

GAMYU

Newsletter of the Hualapai Tribe

January 20, 2012



Issue #02

Community Meeting

Saturday, January 28, 2012

8:00 am

Multi-purpose Building

This meeting is to follow up on the last community meeting held in October 2011.

Everyone is welcome and refreshments will be provided.

Thank you.

Chairwoman Louise Benson



Tyree Honga *Original Artwork for Sale*

Tyree Honga a quadriplegic, a citizen of the Hualapai Indian Tribe who has been drawing since 1993 by using a mouth wand.

Tyree currently has originals pieces for sale. Images of rams, elk, horses, cowboys and Bob Marley.

Pieces range in size from 17"X23" and 22.5"X17.5". Prices range from \$100.00 to \$250.00. Each piece is matted.

Tyree is planning a trip home to Peach Springs, AZ to visit with friends and family, profits from this sale will assist Tyree and his caretakers with travel expenses.

If you are interested in viewing and purchasing a Tyree Honga original please contact Pete Imus, 928-279-1107 or email pete.imus@yahoo.com.



**HUALAPAI TRIBAL COUNCIL
RESOLUTION NO. 01-2012
OF THE GOVERNING BODY OF THE
HUALAPAI TRIBE OF THE HUALAPAI RESERVATION
PEACH SPRINGS, ARIZONA**

(Tribal Membership Enrollment – 8)

WHEREAS, the Hualapai Tribal Council has the responsibility of enrolling members pursuant to the Ordinance of the Hualapai Tribe of Peach Springs, Arizona, Enrollment Procedures Act.

NOW THEREFORE BE IT RESOLVED, that the following applicants are approved:

1. AJERO, Raven Lorraine
2. BUTLER, Cora LaTora
3. DUWYENIE, Cathryn Elaine
4. MILLER, Christina Marie Silversmith Klinker
5. MILLER, Jacob Alan
6. MILLER, Lucas Michael
7. SINYELLA, Shayla Rose
8. THOMPSON, Thomasina Lucille

CERTIFICATION

I, the undersigned as Chairwoman of the Hualapai Tribal Council hereby certify that the Hualapai Tribal Council of the Hualapai Tribe is composed of nine (9) members of whom (6) constituting a quorum were present at a Regular Council Meeting held on this 9th day of January 2012; and that the foregoing resolution was duly adopted by a vote of (5) in favor, (0) opposed, (1) not voting, (2) excused, pursuant to authority of Article V, Section (a) of the Constitution of the Hualapai Tribe approved March 13, 1991.



Louise Benson, Chairwoman
HUALAPAI TRIBAL COUNCIL

ATTEST:



Adeline Crozier, Asst. Secretary
HUALAPAI TRIBAL COUNCIL

RELINQUISHMENT: RISON LOU CLEARWATER WALKER

The Maui News



HUALAPAI TRIBE photos
Grand Canyon Skywalk



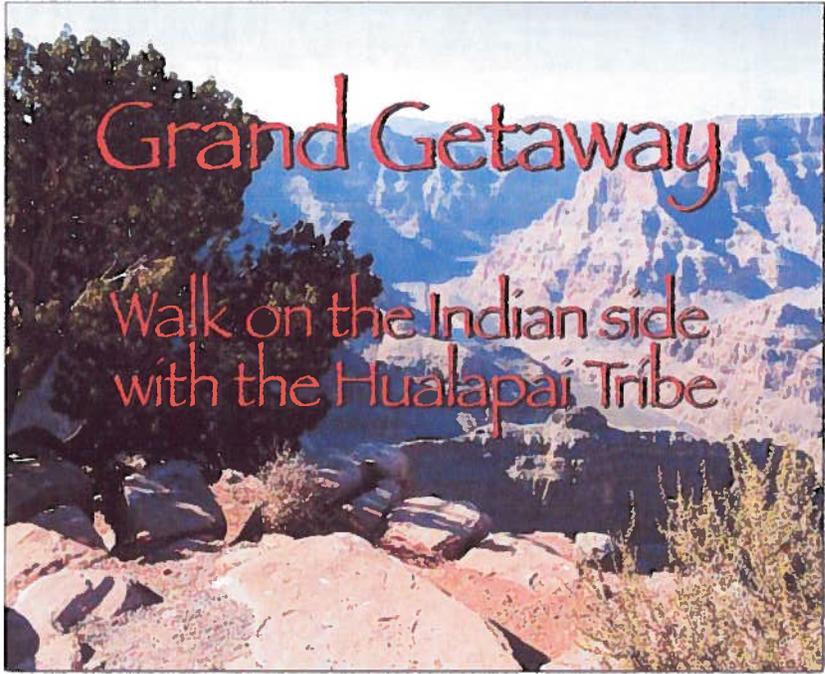
Wilfred Whatoname Jr.



Rafting the Colorado River



CARLA TRACY photos
Flying over the Hoover Dam, above, and view from Guano Point, large image.



Exciting excursions from Nevada's Strip include Grand Canyon West, Lake Las Vegas and Hoover Dam

Stories by CARLA TRACY / Dining Editor

As the story goes, Robbie Knievel pulled a daredevil stunt at Grand Canyon West.

He flew with his motorcycle 228 feet over a 2,500-foot-deep gorge there and landed safely on the other side, impressing the heck out of his dad, Evel.

Near that scenic spot is also where astronaut Buzz Aldrin, who walked on the moon, was No. 1 in line to stroll the Skywalk, the \$30-million structure with a glass floor that hangs 4,000 feet above the valley floor.

Owned by the Hualapai Indian Tribe, Grand Canyon West is spread out over 9,000 acres in and on the Grand Canyon's West Rim in Northwest Arizona, just 120 miles east as the crow flies from Las Vegas, Nevada.

The Hualapai, or the "people of the tall pines," derive their income solely from tourism there. It's a separate entity from the Grand Canyon National Park system that's five hours away on the South and East rims, but it screams "second wonder of the natural world" nonetheless.

My husband I were in Las Vegas recently to attend his annual marine products show, and we wanted to top off our hurried week of meetings with vendors combined with fun nights out on The Strip with a relaxing excursion.

Ecotourism without gaming in one of the world's most scenic locations, while supporting a tribe that previously had 75 percent unemployment before they came up with the idea to open their lands in 1988, seemed like a grand idea.

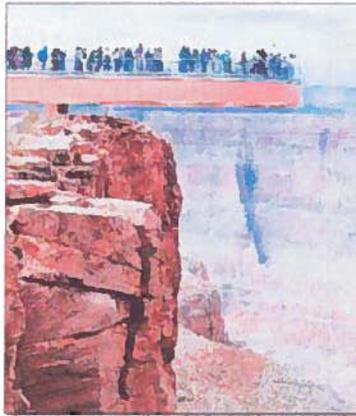
It was tempting to go there, but we knew we didn't have time in our itinerary to make the drive, part of it on rough, unpaved roads in the Mojave Desert.

Scouring the computer, I found that a number of all-inclusive tours are available from Las Vegas, Phoenix, and Sedona by bus, airplane, helicopter, SUV, and Hummer.

We chose to fly there in an 10-seater Cessna with the Armbug Group, so we checked out of our hotel, and made the short drive via rental car to the Henderson Airport.

Expecting a rinky-dink affair compared to Vegas' McCarran International Airport, I was surprised when we got to Executive Airport Drive to Jet Stream Drive and passed low-rise buildings that looked like Fort Knox.

Armbug houses its two operations there, including Vegas 500, which takes people to Grand Canyon West; and Sky Combat Ace, which takes adventurous types on thrill rides and dog fights



with former F-16 pilots. We were told we needed to wait for the other Cessna passengers to arrive and were escorted into the hangar to wait.

What a hangar it was. Leather lounge areas, pool tables, bar, foosball, shuffleboard and a retail store made up part of it and an museum of aviation with backlit panels showing the history of Combat Ace planes with five kills or more lined the massive walls. Then the James Bond-style hangar door slowly opened and one of the jets was towed inside.

The company partners with the Hualapai Tribe as well as with helicopter companies, so you may purchase a variety of Grand Canyon West packages to suit your budget. They will even pick you up and drop you off at your hotel.

One option is to see only the sites on the canyon rim, such as Eagle Point, a native American village with authentic dwellings of multiple tribes, and Guano Point, where bat droppings were mined for, yuk, cosmetics! Another option is to helicopter into the canyon, and yet another is to take a boat ride.

The others soon arrived, we were briefed by our pilot, and then we took off. Thankfully there was very little wind that day so the pilot was able to buzz the Hoover Dam, historic Boulder City and Lake Mead en route.

The flight lasted half an hour, a few minutes longer than say, flying to Oahu, and everyone had a window seat. We landed at the little airport, were escorted through the native American retail store, then hopped on a helicopter over the edge into the canyon, white knuckles all of the way in.

We were led from the rocky landing down a steep incline to the river, the only place in the Grand Canyon where visitors may access boat rides. A Hualapai native was captain of the pontoon boat and he talked about how tourism saved his Indian nation. They also do river rafting all year long, run a tourist lodge, and the Hualapai Ranch, a fun-filled western town with cowboy entertainment, horseback riding, wagon rides and cabins facing the Canyon rim.

We packed all of it in under five hours. It was world class and I highly recommend it. Soon we were back in our rental car, driving to our next destination, Lake Las Vegas, a convenient jumping off point for those who do make the drive to Hoover Dam and Grand Canyon West.

Two non-gaming resorts there are the antithesis of the Strip, although the Nevada Gaming Commission recently approved a new management team, which reopened the once shuttered MonteLago Casino last May.

Moonish in its architectural style, Loews Lake Las Vegas is perfect for families. It offers engaging activities and educational adventures for all ages, including a SushiSkool for kids and adult cooking classes. They run monthly and cost \$20 each.

See GRAND GETAWAY on page C5



BEST AMERICAN DESTINATIONS

This has been submitted by Best American Destinations Marketing and Public Relations for Hualapai Tourism

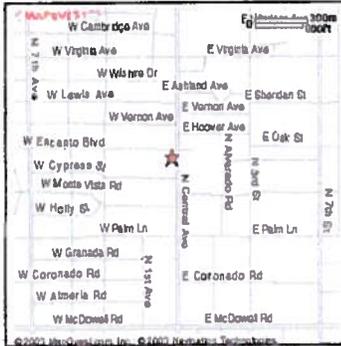


Inter Tribal Council of Arizona, Inc. FREE Income Tax Return Preparation

Volunteer Income Tax Assistance (VITA) provides FREE tax preparation in the community. Volunteers help people with basic tax returns, particularly those with disabilities, low or limited income, and Senior citizens.



SATURDAY mornings beginning
February 4, 2012 through April 14, 2012
8:00 a.m. to 12:00 p.m.
(closed March 3, 2012)
****No appointment necessary****



LOCATION
Inter Tribal Council of Arizona, Inc.
2214 North Central Avenue
Phoenix, AZ
(602) 258-4822

- What to bring:**
- ORIGINAL social security cards for yourself and dependents (**no exceptions**)
 - W-2 and 1099s
 - Information for other income
 - Information for all deductions and/or credits
 - A copy of previous year's tax return (**not required but helpful**)
 - Bank account and routing information (for those using Direct Deposit)



For Additional locations, contact Community Information and Referral at (602) 263-8856 or (800) 352-3792 or visit their website at www.cirs.org



From the Hualapai Tribal Court Re: JURY TRIALS

- If you are selected to sit on a jury panel this year 2012, the fee payment has increased to \$50.00
- If you fail to show for jury after you have been served with a jury summons the fee has increased to \$100.00, due within 30 days.

01/03/12

Buck-N-Doe 4-H Club



4H Bingo & Food Sale

January 24, 2012
6:00 p.m.-9:00 p.m.
Multi-Purpose Building
Peach Springs, AZ



101 E. Beale Street, Suite A • Kingman AZ 86401-5808 • (928) 753-3788 • FAX: (928) 753-1665
mohavece@cals.arizona.edu • cals.arizona.edu/mohave

WHAT: MOHAVE RANCHER / AGENCY WORKSHOP

WHEN: THURSDAY, FEBRUARY 16, 2012

LOCATION: DAM BAR RESTAURANT

1960 E. Andy Devine, Kingman (Corner of Andy Devine Ave. & Hualapai Mtn. Rd.)

- 8:00 AM WELCOME / INTRODUCTIONS
ROB GRUMBLES, Area Extension Agent, AG
The University of Arizona Mohave County Cooperative Extension
- 8:15 - 8:45 AM **UPDATE ON CURRENT AZ LIVESTOCK LAWS AND REGULATIONS 2012**
RANDY SERVIS, Animal Compliance Specialist
Arizona Department of Agriculture
- 8:45 - 9:15 AM **REPLACEMENT HEIFER MANAGEMENT ON HEATON RANCH, AZ STRIP, SOUTHERN UTAH**
KEVIN HEATON, Area Extension Agent, AZ Strip/So Utah
Utah State University
- 9:15 - 9:55 AM **WHAT RANCHERS' NEED TO CONSIDER FOR A CALFHOOD/COW VACCINATION PROGRAM IN MOHAVE COUNTY**
DR J D ANDERSON, Veterinarian, Manzanita Animal Hospital, Kingman
- 9:55 - 10:10 AM BREAK
- 10:10 - 11:00 AM **GETTING A RANGE COW BRED, A REVIEW OF THE BASIC FACTS; HER PART, BULL'S PART AND YOUR PART!**
DR. DEAN FISH, Area Extension Agent, Beef Cattle Reproduction Specialist
Southern Arizona, The University of Arizona
- 11:00 - 11:20 AM **USDA - NRCS PRODUCER PROGRAMS**
ERIN MATHEWS, District Conservationist, USDA - NRCS, Kingman
- 11:20 - 12:05 PM **REDUCING CHEAT GRASS FUEL LOAD BY USE OF FALL CATTLE GRAZING**
DR. BARRY PERRYMAN, Professor, Range Science, Department of Animal Biotechnology, University of Nevada-Reno
- 12:05 - 1:00 PM LUNCH
- 1:00 - 2:00 PM **EATING BEEF STARTS AT THE RANCH; CARCASS EVALUATION TO**

MEET TODAY'S CONSUMER; WHAT KIND OF PRODUCT DO YOU NEED TO PRODUCE?

DR. JOHN MARCHELLO, Extension Animal Science/Meat Science Specialist
The University of Arizona

2:00 - 2:20 PM

MOHAVE COUNTY 4-H CARCASS EVALUATION PROGRAM, 30 YEARS OF RESULTS

GERALD OLSON, Extension Agent, 4-H Youth Development, Mohave County
The University of Arizona

2:20 - 2:50 PM

SOLAR STOCK WATER MONITORING RESEARCH, AZ STRIP, SOUTH-ERN UTAH

KEVIN HEATON, Area Extension Agent, AZ Strip/So Utah, Utah State University

2:50 - 3:05 PM

BREAK

3:05 - 3:35 PM

OVERVIEW/FORECAST OF 2012 CATTLE MARKET AND HAY AND GRAIN

RUSS TRONSTAD, Extension AG Economist, The University of Arizona

3:35 - 4:05 PM

RAYLESS GOLDENROD TOXICITY, NEW RESEARCH

DR. ZANE DAVIS, USDA - ARS Poisonous Plant Research Lab., Logan, Utah

4:05 - 4:45 PM

MINERAL SUPPLEMENTATION OF BEEF; PROFIT OR COST, FACTS & PRODUCTS

ANGEL PERAZA, Sales Representative, CARGILL

4:45 - 5:00 PM

WRAP UP / EVALUATION / ADJOURN



SPONSORS OF PROGRAM

ARIZONA DEPARTMENT OF AGRICULTURE

BOEHRINGER INGELHEIM AZ



CARGILL

RMA / USDA/NIFA



The University of Arizona Cooperative Extension



Persons with a disability may request a reasonable accommodation, such as a sign language interpreter, by contacting Vicki Coombs, Administrative Assistant, (928) 753-3788. Requests should be made as early as possible to allow time to arrange the accommodation.

Issued in furtherance of Cooperative Extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, Kirk A. Astorik, Interim Director, Cooperative Extension, College of Agriculture & Life Sciences, The University of Arizona.

The University of Arizona is an equal opportunity, affirmative action institution. The University does not discriminate on the basis of race, color, religion, sex, national origin, age, disability, veteran status, or sexual orientation in its programs and activities.



REGISTRATION FORM - DUE NO LATE THAN FRIDAY, FEBRUARY 10, 2012

MOHAVE RANCHER / AGENCY WORKSHOP

Thursday, February 16, 2012

DAM BAR RESTAURANT

1960 E. Andy Devine Avenue, Kingman

(Corner of Andy Devine Avenue and Hualapai Mountain Road)

BANQUET ROOM, 8:00 AM to 5:00 PM

NAME: _____

NAME: _____

AGENCY NAME: _____

ADDRESS: _____ CITY, ST, ZIP: _____

EMAIL ADDRESS: _____ TELEPHONE NO.: _____

\$12.00 (includes lunch) / PER PERSON

at the door signup \$15.00

Lunch Menu (choose one):

____ 8oz Chicken Fried Steak, mashed potato, gravy, salad

____ 8oz Sirloin Steak, french fries, salad

TOTAL AMOUNT ENCLOSED: \$ _____

(make check payable to: MC CE)

**Credit Card payment can be taken for 5 or more registrations by calling Vicki Coombs,
Administrative Assistant at (928) 753-3788.**

Mail Registration Form to: The University of Arizona

Mohave County Cooperative Extension

ATTN: Mohave Rancher/Agency Workshop

101 E. Beale St Ste A

Kingman AZ 86401-5808

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The Hualapai Tribal Council approved the Solid Waste Management & Recycling Ordinance in August 2010 and copies of the Ordinance are available at the Tribal Office, Post Office and Planning Office. The Hualapai Tribe Solid Waste Enforcement Task Force intends to start enforcing the ordinance immediately. Please review the Notice of Violation & Abandonment form on the next page to determine whether you are in violation of the Solid Waste Management & Recycling Ordinance. If you have an accumulation of solid waste at your residence and would like a 300 gallon dumpster to clean up your residence please contact Phillip Wisely the Public Works Director at 928-769-2216. The following are examples of violations:



Unlawful accumulation: It shall be unlawful for any “person” to accumulate or allowed to be accumulated store, leave, place or deposit any solid waste on any property within the Reservation except as authorized by applicable permit.

Illegal Dumping & Unlawful Disposal: No solid waste material shall be disposed of at any place except at a site or sites authorized and designated for such purpose and in the manner specified. It shall be unlawful for any “person” to dump a solid waste on any property or in any waters.

Inoperable & Abandoned Vehicles: No more than 2 inoperable vehicles on property without written permission from Planning. A “person” shall not abandon a vehicle on the Reservation. A person shall not maintain and store vehicles in a manner that poses a threat to public health or safety.

Hualapai Tribe
NOTICE OF VIOLATION & ABANDONMENT
P.O Box 179, Peach Springs, AZ 86434

Owner / Agent / Occupant _____

Address / Location _____ Phone # _____

An inspection of the property located at _____, Hualapai Reservation over which you have control, has been made and the following violation(s) observed. Your immediate action is required. Violations noted below must be correct on or before this expiration date: _____. Failure to comply may result in the Issuance of a summons and court appearance. Failure to complete the correction within the time specified shall result in the Tribe undertaking the abatement on or after: _____, at the expense of the person identified in this notice.

- ___ 1. **Unlawful Accumulation:** Article IV. 4.01 of the Solid Waste Management & Recycling Ordinance (Fines up to \$5,000.00 per day)
- ___ 2. **Illegal Dumping & Unlawful Disposal:** Article IV. 4.07 of the Solid Waste Management & Recycling Ordinance (Fines up to \$5,000.00 per day)
- ___ 3. **Interference with Inspections, Containers, Collection, Disposal:** Article IV. 4.09 of the Solid Waste Management & Recycling Ordinance (Fines up to \$5,000.00 per day)
- ___ 4. **Inoperable & Abandon Vehicles:** Article VI. 1.01 of the Solid Waste Management & Recycling Ordinance (Fines up to \$5,000.00 per day)

Vehicle #1: Make/Model _____ Type _____ Year/Color _____
License# _____ VIN# _____
 More than 2 inoperable vehicles Abandon Poses a threat to public health or safety

Vehicle #2: Make/Model _____ Type _____ Year/Color _____
License# _____ VIN# _____
 More than 2 inoperable vehicles Abandon Poses a threat to public health or safety

The vehicle or vehicles above may be removed and taken into the custody of the Hualapai Tribe unless the violation is cured within 72hrs. The vehicle or vehicles listed above if remaining unclaimed 30 days after removal shall be disposed of by the Hualapai Tribal government. Contact the Hualapai Public Works Department to discuss the process of retrieving the vehicle should it be removed at 928-769-2216.

___ 5. **Other Violation/s:** _____

Specific Corrective Action Required: _____

Signature of Resident: _____ Date: _____

Signature /Title: _____ Date: _____

Phone#/Contact Information: _____

Tree Lighting Ceremony



This year's tree lighting ceremony held on 12/6/11 was a great success. Several children and their families attended. Chairwoman, Louise Benson, performed the tree lighting. The lodge provided refreshments and the prayer was given by Inis Manakaja.

We would like to thank the employees from housing and public services who planted the trees

FREE LEGAL AID SERVICES

- to qualifying low income people, at Peach Springs
- for assistance with civil (not criminal) legal issues, including:
 - consumer legal issues—such as repos, creditor problems
 - government benefits—such as social security, welfare, food stamps
 - family law
 - Indian wills
 - landlord-tenant issues
- *Please note: we will not be taking clients who have a legal issue where the other party (opposing party) is another Hualapai tribal member, or is the Hualapai Tribe*

When: The first Thursday of each month, January through June of 2012

- Thursday, January 5th, 2012
- Thursday, February 2nd, 2012
- Thursday, March 1st, 2012
- Thursday, April 5th, 2012
- Thursday, May 3rd, 2012
- Thursday, June 7th, 2012



What time: From 9 am – 3 pm

Where: Hualapai Tribal Offices; sign-in at front desk

If you feel more comfortable meeting at a different location, or if you cannot meet on Thursdays, please call (928) 774-0653, extension 4808, for a phone intake or to make an appointment.

Please note: All potential clients will first complete an eligibility interview and conflict check to determine whether they qualify for our services. After the eligibility interview and conflict check, if they do qualify for our services, they can meet with the legal aid attorney to discuss their legal issue(s). Please allow enough time for waiting, for the eligibility interview, and for the meeting with the attorney.

Questions? Call DNA People's Legal Services, Inc. in Flagstaff, at (928) 774-0653



and decorated the park. This joint effort between the departments was responsible for the success of this event. We are looking forward to an even bigger and better tree lighting ceremony next year. We would like to thank the community for coming out and supporting the event.

Larry McElhenney, Housing
Philip Wisely, Public Services

**Nomination for the USPHS Achievement Medal (AM)
LTJG DAVID G. BALES**

LTJG David G. Bales is hereby recommended for the USPHS Achievement Medal (AM) for his sustained exceptional performance in developing and delivering essential environmental health services while stationed at the Colorado River Service Unit in Parker, Arizona, from January 2009 to July 2011.

LTJG Bales serves as the lead Environmental Health Officer (EHO) (O-3 billet) responsible for the development and implementation of a comprehensive environmental health program for the Chemehuevi, Fort Mojave, and Hualapai Tribes. Since reporting for duty in 2009, LTJG Bales' efforts and contributions toward the advancement of environmental health to benefit Native American communities in the Colorado River Service Unit continue to increase and yield and positively impact the communities he proudly serves.

Food safety and security is a high priority in the Phoenix Area. LTJG Bales approached this priority comprehensively by routinely assessing and monitoring facilities, providing training to assure a competent workforce and working with tribes to develop or update food safety policies. Since reporting for duty in 2009, LTJG Bales has assessed over 200 food establishments, instructed over 50 general food handler safety training sessions (1000+ trained) and updated food safety training modules to suit diverse target audiences. As one of the two Certified Food Manager instructors in the District, he has co-instructed advanced food safety courses which has resulted in the advanced certification of 25 food safety workers and managers in two Districts. Not only did LTJG Bales' superior efforts increase food safety knowledge and skills of food handlers throughout the District, his efforts also led to the decrease in food-borne related illnesses reported to the field office. His work the past two years with the Fort Mojave Indian Tribe to promote the adoption of the FDA Food Code culminated in the Tribe formally adopting the Code this summer—a key step towards helping the Tribe build capacity.

The safe and proper **management of solid waste** presents many challenges in our rural tribal communities. LTJG Bales assisted the Hualapai Tribe's planning department draft an ordinance addressing solid waste management and recycling in the community. Although the Tribe has infrastructure to collect and dispose of solid waste, illegal dumping of waste continued to exist. Standing before a panel of Tribal Council members, Tribal program managers and Tribal community members, LTJG Bales provided the group public health rationales to justify support for the ordinance. The Tribe voted unanimously to pass the ordinance in the fall of 2010.

Injury prevention is a high priority in the Phoenix Area. LTJG Bales serves as the project officer for the Hualapai and Chemehuevi Tribe's child passenger safety (CPS) seat programs funded by the Phoenix Area Injury Prevention Program. His work with local safety advocates and Tribal CPS Technicians in distributing and promoting proper use and installation of car seats in the Hualapai Reservation has led to a 20% increase in car seat use in the community. LTJG Bales currently serves as a member of the Hualapai Motor Vehicle Crash (MVC) safety coalition funded by the Inter-Tribal Council of Arizona. Capping off a very active year in promoting Injury Prevention initiatives in the Colorado River Service Unit, LTJG Bales helped two Tribes (Hualapai and Havasupai) successfully collaborate to secure \$325,000 from IHS to hire its first

Injury Prevention Coordinator through the Tribal Injury Prevention Cooperative Agreement Program (TIPCAP).

Helping Tribes build **program capacity** is another high priority in the Phoenix Area. In response to increased reports of rabies in western and northern Arizona, LTJG Bales provided rabies response and investigation training to the Chemehuevi and Fort Mojave Indian Tribes' animal control program. He and a colleague trained animal control officers (ACOs) on how to: recognize symptoms of rabies in animals; perform thorough follow-up bite investigations; properly quarantine and observe dogs involved in bite cases; and submit animal specimens for rabies testing. Recognizing that the ACOs from both programs had not received their recommended vaccinations, LTJG Bales provided a list of accessible healthcare providers that could issue the vaccinations at low cost to the animal control officers. Thanks to LTJG Bales' efforts, the Fort Mojave and Chemehuevi ACOs capacity to respond to suspected rabies exposures has significantly increased.

LTJG Bales assisted the Fort Mojave Indian Tribe's Environmental Protection Office (EPO) enhance its West Nile Virus (WNV) surveillance program by implementing a monitoring program using free-ranging sentinel birds. As an added benefit, the sentinel birds have also been used to sample for Avian Influenza—a virus chiefly found in birds but may also infect humans. LTJG Bales' assistance in procuring the birds, building a cage that can sustain the birds through the hot summer months and providing sampling training to EPO personnel all contributed to the Tribe's capacity to operate a more complete WNV surveillance program.

LTJG Bales is a well-rounded Environmental Health practitioner and model Officer. In 2011, based on his outstanding performance and conduct, he was nominated for the Phoenix Area IHS Environmental Health Specialist and American Indian/Alaska Native Commissioned Officer Advisory Committee's Junior Officer of the Year awards. Since reporting for duty in 2009, he has obtained his professional credentials (RS/REHS) and become certified in Child Passenger Safety (NHTSA/Safe Kids), Certified Food Manager (*ServSafe*) and EPA Pesticide Handler (Agriculture). He is currently enrolled in the IHS Injury Prevention Specialists Epidemiology Fellowship Program. Balancing program priorities with Officer-related priorities, he is Basic Ready qualified and served as the Environmental Health lead during his Officer Basic Course training. In the past two years, LTJG Bales demonstrated outstanding leadership traits assisting the District EHS manager orient two newly hired Environmental Health Specialists, providing field coverage to two tribal communities when a colleague was on extended medical leave and mentoring five JRCOSTEP students in the District (including serving as the preceptor to one).

LTJG Bales is a dedicated and skilled Environmental Health Officer who has demonstrated leadership qualities and a work ethic that has inspired cooperation and confidence in his colleagues, peers and tribal partners. LTJG Bales is ethically grounded, a team player and a champion of the IHS Mission. He is an exceptional steward of the DEHS program that embodies what every manager desires in an employee. LTJG David Bales is therefore recommended for the USPHS Achievement Medal for his commitment and exemplary performance in achieving the USPHS mission of improving the Nation's health through the practice and delivery of essential environmental health services at the IHS Colorado River Service Unit.



BIRTHDAY SHOUT OUT

TO:

FROM:

DATE:

SPECIAL MESSAGE:

For \$3 you get to have your special message on the air...

ALL proceeds go towards purchasing new music ...

*WE ARE NOW BEING HEARD IN OTHER COUNTRIES

PLEASE RETURN BY 4P.M. ON THURSDAY'S AT
EPCH RADIO STATION, LOCATED NEXT TO
THE HEALTHY HEART BUILDING.

SHOUT OUT'S WILL BE LIVE ON FRIDAY'S
FROM 2-3P.M.

YOU CAN HEAR US AT www.kidstar.org



EPCH "THE PEACH"

YOUTH PARTICIPANTS ONLY

INCENTIVES FOR JAN-FEB 29TH 2012, GOOD LUCK TO EVERYONE

- TOP PERFORMER GETS IPOD TOUCH. 
- TOP NARCH/DRAMA WRITERS RECEIVE GIFT CARDS TO WALMART, SUBWAY, YOGURT ISLAND

MUST HAVE AT LEAST 10 HOURS OF COMMITTED TIME TO "NARCH-DRAMA."

- 1 HOUR OF NARCH DRAMA WORK=50 POINTS
- **REFER A FRIEND AND RECEIVE 30 POINTS**
- ANY INDIVIDUALS 10-25 ARE WELCOME TO JOIN, WE ARE LOCATED RIGHT NEXT TO THE HEALTHY HEART.

IT IS YOUR RESPONSIBILITY TO SIGN IN/OUT WHEN AT THE RADIO STATION AND HAVE YOUR POINTS CHECKED OFF BEFORE YOU LEAVE.



NOW INTRODUCING "FAN OF THE MONTH"
FIND US ON FACEBOOK AND BE A FAN, YOU TOO AS A FAN GET PRIZES!!

ANY QUESTIONS PLEASE CONTACT TIM OR TERRI AT 928-769-1110

E-PCCH



CHECK US OUT! HOW TO LISTEN:

- Go to kidstar.org on the Internet
- Select Network Stations
- Select **EPCH**
- Select play/listen

Check out our FACEBOOK page
EPCH
Become a fan!

See photos of the youth broadcasters in action and receive updates about scheduling and programs and notices about special events and special guests

PEACH SPRINGS YOUTH RADIO

• COME JOIN US FOR A FUN AFTER SCHOOL ACTIVITY

• AFTER SCHOOL TIL 7 PM MON TO THURS

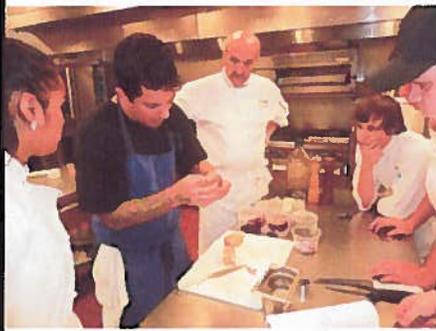
• 10AM TO 3PM ON FRIDAYS AND SCHOOL CLOSURE DAYS

• Come play music and be a DJ, do computer graphics and promotions, do sound and audio editing and production and lots more!

Contact Terri Hutchens or Tim Vaughn with questions and suggestions or if you want to be a youth broadcaster at 769-1110. Come check out the new location in the trailer next to Healthy Heart.

Classic Cooking Academy Blends French and Native American Techniques

By ICTMN Staff September 14, 2011 / www.indiancountrytodaymedianetwork.com



Chef Chris Curtiss shows Classic Cooking Academy students how to prepare foie gras.

Only one culinary school combines classic French techniques with American Indian trends and traditions—the Classic Cooking Academy (CCA) in Scottsdale, Arizona.

The nonprofit school teaches culinary basics and has a Native American Culinary department, which according to the school's website, "encourages the use of ingredients indigenous to the Americas in new ways the world has yet to see."

The department encourages healthier ways of food preparation to address the growing problems of diabetes, heart disease and obesity among American Indian populations and teaches the history of Native American culinary trends and traditions.

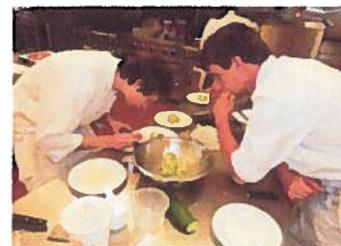
According to the Office of Minority Health—part of the U.S. Department of Health & Human Services—American Indian/Alaska Native adults are 2.1

times as likely as white adults to be diagnosed with diabetes and 1.6 times as likely to be obese compared to non-Hispanic whites.

CCA was granted accreditation through the Accrediting Council for Continuing Education & Training (ACCET) in February so students can now qualify for federal financial aid. Graduates of the school go on to work in restaurants, hotels, casinos and catering companies. David Collier, who studied under the school's co-founder and executive chef Pascal Dionot, is now executive pastry chef for The Ritz-Carlton Pentagon City.

"I have been able to take the tools Chef Pascal started me with and use them to please my customers and food writers, and have even gone so far to be chosen as a semi-finalist for National Pastry Chef of the Year by the James Beard Foundation," Collier says on the website.

With the next session beginning March 5, 2012 interested students can apply online at Ccacademy.edu.



CCA 2011 graduates working in the kitchen.



FIRST THINGS FIRST

Ready for School. Set for Life.



Friends and Colleagues,

Do you know someone who is passionate and determined to make a difference for young kids in your community? If so, we need your help in recruiting them to serve as a volunteer on your local First Things First Regional Partnership Council!

The 31 regional councils statewide are a vital part of helping First Things First fulfill our shared vision that every child will arrive at school healthy and ready to succeed. The regional councils identify the needs of children under six in their communities, work with community stakeholders to establish priorities, and determine strategies to fund. Beyond these funding decisions, the regional councils build collaborations with local partners to help ensure the most efficient use of resources and achieve positive outcomes for young children.

A total of 186 regional council seats are open across the state. The First Things First Board will make appointments to the regional councils at their June 2012 meeting. Each appointment is for a four-year term and application is open to all eligible applicants. Regional council members must either live or work in the region they wish to represent.

Serving as a volunteer member on one of First Things First Regional Partnership Councils requires time, talent, leadership qualities and a commitment to building successful communities which support young children. The council membership represents a diverse group made up of members representing Arizona's tribal communities, health, business, education, child care and philanthropy, as well as general "at large" community members. Regional council members must have expertise in their area, as well as the dedication and tenacity to effect change for young children in their communities.

I am sure there are many individuals within your organization, or among your constituents, who would be ideal candidates. Please forward this information, and ask those interested to visit our website (www.azftf.gov) and to consider filling out an application for a position as an FTF regional council member. Details on the open positions and a position description are available on the website.

Thank you in advance for helping us find the best people to represent young kids in our communities. We value your time and hope that you will support our efforts to reach a diverse, well-qualified and interested group of people with this opportunity to lead the work of First Things First.

Sincerely,

Rhian Allvin
Executive Director

Did you know your CreditBureau Report(CBR)may contain errors that can impact your ability to get a loan to buy a house or finance a car? You may find itdifficult to get a credit card for familyemergencies. Many employers do a credit checks to determine your worthiness and character before they will consider hiring you. The most important reason for knowing what is on your credit report is to protect you and your family against identity theft. You may wonder "Why would someone want my not so perfectcredit?"Thievesassume you won't check your credit report either which gives them the perfect opportunity to take advantage of you.

- Check your Credit Bureau Reports!!
- Dispute inaccurate and unverifiable information (it's their responsibility to prove the debt belongs to you)
- Keep track of your documents (Use folders or a computer file)
- Use US Postal certified mail service(file return receipts for your records)

You can obtain a free copy of your credit bureau reports (CBR) from Experian, Equifax and TransUnion, the three major credit reporting agencies. If you have recently been denied credit you also have a right to free a copy of your credit bureau report.

You may wish to get assistance from a professional services company or advocacy organization.

EXPERIAN-[SEE NOTE] P.O. Box 9595 Allen, TX 75013-9595

EQUIFAX-P.O. Bo 740241 Atlanta, GA 30374-0241

TRANSUNION- P.O. Box 1000 Chester, PA 19022

NOTE: Experian has a history of address changes.



Please contact: Elizabeth Erickson

Email us to request your CONFIDENTIAL FREE CREDIT ANALYSIS ericksonlzbth@gmail.com

ERICKSON GOUDY & HUNTER LEGAL SERVICES

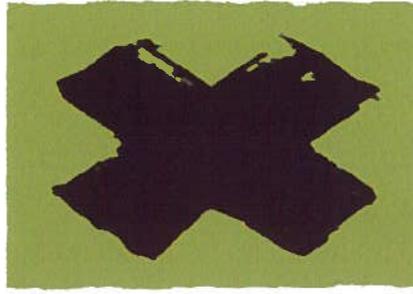
3880 Stockton Hill Road Suite 103475

Kingman, AZ 86409-0595 (928)-303-2310

We offer professional services and advocacy in the following areas:

- **APPEALS AND DISPUTES**
We can assist you with filing your appeal or dispute, meeting deadlines, representation and dispute resolution.
- **ICWA**
Preserving the rights of Indian children and their families.
- **LEGAL**
We are certified to provide legal representation and advocacy before tribal courts. Including but not limited to criminal, family and juvenile.

FLG



FLAGSTAFF EXTREME ADVENTURE COURSE

F O R T T U T H I L L C O U N T Y P A R K

FOR IMMEDIATE RELEASE
Jan. 4, 2012

Contact: Paul Kent
(480) 213-7231
paul@flagstaffextreme.com

Flagstaff Extreme course construction complete

FLAGSTAFF – Course construction is complete on Flagstaff Extreme, Arizona's first tree-top adventure, with five levels of challenging and fun obstacles suspended in the pines.

Skilled builders and climbers with years of experience in designing outdoor adventure courses hovered in the trees every day for six weeks, hanging ziplines, cargo nets, wooden bridges and ropes to complete the course, due to open in March.

"The level of skill we've put in to constructing this as an extreme adventure course will give Arizonans and tourists from out of state a safe, yet thrilling and up-close experience with nature," said Paul Kent, co-owner of Flagstaff Extreme. "Seeing is believing that it's finally here, and soon people of all ages will be able to enjoy a fun and exhilarating adventure course."

Each platform, element and cable on the course was custom cut, built and installed with conservation in mind – each builder climbed trees without spikes, hoisting materials up and down the pines without harming them. The course also was designed and installed around the trees with the least amount of branch trimming to preserve the wilderness.

When the course opens in March, teens and adults will take on approximately 60 various aerial challenges built from a variety of materials, such as ropes, steel cables and wood. Challenges include cable bridges, Tarzan ropes, zip lines, swings, ladders and other exciting challenges. Difficulty and height increases from one course to the next and caters to a wide range of skill levels, including one level just for kids and four levels for adults. Participants feel safe at all times, securing themselves to a lifeline as they progress through the heights.

BY THE NUMBERS

Longest foot bridge: 105 feet
Combined zipline length: 4 football fields
Highest point: 50+ feet above forest floor
Zipline breaking strength: 20,000 lbs.
Total length of cable used: 2.1 miles
Longest zipline: 122 meters
Total length of course: 2,900 feet (longer than the new Hoover Dam bridge)

"Flagstaff Extreme offers adrenaline-pumping excitement in a completely safe environment," Kent said. "It is an opportunity to have fun and rediscover the childhood pleasures of climbing trees while developing abilities such as balance, self-empowerment, responsibility and concentration, as well as overcome fears with positive risk taking."

Flagstaff Extreme will bring in approximately \$1.2 million for the county, up to 30 jobs and even more tourism dollars for northern Arizona's hotels, restaurants and other businesses. Projected park use is expected

to be 20,000 to 35,000 active course participants and 10,000 observers per year. Built on eco-tourism, Flagstaff Extreme strives to take special care to customize each course within the park to blend with its natural setting, reduce environmental impact and maximize tree longevity.

For more information, please visit Flagstaff Extreme's website, facebook and twitter pages at:

Website: <http://www.flagstaffextreme.com/>

Facebook: <http://www.facebook.com/flagstaffextreme>

Twitter: <http://twitter.com/flgxtreme>



EDUCATION & TRAINING



January 12, 2012

PEACH SPRINGS SCHOOL

P.O. Box 360

Peach Springs, AZ 86434

928 769 2613

Mr. S. Dunsmore, Superintendent

*8th Grade is taking orders for Valentine Candy Grams
\$1.00 each. Sale begins Tuesday, January 17th.*

**Thank you for
your support!
8th grade class of 2012**

Deliveries to classrooms will be made on Valentines Day.

*Deliveries for Community
Departments will be the Friday before Valentines Day.*

Calendar

January 25 – AWAY GAME Warriors vs YSA Girls @ 4:00 Boys @ 5:00

January 27 – Mohave County spelling Bee 7:00 PM; with Breanna Watahomigie
representing Peach Springs

January 31 – AWAY GAME Warriors vs KMS Girls @ 3:30 Boys @ 4:30

PEACH SPRINGS SCHOOL

Honor Roll for 2nd Quarter

Kaydence Crozier Cleveland Fielding Serenity Havatone Angelique Jackson Cintron Whatoname Malachi Garcia Sunny Jackson Jesus Henson Melody Jackson Kassidy Strawbuck Collenn Bender Sequoyah Jackson Oriahnah Street	Noele Susanyatame Tyra Bravo Shauntel Crozier Tryston Jackson Lane Watahomigie Zilean Watahomigie Jonell Brown Nylia Crooke Marya Majenty Norasia Fielding Shaileen Gonzales Meia Watahomigie	Cody Powskey Juan Sinyella Jenna Siyuja Francisco Whatoname Beaux Havatone Sonwai Jackson Tiawna Sinyella Rhona Susanyatame Jose Beltran Courtney Powskey Jubren Siyuja Alex Woody Tahne Siyuja
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Citizenship Award for 2nd Quarter

Dominic Flores Darren Samson Tylene Marshall Oriahnah Street Shaileen Gonzales – Art	Angelia Reyes Deanna Jones Ahmad Blackowl Lewis Gene – PE DeMichael Bender – Art	Jimmy Reyes Flynn Watahomigie Norasia Fielding – PE Ashtyn Wellington- Powsey
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Perfect Attendance for 2nd Quarter

Dominic Flores Darren Samson Tylene Marshall Oriahnah Street Shaileen Gonzales – Art	Angelia Reyes Deanna Jones Ahmad Blackowl Lewis Gene – PE DeMichael Bender – Art	Ashtyn Wellington- Powsey Jimmy Reyes Flynn Watahomigie Norasia Fielding – PE
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Dear Parents,

Many of you know me already, but for those of you who don't, my name is Vickie Aigner and I am the Wellness coach with the Tribal and GCRC Insurance plans.

We have been doing some incredible health challenges this year with employees and offer great incentives for those who participate with us.

We have seen the participation increase dramatically and people are getting active and thinking more about making healthy choices.

We have been using pedometers and having step challenges where people track how many steps they have daily.

The school has asked us to host a step challenge with your children to promote activity and health...and we are so excited!!

Beginning on Monday, January 23rd, the classrooms at Peach Springs Elementary will begin a challenge for 4 weeks to see which classroom can get the most steps.

They will also turn this into a math activity and graph their progress on wall charts.

We are asking for you to encourage your child to get active, walk and play and work toward the prize.

For questions contact your child's teacher or Vickie@alivefitandfree.com or 480-458-7497

Thank you for your support.



There is a big world out there...let's do some exploring! Come by the Education & Training Center for more information and applications for scholarship forms.

National Geographic Student Expeditions

Find a Trip

We offer three types of programs: expeditions, field workshops, and community service programs. Our expeditions range from two to three weeks and are a more in-depth exploration of a region. On our 11-12 day field workshops, we set roots in one or two compelling home bases. On expeditions and field workshops, you'll pursue an On Assignment project of your choice and you'll be accompanied by a National Geographic expert for a portion of the trip. On our community service programs, we delve into the local culture, working alongside members of the community on collaborative service projects. Go to <http://ngstudentexpeditions.com/destinations/> for more general information about these trips. See all of our summer 2012 trips below.

• Alaska Expedition



14 Days

Discover the spectacular wilderness of America's wild northern frontier while focusing on photography, wildlife and conservation, or filmmaking.

• Australia Expedition



20 Days

Experience Australia's outback, rain forests, and reefs

through projects in wildlife and conservation, film, or photography.

• Barcelona Field Workshop



12 Days

Immerse yourself in the creativity and passion of this cosmopolitan city. Capture the soul of Barcelona through photography or writing.

• Buenos Aires Field Workshop

12 Days

Discover this elegant and energetic



city through photography, writing, or filmmaking.

• Cambodia Community Service



15 Days

In a rural village, work alongside locals on a variety of service projects.

Then explore Angkor Wat.

• China Expedition

21 Days

Meet giant pandas, explore Beijing,



and hike the Great Wall. Explore China through projects in photography or cultural geography.

•Costa Rica Community Service



14 Days
Experience everyday life in a mountain village, working alongside locals on a variety of service projects. Then head to the coast.

•Costa Rica Field Workshop



12 Days
Traveling from rain forest to coast, pursue projects in photography, wildlife and conservation, or community service.

•Ecuador & the Galápagos



Expedition

18 Days
From the cloud forest to the Galápagos, focus on photography or wildlife and conservation projects.

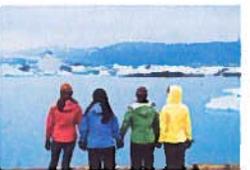
focus on photography or wildlife and conservation projects.

•Grand Canyon & the Southwest Field Workshop



11 Days
Raft the San Juan River and explore the Grand Canyon through projects in photography or archaeology.

•Iceland Expedition



15 Days
Set out on an island adventure to this dramatic land of extremes. Focus on photography, climate and geology, or filmmaking.

Focus on photography, climate and geology, or filmmaking.

•India Expedition



21 Days
Immerse yourself in India's rich cultural and spiritual diversity as you focus on projects in photography or cultural geography.

on projects in photography or cultural geography.

•Italy & Greece Expedition



17 Days
From Rome's Pantheon to Greece's stunning islands, delve into life on the Mediterranean. Focus on photography, archaeology, or writing.

Focus on photography, archaeology, or writing.

•New Zealand Expedition



21 Days
Discover New Zealand's legendary landscapes and natural wonders through projects in photography, wildlife, or geology.

through projects in photography, wildlife, or geology.

•London Photography Workshop



12 Days
Take part in our new in-depth London photo workshop led by a top National Geographic photographer.

by a top National Geographic photographer.

•Peru Community Service



14 Days
Immerse yourself in a traditional Andean village, working with the community on service projects. Then visit Machu Picchu.

working with the community on service projects. Then visit Machu Picchu.

•Peru Expedition



20 Days
Explore the land of the Inca and the soaring Andes through projects in photography, archaeology, or commu-

photography, archaeology, or commu-

nity service.

•Sicily Field Workshop



12 Days
From volcanic islands to Greek ruins to the refreshing

Mediterranean, explore mythical Sicily through projects in photography or archaeology.

•Tanzania Community Service



15 Days
Settle into a village in the hills and work with locals on service projects.

Then set out on a wildlife safari.

•Tanzania Expedition



20 Days
Experience safaris and tribal life. Focus on photography or wildlife

and delve into Tanzania's natural and cultural treasures.

•Tuscany Field Workshop



12 Days
Among rolling hills, vineyards, and fields of sunflowers, capture the essence of Tuscany through a focus on photography or writing.

•Yellowstone & Montana Field Workshop



12 Days
From prairie lands to soaring peaks, explore conservation in the U.S. through your selected focus.

the U.S. through your selected focus.

Come join us at the Education & Training Center for more information on the gainful employment program.



Education Your Way

Dental Assisting Certificate

Rio Salado College

The certificate of completion (CCL) in Clinical Dental Assisting enables students to practice advanced functions in clinical dental assisting. The distance education format and frequent enrollment opportunities allow for flexibility in program completion. The program is a blend of academic and clinical coursework that requires attention to detail and motivation to complete tasks on a timeline. Courses must be taken in specific chronological order with clinical experience completed in partnership with a practicing dentist who is a member of the state Dentist Association.

The Dental Assisting program is accredited by the Commission on Dental Accreditation of the American Dental Association. Graduates of the program are eligible to take the Dental Assisting National Board Certification Exams for the designation CDA- Certified Dental Assistant, and the Arizona State Certification in Radiation Health and Safety Exam, and the Arizona Coronal Polishing Certificate.

Admission Criteria

- A high school diploma or GED equivalency is required.
- Formal application and acceptance into the Clinical Dental Assisting Program.

Applicants who are accepted and enroll in the Clinical Dental Assisting program will be exposed to blood-borne and infectious diseases. The program strictly adheres to established policies and procedures regarding infection control as recommended by the Centers for Disease Control and Prevention, American Dental Association, the Organization for Safety and Asepsis Procedures, and the Occupational Safety and Health Administration.

Chemical Dependency Level I Certificate

Rio Salado's Certificate of Completion in Chemical Dependency Level I will prepare individuals with the skills necessary to become a chemical dependency professional, as well as provide continuing education to current chemical dependency professionals. Course in the Certification of Completion in Chemical Dependency Level I focus on theories and techniques, ethics, communication skills, interviewing and documentation, and recovery and relapse.

State Requirements Licensing and certification requirements vary by state.

Chemical Dependency Level II Certificate

Rio Salado's Certificate of Completion in Chemical Dependency Level I continues to provide individuals with the skills necessary to become a chemical dependency professional, as well as provide continuing education to current chemical dependency professionals. Courses in

the Certification of Completion in Chemical Dependency Level II focus on advanced theories and techniques, family dynamics and relationships, and multicultural and diverse populations.

State Requirements

Licensing and certification requirements vary by state.

Program Prerequisites

Certification of Completion in Chemical Dependency Level I

Infant and Toddler Development Certificate

The Certification of Completion (CCL) in Infant and Toddler Development prepares individuals with foundational knowledge on the developmental of the young child. Included topics are child health, physical milestones, and cognitive development. Also covered are adult/child relationship building, and communication and language acquisition.

Family Child Care Management Certificate

The Certification of Completion (CCL) in Family Child Care Management provides individuals with a foundation in early childhood care theories, practices and administration. Topics include curriculum development, health and safety guidelines, business procedures, and cognitive and physical development of a young child.

Child & Family Organizations

Management & Administration Certificate

The Certificate of Completion (CCL) in Child and Family Organizations Management and Administration is designed to prepare individuals to enter the family life education, human development, early childhood settings, or child and family organizations field at the paraprofessional level. Students at a paraprofessional level may seek employment opportunities within management and administration of programs such as early childhood settings, adoptions and foster care, adult day care centers, crisis intervention programs, group and halfway houses, hospice care, senior citizen centers, social services agencies (both private and state/local government), facilities for the disabled and developmentally challenged individuals, community mental health clinics, psychiatric facilities, shelters and other child and family, community based-organizations.

Adult Development and Aging Certificate

The Certificate of Completion (CCL) in Adult Development and Aging is designed to prepare individuals to enter the family life education, human development or child and family organizations field at the paraprofessional level. Students at the paraprofessional level may seek employment opportunities in adult day care centers, crisis intervention programs, group halfway houses, hospice care, senior citizens center, social service agencies (both private and state./local govern-

ment), facilities for the disabled and developmentally challenged individuals, community mental health clinics, psychiatric facilities, shelters and other child and family, community based-organizations.

Sustainable Food Systems Certificate

The Sustainable Food Systems program is designed for a diverse student population, including those who are currently working within the food service industry and are interested in building upon their culinary skills in sustainable practices, as well as those with no culinary background. This program provides students with an overview of the Nation's current food model and alternative methods for altering this model and creating more sustainable foods. Courses include concepts supporting the real food movement, which represents reeducating the individual and the community on the way food is purchased, brought to the table, and consumed. In addition, courses will cover sanitation guidelines, basic principles and preparation techniques for the cooking and baking process. The program includes a Certificate of Completion (CCL) in Sustainable Food Systems and an Associate in Applied Science (AAS) in Sustainable Food Services.

Web Design Certificate

The Certificate of Completion (CCL) in Web Design: User interface certificate is designed to prepare students to work with and design personal or professional web pages. Courses focus on training the student in HTML/XHTML, web design and publishing, graphics design, multimedia technology and program management.

eLearning Design Specialist Certificate

Rio Salado's eLearning Design Specialist program prepares students to work in the field of instructional design. Students will develop knowledge and skills to custom design and deliver instructional programs and products such as courses, curricula, training documentation, multimedia presentations, and simulations.

Courses will focus on eLearning design theory, eLearning environments, and eLearning media and tools. Courses will also prepare students to work in a team-based environment, organize eLearning projects including budgets and timelines, and evaluate eLearning projects.

The program includes a Certification of Completion (CCL) in eLearning Design Specialist and an Associate in Applied Science (AAS) in eLearning Design Specialist.

The eLearning Design program requires an in-person component (internship) and is therefore not available in all states. It is the student's responsibility to verify state program availability.

Digital Design Certificate

The Certificate of Completion (CCL) in Digital Design is designed to prepare students to work with and design personal or professional graphic imagery. Courses focus on training the student in Adobe Photoshop, Illustrator, InDesign, graphic design and publishing, multimedia technology and project management.

Networking Certificate Online

The Certificate of Completion (CCL) in Networking Design and System Support is designed to provide the basic skills necessary for students planning to specialize in the networking field. Courses focus on training the student in Local Area Networks (LANs), computer setup and maintenance, and advanced operating systems

Computer Programming Training

The Certificate of Completion in Programming is designed to prepare the students to work in the programming field. Courses focus on programming theory, Java programming, Visual Basic programming, and web programming

Computer Usage & Applications Certificate

The Certificate of Completion (CCL) in Computer Usage and Applications is designed to provide an overview on the use, application and technological developments of computers in a changing electronic environment. Courses focus on training the student in the basic use of software applications including the computer operating system, word processing, electronic worksheets, database management, presentation graphics and the Internet.

Advanced Computer Usage and Applications Certificate

The Certificate of Completion (CCL) in Advanced Computer Usage and Applications is designed to provide the skills necessary for office professionals in the use, application, and technological developments of computers. Courses focus on training the student in advanced features of software applications commonly used in the workplace including word processing, electronic worksheets, database management, presentation graphics, web development, and business communication skills.

Online General Business Program

The Certificate of Completion (CCL) in General Business will provide business training for various entry-level positions in business. The courses include an introduction to business concepts, accounting and computer principles, and legal issues related to business. An Associate in Applied Science (AAS) is also available.

Paralegal Certificate Online

The Certificate of Completion (CCL) in Paralegal program is designed to provide students with training required for employment as a paralegal. The program covers foundations and types of law including business and tort law in addition to fundamentals of litigation. Courses focus on paralegal responsibilities in the various areas of law practice, including the development of effective written and oral communication skills, critical thinking skills, computer proficiency, and legal research techniques. Legal theory and ethics integrated throughout the program. The program includes both a Certificate of Completion in Paralegal and an Associate in Applied Science in Paralegal.

Start Your Career in Law Enforcement

The Certificate of Completion (CCL) in Law Enforcement Technology is designed to provide participants with up-to-date industry specific training that will enhance their professional opportunities. Courses will teach participants how to handle the challenges of the law enforcement profession.

Military Leadership Certificate

The Military Leadership program is designed to provide active, guard, reserve, veteran or retired military personnel with leadership training that will develop and enhance their skills and professional opportunities. The coursework will cover communication methods, leadership styles, organizational behavior concepts, employee motivation, and the decision-making process. An emphasis is placed on leadership skills and current leadership chal-

lenges. The program includes a Certificate of Completion (CCL) in Military Leadership and an Associate of Applied Science (AAS) in Military Leadership.

Organizational Leadership Certificate Online

The Certificate of Completion (CCL) in Organizational Leadership provides students with knowledge and skills needed in today's changing workplace. The program develops leadership and communication skills and techniques for planning, directing and evaluating business situations. This program also emphasizes procedures for effective allocation of time, money, materials, space and personnel.

Associate of Science - Business

Provider: 218 - Brookline College

Program: Associate of Science - Business

Program Type: Training Program

Program Eligibility Date: 03/02/2009-6/30/2012

Contact Person: Walt Seaman

Contact Phone: 602-644-7111

Contact Email: wseaman@brookline.edu

Program Description: 520201 –Business Administration and Management, General

The Associate of Science in Business program is designed to enhance the student's career opportunities and improve opportunities for advancement by providing a diverse and well-rounded curriculum of general education, business and management studies. Students will gain a greater understanding of management and supervision techniques, which will help enable them to more readily attain entry-level management positions in today's competitive business environment.

Eligible for Pell Grant: Yes

ENTRY LEVEL REQUIREMENTS: High School Diploma

Program Completion length: 60 semester credits, 930 clock hours; 60 weeks

Tuition and Required Fees		Related Program Expenses	
Tuition (in-state)	\$20,250.00		
Tuition (out-of-state)	\$20,250.00		
Required Fee		Other Expenses	
		Technology Fees - Online	\$1,800.00
Total Tuition & Required Fee	\$20,250.00	Total Program Expenses	\$1,800.00
Total Program Cost			\$22,050.00

Associate in Applied Science - Business Administration

Provider: 725 - Everest College Phoenix

Program: Associate In Applied Science - Business Admin

Program Type: Training Program

Program Eligibility Date: 06/05/2006-6/30/2012

Contact Person: Sonya Splane

Contact Phone: 480-830-5151

Contact Email: ssplane@cci.edu

Program Description: 520201 –Business Administration and Management, General

This program is designed to provide students with the skills necessary for business management,, accounting and computer science applications.

Eligible for Pell Grant: Yes

ENTRY LEVEL REQUIREMENTS: High School Diploma

Program Completion length: This program is 96 weeks in length

For up-to-date info and actual pricing, please visit: www.everestcollegephoenix.edu

Tuition and Required Fees		Related Program Expenses	
Tuition (in-state)	\$30,048.00	Books	\$2,840.00
Tuition (out-of-state)	\$30,048.00		
Required Fee		Other Expenses	
			\$0.00
Total Tuition & Required Fee	\$30,048.00	Total Program Expenses	\$2,840.00
Total Program Cost			\$32,888.00

Business AAS Degree

Provider: Eastern Arizona College

Program: Business AAS Degree

Program Type: Training Program

Program Eligibility Date: 11/20/2000-6/30/2012

Contact Person: Derek Rich

Contact Phone: 928-428-8503

Contact Email: derek.rich@eac.edu

Program Description: 520201 –Business Administration and Management, General
General business skills

Eligible for Pell Grant: Yes

ENTRY LEVEL REQUIREMENTS: Assessment

Program Completion length: 64 weeks (4 semesters)

For up-to-date info and actual pricing, please visit: www.eac.edu

Tuition and Required Fees		Related Program Expenses	
Tuition (in-state)	\$3,200.00	Books	\$2,400.00
Tuition (out-of-state)	\$13,200.00		
Required Fee		Other Expenses	
			\$0.00
Total Tuition & Required Fee	\$3,200.00	Total Program Expenses	\$2,400.00
Total Program Cost			\$5,600.00

General Business/AAS

Provider: Rio Salado College

Program: General Business AAS

Program Type: Training Program

Program Eligibility Date: 11/06/2009-6/30/2012

Contact Person: David Hall

Contact Phone: 480-517-8548

Contact Email: david.hall@riosalado.edu

Program Description: 520201 –Business Administration and Management, General

The Associate in Applied Science (AAS) in General Business program meets the needs of students who wish a broad overview of business and desire not to enroll in a specialized curriculum in business. The program is designed to acquaint students with major subject areas of business, to improve the student's business vocabulary, and to provide students with an understanding of influencing factors in business decision making and activities. In addition, this program could aid a student in recognizing a specific business field to be pursued in future studies.

Eligible for Pell Grant: Yes

ENTRY LEVEL REQUIREMENTS: CRE101 Prerequisite

Program Completion length: The program is 61-63 hours and will take at least two years to complete

For up-to-date info and actual pricing, please visit: www.riosalado.edu/programs/Pages/default.aspx

Tuition and Required Fees		Related Program Expenses	
Tuition (in-state)	\$4,473.00	Books	\$1,500.00
Required Fee		Other Expenses	
Registration Fee	\$60.00		\$0.00
Total Tuition & Required Fee	\$4,533.00	Total Program Expenses	\$1,500.00
Total Program Cost			\$6,033.00

Computer & Information Skills Training

Provider: 599 – Computer Skills Institute **Program:** Project Management Professional (PMP)
Program Type: Training Program **Program Eligibility Date:** 12/13/2000-6/30/2012
Contact Person: Sheri Carparelli **Contact Phone:** 602-266-6630
Contact Email: sheri@computerskillsinstitute.com

110101 – Computer and Information Sciences, General

Our PMI approved training program provides skills necessary to pass the PMI PMP certification exam. Project Management Professional certification demonstrates the capability of planning managing large projects including project initiation, execution, developing, budgeting and closing the project on-time. The PMI PMP program follows all 6 domains including social and professional responsibility and the code of ethics. We cover the new testing requirements to include real world practices based on experience. The training also follows project management areas and includes hands-on, instructor lead classes. Time management, cost management, scope management, integration, cost management and quality management are covered in the short term training program. We offer job placement assistance with an on-site employment specialist, maintaining partnerships with local employers; we include training in MS Project 2010, Excel and PowerPoint. Classes are held 3 days/evening a week.

Eligible for Pell Grant: No

ENTRY LEVEL REQUIREMENTS: 10th Grade Reading, Math, Language & Writing, High School Diploma; Other Educational Req: Basic Computer Skills

Program Completion length: 5 weeks course meeting 3 days per week, assignments given to complete during the course of the week.

Tuition and Required Fees		Related Program Expenses	
Tuition (in-state)	\$4,700.00	Books	\$150.00
		Tests/Exams	\$550.00
Required Fee		Other Expenses	
Registration Fee	\$100.00		
Total Tuition & Required Fee	\$4,800.00	Total Program Expenses	\$700.00
Total Program Cost			\$5,500.00

Microsoft Certified Technology

Provider: Dynamic Worldwide Training Consultants **Program:** Microsoft Certified Technology Specialist (MCTC): Application infrastructure
Program Type: Apprenticeship **Program Eligibility Date:** 07/09/2010-06/30/2012
Contact Person: Rodger Brubacher **Contact Phone:** 480-820-4101 ext. 424
Contact Email: rodger.brubacher@dwwtc.com

Program Description: Computer and Information Sciences, General

Our MCTS: Applications Infrastructure Program prepares the student for the MCTS Exam. At the end of this program, the student will have the expertise to troubleshoot Windows Server 2008 solutions.

Eligible for Pell Grant: No

ENTRY LEVEL REQUIREMENTS: HS Diploma or GED

Program Completion length: 4 Weeks

For up-to-date info and actual pricing, please visit: www.dwwtc.com

Tuition and Required Fees		Related Program Expenses	
Tuition (in-state)	\$4,247.00	Books	\$432.00
Tuition (out-of-state)	\$4,247.00	Supplies/Materials	\$178.50
		Tests/Exams	\$137.50
Required Fee		Other Expenses	
Registration Fee	\$150.00		\$0.00
Total Tuition & Required Fee	\$4,397.00	Total Program Expenses	\$748.00
Total Program Cost			\$5,145.00

Computer Graphics and Web Design

Provider: 273 – Mohave Community College

Program: Computer Graphics and Web Design

Program Type: Training Program

Program Eligibility Date: 7/22/2004-6/30/2012

Contact Person: CIS Faculty

Contact Phone: 928-692-3015

Contact Email: agoldberg@mohave.edu

Program Description: Computer and Information Sciences, General

The Computer Graphics and Web Design Certificate prepares students for positions in business and industry, or positions that require enhanced knowledge of computer graphics, desktop publishing and web page design. All courses satisfactorily completed in this certificate program will apply to the Associate of Applied Science degree in Computer information systems.

Eligible for Pell Grant: Yes

ENTRY LEVEL REQUIREMENTS: Reading: Assess test or PCS021; Assess test or TRE089; Other Education Required: 100-level courses with no prerequisite require a minimum COMPASS reading score of 70

Program Completion length: 32 Weeks

For up-to-date info and actual pricing, please visit: www.mohave.edu

Tuition and Required Fees		Related Program Expenses	
Tuition (in-state)	\$1,332.00	Books	\$779.00
Required Fee		Other Expenses	
Registration Fee	\$150.00	Activity Fee	\$36.00
		Technology Fee	\$108.00
Total Tuition & Required Fee	\$1,332.00	Total Program Expenses	\$923.00
Total Program Cost			\$2,255.00

Come join us at the Education & Training Center for more information on the gainful employment program.

Truxton Cañon Agency Branch of Forestry

If you are a high school student I encourage you to stop by the Branch of Forestry to take a tour of the facility, ask questions about the programs, and how to find yourself a position at Truxton Cañon Agency Branch of Forestry. We can give you the field experience and help you move toward a degree in natural resources but specifically Forestry.

If you are an undergraduate or graduate there is a scholarship opportunity below the Southwest Indian Agricultural Association and an announcement from Northern Arizona University School of Forestry. Don't miss out on any type of educational opportunities you will only develop your understanding and be an asset to our Hualapai tribe.

On a personal note, our goal is to give you all our tools, experience, and knowledge to watch you exceed our understanding in Forestry. We want to watch you develop as an individual, bring strength to our program foundations, continue programs through educational outreach, and bring depth to our programs. There are three things we look for within individuals 1) ATTITUDE, seeking the best in the worst 2) DEDICATION, wanting to be here 3) MENTAL/PHYSICAL FITNESS, run to the battle. Don't find yourself idling create opportunities.

- Truxton Cañon Agency Training Schedule (Open: Feb. 2, 2012 Close: Apr. 5, 2012)
- Graduate Fellowships School of Forestry, NAU (Due Date: Feb. 15, 2012)
- National Center for Cooperative Education in Natural Resources

Any Questions feel free to call,
TCA Staff
W: 928.769.2312

Truxton Cañon Agency Training Schedule 2012

The 2012 Wildland Fire Season is on its way and we are looking for highly motivated individuals willing to work strenuous shifts, maintain a positive attitude, and to be a team player. Keep in mind fire is unpredictable so shifts include weeks away from home and working holidays.

What is Wildland Fire?

A wildland fire is an unwanted ignition which consumes available fuels (grass, trees, shrubs) by crawling, creeping, jumping, and running before smoldering to rest. Unwanted fires are the results of Yellow Stone Fires (1988), Rodeo-Chediski Fire (2002), and most recently Wallow Fire (2010).

What causes a Wildland Fire?

There are two types of ignitions 1) "anthropogenic" the results of human activity such as playing with matches, dropping cigarettes, embers from chimneys, unattended camp fires, and sparks from machines 2) natural ignitions are from volcanic activity and lightening.

How do I apply?

Contact staff at Branch of Forestry or stop by the office for application, physical form, and nomination. The process for employment is to complete; 1) Drug test 2) Physical Exam (Optional Form 178) 3) Southwest Firefighter Application 4) Health Screen Questionnaire 5) Work Capacity Test (WCT): Informed

The position which you are applying for will determine the WCT as Pack test, Field test, or Walk test.

What will I Do?

You will be a crew member on a 20 man hand crew made up of a Crew Boss, Squad Bosses, and Sawyers. On the other hand, you may be working on a wildland fire engine. Depending on experience and qualifications your position may vary.

Required

- If you are on prescription medication a doctor's note must be shown before Drug Test or for a bodily injury's
- For pack test dress in gym clothes with walking shoes
- Wildland Fire boots are required with Vibram sole

Course Number :	Course Title:	Nomination Due:	Course Date:	Location:	Time:	Coordinator Phone/ Fax/Email:
WCT	Work Capacity Test	N/A	Feb. 2	Branch of Forestry	0830 OR 1300	Maynard Mahone Phone: (928) 769-3310 Maynard.Mahone@bia.gov
WCT	Work Capacity Test	N/A	Feb. 9	Branch of Forestry	0830 OR 1300	Melvin Hunter Jr. Phone(928) 769-3305 Melvin.Hunter2@bia.gov
WCT	Work Capacity Test	N/A	Feb. 16	Branch of Forestry	0830 OR 1300	Maynard Mahone Phone: (928) 769-3310 Maynard.Mahone@bia.gov
WCT	Work Capacity Test	Feb. 8	Feb. 15	Camp Verde, AZ Location will be scheduled and need a minimum of 5 participants	0830 OR 1300	Maynard Mahone Phone: (928) 769-2279 Maynard.Mahone@bia.gov Please Call
RT-130	Annual Fireline Refresher	Feb. 9	Feb. 16	Camp Verde, AZ Location will be scheduled and need a minimum of 5 participants	0830-1630	Maynard Mahone Phone: (928) 769-2279 Maynard.Mahone@bia.gov Please Call
RT-130	Annual Fireline Refresher	Feb. 16	Feb. 23	Branch of Forestry	0830-1630	Melvin Hunter Jr. Phone(928) 769-3305 Melvin.Hunter2@bia.gov
RT-130	Annual Fireline Refresher	Feb.23	Mar.1	Branch of Forestry	0830-1630	Maynard Mahone Phone: (928) 769-3310 Maynard.Mahone@bia.gov

Truxton Cañon Agency Training Schedule **2012**

Course Number :	Course Title:	Nomination Due:	Course Date:	Location:	Time:	Coordinator Phone/ Fax/Email:
RT-130	Annual Fireline Refresher	Mar. 1	Mar. 8	Branch of Forestry	0830-1630	Melvin Hunter Jr. Phone(928) 769-3305 Melvin.Hunter2@bia.gov
I-100, S-130, S-190, L-180	Basic firefighter training	Mar. 9	Mar. 12 – Mar. 16	Thorton Tower, eastside of the Hualapai reservation	0800-1630	Maynard Mahone Phone: (928) 769-3310 Maynard.Mahone@bia.gov
WCT	Work Capacity Test	N/A	Mar. 15	Branch of Forestry	0830 OR 1300	Maynard Mahone Phone: (928) 769-3310 Maynard.Mahone@bia.gov
RT-130	Annual Fireline Refresher	Mar. 16	Mar. 23	Branch of Forestry	0830-1630	Maynard Mahone Phone: (928) 769-3310 Maynard.Mahone@bia.gov
WCT	Work Capacity Test	N/A	Mar. 29	Branch of Forestry	0830 OR 1300	Melvin Hunter Jr. Phone(928) 769-3305 Melvin.Hunter2@bia.gov
RT-130	Annual Fireline Refresher	Mar. 29	Apr. 5	Branch of Forestry	0830-1630	Melvin Hunter Jr. Phone(928) 769-3305 Melvin.Hunter2@bia.gov
S-212	Wildland Fire Chain Saws	TBA	TBA	TBA	TBA	Maynard Mahone Phone: (928) 769-3310 Maynard.Mahone@bia.gov
CPR/1 st Aid	Medical	TBA	TBA	TBA	TBA	Melvin Hunter Jr. Phone: (928) 769-3305 Melvin.Hunter2@bia.gov

Truxton Cañon Agency Training Schedule 2012

CLASSES AVAILABLE ONLINE AND CAN BE FOUND AT THE LINK BELOW

Required: IS-100b and IS -700a National Incident Management System Link: <http://training.fema.gov/emiweb/is/is700a.asp>

The online training is a self study course and upon completion please submit your certificates to TCA.

National Wildfire Coordinating Group (NWCG) Training and Qualifications Link: <http://training.nwcg.gov/courses.html>.

Rookie Training includes: I-100, S-130, S-190, and L-180 Human Factors in the Wildland Fire Service (not offered online)

I – 100; Introduction to the Incident Command System (2006), required

S-110; Basic Wildland Suppression Orientation (2003), required

S-130; Firefighter Training (2003), required

S-190; Introduction to Wildland Fire Behavior (2006), required

S-260; Interagency Incident Business Management (2011), recommended for Crew Boss Trainee and Qualified

S-290; Intermediate Wildland Fire Behavior (2010), recommended for Squad Boss Trainee and Qualified

TCA - Branch of Forestry, 1130 Mesa View Dr. Peach Springs, AZ 86434 PH: 928.769.2312 FAX: 928.769.2326 HRS: M-F, 0800-1630

Graduate Fellowships

School of Forestry, Northern Arizona University

The School of Forestry, Northern Arizona University invites applicants from citizens or nationals of the United States for a newly established USDA-NIFA-funded graduate fellowship program, "Translating Forest Science for Global Practitioners." The Fellows will be trained in the science and art of translating forest science research results for forest managers and practitioners in the southwestern U.S. and internationally. We use "translation" in the context of forest science analogous to its use in human medicine: using research results to optimize patient (ecosystem) health. The Fellows will receive training and experiential learning to communicate research results between researchers and end users, such as forest managers and conservation practitioners. Funded fellowships are available for students working on Master of Forestry (\$18,500/year, tuition waiver, health benefits) or Doctoral (\$24,500/year, tuition waiver, health benefits) degrees.

Applications for the Fellowship Program are due no later than February 15, 2012 and require application to the School of Forestry (described at <http://nau.edu/CEFNS/Forestry/Degrees/MF/>) plus an additional two-page essay about the relationship of the applicant's career goals to the focus of the program. Doctoral applications should specifically address translation of knowledge for international forest managers. The Fellowship Program is strongly committed to recruiting and educating Fellows from diverse backgrounds. Questions about the Fellowship Program should be directed to Dr. Thomas Kolb, Project Director (tom.kolb@nau.edu; 928-523-7491). General questions about School of Forestry Graduate Programs should be directed to Dr. Richard Hofstetter, Graduate Coordinator (rich.hofstetter@nau.edu; 928-523-6452).

National Center for Cooperative Education in Natural Resources

a program of the Bureau of Indian Affairs, administered by the USDA Forest Service
155 Indian Avenue, Box 5018, Lawrence, Kansas 66046
(785) 749-8427 Fax (785) 749-8439

December 1, 2011

RECEIVED

DEC 15 2011

BIA Truxton Canon
Valentine, AZ

Dear Colleague:

Enclosed is information about the National Center for Cooperative Education in Natural Resources (NCCE) student summer employment programs for 2012. These programs are designed to promote the development of American Indian and Alaska Native natural resources professionals by helping students achieve their educational and career goals. The programs are to help BIA and tribal natural resources managers find qualified employees currently attending college with majors in the fields of forestry, range science, agriculture science, wildlife/fisheries, and other natural resources areas. Students will be considered for permanent positions under the Student Career Experience Program (SCEP) or for summer temporary employment under the Summer Temporary Employment Program (STEP).

- 1) Students accepted into the SCEP program receive tuition assistance (\$5,000/year), summer employment, and noncompetitive conversion to BIA or tribal positions upon graduation. Students selected for summer employment under the STEP program will be placed into temporary positions with a BIA agency or tribe as a GS3 or GS4.
- 2) Tribes and BIA units are eligible to hire students for summer and permanent positions. For summer employment, the Bureau of Indian Affairs may provide from \$5000 to \$7500 toward each student's salary depending upon the student's college major.

I would appreciate it if you would post the enclosed brochure where it will be available to individuals who may benefit from our services. For applications or additional information please contact my office at (785) 749-8427, (785) 749-8493 or ekiefer@fs.fed.us or bjbrown@fs.fed.us.

Thank you.

Brenda Woods-Brown
NCCE Program Manager

National Center for Cooperative Education

Opportunities for American Indians and Alaska Natives School and Work: A Rewarding Combination

NCCE: What is it?

The National Center for Cooperative Education in Natural Resources (NCCE) was established in May 1997. Located on the campus of Haskell Indian Nations University in Lawrence, Kansas, the purpose of NCCE is to better serve American Indian and Alaska Native students interested in pursuing careers in natural resource fields with tribes, the Bureau of Indian Affairs (BIA), or other natural resources agencies.

NCCE –What does it offer?

- Tuition assistance - \$5,000 annually
- Summer employment -Related to academic field of study \$10 - \$13 per hour
- Employment opportunity after graduation - BIA and tribal professional level positions
- Life insurance and health benefits - Vacation, sick and holiday pay - Retirement

Minimum Requirements

- Have finished the freshman year in college, be in good academic standing, and accepted to attend or attending an accredited college or university
- Pursuing at a minimum, a bachelor's degree
- Majoring in a natural resources field such as: *Forestry, Range Management, Agricultural Science, Soil Conservation, Geographic Information Systems, Wildlife Management, Watershed/Hydrology, Fisheries Management, Civil Engineering*
- Interest in a career working with tribes, the Bureau of Indian Affairs

How to Apply

The application process consists of submitting:

- Completed federal employment form (OF 612)* or resume**
- Completed "Verification of Indian Preference for Employment" (Form BIA 4432)*
- Letter of Application that includes: Your perception of your academic and applied strengths - A description of your career goals and objectives
- Letter of recommendation from academic advisor or faculty member that includes:
 - How long and in what capacity the advisor or faculty member has known you as a student - His or her perception of your academic and practical application strengths - Any other pertinent information
- Proof of enrollment or acceptance into a college forestry or natural resources program
- Transcript and current class schedule
- Letter of support from tribal or BIA area or agency natural resources staff (optional but helpful)

*Form OF612 is available at www.opm.gov and BIA 4432 is available through the Liaison's Office.

**Resume must include all the information requested in the OF612.

Send Application Package to:

Brenda Woods-Brown
Natural Resources Liaison Office
Haskell Indian Nations University
155 Indian Avenue, Box 5018
Lawrence, KS 66046

Application Deadline:

March 5th of each year

For additional information contact:

Brenda Woods-Brown - 785-749-8493, cell 785-691-8223 or bjbrown@fs.fed.us

Doug Eifler – 785-749-8414 or daeifler@fs.fed.us

Elaine Kiefer - 785-749-8427, cell 785-691-8224 or ekiefer@fs.fed.us

Website – www.itcnet.org/file_download/9ae37ab7-3599-4bd5-a42c-00fa7a57c88b

Health & Safety Information

“IMPROVING PATIENT CARE”

PEACH SPRINGS HEALTH CENTER

Health Center Hours

Monday—Friday • 8:00 a.m.—5:00 p.m.

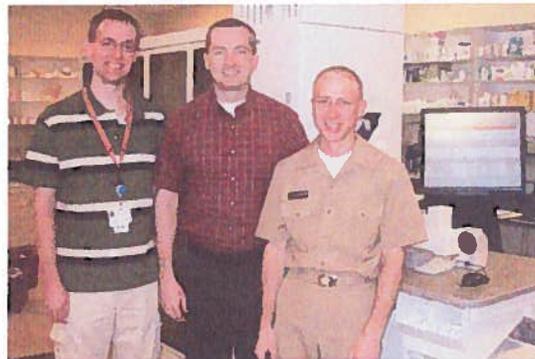
We are now open on Thursday mornings!



Important Reminders:

- Appointments are scheduled in 20-minute time slots, so please arrive early for your appointment. If you are late, you may have to reschedule.
- Call the medical (2920) or dental (2903) appointment lines to schedule or cancel your next appointment.
- Walk-ins will be seen on an emergency basis only. If you are not sure, please ask!
- 72-Hour notification to Contract Health is required for emergency treatment or admission at a non-IHS facility.
- Remember to take all outside prescriptions to the Pharmacy. They will be reviewed and approved by an IHS Physician and then entered into your Electronic Health Record (EHR). Prescriptions CANNOT be filled without an order in the EHR from the Physician. This process may take some time, we appreciate your patience.
- Please limit THREE in the room during doctor appointments. Parents/Guardians please limit TWO children with you in the room during your appointments.

Pharmacy Department



Pharmacists (left to right): Scott, Philip, & Nick

P.O. Box 190 • 943 Hualapai Way • Peach Springs, AZ 86434
Phone: 928.769.2900 • Fax: 928.769.2701 • Toll-Free: 1.888.478.4369

Medical Appointments: 769.2920 • Dental Appointments: 769.2903
Pharmacy (Refills): 769.2992 • EMS (After Clinic Hours): 769.2233

A Note from Your Friendly Pharmacists...

As you may have noticed, there have been a few changes in the pharmacy staff here at Peach Springs. Robert Boyle has moved to Pinetop and is working with the Apache tribe in Whiteriver. Philip Williams has taken Robert's place, and Scott Myers is an additional pharmacist that has been added to the team. We hope to serve you well. Please let us know if there is something that you believe we could do to serve you better.

Below are answers to some questions you may have.

1. What is the process for getting a prescription filled that was written by a doctor outside the clinic?

- To ensure that your primary care doctor is aware of procedures or other problems that have been addressed by other doctors, the prescriptions need to be reviewed. This review must be done in between patients, at lunch time, or at the end of the day. If a prescription is dropped off in the morning or early afternoon it will usually be filled by the end of the day. Please call before coming to pick up your medication to ensure the review has been completed and your medication is ready.
- The doctor's review ensures that when your doctor sees you, he/she will know the whole picture of your situation and be better able to assess your needs.
- If the prescriptions are from a discharge from the hospital, it will be best to see the doctor first and have him enter the prescriptions at that time.
- Once in awhile, the doctor will want to see you before filling the medication. If this occurs it is only to ensure that you get the best care possible.

2. Why does my drug look different, and why do you change medications on me?

There are a few different times that we change medications.

- First is when there is a service unit wide change. We are part of the Colorado Service Unit which includes Parker Indian Hospital and a few other remote clinics. Whenever they make a formulary change we make the change with them. An example of this is the change from Actos® (pioglitazone) to Januvia® (sitagliptin) and Lantus® (insulin glargine) to Levemir® (insulin detemir). These are made for multiple reasons, but many people are involved in these decisions and much thought and discussion goes into these types of changes.
- Once in awhile there will be a change from one generic to another of the same drug simply based on cost. When medications are deemed equivalent by the FDA, we try to choose the medication with lowest cost to help free up funds for other clinic needs.
- The third is when there is a shortage of a medication and we have to change brands (from brand to generic or to another generic). This, unfortunately, happens quite often. We have no control over this whatsoever. To ensure that you are able to continue to get the same therapy as before, we have to get another generic to replace the one that is no longer available. We make every effort to make you aware of this when it happens.

3. Can I get my flu shot and other shots from the pharmacy?

- Yes you can. We can give most adult immunizations without a physician visit.

4. Are you going to continue to have hearing aid batteries?

- Unfortunately, until further notice, we will no longer be carrying hearing aids. Hearing aid batteries can be purchased at any pharmacy in Kingman or online. Drugstore.com has 16 size 10 batteries for \$14 including shipping.

5. Is there somewhere more private where we can discuss my medications?

- Yes. We have a counseling room right next to the pharmacy where we can discuss your medications in private. If you would prefer that we discuss your medications there, please let us know when you pick them up.

Meet our Newest Staff...



Dr. Niebel, MD, Medical Provider

Dr. Donald B. Niebel, MD, started as a medical provider at Peach Springs Health Center on October 24, 2011. He attended Medical School at the University of South Dakota and completed his residency at Geisinger Medical Center in Pennsylvania. He has worked for a community health center in upstate New York, and has practiced with the Indian Health Service for eight years in Winnebago, Nebraska and Wagner and Flandreau, South Dakota. His interests include family, health maintenance, teaching, and bicycling.



Philip Williams, Pharmacist

Philip L. Williams, Pharm.D. is a new pharmacist that started working for Peach Springs Health Center on September 12, 2011. He began his healthcare career as a flight medicine technician for the U.S. Air Force. After which, he was able to use the Montgomery G.I. Bill to earn a B.S. in Biochemistry & Molecular Biology and a B.A. in Chemistry from Michigan State University. He then went on to achieve a Doctorate degree in Pharmacy from the University of Michigan in 2010. Dr. Williams recently completed his pharmacy residency training at Detroit Receiving Hospital, a level 1 trauma center located in the heart of Detroit, MI.

Philip is enthusiastic to start his career in Indian Health Services and has a history of providing excellent care to those who need it. Please feel free to ask him any questions you have regarding your medication therapy.



Scott Myers, Pharmacist

Scott Myers is a newly graduated and licensed pharmacist from Boise, ID. Scott went to school at Idaho State University where he met his wife, Eileen. She graduated in Dietetics and is currently a stay-at-home mom with their daughter, Holly, who is going to be turning 3 in December. They are also expecting another baby boy soon.

He loves to spend his time “attempting to fish and camp”. They like to hike the highest mountain in each state, so their next goal is the one here in Arizona. Scott is a big computer nerd who likes the latest and greatest electronic gadgets. He is very excited to be here in Peach Springs and look forward to meeting and working with the great people here in this community.



Randi Wood, Clinical Nurse

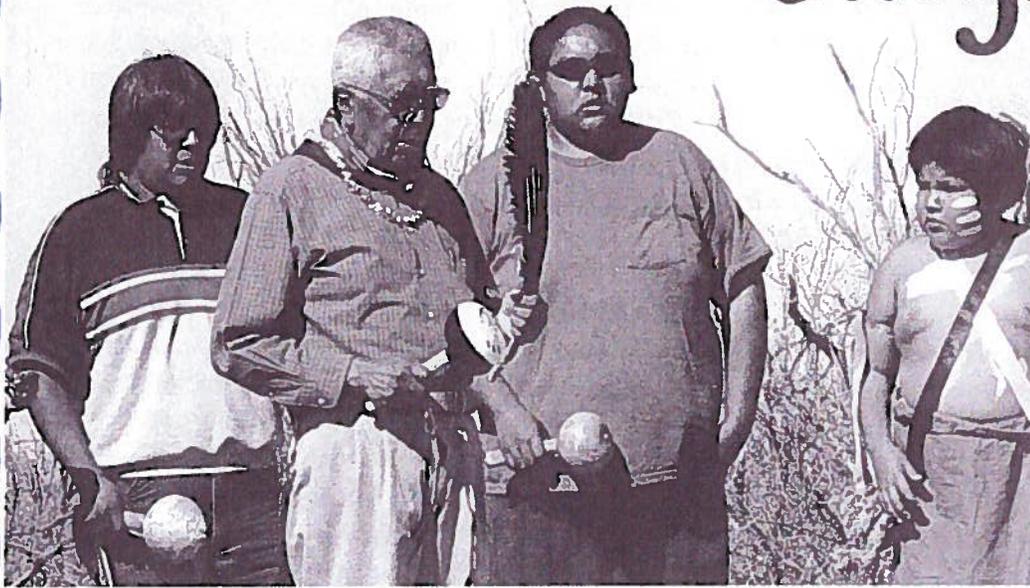
Randi Wood is a newly graduated RN. She graduated from Yavapai College and this is her first nursing job. She is excited to be here and a part of this team serving the Peach Springs community. She was born and raised in Flagstaff and has gone to various locations for college. She is now living in Seligman learning the ways of ranch life and how to enjoy things at a much slower pace and is loving it! In her spare time she enjoys running, riding horses, and spending time with family. Randi looks forward to meeting more of you in the community and having the chance to grow and learn from you.

By Debbie Leung

Singing



Down the Rain



A group of Tohono O'odham community members sing a song to bring rain. The tradition of singing for rain is being revived along with the tradition of growing and harvesting food.



There once was a time when the Tohono O'odham people relied solely on the land and the Creator for their food. They knew the dry desert soils would take care of them. It could be coaxed into giving lush crops of corn and tepary beans. To do this, it did not need man-made watering systems. With a song, the heavy rains would come. The crops would grow, and the people would eat the good food.

Danny Lopez (Tohono O'odham) and others are reviving the old ways of growing crops. Instead of using irrigation ditches, they are singing to bring rain. Caring for and respecting the land, praying and singing for rain, harvesting with thankful hands... the Tohono O'odhams are bringing back the traditional ways.

For more than 20 years, Danny has dedicated himself to preserving *O'odham Himdag*, Desert People's Way. He lives in one of the most traditional villages in the Tohono O'odham Nation. It is located in the Sonoran Desert near Tuscon, Arizona. "We have to make a change or my grand kids will have diabetes," he says.

For desert people, traditional ceremonies, stories, songs and language are based on rain and the food it provides. In the past,

growing and gathering desert food was a lot of work, but it kept the people active and healthy. Tohono O'odham people are bringing back this way of life.



Easy life leads to diabetes

Danny says it is too easy to get food now. "People are used to the easy way -- frozen foods and pizza, fast foods and fry bread," says Danny.

Without the traditional food and the physical activity of growing the food, people are getting sick. Not too long ago, diabetes was very rare among the Tohono O'odham. Now, more than half of the adults have diabetes.

Danny says his peoples' traditional foods have been shown to be able to prevent and control diabetes. They contain a lot of fiber and tannins. These reduce blood sugar. Some traditional foods slow down the digestion of sugar.

Bringing back the old ways

Community leaders like Danny are working to bring back the traditional ways of growing food. This will improve health and also bring back cultural ways. They created Tohono O'odham Community Food System Development Project, a program of Tohono O'odham Community Action (TOCA).

Six years ago, the project planted a small community garden. Then the project started giving families seeds and tools to plant their own gardens at their homes. Recently 60 families grew gardens at their homes.

The community and home gardens continue. TOCA also takes people to traditional gathering grounds to collect wild food like cholla buds, cactus fruits, mesquite bean pods and acorns.

The next step is to develop four acres into a field to grow traditional foods using the traditional watering system, natural rainfall. Land is being prepared for *Ak Chin*, the summer rains that flood the flat fields. Crops that grow well with the brief, heavy rains and hot weather will be planted. No man-made watering system will be used. Tepary beans, corn, squash, melons, chiles and cano (O'odham sugarcane) will some day be grown there. These are foods the Tohono O'odham used to often eat.

Seeds come first, then food

But people stopped growing these traditional crops for many years. Now few seeds are available. To grow enough of these crops to feed the community, they must first grow the seeds. When

there is enough seed, they will grow these foods to sell at a farmers market or produce stand. They also hope to supply the hospital and schools with their harvests.

Need for food brings need for ceremonies and hard work

The field is located in a traditional farming village where people have not farmed for 40 years. Mesquite trees had taken over the farm land. Before clearing the trees, a blessing ceremony to "sing down the rain" took place. It marked the start of reclaiming the land.

The ceremony to bring rain is called *Jujkida*. Years ago, it was done in every farming village at the end of July when the summer rains began the growing cycle. But farming slowed. A few years ago, *Jujkida* was performed in only two villages.

The ceremony requires weeks of preparation. It is a lot of work to harvest the saguaro cactus and make the ceremonial wine. People work hard because they want the rains to come. For awhile people stopped doing this work. They had stopped the traditional planting -- it didn't matter if the rains came. The need for the ceremony and the hard work of harvesting the cactus died out. Traditional gardening is bringing back the ceremony.

Growing gardens and traditions

Gardening has reached almost every family in the community. Some families are now growing gardens at home. People are working to reclaim land to grow traditional crops the old way. There is more interest in *Jujkida*. More

villages are practicing their ceremonies.

One village Elder just planted a garden of her own. She is growing corn and other crops. She says, "Every year I would come to sing for the rain, but this year I sang because I meant it." Growing food gave the ceremonies, songs and legends more meaning.

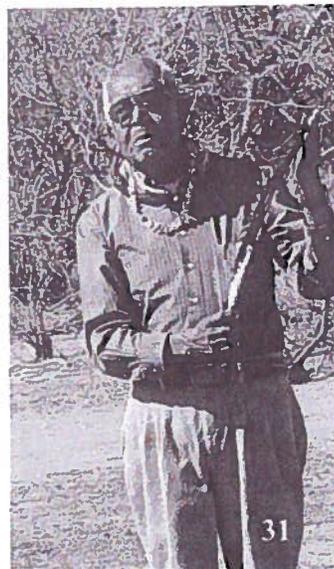
Recently at the TOCA food project field, the community gathered for its first *Jujkida*. Children danced. People ate traditional foods. Danny Lopez lead the ceremony. About 40 people helped clear the land.

Elders shared their memories. They remember when they grew their own food. In 1930, the Tohono O'odhams harvested 1.8 million pounds of tepary beans! Barely 100 pounds were grown in 2001. But the knowledge to grow the food is still alive. It is knowledge that can make the people healthy again and revive the traditional way of life.

Danny says it may take a long time. But he hopes that people will remember what is being done now and say, "Hey, they did it. We can do it, too."



Danny Lopez (Tohono O'odham) sings for rain. He is happy to see the Tohono O'odham people return to their tradition of farming.



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Join us for the
**Relay For Life of
Kingman**

When

Saturday June 2, 2012
Event starts at 6:00 PM
And ends at 6:00 AM
on Sunday June 3th

Where

Kingman High school

CONTACT INFO

Event Chair: Jodi Snow
928-681-2821
Kingmanrelay2012@gmail.com

Team Development:
Cecilia Clouser
928-530-7716
cececlouser@yahoo.com

Ways To Get Involved

- *Start a Team
 - *Join a Team
 - *Sponsor a Team
 - *Invite a Survivor
- www.Kingmanrelayforlife.com

Relay For Life of Kingman
403 N Agassiz Suite 1
Flagstaff, Arizona 86001

A Note About Depression

It is common to have depression when you have diabetes. Depression is an ongoing feeling of sadness that won't go away. If you have any of the feelings listed below, mark them with a check.

- feelings of sadness or emptiness
- loss of interest in things you used to enjoy (family gatherings, hobbies, sex, etc.)
- changes in appetite or weight
- changes in sleep patterns
- others telling you that you seem restless or not as active as before
- loss of energy or feeling tired all the time
- guilty feelings or feeling you are worthless
- repeated thoughts of death or suicide

Show this list to a friend, family member, spiritual leader or healthcare provider. Don't wait to get help.

A Spiritual Walk
Our perspective

In the early dawn of the morning, or in the setting dusk of night is when walking, for me is most valuable. You are watching either the birth, or the death of a day. Inevitably, we all experience birth and death - these are two constants in our world, and two constants of every day. In some ways they are two constants of every walking moment, with every breath you take, you inhale the life that is our air, and the death that is our exhalations. When we look at walking, it's a different perspective. You end up slowing things down to a snail's crawl. You are not dependent upon anyone to fill up your gas tank, to wait for the bus. You don't have to hop a train, you don't have to rush.

Tips to Boost Your Child's Language Development

These ideas offer ways to build your child's literacy skills, preparing her for success in school and beyond.

Read to your child every day.



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Reading

Babies

- Provide your child picture books with simple objects or faces.
- Give him board or cloth books with pages that turn easily and won't tear.
- Offer him books with soft, rough or bumpy textures to touch and feel.

Toddlers and Preschoolers

- Have your child point to familiar objects — numbers, colors, letters.
- Ask your child to tell stories about the pictures.
- Choose books about topics of interest like animals or trains — and big events like toilet training or the birth of a new sibling.

Talking and Listening

Babies

- Talk to your child about what you see and what you are doing.
- Listen as she communicates with coos, smiles, laughs and cries.

Toddlers and Preschoolers

- Have conversations where you take turns talking and listening.
- Talk about the events of yesterday, today and tomorrow.
- Play hide-and-seek, talking about what you see as you look. Your child will listen closely while she hides.

Singing

Babies

- Play music and watch as your child bounces and babbles to the beat.
- Sing favorite songs over and over again.

Toddlers and Preschoolers

- Teach your child songs that have hand movements.
- Teach him simple sing-along songs like "Twinkle, Twinkle Little Star."

Writing

Babies

- Encourage your child to hold soft toys or rattles, which help develop grasping skills.
- Play with puzzles that have oversized numbers and letters.

Toddlers and Preschoolers

- Let your child play with and trace magnetic or foam letters and numbers.
- Allow her to draw freely and creatively.

How to...

These "how-to's" can provide some comfort to your child and make being a parent a little easier.

Read to your child every day.



aztf.gov

...help your child learn

Your child is born learning. You are your child's first and best teacher, and can help his developing brain by:

- talking, singing and reading as often as possible, even to newborns
- exposing him to your everyday activities
- making special trips to a park, museum or library
- encouraging healthy play and playing with him

...comfort your child

Comforting your child may not always be easy. Until you figure out what works to calm her, try one solution at a time for 5 to 10 minutes. For example:

- walking or swaying
- playing with a mobile
- singing, humming or cooing
- reading a book
- holding or massaging
- providing a favorite toy or stuffed animal

...establish regular routines

Everyday activities like feeding, sleeping and bathing are perfect for starting routines. A bedtime routine might include changing a diaper, changing into pajamas and any of the following:

- singing a song
- reading a book
- playing with a mobile
- hugging goodnight

...bond with your child

Give a child a lot of love and affection by:

- making eye contact — about 8 to 12 inches away from you
- holding him close — carrying, hugging or sitting in your lap
- using gentle motion — rocking in your arms, bouncing in your lap or tickling

Early Literacy

Words, sounds, storybooks, songs and nursery rhymes: these are the building blocks of literacy.

You can give your child a head start by beginning now.

Read or tell stories together every day.

Teach new words.

Sing songs and nursery rhymes.

Ask questions.

Use play to introduce language.

Your Child

You can make sure you give your child the best possible start in life just by following these simple guidelines:

Take care of yourself.

Provide a warm and loving environment.

Talk, sing and read with your child.

Create a predictable world for your child.

Understand and respond to your child's needs.

	Reading	Listening and Talking	Singing	Writing
Babies... 	...like to look at pictures of familiar things, listen to short stories and touch the pages.	...learn by listening to you talk. They imitate you by moving their mouths and making sounds.	...enjoy listening to your voice as well as the calming rhythms and playful beats of music.	...start their writing skills by grasping at objects.
Toddlers/ Pre-schoolers... 	...can sit and listen to a story, turn pages and talk about pictures.	...share their thoughts and can have a conversation.	...have favorite songs and like to sing along with you.	...learn by scribbling, drawing and pretending to write.

Help your child explore language and learning by following these simple steps:

Read or tell stories together every day, starting at birth.

Read from a book, simply talk about the pictures or make up stories based on what you see. When you read together, you help your child learn to love books — and you!

Teach new words anytime you can. Talk to your child about what you see around you and what you are doing. The more you speak, the more you build your child's vocabulary.

Sing songs and nursery rhymes over and over again. Add songs and rhymes into all of your routines; sing "Rock-a-Bye Baby" at bedtime, "Rub-a-Dub-Dub" at bathtime.

Ask questions and watch for their responses. From day one, ask your child where and what whenever you can — at the store, on a walk, while looking at pictures or reading stories. Ask questions about the past, present and future.

Use play to introduce language. Give your child books, musical instruments and other toys. When you interact with your child in a playful way, you introduce new words, sounds and concepts.

Adapted from the book *Understanding Children* by Richard Saul Wurman and Civitas, ©2002. All rights reserved.



Infants need love and attention to learn to trust. Talk and sing to your baby while diapering, feeding or rocking him and help him learn about his environment by giving him things to touch, taste, smell, hear and see.



Young toddlers are beginning to explore the world on their own and act independently, so provide time and safe space to dance, read board books and work on feeding and dressing.

Older toddlers like to observe and imitate. Count objects, play matching games, color, paint and do dramatic play. Provide choices and set limits to help toddlers with impulse control.



Simple steps to connect with your child:

Take care of yourself so you can care for your child. Becoming a parent can be overwhelming. Unless you take care of yourself, it will be hard to take good care of your child. Don't be afraid to ask for help caring for your child.

Provide a warm and loving environment. Helping your child feel safe is the key to encouraging her healthy growth and development. Make sure you give her a lot of affection.

Talk, sing and read with your child. The young child is especially interested in sounds — the building blocks of speech and language. You can form a deep emotional connection with your child just by talking to him.

Create a predictable world for your child. Providing routines teaches your child that you and the world around her are trustworthy. If your child understands this, she will spend less energy fussing over her needs and more time learning.

Understand and respond to your child's needs. This will reduce stress and help your baby learn to soothe himself. Responding to your child also teaches him that you care and that he can trust you to read his signals.

Adapted from the book *Understanding Children* by Richard Saul Wurman and Civitas, ©2002. All rights reserved.

Do you have any concerns about how your child:

	YES	NO
<input type="checkbox"/> Plays & interacts with others	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Learns	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Communicates	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Moves	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Sees	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Hears	<input type="checkbox"/>	<input type="checkbox"/>

If you answered "yes" to any of these concerns we recommend a medical evaluation *and* a developmental screening.

Read to your child every day.

 **FIRST THINGS FIRST**
azff.gov

Developmental Screening:

Hualapai First Things First
Hualapai Health Department
(928) 769-2207

Developmental Screening:

Ages Birth-Age 3
Arizona Early Intervention Program (AzEIP)
Milemarkers Therapy Inc.
(928) 854-5439

Developmental Screening:

Ages 3-Elementary School age
Peach Springs Elementary School
Special Student Services Director
(928) 769-2613

What do we offer the Hualapai Community?

• **Home visits** for preventative education and health concerns during Pregnancy to age 5

• **Developmental screenings & Educational resources**

- Ages and Stages Questionnaire
- Learning activity booklets

• **Monthly MCH Education**

Lunch n' Learn

New Moms Class

Toddler's on Tuesday

• **Parenting Tool**

- Arizona Parent Kit



January 13, 2012

Dear Friends and Relatives,
We, the family of Bishop Yaramata would like to take the time to express our sincere appreciation for all of your help at the wake and burial services. This has been such a great shock to our family we would not have been able to make it through without your help.

We would like to thank the Hualapai Tribe for the finances for funeral services, GCRC for the wonderful food, the singers for ensuring Bishop was sent on his way properly.

Thanks to the Mormon Church and officials for the church services and burial assistance.

We also would like to thank all the family members for supporting and staying all night with us. Thanks to those that dropped off food and stopped by to show their respects.

Thank you Joe for making sure the grave was dug. Joe and Mike for cooking, cleaning and doing all you both did for Bishop. We pray for all of you that you would be blessed and we pray for our community that we would not have to bury anymore of our young people.

With Sincerest Appreciation,
The Family of Bishop Olen Yaramata

Your best days are yet to come

For my mom, Leatrice Smith

Mom, I came home to be with you because I needed your comfort and presence, the boys needed to be around their grandma. Thank you for doing the best you can for all of us, thank you for giving unconditionally, thank you for opening up your house to us, thank you for being alive so we can have someone to go to in our time of need. Thank you most of all for your unconditional love and forgiveness...you're one of the strongest women I know. I know sometimes your children have put you through some tough times and you take that on as yours to carry. No matter what we have been through I still call you bless. Mom, I trust your truth and believe in you.

With love, Lanadine

January 25

Happy Birthday Sister Alfrieda
To wish you a birthday blessing. May the beauty, the joy and blessing of your birthday fill your day with special happiness throughout the year.

Love your sister, Earldine

January 25

Happy Birthday to an amazing Mom & Grandma:
Alfrieda Seeyouma

Wishing you a great day filled with tons of love and laughter today and each day. You are a true blessing to our family. Thank you for all you do for us. May God continue to bless you.



Best Friend

She is the best friend that I have; she's always there for me. She is the perfect model of what, all good friends should be.

She always has a listening ear, and never any judgment. Then always when I need it most, she has a compliment.

When my life is filled with doubt, she helps me look beyond. The problems that I have today, and helps until they're gone.

There were a few times in the past, I felt I had betrayed. Our one on one relationship, with choices I had made.

I know sometimes I hurt her, but she never let it known. Her understanding gentle heart, is why our friendship's grown.

Unselfish in her attitude, unselfish with her time. Unselfish in her love for me, this special friend of mine.

Many friends have come and gone, but this one always stays. I guess she's learned to overcome, my temperamental ways.

She always makes me feel secure, when she is by my side. I know whatever bothers me, in her I can confide.

I love the time we spend together, strengthening our bond. Oh, by the way, this friend of mine happens to be my MOM.

With love, your daughter Ardis & Family

Congratulations Yvette & Baby Girl Alice!!

Many Blessings on your adventures in wonderland, Alice is a Lucky to have you as her Mommy.

XOXO, Liz



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