

Hualapai Elderly Services Program

Telephone: 928-769-2375

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Hours of Operation: Monday-Friday 8:00 AM-5:00 PM



Shane Charley – Program Manager

Mildred Grover – Activities Coordinator

Helen Querta – Elderly Advocate

Leland Parker – Head Cook

The Hualapai Elderly Services Program provides service to the aging population through training and technical assistance and by providing nutrition services, home and community-based services and other services to meet the needs of the Hualapai Elderly Community

The Hualapai Elderly Center offers a multidimensional program with a wide variety of leisure activities. The minimum age to participate in these activities is 55. The activities range from recreational to educational, active to passive, individual to group. Some of the activities are held at other locations in the community and the center provides transportation to these activities, whenever possible.

Transportation services are also provided for participants to the Elderly Center, hospital; and local town with a 3-day advance reservation. The center provides information on area services that are available to seniors. Advocacy representation on issues pertaining to income, Medicare, Medicaid, insurance, Social Security, and low income housing is offered on specific dates which are advertised in the monthly calendar distributed at the center the first of each month. All activities, meetings day trips, and daily menus are posted on this calendar.

The center offers a lunch program, served Monday through Friday from 11:30 a.m.– 12:30 p.m., where seniors over the age of 55 eat for free. The center has breakfast in the morning for seniors to enjoy while they visit with each other. Hot, nutritious meals are prepared and delivered to qualified homebound seniors through our program. New programs are always being developed and implemented. The benefits are endless!

The Hualapai Elderly Center provides the following services directly or by referrals with tribal governments or local community programs:

- Advocacy
- Medication Management
- Caregiver Education & Information
- Transportation
- Congregate Meals
- Home Delivered Meals
- Socialization and Recreation
- Respite Care
- Case Management
- House Keeping
- Long Term Care Advocacy/Ombudsman
- Benefits Education and Assistance
- Nutrition Education
- Health Promotion and Disease Prevention
- Personal Care
- Caregiver Training
- Information and Referral
- Caregiver Transportation
- Outreach
- Kinship Care
- Lifespan Respite Care

Program Report

The community elders recently attended the ITCA AOA/AICOA 25th Annual Conference in Scottsdale, AZ. Participants enjoyed their stay at the Talking Stick Casino & Resort. The conference ended with all participants taking part in the annual Senior Games. Also, community elders have participated in the Quechan Senior Games, The Pai Gathering, The Five Tribe Treat Days, The Orme Dam Days and many other events in the local area.

The Elderly Advisory Committee has been active in fund raising events and will be having monthly bingo at the Elderly Center. The committee meets once a month and has been attracting interest throughout the community. The committee was formed to address elderly issues and concerns, most importantly to be a voice for the community elders.

Recently, Helen Querta was hired as an Elderly Advocate. She will be an integral part of providing service to the community elders. She has been interviewing all participants and reevaluating points of service. The Elderly Program has transitioned well after the retirement of the Head Cook. Leland Parker has been named the new Head Cook and has just finalized the new menu targeted for high nutritional risk participants.

The Elderly Program has shown an increase in participants 55 years old and above. There has been an increase of 50 participants. We serve participants in the Peach Springs community and as far out as Valentine. The program continues to be funded through state and federal grants, but mostly supplemented by Tribal Council funding. The program was recently audited by ITCA and the State of Arizona. The findings were minimal and corrected immediately.

The Elderly Center has shown wear and tear of many years of use. Recently the heating and cooling systems were replaced to provide adequate air flow to the building. The kitchen stove and oven were replaced; and a new refrigerator was bought to provide needed freezer space. A new walkway is planned in the near future to provide ADA compliant access to the building.

Overall, the elderly program has been providing service to community members and could not operate without the help of the Tribal supplement made to the program. The program plays an integral part in the nutritional needs of the community.