

Regular council meeting is scheduled for Thursday, April 5, 2012 at 8 a.m.

# GAMYU

Newsletter of the Hualapai Tribe

Issue # 07

March 30, 2012

**Deadline to submit a candidate filing form:**  
**TUESDAY, APRIL 3, 2012 at 5:00 p.m.**

## N O T I C E

### 2012 PRIMARY & GENERAL ELECTIONS HUALAPAI TRIBAL COUNCIL

PRIMARY ELECTION: MAY 3, 2012 - (Multi-Purpose Building)  
8:00 AM to 5:00 PM

GENERAL ELECTION: JUNE 2, 2012 - (Multi-Purpose Building)  
8:00 A to 5:00 PM

**DEADLINE TO SUBMIT A CANDIDATE FILING FORM: APRIL 3, 2012 at 5:00 PM**

#### **Candidate Nomination and Filing Form:**

Enrolled Members of the Hualapai Tribe who are interested in running for Chairman, Vice-Chairman or Council Members must complete a Candidate Nomination and Filing Form no later than April 3, 2012 at 5:00 PM. The complete Candidate Nomination and Filing Form must be submitted to Mrs. Clara Mahone, Election Board Clerk, at her office located in the Tribal Building. All Candidate Filing Forms must be received by the Election Board Clerk by the deadline of April 3, 2012 at 5:00 PM.

#### **Primary Election:**

The Primary Election will be held for Chairman and Vice-Chairman positions only. Current Council Members whose seats are NOT set to expire in June 2012 and who wish to run for the position of Chairman or Vice-Chairman must complete a Candidate Nomination and Filing Form by the deadline; however, current Council Members must also be eligible to serve a second consecutive term.

Candidates eliminated in the Primary Election for Chairman or Vice-Chairman may still seek the position of Council Member in the General Election, provided, that the Candidates completed a Candidate Nomination and Filing Form by the deadline. A candidate who is successful in the Primary Election (received the first or second highest number of votes) may NOT run a Council Member position in the General Election.

#### **List of Candidates**

A list of candidates will be posted at the Multi-Purpose building, Tribal Office and Best Market on April 3, 2012.

Buck and Doe Road will be closed on Saturday, March 31st and Sunday, April 1st - due to construction.

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**List of Voters:**

The Preliminary List of Eligible Voters will also be posted at the above locations on April 1, 2012. Written challenges to the Preliminary List of Eligible Voters will be accepted by the Election Board Clerk up to 5:00 p.m. on April 23, 2012.

The Election Board will make decision on all written challenges to the Preliminary List of Eligible Voters by April 25, 2012. The Election Board will post the Final List of Eligible Voters on April 25, 2012.

**Absentee Voting:**

Absentee Voting will be permitted in the Primary Election and General Election. Voters may request an Absentee Ballot by completing an Absentee Ballot Request Form which are available from the Election Board.

The official deadlines for the Election Board to receive your Absentee Ballot are:

Primary Election:	Thursday, May 3, 2012
General Election:	Saturday, June 2, 2012

Voters are responsible for returning their Absentee Ballots to the Election Board by the Official deadlines.

**Important Dates:**

April 3, 2012	Deadline to submit a Candidate Filing Form
April 3, 2012	Election Board post the list of Candidates
April 1, 2012	Election Board post the Preliminary List of Eligible Voters
April 23, 2012	Deadline to submit written challenges to the Preliminary List of Eligible Voters
April 25, 2012	Election Board rules on any written challenges to the Preliminary List of Eligible Voters
April 25, 2012	Election Board posts the Final List of Eligible Voters
May 3, 2012	PRIMARY ELECTION DAY
June 2, 2012	GENERAL ELECTION DAY

If you have any questions about the election process, call or write:

Clara Mahone, Election Board Clerk  
 Election Board  
 Hualapai Tribe  
 PO Box 179/941 Hualapai Way  
 Peach Springs, Arizona 86434  
 (928) 769-2216

**2012 TERMS TO EXPIRE**

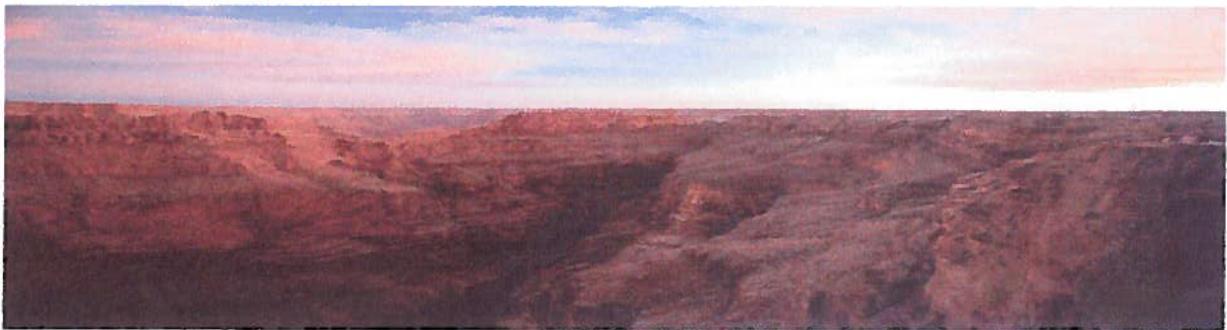
<b>CHAIRWOMAN - LOUISE BENSON</b>	<b>JUNE 2012</b>
<b>VICE-CHAIRMAN - RICHARD WALEMA, SR.</b>	<b>JUNE 2012</b>
<b>COUNCIL MEMBER - WYNONA SINYELLA</b>	<b>JUNE 2012</b>
<b>COUNCIL MEMBER - RUBY STEELE</b>	<b>JUNE 2012</b>
<b>COUNCIL MEMBER - SHERI YELLOWHAWK</b>	<b>JUNE 2012</b>

*The Grand Canyon Resort Corporation*  
*proudly announces:*

**24th Annual GCW Celebration**

**“Change brings Opportunity”**

**April 28, 2012**



**MARK YOUR CALENDARS!**

- Shuttle service provided to and from Peach Springs, leaving the Hualapai Lodge at 6:30 a.m. (first come first serve)
- Hualapai Traditional Singing and Dancing
- Employee Recognition
- LIVE ENTERTAINMENT
- Free T-shirts (first come first serve)
- Food, Food, Food

**FINALIZED AGENDA  
WILL BE POSTED  
WITH EVENT TIMES**

Free Admission for:  
HUALAPAI TRIBAL  
MEMBERS, INVITED  
DIGNITARIES, GCRC,  
TRIBAL, PS ELEMEN-  
TARY SCHOOL, LOCAL  
IHS & BIA EMPLOYEES.  
Not open to the public! All  
Tribal members and employ-  
ees are allowed up to 4four  
(4) guests.



**FOR IMMEDIATE RELEASE**

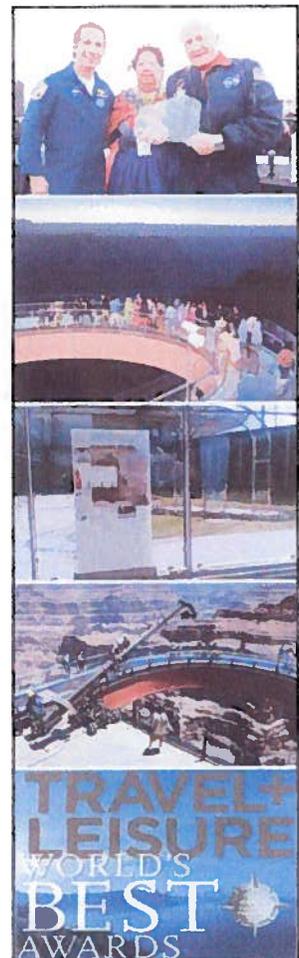
## Grand Canyon West's Skywalk to Turn 5-Years-Old: Top 5 Historical Highlights

*Hualapai Tourism to Offer \$5.00 Off to Visitors in Celebration of the 5<sup>th</sup> Anniversary*

**GRAND CANYON WEST, AZ (March 12, 2012)** On March 20, 2012 the Grand Canyon Skywalk at Grand Canyon West will turn 5-years-old. Over the past five years, the Skywalk has become one of the most recognized landmarks in the world. Because of its tremendous popularity, both of the main gateways to Grand Canyon West, Las Vegas, Nevada and Kingman, Arizona, developed taglines that include the Skywalk. The glass walkway, nearly 4,000 feet above the floor of the Grand Canyon, has received many awards and experienced dozens of historical moments over the years. Below are five of Hualapai Tourism's favorite highlights:

- 2007) "First Walk"** – Moonwalker, Dr. Buzz Aldrin, and John Bennett Herrington, the first Native American in space, were the first to walk the Skywalk with the Hualapai on March 20, 2007. Hundreds of domestic and international media outlets attended and millions around the world watched and read about the historical event.
- 2008) Good Morning America** – During sunrise at Eagle Point on May 5, 2008, Good Morning America reported live from the Skywalk throughout the morning. Dozens of dancing Hualapai Tribal members joined the host as the sun came up. High-powered lights were brought in to illuminate the canyon during the shoot.
- 2009) Skywalk Monument in Germany** – In 2009, the airport in Cologne, Germany installed a Skywalk sculpture celebrating the engineering marvel. The original glass for the Skywalk was manufactured in Germany and shipped to the U.S.
- 2010) National Geographic Channel Documentary** – First airing on November 26, 2010, the elite National Geographic documentary team revealed to the world the intricate interworking of the engineering and construction of the Skywalk. The show has been so successful that it is still airing on the National Geographic Channel.
- 2011) Travel + Leisure "Best New Bridge"** – One of the world's premier travel publications voted the Skywalk as the "Best New Bridge" in the world for 2011. The Skywalk took first places amongst bridges in Singapore, France, Italy and Malaysia for the top spot.

In celebration of the 5-year anniversary, from March 20 to March 27, 2012, Hualapai Tourism is offering all guests that make reservations online at [www.grandcanyonwest.com](http://www.grandcanyonwest.com) or by calling 888-868-9378 a \$5.00 discount on the "Legacy Gold" package, "Tranquility" (overnight) package, "Rendezvous" on historic Route 66, Helicopter tour with Boat Ride, "Discovery" helicopter tour, "Flight of the Eagle" helicopter tour, 90-minute horseback ride, Hualapai River Runners one-day whitewater rafting and overnight at the Hualapai Lodge. Promo code, "Skywalk5," must be entered or mentioned while placing the order.



BEST AMERICAN  
DESTINATIONS

*This has been submitted by Best American Destinations  
Marketing and Public Relations for Hualapai Tourism*

**2nd Annual Children's Art Expo Art Contest**  
\$100.00 to the winner

Theme must be for the children and our Hualapai culture  
Ages 9-25 invited to submit to Hualapai Cultural Department

Winning piece will be on display at the Cultural Department during youth expo. We will use a simplified version of the winning piece for our t-shirts. The Children's Art Expo Committee will decide the winner.

For more information contact Marcie Craynon or Bennett Jackson at (928) 769-2223.

**Deadline is Wednesday, April 11, 2012**  
*Good Luck!!*

Children's Art Expo



**FREE Community BBQ**

Come and enjoy an afternoon of hotdogs, burgers, all the trimmings with community members coming together to share in visiting, fun and games!

**Saturday March 31, 2012 12:30PM**  
**Everyone Welcome!**

**CFC**  
Consuming Fire Christian Church

**255 Honoga Hill Dr.**  
**Peach Springs, AZ**

*Oh Yes!* IT'S **FREE**

CFC, Inc. •POB 207 Peach Springs, AZ 86434 •P: 928-303-5946 •E: ConsumingFirePS@yahoo.com

Mohave County Superior Court  
Infant & Toddler Mental Health Team  
Presents:

**Dr. Gale Gorke**

**Join us**

Monday, April 16, 2012  
9:00 a.m. to 4:30 p.m.

Lee Williams High School Cafeteria  
400 Grandview Ave, Kingman

Seminar Topics:

- Building Relationships with Children
- Intervention Strategies/Parenting Skills
- Learning Decision-Making Skills and Helping Children Learn Those Skills
- Community Collaborative Building
- Skills in Teambuilding – work, home, personal relationships

RSVP to Amber McGuire at [amcguire@courts.az.gov](mailto:amcguire@courts.az.gov) or call 928-753-0744 to register

Free of Charge!

Dr. Gale K. Gorke  
Executive Director  
Kids Kan Inc  
P.O. Box 3381  
Colton, CA 92320  
[gkorke@kidskan.com](mailto:gkorke@kidskan.com)  
<http://www.galegorke.com>

Lunch on your own

[www.GatheringofNations.com](http://www.GatheringofNations.com)

North America's Biggest Powwow!  
**GATHERING OF NATIONS POW WOW**

**APRIL 26-28, 2012**  
**ALBUQUERQUE, NM - THE PIT**

**Hard Rock**  
HOTEL & CASINO  
ALBUQUERQUE



# La Paz Trail of Tears 2012 Run



## Wednesday April 18, 2012

10:00AM All runners meet at Route 66 Park (Across Hualapai Lodge) to travel to Ehrenberg, AZ. This will allow enough time to travel and settle in hotel rooms and get ready for the Gathering and dinner at the La Paz site at 5:00PM until night fall, Tribal Warrior Dance. Lodging, transportation and meals provided for runners.

Hotel information: Best Western Flying J, I-40 Exit 1 S. Frontage Road, Ehrenberg, AZ

Room Rate: \$63.80 ask for room block "Hualapai Tribe" Phone: 928-923-9711

Cut of date to make reservations: April 11, 2012

## Thursday April 19, 2012

5:00AM—Morning blessing at La Paz site.

- Starting distance run by entire group
- First group of runners continue from La Paz to Bill Williams River
- Second group of runners start at Bill Williams River to I-40
- Anticipated finish time 5:30/6:00PM
- End of the day runner group blessing
- Dinner as a group in Lake Havasu—Stay in Lake Havasu for the night

## Friday April 20, 2012

5:00AM—Morning Blessing at I-40

After blessing

- First group of runners start at I-40 turn off, run pipeline road to Griffith Road.
- Second group of runners start at Griffith road into Kingman
- Anticipated finish time 3:00/4:00PM
- End of day blessing at Fort Beale
- Dinner
- Return to Peach Springs

## Saturday April 21, 2012

4:00AM—Original Runners meet at Route 66 Park (across from Hualapai lodge)

5:00AM—Morning blessing at Beale Springs Site.

Arrive in Peach Springs, Warrior Dance, Bird Singing and dinner until dusk, burning of Ramada at dusk.

Run restricted to 18 years and older, unless minor 14-17 years of age is the son/daughter of an adult runner. **Throughout La Paz observances, runners are to remain abstinent, drug and alcohol free when participating in run and activities 4/18-21. No electronics while on the run.** Vehicle restriction will be designated to assigned drivers and vehicles being utilized during the run. Please limit personal belongings. To register to run please contact Youth Services 769-2207 to complete a registration form by April 12, 2012.

For further information contact: Health Education & Wellness Center/Youth Services, 488 Hualapai Way, Peach Springs, AZ 86434

Phone: 928-769-2207 Email: [pete.imus@yahoo.com](mailto:pete.imus@yahoo.com)

the March equinox 🌍 Reason we celebrate Earth Day is to call attention to the environment 🌍 Earth 🌍 We encourage you to take care of your environment 🌍 Every day is

Celebrate and participate Earth Day with us! 🌍 Earth Day is observed on April 22 🌍 International Earth Day is celebrated on Francisco's Earth Day celebration, which was held on March 21, 1970 🌍 Observance of Earth Day is to take notice of mother Replenish 🌍 Reduce 🌍 Happy Earth Day!! 🌍 Please join us as we beautify Hualapai!

Earth Day 🌍 History of Earth Day: Former U.S. Senator Gaylord Nelson was Earth Day's co-founder 🌍 The first Earth Day was in April 22, 1970 🌍 Senator Nelson got the name after reading about San planet 🌍 Think globally - Act Locally 🌍 Recycle 🌍 Reuse 🌍 Restore

# You're Invited To The 2012 Beautify Hualapai Earth Day Clean-Up Monday, April 23, 2012 8:00 a.m. - 12:00 p.m. Lunch will be served at 1:00 p.m. Hualapai Tribal Gymnasium

In our efforts to clean the community, we encourage residents to participate by picking up your yards.

Elderly: If you would like assistance with your yard clean-up, contact the Planning Department.

If you have any questions, please contact the Planning Department at (928) 760-1310



We also encourage you to bring your own plates/cups/utensils.

in April 22, 1970 🌍 Senator Nelson got the name after reading about San planet 🌍 Think globally - Act Locally 🌍 Recycle 🌍 Reuse 🌍 Restore

**2012 TRIBAL HUNT DATES AND PERMIT FEE INFORMATION**

APPROVED BY TRIBAL COUNCIL March 3, 2012

**BIG GAME\***

(All hunts are Reservation Wide unless specified.)

HUNT	SEASON	PERMITS	TOTAL INCLUDING 7% TAX	FEE DUE DATE
Tribal Turkey (Toms only)	April 28 - May 10, 2012	5 by Draw	\$32.10	at time of draw
Combo Hunt** (Any Bull Elk/Mule Deer) Westside Only	November 17 - November 26, 2012	5	\$300	1/3 fee due at time of draw
Tribal Bull Elk (any 10 consecutive days)	September 15 - December 31, 2012	2	By Raffle (\$20/ticket)	at time of draw
Tribal Cow Elk - Eastside	November 3 - November 11, 2012	5 by Draw	\$32.10	at time of draw
Tribal Cow Elk - Westside	November 3 - November 11, 2012	10 by Draw	\$32.10	at time of draw
Tribal Spike	November 1 - November 15, 2012	15 by Draw	\$53.50	at time of draw
Tribal Javelina	At 30 day intervals year round	Unlimited	\$32.10	at time of draw
Tribal Deer***	November 17 - November 26, 2012	1 per household	\$32.10	at time of draw
			<b>BAG LIMIT (per day)</b>	<b>PERMIT FEE</b>
Game Fish	Year Round	Unlimited	8	\$5/day
Small Game (squirrels and rabbits)	Year Round	Unlimited	5	\$5/day
Small Game (prairie dogs)	Year Round	Unlimited	15	No Fee
Migratory Game Birds****	September 30 - December 31, 2012	Unlimited	2	\$5/day
Upland Game Birds****	September 30 - December 31, 2012	Unlimited	5	\$5/day

- \* Any Hualapai Veteran who draws a regular season Turkey, Elk, and/or Deer tag will have their permit fee waived.
- \*\* For Combo Hunts: Elk taken shall be from the Westside only. If drawn for Combo Hunt, you are not eligible for any regular season hunts.
- \*\*\*For Deer Hunts: A legal mule deer buck is a mule deer with 4 points on one side or greater
- \*\*\*\*For Bird Hunts: Federal Migratory Bird Stamp Required.

**Reminder: Mandatory Check Out:** You must check out with a Ranger, at the Game and Fish Department, or with a Tribal Biologist.

Failure to check out will result in a loss of hunting privileges for one year.



**How to Get \$2-Per-Gallon Gas**

*Efficient driving and shopping tactics can translate to big savings at the pump*

By Kelli B. Grant | SmartMoney

Gas prices are inching toward record highs, but experts say how you drive and where you buy your groceries can cut the costs of filling up. Prices at the pump currently average \$3.84 for a gallon of regular unleaded, 30 cents more than a month ago, according to AAA. (The record is \$4.11, hit in July 2008). Drivers in 16 states plus the District of Columbia pay even more -- and in eight of those prices already top \$4 per gallon. Consumers shouldn't expect relief in coming months, either, says Tom Kloza, chief oil analyst for the Oil Price Information Service. Cost per gallon typically peaks in May after refineries complete the switch to summer gasoline blends, which are more volatile than winter blends and so, more expensive. As a result, drivers could see prices rise another 5 to 25 cents, he says.

Some motorists are better positioned than others to save, experts say. People in states along the Rocky Mountains have some of the lowest prices nationwide -- as cheap as \$3.43 in Wyoming -- due to their proximity to U.S. supply and refineries, Kloza says. And those cruising around in a new 2012 model may experience the fruits of manufacturers' latest fuel-efficiency push, says Jim Kliesch, research director for the Union of Concerned Scientists' clean vehicles program. Many new models offer features such as lightweight metals and stop-go technology that shuts an engine off at stoplights and in gridlock, he says.

But the vast majority of drivers need to make more of an effort to save on gas by taking smaller actions that improve fuel economy and reduce costs. "No one individual [fuel-efficiency] tactic stands far above the rest," says Kliesch. "It's a

handful of simple things you can do that together offer a reasonable improvement in your fuel economy." Driving a vehicle that isn't at its most fuel efficient can be equivalent paying an extra \$2 or more per gallon, simply because it burns through a tank much faster. Here's how to avoid that premium, and knock a dollar or two more off your per-gallon price:

**De-clutter:** *Savings: Up to 7 cents per gallon.*

There's good reason to clean out the junk piled in the trunk, says Kliesch. Every 100 pounds of added weight in a car reduces its fuel economy by up to 2%. That works out to paying an extra four to seven cents per gallon. Hauling a cargo carrier, bikes, kayaks or other gear atop the car for a road trip is worse, decreasing fuel economy by 5%.

**Weigh payment methods:** *Savings: Up to 19 cents per gallon.*

As gas prices rise, many credit cards' reward caps on gas purchases kick in, limiting their value, says Odysseas Papadimitriou, chief executive of CardHub.com. He likes the PenFed Platinum Rewards card, which requires a \$15 credit union membership but offers five points per dollar spent at the pump. (At \$3.84 per gallon, that works out to about \$0.19 back.) In some instances it could make more sense to pay cash. Stations may offer discounts of up to 10 cents per gallon for drivers who eschew plastic.

**Drive responsibly:** *Savings: Up to \$1.27 per gallon.*

By the U.S. Department of Energy's estimates, each 5 mph one drives over 60 mph adds \$0.30 per gallon to the gas bill. Aggressive stops and starts waste another 33% at highway speeds and about 5% at slower, local speed limits. "Don't try to jump off the starting block," says Avery Ash, manager of regulatory affairs for AAA. Calmer driving translates to savings of \$0.19 to \$1.27 per gallon.

**Check the tires:** *Savings: Up to 12 cents per gallon.*

Under- or over-inflated tires change the way the car handles, adding drag and speeding wear. That, in turn, reduces fuel efficiency by about 3%. Look to the driver's side door panel or owner's manual for information on proper inflation levels, Kliesch says. Don't go by the figure stamped on the tire -- that's the maximum it can handle.

**Use grocery discounts:** *Savings: Up to \$2.20 per gallon.* Many big supermarket chains now tie in-store spending to discounts at the pump. Depending on the program and one's typical grocery bill, savings could range from 10 cents off to as much as \$1.50 per gallon at Albertsons or \$2.20 at Giant, says Teri Gault, the founder of The Grocery Game. But shoppers may find that prices at partner stations are higher than others in town, eating into savings, she says. Programs typically have a cap on the number of gallons one can get at the discounted rate, although households may still be able to fill two cars on the cheap.

**Create a fuel-efficient route:** *Savings: Up to 30 cents per gallon.*

It's possible to cut down on mileage just by running a few errands on the same trip, and choosing more efficient routes, Ash says. On longer trips, use a GPS to find the best route -- and price-mapping apps like AAA TripTik or GasBuddy to find the best fuel deals along those routes. Prices in Ypsilanti, Mich., for example, currently range from \$3.81 to \$4.09, according to GasBuddy. That's \$0.28 per gallon advantage to shopping around.

## SAVE THE DATE



# Silver and Turquoise Ball

BENEFITING THE PHOENIX INDIAN CENTER

**SATURDAY, APRIL 14, 2012 | TALKING STICK RESORT | SCOTTSDALE, ARIZONA**

[www.silverandturquoiseball.com](http://www.silverandturquoiseball.com)

**Be part of an exciting evening celebrating American Indian culture.**

Premier silent auction featuring over 100 items. Spectacular inter-tribal entertainment. Exquisite cuisine designed by American Indian chef.

Celebrating 29 years, the Silver and Turquoise Ball event benefits the Phoenix Indian Center who has provided human services for more than 64 years.



Presented by

CAMPUS ARIZONA | PASSPORT: Silver & Gold  
TALKING STICK RESORT

Sponsored in part by

COX | SFP | THE PHOENIX INDIAN CENTER

For more information regarding the event, including artist participation and sponsorships, call (602) 764-6768, or e-mail [scottball@phicenter.org](mailto:scottball@phicenter.org).

# Education & Training Information

PENN FOSTER  
HIGH SCHOOL

## Program Overview

**Earn your High School Diploma at home, at your own pace.** Becoming a High School graduate opens up new opportunities - go to college, start a new career, earn more money. However, if you decide not to go on to college, your High School Diploma can qualify you for new career fields. Earning your high school diploma at home with Penn Foster is convenient, affordable, and accredited. Since there is no set class schedule, you study when and where it's convenient for you. You work at your own pace. There's no one to rush you or hold you back. And while you work independently, you're never alone. Expert instructors and support staff - dedicated to helping you complete your coursework - are just a phone call or an email away. Prepare for your High School Diploma at home with these courses and more:

- Reading Skills, English, and Mathematics
- American and World History
- Biology, Earth Science, and Physical Science
- Career-oriented electives like Auto Repair Technician, Personal Computer Specialist, and more...

Traditional electives like Chemistry, Spanish, and Music. In as little as nine months for each year of High School you need, you can have your High School Diploma. If you only need a course or two, we offer you the opportunity to take only the courses you need. Note: You must complete a minimum of 5.5 credits with Penn Foster to earn our high school diploma.

**Don't Need a Complete Program?** Penn Foster High School offers academic and financial credit for recognized high school courses you have already successfully completed. See the [Program Outline](#) for more information.

**Respected and Accredited.** You'll earn your High School Diploma from regionally and nationally accredited Penn Foster High School. Penn Foster High School is regionally accredited for grades 9 through adult by the Commission on Secondary Schools of the Middle States Association of Colleges and Schools and nationally accredited by the Accrediting Commission of the Distance Education and Training Council (DETC). Penn Foster High School is licensed by the Pennsylvania State Board of Private Licensed Schools.

**Career Services Included!** Graduates of the Penn Foster High School Diploma Program can take advantage of Penn Foster Career Services, which includes access to information on how to search for and find that great job, tips on interviewing, preparing a cover letter, and we'll even have a Certified Professional Resume Writer help you create your resume.

**Home School Requirements.** Any student who is of compulsory age must also comply with home school requirements dictated by their school district, or students will be considered truant. You need to check the requirement of your district to ensure the Penn Foster High School program meets the district's home school requirements.

**Contact Penn Foster Today.** We'll send you FREE information with absolutely no obligation! Find out more about earning your High School Diploma. Your program includes:

- All the books, study guides, & learning aids you need.
- Toll-free instructional support.
- Access to student services by website, phone, and mail.



## IT'S TIME!



### AIMS Testing is Scheduled at Peach Springs Elementary School When: April 16-19, 2012

Parents! Please, help your children...

- Make sure they get a good night's sleep
  - Get them to school on time
  - Encourage them to do their best
  - Schedule appointments for after school
- Make sure they eat breakfast at home or at school
  - Make sure they are at school every day

 **Woodfield High School** Earn a quick, affordable and accredited high school diploma within 15 Days!

Add a recognized high school diploma to your resume and open avenues for a better job, promotion or further education! Take our online equivalency test now to see if you qualify for a High School Diploma. Call 24/7 for assistance!

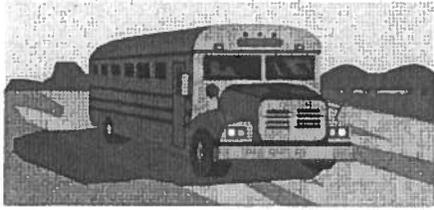
For information, visit: [www.woodfieldhighschool.com/lp/offer](http://www.woodfieldhighschool.com/lp/offer)

For all those interested in getting their GED's or an online High School Diploma, come by the Department of Hualapai Education & Training Center, and see Lucille, Jean or Linda.

# GED

Our hours are from 1:00 p.m. - 3:00 p.m. in the computer lab, Monday through Friday, or you can go to the Peach Springs Elementary School and contact Ms. Deswood in room 1, Monday - Thursday from 4:30 p.m. - 5:30 p.m.

Good luck and hope to see you soon.



March 30, 2012

**PEACH SPRINGS SCHOOL**  
**P.O. Box 360**  
**Peach Springs, AZ 86434**  
**928 769 2613**  
**Mr. S. Dunsmore, Superintendent**

Heard Museum Student  
Art Show

The following students from Peach Springs Elementary School are participating in the *Heard Museum Student Art Show*. The show is open to 7<sup>th</sup> through 12 Grade Native American Students throughout Arizona.

- Kobe Siyuja, 7<sup>th</sup> Grade – Ms. Deswood
- Jaylenne Quasula, 8<sup>th</sup> Grade – Ms. Medina
- Tahne Siyuja, 8<sup>th</sup> Grade – Ms. Medina
- Alex Woody, 7<sup>th</sup> Grade – Ms. Deswood
- Lela Havatone, 8<sup>th</sup> Grade – Ms. Medina
- Dakota Honga, 8<sup>th</sup> Grade – Ms. Medina
- Breanna Watahomigie, 8<sup>th</sup> Grade – Ms. Medina

The show opens with a “Meet the Artists and Opening Night Reception & Auction on Friday, March 30, 2012 5:00-7:00PM. The sale is open:

- Friday, March 30<sup>th</sup> 5:30 – 8:30 PM
- Saturday, March 31<sup>st</sup> 10:00AM-4:00PM
- Sunday, April 1<sup>st</sup> 10:00AM-4:00PM
- Monday, April 2<sup>nd</sup> 10:00AM-4:00PM (final day)

The *Heard Museum* is located at 2301 N. Central Avenue, Phoenix, AZ 602-252-8840

If you are able to, please plan to attend and support our wonderful creative students!

**Congratulations to these young artists!**

**Seminar**

Infant & Toddler Mental Health Team  
**Presents:**

- . Building Relationships with Children
- . Intervention Strategies/Parenting Skills
- . Learning Decision-Making Skills and Helping Children Learn Those Skills
- . Community Collaborative Building
- . Skills in Teambuilding — work, home, personal relationships

Dr. Gale Gorke  
 Lee Williams High School Cafeteria  
 400 Grandview Ave, Kingman

**Free of Charge!**

Dr. Gale K. Gorke  
 Executive Director  
 Kids Kan Inc  
 P.O. Box 1181  
 Calimesa, CA 92320  
 gkgorke@aol.com  
<http://galegorke.com/>

**Monday, April 16, 2012**

**9:00 a.m. to 4:30 p.m.**  
 (Lunch on your own)

RSVP to Amber McGuire at  
[amcguire@courts.az.gov](mailto:amcguire@courts.az.gov)  
 or call 928-753-0744 to register



Knowledge River

Knowledge River  
School of Information Resources  
and Library Science  
College of Social and Behavioral  
Science

1515 E. First Street  
Tucson, Arizona, 85719  
520.621.3565 Phone  
520.621.3279 Fax  
[www.sirls.arizona.edu/kr](http://www.sirls.arizona.edu/kr)

FOR IMMEDIATE RELEASE  
March 22, 2012

Contact: Sandy Littletree, [sandy505@email.arizona.edu](mailto:sandy505@email.arizona.edu), 520-621-3565

### **Knowledge River: Seeking Applicants to Serve and Represent Native American and Latino Cultural Communities**

Tucson, AZ— The Knowledge River Program at the University of Arizona is seeking applicants with a strong background and interest in serving Native American and/or Latino populations as librarians or information professionals, particularly in medical/health library settings, public libraries (including tribal libraries), and special collections/archives. The program will continue to accept applications for KR Cohort 11 until May 1, 2012.

Qualified students have the opportunity to have their MA degree funded through graduate assistantships, which are ideal because it gives students relevant work experience, a salary, and health benefits. The program also offers paid program fees, in addition to a formal mentorship program, a strong cohort experience, and funds for conferences/professional development.

The Tucson-based program prides itself on its face-to-face cohort building, its emphasis on an LIS (Library and Information Science) graduate degree experience focused on information services for cultural communities, and its 130 scholars who have graduated with assistance from this program. Founded in 2001, the KR program has become the foremost Master's Degree program for educating librarians and information specialists with a focus on Native American and Latino cultural issues. KR alumni have found library, archives, and museum positions all over the world and include: Head Archivist at the National Museum of the American Indian; User Education Librarian at the City of Sydney, Australia; Curator of Chicano Collections at Arizona State University; Librarian at Yale Law Library; Library Director at Ak-Chin Community Library; Consultant for a Native American Records Management Non-profit organization; and many more. Others have entered Doctoral Programs around the United States.

Students enter the program with diverse backgrounds and career interests and have unique experiences while enrolled in the program. Here is one student's story.

#### **Shawna Thompson**

Yah'a'teh. My name is Shawna Thompson. My clan is the Coyote Pass People and my father's clan is the Red House People. I am Diné (Navajo) and a Knowledge River Scholar.

I have a dream: to be a digital archivist. I want to travel from tribal community to tribal community and set up digital archives that will serve to preserve our communities' culture and history. Due to Knowledge River this dream will soon be realized.



While employed at a community college library in the Phoenix area, I was encouraged to go back to school to get my Master's Degree in the field of library science. This brought me to Knowledge River. When working on my undergraduate degree I was very lonely. As an American Indian student I felt isolated without any support. Fear of repeating this experience kept me from applying to Knowledge River.

I applied to the University of Arizona's School of Information Resources and Library Science, after three years of deliberation, Knowledge River sounded too good to be true, so I delayed applying. My fear was that I wouldn't be "Indian" enough for the program. After a couple of weeks I was approved for KR. What a relief! I started classes in summer 2008.

At the time I didn't understand what a cohort was. I found out once I started classes that a cohort is a group of people who share a common experience. In other words, I was not alone; I had a group of students who were committed to working with tribal communities and/or Hispanic communities. This group, Cohort 7, became very close due to a class we were required to take together. The class, Information Environments from Hispanic and Native American Perspectives, taught us to look at our individual ways of thinking and our attitudes. We then were ready to learn how to provide access to information to underserved communities.

Then in September 2008 I was diagnosed with breast cancer. My cohort gathered around me and encouraged me during chemotherapy and radiation. Once again I was afraid to return to school because the chemo affected my brain. Cohort 8 convinced me to return to school in January 2010. I had to repeat my classes and took the Information Environments class again with Cohort 9. From that class I now have many good friends who still support me as I continue my education.

While it was hard to leave my tribe as a teenager, it was harder to leave Phoenix as an adult. But it has been easy to be in Tucson with a marvelous group of people who care about me and want me to succeed. When I was sixteen I worked in the high school library in Kayenta, AZ. It has taken me many years to circle back to that environment and to feel Indian enough. No other work has satisfied my desire to give back and to serve.

If you have a Bachelor's Degree in any field, you can be an information specialist. Also SIRLS does not require you to take the Graduate Record Exam (GRE). So, be willing to apply...it is easier than you might think. And remember you will have a cohort to help you through. It has been a great experience for me and I hope to meet you soon.

This May I will be graduating. Cohorts 7, 8, and 9 are very proud of my accomplishments and remain in touch with me. They are doing wonderful work and I will be joining them soon.

For more information about Knowledge River, visit <http://sirls.arizona.edu/KR> or contact us at [kriver@mail.sbs.arizona.edu](mailto:kriver@mail.sbs.arizona.edu).

Knowledge River is funded largely by a grant from the Institute of Museum and Library Services (IMLS). The Institute of Museum and Library Services is the primary source of federal support for the nation's 123,000 libraries and 17,500 museums. The Institute's mission is to create strong libraries and museums that connect people to information and ideas. The Institute works at the national level and in coordination with state and local organizations to sustain heritage, culture, and knowledge; enhance learning and innovation; and support professional development. To learn more about the Institute, please visit [www.ims.gov](http://www.ims.gov).

###



**Hualapai Workforce Investment Act**

**ADULT & YOUTH PROGRAM  
TRAINING ANNOUNCEMENT**

**The Hualapai W.I.A. Program is accepting  
applications for the 2012 Program**

**Applications  
may be picked  
up at the  
Hualapai  
Education &  
Training  
Center.**

**The following documents are  
required when submitting  
your applications.**

- 1 Certified Birth Certificate  
or State ID Card**
  - 2 Social Security Card**
  - 3 Tribal ID / CIB**
  - 4 Income Verification**
  - 5 Household Verification**
- COPIES OF ORIGINAL  
DOCUMENTS WILL BE MADE.**

**Applications will be accepted until  
all slots have been filled.**

**Orientations to the W.I.A. Program will be  
scheduled by calling (928) 769-2200**

**"An Equal Opportunity Employer/Program  
Auxiliary aids and services are available upon request to individuals with disabilities  
TTY/TDD: 711**

# Health & Safety Information

## SAVE THE DATE

*8th Annual*

### AMERICAN INDIAN DISABILITY SUMMIT

Theme "Gathering Native Voices to Transition Individuals with Disabilities Towards Employment and Recreation"

Our mission is to provide for interaction, networking, education and support for American Indians with disabilities and their families, and bridging opportunities and resources in rural and urban tribal communities.

Featuring: presentation of the Marcus Harrison, Jr. Leadership Award

**2012 Summit being held at:**

**EMBASSY SUITES HOTEL - PARADISE VALLEY**

**4415 E Paradise Village Pkwy South Phoenix, Arizona**

**Friday, April 6, 2012**

**8 am – 4 pm**

The summit is held to facilitate training, outreach and technical assistance for American Indians with disabilities residing in urban and rural areas. Attendees will gain awareness of support services, become empowered and improve their lifestyle by learning strategies to eliminate barriers to service delivery.

For registration information and for an application, please call 602-443-0707 (Rosalie), 602-443-0708 (Fernando), or 602-495-7521 (Dorothy). Visit website <http://8thamericanindiandisabilitysummit.eventbrite.com/> for on-line registration.

If special accommodations needed, call: Fernando Cruz at (ABIL) Arizona Bridge to Independent Living at: **(602) 443-0708, by March 16, 2012.**

## SAVE THE DATE

## “IMPROVING PATIENT CARE”

### PEACH SPRINGS HEALTH CENTER

#### Health Center Hours

Monday—Friday • 8:00 a.m.—5:00 p.m.

*We are now open on Thursday mornings!*



#### Important Reminders:

- Appointments are scheduled in 20-minute time slots, so please arrive early for your appointment. If you are late, you may have to reschedule.
- Call the medical (2920) or dental (2903) appointment lines to schedule or cancel your next appointment. Call the Pharmacy directly to for medication questions or refills at 2992.
- Walk-ins will be seen on an emergency basis only. If you are not sure, please ask!
- 72-Hour notification to Contract Health is required for emergency treatment or admission at a non-IHS facility.
- Remember to take all outside prescriptions to the Pharmacy. They will be reviewed and approved by an IHS Physician and then entered into your Electronic Health Record (EHR). Prescriptions CANNOT be filled without an order in the EHR from the Physician. This process may take some time, we appreciate your patience.
- Please limit THREE in the room during doctor appointments. Parents/Guardians please limit TWO children with you in the room during your appointments.

### Meet Our Newest Staff...

#### Dr. Teresa Klyszejko, MD, Medical Provider



Dr. Klyszejko, started here at the clinic March 12, 2012 and will be here for 4 months. Dr. K is from Montreal, Canada and graduated with a Bachelor of Science from Loyola College in Montreal and MD from Dalhousie University in Halifax, Nova Scotia. The best thing that ever happened to her was having the opportunity to travel overseas. In her spare time Dr. K enjoys Theatre and being a “windshield tourist”. Aside from having fun and doing housework and cooking, her least favorite things to do, she would rather be hanging out with Alton Brown of “Good Eats”, as she says “there is science in cooking. This would be educational and provide great eating! I hate to cook!” New to the area Dr. K loves the scenery , flora and fauna, and Native People of the Southwest.

P.O. Box 190 • 943 Hualapai Way • Peach Springs, AZ 86434  
Phone: 928.769.2900 • Fax: 928.769.2701 • Toll-Free: 1.888.478.4369

Medical Appointments: 769.2920 • Dental Appointments: 769.2903  
Pharmacy (Refills): 769.2992 • EMS (After Clinic Hours): 769.2233



Cynthia Thomson, PhD, RD, CSO, has more than 30 years of clinical and research experience in diet, obesity and cancer.

## FOOD AS MEDICINE

*The most effective cancer prevention therapy can't be found in a miracle pill or through an expensive series of medical procedures. Cynthia Thomson, PhD, RD, CSO, said the best treatment can be found in the produce section of your local supermarket.*

**M**any of the compounds and bioactive chemicals that occur naturally in vegetables and fruit act to protect us against cancer," Dr. Thomson said. "Many of the medicines we use to treat people are derived from these foods."

Dr. Thomson has been an active researcher and clinician at The University of Arizona since 1992 and a University of Arizona Cancer Center member since 2000. She was recently named the director of the Canyon Ranch Center for Prevention and Health Promotion at the Mel and Enid Zuckerman College of Public Health.

Dr. Thomson has more than 30 years of clinical and research experience in diet, obesity and cancer. She is a nationally recognized expert in the area of diet and health, having served as a national spokesperson for the American Dietetic Association, and she co-authored the American Cancer Society's consumer book for diet, physical activity and cancer prevention guidance for survivors of cancer.

She has led several dietary intervention trials and directed the graduate program at the Department of Nutritional Sciences in the UA College of Agriculture and Life Sciences. These experiences make her uniquely positioned to improve the health of the public through effective and strategic research, interventions, community engagement, outreach and new, innovative training programs.

And, in perhaps her most impressive achievement, she came up with a plan to convince her two sons to make healthful eating a lifelong routine.

In the mid 1990s, Dr. Thomson embarked on "The Year of Fruits and Vegetables" with her boys, Daniel and Patrick. When the Thomsons would shop for groceries, she asked her sons to pick out a fruit

or vegetable none of them had ever tried before. Eventually, this adventure led the Thomsons to Asian markets, farmers' markets, and even to Willcox to visit the independent farms.

"We would always find a new treat or some new way to prepare an old stand-by," Dr. Thomson said. "It was a lot of fun. The boys were old enough to get involved, but not quite old enough to have their eating habits set in stone."

Today, Dr. Thomson's sons have carried those healthful eating lessons into their early-to-mid 20s.

"People have these horrible memories of vegetables they tried to eat when they were young kids and they never try again," Dr. Thomson said. "Healthy eating can be challenging if you hang on to old preferences. It's about being creative and finding new ways to enrich your diet."

A good rule of thumb is to make sure one-third of your shopping cart is filled with fruits and vegetables. Color variance is important, as well. This is an easy way to make sure your body is getting all of the nutrients essential for cancer prevention.

"The biochemicals present in vegetables and fruit can act as a small, low dose of medication," Dr. Thomson said. "If you get that dose every single day of your life, it's going to help protect you. Hopefully, you won't have to take that large dose through pharmaceuticals later in life."

Dr. Thomson added that it is important that consumers get in the habit of reading food labels and knowing what those numbers mean. Just because a food is marketed as healthy doesn't mean that it necessarily delivers on that promise.

"For example, we've found that green tea has many positive health benefits, including a reduction in cancer risk for certain people," Dr. Thomson said. "But now, you see it bottled up with dozens of other flavors and sweeteners. We had this healthy product that has now been diluted to the point where the beneficial compounds in some products have been minimized."

Some people might not see this as such a big deal. After all, a diet low in essential nutrients can be fixed by a multivitamin regimen, right?

Well, not quite.

"What we've been able to ascertain through our studies is that multivitamin use is typically a marker of other good health habits," Dr. Thomson said. "Those people who take multivitamins tend to be the people who are also eating balanced diets, reading labels, not smoking and receiving regular health screenings." In addition, multivitamins do not contain the important, naturally occurring bioactive compounds found in vegetables and fruit.

So now you're eating a healthful diet and you know what foods to avoid. What else can you do to minimize your cancer risk?

For starters, increase your physical activity. Most people mistakenly believe that a few minutes of serious exercise per day is enough, but that's only the beginning.

"What we're now realizing is that even people who exercise for 30 minutes several times a week may sit at their televisions and computers for hours at a time without moving. That is a major health risk," Dr. Thomson said. "I set the alarm on my phone to remind me to get up and move every hour if I've been at my desk for too long."

There are no quick-fix solutions to improve one's health and reduce one's risk for cancer. Consistency is the key. It comes from a daily diet rich in vegetables and fruit. It comes from regular physical activity. It comes from a healthy body weight. And it comes from creativity.

"I'd hate to one day live in a world like The Jetsons, where all your nourishment comes in pill form," Dr. Thomson said. "With the internet, anyone can find fun, innovative and simple ways to prepare healthy foods."

- By Nick Provenus



Dr. Thomson is recruiting 150 breast cancer survivors who are currently taking tamoxifen. The participants will receive either a placebo or a bioactive found in broccoll called DIM (dindolymethane) for six months. The hypothesis is that the tamoxifen-DIM combination may increase the drug's efficacy by modifying hormone levels and/or breast density.

If you or someone you know may be interested, contact Julie West at [jwest2@email.arizona.edu](mailto:jwest2@email.arizona.edu) or (520) 321-7748.

## RECIPES FOR HEALTHY EATING

Eating healthy doesn't have to be a chore. With the recipes and tips presented in "Recipes for Healthy Eating," proper nutrition can become part of your daily routine.

Recipes for this book were chosen by faculty, staff and volunteers of The University of Arizona Cancer Center. In addition to more than 70 high-fiber, low-fat recipes ranging from main courses to side dishes to salads, shakes and desserts, this booklet contains healthy eating tips provided by the National Cancer Institute (NCI) and The University of Arizona Cancer Center's "More Matters" project, as well as a guide to in-season fruits and vegetables provided by Arizona Grown.

To obtain your copy of "Recipes for Healthy Eating," send an e-mail with your name and mailing address to [azcc@azcc.arizona.edu](mailto:azcc@azcc.arizona.edu).



### Southwestern Pepper Cups

Makes 10 servings.

- 5 medium red, yellow or green peppers, halved and seeded
- 1/3 cup onion minced
- 1 clove garlic, minced
- 1 1/2 teaspoons olive oil
- 3 cups cooked brown rice
- 1 can (10 1/2 ounces) tomatoes with chilis, diced and undrained
- 1 can (8 1/2 ounces) whole kernel corn, drained
- 1/3 cup reduced-fat sharp cheddar cheese, shredded

Preheat oven to 350°F. Blanch peppers (boil 2 to 3 minutes, then plunge in ice water or place under cold running water); drain and set aside. In medium skillet, cook onion and garlic in oil over medium-high heat for 3 minutes. Combine rice, tomatoes, corn and onion mixture; mix well. Spoon into pepper halves. Place filled peppers on baking sheet coated with cooking spray. Bake at 350°F for 10 minutes or until hot. Sprinkle with cheese. Bake for 5 to 10 minutes or until cheese melts.

Nutritional Analysis Per Serving: Calories: 131, Fat: 3 g, Cholesterol: 4 mg, Fiber: 7 g, Sodium: 75 mg. Percent calories from fat: 16.



## What is low blood sugar?

When your blood sugar is less than 70, it is too low. Most people feel bad when it happens. Some people feel okay.

## How does it feel?



Shaky



Sweaty



Tired



Headache



Crabby



Lightheaded



Blurry Vision



Weak



Confused

Remind friends and family to call 911 if they find you passed out



## What can I do?

- Check your blood sugar

First drink:

- If it is less than 70, have a sweet drink
- If you don't feel better in 15 minutes, check your sugar again. If it is less than 80, have another sweet drink.
- If you don't feel better in 15 more minutes, check your sugar again. If it is still less than 80, call 911.

Then eat within the next hour:

- Have a meal, or
- If it will be more than 1 hour before your next meal, eat:

6 crackers or a piece of bread



AND

a slice of cheese— or some peanut butter or a slice of meat



## Sweet drinks for low blood sugar



Orange Juice  
½ Cup



Apple Juice  
½ Cup



1 Tablespoon  
Sugar in water



1 Tablespoon  
Corn syrup in water

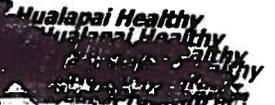
## What can make low blood sugar happen?

- not eating
- late or skipped meals
- extra work or exercise
- taking too much insulin by mistake
- drinking alcohol without eating



Hualapai Healthy Heart Program

769-1630



## School Bus Crashes Raise Concerns About Seat Belts and Safety

Mar 12, 2012 6:27pm | abcnews.com | By Lisa Stark

Two recent school bus accidents, one in Indiana and the other Washington State, have left one student and a bus driver dead, and scores of students injured, raising new concerns about school bus safety. In Indianapolis, a bus carrying 50 students, ages 5 to 16, to the Lighthouse Charter School ran into a concrete bridge abutment. The 60-year-old driver of the bus was killed, as was 5-year old student Donasty Smith. Two other students were critically injured.

“A school bus crashed into a bridge, and the school bus driver’s down,” a caller to 911 said. “OK, are there kids on the bus?” asked the 911 dispatcher. “Yes,” said the caller. “Just getting them off now.”

The bus was badly mangled, and although some children were able to scramble off the bus with the help of others, four passengers had to be freed by the fire department.

According to ABC News sources it appears preliminarily that the school bus driver either was distracted or had a heart attack while behind the wheel. He appears to have hit the overpass without braking, sources said.



Investigators will not be able to rule out a heart attack until an autopsy is performed.

In the other accident, in Quincy, Wash., the school bus rolled over, apparently after it veered off the road and the driver overcorrected. There were 38 students on board. One was critically injured and remains in the hospital. Three were seriously injured and have been treated and released. The bus driver also remains hospitalized. The accident, about 120 miles east of Seattle, occurred on a rural bus route. The bus picks up students of

all ages, from kindergarten to high school. Initial reports are that alcohol, drugs, and the weather, were not factors in the accident.

Neither of the buses was equipped with passenger seatbelts, which the National Highway Traffic Safety Administration does not require in larger school buses. NHTSA and school bus manufacturers say the buses are safe because of their size, and what's called "compartmentalization." Buses are designed to hold students in place with the help of narrow widths between seats and high seatbacks.

"We feel strongly that school buses continue to be the safest way to transport students," NHTSA spokesman Lynda Tran told ABC News. "They are even safer than their parents' cars." The government points to statistics that underscore the safety of school buses, which transport 23 million children a day. According to the NHTSA, about 800 school-aged children are killed in motor vehicle accidents during normal school travel hours each year. Only about 20 of those deaths are school-bus related — an average of five school bus passengers and 15 pedestrians, often students hit inadvertently by the school bus, according to the NHTSA statistics. But the American Academy of Pediatrics strongly disagrees that seat belts aren't necessary on school buses. It wants all new buses equipped with lap/shoulder belts to "ensure the safest possible ride", according to Dr. Phyllis Agran, a pediatrician.

Agran said that according to her research, approximately 17,000 children are treated in emergency rooms annually, having been injured in school buses, with 42 percent of those injuries involving crashes.

School buses are "a dinosaur with respect to occupant protection," she said. Compartmentalization was a safety concept from the 1960s, before there were mandatory requirements for lap/shoulder belts in motor vehicles, she said. Seat belts in school buses "should be a no-brainer by the year 2012," she said.

The government strengthened its compartmentalization rule in 2009 to require higher seatbacks in new buses, for even greater protection. As for whether larger buses are equipped with seat belts, that decision has been left up to the states and individual school districts.

## **John Wes Townley Placed on Probation After Allegedly Driving Drunk: A Fan's Reaction**

*By Kristin Watt, Yahoo! Contributor Network, Mar 23*

John Wes Townley has been placed on probation with the NASCAR organization through December 31, 2012. He had been arrested in February of this year after allegedly driving drunk. He drove his BMW off the road and hit a telephone pole. Police charged him with a DUI after allegedly observing the driver acting drunk and disoriented. He was immediately suspended from his team, RAB Racing, but the team indicated that he would likely be able to return at a later time. It still remains to be seen what will happen to the criminal charges that have been filed against him.

Townley is not the only driver to be arrested for allegedly driving under the influence of alcohol. A.J. Allmendinger and Michael Annett were both charged with driving under the influence of alcohol. Both men were put on probation by NASCAR. Allmendinger was arrested late in 2009. His team, Richard Petty Motorsports, placed him on probation for the rest of the year. Annett, a Nationwide Series driver, was arrested early in 2011 after allegedly having a blood alcohol content of .32. He was allowed to continue racing with Rusty Wallace Racing.

Prior to this arrest, Townley had been trying to make a comeback of sorts. Though the driver had been working his way through the NASCAR series and driven in the Nationwide Series in 2010, his stay was brief. He was then unable to secure a ride for the 2011 season. For 2012, he had finally found a ride in the Camping World Truck Series, only to have the arrest and subsequent suspension derail his plans.

This is inline with the penalties that have been received by other drivers. Both Annett and Allmendinger received probation for the rest of the year. Driving drunk, especially for professional drivers, is a serious offense. I would almost think that the penalty would be greater. I guess NASCAR is leaving much of the penalty phase up to the courts. Plus, most of the repercussions would likely come from the team that employs the driver. It is still disappointing that a professional race car driver, who is known to fans and something of a role model in certain instances, would drive drunk.

Join us for the  
**Relay For Life of  
Kingman**

When

**Saturday June 2, 2012**  
Event starts at 6:00 PM  
And ends at 6:00 AM  
on Sunday June 3th

Where

**Kingman High school**

CONTACT INFO

**Event Chair: Jodi Snow**  
928-681-2821  
Kingmanrelay2012@gmail.com

**Team Development:**  
**Cecilia Clouser**  
928-530-7716  
cececlouser@yahoo.com

**Ways To Get Involved**

- \*Start a Team
  - \*Join a Team
  - \*Sponsor a Team
  - \*Invite a Survivor
- [www.Kingmanrelayforlife.com](http://www.Kingmanrelayforlife.com)

Relay For Life of Kingman  
403 N Agassiz Suite 1  
Flagstaff, Arizona 86001



**WOMEN'S DOMESTIC  
VIOLENCE CLASSES**

**EVERY MONDAY**

**EVENINGS**

**6 PM- 8 PM**

**DOMESTIC VIOLENCE**

**BATTERERS**

**INTERVENTION**

**CLASS HELD AT  
HUMAN SERVICES**

**Wednesday**

**6:00 PM TO 8:00 PM**

**MEN/WOMEN**

Community Messages



# 50/50 RAFFLE

50/50 RAFFLE FUNDRAISER FOR ANDREA ZEPHIER. ANDREA WILL BE GRADUATING FROM HIGH SCHOOL IN MAY AND THIS FUNDRAISER IS TO HELP THE FAMILY ATTEND THE CEREMONY.



Half of the money for the raffle will go to the winner. This will help pay for food and gas for the families travel to and from Oklahoma.

Please call Michelle or Danielle at the Planning Department to purchase tickets, (928) 769-1310.

Thank you from the family for all you support. We are very proud of Andrea.

Please call to purchase tickets.

928-769-1310 or 928-607-6413

One ticket for \$1.00

Six tickets for \$5.00

### Thank You

I would like to extend a heartfelt thank you to Ms. Jolene Decker, Director of the Boys & Girls Club. She extended her home to both Ryan and I, the VISTA's for the Hualapai Tribe.

She is absolutely a attribute to her LDS faith as both, a Christian and friend to mankind.

Sincerely, Linda Banks  
VISTA member

♥ ♥ ♥ ♥ ♥  
Happy 25th Birthday to Billie Bravo  
March 17, 2012

We hope you had a great day!

### Love, Stetson & Family

♥ ♥ ♥ ♥ ♥  
Happy 25th Belated Birthday to Sister/Auntie Billie Bravo! Hope you got to celebrate a little bit with some cake and ice cream.

Love, Danielle & Lawrence

♥ ♥ ♥ ♥ ♥  
Happy XX Birthday to Michelle Zephier  
March 29

Whatever you decide to do! Make the most out of it. Relax, take a break. You deserve it. We thank you for your help and encouragements you give day to day.

From, Danielle & Lawrence

**THIS WAS HARDER THAN I THOUGHT, THE ANSWERS WERE ON THE TIP OF MY TONGUE.. I REMEMBERED BUT...**

**DON'T LOOK BELOW FOR THE ANSWERS UNTIL YOU HAVE TRIED IT OUT, A TEST FOR 'OLDER' KIDS.**

1. After the Lone Ranger saved the day and rode off into the sunset, the grateful citizens would ask, Who was that masked man? Invariably, someone would answer, I don't know, but he left this behind. What did he leave behind?  
\_\_\_\_\_
2. When the Beatles first came to the U.S. in early 1964, we all watched them on the \_\_\_\_\_ show.
3. Get your kicks, \_\_\_\_\_.
4. The story you are about to see it true. The names have been changed to \_\_\_\_\_.
5. In the jungle, the mighty jungle, \_\_\_\_\_.
6. After the Twist, The Mashed Potato and the Watusi, we 'danced' under a stick that was lowered as low as we could go in a dance called the \_\_\_\_\_.
7. Nestle's makes the very best... \_\_\_\_\_.
8. Satchmo was America's Ambassador of Goodwill. Our parents shared this great jazz trumpet player with us. His name was \_\_\_\_\_.
9. What takes a licking and keeps on tickling?  
\_\_\_\_\_.
10. Red Skeleton's hobo character was named \_\_\_\_\_ and Red always ended his television show by saying, "Good night, and \_\_\_\_\_."
11. Some Americans who protested the Vietnam War did so by burning their \_\_\_\_\_.

12. The cute little car with the engine in the back and the trunk in the front was called the VW. What other names did it go by? \_\_\_\_\_ & \_\_\_\_\_.
13. In 1971, singer Don MacLean sang a song about, 'the day the music died.' This was a tribute to \_\_\_\_\_.
14. We can remember the first satellite placed into orbit. The Russians did it. It was called \_\_\_\_\_.
15. One of the big fads of the late 50's and 60's was a large plastic ring that we twirled around our waist. It was called the \_\_\_\_\_.
16. Remember LS/FT \_\_\_\_\_ / \_\_\_\_\_ ?
17. Hey kids! What time is it? It's \_\_\_\_\_ !
18. Who knows what secrets lie in the hearts of men? The \_\_\_\_\_ Knows!

- ANSWERS:
1. The Lone Ranger left behind his silver bullet.
  2. The Ed Sullivan Show
  3. On Route 66
  4. I protect the innocent
  5. The lion sleeps tonight.
  6. The limbo
  7. Chocolate
  8. Louis Armstrong
  9. The Timex watch
  10. Freddy, The Freeloader and "Good Night and God Bless"
  11. Draft cards (bras were also burned. Not flags, as some have guessed)
  12. Beetle or Bug
  13. Buddy Holly
  14. Sputnik
  15. Hoola hoop
  16. Lucky Strike/Mean Fine Tobacco
  17. Howdy Doodly Time
  18. Shadow

**Hualapai Police Youth Summer Camp 2012**

The Hualapai Police Youth Summer Camp would first like to thank all of the **community members and departments** who participated in purchasing the Valentine Cakes. The Hualapai youth baked, decorated and sold the cakes to help raise additional funds for our upcoming summer camp scheduled for June 2012.

Second, I would like to thank the **Hualapai Animal Control Department** for their continued support with the youth summer camp. Without their help and support the Valentines cakes would not have been possible. They assisted in delivering the cakes on time and ensured that they were delivered on schedule. Thank you for your hard work and support.

Finally, I would like to thank the **Hualapai Juvenile Detention Center** and **Mr. Patrick Gonzales** for donating the supplies for the Valentine cakes. Thank you Pat for your hard work in baking the cakes and pop corn balls. We appreciate your loyalty and continued support to our camp.

I along with the Hualapai youth would like to give a special thanks to **Ms. Connie Hunter** for all of her continued support in helping with fund raising and all of her great ideas.

Thank you again from Officer Goins and the Hualapai Youth.

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