00) Collin Bender not pictured



Congratulations Winners!

We had a night full of awesome talent and great company., although we had only 4 contestants we sure had a big crowd.

More talent shows to come your way Peach Springs,

Stay tuned!

-Hualapai Youth Council



Annual Earth Day Celebration • Friday, April 27th
Submitted by: Danielle Bravo | Hualapai Planning Department

Hualapai Tribe presents:
The Annual Earth Day Celebration



FRIDAY, APRIL 27, 2018

Sign In Information

7:00AM - 9:00AM

Participants will be able to pick up trash bags/gloves & a raffle ticket at the Route 66 Park and can begin clean-up in designated areas.

Bottled water will be available and there will be vehicles circling the routes to keep you hydrated.

You must sign in to receive your raffle ticket for your participation.

T-shirts for Participants

Participants will receive an annual t-shirt for their participation on a "first come, first serve" basis at the sign-in location while supplies last!

Lunch

12:00 Noon at the Tribal Gym

Please provide your own washable plate and utensils to reduce the amount of disposables. It is requested that you do NOT bring Styrofoam tableware to the luncheon.

Lunch provided will be: Hamburgers, Hot Dogs and chips

Raffle

Raffle will take place throughout lunch.

You must be present to win! *Good luck.*

Entertainment

Provided by KWLP The Peach

If you have any questions, please contact Michelle Zephier
Hualapai Planning Department at (928) 769-1310