

Issue #04

Newsletter of the Hualapai Tribe

February 17, 2012

### Tribe sues brewers, stores over liquor problems

Outlets near dry reservation sold almost 5 million cans of beer in 2010

By GRANT SCHULTE / 2/9/2012

**LINCOLN, Nebraska** — An American Indian tribe sued some of the world's largest beer makers Thursday, claiming they knowingly contributed to devastating alcohol-related problems on South Dakota's Pine Ridge Indian Reservation. The Oglala Sioux Tribe of South Dakota said it is demanding \$500 million in damages for the cost of health care, social services and child rehabilitation caused by chronic alcoholism on the reservation, where alcohol is banned.

The lawsuit names Anheuser-Busch InBev Worldwide, SAB Miller, Molson Coors Brewing Company, MillerCoors LLC and Pabst Brewing Company as defendants. The lawsuit says one in four children born on the reservation suffer from fetal alcohol syndrome or fetal alcohol spectrum disorder. The average life expectancy is estimated between 45 and 52 years, the shortest in North America except for Haiti, according to the lawsuit. The average American life expectancy is 77.5 years.

The lawsuit filed in U.S. District Court of Nebraska also targets four off-site beer stores in Whiteclay, a Nebraska town that despite having only about a dozen residents sold nearly 5 million cans of beer in 2010. Most of its customers come from the reservation on the town's border. Leaders of the tribe blame the Whiteclay businesses for bootlegging on the reservation.

The lawsuit alleges that the beer makers supplied the stores with "volumes of beer far in excess of an amount that could be sold in compliance with the laws of the state of Nebraska" and the tribe. A spokeswoman for Anheuser-Busch InBev Worldwide said she was not yet aware of the lawsuit Thursday afternoon. Representatives for the four beer stores declined comment or were unavailable.

The reservation has struggled with alcoholism and poverty for generations, despite an alcohol ban in place since 1832. Pine Ridge legalized alcohol in 1970 but restored the ban two months later, and an attempt to allow it in 2004 died after a public outcry.

Pine Ridge encompasses some of the nation's poorest counties. U.S. census statistics place Shannon County, South Dakota, as the third-poorest, with a median household income of \$27,300 and nearly half of the population meeting federal poverty standards.

### REGULAR COUNCIL MEETING

Sat., March 3, 2012  
8:00 a.m.

Tribal Chambers

*Meeting will be held on schedule unless unforeseen circumstances cause it to be rescheduled*



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## From the Hualapai Tribal Court

### Re: JURY TRIALS

- If you are selected to sit on a jury panel this year 2012, the fee payment has increased to \$50.00
- If you fail to show for jury after you have been served with a jury summons the fee has increased to \$100.00, due within 30 days.

01/03/12



## **TRIBAL TURKEY HUNT** (Hualapai Tribal Members only)

**5 tags available**  
**COST: \$32.10**

**DRAW DATE:** Fri., April 13,  
2012 at 4:30 pm

**HUNT DATES:** Sat., April 28  
thru Thu., May 10, 2012

***Good Luck!***

*Put your name in the can in  
the Game & Fish Dept. (aka  
Wildlife Office). See ya!*

## **ANNUAL SHAREHOLDERS MEETING**

Monday, March 5, 2012  
3:00 p.m. - 7:00 p.m.  
Hualapai Tribal Gym

**Buck and Doe Road will be  
closed starting February 20,  
2012 until further notice – due  
to construction.**

## FREE LEGAL AID SERVICES

- to qualifying low income people, at Peach Springs
- for assistance with civil (not criminal) legal issues, including:
  - consumer legal issues—such as repos, creditor problems
  - government benefits—such as social security, welfare, food stamps
  - family law
  - Indian wills
  - landlord-tenant issues
- \*Please note: we will not be taking clients who have a legal issue where the other party (opposing party) is another Hualapai tribal member, or is the Hualapai Tribe\*

**When:** The first Thursday of each month, January  
through June of 2012

- Thursday, January 5<sup>th</sup>, 2012
- Thursday, February 2<sup>nd</sup>, 2012
- Thursday, March 1<sup>st</sup>, 2012
- Thursday, April 5<sup>th</sup>, 2012
- Thursday, May 3<sup>rd</sup>, 2012
- Thursday, June 7<sup>th</sup>, 2012



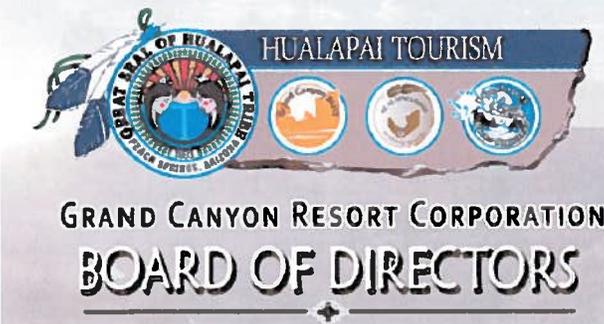
**What time:** From 9 am – 3 pm

**Where:** Hualapai Tribal Offices; sign-in at front desk

\*If you feel more comfortable meeting at a different location, or if you cannot meet on Thursdays, please call (928) 774-0653, extension 4808, for a phone intake or to make an appointment.\*

Please note: All potential clients will first complete an eligibility interview and conflict check to determine whether they qualify for our services. After the eligibility interview and conflict check, if they do qualify for our services, they can meet with the legal aid attorney to discuss their legal issue(s). Please allow enough time for waiting for the eligibility interview, and for the meeting with the attorney.

Questions? Call DNA People's Legal Services, Inc. in Flagstaff, at (928) 774-0653



Members  
 Derrick Penney  
 Victor Ingram  
 Camille Nighorse  
 Carrie Imus

February 7, 2012

Gamyu:

The longstanding tradition of excellence at Grand Canyon Resort Corporation continued in 2011. The GCRC Board hereby congratulates the entire GCRC team for their incredible accomplishments last year. The company enjoyed exponential growth in virtually every product segment despite the continued economic downturn in the rest of the country which experienced chronic unemployment, record home foreclosures, and business closures. This success was due primarily to the hard work and dedication of our valued team members. The Board of Directors and I are fully aware of the long and hard workdays spent away from your families out at Grand Canyon West. We truly understand and appreciate the early morning hours put in by our Hualapai River Runners and Pontoon operators. The dedication from the Hualapai Lodge team members who give impeccable customer service to an international clientele never goes unrecognized. Furthermore, we understand that without our support and maintenance personnel the lights wouldn't turn on. Our administrative and leadership team keeps all these moving parts working harmoniously to ensure a world-class destination for our customers.

2011 saw the most customers ever experiencing all that GCRC has to offer. Hualapai River Runners set a record for whitewater rafting customers on the Colorado River in our boats. This is an awesome accomplishment especially considering that this was the first year under exclusively GCRC management. Good job!

Three towers were installed with microwave equipment to improve communication between GCW and GCRC administration in 2011. We updated and expanded the phone system for the administration and accounting. Additionally, the GCRC IT department provided support for all tribal departments. The Lodge experienced a significant increase in overnight guests over 2010. More importantly the Hualapai Lodge attained a 3 Diamond rating from AAA, making it a key player in the worldwide destinations market. This was the culmination of 4 years of effort by our leadership team and staff. The Lodge should end the year with a solid increase in sales as well. Notably, all departments out performed sales over 2010. GCRC continued fulfilling its mission as a social economic enterprise for the Hualapai people, providing substantial funding for the Hualapai Nation in 2011.

Our vision for 2012 is to strengthen our commitment to the Hualapai Nation by increasing our revenue and providing more employment opportunities for the Hualapai people. This will happen through the continued development of the GCW Master Plan, new products and expansion of existing products. We will seek out new technology to simplify and automate our personnel and ticketing systems, strengthen and improve communications, and focus on safety planning and security at GCW. New and exciting staff and management training programs are forthcoming which will focus on excellent customer service. We will also seek to improve our internal service with supervisor and team member development training.

As we continue to exceed all expectations, we will not rest easily on our past accomplishments and continue to set high financial performance goals with parallel goals of exceptional customer service. I ask that you all participate in what promises to be another record year for GCRC and the Hualapai Nation.

Hank-u,

Derrick Stephen Penney  
 Chairman of the Board

GRAND CANYON RESORT CORPORATION  
 BOARD OF DIRECTORS



Mark your calendar for the 34th Annual

# 2012 AZ/UT Range Livestock Workshop and Tour

## April 10-12, 2012

**Registration:** 7:30 - 8:15 a.m.

**Workshop:** 8:15 a.m. - 4:00 p.m.

**April 10** - Washington County Fairgrounds, Hurricane, Utah

**April 11** - Frontier Movie Town, 297 West Center, Kanab, Utah

**April 12** - Tour: Grand Staircase (TBA)

**No cost! Door prizes! Lunch provided from sponsors.**

**Workshop topics include:**

- Beef cattle marketing
- Pinion/Juniper ecology genetics
- Cow disposition's effect on production
- Desired condition of rangeland
- Animal health update
- Mexican wolf reintroduction
- Keeping livestock producers on the land
- Industry sponsor updates

For more information contact your local Extension office or one of the following:

**Rob Grumbles**, 928-753-3788  
grumbles@ag.arizona.edu

**Kevin Heaton**, 435-676-1117  
kevin.heaton@usu.edu

**Paul Hill**, 435-634-2691  
paul.hill@usu.edu

**Chad Reid**, 435-586-8132  
chad.reid@usu.edu

**Kyle Spencer**, 928-643-7062  
kyle.spencer@az.usda.gov

Tour will be on the Grand Staircase Escalante National Monument.

Don't miss out on the door prizes!

Savage Rifle/scope, dutch ovens, feed supplements, knives and more! (Must be 18 years of age to be eligible to enter gun drawing.)

**Organized by:**

Utah State University and University of Arizona Cooperative Extension, Bureau of Land Management, Natural Resources Conservation Service, USDA Forest Service, Kane County, Fredonia and Hurricane/Littlefield Conservation Districts, local ranchers and sponsors.

[extension.usu.edu](http://extension.usu.edu)



**Utah State University**  
COOPERATIVE EXTENSION

Utah State University is an affirmative action/equal opportunity institution.

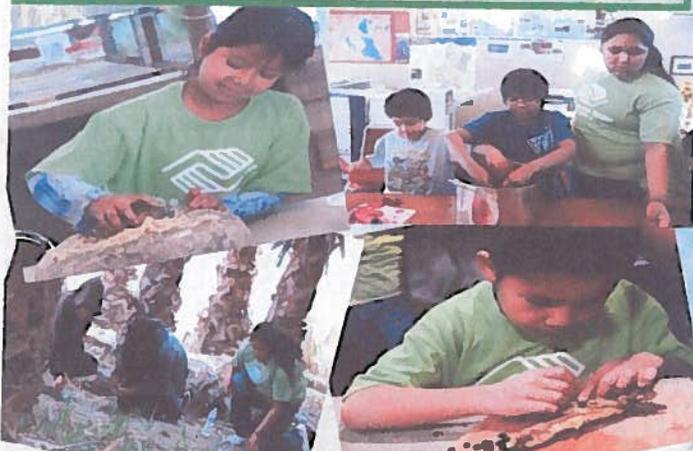
# CAL CLASS-ETHNOBOTANY

The Hualapai Cultural Center taught a CAL class for students to learn about plants and traditional foods. This presentation was videotaped to archive our present Elders and youth working together on the plant usages and preparations.

Foods were: prickly pear, pinons, banana yucca, and agave. There were 3 different demonstration groups to participate in. Carrie Cannon demonstrated the prickly pear: teaching students how to prep for jelly. Marcie Craynon demonstrated with the banana yucca and agave, she taught the students how to make banana yucca bread and an agave butter dip. Jorgine Paya who is an Elder of the Hualapai tribe also helped demonstrate with the pinon nuts. She talked about how very important the pinon (ko) is used in many ways for our Hualapai people.



ENGLISH:	HUALAPAI:
Prickly Pear	Alav
Prickly Pear Fruit	H'de
Remove seeds	Pek
Seeds	Iyatch
Snakeweed	Gohwayo
Red	Hwat
Pinon	Ko
Meat of Pine Nut	Dimsay
Cone	Ko 'qot
Large Grinding Stone	Pi'
Small Grinding Stone	Vacha'
To grind	Da:k
Fire	O'
Hot Coal	O'law
Coal Tortilla	Myal Sil
Tortilla grill	Kwa gad gad
To mix or knead	Mu:dk
Water	Ha'
Yucca	Manad
Agave	Viyal



On January 27th, the CAL class took a field trip to Cholla Ranch in Wikieup, Arizona. The Hualapai Elders that accompanied the class were Delores Honga, Malinda Powskey, and Gloria Susanyatame. Each Elder told stories about Cholla Ranch and its importance to our tribe.

Activities at Cholla Ranch were picking seeds from the tall palm trees that are used inside the traditional gourd. The CAL students also harvested arrow weed for the upcoming cradle board making class.

The trip was a memorable one and so spiritual that you could sense the presents of our ancestors there. Great feelings all around! A very special thanks to all who participated and gave their time to come out and enjoy the classes of teaching and learning.



# *Peach Springs* Recycling Drop Off Location & Time

Recyclables must be separated, securely bagged and tied.

Recyclables will be collected, stored & disposed off site.

## Drop Off Time & location

**Sundays from  
8:00AM to 1:00PM**

**Do not drop off at  
any other time.**



255 Honoga Hill Dr.

Peach Springs, AZ

CFCC, Inc. POB 207 Peach Springs, AZ 86434  
928-303-5946 ConsumingFirePS@yahoo.com

### What CFCC Will Take

#### Glass—Double or Tripled Bagged

Clear only. No Broken Glass. No light bulbs or ceramics.

#### Tin/Steel Food Cans

A magnet will stick to the can. Please rinse all food from cans. Label removal is not necessary, but appreciated.

#### Books

phone books, catalogs, junk mail, and magazines—NO hard bound books

#### Newspaper

#### Cardboard

Corrugated cardboard. This excludes most packaging such as cereal boxes, milk cartons, egg cartons, etc.

#### Office Paper

White paper only. Do not mix with carbon or colored paper.

#### Plastic

Clear/Translucent bottles and milk jugs. The bottom of the container will have the number 1 or 2 inside the recycling triangle.

Crush water bottled. Please remove caps.

#### Aluminum Cans



**1<sup>st</sup> Annual Hualapai Valentine's Pow-Wow  
Contest All Categories  
February 24<sup>th</sup> & 25<sup>th</sup>, 2012**

**Head Staff Picked Daily**

**Head Northern Drum: War Horse**

**Head Southern Drum: Southern Guns**

***Friday:***

Bird Session: 5pm – 7pm  
Grand Entry: 7pm  
Color Guards Hualapai Veterans

***Saturday:***

Gourd Dance: 10am – 12pm  
Grand Entry: 12pm  
Dinner Break: 4pm – 6pm  
Bird Contest: 4pm – 6pm  
Gourd Dance: 6pm  
Grand Entry: 7pm

**Saturday Night**

**"Fancy Feather Special" \$1,000.00 Cash Prize  
In Honor of the Late Olsen Duwyenie Sr.**

**Teens & Adults ONLY**

**\*\*Winner Take All\*\***

**Men's Grass Special**

**Traditional Bird Singing & Dancing Tap Out Contest**

**Traditional Wear is Required for Everyone**

**Bird Singing Contest (Min. 4 Singers)**

Admission \$5 per person daily

Or

\$8 for 2 days

Hualapai Lodge Pow-Wow Rate / Ph # 928-769-2230

Arts & Crafts Vendors ONLY: \$100 for 2 days

**Contact Info:**

Damien Bear: 928-715-1602      Clayburne Nodman: 602-387-0404  
Jorgiene Paya for Bird Info: Cell # 928-606-0837 / Hm # 928-769-1521

**ALCOHOL AND DRUG FREE EVENT!!**

# "MEGA THROW VIII"

TRADITIONAL BIRD SINGING & DANCING

Ahakhav Tribal Park Preserve \* Colorado River

Indian Reservation; Parker, AZ (valley)

Mohave Road onto Rodeo Drive

11:00 am - ?



# March 24, 2012

INVITED BIRD SINGERS

FROM AZ & SO. CAL

Special Tributes

Dance & Singing Contests

Horse Shoe Tourney

Pot-luck donations of stew, beans and tortillas appreciated.

Bring your chairs and oversight of your children absolute! This is a non alcohol/drug event, please respect.

Arts & Crafts vendors-\$50.00 donation on-site for raffle purposes. Food Vending, \$50, space limited, no generators please. Organization has soda & water monopoly.

Information: Valerie Welsh-Tahbo, (928) 669-1219 or message [valeriewt@hotmail.com](mailto:valeriewt@hotmail.com) FACEBOOK [critonline.com](http://critonline.com)

Stephanie 928-216-0231 Right: Nokomis Stone





## HUALAPAI HEALTH-EDUCATION AND WELLNESS

January 17, 2012

TO: Hualapai Tribal Council

Hualapai Tribal Departments

Tribal Community

FR: Sandra Irwin, Director

RE: H.E.W Phone System

This memo serves as notice to tribal departments and community members that our department has integrated to a web-based automated phone system. Our system is programmed to operate from 8:00 am to 5:00 p.m. Monday through Friday. Any calls prior to 8:00 or after 5:00 pm will be directed to the voicemail system.

We have ONE operable number, which is 928-769-2207. All other OLD numbers you may have on record are disconnected. The Medical Transportation Program has acquired its own number, 928-769-4188.

When you call 769-2207 an auto attendant will ask if you would like to speak to the receptionist or dial by extension. You may press zero to speak with a receptionist or you may dial the direct line of the person you wish to speak with.

Attached is a list of staff and their extensions for the H.E.W Department.

**COPY FOR YOUR  
INFORMATION**

*All Dept  
1-18-12 (TZ)*

First	Last	Position	Extension
Alyce	Crook	MCH Advocate	210
Angela	Longman	Receptionist	200
Antone	Brummund	Program Manager	238
Carol	Wostal	Community Health Nurse	216
Charlene	Imus	Data Intake Coordinator	215
Danna	North	In-Home	231
Darlene	Bender	Secretary	214
Darnell	Wilder	Driver	235
David	Brehmeyer	Speical Projects Program Manager	232
Dawn	Kufeld	Community Youth Family Counselor	227
Denise	Sine	CHR	207
Doris	Butler	Lead Transportation Driver	225
Jennifer	Pope	MCH Nurse	206
Karen	Hays	Program Manager	271
Lanadine	Smith	Administrative Assistant	270
Leon	Ghahate	Injury Prevention Coordinator	209
Linda	Havatone	Substance Abuse Counselor	236
Louise	Wood	Driver	224
Lyle	Havatone	Driver	224
Lyndee	Hornell	Strat. Prev. Project Assistant	205
Mary	Imus	Community Nutrition Worker (WIC)	202
Michael	Kufeld	Substance Abuse Counselor	230
Monique	Mahone	CHR Trainee	211
Nicollette	Teufel-Shone	Health Program Manager	274
Paula	Denicola	In-Home	229
Pearl	Sullivan	Youth Services Assistant	239
Peggy	Crozier	Receptionist/Secretary	213
Pete	Imus	Tobacco Program Coordinator	201
Roger	Cangialosi	Substance Abuse Counselor	233
Sandra	Irwin	Director	226
Sherry	Counts	Strat. Prev. Project Coordinator	203
Staci	DeLaney	Youth Family Counselor	237
Teresa	Hutchens	Program Project Coordinator	251
Tim	Vaughn	Radio Station Assistant	251
Tonia	Brooks	In-Home	222
Viola	Gala	Driver	224



# BIRTHDAY SHOUT OUT

TO:

FROM:

DATE:

SPECIAL MESSAGE:

For \$3 you get to have your special message on the air...

ALL proceeds go towards purchasing new music ...

*\*WE ARE NOW BEING HEARD IN OTHER COUNTRIES*

PLEASE RETURN BY 4P.M. ON THURSDAY'S AT  
EPCH RADIO STATION, LOCATED NEXT TO  
THE HEALTHY HEART BUILDING.

SHOUT OUT'S WILL BE LIVE ON FRIDAY'S  
FROM 2-3P.M.

YOU CAN HEAR US AT [www.kidstar.org](http://www.kidstar.org)

# E-PCH

CHECK IT OUT!!!!

EPCH youth live on the air:

Listen at :

[www.kidstar.org](http://www.kidstar.org)

Select network stations

Select **EPCH**



Check out our FACEBOOK page

**EPCH**

Become a fan !

See photos of the youth broadcasters in action and receive updates about scheduling, programs, special events and guests.

## PEACH SPRINGS YOUTH RADIO

- Be sure to tune in for these local, regular programs:
    - **Native Noon hour** (Native artists: music and story-telling; traditional and contemporary; local and national; which begins with NVIs Native National News- Daily at 11:55am
    - **"Cultural Conversations"** (interviews with Tribal staff and community members re cultural events and topics) - Mon 4:00pm
    - **"Behind the Peach"** (interviews with Tribal staff and community members re department information and general local events and topics) - Tues 4:00pm
    - **"FACEOFF"** (sports talk show with the DeFords) - Wed 2:00pm
    - **"HouseCalls"** (interviews with Tribal HEW, IHS staff or other health professionals about health issues and services in the community) - Thurs 4:00pm
  - Listen to Hualapai youth live Mon -Thurs 4:00 to 7:00pm/ Fri 10:00 to 3:00pm
  - Check out our rebroadcasting of Native Voice One's National Native programs:
    - **"Earthsongs"** - (music and interviews with indigenous artists) - Tues and Thurs at 9:00am
    - **"Undercurrents"** - (folk and eclectic music by Native artists) - Mon, and Wed at 9:00am
    - **"Groove Central"** - (hip hop, dance and rap music by Native artists)- Fri at 9:00 am
  - **Reggae Rhythms** -Tues and Thurs at 3:00pm
    - **Country Classics** - Mon and Wed at 3:00pm
    - **Working for the Week Ends -Classic Rock**-Fri 3:00 to 5:00pm
- General Variety of Music and Public Service Announcements 24-7

For more info. call Terri Hutchens or Tim Vaughn at 769-1110.



**Grand Canyon Skywalk at Grand Canyon West voted the "Best New Bridge" by Travel + Leisure Magazine**  
FOR IMMEDIATE RELEASE

**GRAND CANYON WEST (February 1, 2012)** One of the most recognizable and popular travel magazines, *Travel + Leisure*, has crowned the Grand Canyon Skywalk as the "best new bridge." Located at Grand Canyon West's Eagle Point, the Skywalk is the only place where visitors can step out onto a glass walkway nearly 4000 feet above the floor of the Grand Canyon. The Skywalk won by a large margin in the United States and beat out all other daring bridges around the world.

**Top New Bridges**

- |  |   |
|--|---|
| <ol style="list-style-type: none"> <li>1. <b>Grand Canyon Skywalk, Arizona</b></li> <li>2. Henderson Waves Pedestrian Bridge, Singapore</li> </ol> | <ol style="list-style-type: none"> <li>3. Millau Viaduct, Millau, France</li> <li>4. Ponte della Costituzione, Venice, Italy</li> <li>5. Langkawi Sky Bridge, Langkawi, Malaysia</li> </ol> |
|--|---|

*Travel + Leisure* conducted an online survey in 2011 to discover their readers' top new landmarks of the world. The magazine defines "New landmarks" as any landmarks that opened after 1996. The Skywalk opened in March of 2007. Some 60 landmarks were rated in different categories such as skyscrapers, parks, museums and, of course, bridges. The article can be seen at <http://www.travelandleisure.com/articles/top-new-landmarks-2012>

 **Allison Raskansky**  
 8600 West Charleston Blvd, #1042  
 Las Vegas, Nevada 89117  
 702-889-9378

# EDUCATION & TRAINING

*February Menu - 2012*

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>
		1 Sausage gravy over Biscuit, juice & milk	2 Cinnamon French toast w/lite syrup, sausage patty, juice & milk
6 Cream of wheat, Toast, sausage patty, Juice & milk	7 Chewy Granola bar Yogurt, bacon, milk & juice	8 Breakfast burrito, Salsa, juice & milk	9 Scrambled eggs, hash browns, patty, toast, milk and juice
13 Cereal, boiled eggs, toast, juice & milk	14 <i>Manager's Choice!!</i> Juice & milk <i>Happy Valentine's Day</i>	15 Biscuit sausage with Cheese, juice & milk	16 Eggs McMereditth Fresh fruit and milk
20 <b>NO SCHOOL - PRESIDENT'S DAY</b>	21 Bagel, cream cheese, Cereal, ham patty, juice and milk	22 Muffin, cereal, boiled egg, juice & milk	23 Oatmeal, toast, bacon juice & milk
27 Breakfast pizza Juice and milk	28 Cold cereal, banana, toast, juice & milk	29 Scrambled eggs, sausage patty, Pancake w/ syrup, juice & milk	

*Lunch*

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>
		1 Hamburgers Lettuce, tomato Tater tots Fruit & milk	2 Hualapai Wrap (shredded chicken ) Lettuce, tomato, cheese, Refried beans, fruit & milk
6 Pepperoni pizza Salad Fruit & milk	7 Hot dogs Potatoe wedges Carrot sticks Fruit & milk	8 Chicken patty sandwich, tomato slices, lettuce, tater tots, fruit & milk	9 Beef stew Corn muffin Mixed veggies Fruit & milk
13 Meat loaf Corn Garlic toast Baked potatoes, fruit & milk	14 Beef Strips Mashed potatoes Mixed veggies Wheat rolls, fruit & milk	15 <i>Manager's Choice</i> Fruit & milk	16 Spaghetti Green beans Garlic bread Fruit & milk
20 <b>NO SCHOOL - PRESIDENT'S DAY</b>	21 Baked chicken Sweet potato's Wheat roll Fruit & milk	22 Goulash Green beans Wheat rolls Fruit & milk	23 Tamale pie!! Peas, spanish rice Fruit & milk
27 Beef Taco's Lettuce, tomato, cheese, Brown rice Fruit & milk	28 Goulash Tossed salad Corn muffin Fruit & milk	29 Cheesy nacho's With meat Vegetable melody Fruit & milk	



# BOOK FAIR Luau

It's a Reading Celebration!

Dear Parents and Families:

Reading is the most important skill you can teach a child. Of all the skills children learn, it is the one you can influence the most.

We invite you to visit our Scholastic Book Fair and experience a celebration of reading that provides families the opportunity to get involved in a universal mission: *encouraging kids to read every day so they can lead better lives.*

Our Scholastic Book Fair theme – **Book Fair Luau! It's a Reading Celebration!** – is part of an exciting reading event that brings to school a wonderful selection of fun, engaging, and affordable books kids want to read. Giving kids access to good books and the opportunity to choose their own books will motivate them to read more. And like most acquired skills, the more kids practice reading, the better they'll get.

Reading is vital to every child's success, and raising kids as readers means getting involved while they're young. Now is the time. Since there will never be a substitute for a parent's direct involvement in his/her child's education, please make plans to visit our Book Fair. Hope to see you there!

Book Fair Dates: March 5 – 9, 2012

Shopping Hours: 8am – 4:30pm

Sincerely,

Scott Dunsmore  
Superintendent



 SCHOLASTIC

Read Every Day. Lead a Better Life.



February 10, 2011

## PEACH SPRINGS SCHOOL

P.O. Box 360

Peach Springs, AZ 86434

928 769 2613

Mr. S. Dunsmore, Superintendent

### **Peach Springs School Announces AZ FIND Efforts**

**The purpose of AZ FIND is to identify, locate, and evaluate infants, children and young adults through age 21 who may have a disability.**

**Peach Springs School offers comprehensive special education services to eligible students. Children with disabilities will be referred to appropriate agencies for services. All referrals are considered confidential, and services are provided at no cost to the family.**

**If you know a child who may have a problem with learning, speech, vision, hearing, behavior, or who has physical or health impairments, please urge his or her parents/guardians to contact the special education department of their local public school district or charter school. If you or the parents/guardians do not know how to contact the special education department directly, you can obtain the phone number from any school in the district or charter school.**

**A free appropriate public education with a full continuum of services is available to eligible children. AZ FIND can open the window of hope for a brighter future.**

If you or your family would like to order a Spirit and Pride Shirt or Sweatshirt, please ask your student for their order form or come see Mrs. Morrison. These shirts are a great way to show spirit and pride within Peach Springs School. Please note, that these shirts may not be worn in place of the established school uniform shirt. We will have upcoming spirit days, which will be advertised, that students may wear these to. The sweatshirts would be a great choice as it is still chilly outside and can be worn to school over a school uniform shirt. Orders will be collected and sent out every Thursday for the month of February.

**Peach Springs School**  
School ID # 74179



**School Apparel Items**

**\$13.95**  
Classic T-Shirt  
Item # 1400

YS - AXL **13.95**  
XXL + 2.00  
XXXL + 3.00  
100% pre-shrunk cotton

**\$11.95**  
White T-Shirt  
Item # 8400

YS - AXL **11.95**  
XXL + 2.00  
XXXL + 3.00  
100% pre-shrunk cotton

**\$15.95**  
Pink T-Shirt  
Item # 1443

YS - AXL **15.95**  
XXL + 2.00  
XXXL + 3.00  
100% pre-shrunk cotton

**\$29.95**  
Classic Hooded Sweatshirt  
Item # 1402

YM - AXL **29.95**  
XXL + 2.00  
50% cotton / 50% polyester  
mid weight fleece

**LIMITED OFFER  
PLACE YOUR ORDER  
NOW!**

**\$13.95**  
Drawstring Backpack  
Item # 1412

**\$29.95**  
Pink Hooded Sweatshirt  
Item # 1344

YM - AXL **29.95**  
XXL + 2.00  
50% cotton / 50% polyester  
mid weight fleece

**SUPER VALUE PACKAGES**

**\$38.90**  
Package Item # 1301

Classic T-Shirt & Classic Hooded Sweatshirt  
YM - AXL **38.90**  
XXL + 4.00  
**SAVE \$5.00**

**\$40.90**  
Package Item # 1434

Pink T-Shirt & Pink Hooded Sweatshirt  
YM - AXL **40.90**  
XXL + 4.00  
**SAVE \$5.00**

**\$25.90**  
Package Item # 1310

Classic T-Shirt & Backpack  
YS - AXL **25.90**  
XXL + 2.00  
XXXL + 3.00  
**SAVE \$2.00**

Both items in packages must be ordered in the same size.

**100% GUARANTEE**

Our customer service department will make sure you are completely satisfied.

**ORDER NOW!**  
(800) 854-4452  
or  
spiritandpride.com  
School ID # 74179

Student First Name \_\_\_\_\_ Student Last Name \_\_\_\_\_  
Teacher First Name \_\_\_\_\_ Teacher Last Name \_\_\_\_\_ Grade \_\_\_\_\_  
Parent First Name \_\_\_\_\_ Parent Last Name \_\_\_\_\_  
Street # \_\_\_\_\_ Street Name \_\_\_\_\_ Apt. # \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone Number \_\_\_\_\_ Parent Email Address \_\_\_\_\_

▼ Detach Order Here ▼

**3 WAYS TO ORDER!**

1. Phone - (800) 854-4452
2. Online - [spiritandpride.com](http://spiritandpride.com)
3. School - Use the enclosed envelope and return to school by Friday.

- Complete this order form using all CAPITAL LETTERS in BLUE or BLACK INK.
- Include payment or Credit Card information.
- Make Check or Money Order payable to: Spirit and Pride.

School ID # 74179

Item Name	Item Number	Quantity	Indicate Size With "X"	If In Doubt Choose One Size Larger	Item Price
#1 _____					
#2 _____					
#3 _____					
#4 _____					

**Credit Card Users**

Card Holder First Name \_\_\_\_\_ Card Holder Last Name \_\_\_\_\_  
Credit Card Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

Youth Sizing Chart YS (6-8) YM (10-12) YL (14-16)

**TOTAL \$** \_\_\_\_\_  
Handling Charge + 1.95

**GRAND TOTAL \$** \_\_\_\_\_



### GED Registration and Test Dates Kingman Schedule / January – May 2012

MCC Kingman Campus, 1971 Jagerson Ave., Kingman, AZ 86409

	Event	Date	Time	Room	Comments
January 2012	*GED Registration	Jan. 3	6:00pm	Student Center 200K	* Testing spaces are limited. Reserve your space in the Precollege Studies Office Room 208 or call 928-692-3040.
	GED Testing	Jan. 6	6:00pm – 10:00pm	Student Center 200F	
	GED Testing	Jan. 7	8:30am – 12:30pm	Student Center 200F	
	*GED Registration	Jan. 24	6:00pm	Student Center 200K	
	GED Testing	Jan. 27	6:00pm – 10:00pm	Student Center 200F	
	GED Testing	Jan. 28	8:30am – 12:30pm	Student Center 200F	
February 2012	*GED Registration	Feb. 7	6:00pm	Student Center 200K	* Testing spaces are limited. Reserve your space in the Precollege Studies Office Room 208 or call 928-692-3040.
	GED Testing	Feb. 10	6:00pm – 10:00pm	Student Center 200F	
	GED Testing	Feb. 11	8:30am – 12:30pm	Student Center 200F	
	*GED Registration	Feb. 21	6:00pm	Student Center 200K	
	GED Testing	Feb. 24	6:00pm – 10:00pm	Student Center 200F	
	GED Testing	Feb. 25	8:30am – 12:30pm	Student Center 200F	
March 2012	*GED Registration	Mar. 6	6:00pm	Student Center 200K	* Testing spaces are limited. Reserve your space in the Precollege Studies Office Room 208 or call 928-692-3040.
	GED Testing	Mar. 9	6:00pm – 10:00pm	Student Center 200F	
	GED Testing	Mar. 10	8:30am – 12:30pm	Student Center 200F	
	*GED Registration	Mar. 20	6:00pm	Student Center 200K	
	GED Testing	Mar. 23	6:00pm – 10:00pm	Student Center 200F	
	GED Testing	Mar. 24	8:30am – 12:30pm	Student Center 200F	
April 2012	*GED Registration	Apr. 3	6:00pm	Student Center 200K	* Testing spaces are limited. Reserve your space in the Precollege Studies Office Room 208 or call 928-692-3040.
	GED Testing	Apr. 6	6:00pm – 10:00pm	Student Center 200F	
	GED Testing	Apr. 7	8:30am – 12:30pm	Student Center 200F	
	*GED Registration	Apr. 17	6:00pm	Student Center 200K	
	GED Testing	Apr. 20	6:00pm – 10:00pm	Student Center 200F	
	GED Testing	Apr. 21	8:30am – 12:30pm	Student Center 200F	
May 2012	*GED Registration	May 1	6:00pm	Student Center 200K	* Testing spaces are limited. Reserve your space in the Precollege Studies Office Room 208 or call 928-692-3040.
	GED Testing	May 4	6:00pm – 10:00pm	Student Center 200F	
	GED Testing	May 5	8:30am – 12:30pm	Student Center 200F	
	*GED Registration	May 24	6:00pm	Student Center 200K	
	GED Testing	May 30	6:00pm – 10:00pm	Student Center 200F	
	GED Testing	May 31	8:30am – 12:30pm	Student Center 200F	

Assistance available for Hualapai tribal members only, submit a written request to the Education office.

- **Test Registration:** You must attend a registration session before taking the GED exam. To attend one of the registration dates, please call the Kingman Precollege Studies Office at 928-692-3040. Testing spaces are limited for each test session, so your name must be on the list to attend the registration.
- **Cost:** \$80.00 cash or money order (made out to Eric Corder), which is payable at time of registration. \$15.00 re-test fee for each section repeated. Thirty day wait requirement before re-testing.
- **Identification:** Two forms of ID are required for both registration and test-taking. One must be a state issued photo ID (Driver's License) and the second ID must be an original and official document (S.S Card, Birth Certificate, Credit Card w/ Photo, Bank Card w/ Photo).
- **Age:** You must be a minimum of 16 years of age to register for the GED exam. If you are 16 or 17 years of age, the Arizona Department of Education requires that you bring the following to registration:
  - A notarized statement from your parent or legal guardian giving you permission to take the GED exam and
  - A statement from the last school you attended certifying that you have officially withdrawn from school.
    - If the student is home-schooled, they must provide a letter from the County Superintendent's Office (700 West Beale Street; 928-753-0747).
- **Timing:** The GED exam will take up to eight hours. The eight hours are broken up into two days. Short breaks will be given during exam session.
- **Personal Items:** Please leave all personal items at home the day of testing. All cell phones and pagers must be turned off and checked in upon entering the testing room. Any personal items brought from home will also be checked in upon arrival for testing. All testing supplies are provided by the GED Examiner (Ex: calculator, scratch paper, pen, eraser, etc.).
- **Content:** Five subject areas: Math, Science, Social Studies, Reading, and Writing.
- **Test Results:** Unofficial test results will be mailed within two weeks of the test date.
- **Early Start Scholarship:** After you earn your GED diploma you are eligible for an Early Start Scholarship for seven credit hours of free tuition at MCC.
- **GED Test Accommodations:** Accommodations are made for candidates who have diagnosed physical, mental, sensory, or learning disabilities and can provide appropriate documentation from a qualified professional of their impairment and its effect on their ability to take the GED Tests under standard conditions. To make arrangements contact Disability Services at 928-757-0848 for necessary guidelines and paperwork in advance of the testing date. Allow up to 3 months for processing accommodation paperwork.
- **Additional Information:**
  - Regarding GED Registration and Testing call Eric Corder at 928-681-5668 or email [ecorder@mohave.edu](mailto:ecorder@mohave.edu)
  - Regarding GED test preparation call 928-692-3040 or email [MCCGED@mohave.edu](mailto:MCCGED@mohave.edu)

### ***Truxton Cañon Agency Branch of Forestry***

If you are a high school student I encourage you to stop by the Branch of Forestry to take a tour of the facility, ask questions about the programs, and how to find yourself a position at Truxton Cañon Agency Branch of Forestry. We can give you the field experience and help you move toward a degree in natural resources but specifically Forestry.

If you are an undergraduate or graduate there is a scholarship opportunity below the Southwest Indian Agricultural Association and an announcement from Northern Arizona University School of Forestry. Don't miss out on any type of educational opportunities you will only develop your understanding and be an asset to our Hualapai tribe.

On a personal note, our goal is to give you all our tools, experience, and knowledge to watch you exceed our understanding in Forestry. We want to watch you develop as an individual, bring strength to our program foundations, continue programs through educational outreach, and bring depth to our programs. There are three things we look for within individuals 1) ATTITUDE, seeking the best in the worst 2) DEDICATION, wanting to be here 3) MENTAL/PHYSICAL FITNESS, run to the battle. Don't find yourself idling create opportunities.

- Truxton Cañon Agency Training Schedule (Open: Feb. 2, 2012 Close: Apr. 5, 2012)
- Graduate Fellowships School of Forestry, NAU (Due Date: Feb. 15, 2012)
- National Center for Cooperative Education in Natural Resources

Any Questions feel free to call,  
TCA Staff  
W: 928.769.2312

### **Truxton Cañon Agency Training Schedule 2012**

The 2012 Wildland Fire Season is on its way and we are looking for highly motivated individuals willing to work strenuous shifts, maintain a positive attitude, and to be a team player. Keep in mind fire is unpredictable so shifts include weeks away from home and working holidays.

#### **What is Wildland Fire?**

A wildland fire is an unwanted ignition which consumes available fuels (grass, trees, shrubs) by crawling, creeping, jumping, and running before smoldering to rest. Unwanted fires are the results of Yellow Stone Fires (1988), Rodeo-Chediski Fire (2002), and most recently Wallow Fire (2010).

#### **What causes a Wildland Fire?**

There are two types of ignitions 1) "anthropogenic" the results of human activity such as playing with matches, dropping cigarettes, embers from chimneys, unattended camp fires, and sparks from machines 2) natural ignitions are from volcanic activity and lightening.

#### **How do I apply?**

Contact staff at Branch of Forestry or stop by the office for application, physical form, and nomination. The process for employment is to complete; 1) Drug test 2) Physical Exam (Optional Form 178) 3) Southwest Firefighter Application 4) Health Screen Questionnaire 5) Work Capacity Test (WCT): Informed

The position which you are applying for will determine the WCT as Pack test, Field test, or Walk test.

#### **What will I Do?**

You will be a crew member on a 20 man hand crew made up of a Crew Boss, Squad Bosses, and Sawyers. On the other hand, you may be working on a wildland fire engine. Depending on experience and qualifications your position may vary.

#### **Required**

- If you are on prescription medication a doctor's note must be shown before Drug Test or for a bodily injury's
- For pack test dress in gym clothes with walking shoes
- Wildland Fire boots are required with Vibram sole

## Truxton Cañon Agency Training Schedule 2012

Course Number :	Course Title:	Nomination Due:	Course Date:	Location:	Time:	Coordinator Phone/ Fax/Email:
WCT	Work Capacity Test	N/A	Feb. 9	Branch of Forestry	0830 OR 1300	Melvin Hunter Jr. Phone(928) 769-3305 <a href="mailto:Melvin.Hunter2@bia.gov">Melvin.Hunter2@bia.gov</a>
WCT	Work Capacity Test	N/A	Feb. 16	Branch of Forestry	0830 OR 1300	Maynard Mahone Phone: (928) 769-3310 <a href="mailto:Maynard.Mahone@bia.gov">Maynard.Mahone@bia.gov</a>
WCT	Work Capacity Test	Feb. 8	Feb. 15	Camp Verde, AZ Location will be scheduled and need a minimum of 5 participants	0830 OR 1300	Maynard Mahone Phone: (928) 769-2279 <a href="mailto:Maynard.Mahone@bia.gov">Maynard.Mahone@bia.gov</a> Please Call
RT-130	Annual Fireline Refresher	Feb. 9	Feb. 16	Camp Verde, AZ Location will be scheduled and need a minimum of 5 participants	0830-1630	Maynard Mahone Phone: (928) 769-2279 <a href="mailto:Maynard.Mahone@bia.gov">Maynard.Mahone@bia.gov</a> Please Call
RT-130	Annual Fireline Refresher	Feb. 16	Feb. 23	Branch of Forestry	0830-1630	Melvin Hunter Jr. Phone(928) 769-3305 <a href="mailto:Melvin.Hunter2@bia.gov">Melvin.Hunter2@bia.gov</a>
RT-130	Annual Fireline Refresher	Feb.23	Mar.1	Branch of Forestry	0830-1630	Maynard Mahone Phone: (928) 769-3310 <a href="mailto:Maynard.Mahone@bia.gov">Maynard.Mahone@bia.gov</a>
Course Number :	Course Title:	Nomination Due:	Course Date:	Location:	Time:	Coordinator Phone/ Fax/Email:
RT-130	Annual Fireline Refresher	Mar. 1	Mar. 8	Branch of Forestry	0830-1630	Melvin Hunter Jr. Phone(928) 769-3305 <a href="mailto:Melvin.Hunter2@bia.gov">Melvin.Hunter2@bia.gov</a>
I-100, S-130, S-190, L-180	Basic firefighter training	Mar. 9	Mar. 12 – Mar. 16	Thorton Tower, eastside of the Hualapai reservation	0800-1630	Maynard Mahone Phone: (928) 769-3310 <a href="mailto:Maynard.Mahone@bia.gov">Maynard.Mahone@bia.gov</a>
WCT	Work Capacity Test	N/A	Mar. 15	Branch of Forestry	0830 OR 1300	Maynard Mahone Phone: (928) 769-3310 <a href="mailto:Maynard.Mahone@bia.gov">Maynard.Mahone@bia.gov</a>
RT-130	Annual Fireline Refresher	Mar. 16	Mar. 23	Branch of Forestry	0830-1630	Maynard Mahone Phone: (928) 769-3310 <a href="mailto:Maynard.Mahone@bia.gov">Maynard.Mahone@bia.gov</a>
WCT	Work Capacity Test	N/A	Mar. 29	Branch of Forestry	0830 OR 1300	Melvin Hunter Jr. Phone(928) 769-3305 <a href="mailto:Melvin.Hunter2@bia.gov">Melvin.Hunter2@bia.gov</a>
RT-130	Annual Fireline Refresher	Mar. 29	Apr. 5	Branch of Forestry	0830-1630	Melvin Hunter Jr. Phone(928) 769-3305 <a href="mailto:Melvin.Hunter2@bia.gov">Melvin.Hunter2@bia.gov</a>
S-212	Wildland Fire Chain Saws	TBA	TBA	TBA	TBA	Maynard Mahone Phone: (928) 769-3310 <a href="mailto:Maynard.Mahone@bia.gov">Maynard.Mahone@bia.gov</a>
CPR/1 <sup>st</sup> Aid	Medical	TBA	TBA	TBA	TBA	Melvin Hunter Jr. Phone: (928) 769-3305 <a href="mailto:Melvin.Hunter2@bia.gov">Melvin.Hunter2@bia.gov</a>

## National Center for Cooperative Education in Natural Resources

a program of the Bureau of Indian Affairs, administered by the USDA Forest Service

155 Indian Avenue, Box 5018, Lawrence, Kansas 66046

(785) 749-8427 Fax (785) 749-8439

December 1, 2011

RECEIVED

DEC 15 2011

BIA Truxton Canon  
Valentine, AZ

Dear Colleague:

Enclosed is information about the National Center for Cooperative Education in Natural Resources (NCCE) student summer employment programs for 2012. These programs are designed to promote the development of American Indian and Alaska Native natural resources professionals by helping students achieve their educational and career goals. The programs are to help BIA and tribal natural resources managers find qualified employees currently attending college with majors in the fields of forestry, range science, agriculture science, wildlife/fisheries, and other natural resources areas. Students will be considered for permanent positions under the Student Career Experience Program (SCEP) or for summer temporary employment under the Summer Temporary Employment Program (STEP).

- 1) Students accepted into the SCEP program receive tuition assistance (\$5,000/year), summer employment, and noncompetitive conversion to BIA or tribal positions upon graduation. Students selected for summer employment under the STEP program will be placed into temporary positions with a BIA agency or tribe as a GS3 or GS4.
- 2) Tribes and BIA units are eligible to hire students for summer and permanent positions. For summer employment, the Bureau of Indian Affairs may provide from \$5000 to \$7500 toward each student's salary depending upon the student's college major.

I would appreciate it if you would post the enclosed brochure where it will be available to individuals who may benefit from our services. For applications or additional information please contact my office at (785) 749-8427, (785) 749-8493 or [ekiefer@fs.fed.us](mailto:ekiefer@fs.fed.us) or [bjbrown@fs.fed.us](mailto:bjbrown@fs.fed.us).

Thank you.

Brenda Woods-Brown  
NCCE Program Manager

# National Center for Cooperative Education

## *Opportunities for American Indians and Alaska Natives School and Work: A Rewarding Combination*

### NCCE: What is it?

The National Center for Cooperative Education in Natural Resources (NCCE) was established in May 1997. Located on the campus of Haskell Indian Nations University in Lawrence, Kansas, the purpose of NCCE is to better serve American Indian and Alaska Native students interested in pursuing careers in natural resource fields with tribes, the Bureau of Indian Affairs (BIA), or other natural resources agencies.

### NCCE –What does it offer?

- Tuition assistance - *\$5,000 annually*
- Summer employment -*Related to academic field of study \$10 - \$13 per hour*
- Employment opportunity after graduation - *BIA and tribal professional level positions*
- Life insurance and health benefits - Vacation, sick and holiday pay - Retirement

### Minimum Requirements

- Have finished the freshman year in college, be in good academic standing, and accepted to attend or attending an accredited college or university
- Pursuing at a minimum, a bachelor's degree
- Majoring in a natural resources field such as: *Forestry, Range Management, Agricultural Science, Soil Conservation, Geographic Information Systems, Wildlife Management, Watershed/Hydrology, Fisheries Management, Civil Engineering*
- Interest in a career working with tribes, the Bureau of Indian Affairs

## How to Apply

The application process consists of submitting:

- Completed federal employment form (OF 612)\* or resume\*\*
- Completed "Verification of Indian Preference for Employment" (Form BIA 4432)\*
- Letter of Application that includes: Your perception of your academic and applied strengths - A description of your career goals and objectives
- Letter of recommendation from academic advisor or faculty member that includes:
  - How long and in what capacity the advisor or faculty member has known you as a student - His or her perception of your academic and practical application strengths - Any other pertinent information
- Proof of enrollment or acceptance into a college forestry or natural resources program
- Transcript and current class schedule
- Letter of support from tribal or BIA area or agency natural resources staff (optional but helpful)

\*Form OF612 is available at [www.opm.gov](http://www.opm.gov) and BIA 4432 is available through the Liaison's Office.

\*\*Resume must include all the information requested in the OF612.

### Send Application Package to:

Brenda Woods-Brown  
Natural Resources Liaison Office  
Haskell Indian Nations University  
155 Indian Avenue, Box 5018  
Lawrence, KS 66046

### Application Deadline:

March 5<sup>th</sup> of each year

### For additional information contact:

Brenda Woods-Brown - 785-749-8493, cell 785-691-8223 or [bjbrown@fs.fed.us](mailto:bjbrown@fs.fed.us)

Doug Eifler - 785-749-8414 or [daeifler@fs.fed.us](mailto:daeifler@fs.fed.us)

Elaine Kiefer - 785-749-8427, cell 785-691-8224 or [ekiefer@fs.fed.us](mailto:ekiefer@fs.fed.us)

Website - [www.itcnet.org/file\\_download/9ae37ab7-3599-4bd5-a42c-00fa7a57c88b](http://www.itcnet.org/file_download/9ae37ab7-3599-4bd5-a42c-00fa7a57c88b)

# HEALTH & SAFETY INFORMATION

## "IMPROVING PATIENT CARE"

### PEACH SPRINGS HEALTH CENTER

#### Health Center Hours

Monday—Friday • 8:00 a.m.—5:00 p.m.

*We are now open on Thursday mornings!*



#### Important Reminders:

- Appointments are scheduled in 20-minute time slots, so please arrive early for your appointment. If you are late, you may have to reschedule.
- Call the medical (2920) or dental (2903) appointment lines to schedule or cancel your next appointment.
- Walk-ins will be seen on an emergency basis only. If you are not sure, please ask!
- 72-Hour notification to Contract Health is required for emergency treatment or admission at a non-IHS facility.
- Remember to take all outside prescriptions to the Pharmacy. They will be reviewed and approved by an IHS Physician and then entered into your Electronic Health Record (EHR). Prescriptions CANNOT be filled without an order in the EHR from the Physician. This process may take some time, we appreciate your patience.
- Please limit THREE in the room during doctor appointments. Parents/Guardians please limit TWO children with you in the room during your appointments.

### Pharmacy Department



Pharmacists (left to right): Scott, Philip, & Nick

P.O. Box 190 • 943 Hualapai Way • Peach Springs, AZ 86434  
 Phone: 928.769.2900 • Fax: 928.769.2701 • Toll-Free: 1.888.478.4369

Medical Appointments: 769.2920 • Dental Appointments: 769.2903  
 Pharmacy (Refills): 769.2992 • EMS (After Clinic Hours): 769.2233

**"IMPROVING PATIENT CARE"****A Note from Your Friendly Pharmacists...**

As you may have noticed, there have been a few changes in the pharmacy staff here at Peach Springs. Robert Boyle has moved to Pinetop and is working with the Apache tribe in Whiteriver. Philip Williams has taken Robert's place, and Scott Myers is an additional pharmacist that has been added to the team. We hope to serve you well. Please let us know if there is something that you believe we could do to serve you better.

Below are answers to some questions you may have.

**1. What is the process for getting a prescription filled that was written by a doctor outside the clinic?**

- To ensure that your primary care doctor is aware of procedures or other problems that have been addressed by other doctors, the prescriptions need to be reviewed. This review must be done in between patients, at lunch time, or at the end of the day. If a prescription is dropped off in the morning or early afternoon it will usually be filled by the end of the day. Please call before coming to pick up your medication to ensure the review has been completed and your medication is ready.
- The doctor's review ensures that when your doctor sees you, he/she will know the whole picture of your situation and be better able to assess your needs.
- If the prescriptions are from a discharge from the hospital, it will be best to see the doctor first and have him enter the prescriptions at that time.
- Once in awhile, the doctor will want to see you before filling the medication. If this occurs it is only to ensure that you get the best care possible.

**2. Why does my drug look different, and why do you change medications on me?**

There are a few different times that we change medications.

- First is when there is a service unit wide change. We are part of the Colorado Service Unit which includes Parker Indian Hospital and a few other remote clinics. Whenever they make a formulary change we make the change with them. An example of this is the change from Actos® (pioglitazone) to Januvia® (sitagliptin) and Lantus® (insulin glargine) to Levemir® (insulin detemir). These are made for multiple reasons, but many people are involved in these decisions and much thought and discussion goes into these types of changes.
- Once in awhile there will be a change from one generic to another of the same drug simply based on cost. When medications are deemed equivalent by the FDA, we try to choose the medication with lowest cost to help free up funds for other clinic needs.
- The third is when there is a shortage of a medication and we have to change brands (from brand to generic or to another generic). This, unfortunately, happens quite often. We have no control over this whatsoever. To ensure that you are able to continue to get the same therapy as before, we have to get another generic to replace the one that is no longer available. We make every effort to make you aware of this when it happens.

**3. Can I get my flu shot and other shots from the pharmacy?**

- Yes you can. We can give most adult immunizations without a physician visit.

**4. Are you going to continue to have hearing aid batteries?**

- Unfortunately, until further notice, we will no longer be carrying hearing aids. Hearing aid batteries can be purchased at any pharmacy in Kingman or online. Drugstore.com has 16 size 10 batteries for \$14 including shipping.

**5. Is there somewhere more private where we can discuss my medications?**

- Yes. We have a counseling room right next to the pharmacy where we can discuss your medications in private. If you would prefer that we discuss your medications there, please let us know when you pick them up.

**"IMPROVING PATIENT CARE"****Meet our Newest Staff...****Derrick Lamar Witherspoon, Medical Technologist**

Derrick Lamar Witherspoon is 24 years old and originally from Ft. Lauderdale, Florida. He is not married and does not have children. Derrick has two wonderful parents (Dwight and Linda Witherspoon), one brother (Dwight, Jr.), and one sister (Angelica).

Derrick joined the Army in 2008 as a reservist. In the Army, he received training as a MLT. He received his Associates of Science from George Washington University and worked as a MLT for the Army for two years at Fort Dix. While at Fort Dix, he took online classes with Thomas Edison State College and earned his Bachelors as a Medical Technologist.

Derrick's short term goal is to "continue learning and perfecting my craft here at Peach Springs" and his long term goal is to go back to school to earn a Master's degree in Hospital Administration.

Derrick started as our Medical Technologist here at Peach Springs Health Center on January 30, 2012.

**Donata DuPree, Clinical Nurse**

Donata graduated with a Bachelor of Science in Nursing from the University of Texas and is a member of the Sigma Theta Tau honor society for nurses. She has 22 years nursing experience and has worked at locations across the United States, including several years with Native tribes in Alaska and Arizona.

A few years ago, Donata worked here in Peach Springs and Supai, covering for nurses on vacation. Her background is in Emergency, Trauma, Cardiac, Neuro, Transplant, and Flight of Neonatal, Pediatric, High-risk Maternal, and adult patients.

Donata is happy to be back as a permanent nurse and looks forward to serving the communities of Peach Springs and Supai. She started working at Peach Springs Health Center on January 30, 2012.



## PEACH SPRINGS HEALTH CENTER

*"Improving Patient Care"***Department Highlight: Contract Health Services**

CHS Staff: Karen, Debra, Sharon, and Olivia

Contract Health Services (CHS) is one of two ways to provide health care through the Indian Health Service. Some services are not available at your Health Center and may require a referral to a non-IHS provider or facility. This care, when authorized, is paid for through the CHS program. The CHS Program is the only program authorized to determine CHS eligibility and approve or deny payment for care received outside any IHS facility.

**Eligibility for Contract Care**

In addition to showing proof of Indian descent or enrollment through Tribal or BIA documentation, You must:

- Live on or near a reservation, or within a contract health service delivery area.
- Use all other resources available to you to pay for your care, since the IHS is payor of last resort. If you do not already have alternate resources, you must apply for them if you are potentially eligible to receive them.
- Obtain prior approval from Peach Springs CHS for any non-emergency services.
- Notify IHS within 72 hours of receiving emergency services. (When notifying IHS keep an accurate record of the date and time you called and the name of the person you spoke to.)
- The services requested or received must fall within the medical priorities established at the CRSU.

The above are general guidelines; all requests are reviewed on a case by case basis. For more information, or answers to your questions, please contact the Contract Health Service Department at (928) 769-2900.

**All One People Chiropractic, Inc.**  
**Dr. Robyn Purdum B.S., D.C., Ph.C.**  
*Aligning Mind, Body & Spirit*



Regular Chiropractic adjustments reduce the effects of stress on our nervous system. Maintaining proper spinal alignment reduces muscle spasms and abnormal pressures on discs and nerve tissues.



**Dr. Purdum will be in Peach Springs serving the  
Hualapai Community on:  
March 5th - 9th, 2012**

Robyn has been a licensed Chiropractic Physician for 16 years. Chiropractic healthcare is it's own unique form of natural healing that works by aligning the spine and other joints in the body to remove nerve pressures which can lead to poor health and increased stress.

Dr. Robyn Purdum B.S.,D.C., Ph.C.

Phone: 480 285-9541

E-mail: northgatedc@yahoo.com



**Dr. Robyn Purdum B.S., D.C., Ph.C.**

**All One People Chiropractic, Inc.**

**480 285-9541**

**Aligning Mind, Body & Spirit**



## **INTER TRIBAL COUNCIL OF ARIZONA, INC.**

### **24 Annual Arizona Indian Council on Aging Conference**

#### **"Elders Holding our Nations Together**

**March 12-15, 2012**

Dr. Robyn Purdum B.S., D.C., Ph.C. invites all Hualapai Elders to join her at this year's ITCA Elder's conference. Dr. Purdum will be presenting 2 Workshops this year.

**Tuesday March 13, 2012 Time: 2:30pm-3:45pm Workshop title: Healthful Eating**

**Tuesday March 13, 2012 Time: 4:00pm-5:15pm Workshop title: Benefits of Chiropractic**

*This will be Dr. Purdum's 6th year to present and volunteer at the ITCA Annual Arizona Indian Council on Aging Conference.*



## Elder Appreciation Day



**Dr. Robyn Purdum B.S., D.C., Ph.C.**

**All One People Chiropractic, Inc.**

**480 285-9541**



**On Friday March 9th, 2012, Dr. Robyn Purdum B.S., D.C.,** will be donating her Chiropractic Services to any Hualapai Elder 65 years or older. Appointments will be 60 minutes in duration. Services will be provided at the Hualapai Elderly Center.

A sign up sheet will be posted at the Elderly Center. If you are unable to make your appointment please call the Elderly Center to let us know so that time can be made available for another Elder.

Chiropractic is a natural form of healthcare that can benefit people at any age. It helps relieve stress, aches and pains, and helps us move better and think more clearly. Chiropractic helps reduce the effects of stress on the body, mind, and spirit.



*Remember with any luck someday we are all going to  
grow into an Elder.*



## Goodbye, Spam, Hello Healthy Foods! I Feel Like A Traitor.

<http://indiancountrytodaymedianetwork.com>  
By Robert Chanate | February 3, 2012



I understand Spam is bad for us but I feel like I'm turning my back on an old friend by banning it from my menu. I know a lot of Natives hate Spam but I only have good memories of this processed food. Growing up, Spam sandwiches were weekend food staples. Sometimes we'd try to get fancy and melt some cheese on it and serve it on toasted bread for that four star hotel, gourmet feel.

If we got tired of sandwiches, we'd cut up some potatoes and fry them with Spam to create our version of NDN hash. Spam was a solid hunger killer on days when money was tight and grocery trips were out of the economic possibilities. Other Natives might have disliked Spam but we dismissed their disdain as that of well-to-do natives who could go out and eat in restaurants whenever they felt like doing so. In fact, many of us viewed eating Spam sandwiches (or Spam and potatoes) as a dividing line between us and them.

Now comes news that Spam is most likely increasing diabetes in Native Americans. According to research in the American Journal of Clinical Nutrition, a survey of 2,000 Native Americans showed Spam eaters were twice as likely to develop diabetes as their non-Spam-eating counterparts. The cause is likely to be due to obesity and obesity is thought to be increased by eating processed meats instead of unprocessed meats. Spam is high in sodium which is also related to a host of other health problems.

So, it seems Spam is bad for you and the sensible action to take is to cut Spam and other processed meats from our diets. By doing this, we are making healthy nutritional decisions and modeling good choices for those who might follow our lead. And yet, though I know this is the right way to go, I can't help but feel a bit like a traitor for turning my back on my old ally and hunger killer, Spam. That feeling is magnified by the realization that I will have to balance my diet by embracing healthier foods in general and vegetables in particular.

You see, I've never been a big fan of vegetables. I even put a political spin on it by claiming to be resisting the products of colonial agriculture. In my vegetable avoidance speeches, I would speak of being the descendant of meat-eating warriors who resisted farming as a tool and symbol of Manifest Destiny. Some of my Native friends would press the issue. *What about decolonizing our diets?* they'd ask. I'd reply that this was an argument concocted by out-of-touch indigenous professors looking to define a battle in which they knew they could safely engage.

Some would continue the line of questioning and remind me that corn, beans, potatoes, etc, were Indigenous foods. I'd concede this and boast that I ate corn on the cob, refried beans and French fries. *What about sugar, breads and fast food?* Well, I never developed a good argument for those foods. I just rationalized my consumption as a personal weakness. Besides, by eating such food items (Spam included), I could claim solidar-

ity with those who lived in unhealthy food deserts.

Of course all of my responses were self-serving and superficial, but at least they were annoying enough to kill further discussions of why I didn't eat healthier. Now I am going to make better food choices and I'll have to add Spam to the list of foods to avoid. I'm sure I'll have to add other neo-NDN foods to this list at some point and I'll probably go through the same separation musings with those too.

I recognize not everyone has this option and will continue to eat Spam because it's cheap (or free) and available. This means I'll likely encounter Spam again in some Native home. I'll have to eat it because it's considered rude to refuse food from our hosts. So if you know I'm coming over don't feel bad about serving Spam, fried potatoes and fry bread ... and some red Kool-Aid ... oh, and get some chocolate cake too.

*Robert Chanate is a member of the Kiowa Nation and can be reached at [rckiowa@gmail.com](mailto:rckiowa@gmail.com) and [twitter.com/rckiowa](https://twitter.com/rckiowa). He is from Carnegie, OK and currently lives in Denver, CO.*

### American Indian and Alaska Native People



Keepers of Wisdom To  
Strengthen the Hearts

Be active for your heart!

Strength, wisdom, and good health are American Indian birthrights. Our elders taught us many healthy ways that were practiced for many generations. Over time, some healthy traditions have been traded for unhealthy ways that increase the chances of getting some diseases.

Heart disease is the leading cause of death for American Indians and Alaska Natives today. We can do something to prevent heart disease. Being active is one way to keep a healthy heart.

Being active has always been part of our daily life. We hunt animals, play games, dance, run, swim, and ride bikes. Let us keep these healthy ways. At work or at home--give your heart a workout!

Brisk walking can help everyone both young and old. Take a brisk walk for at least 30 minutes each day, alone or with your family. Start slowly and build up as you go along by walking longer and farther. Walking is an easy way to stay active.

Staying active is one of the best things we can do for our hearts. Being active helps you:

- Take off extra weight
- Lower high blood pressure and high blood sugar
- Relax and sleep better
- Have more energy to be more active
- Strengthen your heart and lungs
- Feel more comfortable

Enjoy being active--it's part of our healthy traditions!

Celebrate good health! Healthy traditions  
prepare the hearts of tomorrow. Share this  
wisdom with your family and others.



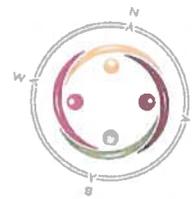
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Human Services  
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A PROGRAM FROM MERCK  
**JOURNEY FOR CONTROL**  
 Advancing Diabetes Education

JourneyForControl.com 01

## Mind Matters: Stress, Depression, and Type 2 Diabetes

Coping with the physical, mental, and emotional demands of type 2 diabetes can be overwhelming. Extreme emotions, stressful situations, and depression can block good diabetes self-care.

### Stress affects blood sugar levels

Some sources of stress are caused by physical conditions such as surgery or illness. Other types of stress are mental, such as family or money worries. All kinds of stressful situations can cause your hormone and blood sugar levels to change.

For people with type 2 diabetes, mental stress causes a rise in blood sugar levels. This happens because stress blocks the production of insulin, a hormone that helps control blood sugar. Physical stress also can cause blood sugar levels to rise. Despite stress, it is important that people with type 2 diabetes learn how to keep their blood sugar levels within their target range.

### What can you do

Thankfully, you can take steps to handle stressful situations. You can learn techniques to help you relax, to change your coping style, and to deal with stress.

For instance, some people adopt a problem-solving attitude, working to confront and fix the situation at hand. Other people accept that certain situations are not as bad as they appear to be at first glance. Both ways of coping with stress result in better management of blood sugar levels. Other ways to help yourself relax include:

- Breathing exercises
- Exercise
- Making changes to avoid stressful situations
- Relaxation therapy
- Replacing hurtful thoughts w/ good ones
- Joining a support group for people w/ type 2 diabetes

### Depression and type 2 diabetes

Although everyone feels sad or down from time to time, people who have type 2 diabetes run a greater risk of depression than people who don't have the condition. If you have more than 3 of the symptoms below or if you experience 2 of them for 2 weeks or longer, you should speak to your health care team.

### Depression can affect diabetes management

- Loss of pleasure
- Trouble concentrating
- Reduced energy/feeling tired
- Morning sickness
- Change of appetite
- Nervous or guilty feelings
- Change in sleep patterns
- Thoughts of suicide

Having depression can make it harder to manage your diabetes. If you're tired, you may not feel like exercising or testing your blood sugar as often as you should. If you can't concentrate, you may not be able to think clearly about what food choices you should make. You may feel overwhelmed by feelings of hopelessness or doubts about your self-worth and not want to eat at all.

Situations like these can affect your blood sugar levels and your health, which in turn can affect how you feel. So, it's important that you get the help you need.

### What you can do

Your doctor is key to helping treat your depressive symptoms. As a first step, he or she may recommend that you talk with a professional who specializes in mental health issues - a psychiatrist, psychologist, psychiatric nurse, licensed clinical social worker, or professional counselor who is knowledgeable about the complications of diabetes.

Short- or long-term counseling with a specially trained health care professional can help you look at the problems that bring on depression. Together, you and your therapist can seek ways to relieve the problems you experience.

For more information about diabetes, please visit [JourneyForControl.com](http://JourneyForControl.com)

- Do you need to lose weight?
- Do you get little or no exercise?
- Do you have high blood pressure (130/80 or higher)?
- Does diabetes run in your family?
- Are you a woman who had diabetes when you were pregnant?
- Have you had a baby who weighed more than nine pounds or more at birth?
- Are you African American, Native American, Hispanic, or Asian American/Pacific Islander?

If you answered yes to any of these question, ask your doctor, nurse or pharmacist if you need a diabetes test.

#### **What are the warning signs?**

Some people with diabetes notice:

- Going t the bathroom a lot
- Feeling hungry or thirsty all the time
- Blurred vision
- Cuts or bruises that are slow to heal
- Feeling tired all the time
- Hands or feet that tingle or feel numb

***Most people with diabetes do not notice any signs***

#### **What can I do if I have diabetes?**

*Use medicines wisely*

- Sometimes people with diabetes need to take pills or insulin shots. Follow the directions.
- Ask your doctor, nurse, or pharmacist what your medicines do. Also ask when to take them and if they have any side effects.

#### ***Watch what you eat and get exercise***

- There is no one diet for people with diabetes. Work with your health care team to come up with a plan for you.
- Be active at least 30 minutes a day, most days of the week. Exercise helps your body use insulin better.

#### ***Check your blood sugar and know your ABC's***

- Help prevent heart disease and stroke by keeping your blood sugar, blood pressure and cholesterol under control.
- Check your blood sugar with a test you can use at home.
- Ask your doctor for an A-1-C ("A-one-see") blood test, it checks blood sugar levels over 2 to 3 months.
- Talk to your health care team about your ABC's:
  - A-1-C**
  - Blood pressure**
  - Cholesterol**

## **DOMESTIC VIOLENCE**

### **BATTERERS**

### **INTERVENTION**

### **CLASS HELD AT HUMAN SERVICES**

**Wednesday**

**6:00 PM TO 8:00 PM**

**MEN/WOMEN**



**WOMEN'S DOMESTIC  
VIOLENCE CLASSES  
EVERY MONDAY  
EVENINGS  
6 PM- 8 PM**



If you have diabetes, you are at high risk for heart attack and stroke. Heart disease is more likely to strike you—and at an earlier age—than someone without diabetes.

But you can fight back. Be smart about your heart. Take control of the ABCs of diabetes and live a long and healthy life.

### A is for A1C

The A1C (A-one-C) test—short for hemoglobin A1C—measures your average blood glucose (sugar) over the last 3 months. **Suggested target: below 7**

### B is for blood pressure

High blood pressure makes your heart work too hard. **Suggested target: below 130/80**

### C is for cholesterol

Bad cholesterol, or LDL, builds up and clogs your blood vessels. **Suggested LDL target: below 100**

**Ask** your health care provider these questions:

- 1 What are my ABC numbers?
- 2 What should my ABC target numbers be?
- 3 What actions should I take to reach my ABC target numbers?

**Take action now** to lower your risk for heart attack and stroke and other diabetes problems:

- ♥ Get at least 30 minutes of physical activity 5 days a week.
- ♥ Eat less fat and salt.
- ♥ Eat more fiber—choose whole grains, fruits, vegetables and beans.
- ♥ Stay at a healthy weight.
- ♥ Stop smoking—ask your provider for help.
- ♥ Take medicines as prescribed.
- ♥ Ask your doctor about taking aspirin.
- ♥ Ask others to help you manage your diabetes.

**Be smart about your heart!**

## Keep a record of your ABCs!

Tear off this card and keep it in your wallet so you can track your ABCs when you visit your health care provider. Work with your provider to reach your target numbers.

### My ABCs Record

<b>A1C</b> (Glucose average) <b>My A Target</b> _____	
Date	
Result	
<b>Blood Pressure</b> <b>My B Target</b> _____	
Date	
Result	
<b>Cholesterol</b> (LDL) <b>My C Target</b> _____	
Date	
Result	

### My ABC Medicines

**A1C** \_\_\_\_\_

**Blood Pressure** \_\_\_\_\_

**Cholesterol** (LDL) \_\_\_\_\_

## Diabetes

*Over nice million women in the U.S. have diabetes. And three million of them don't even know it!*

### Did you know that...?

- Diabetes increases the chances of having a heart attack or stroke.
- Some women get diabetes when they are pregnant.
- Women who have diabetes are more likely to have a miscarriage or a baby with birth defects.

### What is diabetes?

- Diabetes is a disease that changes the way your body uses sugar. The sugar then travels through the blood to all parts of the body. Us-

ally, insulin helps get sugar from the blood to the body's cells, where it is used for energy.

- When you have diabetes, your body has trouble making and/or responding to insulin. So your body does not get the fuel it needs. And your blood sugar stays too high.

### What are the types of diabetes?

- **Type 1** - The body does not make any insulin. People with type 1 must take insulin every day to stay alive.
- **Type 2** - The body does not use insulin the way it should. Most people with diabetes have type 2.

### Are you at risk for diabetes?



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Hualapai Healthy Heart 769-1630

E-mail:  
Web site:

JourneyForControl.com 01

## How to Change Habits Successfully

For most people, changing long-held habits is extremely hard to do. Just think of the people you know who have tried to quit smoking, cut down on their alcohol consumption, or stop overeating.

When you have type 2 diabetes, it is important to develop healthy eating and exercise habits that can help you keep your blood sugar within a healthy range. According to the Centers for Disease Control and Prevention (CDC), people go through 5 stages when modifying their lifestyle habits:

1. **Nonawareness**—You haven't even thought about changing your habits.
2. **Realization**—You've realized that there may be benefits to changing your habits.
3. **Ready**—You're ready for action.
4. **Action**—You take steps to change your behaviors.
5. **Maintenance**—You work toward maintaining your accomplishments.

When it comes to learning healthy habits to manage your type 2 diabetes, which stage are you in?

### Your action plan for adopting healthy habits

- **Set specific weight and exercise goals** that you can reach. Talk with your doctor to make sure the goals are realistic.
- **Break a big goal into smaller steps**—for instance, start out with a 5- to 10-minute walk 3 times a week, then walk longer and more frequently.
- **Make lifestyle changes you can live with** for the rest of your life, such as the correct portion sizes.
- **Recognize triggers** that prompt unhealthy behavior and plan how you will handle those situations in the future.
- **Reward yourself** for special milestones and progress toward healthy habits.
- **Don't go it alone**—let friends and family know about your plan to take better care of your type 2 diabetes. Talk with them when you need support. You can also find support online from programs such as Journey for Control.
- **Expect obstacles and setbacks**—then learn to deal with them and move on.
- **Go easy on yourself**—type 2 diabetes is a challenging disease to live with. Give yourself some credit for putting the effort into making healthy changes. By doing so, you are taking positive steps to control your blood sugar and live a healthy life.

For more information about diabetes, please visit [JourneyForControl.com](http://JourneyForControl.com).





*Rhipicephalus sanguineus* female and male images

James Gaubury, Center for Disease Control and Prevention

### Tick Life Cycle

The brown dog tick life cycle includes four stages: egg, larva or "seed tick", nymph, and adult. Differences in size and color occur between each life stage, leading people to conclude there are several different species of ticks infesting their dogs and homes. Brown dog ticks prefer dogs as the primary host during all stages of development. Both males and females must consume a bloodmeal between each stage of the life cycle. A blood-feeding adult female can swell in size to 12 mm, and she turns from brown to gray or olive as she becomes engorged. The blood-engorged female will drop off the host and find a sheltered place (e.g., cracks and crevices around homes) to lay up to 5,000 eggs. Eggs usually hatch within 3 to 8 weeks, and the newly hatched larvae (seed ticks) are no bigger than a pinhead. The light-colored larvae have six legs during this life stage. After blood feeding, the seed ticks drop off the host, and they hide in cracks and crevices from one to several weeks while they molt into the nymph stage. Nymphs and adults are brown and they have eight legs. Immature brown dog ticks can survive for many months without feeding, and adults can survive more than a year. Usually, the brown dog tick's life cycle spans 2 years. However, if hosts are readily available, the tick's entire life cycle can take place within 3 to 4 months.

### RMSF Prevention

Brown dog ticks rarely feed on humans, which is probably why they have never been implicated as human disease vectors in the United States before 2004. However, risk for human parasitism increases when tick numbers are excessive. The best strategy for controlling brown dog ticks and reducing risk for RMSF transmission in your community is an integrated approach, which includes 1) controlling ticks on dogs; 2) controlling ticks around homes and businesses; 3) reducing tick habitats around homes by eliminating lumber, junk piles, old furniture, mattresses, and trimming tall grass and weeds; 4) enforcing stray animal control; and 5) providing prevention education.

Controlling brown dog ticks on their primary host, dogs, is essential. Inspect pet dogs regularly, remove any ticks with pointed tweezers, and use topical tick control products, including products available as spot-ons, sprays, and tick collars. To help prevent human infection, it is best not to remove ticks with your fingers. Tick control treatments should be ongoing as product efficacy is often short term, usually weeks. Brown dog ticks have a tremendous reproductive potential, and lapses in control efforts can allow tick populations to increase rapidly.

For more information on Rocky Mountain Spotted Fever, please visit

<http://ncipmc.org/alerts/rmsf.cfm>

This publication was produced and distributed by the USDA-CSREES Regional Integrated Pest Management Centers in cooperation with the National Plant Diagnostic Network, The Center for Disease Control and the Land Grant Universities. For more information about the development of this pest alert or to obtain copies, contact Susan Ratchliffe at [sratcliffe@uiuc.edu](mailto:sratcliffe@uiuc.edu) or by phone at 217-333-9656.

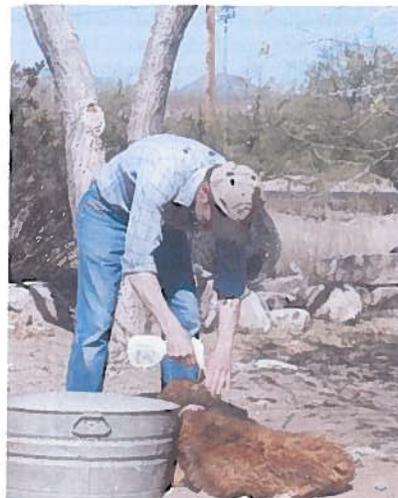
Author: Craig Levy, Arizona Department of Health Services

Reviewers: Charles S. Apperson, North Carolina State University; Herb Bolton, USDA-CSREES; Jim Kalisch, University of Nebraska-Lincoln; Thomas N. Mather, University of Rhode Island; and William L. Nicholson, Center for Disease Control and Prevention.

Photos: header background by Chris Paddock from the Center for Disease Control and Prevention, header inset by William Nicholson from the Center for Disease Control and Prevention, tick in bullseye by Jim Kalisch, University of Nebraska-Lincoln

Graphic Designer: Gretchen Wieshuber

1862 Land-Grant Universities: Auburn University University of Alaska University of Arizona University of Arkansas University of California Colorado State University University of Connecticut University of Delaware University of the District of Columbia University of Florida University of Georgia University of Guam University of Hawaii University of Idaho University of Illinois Purdue University Iowa State University Kansas State University University of Kentucky Louisiana State University University of Maine University of Maryland University of Massachusetts Michigan State University University of Minnesota Mississippi State University University of Missouri Montana State University University of Nebraska University of Nevada University of New Hampshire Rutgers New Mexico State University Cornell University North Carolina State University North Dakota State University Ohio State University Oklahoma State University Oregon State University Pennsylvania State University University of Puerto Rico University of Rhode Island Clemson University South Dakota State University University of Tennessee Texas A&M University Utah State University University of Vermont University of the Virgin Islands Virginia Polytechnic Institute & State University Washington State University West Virginia University West Virginia State University University of Wisconsin University of Wyoming



Canine tick control efforts

Craig Levy, Arizona Department of Health Services

Regional  
**IPM**  
Centers





# National Pest Alert

## Brown Dog Tick Vector for Rocky Mountain Spotted Fever

The brown dog tick, *Rhipicephalus sanguineus* (Acari: Ixodidae), feeds primarily on dogs and until recently was not known to transmit Rocky Mountain spotted fever (RMSF). In 2003–2004, fourteen cases of RMSF in humans occurred in eastern Arizona in the absence of known vectors, the Rocky Mountain wood tick, *Dermacentor andersoni*, and American dog tick, *Dermacentor variabilis*. However, health officials found brown dog ticks to be very abundant in areas associated with human cases, and the Centers for Disease Control and Prevention (CDC) implicated that the brown dog tick was responsible for transmitting RMSF. Brown dog ticks occur throughout the United States and the world. These ticks are most common in warm temperate climates. The common brown dog tick cannot survive outdoors in northern temperate latitudes, but it is found wherever dogs are housed in heated buildings.



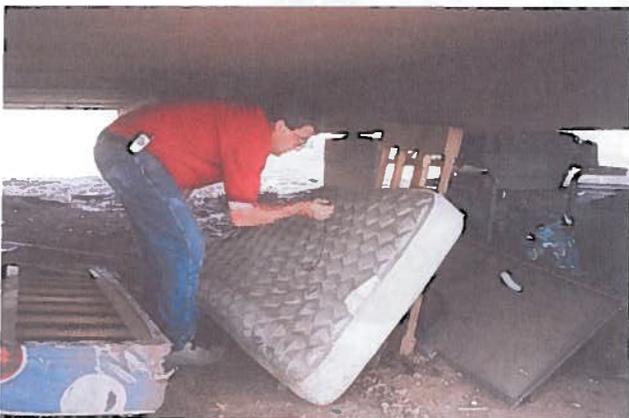
Engorged common brown dog ticks

Ted Peacorius, Center for Disease Control and Prevention

### Transmission and Symptoms of RMSF

RMSF is a severe and often life threatening tick-transmitted disease caused by the bacterium *Rickettsia rickettsii*. Usually, ticks have to be attached and feeding for several hours (> 4–6 hours) before passing the infection to the host. Transmission also can occur if the crushed tissues of ticks are introduced into breaks in the skin

or mucous membranes, such as eyes, nose, and mouth. The infection is not passed from person to person. When physicians are diagnosing RMSF, the absence of an attached tick should not rule out the possibility of RMSF, because immature ticks may be tiny and easily overlooked. Up to 30% of untreated cases can be fatal. Female ticks can pass the bacteria directly to offspring through transovarial transmission, allowing the pathogen to amplify, and roaming dogs can move them around, acting as “tick buses.” The incubation period for the disease is 3–14 days after tick bite. In the case of “classic RMSF,” initial symptoms can include sudden onset of moderate-to-high fever, chills, severe headache, nausea, vomiting, deep muscle pain, anorexia, and bloodshot eyes. Later symptoms can include rash, abdominal pain, joint pain, and diarrhea. The RMSF rash usually appears 2–5 days after disease onset. It starts as discolored spots on the wrists, forearms, ankles, palms, and soles, which later spread to the trunk. If you suspect you have been exposed to RMSF, contact a physician immediately. Diagnosing RMSF is difficult because laboratory testing is not reliable early in the disease since it takes many days for antibodies to rise to detectable levels. In addition, not all *R. rickettsii* infections result in classic RMSF symptoms.



Chris Paddock, Center for Disease Control and Prevention

Potential tick habitat

Regional  
**IPM**  
Centers



Do you have any concerns about how your child:

	YES	NO
<input type="checkbox"/> Plays & interacts with others	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Learns	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Communicates	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Moves	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Sees	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Hears	<input type="checkbox"/>	<input type="checkbox"/>

If you answered "yes" to any of these concerns we recommend a medical evaluation *and* a developmental screening.

Read to your child every day.



**Developmental Screening:**

Hualapai First Things First  
Hualapai Health Department  
 (928) 769-2207

**Developmental Screening:**

Ages Birth-Age 3  
Arizona Early Intervention Program (AzEIP)  
 Milemarkers Therapy Inc.  
 (928) 854-5439

**Developmental Screening:**

Ages 3-Elementary School age  
Peach Springs Elementary School  
 Special Student Services Director  
 (928) 769-2613

*What do we offer the Hualapai Community?*

• **Home visits** for preventative education and health concerns during Pregnancy to age 5

• **Developmental screenings & Educational resources**

- Ages and Stages Questionnaire
- Learning activity booklets

• **Monthly MCH Education**

Lunch n' Learn

*New Moms Class*

*Toddler's on Tuesday*

• **Parenting Tool**

- Arizona Parent Kit



# Community Messages



Snuggie Puppy,  
Love you like no other -  
thanks for always being  
there for me and your boys  
too..... HAPPY VALENTINE'S

DAY - love you babe.

Love, Len



Roman S (Romeo)

I still love you and memories  
will always be happy. Oh  
yeah, Happy Valentine's Day  
to you!!



Your Supai, Juliet  
Faithfully yours



Happy Valentines Day to my  
family of Drake Havatone,  
You have always been so  
nice and are beside me all  
the time. Your prayers al-  
ways follow me, strengthen me, I love  
all of you and have a good Valentines  
Day.

Claudina Hanna



Drake H.,  
I'll always love you deep in  
my heart no matter what!

Claudina Hanna



Happy Birthday to my son Lonewolf Ha-  
vatone, Sr.,

February 18, 2012



You are loved and surrounded  
by your family and your chil-  
dren. They love you sooo much  
and can't wait to eat your  
cake, hope you enjoy. You're a  
year older, more to come.

Love, Mom (Dina) & Family



I want wish A Very Happy Birthday to  
some Very Special People!!!



Douby Talayumptewa  
February 18  
7yrs old

Samantha Sullivan  
February 19

Leroy Talayumptewa Jr.  
February 27

Hope your day is as awesome as you all  
are!

Love you very much  
Elaina & girlz



Happy 27th Birthday To Amanda S.  
February 24th

We hope your day is filled  
with laughter and fun.  
Whatever you have planned,  
don't forget to invite us espe-  
cially if you're making Mexi-  
can food. Haha. But most of  
all BE CAREFUL!



From Danielle & Lawrence



It was the vision f the Hualapai Elders and I have had the privi-  
lege of being part of it. It was 24 years ago today (Feb. 14) that  
we brought the first group of tourists to GCW by airplane with Lee  
Andersons' Adventure Airlines. We landed several small Cessna  
on a short dirt runway with a group of 30 Brits, were welcomed by  
Hualapai members Millie and Ricky, Jerome, Soto and Don,  
loaded a school bus and set out for lunch at Guano Point where  
there was only a BBQ, the Tower covered in a parachute and an  
incredible view.

It was amazing then and it's amazing now! It has been a great  
Journey. Thank you and Happy Anniversary to Grand Canyon  
West and all those who make it great.

Allison Raskansky, Best American Destinations