# GAMYU

### Newsletter of the Hualapai Tribe

February 03, 2012

Issue #03

The February Regular Meeting of the Grand Canyon Resort Corporation Board of Directors will take place on Friday, February 3, 2012 starting at 10:00 a.m. (AZ time) at the Hualapai Lodge, Peach Springs, AZ. The Board meeting will be open for public comments from 10:00 a.m. until 10:30 a.m.

The purpose of the public meeting is to accept reports from committee chairs and to accept written reports, if any, from the Executive Officers. In Executive Session, the Board will discuss Executive staff and Board issues and prepare for the upcoming February 6, 2012 meeting with the Tribal Council and the March 5, 2012 Annual Meeting for Shareholders. If you have any questions, please call me at 702/255-6999. HANKYU.



# La Paz Trail of Tears 2012 Art Work Contest

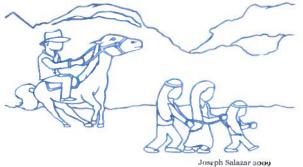
Entry Deadline Friday February 24, 2012 5:00PM

Submit artwork to the Youth Services Office Hualapai Health Education & Wellness Center 488 Hualapai Way, Peach Springs, AZ

\$200.00 Cash Prize

- · Artist must be American Indian
- One entry per-person
- Art must reflect history of La Paz Trail of Tears Run
- Place contact information on back of artwork
- Selected artwork becomes property of the La Paz Committee and is subject to modifications
- Artwork will be featured on the La Paz t-shirts for the next four years,

Contact: Pete Imus or Pearl Sulfivan Hualapai Department of Health Education & Wellness 488 Hualapai Way, Peach Springs, AZ 86434 Phone: 928-769-2207 Fax: 928-769-2884



La Paz Committee Meeting Tuesday February 28, 2012 10:00AM Health Education & Wellseas Center

488 Hualapai Way, Peach Springs, AZ

### Reminder:

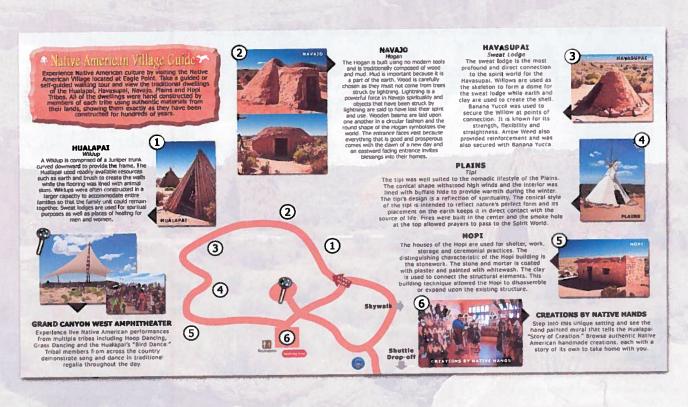
The next deadline for Gamyu articles will be on Friday, February 10, 2012 by 5:00 p.m.

### Inside this issue:

Community Events & Information	2
Education & Training	13
Health & Training	24
Community Messages	35

# NATIVE AMERICAN VILLAGE GUIDE WILL ENHANCE THE VISITORS' CULTURAL EXPERIENCE AT GRAND CANYON WEST

Soon the thousands of visitors at Grand Canyon West will have a visual guide of the Native American Village walking-tour at Eagle Point. The guide includes details on the traditional dwellings of the Hualapai, Havasupai, Navajo, Plains and Hopi Tribes represented.





This has been submitted by Best American Destinations Marketing and Public Relations for Hualapai Tourism

GAMYU



# HUALAPAI HEALTH-EDUCATION AND WELLNESS

sandia Drivin

January 17, 2012

TO: Hualapai Tribal Council

Hualapai Tribal Departments

**Tribal Community** 

FR: Sandra Irwin, Director

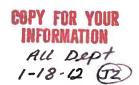
RE: H.E.W Phone System

This memo serves as notice to tribal departments and community members that our department has integrated to a web-based automated phone system. Our system is programmed to operate from 8:00 am to 5:00 p.m. Monday through Friday. Any calls prior to 8:00 or after 5:00 pm will be directed to the voicemail system.

We have ONE operable number, which is 928-769-2207. All other OLD numbers you may have on record are disconnected. The Medical Transportation Program has acquired its own number, 928-769-4188.

When you call 769-2207 an auto attendant will ask if you would like to speak to the receptionist or dial by extension. You may press zero to speak with a receptionist or you may dial the direct line of the person you wish to speak with.

Attached is a list of staff and their extensions for the H.E.W Department.





Page 4 GAMYU

First	Last	Position	Extension
Alyce	Crook	MCH Advocate	210
Angela	Longman	Receptionist	200
Antone	Brummund	Program Manager	238
Carol	Wostal	Community Health Nurse	216
Charlene	Imus	Data Intake Coordinator	215
Danna	North	In-Home	231
Darlene	Bender	Secretary	214
Darnell	Wilder	Driver	235
David	Brehmeyer	Speical Projects Program Manager	232
Dawn	Kufeld	Community Youth Family Counselor	227
Denise	Sine	CHR	207
Doris	Butler	Lead Transportation Driver	225
Jennifer	Pope	MCH Nurse	206
Karen	Hays	Program Manager	271
Lanadine	Smith	Administrative Assistant	270
Leon	Ghahate	Injury Prevention Coordinator	209
Linda	Havatone	Substance Abuse Counselor	236
Louise	Wood	Driver	224
Lyle	Havatone	Driver	224
Lyndee	Hornell	Strat. Prev. Project Assistant	205
Mary	lmus	Community Nutrition Worker (WIC)	202
Michael	Kufeld	Substance Abuse Counselor	230
Monique	Mahone	CHR Trainee	211
Nicollette	Teufel-Shone	Health Program Manager	274
Paula	Denicola	In-Home	229
Pearl	Sullivan	Youth Services Assistant	239
Peggy	Crozier	Receptionist/Secretary	213
Pete	Imus	Tobacco Program Coordinator	201
Roger	Cangialosi	Substance Abuse Counselor	233
Sandra	Irwin	Director	226
Sherry	Counts	Strat. Prev. Project Coordinator	203
Staci	DeLaney	Youth Family Counselor	237
Teresa	Hutchens	Program Project Coordinator	251
Tim	Vaughn	Radio Station Assistant	251
Tonia	Brooks	In-Home	222
Viola	Gala	Driver	224



Page 5 GAMYU

### ATTENTION VALUED GUESTS

DIAMOND CREEK RESTAURANT WILL BE CLOSED FOR REFURBISHMENT FEBRUARY 9<sup>TH</sup> AT 1:30PM-FEBRUARY 12<sup>TH</sup>.

WE WILL BE OPENING FOR

### TO GO ORDERS ONLY WITH LIMITED MENU

ON THE FOLLOWING DAYS AND HOURS:

SATURDAY, FEB. 11<sup>TH</sup> 11AM-8PM SUNDAY, FEB. 12<sup>TH</sup> 11AM-8PM

WE WILL BE OPENING MONDAY, FEB.  $13^{TH}$  FOR NORMAL BUSINESS HOURS 6:30AM-8:30PM

### **LIMITED MENU OPTIONS:**

- PIZZA
- DELI SANDWICH W/CHOICE OF FRIES, POTATO SALAD OR CHIPS
  - CHICKEN STRIPS W/FRIES
    - CHEF SALAD
  - CRISPY CHICKEN SALAD
    - ONION RINGS

- WINGS
- ZUCCHINI
- SEASONED FRIES
  - FRIES
- CHIPS AND SALSA
- WE WILL BE SERVING FOUNTAIN DRINKS AND BOTTLED DRINKS ONLY

# Tribal Consultation Meetings Regarding How the Current Statewide Automated Child Welfare Information Systems (SACWIS) Regulations Support or Hinder Tribes Administering a Title IV-E Program

The Children's Bureau (CB) is reaching out to Tribal communities to alert them of Consultation to be held via teleconference on February 15 and 16, 2012. These meetings will be held to collect comments from Tribal Leaders and their representatives on the impact of State-centric SACWIS rules on their ability to build information systems that meet their business needs.

On Thursday, January 5, 2012, a Federal Register notice was published, announcing our planned Consultation with Tribal leaders to discuss this topic. The Federal Register notice can be found at: <a href="http://www.gpo.gov/fdsys/pkg/FR-2012-01-05/pdf/2011-33336.pdf">http://www.gpo.gov/fdsys/pkg/FR-2012-01-05/pdf/2011-33336.pdf</a>

These questions will be addresses in the Consultation:

- 1. What are the obstacles for your Tribe in building a child welfare information system in general and a SACWIS-type system specifically?
- 2. What information do you consider critical to managing your child welfare program?
- 3. Is there any special information that Tribes need or will need in order to operate child welfare programs funded with title IV-E dollars?

During the Consultation, we will listen to the concerns and ideas of Tribal Leaders and their representatives as to how CB can support Tribal IV-E agencies implement effective automation systems.

Teleconferences: The February 15 teleconference will be reserved for Tribal Leaders; the February 16 teleconference is intended for Tribal administrators, child welfare program leadership, and other staff as designated by Tribal leaders. The teleconference may be joined by dialing these numbers:

February 15 call in: 888-989-8183 February 1

Password: 368-9268 Pass

February 16 call in: 888-673-9785 Password: 621-8061

The Consultation period will be preceded by an education session on current SACWIS regulations.



Page 6

GAMYU

DEPARTMENT OF HEALTH AND HUMAN SER- the Department-wide efforts.

DEPARTMENT OF HEALTH AND HUMAN SER-VICES

### Administration for Children and Families Tribal Consultation; Notice of Meeting

**Agency:** Administration for Children and Families, Department of Health and Human Services

Action: Notice of Tribal Consultation

**Summary:** The Department of Health and Human Services (HHS), Administration for Children and Families (ACF) will host a Tribal Consultation to consult on ACF programs and tribal priorities.

Dates: March 5-6, 2012

Addresses: Renaissance Hotel, 999 9th Street NW.,

Washington, DC. 20001.

13175.

For Further Information Contact: Lillian A. Sparks, Commissioner, Administration for Native Americans at email (202)401-5590. bν Lillian.sparks@acf.hhs.gov; or by mail at 370 L'Enfant Promenade SW., 2 West, Washington, DC. 20447. Supplementary Information: on November 5, 2009. President Obama signed the "Memorandum and Agencies on Tribal Consultation." The President stated that his Administration is committed to regular and meaningful consultation and collaboration with tribal officials in policy decisions that have tribal implications, including, as an initial step, through complete and consistent implementation of Executive Order

The United States has a unique legal and political relationship with Indian tribal governments, established through and confirmed by the Constitution of the United States, treaties, statues, executive orders, and judicial decisions.

In recognition of that special relationship, pursuant to Executive Order 13175 of November 6, 2000, executive departments and agencies are charged with engaging in regular and meaningful consultation and collaboration with tribal officials in the development of Federal policies that have tribal implications, and are responsible for strengthening the government-to-government relationship between the United States and Indian tribes.

HHS has taken its responsibility to comply with Executive Order 13175 very seriously over the past decade, including the initial implementation of a Department-wide policy on tribal consultation and coordination in 1997, and through multiple evaluations and revisions of that policy, most recently in 2008. Many HHS agencies have already developed their own agency-specific consultation policies that complement

In August 2011, ACF issued its Consultation Policy in partnership with tribes. This policy will help our program offices and program office regional presence to better engage Federally Recognized Indian Tribes in the development or revision of policies, regulations, and proposed legislation that impact American Indians. ACF firmly believes that in order to create a

good working relationship with tribes, it starts with requesting and receiving input from the tribes to ensure that we are meeting their needs and to establish

a partnership that can carry us into the future. Testimonies may be submitted no later than Febru-

ary 24, 2012, to: Lillian Sparks, Commissioner, Administration for Native Americans, 370 L'Enfant

Promenade SW., Washington, DC 20447. anacom-

missioner@acf.hhs.gov.

However, this deadline does not preclude anyone from providing testimony at the session and we will, to the extent that time allows, hear your testimony. If you plan on attending to present your testimony, please provide the name, title, and tribe of the individual who will be presenting to Kimberly Romine. Romine may be reached at Ms. berly.romine@acf.hhs.gov or by phone at (202) 205-5603. In order to facilitate the discussion, we ask that presenters provide a brief overview of the testimony and include the specific issues to be addressed at the session. For any tribe unable to attend to present testimony, please be aware that ACF will keep the testimony record open for 30 days after the date of the consultation. After 30 days, ACF will provide written responses to all testimonies received, including those

that were presented in person. To register for the consultation, please submit your name, tribe or organization, phone, and email address to Ms. Romine.

In addition to the Tribal Consultation session, ACF will be hosting a half day Tribal Training and Technical Assistance session to provide information about ACF programs, and ACF's Integration and Interoperability Initiative. The Tribal Training and Technical Assistance session will be held the morning of March 5, 2012, in the same room as the Tribal Consultation session.

Dated: January 11, 2012.

### George H. Sheldon,

Acting Assistant Secretary for Children and Families.
[FR Doc. 2012–1009 Filed 1–18–12; 8:45 am]
BILLING CODE P



Page 7 GAMYU

### A Comprehensive Funding Approach to Public Safety in Tribal Communities

January 23rd, 2012 Posted by Tracy Russo | http://blogs.usdoj.gov/blog/archives/1812

Last week, the Justice Department announced the posting of the Coordinated Tribal Assistance Solicitation (CTAS), a comprehensive grant solicitation to support improvements to public safety, victim services and crime prevention in American Indian and Alaska Native communities.

More than \$101.4 million is available through the 2012 CTAS. This year, funding can be used to conduct comprehensive planning, enhance law enforcement, bolster justice systems, support and enhance tribal efforts to prevent and control juvenile delinquency and strengthen the juvenile justice system, prevent youth substance abuse, serve victims of crimes like domestic violence and sexual assault, as well as support other crime-fighting efforts.

CTAS is a critical part of the Justice Department's ongoing initiative to increase engagement, coordination and action on public safety in tribal communities. This is the third year for CTAS, which provides tribal governments and tribal consortia with a single application to reach all of the department's grant-making components, including the Office of Justice Programs, the Office of Community Oriented Policing Services, and the Office on Violence Against Women. It allows these grant-making components to assess the totality of the public safety needs of each tribe or tribal consortia. The FY 2012 CTAS reflects improvements developed as a result of tribal consultations, listening sessions, and other feedback.

Commenting on the announcement, Associate Attorney General Tom Perrelli said:

"We are committed to helping strengthen and sustain safe and healthy American Indian and Alaska Native communities with a funding process that is responsive and coordinated. This effort to streamline the grant application process, with multiple purpose areas, offers tribes and tribal consortia an opportunity to develop a comprehensive and community-based approach to public safety and support for victims."

The Community Partnerships Grants Management System will begin accepting electronic applications on Monday, January 23, 2012. The deadline for submitting applications is 9:00 p.m. Eastern time on Wednesday, April 18, 2012.

For more information on the department's efforts to strengthen public safety in American Indian and Alaska Native communities, visit the Tribal Justice and Safety website at <a href="https://www.justice.gov/tribal">www.justice.gov/tribal</a>.

### Support the Strengthening of the Tribal Child Welfare Program Infrastructure to Improve Practice Reserve your Webinar seat now at: https://www3.gotomeeting.com/register/110119934

Join us for a Webinar on Monday, February 6, 2012 2:00 PM - 3:30 PM CST

In 2010, the National Child Welfare Resource Center for Tribes (NRC4Tribes) conducted a needs assessment to explore current practices in tribal child welfare in an effort to more fully understand the unique challenges facing tribal child welfare programs and to identify systemic and practice issues. Recommendations, informed by the needs assessment, identified potential areas of focus and support for tribal child welfare programs that could be provided by the NRC4Tribes and the T/TA Network. Webinars are one way in which to provide this support.

Please join us for a first in a series of webinars focusing upon the recommendations of the needs assessment. This first webinar entitled, Support the Strengthening of the Tribal Child Welfare Program Infrastructure to Improve Practice, will focus upon the findings of the NRC4T needs assessment, how to access free TA through the T/TA Network, Organizational Assessments, as well as one tribal child welfare agency's experiences in receiving an assessment.

### **Presenters:**

Joe Walker, National Resource Center for Tribes Steven Preister, National Resource Center for Tribes Emily Iron Cloud-Koenen, Lakota Oyate Wakanyeja Owicakiyapi (LOWO)

After registering you will receive a confirmation email containing information about joining the Webinar.

### **News Release**

FOR FURTHER INFORMATION CONTACT:

### **Holt Hamilton Productions**

Work: (602) 769-7681

e-mail: travisholthamilton@hhprod.com

January 23, 2012

For Immediate Release

### Frybread Film Announces World Premiere 'More Than Frybread' movie to premiere @ Wild Horse Pass

PHOENIX — Holt Hamilton Productions has announced the World Premiere of their fourth feature and long awaited comedy frybread film, *More Than Frybread*. The film will be shown for the first time to the general public at the Wild Horse Pass Hotel & Casino.

Location: Wild Horse Pass Hotel & Casino (5040 Wild Horse Pass Blvd, Chandler, AZ 85226)

Date: February 3<sup>rd</sup>, 2012 Show times: 7pm, 10pm

Tickets: \$9 in advance, \$13 at the door

The film tells the fictional story of the First Annual State of Arizona Frybread Championship competition between the 22 Federally recognized Native American Tribes that reside within Arizona. The 22 Nations each send one local champion to represent their tribe and compete for the coveted title of 'Arizona Frybread Champion'. The film closely follows five individuals from the Navajo, Hopi, Yavapai-Apache, Hualapai, and Tohono O'odham Nations as they journey from their homelands to the state championship held in Flagstaff, Arizona.

This will be the first feature film to include such a diverse variety of lead Native American actors from all reaches of Arizona. "We held auditions for many months across the state and found some amazing talented and undiscovered actors that only needed a chance to shine. This is their chance. There will be stars born from this film." Director/Writer Holt Hamilton stated in an interview earlier today. Hamilton also went on to say that the Native talent pool is still rather small in Hollywood and wanted to help "deepen and lengthen that pool" with some "new faces" by giving abundantly more opportunities for many that may never have another chance like this. "This is the heart and life blood of indie film making. Everyone has to take a step up and play a bigger role, including me," stated Hamilton. Hamilton, along with numerous cast and crew, will be in attendance at the event.

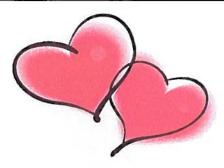
Holt Hamilton Productions also produced Turquoise Rose, Blue Gap Boy'z, and Pete & Cleo.

To arrange an interview please contact Travis at (602) 769.7681, travisholthamilton@gmail.com ###





Page 9 GAMYU



# 1<sup>st</sup> Annual Hualapai Valentine's Pow-Wow Contest All Categories February 24<sup>th</sup> & 25<sup>th</sup>, 2012

### **Head Staff Picked Daily**

Head Northern Drum: War Horse Head Southern Drum: Southern Guns

### Friday:

Bird Session: 5pm - 7pm

Grand Entry: 7pm

Color Guards Hualapai Veterans

### Saturday:

Gourd Dance: 10am - 12pm

Grand Entry; 12pm

Dinner Break: 4pm – 6pm Bird Contest: 4pm -6pm Gourd Dance: 6pm Grand Entry: 7pm

### Saturday Night

"Fancy Feather Special' \$1,000.00 Cash Prize
In Honor of the Late Olsen Duwyenie Sr.
Teens & Adults ONLY
\*\*Winner Take All\*\*

Men's Grass Special

Traditional Bird Singing & Dancing Tap Out Contest

Traditional Wear is Required for Everyone
Bird Singing Contest (Min. 4 Singers)

Admission \$5 per person daily

Or

\$8 for 2 days

Hualapai Lodge Pow-Wow Rate / Ph # 928-769-2230

Arts & Crafts Vendors ONLY: \$100 for 2 days

### **Contact Info:**

Damien Bear: 928-715-1602 Clayburne Nodman: 602-387-0404 Jorgiene Paya for Bird Info: Cell # 928-606-0837 / Hm # 928-769-1521

**ALCOHOL AND DRUG FREE EVENT!!** 

scheduling, programs, special events and guests.



### CHECK IT OUT!!!!

EPCH youth live on the air: Listen at:

www.kidstar.org
Select network stations
Select EPCH



# PEACH SPRINGS YOUTH RADIO

Mark your calendar on February 11, 2012

• EPCH youth radio will be hosting the first of a series of free youth events scheduled for every other Saturday

**0.0.0.0.0.0.0.0.0.0.0.0.0.0.0.** 

- · Community youth ages 10-25 may participate
- · Join us at the EPCH radio station building next to Healthy Heart
- Saturday, February 11, 2012 10:00AM TO 3:00PM
- Lunch and refreshments will be provided to participants
- Raffles and prizes for participants
- Come learn about KIDSTAR radio, the NARCH project, the local youth internet radio station **EPCH** and opportunities to participate regularly
  - -Learn how to be a d.j. and or a news broadcaster/interviewer from a professional FOX sports announcer and *give it a try*
  - -Learn how to write and produce public service announcements and give it a try
  - -Learn how to do computer audio production including changing voices, adding sound effects and adding background music and give it a try -Learn how to write scripts and perform dramas and give it a try!

**\*** 

Page 11 GAMYU



### CHECK IT OUT!!!

EPCH youth live on the air:

Listen at:

www.kidstar.org

Select network stations

Select EPCH



in action and receive updates about scheduling, programs.

special events and guests.

# PEACH SPRINGS YOUTH RADIO

Be sure to tune in for these local, regular programs:

- Native Noon hour (Native artists: music and story-telling; traditional and con temporary; local and national; which begins with NVIs Native National News- Daily at 11:55am
  - "Cultural Conversations" (interviews with Tribal staff and community members re cultural events and topics) Mon 4:00pm
  - "Behind the Peach" (interviews with Tribal staff and community members re department information and general local events and topics) Tues 4:00pm
  - "FACEOFF" (sports talk show with the DeFords) Wed 2:00pm
  - "HouseCalls" (interviews with Tribal HEW, IHS staff or other health professionals about health issues and services in the community) Thurs 4:00pm
- Listen to Hualapai youth live Mon -Thurs 4:00 to 7:00pm/ Fri 10:00 to 3:00pm
- Check out our rebroadcasting of Native Voice One's National Native programs:
  - "Earthsongs" (music and interviews with indigenous artists) Tues and Thurs at 9:00am
  - "Undercurrents" (folk and eclectic music by Native artists) Mon, and Wed at 9:00am
  - "Groove Central" (hip hop, dance and rap music by Native artists)- Fri at 9:00 am
- Reggae Rhythms Tues and Thurs at 3:00pm
  - Country Classics Mon and Wed at 3:00pm
  - Working for the Week Ends Classic Rock-Fri 3:00 to 5:00pm General Variety of Music and Public Service Announcements 24-7

For more info. call Terri Hutchens or Tim Vaughn at 769-1110.

GAMYU

Page 12



### **YOUTH PARTICIPANTS ONLY**

INCENTIVES FOR JAN-FEB 29<sup>TH</sup> 2012, GOOD LUCK TO EVERYONE





- TOP NARCH/DRAMA WRITERS RECEIVE GIFT CARDS TO WALMART, SUBWAY, YOGURT ISLAND
- MUST HAVE AT LEAST 10 HOURS OF COMMITTED TIME TO "NARCH-DRAMA."
  - 1 HOUR OF NARCH DRAMA WORK=50 POINTS
  - REFER A FRIEND AND RECEIVE 30 POINTS
  - ANY INDIVIDUALS 10-25 ARE WELCOME TO JOIN, WE ARE LOCATED RIGHT NEXT TO THE HEALTHY HEART.

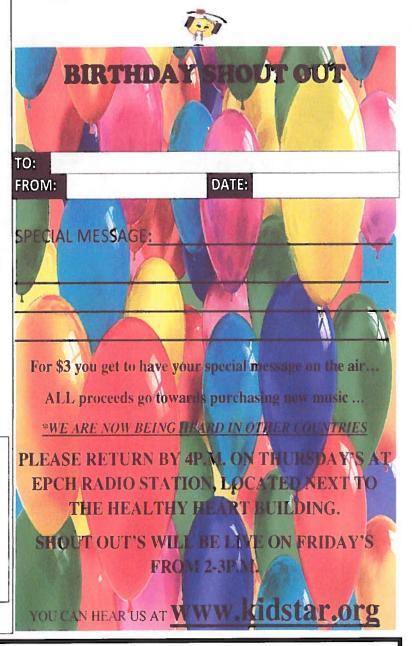
IT IS YOUR RESPONSIBILITY TO SIGN IN/OUT WHEN A'T THE RADIO STATION AND HAVE YOUR POINTS CHECKED OFF BEFORE YOU LEAVE.



NOW INTRODUCING "FAN OF THE MONTH"

FIND US ON FACEBOOK AND BE A FAN, YOU TOO AS A FAN GET PRIZES!!

ANY OUESTIONS PLEASE CONTACT TIM OR TERRI AT 928-769-1110



### From the Hualapai Tribal Court Re: JURY TRIALS

- If you are <u>selected</u> to sit on a jury panel this year 2012, the fee payment has increased to \$50.00
- If you fail to show for jury after you have been served with a jury summons the fee has increased to \$100.00, due within 30 days.

01/03/12





### PEACH SPRINGS SCHOOL

P.O. Box 360
Peach Springs, AZ 86434
928 769 2613

Mr. S. Dunsmore, Superintendent

January 27, 2011

### FEBRUARY EVENTS:

**February 8 -** Community Involvement Night: Valentine Activities, 5:30 - 6:30 p.m.

February 9 - Parent Seminar: 3
Easy Steps for Managing Your Child's Behavior by Dr. Gulchak
6:00-8:00 p.m.
in the library at PSUSD.
Dinner provided.

February 20 - No School, President's Day

**February 23** - Movie Night, 6-8 p.m. in the library

February 27 & 28 – U.S. Park Service Assemblies

February 28 - Picture Day

**February 29** - Family Involvement Action Team (FIAT) Meeting, 6-7 p.m. in the library

### Character Counts

### BULLYING

Bullying has reached epidemic proportions in American schools. The National School Safety Center (NSSC) called bullying the most enduring and underrated problem in U.S. schools (Beale, 2001), and in a national survey, nearly 30 percent of students surveyed reported being involved in bullying as either a perpetrator or a victim (Nansel, et al., 2001; Swearer & Espelage, 2004). In an effort to respond to this epidemic, Bully Prevention in Positive Behavior Support was designed, blending school-wide positive behavior support, explicit instruction regarding a 3-step response to problem behavior, and a reconceptualization of the bullying construct. Bully-Prevention in Positive Behavior Support (BP-PBS) gives students the tools necessary to remove the social rewards maintaining inappropriate behavior, thereby decreasing the likelihood of problem behavior occurring in the future. BP-PBS not only decreases incidents of bullying behavior, but also increases appropriate recipient responses to bullying behavior and appropriate bystander responses to bullying behavior.

Here at Peach Springs Elementary School, we have begun teaching the BP-PBS social responsibility cues: stop, walk, talk. Students are being taught to say "stop!" to those who are bullying them and then walk away. If the bully continues, students are asked to say "stop!" again, walk away, and then talk to an adult who will respond to the bullying issue. Students are also being taught how to respond when someone tells them to "stop". Social Services will also be providing instruction and supporting our school program for students, grades K-3, weekly. If you have any questions about bully prevention or would like to attend a class, please call Mrs. Appleby or Mrs. Morrison at (928)769-2613.



### Peach Springs Unified School District #8

403 Diamond Creek Road P.O. Box 360 Peach Springs, Arizona 86434 Telephone: (928) 769-2613 Fax: (928) 769-2214

Dear Parents and Guardians,

It has recently come to our attention that some students at Peach Springs School have brought prescription and non-prescription drugs to school, taken those drugs and, in some cases, distributed pills to other students. We are informing students and parents to the dangers of this practice, and held an assembly on January 26<sup>th</sup>.

We have discovered and confiscated the narcotic Tramadol and non-prescription Mucinex on school grounds. The Tramadol found is in the form of a white, round pill that has the imprint AN627 and dosage is 50mg. This is a painkiller for treating moderate to severe pain in adults. It can be extremely dangerous for young people and is not prescribed to anyone under the age of 16. Mucinex, in large amounts, is being used to get a 'high' feeling. These tablets are normally found as a coated, oval pill that is half white and half yellow or blue. The dangers of these are immense and can **lead to death**.

We are informing you so you may talk with your child about the dangers of drug use. If students are offered any drugs, they need to say "NO" and immediately report this to school personnel. We are also publishing the "Signs and Symptoms of Drug Use" for your information and review.

Drugs, prescription or non-prescription, are not to be in student's personal possession at PSUSD. Any medication brought to school must be in the original container and checked in at the front office per District policy and State law. Any student found with prescription or non-prescription drugs at PSUSD will be immediately suspended and the incident will be reported to local authorities.

If you have any questions or concerns, please contact the school at (928)769-2613. We appreciate your help in this matter.

Sincerely,

Scott Dunsmore

Superintendent/Principal



Page 15 GAMYU

### SIGNS AND SYMPTOMS OF DRUG USE

It is important to keep in mind that if a child shows any of the following symptoms, it does not necessarily mean that he or she is using drugs. The presence of some of these behaviors could be the product of adolescent stress. Others may be symptoms of depression or a host of other problems. Whatever the cause, they may warrant attention, especially if they persist or if they occur in a cluster. A mental health professional or a caring and concerned adult may help a youngster successfully overcome a crisis and develop more effective coping skills, often preventing further problems.

The key is change; it is important to watch for any significant changes in your child's physical appearance, personality, attitude or behavior.

### **Physical Signs**

- Loss of appetite, increase in appetite, any changes in eating habits, unexplained weight loss or gain.
- Slowed or staggering walk; poor physical coordination.
- Inability to sleep, awake at unusual times, unusual laziness.
- Red, watery eyes; pupils larger or smaller than usual; blank stare.
- Cold, sweaty palms; shaking hands.

- Puffy face, blushing or paleness.
- Smell of substance on breath, body or clothes.
- Extreme hyperactivity; excessive talkativeness.
- Runny nose; hacking cough.
- Needle marks on lower arm, leg or bottom of feet.
- Nausea, vomiting or excessive sweating.
- Tremors or shakes of hands, feet or head.

### **Behavioral Signs**

- Change in overall attitude/personality with no other identifiable cause.
- Changes in friends; new hand-outs; sudden avoidance of old crowd; doesn't want to talk about new friends; friends are known drug users.
- Change in activities or hobbies.
- Drop in grades at school or performance at work; skips school or is late for school.
- Change in habits at home; loss of interest in family and family activities.
- Difficulty in paying attention, forgetfulness.
- General lack of motivation, energy, self-esteem, "I don't care" attitude.
- Sudden oversensitivity, temper tantrums, or resentful be-

### havior.

- Moodiness, irritability, or nervousness.
- · Silliness or giddiness.
- Paranoia.
- Excessive need for privacy; unreachable.
- Secretive or suspicious behavior.
- Car accidents.
- Chronic dishonesty.
- Unexplained need for money, stealing money or items.
- · Change in personal grooming habits.
- Possession of drug paraphernalia.

### **Drug Specific Symptoms:**

**Marijuana:** Glassy, red eyes; loud talking and inappropriate laughter followed by sleepiness; a sweet burnt scent; loss of interest, motivation; weight gain or loss.

**Alcohol:** Clumsiness; difficulty walking; slurred speech; sleepiness; poor judgment; dilated pupils; possession of a false ID card.

**Depressants:** (including barbiturates and tranquilizers) Seems drunk as if from alcohol but without the associated odor of alcohol; difficulty concentrating; clumsiness; poor judgment; slurred speech; sleepiness; and contracted pupils.

**Stimulants:** Hyperactivity; euphoria; irritability; anxiety; excessive talking followed by depression or excessive sleeping at odd times; may go long periods of time without eating or sleeping; dilated pupils; weight loss; dry mouth and nose.

**Inhalants:** (Glues, aerosols, and vapors) Watery eyes; impaired vision, memory and thought; secretions from the nose or rashes around the nose and mouth; headaches and nausea; appearance of intoxication; drowsiness; poor muscle control; changes in appetite; anxiety; irritability; an unusual number of spray cans in the trash.

Hallucinogens: Dilated pupils; bizarre and irrational behavior including paranoia, aggression, hallucinations; mood swings; detachment from people; absorption with self or other objects, slurred speech, confusion.

**Heroin:** Needle marks; sleeping at unusual times; sweating; vomiting; coughing and sniffling; twitching; loss of appetite; contracted pupils; no response of pupils to light.

Tobacco/Nicotine: Smell of tobacco; stained fingers or teeth.

Page 16



### GED Registration and Test Dates Kingman Schedule / January – May 2012

MCC Kingman Campus, 1971 Jagerson Ave., Kingman, AZ 86409

T	Event	Date	Time	Room	Comments	
~	*GED Registration	Jan. 3	6:00pm	Student Center 200K		
2012	GED Testing	Jan. 6	6:00pm - 10:00pm	Student Center 200F	* Testing spaces are limited.	
	GED Testing	Jan. 7	8:30am - 12:30pm	Student Center 200F	Reserve your space in the	
<u>e</u> .	*GED Registration	Jan. 24	6:00pm	Student Center 200K	Precollege Studies Office	
January	GED Testing	Jan. 27	6:00pm - 10:00pm	Student Center 200F	Room 208 or call 928-692-3040.	
ا ت	GED Testing	Jan. 28	8:30am - 12:30pm	Student Center 200F		
7	*GED Registration	Feb. 7	6:00pm	Student Center 200K		
2012	GED Testing	Feb. 10	6:00pm - 10:00pm	Student Center 200F	* Testing spaces are limited.	
	GED Testing	Feb. 11	8:30am - 12:30pm	Student Center 200F	Reserve your space in the	
February	*GED Registration	Feb. 21	6:00pm	Student Center 200K	Precollege Studies Office	
를 f	GED Testing	Feb. 24	6:00pm - 10:00pm	Student Center 200F	Room 208 or call 928-692-3040.	
<u>.</u> "	GED Testing	Feb. 25	8:30am - 12:30pm	Student Center 200F		
	*GED Registration	Mar. 6	6:00pm	Student Center 200K		
2012	GED Testing	Mar. 9	6:00pm - 10:00pm	Student Center 200F	* Testing spaces are limited.	
8	GED Testing	Mar. 10	8:30am - 12:30pm	Student Center 200F	Reserve your space in the	
5 h	*GED Registration	Mar. 20	6:00pm	Student Center 200K	Precollege Studies Office	
March	GED Testing	Mar. 23	6:00pm - 10:00pm	Student Center 200F	Room 208 or call 928-692-3040.	
	GED Testing	Mar. 24	8:30am - 12:30pm	Student Center 200F		
	*GED Registration	Apr. 3	6:00pm	Student Center 200K		
2	GED Testing	Apr. 6	6:00pm - 10:00pm	Student Center 200F	* Testing spaces are limited.	
2012	GED Testing	Apr. 7	8:30am - 12:30pm	Student Center 200F	Reserve your space in the	
April	*GED Registration	Apr. 17	6:00pm	Student Center 200K	Precollege Studies Office	
2	GED Testing	Apr. 20	6:00pm – 10:00pm	Student Center 200F	Room 208 or call 928-692-3040.	
	GED Testing	Арг. 21	8:30am - 12:30pm	Student Center 200F	L	
-01	*GED Registration	May 1	6:00pm	Student Center 200K		
2	GED Testing	May 4	6:00pm - 10:00pm	Student Center 200F	* Testing spaces are limited.	
2012	GED Testing	May 5	8:30am - 12:30pm	Student Center 200F	Reserve your space in the	
2	*GED Registration	May 24	6:00pm	Student Center 200K	Precollege Studies Office	
May	GED Testing	May 30	6:00pm - 10:00pm	Student Center 200F	Room 208 or call 928-692-3040.	
1000	GLD resting lines of			Student Center 200F		

Assistance available for Hualapai tribal members only, submit a written request to the Education office.

- Test Registration: You must attend a registration session before taking the GED exam. To attend one of the registration dates, please call the Kingman Precollege Studies Office at 928-692-3040. Testing spaces are limited for each test session, so your name <u>must</u> be on the list to attend the registration.
- Cost: \$80.00 cash or money order (made out to Eric Corder), which is payable at time of registration. \$15.00 re-test fee for each section repeated. Thirty day wait requirement before re-testing.
- Identification: <u>Two</u> forms of ID are required for both registration and test-taking. One must be a state issued photo ID (Driver's License) and the second ID must be an original and official document (S.S Card, Birth Certificate, Credit Card w/ Photo, Bank Card w/ Photo).
- Age: You must be a minimum of 16 years of age to register for the GED exam. If you are 16 or 17 years of age, the Arizona
  Department of Education requires that you bring the following to registration:
  - A notarized statement from your parent or legal guardian giving you permission to take the GED exam and
  - A statement from the last school you attended certifying that you have officially withdrawn from school.
    - If the student is home-schooled, they must provide a letter from the County Superintendent's Office (700 West Beale Street; 928-753-0747).
- TimIng: The GED exam will take up to eight hours. The eight hours are broken up into two days. Short breaks will be given during exam session.
- Personal Items: Please leave all personal items at home the day of testing. All cell phones and pagers must be turned off and
  checked in upon entering the testing room. Any personal items brought from home will also be checked in upon arrival for testing.
  All testing supplies are provided by the GED Examiner (Ex: calculator, scratch paper, pen, eraser, etc.).
- Content: Five subject areas: Math, Science, Social Studies, Reading, and Writing.
- Test Results: Unofficial test results will be mailed within two weeks of the test date.
- Early Start Scholarship: After you earn your GED diploma you are eligible for an Early Start Scholarship for seven credit hours of free tuition at MCC.
- GED Test Accommodations: Accommodations are made for candidates who have diagnosed physical, mental, sensory, or learning disabilities and can provide appropriate documentation from a qualified professional of their impairment and its effect on their ability to take the GED Tests under standard conditions. To make arrangements contact Disability Services at 928-757-0848 for necessary guidelines and paperwork in <u>advance</u> of the testing date. Allow up to 3 months for processing accommodation paperwork.
- Additional Information:
  - Regarding GED Registration and Testing call Eric Corder at 928-681-5668 or email ecorder@mohave.edu
  - Regarding GED test preparation cail 928-692-3040 or email MCCGED@mohave.edu



Page 17 GAMYU



Meeting will be held at the Fire/ EMS Station Wednesday, Feb 8, 2012 @ 5:30 p.m

All interested individuals please come to the meeting to get further information on a great opportunity!

# Volunteer Firefighters Wanted!

We are seeking individuals who are 18 and older and who are self-motivated and are willing to make a difference in your community.





### Truxton Cañon Agency Branch of Forestry

If you are a high school student I encourage you to stop by the Branch of Forestry to take a tour of the facility, ask questions about the programs, and how to find yourself a position at Truxton Cañon Agency Branch of Forestry. We can give you the field experience and help you move toward a degree in natural resources but specifically Forestry.

If you are an undergraduate or graduate there is a scholarship opportunity below the Southwest Indian Agricultural Association and an announcement from Northern Arizona University School of Forestry. Don't miss out on any type of educational opportunities you will only develop your understanding and be an asset to our Hualapai tribe.

On a personal note, our goal is to give you all our tools, experience, and knowledge to watch you exceed our understanding in Forestry. We want to watch you develop as an individual, bring strength to our program foundations, continue programs through educational outreach, and bring depth to our programs. There are three things we look for within individuals 1) ATTITUDE, seeking the best in the worst 2) DEDICATION, wanting to be here 3) MENTAL/PHYSICAL FITNESS, run to the battle. Don't find yourself idling create opportunities.

- Truxton Cañon Agency Training Schedule (Open: Feb. 2, 2012 Close: Apr. 5, 2012)
- Graduate Fellowships School of Forestry, NAU (Due Date: Feb. 15, 2012)
- National Center for Cooperative Education in Natural Resources

Any Questions feel free to call,

TCA Staff

W: 928.769.2312

### Truxton Cañon Agency Training Schedule 2012

The 2012 Wildland Fire Season is on its way and we are looking for highly motivated individuals willing to work strenuous shifts, maintain a positive attitude, and to be a team player. Keep in mind fire is unpredictable so shifts include weeks away from home and working holidays.

### What is Wildland Fire?

A wildland fire is an unwanted ignition which consumes available fuels (grass, trees, shrubs) by crawling, creeping, jumping, and running before smoldering to rest. Unwanted fires are the results of Yellow Stone Fires (1988), Rodeo-Chediski Fire (2002), and most recently Wallow Fire (2010).

### What causes a Wildland Fire?

There are two types of ignitions 1) "anthropogenic" the results of human activity such as playing with matches, dropping cigarettes, embers from chimneys, unattended camp fires, and sparks from machines 2) natural ignitions are from volcanic activity and lightening.

### How do I apply?

Contact staff at Branch of Forestry or stop by the office for application, physical form, and nomination. The process for employment is to complete; 1) Drug test 2) Physical Exam (Optional Form 178) 3) Southwest Firefighter Application 4) Health Screen Questionnaire 5) Work Capacity Test (WCT): Informed

The position which you are applying for will determine the WCT as Pack test, Field test, or Walk test.

### What will I Do?

You will be a crew member on a 20 man hand crew made up of a Crew Boss, Squad Bosses, and Sawyers. On the other hand, you may be working on a wildland fire engine. Depending on experience and qualifications your position may vary.

### <u>Required</u>

- If you are on prescription medication a doctor's note must be shown before Drug Test or for a bodily injury's
- For pack test dress in gym clothes with walking shoes
- Wildland Fire boots are required with Vibram sole
   Wildland Fire boots are required with Vibram sole



Page 19 GAMYU

Course Number :	Course Title:	Nomination Due:	Course Date:	Location:	Time:	Coordinator Phone/ Fax/Email:
WCT	Work Capacity Test	N/A	Feb. 9	Branch of Forestry	0830 OR 1300	Melvin Hunter Jr. Phone(928) 769-3305 Melvin.Hunter2@bia.gov
WCT	Work Capacity Test	N/A	Feb. 16	Branch of Forestry	0830 OR 1300	Maynard Mahone Phone: (928) 769-3310 Maynard.Mahone@bia.gov
WCT	Work Capacity Test	Feb. 8	Feb. 15	Camp Verde, AZ Location will be scheduled and need a minimum of 5 participants	0830 OR 1300	Maynard Mahone Phone: (928) 769-2279 Maynard.Mahone@bia.gov Please Call
RT-130	Annual Fireline Refresher	Feb. 9	Feb. 16	Camp Verde, AZ Location will be scheduled and need a minimum of 5 participants	0830-1630	Maynard Mahone Phone: (928) 769-2279 Maynard Mahone@bia.gov Please Call
RT-130	Annual Fireline Refresher	Feb. 16	Feb. 23	Branch of Forestry	0830-1630	Melvin Hunter Jr. Phone(928) 769-3305 Melvin.Hunter2@bla.gov
RT-130	Annual Fireline Refresher	Feb.23	Mar.1	Branch of Forestry	0830-1630	Maynard Mahone Phone: (928) 769-3310 Maynard Mahone@bia.gov

### Truxton Cañon Agency Training Schedule 2012

Course Number :	Course Title:	Nomination Due:	Course Bate:	Location:	Time:	Coordinator Phone/ Fax/Email:
RT-130	Annual Fireline Refresher	Mar. 1	Mar. 8	Branch of Forestry	0830-1630	Melvin Hunter Jr. Phone(928) 769-3305 Melvin.Hunter2@bia.gov
I-100, S-130, S-190, L-180	Basic firefighter training	Mar. 9	Mar. 12 – Mar. 16	Thorton Tower, eastside of the Hualapai reservation	0800-1630	Maynard Mahone Phone: (928) 769-3310 Maynard.Mahone@bla.gov
WCT	Work Capacity Test	N/A	Mar. 15	Branch of Forestry	0830 OR 1300	Maynard Mahone Phone: (928) 769-3310 Maynard Mahone @bia.gov
RT-130	Annual Fireline Refresher	Mar. 16	Mar. 23	Branch of Forestry	0830-1630	Maynard Mahone Phone: (928) 769-3310 Maynard.Mahone@bia.gov
WCT	Work Capacity Test	N/A	Mar. 29	Branch of Forestry	0830 OR 1300	Melvin Hunter Jr. Phone(928) 769-3305 Melvin.Hunter2@bia.gov
RT-130	Annual Fireline Refresher	Mar. 29	Apr. 5	Branch of Forestry	0830-1630	Melvin Hunter Jr. Phone(928) 769-3305 Melvin Hunter2@bia.gov
S-212	Wildland Fire Chain Saws	ТВА	TBA	ТВА	ТВА	Maynard Mahone Phone: (928) 769-3310 Maynard.Mahone@bia.gov
CPR/1st Ald	Medical	ТВА	ТВА	ТВА	ТВА	Melvin Hunter Jr. Phone: (928) 769-3305 Melvin.Hunter2@bia.gov



### Truxton Cañon Agency Training Schedule 2012

### CLASSES AVAILABLE ONLINE AND CAN BE FOUND AT THE LINK BELOW

Required: IS-100b and IS -700a National Incident Management System Link: <a href="http://training.fema.gov/emiweb/is/is700a.asp">http://training.fema.gov/emiweb/is/is700a.asp</a>

The online training is a self study course and upon completion please submit your certificates to TCA.

National Wildfire Coordinating Group (NWCG) Training and Qualifications Link: <a href="http://training.nwcg.gov/courses.html">http://training.nwcg.gov/courses.html</a>.

Rookie Training includes: I-100, S-130, S-190, and L-180 Human Factors in the Wildland Fire Service (not offered online)

I – 100; Introduction to the Incident Command System (2006), required

S-110; Basic Wildland Suppression Orientation (2003), required

S-130; Firefighter Training (2003), required

S-190; Introduction to Wildland Fire Behavior (2006), required

S-260; Interagency Incident Business Management (2011), recommended for Crew Boss Trainee and Qualified

S-290; Intermediate Wildland Fire Behavior (2010), recommended for Squad Boss Trainee and Qualified

TCA - Branch of Forestry, 1130 Mesa View Dr. Peach Springs, AZ 86434 PH: 928.769.2312 FAX: 928.769.2326 HRS: M-F, 0800-1630

### **Graduate Fellowships**

### School of Forestry, Northern Arizona University

The School of Forestry, Northern Arizona University invites applicants from citizens or nationals of the United States for a newly established USDA-NIFA-funded graduate fellowship program, "Translating Forest Science for Global Practitioners." The Fellows will be trained in the science and art of translating forest science research results for forest managers and practitioners in the southwestern U.S. and internationally. We use "translation" in the context of forest science analogous to its use in human medicine: using research results to optimize patient (ecosystem) health. The Fellows will receive training and experiential learning to communicate research results between researchers and end users, such as forest managers and conservation practitioners. Funded fellowships are available for students working on Master of Forestry (\$18,500/year, tuition waiver, health benefits) or Doctoral (\$24,500/year, tuition waiver, health benefits) degrees. Applications for the Fellowship Program are due no later than February 15, 2012 and require application to the School of Forestry (described at http://nau.edu/CEFNS/Forestry/Degrees/MF/) plus an additional two-page essay about the relationship of the applicant's career goals to the focus of the program. Doctoral applications should specifically address translation of knowledge for international forest managers. The Fellowship Program is strongly committed to recruiting and educating Fellows from diverse backgrounds. Questions about the Fellowship Program should be directed to Dr. Thomas Kolb, Project Director (tom.kolb@nau.edu; 928-523-7491). General questions about School of Forestry Graduate Programs should be directed to Dr. Richard Hofstetter, Graduate Coordinator (rich.hofstetter@nau.edu; 928-523-6452). 



### National Center for Cooperative Education in Natural Resources

a program of the Bureau of Indian Affairs, administered by the USDA Forest Service 155 Indian Avenue, Box 5018, Lawrence, Kansas 66046 (785) 749-8427 Fax (785) 749-8439

December 1, 2011

Page 21



GAMYU

Dear Colleague:

Enclosed is information about the National Center for Cooperative Education in Natural Resources (NCCE) student summer employment programs for 2012. These programs are designed to promote the development of American Indian and Alaska Native natural resources professionals by helping students achieve their educational and career goals. The programs are to help BIA and tribal natural resources managers find qualified employees currently attending college with majors in the fields of forestry, range science, agriculture science, wildlife/fisheries, and other natural resources areas. Students will be considered for permanent positions under the Student Career Experience Program (SCEP) or for summer temporary employment under the Summer Temporary Employment Program (STEP).

- 1) Students accepted into the SCEP program receive tuition assistance (\$5,000/year), summer employment, and noncompetitive conversion to BIA or tribal positions upon graduation. Students selected for summer employment under the STEP program will be placed into temporary positions with a BIA agency or tribe as a GS3 or GS4.
- 2) Tribes and BIA units are eligible to hire students for summer and permanent positions. For summer employment, the Bureau of Indian Affairs may provide from \$5000 to \$7500 toward each student's salary depending upon the student's college major.

I would appreciate it if you would post the enclosed brochure where it will be available to individuals who may benefit from our services. For applications or additional information please contact my office at (785) 749-8427, (785) 749-8493 or ekiefer@fs.fed.us or bjbrown@fs.fed.us.

Thank you,

Brenda Woods-Brown NCCE Program Manager



Page 22 GAMYU

## National Center for Cooperative Education

Opportunities for American Indians and Alaska Natives School and Work: A Rewarding Combination

### NCCE: What is it?

The National Center for Cooperative Education in Natural Resources (NCCE) was established in May 1997. Located on the campus of Haskell Indian Nations University in Lawrence, Kansas, the purpose of NCCE is to better serve American Indian and Alaska Native students interested in pursuing careers in natural resource fields with tribes, the Bureau of Indian Affairs (BIA), or other natural resources agencies.

### NCCE -What does it offer?

- Tuition assistance \$5,000 annually
- Summer employment -Related to academic field of study \$10 \$13 per hour
- Employment opportunity after graduation BIA and tribal professional level positions
- Life insurance and health benefits Vacation, sick and holiday pay Retirement

### Minimum Requirements

- Have finished the freshman year in college, be in good academic standing, and accepted to attend or attending an accredited college or university
- Pursuing at a minimum, a bachelor's degree
- Majoring in a natural resources field such as: Forestry, Range Management, Agricultural Science, Soil Conservation, Geographic Information Systems, Wildlife Management, Watershed/Hydrology, Fisheries Management, Civil Engineering
  - Interest in a career working with tribes, the Bureau of Indian Affairs



Page 23 G A M Y U

### How to Apply

The application process consists of submitting:

- Completed federal employment form (OF 612)\* or resume\*\*
- Completed "Verification of Indian Preference for Employment" (Form BIA 4432)\*
- Letter of Application that includes: Your perception of your academic and applied strengths -A description of your career goals and objectives
- Letter of recommendation from academic advisor or faculty member that includes:
   How long and in what capacity the advisor or faculty member has known you as a student His or her perception of your academic and practical application strengths Any other pertinent information
- Proof of enrollment or acceptance into a college forestry or natural resources program
- Transcript and current class schedule
- Letter of support from tribal or BIA area or agency natural resources staff (optional but helpful)

### **Send Application Package to:**

Brenda Woods-Brown
Natural Resources Liaison Office
Haskell Indian Nations University
155 Indian Avenue, Box 5018
Lawrence, KS 66046

### **Application Deadline:**

March 5<sup>th</sup> of each year

### For additional information contact:

Brenda Woods-Brown - 785-749-8493, cell 785-691-8223 or bjbrown@fs.fed.us

Doug Eifler - 785-749-8414 or daeifler@fs.fed.us

Elaine Kiefer - 785-749-8427, cell 785-691-8224 or ekiefer@fs.fed.us

Website - www.itcnet.org/file download/9ae37ab7-3599-4bd5-a42c-00fa7a57c88b

<sup>\*</sup>Form OF612 is available at www.opm.gov and BIA 4432 is available through the Liaison's Office.

<sup>\*\*</sup>Resume must include all the information requested in the OF612.

Page 24 GAMYU

# GED CLASSES



Monday to Thursday
4:30 pm - 5:30 pm

@ The Peach Springs
School

For more information, you may call the Hualapai Education & Training @ 769-2200

# COMPUTER LAB

**Adults** 

8:00 am to 12:00 pm

CLOSED

12:00 pm to 1:00 pm

Attending Online

1:00 pm to 3:00 pm

Schooling or Online GED

1st-2nd

3:00 pm to 4:00 pm

3rd-8th

4:00 pm to 5:00 pm

- 30 minutes limit for each computer.
- Youth that are online schooling need parent guardianship or adult supervision.
- No children under 5 years of age allowed in the computer lab.
- If you are to print, only one computer is access to print (fees apply)
- NO FOOD OR DRINKS ALLOWED IN THE COMPUTER LAB!!!!!!!!

EDUCATION AND TRAINING DEPARTMENT

# lealth & Safety

# Learn to say 'no' to kids

Matthew Parker I Parenting I http://health.ninemsn.com.au/ family/

According to parenting ex-

pert, Dr David Walsh, more parents are using "yes" instead of discipline, guidance and standards to appease their children and ease their own guilt. The result? Children "are experiencing an epidemic I call 'discipline deficit disorder'," says Dr Walsh, the symptoms of which are impatience, consumerism and always wanting more.

Culture of disrespect. Sixty years ago, war-era parents over-disciplined and over-criticized their children. In the ensuing decades, however, the culture has slowly reversed and become so child-centered, the high note of self-restraint has been lost. "The culture today really glamorizes more, fast, easy and fun. More and more parents almost have an allergic reaction to kids being unhappy, we feel it's our responsibility to make sure they're having fun," says Dr Walsh, author of No: Why kids — of all ages — need to hear it and ways parents can say it (Free Press, \$49.95).

"The culture just is not as supportive of saying no as it was in the past."

A distorted self-image. As a consequence, children have become emotionally detached, less considerate, more self-absorbed and unaware of "real world" expectations. Australian parenting expert, Ken Mellor, who co-authored the book, ParentCraft: A practical guide to raising children well (Finch Publishing, \$24.95), says: "We think we're building our children's self-esteem by praising every ordinary thing they do, and letting them believe that mediocre is acceptable. But we're actually giving them a distorted self-image."

Schools are starting to feel the impact too. According to a recent national survey of 1300 school teachers, in NSW alone, a third of teachers plan to quit within 10 years. More than 60 percent cited student behavior as the reason. It's a crisis mirrored in America. "Too many teachers aren't only dealing with just a few unruly kids," Dr Walsh says, "they're contending with a culture of disrespect."

Saying no in a yes culture. It all starts with a bigger word than "no" — "yes". Saying yes may bring instant gratification and fleeting happiness, but it also cheats children out of the single most important lesson parents can



Page 25 GAMYU

deliver: self-discipline. "It is twice as strong a predictor of school success as intelligence, and without it I think our kids are ill-prepared for many things in life," Dr Walsh says. How do you reverse the 'yes' curse? Begin making long-term changes with these steps:

Set limits as well as standards. "You want to work toward a set of family rules and consequences that everybody understands," Dr Walsh says. "And don't try to address everything at once; pick the ones that you think are most urgent."

Make sure you explain consequences ahead of time. " Enforce them calmly and follow up with your child on how she could have behaved better.

**Don't cave in to tantrums.** "Unless you want a lot more of them," advises Dr Walsh. Never try to bribe, out-shout or threaten a child having a tantrum. Remove them to a safe space and once they're calmed down, follow up.

Expect a bit of mouthiness from kids. "Particularly teenagers. If it escalates into swearing, stop the discussion so they can calm down. Don't let them do something else in the meantime — the discussion must be finalized first. If cursing and put-downs become endemic, consider getting your children to sign a "behavior contract" that rewards good behavior.

Demand some accountability and responsibility for your child's actions. "Mellor recalls a time when his daughter broke the washing machine door in anger. "She was grounded, but she also had natural consequences in that I made her pay for it," he says. "It was a lot for a child to manage but she had to be responsible for her own actions."

### Implement natural consequences.

If your child gets up from the table and wanders around during mealtime, despite the family rule that's been set in place, and that she's well aware of, take the plate away and don't let her whine her way out of facing the results.

All children lie at times. When they are young, try to understand why they are lying — they may need your undiluted attention at that time. If you suspect your teen is lying, however, follow your hunch and calmly ask them for the truth. If they blow up, simply stop the discussion until they are composed. Explain how trust affects your relationship and how losing it will determine the consequences they will face for lying to you.

Teach your child how to follow through and achieve objectives on their own — particularly between the ages of seven and 10. Many parents "help" too much with homework, for instance, and end up creating a lazy thinker in their child who makes no effort, but still gets results. "To avoid this development, we need to keep at them every

day to prompt themselves, so they complete things that will pay off if they keep at it for days or weeks," Mellor says.

**Don't overdo "no"** — it loses its effectiveness. Instead, offer clear options. If your teenager wants a nose ring, for example, tell them you understand how popular they are, but high school is not the time to make such a decision. They can have a "fake" removable nose ring or wait until they're 18.

Always use positive language. Try to avoid "don't" messages like, "No yelling". Instead, say "Please use your 'inside' voice".

**Teach them to be competent.** Dr Walsh admits that he used to take over when his eight-year-old cleaned the bathroom as her chore — because she didn't meet his standards. While you need to teach children to "do things right", it's equally critical to let them feel capable.

Encourage good behavior. For example, take note when your son is patient with his little sister, and tell him you appreciate how responsible he is.

**Delay gratification.** Instead of constantly buying things for your child, give them an allowance and let them save for their own purchases.

Count how many family meals you share. If your child's extracurricular schedule is cutting in, drop an activity. According to Dr Walsh, children who eat family meals are less likely to do high-risk behaviors.

Never put a TV or video game system in your child's room, and limit TV access to two hours per day. Kids with their own TVs spend five hours more a week in front of the screen.

We should say no Parents struggle with instant gratification just as much as their kids. Whether it's buying a new TV, or parking the children in front of it so you can answer the messages on your BlackBerry, Dr Walsh says self-indulgence is "an epidemic amongst adults. Good parenting takes a lot of time, attention and energy — but we're a very short-term society".

The trend towards smaller families translates into more disposable income to make kids happy. "But we can go down the wrong track if we don't understand that frustration and disappointment are part of growing up," says Dr Walsh, "and children need to learn how to deal with them."

So many parents seem to think that feeling good equals positive self-esteem. According to Dr Walsh, this is a mistaken belief. "We have a myth that feelings of frustration and disappointment damage self-esteem. And that's why a lot of us get overprotective, and try to shield our kids from bad feelings."

### French Parents: Vive La Difference?

Debra Ollivier / Contributing editor and writer at large, Huff/www.huffingtonpost.com / Posted: 01/24/2012 6:23 am

Sixteen years ago, when my first child was born in Paris, I baby-proofed our apartment with rubber edge liners, covers on electrical sockets, latches on windows, locks on drawers and toilet seat guards. The parts of our living room that weren't bound and shackled were filled with happy, fluorescent kiddle toys. My French neighbor Genevieve took one



Page 26 GAMYU

look at our place and said: "Your apartment looks like a psych ward." This was one of several lessons I'd learn about how the French parent differently from us.

Much has been written on the subject, including by yours truly. For centuries we Anglo-Saxons have been preoccupied with how the French seem to do things better or differently from us, including why they don't get fat (even though, of course, they do). Almost a decade ago, after living in Paris and observing French mothers, journalist Judith Warner returned to America, took note of the parenting landscape in her homeland, and wrote "Perfect Madness: Motherhood in the Age of Anxiety." The title says it all.

Now author and French expatriate Pamela Druckerman brings us her soon-to-be-published "Bringing Up Bebe," a book exclusively dedicated to this comparative parenting turf. Druckerman, 41, has three kids that she's been raising in Paris. On the origins of her book, she told the Daily Mail in a recent profile: "My French friends didn't have to hurriedly end phone calls because their kids were shouting for something...They were, overall, just more relaxed. It was a cumulative effect, which lead to a 'hang on, maybe they're onto something,' So I decided to look into it."

What Druckerman found -- and what most expatriates discover -- is that where childhood trumps adulthood in the States, the opposite is largely true in France. Kids are not king in France -- and if you treat them as such, they quickly become tyrants with a sense of entitlement that sticks around well into adulthood. Though they love their kids passionately like everyone else, the French generally don't subvert their identities to the lives of their children. Boundaries, in other words, are good, particularly in protecting the sanctity of parents' private life. (No, Marie-Louise, you may not sleep in mommy and daddy's bed. And yes, Jean-Pierre, you must sit at the table every night for family dinner and eat correctly.) Kids are essentially expected to adapt to the grown-up world and not the other way around.

And most impressive, perhaps, as Druckerman discovered, "French women certainly don't suffer the same guilt about everything." No, they certainly don't. Guilt seems to be the American mother's evil stepsister.

Somehow in the last decade or so, trophy wives were replaced with trophy kids in the States, parenting became a verb, and an already sizeable how-to industry catering to fretful parents became colossal. (Amy Chua's "Battle Hymn of the Tiger Mother" is the latest manifesto to sand-blast fear and doubt into every parent's heart.) Meanwhile, the French kept doing what they'd done for centuries, parenting with an iron fist in a velvet glove without forsaking pleasure in life. As Druckerman notes:

• "While I kind of assumed that when I had a baby, my marriage and my body was going to suffer, and I wouldn't have any time for myself, the French just don't assume that. They don't have any illusions, but won't subjugate themselves entirely to the will of the child."

It certainly helps that the French government actually underwrites family values rather than paying lip service to them. French parents enjoy an infrastructure of social benefits that we can only dream of, including four to six weeks of paid vacation and excellent free education that starts with nursery schools and extends all the way to universities. Though the French and their system are far from perfect, when it comes to parenting their culture by and large nurtures common sense and autonomy.

On that latter point, Druckerman states:

"The French are absolutely not draconian about their own rules. They actually believe that children are more capable, in some ways, and believe in their autonomy. They just give a clear framework in which they can learn and see it's a process -- you don't suddenly arrive at being a brilliant parent."

Being a brilliant parent and a whole person, for ourselves and our children, is what we all aspire to. On that note, Druckerman's words recall the time many moons ago in Paris when I refused to let my son go to England on a three-day field trip with his bilingual pre-school class. The school director looked at me warily and said, "Madame, holding onto your child is not good for cultivating an independent spirit." Then she smiled (a bit smugly, I might add) and said, "We only have this problem with Anglo-Saxon mothers." The French kids later traveled across the English channel and the American kids stayed home. Meanwhile, French mothers enjoyed three days alone with their spouses. The Anglo-Saxon moms, on the other hand, lugged their gear and sand toys to a rainy park where they sat on wet asphalt and cheered everyone on with "Good job!," then went home exhausted and fell asleep with the kids. Had I known then what I know now, I probably would have let my son cross that English Channel.

### Cyber-bullying highlighted in death of 9-year-old girl

Written By Dr. Manny Alvarez / Published January 12, 2012 / FoxNews.com

It was with a heavy heart that I read Thursday about the death of Kathleen Edwards, a 9 -year-old girl from Michigan with Huntington's disease. Kathleen's story received national attention when, in October 2010, she was cruelly taunted



Page 27 GAMYU

by her grandmother's next door neighbor. The neighbor, Jennifer Petkov, posted pictures on Facebook of Kathleen's face with her eyes closed and a pair crossed bones beneath them, and a picture of Kathleen's mother and the Grim Reaper. Petkov was reportedly in a feud at the time with Kathleen's family.

This story really affected me when it came out because I could not believe that in the face of a child who was suffering from a very devastating disease, a person could be so insensitive as to cyberbully her and make her life harder. It also reminded me of the challenges that many children with disabilities face, especially in the age of social media. As you all know, I have an autistic child, so I always worry about other people taking advantage of or harassing him for his challenges.

Every day, I try to teach my children to respect others. I tell them if they don't understand something, they should learn more about what's going on first, before making any comments. Huntington's disease is a severe neurodegenerative disease. It's passed down through families as a genetic defect on chromosome 4. The defect causes a part of the DNA to repeat itself many more times than it is supposed to and results in the brain wasting away.

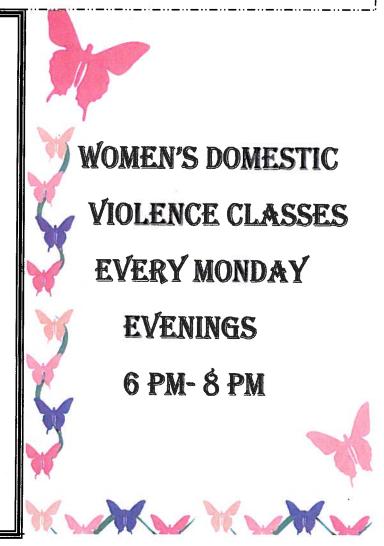
While Huntington's usually affects people between the ages of 30 and 40, the longer it is passed down a family line, the earlier it begins to present itself – meaning it can eventually affect young children like Kathleen. The disease can cause a number of severe symptoms, including hallucinations, behavioral disturbances and abnormal movements of the body. Eventually, the patient descends into dementia, and finally, death. There are currently no treatments or cures.

That's why I was outraged to hear what Kathleen had to suffer through, in addition to her disease.

Parents, please talk to your children about bullying. Talk to your children about compassion for others. And tell the story of little Kathleen Edwards, a brave and beautiful child that could teach many of us a thing or two about life.

Contributed by the Hualapai Human Services, Anti-Bullying Program

# DOMESTIC VIOLENCE BATTERERS INTERVENTION CLASS HELD AT HUMAN SERVICES Wednesday 6:00 PM TO 8:00 PM MEN/WOMEN





Page 28 GAMYU

### "IMPROVING PATIENT CARE"

### PEACH SPRINGS HEALTH CENTER

Health Center Hours

Monday—Friday • 8:00 a.m.—5:00 p.m.

We are now open on Thursday mornings!



### Important Reminders:

- Appointments are scheduled in 20-minute time slots, so please arrive early for your appointment. If you are late, you may have to reschedule.
- Call the medical (2920) or dental (2903) appointment lines to schedule or cancel your next appointment.
- Walk-ins will be seen on an emergency basis only. If you are not sure, please ask!
- <u>72-Hour notification to Contract Health</u> is required for emergency treatment or admission at a non-IHS facility.
- Remember to take all outside prescriptions to the Pharmacy. They will be reviewed and approved by an IHS Physician and then entered into your Electronic Health Record (EHR). Prescriptions CANNOT be filled without an order in the EHR from the Physician. This process may take some time, we appreciate your patience.
- Please <u>limit THREE</u> in the room during doctor appointments. Parents/Guardians please limit TWO children with you in the room during your appointments.

### Pharmacy Department



Pharmacists (left to right): Scott, Philip, & Nick

P.O. Box 190 • 943 Hualapai Way • Peach Springs, AZ 86434 Phone: 928.769.2900 • Fax: 928.769.2701 • Toll-Free: 1.888.478.4369

Medical Appointments: 769.2920 • Dental Appointments: 769.2903 Pharmacy (Refills): 769.2992 • EMS (After Clinic Hours): 769.2233



Page 29 GAMYU

### "IMPROVING PATIENT CARE"

### A Note from Your Friendly Pharmacists...

As you may have noticed, there have been a few changes in the pharmacy staff here at Peach Springs. Robert Boyle has moved to Pinetop and is working with the Apache tribe in Whiteriver. Philip Williams has taken Robert's place, and Scott Myers is an additional pharmacist that has been added to the team. We hope to serve you well. Please let us know if there is something that you believe we could do to serve you better.

Below are answers to some questions you may have.

- 1. What is the process for getting a prescription filled that was written by a doctor outside the clinic?
- To ensure that your primary care doctor is aware of procedures or other problems that have been addressed by other doctors, the prescriptions need to be reviewed. This review must be done in between patients, at lunch time, or at the end of the day. If a prescription is dropped off in the morning or early afternoon it will usually be filled by the end of the day. Please call before coming to pick up your medication to ensure the review has been completed and your medication is ready.
- The doctor's review ensures that when your doctor sees you, he/she will know the whole picture of your situation and be better able to assess your needs.
- If the prescriptions are from a discharge from the hospital, it will be best to see the doctor first and have him enter the prescriptions at that time.
- Once in awhile, the doctor will want to see you before filling the medication. If this occurs it is only to ensure that you get the best care possible.
- 2. Why does my drug look different, and why do you change medications on me?

There are a few different times that we change medications.

- First is when there is a service unit wide change. We are part of the Colorado Service Unit which includes Parker Indian Hospital and a few other remote clinics. Whenever they make a formulary change we make the change with them. An example of this is the change from Actos® (pioglitazone) to Januvia® (sitagliptin) and Lantus® (insulin glargine) to Levemir® (insulin detemir). These are made for multiple reasons, but many people are involved in these decisions and much thought and discussion goes into these types of changes.
- Once in awhile there will be a change from one generic to another of the same drug simply based on cost.
   When medications are deemed equivalent by the FDA, we try to choose the medication with lowest cost to help free up funds for other clinic needs.
- The third is when there is a shortage of a medication and we have to change brands (from brand to generic or to another generic). This, unfortunately, happens quite often. We have no control over this whatsoever. To ensure that you are able to continue to get the same therapy as before, we have to get another generic to replace the one that is no longer available. We make every effort to make you aware of this when it happens.
- 3. Can I get my flu shot and other shots from the pharmacy?
- Yes you can. We can give most adult immunizations without a physician visit.
- 4. Are you going to continue to have hearing aid batteries?
- Unfortunately, until further notice, we will no longer be carrying hearing aids. Hearing aid batteries can be purchased at any pharmacy in Kingman or online. Drugstore.com has 16 size 10 batteries for \$14 including shipping.
- 5. Is there somewhere more private where we can discuss my medications?
- Yes. We have a counseling room right next to the pharmacy where we can discuss your medications in private. If you would prefer that we discuss your medications there, please let use know when you pick them up.

### "IMPROVING PATIENT CARE"

Page 30

### Meet our Newest Staff...

### Jennifer Edwards, Nursing Supervisor

Jennifer is a member of the Seneca-Cayuga Tribe of Oklahoma. She graduated with a Bachelor of Science in Nursing from the University of Tulsa Oklahoma and is a member of the Sigma Theta Tau, an honor society for nurses. Currently, she is working on completing her Masters in Public Health (MPH).

Jennifer has worked with IHS for 7 years and tribal for 3 years in Oklahoma. Before arriving in Peach Springs, she worked for the Hopi tribe at the Polacca Health Center. Her background in nursing is in Public Health, OB, Labor and Delivery, and Pediatrics. Jennifer has been working at Peach Springs Health Center since August 1, 2011. She is happy to be here and if there are any concerns, she will offer her service or point you in the right direction.



### Lilly Salinas, Health Technician

Lilly recently started working for Peach Springs Health Center on January 15, 2012, as a Health Technician. She graduated from the Arizona Institute of Business and Technology (now Brookline College) in 1997. She has 13 years of experience as a Medical Assistant and is happy to serve in the health field for the Hualapai community.



### Frank Starr, Maintenance Supervisor

Frank is a member of the Oglala-Sioux Tribe and grew up on the Pine Ridge Indian Reservation in South Dakota. He joined the Marine Corps in 1990 as a machine gunner, where he served in Operation Desert Shield/Desert Storm in the Gulf War and Operation Restore Hope in Somalia. After travelling around the world he ended his tour of duty as a Marksmanship Instructor.

Frank met his wife in 1995 while she was serving in the Army and they moved around to three military bases before settling back in South Dakota. They both started working for IHS in 2000.

In 2005, he began to pursue a career in the plumbing field taking classes at night and working during the day as a plumber. Within the past twenty years he has worked in the areas of building construction, heavy equipment operator, residential/commercial plumbing, and maintenance for both tribal and government agencies . Frank is glad to be aboard and looking forward to providing the staff and community his service. Pilamaya (Thank you!)





Page 31 GAMYU

# Mobile Onsite Mammography Screening (MOM)

Coordinated by Peach Springs Health Center

# Wednesday, February 8, 2012 8:00 am-5:00 pm Call 769-2920 to make an appt.

If you need transportation, please call the CHR Program @ 769-2207. Advance notice is recommended in order to guarantee transportation services.





Page 32 GAMYU

### Mobile On-site Mammography Breast Cancer Screening and I.H.S Peach Springs Health Care Center



Early detection saves lives, have your annual mammogram.

Do it for those who love you.

### 15 Minutes Could Save A Life!

Mobile On-site Mammography is focused on providing the highest quality of Mammography service with our professional experienced staff, using the latest *Digital Mammography Technology* for your safety and comfort.

**Date and Location:** 

February 8, 2012

943 Hualapai Way, Peach Springs

Time:

8am-5pm

How to make an appointment:

Please call 928-769-2920 to schedule your convenient

appointment.

Day of appointment:

The location of where you had your prior mammogram

films.

Cost:

Insurance Coverage with: Colorado River Service Unit

(CRSU). We are pleased to offer Full Field Digital Mammography and CAD Computerized reading.

It is your responsibility to consult your individual plan for coverage and limitations. You will be responsible for any charges that are not covered. Patients under age 30 must provide a Dr.'s referral. Baseline mammograms recommended at age 35-39, (unless family history or symptomatic) and most insurance plans cover women every year over 40 years old.

We are now able to accommodate breast implant patients.





Page 33 G A M Y U

Do you have any concerns about how your child:

		YES	NO
Plays	& interacts with others		
Learn	B		
Comr	nunicates		
Move	s		
Sees		The state of the s	
Hear	3		

If you answered "yes" to any of these concerns we recommend a medical evaluation <u>and</u> a developmental screening.

Read to your child every day.

FIRST THINGS FIRST azftf.gov

### **Developmental Screening:**

Hualapai First Things First <u>Hualapai Health Department</u> (928) 769-2207

### **Developmental Screening:**

Ages Birth-Age 3

<u>Arizona Early Intervention Program (AzEIP)</u>

Milemarkers Therapy Inc.

(928) 854-5439

### Developmental Screening:

Ages 3-Elementary School age Peach Springs Elementary School Special Student Services Director (928) 769-2613

# What do we offer the Hualapai Community?

• Home visits for preventative education and health concerns during Pregnancy to age 5

# • Developmental screenings & Educational resources

-Ages and Stages Questionnaire
-Learning activity booklets

### Monthly MCH Education

Lunch n' Learn

New Moms Class

Toddler's on Tuesday

### ·Parenting Tool

-Arizona Parent Kit





Page 34

### Florida Man Guilty of DUI Manslaughter Sues Victim

By Edward Lovett / Jan 18, 2012 / ABC News Blogs



A man who had pleaded guilty to DUI manslaughter stemming from a crash near Tampa, Fla., on Christmas Day 2007 now denies causing the crash that killed

three of the four people in the vehicle he hit. David Belniak has sued the estate of Ray McWilliams, the now-deceased driver of the other vehicle, for more than \$15,000, saying it was actually McWilliams who caused the crash by abruptly changing lanes, according to the Tampa Bay Times.

McWilliams initially survived the crash but later died. Belniak was sentenced to 12 years in prison, where he remains. The money is to compensate Belniak for medical bills, "pain and suffering," and "loss of capacity for the enjoyment of life," according to the suit. The Times reported that Belniak's attorney, Debra A. Tuomey, who is also his sister, said the government's prosecution amounted to a character assassination and Belniak accepted a plea deal only to avoid risking getting a life sentence in trial.

Tuomey said she wanted her suit, filed last month, to be considered alongside an existing suit brought by the victims' relatives against Belniak, scheduled for trial in April. In an interview with ABC News, Maureen M. Deskins, who is representing the estate of Ray McWilliams, could think of no tactical reason that might explain Belniak's suit.

"If the jury [in the civil suit] decided McWilliams shared some fault for the accident, they would be allowed to apportion liability accordingly," she said. Belniak's suit could backfire, she said, inflaming jurors, who might already be sympathetic to the victims of the crash for which Belniak admitted guilt. "It's hard to wrap your head around," Deskins said.

Join us for the Relay For Life of Kingman

GAMYU

### When

Saturday June 2, 2012 Event starts at 6:00 PM And ends at 6:00 AM on Sunday June 3th

<u>Where</u> Kingman High school

### **CONTACT INFO**

Event Chair: Jodi Snow 928-681-2821 Kingmanrelay2012@gmail.com

Team Development:
Cecilia Clouser
928-530-7716
cececlouser@yahoo.com

\*Start a Team
\*Join a Team
\*Sponsor a Team
\*Invite a Survivor
www.Kingmanrelayforlife.com

Relay For Life of Kingman 403 N Agassiz Suite 1 Flagstaff, Arizona 86001

"There aren't any facts that support the allegation [Tuomey] is making," Deskins added. "That's why the victims' family is breathless" at Belniak's suit. Six eyewitnesses said McWilliams was stopped a red light when Belniak, at 70 to 90 mph, and never veering or braking, rear-ended him, Deskins said. The event data recorder in McWilliams' vehicle showed it was not moving at the time of impact, she added. And prior to the incident, citizens had called Florida Highway Patrol to say Belniak had been driving out of control, she said. Debra Tuomey did not respond to a request for comment.

Date 25

Page 35 G A M Y U

# community messages

January 23, 2012

TO: THE TRIBAL MEMBERS AND COMMUNITY

Fr: Richard A. Walema, Sr. Vice-Chairman

**Belated Merry Christmas and Happy New Year** 

I was reinstated back to my office to continue my fulfillment of running the Nation. It's true that I've been suspended for signing a Personnel Action Form. Frankly, it was something our tribal council did and walk around here like they did nothing wrong. But they destroyed my character. Come on community, what if I was charged with sexual harassment, now, that's a violation. Then, I really did something wrong. It's obvious that they didn't want me in office.

My constitutional rights as an elected official (they) the council violated my due process and the Code of Ethics. I know if I surely did something wrong then I'd be ashamed of it. As I spoke to my attorney, I said and clearly advised him, I did nothing wrong.

I'd like to thank my family for not interfering in my own issues. I know that some of our council members harassed you, and here, when their kids talk to me, I treat them with respect.

But this being a new year, one of my elder's said to me. What they did, you'll always remember, but put that behind you and move forward. To my elder's, who showed up at the tribal courts to hear the case, but it never went forward. To my friend, who was there for me and showing support. I appreciate you very much. Gosh! There is so much t say in disgust, but as I sat in my office, reading material and this little message came to focus. Don't dwell on what went wrong. Instead, focus on what to do next. Spend your energies on moving forward toward finding the answer. And respect to some of my close friends who said was just watch, what comes around, goes around, the things they're doing will catch up to them.

Like I said to my family and friends, I will always be Richard. I hear you. I should have been more aggressive coming to lead the Nation. But in honesty - I didn't know anything about being a tribal politician, but as I began to know, it's time for me to finish my term and move on in June. Thanks again.

Thank you

On behalf of our in law Patricia and nephews: Preston, DeRyan, Onix and Erwin. I, Leatrice W. Smith and family would like to thank the Hualapai Tribe to allow our Walema family to use the Multiple to have the funeral and wake for our penham

Building to have the funeral and wake for our nephew and allowing him to be buried by his father Owen Walema, who has passed on two years ago. With the assistance from

the Havasupai Tribe, the family would not have made it without you. The funeral and wake was also held in Supai, Arizona. The Havasupai peoples showed a lot of respect by comforting the family. Our nephew was flown out of the canyon and brought to Peach Springs following the wake services.

We appreciate the singers who sang, can't name them all, but you know who you are, and it meant a lot. To all who danced, it was a good comfort t us. Those who brought food, who helped in the kitchen, who brought the beautiful flowers, we sincerely thank you. I just want to mention that Patricia and our nephews were comforted deeply by all those who showed up to give respect. Not to mention those who shared the bible with good kind words and words of wisdom. Thank you to the Roads Department for digging the grave. We will miss him but he's in a better place called Heaven. May God bless each and every one of you.

From: Leatrice W. Smith

In Loving Memory of Philip Bravo Sr. May 26, 1934-December 21, 2011

\*\*\*\*\*

The love we have for Grandpa will never fade away. We'll think of him, our special friend throughout each passing day. We'll walk into the room and see his empty chair; although we know he's resting, we'll feel his presence there. The memories of his laughter, his warm

and loving smile, his eyes so full of happiness, his heart that of a child. Memories are forever be they laughter or of tears, memories we will treasure through all the forthcoming years. We miss you Grandpa...Rest in Peace..

Love Forever and Always, Mavis, Natalie, Ryan and Samuel Bravo

Happy Birthday January 08, 2012

Happy Birthday Lanadine Fallingstar Smith.

Sooo much things have come and go, and with my job, I totally fogot your birthday but toward evening I remembered. Sorry Hum-

see', but remember you were my first precious baby girl I held in my arms and you looked so beautiful and you still are. God saw that all parents need a special gift so he gives us a child of God. I often worried about you and my grandson's when you lived in Great Falls, MT, but you have moved back to Peach Springs and that makes us happy. You have been a great help to me. Keep your head up and keep smiling.

Love Mom, Leatrice W.S.

\*\*\*\*\*\*

**Happy Birthday** 

To our Mother Addie, we want to take this time to thank you for all that you have done, all the help and sacrifices you did for us. You do everything for other people everyday, but your birthday (January 31) is YOUR day. Enjoy it and do whatever

GAMYU Page 36

you want to do. You deserve it. I hope you enjoyed the family dinner we had for you. We love you so much. HAPPY **BIRTHDAY!!** 

Trece & Fran

~~~~~~~~

HAPPY BIRTHDAY MOM (ADDIE) (January 31st)

Mom, I would like to wish you a very happy birthday to you. I know you're probably thinking another birthday and OMG I'm getting old. But in my eyes I see you as a beautiful, and heartwarming young lady. I want to take this time to thank! you for all the wonderful things you do for me and my kids. Every time they see you, you brighten their day with love and laughter and you always know how to put a smile on their little faces. They can't stop talking about you (grandma this, grandma that). That's how much joy and love they have for you.

So on your special day, you enjoy your "ME" time for you deserve it. Don't worry about work or us. We will always be here.

### LOVE, Sonja

P.S - Your grandkids put their own little message in the Gamvu.



Birthday

Happy Birthday Grandma, we love you me, Kellen and KK, Shayla. We love you. We want to spend time with you all the time, on your birthday. You know we love

you with all our hearts. Happy Birthday!! 😉 Shauntel, KK, Kellen, Shayla

Happy Birthday Ariel W.

Happy 5th Birthday to a very special girl, Ariel Whatoname, February 14, 2012. I remember when you were a baby, you are going soo fast. I love you and hope your day is special as a princess.

We all love you, Momma, Daddy Durlel, Brother Johnson & David, Grandma Becky, Auntle Katiyn & Jerrilyn and cousin Gisele and Gabbi



Happy Birthday To Judd Bravo on February 15th

Thody Wzshes To my little big brother, I don't remember how old your getting, we just hope you have a blessed day and are happy to

see that you're enjoying your early birthday present! Congratulations to you and ! Chevenne on your little bundle of joy! She's precious so treat her and her mommy with love and respect.

Love, Danielle & Lawrence

**Basketball** 

While visiting in Peach Springs, I have had great pleasure watching the middle school basketball team play (Warriors). They have great talent, good (excellent) sportsmanship. People take pride in our youth. Be proud and encourage those who try.

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To the team, keep up with playing to your best. You are the upcoming best of what you want to do in life. God bless all of

Gioria (Fielding) Oison

