



January 18, 2013

January 15, 2013

Dear Hualapai People and Community Members,

Gamyu! I hope that 2013 has been a blessed time for you and your families. I hope this year we can look forward to great achievements for the Hualapai Tribe. I hope that you will be prosperous and blessed this year.

I would like to inform you of many important decisions the tribal council has approved that impact you as a tribal member. The tribe will be allotting \$4,000 for funeral expenses which will be paid directly to the funeral home. There will be no loans given so it is very important to keep those expenses under that \$4000 limit anything over that will have to be covered by the family.

Due to outstanding loans, the council will not be providing any Community Loans at this time. If you received a loan from the tribe and signed an agreement to pay back, please come in and pay or work out another agreement.

In December we passed the General Fund Budget. This budget provides funds for each department that makes requests. The General Fund Budget is supported by the GCRC business. A considerable amount of money is provided for salaries and programs. I will be providing a budget for 2012 so that you can see how much money was spent. We are currently working on a summary budget to provide to you. I will provide a yearly budget summary for the end of each year.

The Gaming Budget was also passed on January 10, 2013. This budget provides funds for the Social Gaming which includes utilities, school clothing, eyeglasses, emergency housing, and emergency medical assistance and other benefits for all tribal members. Forty percent (40%) is put into savings before the Gaming Budget is approved.

The only change that was made was the Elderly utility assistance; it has increased from \$850 to \$1000. It is important to provide a sufficient amount of money for Elders as most live on a fixed income. The money was increased to provide Elders enough money to buy wood or pay higher utility costs. The process for all woodcutters is to go through Tribal Forestry to sell their wood. This wood in turn will be sold to Elders at low cost.

Currently we have 23 departments and programs that we fund so a significant amount of money is provided to them. Please remember that the total amount of dollars that we base our General Fund budget on is only a projected amount so we don't know until the end of the year the actual amount. The Gaming Budget is what we are paid for our machines that Salt River and Pasqual Yaqui utilize.

As we look towards the future we must also remember that Gaming money may not always be there for us. Currently, we have a tribe that is going outside the 2002 compact without the knowledge of the other 16 tribes. It is a court issue so I can only provide so much information. You can read about it on the internet so I will leave that up to you.

The Hualapai Tribal Council will be having a Retreat in Laughlin, NV in March 5 -8, 2013 to develop a plan and issues to work on for the next three years. It is important to know where we are going and how we continue to build for the benefit of the tribe. We will provide this information to the community so you will have an idea of where we are headed.

I want you to know that I take this elected position very seriously and hope to create positive direction to the programs and community. I am dedicated to working on and resolve issues that affect the tribe along with the tribal council members. I enjoy my job very much and like addressing issues and solving problems for the best interest of the Hualapai People. If you have concerns contact me and I will work to find a solution for you. Thank you for your giving me this opportunity to make a difference.

Respectfully Submitted,
Sherry J. Counts,
Chairwoman of the Hualapai Tribe

Community Events & Information

HUALAPAI CHILD CARE PROGRAM

Child Care Committee Meeting

January 22, 2013

9:00 a.m.

Training Center

Agenda

Update of 700 Report

Narrative Report

Trainings available

Child care center update

Other-

Draft of Tribal child care center handbook

Draft of child care center policies & procedures

Open to public

Jessica Powskey, HCCP Coordinator
Department of Hualapai Education & Training
(928) 769-2200

IT'S THAT TIME OF THE YEAR AGAIN

DO YOU HAVE A JOB? HAVE MONEY DOWN? COME IN TODAY GUARANTEED CREDIT APPROVAL!

***DON'T WAIT FOR YOUR TAX MONEY TO COME IN TO BUY A CAR OR TRUCK, BRING US YOUR W2 AND LET US DO YOUR TAXES FOR YOU AND WE WILL GET YOU INTO A RIDE TODAY! CALL FOR DETAILS**

"TAX TIME IS HERE!" Hello my name is Evan Scott.

Don't know where to go or what to do, but your looking for a reliable vehicle? Don't know who to trust?

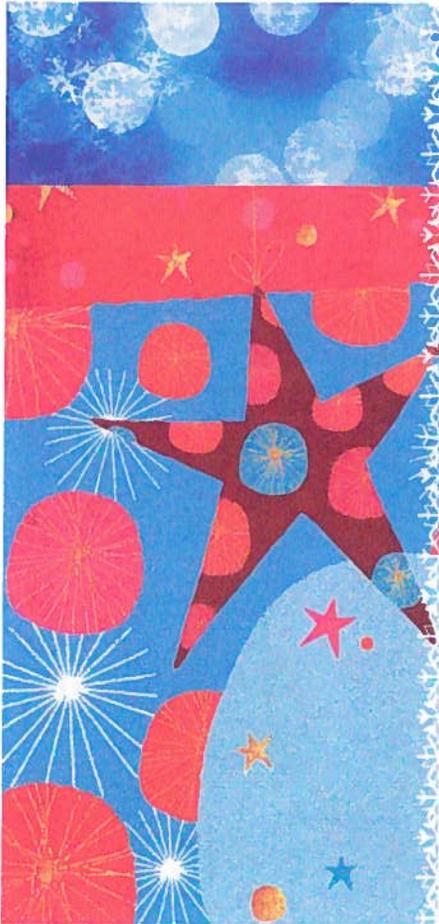
"Come in today and find out why my CUSTOMERS come back for all their buying needs."

CALL TODAY 928.646.2867

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5160 N. West Dime • Flagstaff, AZ 86004
928.652.2720 • Fax: 707.567.2261
Illustration: findlayvolkswagen.com • www.findlay.com

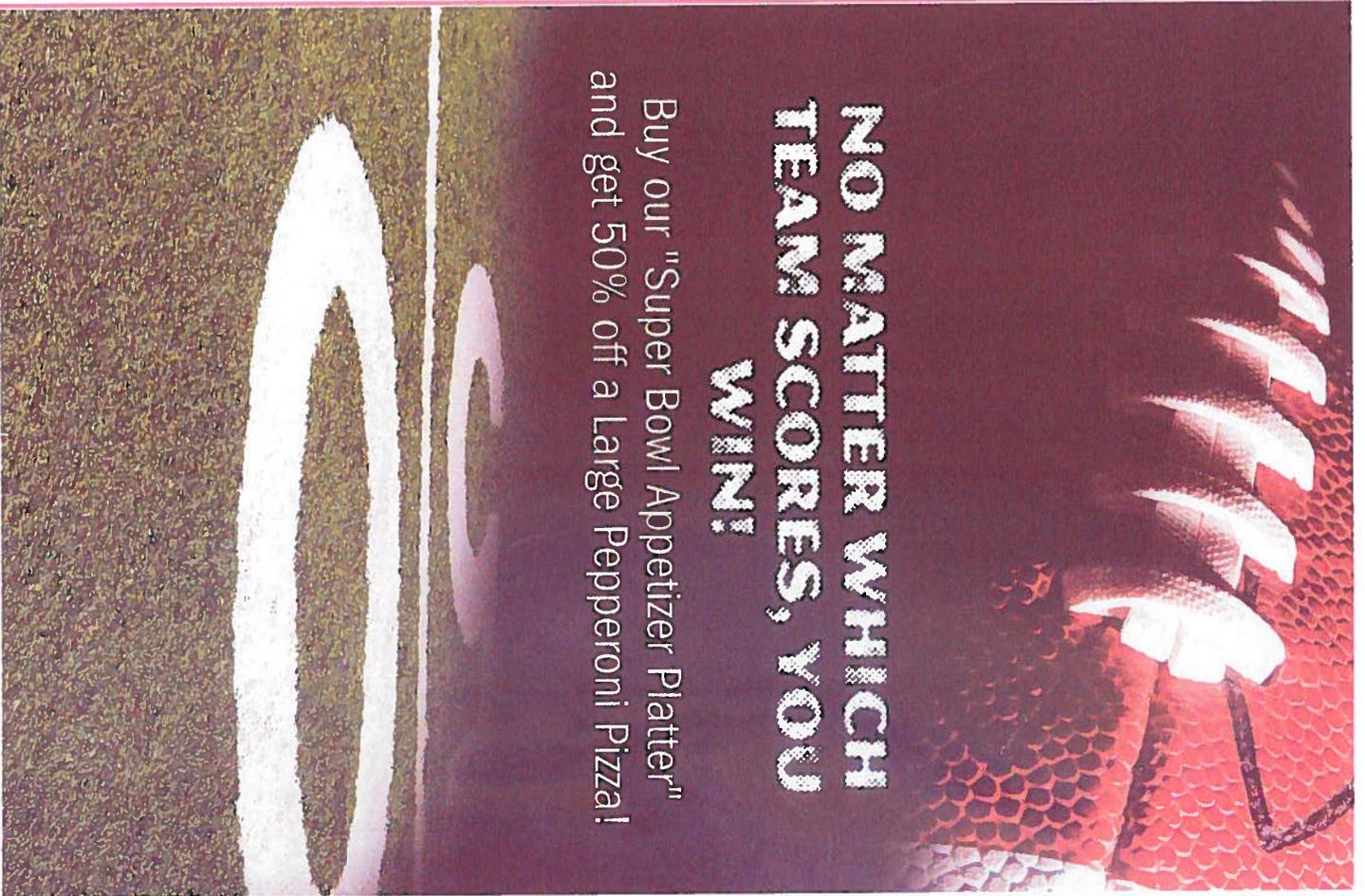


**NEW YEAR
NEW PROMISES**

**"Lettuce" help you stick to your New Year resolutions!
We've created 3 new delicious salads to help you stay true to yourself.**

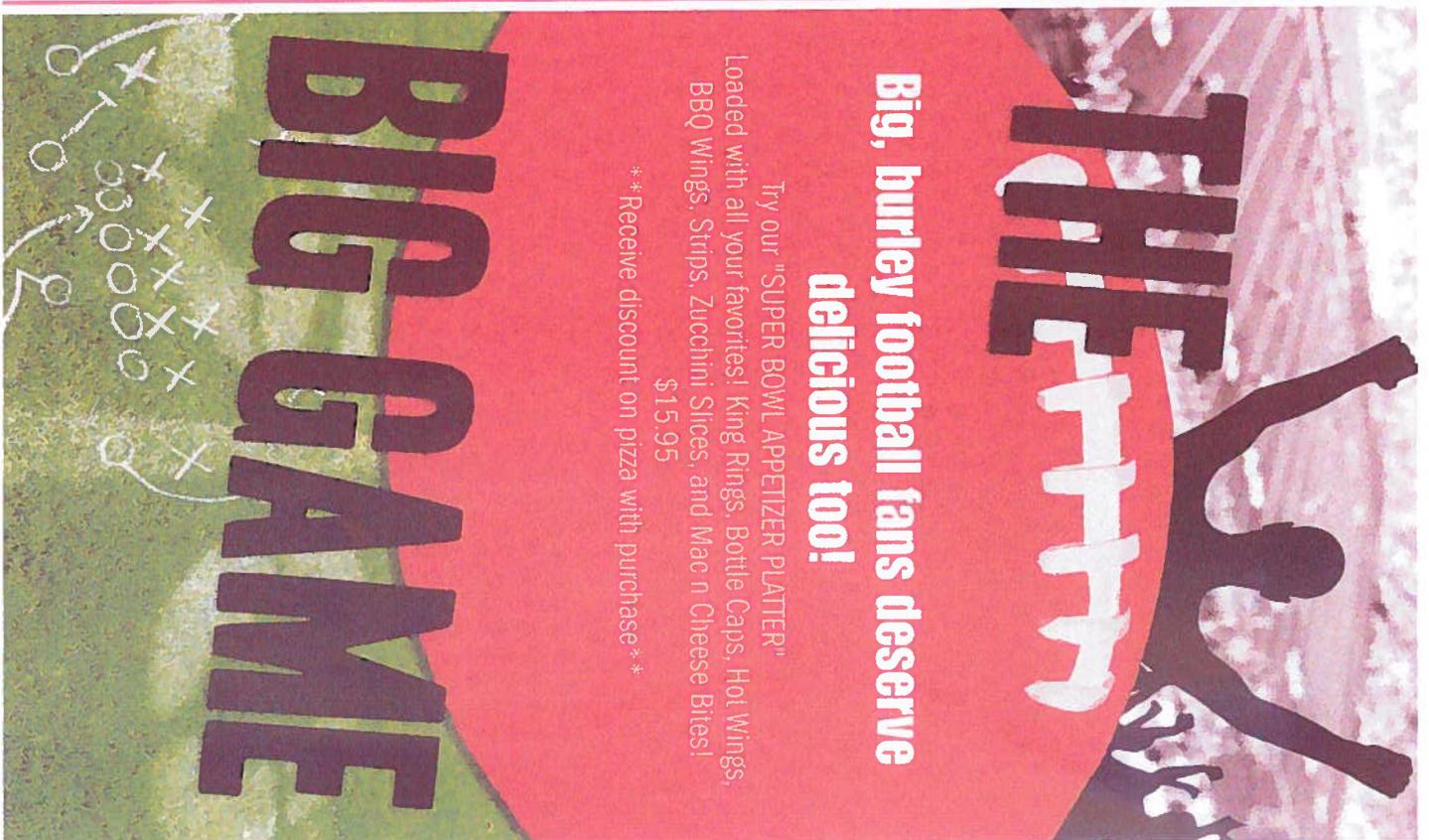
**They are only here for a limited time.
Ask your server for details.**





NO MATTER WHICH TEAM SCORES, YOU WIN!

Buy our "Super Bowl Appetizer Platter" and get 50% off a Large Pepperoni Pizza!



THE

Big, burley football fans deserve delicious too!

Try our "SUPER BOWL APPETIZER PLATTER"
 Loaded with all your favorites! King Rings, Bottle Caps, Hot Wings, BBQ Wings, Strips, Zucchini Slices, and Mac n Cheese Bites!
 \$15.95

Receive discount on pizza with purchase

BIG GAME



JAMES E. ROGERS
COLLEGE OF LAW



INDIGENOUS
PEOPLES
LAW & POLICY
PROGRAM



NATIVE
PEOPLES
TECHNICAL ASSISTANCE OFFICE

IN PARTNERSHIP WITH
THE TOHONO O'ODHAM NATION SAN XAVIER ALLOTTEES ASSOCIATION

Present

THE AMERICAN INDIAN PROBATE REFORM ACT PROBATE LAW AND WILL DRAFTING SEMINAR

- ✦ *In order to fully realize the benefits of the American Indian Probate Reform Act (AIPRA) as well as avoid potential downfalls, Indian trust landowners, Indian estate planning practitioners, tribal and US government leaders and employees who manage trust land must gain a firm understanding of AIPRA.*
- ✦ *Fractionated land ownership greatly increases the difficulty in developing land, both for co-owners seeking to use the land for their own purposes and for tribal communities seeking to provide infrastructure, establish roads, harvest forestry and mineral resources, develop commercial uses, as well as obtain home-site leases for residences.*
- ✦ *AIPRA's impact extends beyond the confines of probate law and estate planning, as it can potentially affect patterns of trust ownership for future generations. The main roadblock to realizing AIPRA's potential to reduce fractionation of trust land is the uncertain nature of estate planning services and allottees' acute lack of access to practitioners who specialize in this complex area of Federal Indian Law.*

This seminar is designed to provide in-depth analysis and training required to help Indian trust landowners make informed decisions regarding the disposition of their trust holdings. It will provide the practitioner with expert training to navigate AIPRA's distinct will-drafting requirements to avoid common mistakes that jeopardize the effectiveness of an AIPRA will. It will assist others involved in this area of work to gain a greater understanding of the issues and concerns.

May qualify for up to twelve (12) hours of continuing legal education credits.

HIGHLIGHTS:

- ⊕ Indian Land History
- ⊕ The Dawes and Burke Acts: Allotment, Alienation, and Fractionation
- ⊕ The Indian Land Consolidation Act and American Indian Probate Reform Act
- ⊕ Tribal Probate Codes
- ⊕ Indian Estate Planning
- ⊕ The Federal Probate Process
- ⊕ Land Consolidation
- ⊕ Will Drafting

DATES: Monday & Tuesday, January 28 – 29, 2013, from 8:30 a.m. to 5:00 p.m.
Registration payment is from 8:00 a.m. until 8:30 a.m.



LOCATION: THE ARIZONA HISTORICAL SOCIETY MUSEUM
Auditorium
949 East Second Street
Tucson, Arizona 85719

SEMINAR FACULTY:

Douglas R. Nash, Esq., Director of the Institute for Indian Estate Planning and Probate at Seattle University School of Law

Douglas R. Nash is the Director of the Institute for Indian Estate Planning and Probate at Seattle University School of Law. He previously served as a professor at the University of Idaho's College of Law where he was the first recipient of the James E. Rogers Fellowship in American Indian Law. Mr. Nash obtained his B.A. degree from the University of Idaho in 1969, and earned his J.D. degree from the University of New Mexico School of Law in 1971. He has worked at the U.S. Department of the Interior, Solicitor's Office Honors Program; as a staff attorney at the Native American Rights Fund; and in a solo private practice for fourteen years in Pendleton, Oregon, where he represented the Confederated Tribes of the Umatilla Indian Reservation. Mr. Nash served for ten years as Chief Counsel to the Nez Perce Tribe and then with the law firm of Holland & Hart, where he headed the Indian Law Practice Group within the Litigation Section. He is admitted to practice before the state and federal courts of New Mexico (inactive), Oregon, Idaho and Washington as well as the U.S. Court of Appeals for the Ninth Circuit and the United States Supreme Court. Mr. Nash is a member of the Nez Perce Tribe.

-and-

Erica Wolf, Esq., Supervising Attorney for the Seattle University School of Law Indian Estate Planning Project

Professor Wolf's practice focuses primarily on Indian estate planning, probate, wills, and trusts. Since 2006, she has served as the Supervising Attorney for the Indian Estate Planning Project at Seattle University's Institute for Indian Estate Planning and Probate. Ms. Wolf has tried cases and handled other litigation matters in state and federal court. She has spoken on several topics, including the American Indian Probate Reform Act, estate planning, and financial literacy. Ms. Wolf is an active leader in the legal community, serving on the Board of Trustees of King County Bar Association's Young Lawyers Division. She also co-chairs the Young Lawyers Division's Community Involvement Committee. Ms. Wolf is a member of the state bar of Washington, and a member of the federal bar in the Western District of Washington.

REGISTRATION

Attorneys (seeking CLE credit) and **federal and state government professionals.**
\$100 per person. Please make payment on Day 1 of seminar (check or credit card).
Register here: willwritingcle.ezregister.com

Students and tribal members and tribal government employees.
Register here: willwriting.ezregister.com

Elderly Calendar

~ January 2013 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7 Town Day (cancelled no-sign ups)	8 Elderly committee at 1 pm.	9	10	11	12
13	14 Cultural Meeting (genealogy)	15 Beadwork 1-3 pm.	16	17 Commodity Day Sign up @ center.	18	19
20	21 mtg 1 pm <i>Elderly Committee</i>	22 Child Daycare Meeting @ 9 Training Center	23	24 Trip to Powerhouse Kingman Museum 8 am.	25	26
27	28	29 HJS Presentations @ 11:30 am.	30	31	For any activities you are more than welcome to come sign up or call the center to sign you up @ 928-769-2375.	

Starting January 8, 2013 we will be taking donations for Valentine Day's candy gram sales.

You are more than welcome to bring them into the Elderly Center and drop them off at the front desk or if you want us to pick them up, please call us at the Elderly Center at 928-769-2375 and we will gladly pick them up.

Donations of the following:

- Silk flowers*
- Small bears*
- Ribbons (silver, white, gold)*
- Wire*
- Candy bags (packaged candy only)*
- Chocolate, gummy bears, etc.*
- Plastic vases*
- Styro foam small enough to put in vases.*

Deadline: February 12, 2013

HUALAPAI TRIBAL JUDICIARY
From the desk of the Chief Judge

THIS IS A LIST OF DEFENDANTS WHO HAVE OUTSTANDING COURT FINES WITH THE TRIBAL COURT. PLEASE MAKE EVERY EFFORT IN PAYING YOUR FINE AS SOON AS POSSIBLE. THE CLERK OF THE COURT IS DIRECTED TO SCHEDULE ORDER TO SHOW CAUSE HEARINGS FOR EACH DEFENDANT FOR THE MONTH OF JANUARY 2013.

Nathaniel Davis	2008-CR-152	\$150.00
Isaiah Evanston	2008-CR-266 & 2011-CR-286	\$600.00
Katrina Ellis	2009-CR-148 & 2010-CR-015	\$300.00
Cecil Gene	2009-CR-045	\$300.00
Lavonne Grounds	2010-CR-030 & 531	\$430.00
Judy Gala	2010-CR-215	\$120.00
Doncio Havatone	2007-CR-070	\$50.00
Dennard Havatone	2010-CR-122	\$200.00
Charles Havatone Jr.	2009-CR-266	\$110.00
Benjamin Havatone	2009-CR-237 & 2010-CR-403	\$300.00
Jerry Havatone	2009-CR-451	\$200.00
Gensean Havatone	2010-CR-568	\$100.00
Longhair Havatone	2008-CR-067 & 2009-CR-243	\$400.00
Wendell Raymond Havatone	2008-CR-358	\$250.00
Raymond Honyaktewa	2012-CR-532	\$300.00
Nathan Hunter	2009-CR-365	\$416.00
Alicia Hunter	2011-CR-224	\$100.00
Melvin Hunter Sr.	2011-CON-008	\$25.00
Donna Herrera	2011-CR-007	\$300.00
Jay Hamidreek	2011-CR-077	\$300.00
Lester Hanna	2011-CR-149	\$150.00
Raymond Billy Jackson	2008-CR-151 & 257	\$90.00
Filmer Jones	2009-CR-175 & 327	\$250.00
Tanner James	2010-CR-078	\$400.00
Oran Jones	Various cases	\$2,632.40
Bennett Jackson	2007-CR-161	\$1,405.79
Derrick Jones	2010-CR-264	\$450.00
Delvin Jones	Various cases	\$4,125.00
Chester Jones	2012-CR-047 & 2012-CR-019	\$400.00
Lance Jackson	Various cases	\$400.00
Autumn Kaska	2010-CR-145	\$600.00
Verna Kopelva	2008-CON-010	\$100.00
Kyle Manakaja	2009-CR-153 & 2010-CR-437	\$250.00
Fernando Manakaja	2008-CR-401	\$450.00
Kermit Marshall Jr.	2008-CR-405	\$400.00
Rachelle Mahone-Walema	2007-CR-042	\$330.00

EDUCATION, TRAINING & JOB OPPORTUNITIES

HUALAPAI CHILD CARE PROGRAM

FREE

2013 Calendar & Record Keeping System



While supplies last.

Perfect tool for tracking expenses, child care record keeping, menus...etc.
Even has a Federal Tax Worksheet

Jessica Powskey, HCCP Coordinator
Department of Education & Training
(928) 769-2200

**2013 Hualapai
FOOD HANDLER TRAINING**
Hualapai Heath & Wellness Center
Large conference room
TIME: 10:00 AM - 12:00 PM

MONTH	DATE	INSTRUCTOR
January	Jan 24	Isaac
April	Apr 18	Isaac
June	Jun 20	Isaac
August	Aug 15	Isaac
Oct	Oct 24	Isaac



Truxton Cañon Agency Training Schedule 2013

The 2013 Wildland Fire Season is on its way and we are looking for highly motivated individuals willing to work strenuous shifts, maintain a positive attitude, and to be a team player. Keep in mind fire is unpredictable so shifts include weeks away from home and working holidays.

What is Wildland Fire?

A wildland fire is an unwanted ignition which consumes available fuels (grass, trees, and shrubs) by crawling, creeping, jumping, and running before smoldering to rest. Unwanted fires are the results of Yellow Stone Fires (1988), Rodeo-Chediski Fire (2002), and most recently Wallow Fire (2010).

What causes a Wildland Fire?

There are two types of ignitions 1) “anthropogenic” the results of human activity such as playing with matches, dropping cigarettes, embers from chimneys, unattended camp fires, and sparks from machines

2) natural ignitions are from volcanic activity and lightning.

How do I apply?

Contact staff at Branch of Forestry or stop by the office for application, physical form, and nomination. The process for employment is to complete; 1) Drug test 2) Physical Exam (Optional Form 178) 3) Southwest Firefighter Application 4) Health Screen Questionnaire 5) Work Capacity Test (WCT): Informed

The position which you are applying for will determine the WCT as Pack test, Field test, or Walk test.

What will I Do?

You will be a part of a 20 man hand crew made up of a Crew Boss, Squad Bosses, and Sawyers. On the other hand, you may be working on a wildland fire engine. Depending on experience and qualifications your position may vary.

Required

If you are on prescription medication a doctor's note must be shown before Drug Test or for bodily injury's

Truxton Cañon Agency Training Schedule 2013

Course Number :	Course Title:	Nomination Due:	Course Date:	Location:	Time:	Coordinator Phone/ Fax/Email:
WCT	Work Capacity Test	N/A	Feb. 7	Branch of Forestry	0830 OR 1300	Maynard Mahone Phone: (928) 769-3310 Maynard.Mahone@bia.gov
WCT	Work Capacity Test	N/A	Feb. 14	Branch of Forestry	0830 OR 1300	Melvin Hunter Jr. Phone(928) 769-3305 Melvin.Hunter2@bia.gov
WCT	Work Capacity Test	N/A	Feb. 21	Branch of Forestry	0830 OR 1300	Melvin Hunter Jr. Phone: (928) 769-3305 Melvin.Hunter2@bia.gov
WCT	Work Capacity Test	Feb. 13	Feb. 20	Camp Verde, AZ Location will be scheduled and need a minimum of 5 participants	0830 OR 1300	Maynard Mahone Phone: (928) 769-3310 Maynard.Mahone@bia.gov Please Call
RT-130	Annual Fireline Refresher	Feb. 14	Feb. 21	Camp Verde, AZ Location will be scheduled and need a minimum of 5 participants	0830-1630	Maynard Mahone Phone: (928) 769-3310 Maynard.Mahone@bia.gov Please Call
RT-130	Annual Fireline Refresher	Feb. 21	Feb. 28	Branch of Forestry	0830-1630	Melvin Hunter Jr. Phone(928) 769-3305 Melvin.Hunter2@bia.gov
RT-130	Annual Fireline Refresher	Feb.28	Mar.7	Branch of Forestry	0830-1630	Maynard Mahone Phone: (928) 769-3310 Maynard.Mahone@bia.gov

Truxton Cañon Agency Training Schedule 2013

Course Number:	Course Title:	Nomination Due:	Course Date:	Location:	Time:	Coordinator Phone / Fax / Email:
RT-130	Annual Fireline Refresher	Mar. 7	Mar. 14	Branch of Forestry	0830-1630	Melvin Hunter Jr. Phone(928) 769-3305 Melvin.Hunter2@bia.gov
I-100, S-130, S-190, L-180	Basic firefighter training	Mar. 11	Mar. 18 – Mar. 22	Thornton Tower, eastside of the Hualapai reservation	0800-1630	Maynard Mahone Phone: (928) 769-3310 Maynard.Mahone@bia.gov
WCT	Work Capacity Test	N/A	Mar. 21	Branch of Forestry	0830 OR 1300	Melvin Hunter Jr. Phone: (928) 769-3305 Melvin.Hunter2@bia.gov
RT-130	Annual Fireline Refresher	Mar. 21	Mar. 28	Branch of Forestry	0830-1630	Maynard Mahone Phone: (928) 769-3310 Maynard.Mahone@bia.gov
WCT	Work Capacity Test	N/A	Apr. 4	Branch of Forestry	0830 OR 1300	Melvin Hunter Jr. Phone(928) 769-3305 Melvin.Hunter2@bia.gov
RT-130	Annual Fireline Refresher	Apr. 4	Apr. 11	Branch of Forestry	0830-1630	Melvin Hunter Jr. Phone(928) 769-3305 Melvin.Hunter2@bia.gov
S-212	Wildland Fire Chain Saws	TBA	TBA	TBA	TBA	Maynard Mahone Phone: (928) 769-3310 Maynard.Mahone@bia.gov
CPR/1 st Aid	Medical	TBA	TBA	TBA	TBA	Melvin Hunter Jr. Phone: (928) 769-3305 Melvin.Hunter2@bia.gov

TCA - Branch of Forestry, 1130 Mesa View Dr. Peach Springs, AZ 86434 PH: 928.769.2312 FAX: 928.769.2326 HRS: M-F, 0800-1630

CLASSES AVAILABLE ONLINE AND CAN BE FOUND AT THE LINK BELOW

Required: IS -700a, ICS 100, and ICS 200 (Single Resource Only) National Incident Management System

Link: <http://training.fema.gov/emiweb/is/is700a.asp>

The online training is a self study course and upon completion please submit your certificates to TCA.

National Wildfire Coordinating Group (NWCG) Training and Qualifications Link: <http://training.nwcg.gov/courses.html>.

Rookie Training includes: I-100, S-130, S-190, and L-180 Human Factors in the Wildland Fire Service (not offered online)

I – 100; Introduction to the Incident Command System (2006), required

S-110; Basic Wildland Suppression Orientation (2003), required

S-130; Firefighter Training (2003), required

S-190; Introduction to Wildland Fire Behavior (2006), required

S-260; Interagency Incident Business Management (2011), recommended for Crew Boss Trainee and Qualified

S-290; Intermediate Wildland Fire Behavior (2010), recommended for Squad Boss Trainee and Qualified

TCA - Branch of Forestry, 1130 Mesa View Dr. Peach Springs, AZ 86434 PH: 928.769.2312 FAX: 928.769.2326 HRS: M-F, 0800-1630



CHECK IT OUT!!!!
EPCH live on the air:

Listen at :

www.epchradio.com

Select network stations

Select **EPCH**

Check out our FACEBOOK page:

EPCH

Become a fan

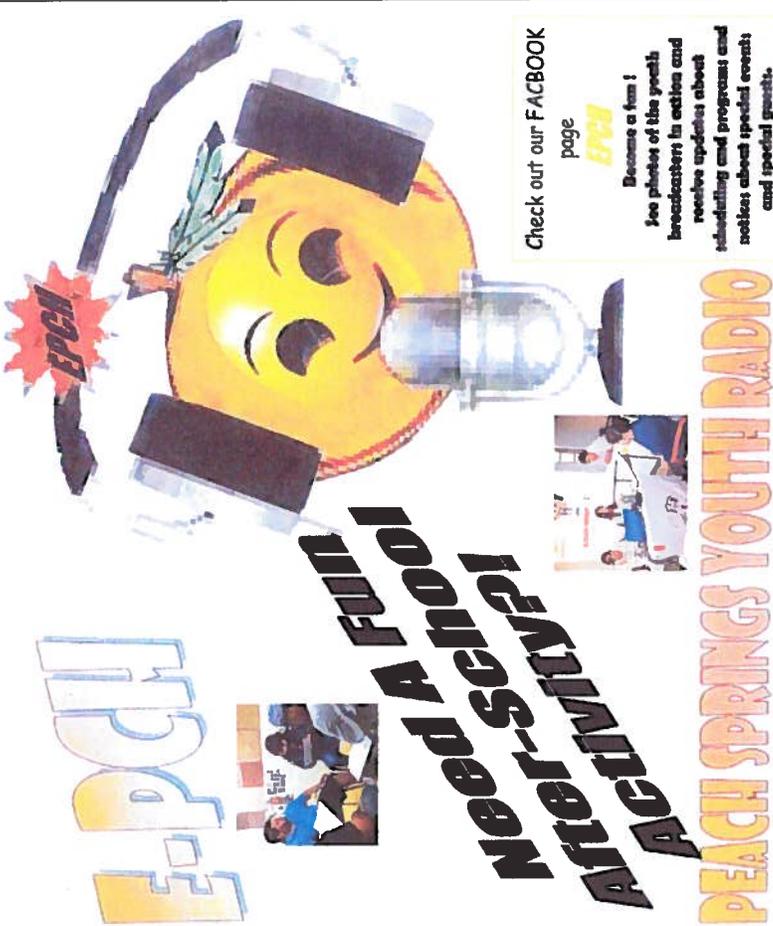
PEACH SPRINGS YOUTH RADIO

EPCH Radio is Changing!!!!

- As of January 1, 2013 Hualapai Internet Radio will no longer be a KIDSTAR affiliate station.
- As of January 1, 2013 you can listen to EPCH radio at www.epchradio.com

- Station programming will be expanding to include adult d.j.s and content
- Anyone interested in becoming involved or getting more information about this change and the progress toward developing a Hualapai FM station is invited to attend a meeting to be held at noon on Monday January 7, 2013 in the health department classroom

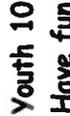
For more information call Terri or Tim at 769-1110 or stop by the station next to Healy's Hears.



Check out our FACBOOK page

EPCH

Become a fan!
See photos of the youth broadcasters in action and receive updates about scheduling and program and notices about special events and special guests.



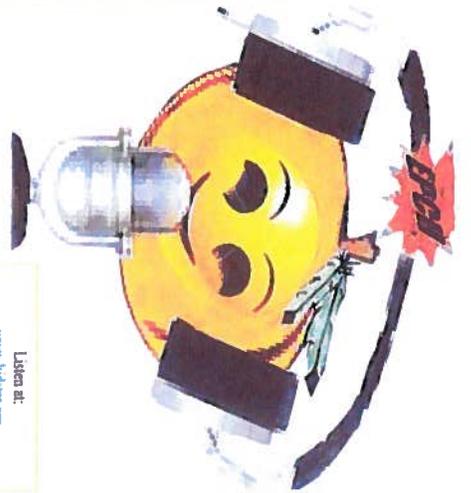
- Youth 10-25 welcome
- Have fun with music!
- Learn about and participate in a radio drama- writing, acting and producing (can earn \$\$)
- Learn about and participate in d.j.'ing, journalism/interviews and reporting, directing and producing including computer sound effects, technical operations, marketing and promotion and computer graphics
- Great incentives including gift cards, music accessories, C.D.'s, activity passes and trips!
- Can earn community service and community restitution hours
- Mon-Thurs after school until 6 pm and Fri 10am to 3pm
- WE WILL ALSO BE OPEN DURING XMAS BREAK!!!!

Contact Terri or Tim if you want to be a youth broadcaster at 769-1110.

EPCH

ATTENTION!!!!

- Community members who speak the language
- Community members who know the culture and traditions



Listen at:
www.kidder.org
 Select network stations
 Select EPCH

PEACH SPRINGS YOUTH RADIO

• The radio station offers several ways you can share your knowledge with your community and earn money...

- * Come speak the language for a Hualapai "word and phrase of the day" educational campaign
- * Come share songs and music (to be played and aired according to cultural limits and guidelines)



- * Come tell both historic and traditional stories (to be told and aired according to cultural limits and guidelines)
- * Come together with other community members and engage in conversation in the language, so other community members may listen and learn

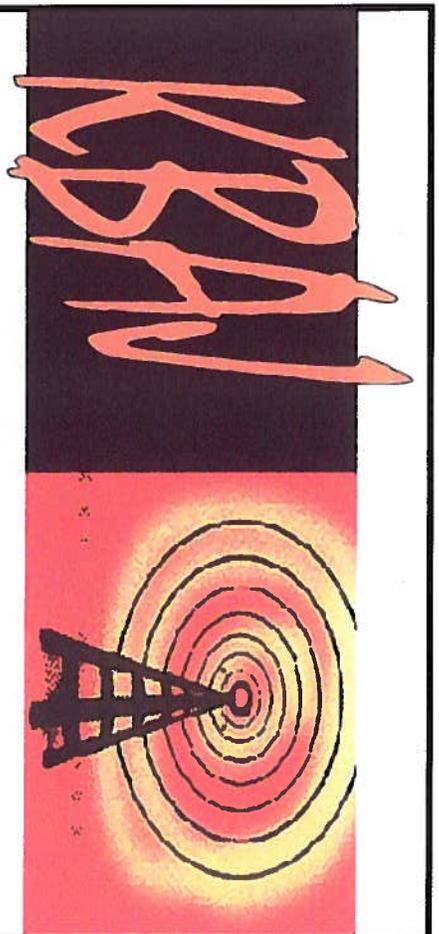


- * Come play a role in a serial radio drama and consult regarding cultural and language



- * Come record public service announcements spoken in both English and Hualapai languages to help preserve the language

For more information call Terri or Tim at 769-1110 or stop by the station next to Healthy Heart.



Are you interested in participating in the development and oversight of a local radio station by being a member of an advisory board for a local radio station?

On April 5, 2012, Tribal Council directed the current Tribe EPCH internet radio station staff to "solicit participation and facilitate the convening of a radio station advisory board, which shall include, but not be limited to, Hualapai community members and radio professionals for the purpose of providing oversight of the operation of a Hualapai Tribe terrestrial radio station."

In general a radio station advisory board provides the radio station with feedback on programming; may provide guidance regarding budget, policy and staffing matters; may assist in fund raising if applicable; and, will ensure the radio station is meeting community needs and interests in programming and content.

Initially participants/members of the advisory board will be determining the recommended goals and mission, structure and operation of the advisory board itself for presentation to, and approval of the Tribal Council.

The radio station has filed a petition for allotment of an FM frequency and a permit to construct a commercial radio station for the Hualapai Tribe. Interest community member input will be needed soon!

For more information contact Terri Hutchens or Tim Vaughn at (928) 769-1110.

PEACH SPRINGS ELEMENTARY SCHOOL

January 2013 Events

- January 9th Report Card (detailed report) send home with each student
- January 14th Honor Roll Assemblies
- January 15th Report Card (overall grades) mailed to homes
- January 17th Speak Up/Be Safe (Bully Prevention workshops for k-3 students)
- January 21st No school: Observing Dr. Martin Luther King Day
- January 22nd (TASK: Teens Actively Seeking Kindness) to start.
- January 24th 6:00-8:00 p.m. **Parent Academy** (School Library)
Food will be served

Agenda:

- Having Fun with the AIMS test (parents can take the practice test)
- Title VII Academic Review (Setting a School-wide Reading Goal)
- Dinner planning for your family

Homework is important and is an extension of your child's day to practice and keep their academic skills sharp. By providing time and motivation your child will come to school happy and be prepared for the next challenge. We need our children to be the next *intelligent* leaders. Signing your child's planner ensures that you have checked their homework and shows your child you care.

Tardies are still high. YOU have the power as a parent to change this habit. School starts at 7:45 a.m.

Stanford 10 Countdown-3 months-April 15th (Grade 2)
AIMS Countdown-3 months-April 15th (Grades 3-8)

We are working with students on **Bully Prevention** with our TASK and Speak Up/Be Safe programs. Please continue to talk with your child about being a positive citizen.

A huge THANK YOU to parents that get their child to school on time, motivate their child to complete homework, attend parent/teacher conferences, attend school functions, and talk to their child about the future. Keep up the tough but rewarding work. Kids are the future.



January 7, 2013

2nd Quarter Superintendent's list, Honor Roll,
Perfect Attendance, and Citizenship Award.

Ms. Colbert's KINDERGARTEN

SUPERINTENDENTS LIST

Alayzia Burke
Dominick Flores
Reuben Powskey
Channell Powskey
Rametrious Suathojame
Montae Walker
Sharain Walker
Adelaide Warbington
Marian Whatoname

HONOR ROLL

Ozias Dini
Alphonso Wescogame
Anthony Crook
Armon Chamberlain

Mrs. Walker's 1st Grade

HONOR ROLL

Kaydence Crozier
Lamar Y. Whatoname

PERFECT ATTENDANCE

Kaydence Crozier

CITIZENSHIP AWARD

Quentin Steele
Arnell Powskey

Mr. Rich' 2nd Grade

"A Team" HONOR ROLL

Angelique Jackson
Sunny Jackson

**PEACH SPRINGS
ELEMENTARY SCHOOL**

**P.O. Box 360
Peach Springs, AZ 86434
928 769 2613**

Home of your Tigers and Warriors

**The following Students were selected for the week of
DECEMBER 17, 2012.**

Beaux Havatone
7th Grade Ms. Deswood

Ines Siyuja
3rd Grade, Ms. Quasula

Curtis Talieje
3rd Grade, Ms. Quasula

Valance Smith
5th Grade, Ms. Kindle

Avery Sumatzkuku
2nd Grade, Ms. Rich

Jada Whatoname
2nd Grade, Ms. Rich

Carlina Ng
2nd Grade, Ms. Rich

Malachi Zephier Garcia
2nd Grade, Ms. Rich

Alphonso Wescogame
Kindergarten, Ms. Colbert

**CONGRATULATIONS TO THESE
CREATIVE STUDENTS!**

"A & B Team" HONOR ROLL

Cintron Whatoname
Ashtyn Wellington Powsey

CITIZENSHIP AWARD

Angelina Honga

Ms. Quasula's 3rd Grade

SUPERINTENDENT'S SUPER TEAM!

Shauntel Crozier

PERFECT ATTENDANCE

Jasmine Lee

Ms. Imus' 3rd Grade

HONOR ROLL

Melody Jackson

CITIZENSHIP AWARD

Ines Siyuja
Savannah Pickayviatt

PERFECT ATTENDANCE

Taylariesa Siyuja

Ms. Barnhart's 4th Grade

HONOR ROLL

Norasia Fielding
Meia Watahomigie
Shaileen Gonzales

CITIZENSHIP AWARD

Spiritwolf Havatone

Ms. Kindle's 5th Grade

SUPERINTENDENT'S SUPER TEAM

Cameron Baker

Sequoyah Jackson

HONOR ROLL

De Laynee Wells

CITIZENSHIP AWARD

Sequoyah Jackson
Taylaquay Marshall
Maggie Sullivan

Mrs. Guthrie's 6th Grade

HONOR ROLL

Ahmad Blackowl
Sukwana Quasula
Taliasha Wellington
Trina Hunter
Jenna Siyuja

Ms. Deswood's 7th Grade

HONOR ROLL

Beaux Havatone
Sonwai Jackson
Marvin Majenty
Quanah Quasula

PERFECT ATTENDANCE

Torentino Cordova
Rhona Susanyatame

Mrs. Morrison's 8th Grade

HONOR ROLL

Courtney Powskey
Elizabeth Nopah
Jenna Lee Walker

PERFECT ATTENDANCE

Jenna Lee Walker
Teresa Suminimo

Ms. Thomas' Art Class

ART ACHIEVEMENT CERTIFICATE

Reuben Powsey – Kindergarten
Kassidy Strawbuck – 3rd Grade
Clark Sullivan – 5th Grade
Sonwai Jackson – 7th Grade

Ms. Schifano's Athletic Awards

OUTSTANDING ATHLETE AWARD

Kaydence Crozier – 1st grade
Sunny Jackson – 2nd grade
Quanah Quasula – 7th grade
Jubren Siyuja – 7th grade

**PEACH SPRINGS
ELEMENTARY SCHOOL**

P.O. Box 360
Peach Springs, AZ 86434
928 769 2613

Contracting

REQUEST FOR PROPOSALS

PV Solar Panel System

RFP #13-01

Peach Springs USD#8

Peach Springs Unified School District #8 is accepting proposals for installation of a solar panel and net metering system that must be compliant with Mohave Electric Cooperative to be installed at Peach Springs Elementary School. Acceptable submissions must include installation firms licensed to service Arizona. Respondents acknowledge the district's Indian preference, the Tribal Employment Rights Ordinance, and the district's mandatory pre-bid conference scheduled for January 29, 2013 at the district office at 1:00 p.m..

Proposal packets may be picked up at the District Office, 403 Diamond Creek Road, Peach Springs, AZ during business hours (7:00 a.m. to 5:00 p.m. Monday through Thursday). District office phone number: 928-769-2202. Sealed proposals only will be accepted: no faxed or electronic mail submissions. Proposals must list the solicitation reference—**RFP #13-01** on the front cover.. 4 sealed copies of response to this proposal per submitter are due at the district office by 1:30 p.m. February 28, 2013.

The district reserves the right to reject proposals that are determined to be non-responsive or non-responsible. Should the district award a contract, it will be to the offeror whose proposal is determined in writing to be most advantageous to the school district based on the factors set forth in the request for proposals. Late submissions will be returned un-

WANTED

Regulated child care home providers.

The Hualapai Child Care Program is in need of people who can provide a quality child care setting from their home.

Applicants can request or stop by the Hualapai Education & Training Center to pick up an application.

The main obstacle to becoming a Regulated Provider is passing the “Local Background Investigation.” and obtaining a “Federal Clearance Card”.

If you are interested in becoming an In-Home Provider, stop by the child care office for more information @ 769-2200.

TRAINING CENTER NEWS

VIVIAN’S OFFICE HOURS ARE MONDAY-FRIDAY 9:00-12 NOON

VIVIAN PARKER will assist students working on their GED or PRIMAVERA on line courses with the following schedule:

MONDAY-FRIDAY FROM 1:00-4:00 P.M.

If I am out in the community, please leave a telephone number where you can be reached.

Vivian’s lunch break is now at 12 noon-1:00 p.m.

If you have questions about the GED or PRIMAVERA on-line high school studies Please call Vivian at 928-769-2200.

One student from the GED Program has registered up for January 23/24th GED testing at Mohave Community College!!

18th Annual Early Childhood Education Conference **Arizona on the Move**

Yavapai College

**Clarkdale Campus
Clarkdale, AZ**



**Saturday
February 23, 2013
9:00 AM - 4:15 PM**

Brought to you by:



FIRST THINGS FIRST

**Yavapai
COLLEGE**



Don't miss dead line date to register:

DEADLINE IS FEBRUARY 13, 2013

**COPIES OF ALL INFORMATION AND FOR FULL DETAILS YOU
CAN CALL THE TRAINING CENTER AT 769-2200 OR YOU
CAN STOP BY.**

Workshop Descriptions

Session 3, 1:30 PM - 2:45 PM

Workshops 3A, 3B, 3C, 3D, 3E, 3F, 3G

3A: Emotions of Autism



Class size limited to 40

Laura Nagle

In this presentation we will explore and discuss the life of an autistic child through the life's experience from an autistic adult's perspective. Very rarely are there presentations that discuss the emotions of autism, either the emotions of the people concerned with autism, or the emotions of the autistic person. That is what this workshop will address: we are emotional, our emotions are different, and they are important.

3C: A Curious World: Exploring and Discovering through Picturebooks



Class size limited to 35

April Turner, Early Literacy Consultant

Young children often learn best through real-life experiences. This workshop shows teachers not only how to use factual books in regular, whole-group storytimes, but also how to integrate nonfiction books outside of story time, for example in learning areas and as reference guides. Additionally, the workshop covers how to choose non-stereotypical, developmentally appropriate books and how to incorporate topical themes.

3E: Take an Adventure in Outdoor Learning : "let's get nature-smart" part 2



Class size limited to 35

DeLeine Churette, Coordinator Quality First & Julie Fitzgerald, Quality First Coach Association for Supportive Child Care

Join us for a summary of part 1, "let's get dirty" which highlights the importance of outdoor play. Discussion will be based on the new book by Richard Louv, "The Nature Principle: Human Restoration and the end of Nature Deficit Disorder." Rekindle the magic of your own personal childhood experiences in nature with hands on activities to enforce the need of the nature-balance lifestyle.

3G: I Can Do It!



Class size limited to 35

*Lisa Dotseth BSA ECFE
Del E. Webb Family Enrichment Center*

Come learn simple techniques and strategies to transform the "terrible twos" into the "terrific twos!" Topics will include sleeping, eating and tantrums

3B: A Taste of Parent Talk



Cindy Wilmer

Certified Facilitator of The Parent Talk System

The Parent Talk System helps to strengthen families and improve communication skills by helping parents, caregivers, and educators learn practical, usable verbal strategies for raising response-ABLE, caring, and confident children. Parents, teachers, daycare providers, and caregivers learn how to set limits, teach response-Ability, encourage problem solving, promote independence and self-esteem, and explore the power of the words we use. Learn to identify words that empower and words that wound. This program teaches simple strategies and practical techniques that can be implemented immediately to avoid power struggles and conflict and to promote cooperation and personal responsibility with children of all ages. Parent Talk - because parenting isn't always logical!

3D: Unleashing your Inner Super Hero for Health: Get Your Nutrition Super Powers



*Cynthia Melde, MS and Sawsan Madanat, MA
Arizona Department of Health Services*

This interactive workshop will empower early care and education providers and administrators to unleash their inner super hero for health. The session will include specific best practices, standards, and policies that will make a difference in children's health, both physical and mental. The focus of this workshop will be improving the nutrition environment and building healthy meals. Superheroes will unleash their powers and gain new gear to prevent sugary beverages and junk food eating habits from taking over.

3F: Director's Network Meeting and Roundtable Discussion



Class size limited to 25

Yavapai County Director's Networking Group

This workshop will offer directors, supervisors, and owners of early childhood programs an opportunity to participate in an interactive discussion with their colleagues. This roundtable discussion will enable participants to share the challenges and opportunities they face in their programs, and brainstorm action steps to provide ongoing support to one another. We hope to have a guest speaker as well, to provide some words of motivation and inspiration!

Each workshop offered has been designated by one or more of the following Track Symbols, to help you choose a workshop geared toward your interest.

 Advocacy/Collaboration
 Child Care Director/Administration
 K to 3rd Grade - Care and Education
 ABC Literature (A new Track for 2013)

 Special Needs
 Early Care and Education
 Health and/or Safety

Workshop Descriptions

Session 1, 9:00 AM - 10:15 AM

Workshops 1A, 1B, 1C, 1D, 1E, 1F

1A: Early Childhood, Everyday: how to talk about the importance of early childhood in everyday conversations

*Claire Louge, Community Outreach Coordinator
First Things First*

There is a movement for early childhood in Arizona, and you can be a part of it. Come learn about some of the great things going on throughout the state, and how to talk about the importance of early childhood in your everyday conversations.

1C: Healthy Nutrition Activities for the Classrooms - K-3

   Class size limited to 25

*Heather Klomprens, Health Educator
Yavapai County Community Health Services*

The effects of poor nutrition in children is a serious concern from obesity to energy levels. When children fuel their bodies with better nutrition they can focus more successfully in the classroom. Get ideas for classroom activities that can show children how to get the most out of their food. Food demonstration included!

1E: Infant-Toddler Math

  Class size limited to 35

*Trish Christie & Robin Jones, Quality First Coaches
Association for Supportive Child Care*

Participants will explore a variety of developmentally appropriate, hands-on activities and engage in group discussions to develop an understanding of how to support, enhance, or scaffold an infant/toddler's development of mathematical thinking. In addition to strategies that can be implemented in their classrooms immediately, participants will receive a list of resources for further exploration.

**1G: DHS and Quality First:
The Ins and Outs of Supportive Programs**

Jamie Anderson from DHS and Barb Gordon from Association for Supportive Child Care

This interactive forum is intended as a tool to facilitate directors and caregivers in understanding the complexities involved in the partnerships and the roles each of these agencies play in providing quality care throughout Arizona. *Attendees must email questions and comments to Jamie Anderson from DHS and Barb Gordon, Association for Supportive Child Care, representing Quality First. Jamie and Barb will receive e-mails simultaneously at *qaforum2013@gmail.com until February 8th, 2013. Responses to questions and time for discussion will be given at the conference workshop on February 23rd.

1B: Indoor Games For Rainy Days - K-3

*Carla Hover, Health Education Coordinator
Yavapai County Community Health Services*

The benefits of physical activity on academic performance and behavior have been proven by numerous studies. As educators, we probably knew it all along! This interactive session will give the educator some new ideas to get the students up and moving; even on bad weather days and in confined spaces.

1D: The Magic of Reading Aloud

ABC  

*Carolyn Shelley, Coordinator of the Raising a Reader
Program at Yavapai College*

This workshop will look at the powerful magic of print, language and knowledge as they relate to the act of reading aloud to young children. How these three components relate to brain development and a life-long love of reading will also be explored. A number of favorite books appropriate for children ages birth to 5 will be enjoyed, along with ideas for extending the read aloud experience. Opportunities for active involvement in small groups in the form of brainstorming and sharing will take place throughout the workshop. Participants will gain added knowledge about the value of reading aloud to children, learn techniques for getting the most out of their read-aloud time, and take away book titles and activities that can be used immediately at their sites.

1F: Exploring the Healing Power of Play

  Class size limited to 40

*Larry L. Grimm, Ed.D, Associate Professor Psychology &
Early Childhood Education Yavapai College*

Play therapy is a dynamic psychotherapy approach, particularly well-suited for children. Play therapy blends the application of theoretical models with the transforming power of child's play. Our experiential presentation takes you into the playroom, shares theoretical models, presents play-based approaches, identifies tools of the trade, provides applications, and discusses a few cases.

Workshop Descriptions

Session 2, 10:30 AM - 11:45 AM

Workshops 2A, 2B, 2C, 2D, 2E, 2F, 2G, 2H

2A: The impact of early childhood stress on adult disease: The ACE Study

👤✔️👉👈❤️+

*Claire Louge, Community Outreach Coordinator
First Things First*

We all know it's true: childhood experiences affect us as adults. Now we have the science to prove just how much. Come learn about the ACE study, why stress in early childhood can lead to adult disease, and what you can do about it.

2C: Creative to the Core

ABC ✔️👉👈 Class size limited to 25

Mara Anderson, Preschool Teacher

This workshop will demonstrate some creative ideas for incorporating the Common Core Standards into the preschool classroom. Using a variety of materials, we will discuss the Common Core Standards as related to preschoolers and how we can still use DAP in conjunction with them. There will be some hands on learning and discussions to make this a fun experience.

2E: Oh the Thinks You Can Think!

✔️👉👈 Class size limited to 35

Tara O'Neill, Education Faculty and DES Grant Coordinator, Yavapai College

Learn how to help your students develop deeper thinking strategies. This training will address how K-3 teachers can nurture a culture of thinking in the classroom. Examples of critical thinking activities and questioning techniques will be provided.

2G: What does a Disability Look Like-Sound Like-Feel Like?

👤✔️👉👈❤️ Class size limited to 35

*Sue Marsh, Executive Director
Four County Conference on Disabilities*

How we set the stage for children that have some type of disability will set the stage for their lives. You will understand how children learn survivor skills that do not serve them well. You will have the knowledge you need to provide the services for the child and the families you are serving. You will understand how it feels to have a disability what it looks like, what it could feel like. You will have skills to advocate for children with disabilities.

2B: How to respond to possible child abuse, and what is a forensic exam anyway?

👤✔️👉👈❤️+

*Hannah Rishel, M.D., pediatrician and
pediatric forensic examiner*

Dr. Rishel will lead an interactive workshop on what to do – and not do – if you suspect child abuse, then what processes a child goes through after a report of suspected abuse is made. She'll give a power point presentation on pediatric forensic examinations, and close with questions and answers.

2D: Crazy Cooking IV, "Get Energized and Get Moving"

👤✔️👉👈❤️+

Elizabeth Taylor, Executive Director of Flagstaff Cooperative Preschools Inc, and NAU Early Childhood Lecturer, and the NAU NAZaeyc student chapter.

We've researched some great nutritious recipes children can make themselves, love to eat, and some great movement games and activities to go with them.

2F: Waldorf Education: A Holistic Approach to Teaching

✔️👉👈 Class size limited to 25

*Gena Hahn, Waldorf Kindergarten Teacher
& Adeline Carrera, Preschool Teacher
Mountain Oak School*

We would like to share with you about how Waldorf education is a "living education" that meets the needs of our children in the times in which we are living. You will experience a circle, story time, and gain a better understanding of the Waldorf philosophy. Come enliven the child within and expand on your imagination.

2H: The Evolution of the Rock Star Band: Using Project Approach Curriculum

ABC ✔️👉👈❤️ Class size limited to 25

*Tammy Lee
Del E. Webb Family Enrichment Center*

This presentation demonstrates how a teacher reflects on the observations of children's play and creates a meaningful exploration. The children in a 3-5 year old preschool classroom demonstrated an interest in the video game Rock Band. While using the Project Approach, lessons were created to reflect the children's interest and therefore provided the children with a deeper understanding of how to create a band as well as different aspects of music.

Key Note Sessions

“A World Class Education Starts *Before* Kindergarten”

Mrs. Nadine Mathis Basha
First Things First Board Member



FIRST THINGS FIRST

Ready for School. Set for Life.

Common Core - Move On When Reading - Arizona Ready

Efforts abound to get Arizona’s students college and career ready, mostly focused on K-12 schools. A lifelong educator and children’s advocate details how First Things First is helping to expand that conversation to include the critical years *before* kindergarten. Come hear how Arizona’s citizen-led early childhood movement is partnering with parents and communities to get more kids ready for school and set for life!



Mrs. Mathis Basha developed Proposition 203 approved by voters in November 2006 – a ballot initiative to generate tax funds to establish a comprehensive system of early childhood development and health. The First Things First (FTF) Board is in charge of the implementation and oversight of Proposition 203. Mrs. Mathis Basha was appointed as the first chair of the founding Board of FTF for its first two years and continues to serve as a member on the Board. In 2010, Mrs. Mathis Basha, once again, led a successful ballot initiative campaign preserving the funding for FTF.

**Due to limited space, there will be
2 Key Note Sessions.
Lunch details on Registration Page.
You will be assigned on arrival to KN1 or KN2**

KN1: 11:45 PM - 12:15 PM

or

KN2: 12:45 PM - 1:15 PM

LUNCH



**Lunch will be offered at
“Thee Place” at the Kiln Yard Cafe
in Building F**

**Lunch will be from a select menu
for approximately \$8,
including tea or lemonade
and a cookie!**

**If you are in KN1 from 11:45 PM - 12:15 PM,
your Lunch is from 12:15 - 1:15 (Lunch Break 2)
or**

**Fountain drinks and additional items
are also available**

**If you are in KN2 from 12:45 PM - 1:15 PM,
your Lunch is from 11:45 - 12:45 (Lunch Break 1)**

**For very special dietary needs,
please call Gail in advance: 928-301-3559**

Workshop Descriptions

Session 4, 3:00 PM - 4:15 PM

Workshops 4A, 4B, 4C, 4D, 4E, 4F, 4G

4A: The Write Way: How to write effective success stories for articles, your newsletter, or your blog

♀ ✓ ♯ ♥ ABC

*Claire Louge, Community Outreach Coordinator
First Things First*

Written stories are one of the best ways to connect to people, and show the positive impact of our programs. Whether you love or hate to write, come learn basic tips, tools and strategies to write good stories about your organization and the positive difference you are making in the lives of young children.

4C: Embedding Learning into Daily Routines

ABC ✓ ♥ ♯ Class size limited to 35

*Jennifer Matthews, M.Ed.
Sprouting New Beginnings*

Participants will learn how to create and use learning opportunities in their daily routines to enhance developmental skills and school readiness of young children. They will learn how to engage children in hands-on-activities, American Sign Language, songs, and stories to support developmental skills. Through these multi-sensory hands on learning approaches participants will gain the knowledge necessary to support the overall development of young children and enrich their daily interactions that will prepare them in school readiness.

4E: Building Social Skills Through Pretend Play

✓ ♯ ♯ +

*Kathy Valencik, Training and Outreach Specialist
Association for Supportive Child Care*

Studies show open-ended pretend play teaches self-control and social skills. This interactive workshop will provide participants an opportunity to practice identifying and discussing the value of pretend play experiences offered by their programs.

4G: Unleashing your Inner Super Hero for Health: Transforming Movement into Action

✓ ♯ ♥ + Class size limited to 35

*Cynthia Melde, MS and Sawsan Madanat, MA
Arizona Department of Health Services*

This hands-on workshop will empower early care and education providers and administrators to help our children get the physical activity they need every day. The session will explore how to transform physical activity recommendations into action, how to make classrooms an active environment and how to engage children of all abilities to be active. Superheroes will unleash their physical activity powers and gain new gear to prevent sedentary lifestyles from taking over.

4B: Bringing Books to Life

ABC ✓ ♯

*Rene Hobbs, Early Childhood Trainer and Coach
Association for Supportive Child Care*

Language is the biggest predictor of school success. Books enrich children's vocabulary in a different way than typical everyday conversation. Explore ways to make books come alive by creating interest and excitement.

4D: Behavior Management

✓ ♯ ♥ Class size limited to 35

*Rebecca Harpst, Quality First Coach
Association for Supportive Child Care*

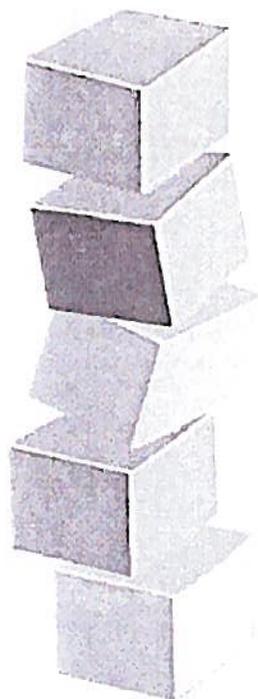
Many teachers find themselves asking, "How do I manage these kids?" This training focuses on specific behavior management techniques for different parts of the day: group times, free play, nap time, and transitions. Participants will watch video clips, discuss strategies for effective classroom management, and take back techniques to help them improve their classroom management.

4F: Hands On Science Throughout the Year

✓ ♯ Class size limited to 35

*Daniel Despain
Learning Bug*

Come explore and experience the scientific process through hands on activities. You will take from this workshop easy and fun ideas with lesson plans full of scientific awesomeness. Our activities are sure to delight your students throughout the school year and across the curriculum.



Earn one (1) college credit by exploring one of the topics presented at the 18th Annual Early Childhood Education Conference!

ECE 295. Special Topics in ECE - What to do to receive this 1 credit.....

It is preferred (not required) that you pre-register for the ECE 295 class. Registration for this course is open now, and only until February 24th. Registration for the 1 college credit must be done online at www.yc.edu.

The Course Record Number (CRN) is 17075

The Tuition cost is \$70 for in-state residents.

Register, pay for, and attend the conference on February 23rd (conference registration is separate of optional college credit)

Visit the Yavapai College vendor table sometime throughout the conference day to pick up additional course information and requirements. (YOU must come by the Yavapai College table to pick up the handout of course requirements on Feb. 23rd. The course handout WILL NOT be available at a later date.)

For more information about the ECE 295 (1) college credit opportunity, please call LeAnne Lawhead at 928-776-2306 or e-mail: leanne.lawhead@yc.edu

Yavapai
COLLEGE

Your community. Your college.

Come and see the beautiful and newly remodeled Clarkdale Campus!

Arizona on the Move

Annual Early Childhood Education Conference

is a project of



Buena Vista Children's Services is a grassroots nonprofit agency that offers outreach education to children, child care providers, teachers and families throughout Yavapai County. Projects benefit children and families, addressing issues surrounding children 0 -12 years of age.

Visit www.bv-cs.org for more information.



PUT THE CHECK ON CHILD ABUSE
CHILD ABUSE PREVENTION FUND
MAKE A DONATION ON YOUR AZ INCOME TAX FORM



Other Buena Vista Projects Include:

Bright Futures
Corporate Sponsored Child Care

PreSchool
A Positive Start to life-long learning

Discovery Connection
School-Age Programming

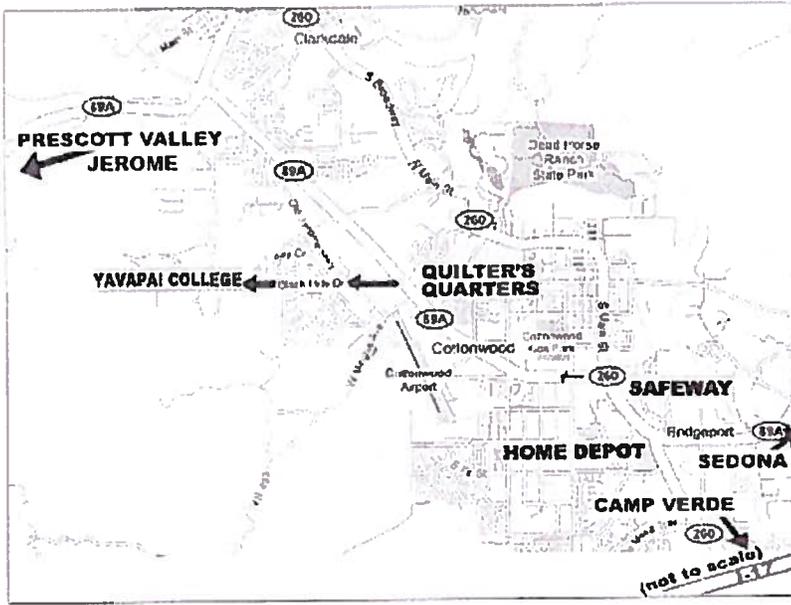
DES Home Child Care Certification Program
"In Good Hands"

Parenting Classes
Sponsored by Community Counts

Children's Celebration
Annual Community Event

Buena Vista Children's Services is the Yavapai Regional Child Abuse Prevention Council.

Buena Vista Children's Services is an equal opportunity employer and provider



Directions

From I-17 at Camp Verde, Exit 287:

Take Hwy 260 exit in Camp Verde. Drive about 12 miles north to Cottonwood, until you come to 89A (Home Depot on Left), turn left. Left again at the next light 89A (Safeway on Right). Stay on 89A for about 2 miles until the 1st roundabout (Quilter's Quarters on Right) Drive 3/4 around and exit onto Black Hills Drive. Continue down Black Hills Drive 1 mile to the entrance of the Verde Campus (L).

From Jerome/Prescott:

If driving over Mingus Mountain on 89A, go through Jerome and at the bottom of the mountain, make a Right at the 1st roundabout (Spint Gas Station on Right). Stay on 89A about 2 miles through several roundabouts, then turn Right at the Black Hills Drive roundabout (Quilter's Quarters on Left). Continue 1 mile to the entrance of the Verde Campus (L).

From Sedona:

Take Hwy 89A West to Cottonwood. You'll go straight through the first several lights, but make a Left staying on 89A at the Safeway (on Right). Stay on 89A for about 2 miles until the 1st roundabout (Quilter's Quarters on Right). Drive 3/4 around and exit onto Black Hills Drive. Continue down Black Hills Drive 1 mile to the entrance of the Verde Campus (L).

**Yavapai College
Verde Valley Campus
601 Black Hills Drive
Clarkdale, Arizona**

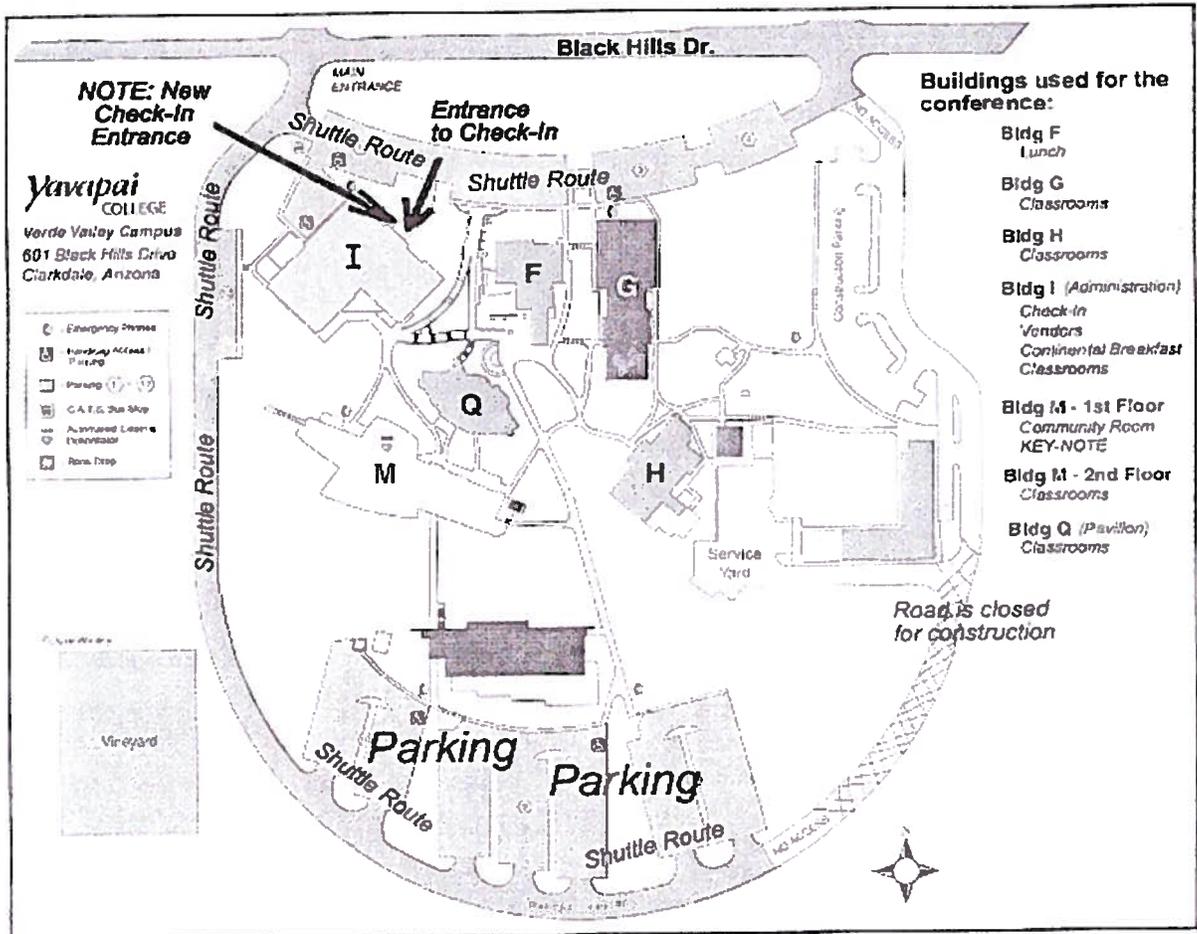
If Lost, Call (928) 301-3559

Registration is in the I Building

Refer to Google Maps for more detailed directions

Map of Clarkdale Yavapai College Campus to be used for ECE Conference Purposes

SHUTTLES WILL BE CIRCULATING TO TAKE YOU FROM THE PARKING LOT TO CHECK-IN



NOTE: New Check-In Entrance
Yavapai COLLEGE
Verde Valley Campus
601 Black Hills Drive
Clarkdale, Arizona

- Buildings used for the conference:**
- Bldg F
Lunch
 - Bldg G
Classrooms
 - Bldg H
Classrooms
 - Bldg I (Administration)
Check-in
Vendors
Continental Breakfast
Classrooms
 - Bldg M - 1st Floor
Community Room
KEY-NOTE
 - Bldg M - 2nd Floor
Classrooms
 - Bldg Q (Pavilion)
Classrooms

HEALTH & SAFETY



Healthy Heart launching a new challenge....

“TIME TO FEEL FINE”

Healthy Heart is launching a new challenge to encourage and support you to develop a regular habit of healthy behaviors

When: Registration – Jan 14-18 at HH

Includes weight, waist, questionnaire, receipt of punch card, schedule of activities and you telling us your vest size.

Challenge time: Jan. 22 – Mar 15

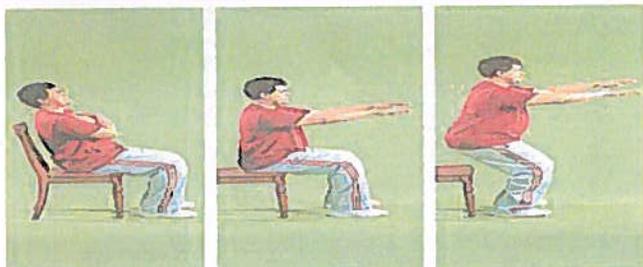
What:: Select a minimum of 2 activities a week to attend.

Get your punch card punched for 16 activities in 8 weeks and get a fleece vest!

Activities include:

- Lunch/Learn at noon at HH
- Healthy cooking class in evening
- Yoga/Stress reduction @ GCRC
- Circuit Training @ Gym
- Workout at Fitness Center
- Workout at HH exercise room

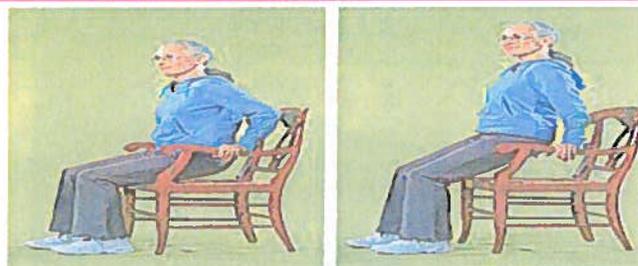
Healthy Heart Participants also earn HH bucks!! **Open to all community members** 18 and up. Call if you have questions: 769-1630



TARGETED MUSCLES: Abdomen and thighs
WHAT YOU NEED: Sturdy chair

TIP: People with back problems should start the exercise from the sitting upright position. This exercise, which strengthens your abdomen and thighs, will make it easier to get in and out of the car. If you have knee or back problems, talk with your doctor before trying this exercise.

1. Sit toward the front of a sturdy, armless chair with knees bent and feet flat on floor, shoulder-width apart.
2. Lean back with your hands crossed over your chest. Keep your back and shoulders straight throughout exercise. Breathe in slowly.
3. Breathe out and bring your upper body forward until sitting upright.
4. Extend your arms so they are parallel to the floor and slowly stand up.
5. Breathe in as you slowly sit down.
6. Repeat 10-15 times.
7. Rest; then repeat 10-15 more times.



TARGETED MUSCLES: Arm muscles
WHAT YOU NEED: Sturdy chair with armrests

This pushing motion will strengthen your arm muscles even if you are not able to lift yourself up off the chair.

1. Sit in a sturdy chair with armrests with your feet flat on the floor, shoulder-width apart.
2. Lean slightly forward; keep your back and shoulders straight.
3. Grasp arms of chair with your hands next to you. Breathe in slowly.
4. Breathe out and use your arms to push your body slowly off the chair.
5. Hold position for 1 second.
6. Breathe in as you slowly lower yourself back down.
7. Repeat 10-15 times.
8. Rest; then repeat 10-15 more times.

Achieving Your Weight Loss Goals Starts with *Setting* Your Goals

Submitted by HEALTHY HEART 769-1630

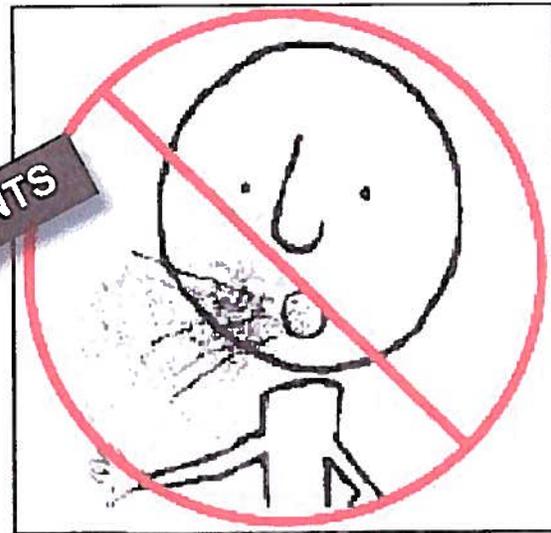
If this is the year you plan to lose weight, congratulations! Losing just 5-7 percent of your weight will help you reduce your risk for diabetes. You will have more energy and feel better.

To start losing weight, try setting goals. The key to reaching your weight loss goals is to create goals that are:

- **Realistic:** Talk to your health care provider and choose an amount to lose that you can achieve. Then decide how many pounds you can lose in the first weeks and month. Usually losing 1-2 pounds per week, or about five pounds per month, is realistic.
- **Specific:** Develop a very specific plan of action. First set your long term goal: "I will lose 20 pounds." Then set short-term goals so you can keep track of your progress. Then develop specific steps to reach your short-term goal: "I will lose 5 pounds this month by walking 3 times a week and eating smaller portion sizes."
- **Measurable:** Make sure you can measure your progress often, both your action steps and your progress towards your goal. Keep a food and exercise journal. Weigh yourself once a week and write down the numbers.
- **Positive:** Make your goals related to values that are important to you. Think to yourself, "I want to be at a healthy weight so I can live long to be with my grandchildren," or "I want to take care of myself so I can be independent and stay active in my community." Always remind yourself why it's important that you lose weight. Think of the benefit to you, your family and your community.
- **Action Oriented:** Write down the exact steps you will take to achieve your weight loss goals. Include what you will do, not just what you won't do.

Instead of this:	Do this:
I will lose weight.	I will lose 5 pounds this month.
I will exercise more.	I will take a brisk walk for 30 minutes after work Monday through Friday.
I will not eat so much fat.	I will buy lean cuts of meat and fat-free dairy products.
I will not eat so many sweets.	I will eat two pieces of fresh fruit a day and drink water instead of pop.
I will stop eating fast food for lunch.	I will pack my lunch at night and include a fruit and vegetable.
I will improve my eating habits.	I will meet with a dietitian once a month to develop a meal plan for me and my family.

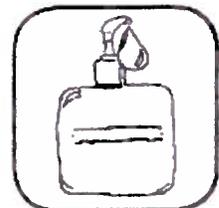
Losing weight is easier to do if you have support. Ask a family member or friend to join you in setting weight loss goals and making a healthy living plan. Talk and walk with your friends and family members. Make an appointment with health care staff to go over your goals. Attend a weight loss class. There are many people who want to help you achieve your weight loss goal.



DO YOU HAVE:

Fever, cough, sore throat, and stuffy nose?

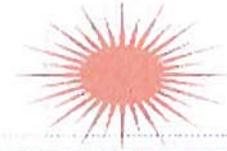
- **Contact your healthcare provider** first to see if you need to be evaluated.
- **Stay away from urgent care, emergency rooms, or hospitals** if you have mild influenza-like symptoms (fever, cough, sore throat, and stuffy nose).
- **Stay home and avoid contact** with other people as much as possible to keep from spreading your illness to others.
- **Cover your mouth and nose** with a tissue when you cough or sneeze.
- **Wash your hands often** with soap and water or use an alcohol-based hand gel.
- **Avoid touching you eyes, nose or mouth.**



Infectious Disease Epidemiology, Prevention and Control
 P.O. Box 64975
 St. Paul, MN 55164-0975
 1-877-676-5414, TTY: 651-201-5797
www.health.state.mn.us

NEWS RELEASE

Arizona Department of Health Services



HEALTH AND WELLNESS FOR ALL ARIZONANS

FOR IMMEDIATE RELEASE – January 10, 2013

Contact: Laura Oxley, ADHS Public Information: (602) 542-1094

Jeanene Fowler, Maricopa County Public Health: (602) 506-4926

Flu Widespread in Arizona

After an early start to the flu season, Arizona flu activity hit widespread this week: widespread is the highest category possible. Influenza has been reported in 14 of the 15 counties. Doctors' visits for influenza or influenza-like illnesses have steadily increased over the last few weeks. There has also been an increase in hospital admissions, especially in the central part of the state.

Influenza is a serious viral illness with symptoms that is similar to the common cold. However, the flu comes on quickly and is more physically draining. For most people, the best care is to stay home, rest, and drink plenty of fluids. For others, especially those with underlying conditions, it can be more severe.

If you feel you have the flu, you can check with your healthcare provider. If you are having severe issues like the inability to breathe or are dizzy, you may want to seek immediate medical attention. At this time of year, urgent care sites and hospitals are dealing with many illnesses. A few of our licensed medical facilities are on "Divert or Caution" meaning that they are at or near capacity with sick folks.

The good news is if you haven't been sick yet, the flu shot can still offer you protection from influenza. Simple, everyday prevention measures will help stop flu and other illnesses.

"Be sure to take common sense prevention steps such as hand washing frequently, staying home when you're sick, and coughing into a sleeve or tissue to prevent the spread of germs," said Dr. Cara Christ, Chief Medical Director for Health Services. "And get your flu shot – they're available almost everywhere these days. The flu shot won't protect you if you are already sick or from other illness."

While Arizona typically sees most of its flu cases in February or March, flu can be unpredictable and can peak either earlier or later in the season. This year, flu reports started early and have been increasing over the past few weeks. Approximately 1,000 cases of the almost 2,200 we've had this season were reported last week. However, because many people are not tested for the flu, those figures are likely just a fraction of the true number of cases.

Arizona is not alone in this uptick of influenza -- 41 other states reported widespread activity last week. The official Centers for Disease Control and Prevention influenza season begins in October and carries through the following September.

A list of flu shot providers is available at www.stopthespreadaz.org or by calling Community Information and Referral at 211 from anywhere in the state. For more information about influenza, go to www.azdhs.gov/flu or contact your health care provider or local health department.

"IMPROVING PATIENT CARE"

PEACH SPRINGS HEALTH CENTER

Health Center Hours

Monday—Friday • 8:00 a.m.—5:00 p.m.



Important Reminders:

- Appointments are scheduled in 20-minute time slots, so please arrive at least 15 minutes early for your appointment. If you are 10 minutes late, you will have to reschedule.
- Call the medical (769-2920) or dental (769-2903) appointment lines to schedule or cancel your next appointment. Call the Pharmacy (769-2992) for medication questions or refills.
- Walk-ins will be seen on an emergency basis only. If you are not sure, please ask!
- 72-Hour notification to Contract Health is required for emergency treatment or admission at a non-IHS facility.
- All non-emergent, private health care services require prior authorization FOR EACH VISIT from CHS.
- Most outside prescriptions may be filled by the Pharmacy. If the Pharmacy has the prescription in stock, it will be filled directly by the Pharmacist. Otherwise, they will be reviewed and approved by an IHS Physician and then entered into your Electronic Health Record (EHR). Prescriptions CANNOT be filled without an order in the EHR from the Physician. This process may take some time, we appreciate your patience.
- Any questions on above, please ask.

P.O. Box 190 • 943 Hualapai Way • Peach Springs, AZ 86434
Phone: 928.769.2900 • Fax: 928.769.2701 • Toll-Free: 1.888.478.4369

Medical Appointments: 769.2920 • Dental Appointments: 769.2903
Pharmacy (Refills): 769.2992 • EMS (After Clinic Hours): 769.2233

PEACH SPRINGS HEALTH CENTER

Tricia Hunter, Supervisory Health Systems Specialist— Contract Health Services



Tricia Hunter became the Supervisory Health Systems Specialist for Contract Health Services on December 17, 2012. She is originally from the Colorado River Indian Tribe, but has most recently lived in Phoenix, AZ. Tricia attended the Grand Canyon University, majoring in Human Biology and has plans to pursue a Master's degree in Public Health.

Her previous employment consists of working with John C. Lincoln Hospital in Nursing Administration as a Staffing Coordinator for 3 years, administering the Credit & Finance department for the Colorado River Indian Tribes and six years of experience with IHS in the Patient Business Office and Contract Health Service.

Tricia chose to work at Peach Springs Health Center because she enjoys the rural setting and has a passion for serving the Native American population. She hopes to work with other IHS and Tribal departments in providing quality health care for the community. Since Contract Health guidelines can be difficult for patients and their families to understand, she hopes to help bridge the gap between patients and specialty services they may need from outside medical providers.

Tricia enjoys spending time outdoors with her children, movie nights with popcorn, visiting National Parks, and historical sites. She hopes to see Chaco Canyon this year.



Sean Kennedy, Health Technician

Sean Kennedy is originally from Springfield, Massachusetts and started as our Health Technician in October 2012. He attended Bryman School of Arizona where he received an Associate of Science degree in Medical Assisting and served nine years in the U.S. Navy.

Sean chose to work with Peach Springs Health Center because his wife is a tribal member and from the community. He has two boys and enjoys hunting, barbecuing, and playing with his two boys.

PEACH SPRINGS HEALTH CENTER

Claudia Shultz, Clinical Nurse

Claudia Shultz, RN, is originally from Ogden, Utah. She received her LPN from Weber State University in 1999 and her RN in 2007 from Ameritech College. Her previous work experience has been with Job Corp and the VA.

Claudia decided to return to Federal service at Peach Springs Health Center as a Clinical Nurse in December 2012 and states, "Nursing is the best thing that ever happened to me". Her sister Francene and "Pesty" the cat live with her, she enjoys sewing, and loves the Comedian, Robin Williams.



Irene M. Jim, Business Office Manager

Irene M. Jim has been our Business Office Manager since December 16, 2012. She is originally from Upper Fruitland, New Mexico. Her educational background includes studying Chemistry at San Juan College, receiving a Bachelor of Science in Chemistry from Fort Lewis College with a discipline in Physical/Quantitative Chemistry. She was an American Chemical Society Scholar in 2008 and a Colorado Minority Alliance recipient.

Irene has previously worked for John R. Westerman, Esq. and Cardin & Parnley, PA, in Farmington, NM and Northern Navajo Medical Center in Shiprock, NM.

Irene chose to work in Peach Springs because "it is a wonderful feeling to be able to help other American Indian tribes in maximizing revenue as these monies help keep many of the Health Care facilities available and accessible to our communities."

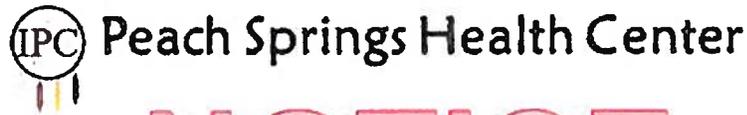
She would like to thank her husband, Harris, her three lab dogs (Hopi, Annie, and Sadie) for being patient with her while she has adventured into a new territory.

One of her best experiences is being able to watch her children evolve into incredible parents themselves. She enjoys walking, where she can be alone in her thoughts and hanging out with her best friend Tanya.

Irene's favorite quote is from Franklin D. Roosevelt's First Inaugural Address: "Only thing we have to Fear is Feat itself".



“IMPROVING PATIENT CARE”



NOTICE

Please arrive 15 minutes early for your appointment.
Being 10 minutes LATE will require re-scheduling.

In an effort to better serve you, this guideline will help reduce your wait time and improve the flow of patient care.

Walk-ins will be seen on an emergency basis only.

Emergencies are defined as:	Conditions and Needs Requiring an Appointment
High Fever (101 or greater)	Medication refills
Children with fevers, ear aches, or a bad cough	Follow-up appointments
Abdominal pain	Routine shots
Shortness of breath	Cold symptoms: If your cold has not improved
Chest pain	Well Child exam/Immunizations
Injury within 24 hours, including sprains, strains and lacerations	School or employment physicals
Any infected-appearing wound	Routine dressing change
Severe pain	Diabetic check-ups
Asthma attack with wheezing or difficulty breathing	Lab reviews
	Suture removal
	Well woman exam
	Injuries greater than 24 hours old

Emergencies will be screened by a Nurse.

COMMUNITY MESSAGES

In Loving Memory of Martha Mahone

My Goda, My Best Friend and so much more!! No words will ever describe how I miss you in my life and despite the ups and downs, you were always there, always around and now that you are gone, it's hard to realize even with other family members around somehow I am still alone, 10 years have gone by and wow how time flies, but yet it still feels like yesterday. I'm stuck in shock, I didn't know what to say or do. I just believed you would always be around forever, now you are in heaven and I know you are looking down on us, but I wish people could see you went too soon. Time passed too fast. I wish I could've made those last moments you were here last forever. I remember telling you I love you before going to school, never did think I could prepare myself to hear you had passed on and were gone. It was like my worst fear come true, I'm still not sure how to live without you. I miss you everyday, with tears streaming down my face. You are my hero and guardian angel, like they say, "gone but not forgotten." You were the best in my life.

My Goda Martha Mahone was taken off this Earth too fast, not a day goes by that I don't miss her.

*In Loving Memory of Goda Martha Mahone
May 30, 1930 - January 24, 2003*



Krissy Shongo

1st Cor. 13

Alex Nish, you are my blessing and I'm so proud of you! I can't wait for the next 50 years! God has amazing things in store for you. I've always known how amazing you are and I've always believed in you and still do. You are my forever.

Jer. 29:11 ♥

I love you, Cassi



HAPPY BIRTHDAY

*Michaela Samson & Joseph Powsey
December 23rd*

*Hyton Samson
January 2nd*

*Darren Samson
January 5th*

*"Monya" Vera Whatoname
January 9th*



*Love you all!!
From the Fam*