

GAMYU

Newsletter of the Hualapai Tribe

Hualapai Tourism represented at international travel exhibition



Seen above: Wilfred Whatoname Jr., Ruby Steele and Allison Raskansky with Amanda Wills, Director of Virgin Holidays, at Virgin's carnival themed event



World Travel Market (WTM) is the leading global event for the travel industry that is held annually in London. It is a four-day business-to-business event presenting a diverse range of destinations to UK and International travel professionals.

Hualapai Tourism met with more than 36 companies from 10 different countries. As a result of the meetings, there have already been 7 new contracts issued to companies that could bring thousands to the Hualapai Tourism destinations. Ruby Steele and Wilfred Whatoname represented the Hualapai Tribe. They shared the culture and educated attendees on Grand Canyon West, Hualapai River Runners and Lodge.

December 9, 2011

Issue #25



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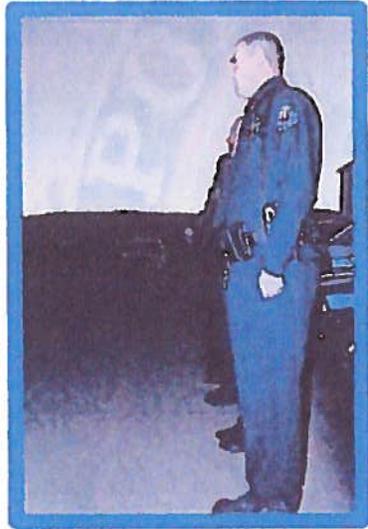
The deadline for next issue (#26) will be on Friday, December 16, 2011. Remember to attach an Information Sheet with your articles.

Thank you.



This has been submitted by Best American Destinations Marketing and Public Relations for Hualapai Tourism

Happy Holidays



Officer Christopher Moore



On November 30th the Hualapai Nation Police Officers were up at the crack of dawn standing tall for the 4th Quarter Inspection held at the BIA Forestry Building. During this inspection the officer's vehicles, uniforms and duty equipment were inspected for cleanliness and proper operation.

According to Chief Bradley the officers were very well prepared for this event even though the night crew was just getting off duty and the day shift officers were coming in to relieve them. The police officers are required to be at inspection 4 times a year for a complete inspection to ensure uniformity and equipment readiness. Upon conclusion of the inspection they have a staff meeting to go over the past quarter activities and administrative matters.

This quarter Officer Steven Badilla's patrol vehicle was found to be outstanding followed a close second by Officer Aaron Campa who's tires put him in second place. Uniform wise the Chiefs pick was Officer Stephen Badilla, Officer Aaron Campa and Officer Nathan Nixon. "All in all the patrol staff made a great effort to prepare for the event" said Chief Bradley.

As we go into the end of this year into the Christmas and New Year's Holidays the officers and staff of the Hualapai Nation Police Department want to wish everyone a safe, happy and joyous holiday season. ***Please don't drink and drive, wear your seatbelts, and obey all traffic laws while traveling.***



Hualapai Adult Detention Center
P.O. Box # 69
924 Rodeo Way
Peach Springs, AZ -86434-
Phone #: (928) 769-2345
Fax#: (928) 769-2459



NEW VISITATION DAYS AND HOURS

EFFECTIVE OCTOBER 16, 2011

WEDNESDAYS 6:00 PM TO 8:00 PM
SUNDAYS 2:00 PM TO 5:00 PM

VISITATION RULES

- 1. ALL VISITORS MUST PROVIDE SOME FORM OF PICTURE IDENTIFICATION TO THE OFFICER/S/ IN EXCHANGE FOR A VISITOR PASS.**
- 2. VISITATION WITH AN INMATE IS LIMITED TO 15 MINUTES (ONLY 4 PEOPLE ALLOWED IN VISITATION ROOM PER VISIT)**
- 3. NO ONE UNDER THE AGE OF 18 IS ALLOWED UNLESS ACCOMPANIED BY A PARENT OR GAURDIAN**
- 4. IF A PERSON IS INTOXICATED OR SMELLS OF ALCOHOL, A PORTABLE BREATH TEST CAN BE CONDUCTED FOR EVIDENCE OF BLOOD ALCOHOL CONTENT OF THE INDIVIDUAL***VISITATION WILL BE DENIED**
- 5. ALL PURSES/BAGS MUST BE LEFT IN YOUR VEHICLE OR LEFT IN THE CONFERENCE ROOM AREA**
- 6. ALL VISITORS MUST BE DRESSED APPROPRIATELY**
- 7. NO FOOD OR BEVERAGES OR OTHER PROPERTY IS ALLOWED IN THE VISITING AREA**
- 8. IF YOU HAVE BEEN INCARCERATED WITH IN THE LAST 90 DAYS YOU WILL NOT BE ALLOWED VISITATION**

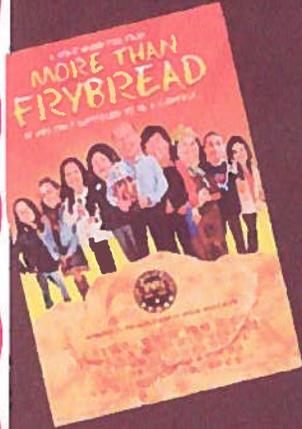
IF YOU ARE A VICTIM OF THE INMATE YOU WILL NOT BE ALLOWED ANY TYPE OF COMMUNICATION WITH HIM / HER.

***** PLEASE BE AWARE THAT THIS IS SUBJECT TO CHANGE WITH OUT PRIOR NOTICE, THE INMATE CAN LOSE VISITATION RIGHTS DUE TO INAPPROPRIATE BEHAVIOR, VISITION IS A PRIVILAGE DO NOT NEGLECT THIS PRIVILAGE *****

UPDATED 09/26/2011 TPH 

WANTED

NATIVE AMERICAN ACTORS



HOLT HAMILTON

presents

NATIVE TALENT SEARCH

SAT. DEC. 10
10 AM - 5 PM

LOCATION

**The Native American
Community Services Center**

6th Floor Conference Room
4520 North Central Avenue
Phoenix, Az 85012

GET DISCOVERED!
NO EXPERIENCE NECESSARY!

- Get on our website for \$35
- Get Video & Photos for \$25
- Get Calls later to WORK!

Get started on a bright future!
{FREE Admission to ALL!}

Come join the fun! Meet Holt & check out our DVD's & posters!

FOR MORE
DETAILS



WWW.HOLTHAMILTONTALENT.COM

Where producers discover Native talent!

E-PCN



CHECK US OUT! HOW TO LISTEN:

- Go to kidstar.org on the Internet
- Select Network Stations
- Select **EPCN**
- Select play/listen

Check out our FACEBOOK page

EPCN

Become a fan !

See photos of the youth broadcasters in action and receive updates about scheduling and programs and notices about special events and special guests.

PEACH SPRINGS YOUTH RADIO

- **COME JOIN US FOR A FUN AFTER SCHOOL ACTIVITY**
- **AFTER SCHOOL TIL 7 PM MON TO THURS**
- **10AM TO 3PM ON FRIDAYS AND SCHOOL CLOSURE DAYS**
- **Come play music and be a DJ, do computer graphics and promotions, do sound and audio editing and production and lots more!**

Contact Terri Hutchens or Tim Vaughn with questions and suggestions or if you want to be a youth broadcaster at 769-1110. Come check out the new location in the trailer next to Healthy Heart.

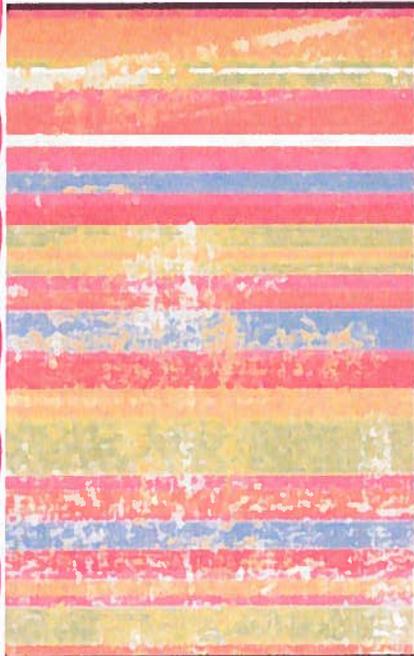


Community Christmas Carnival and Dinner

Friday, December 23rd at the Gym from 10am-3pm
Carnival starts at 10am--Bingo, crafts, cake walk and much more!
Helicopter rides 10am-3pm
Chili Beans and Pie Cooking Contest--11am-1pm
Don't miss the Community Kid's Gift Giveaway and Adult Raffle
at 1pm; we have awesome gift's and prizes!!!
Hualapai Idol Contest starts at 3pm!
Santa arrives at 6pm with candy bags for the kids!
Community Christmas Dinner will be served from 3-6pm.

Event sponsored by GCRC and Hualapai Tribe



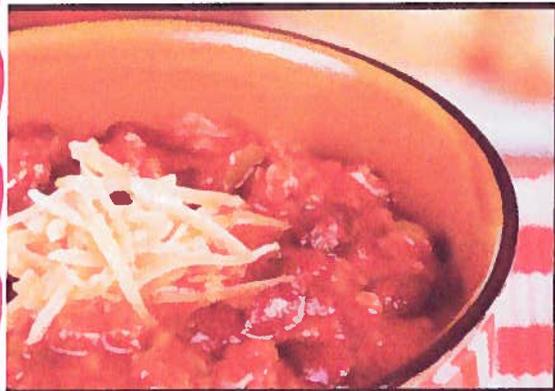


COMMUNITY CHRISTMAS CARNIVAL

Cooking Contest

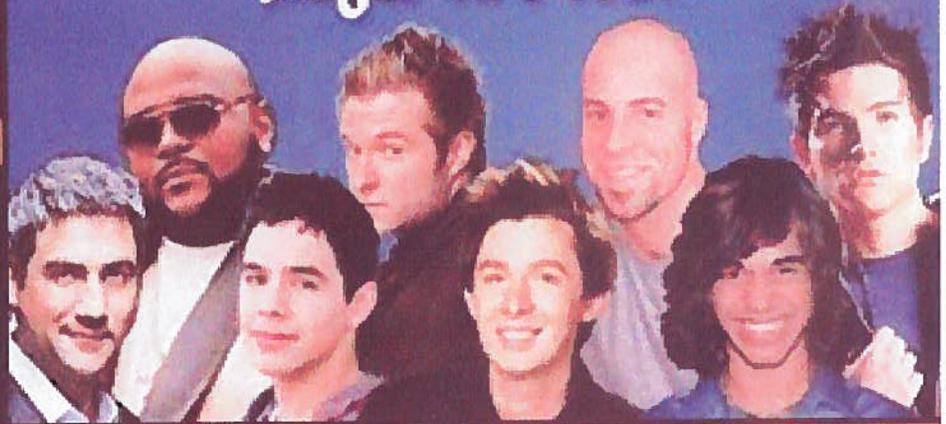
December 23rd, 11-1pm
Call 769-2636
for more information!

CHILI BEANS AND PIE CONTEST



Get your recipes out and ready yourself for a chili bean and pie contest! You can enter one or both! Cash awards will be given for 1st, 2nd and 3rd entries in both categories! Pick up contest info at the Lodge or Tribal Office. Get ready to cook and win!

Which Male AMERICAN IDOL Singer Are You?



COMMUNITY CHRISTMAS EVENT

Friday, December 23 at 3pm

Pick up information at the Tribal Office, Lodge or
GCRC Admin Offices!

HUALAPAI IDOL



Start practicing your talent now!
Come showcase your talent at the
Community Christmas Party! Cash
prizes will be awarded in several
different age ranges! Presentations
can not be more than 5 minutes!
Applications and more information
available at the Tribal Office, Lodge or
GCRC Admin Office!

The graphic features the year '2011' in large, red, 3D-style numbers. The '0' is replaced by a glowing orange Christmas ornament with a white snowflake design inside. Below the year, the words 'House Decorating/Lighting Contest' are written in a decorative, cursive font. 'House' is in red, 'Decorating/' is in yellow, and 'Lighting Contest' is in red with a yellow outline. The background is a soft, warm gradient of reds and oranges, suggesting a winter or holiday theme.

2011 House Decorating/Lighting Contest

The winter season is upon us when Mother Earth slows down somewhat. We all need to do what we need to do to weatherize our homes and keep the cold air out. Taking care of this responsibility will make the winter season easier to deal with.

Along with this encouragement the Planning Department will be in charge of this year's contest for the House Decorating/Lighting Contest. We encourage all to participate in the contest.

Who is invited to participate?

You are!

What is the prize for your home winning?

A gift card to Wal-Mart!

Where is this event taking place?

Your home in the local community!

When will your home be judged?

Monday, December 19, 2011!

How do you find more information?

The Planning Department!

We will have 1st, 2nd, & 3rd Place Winners!! You must complete a signup sheet and return it to the Planning Department by: Monday, December 19, 2011. No later than 5:00 p.m.

For more information contact the Planning Department at (928) 769-1310;
Danielle Bravo or Michelle Zephier

WINNERS WILL BE ANNOUNCED DURING THE COMMUNITY CHRISTMAS DINNER, DECEMBER 23, 2011.

FREE LEGAL AID SERVICES

- to qualifying low income people, at Peach Springs
- for assistance with civil (not criminal) legal issues, including:
 - consumer legal issues—such as repos, creditor problems
 - government benefits—such as social security, welfare, food stamps
 - family law
 - Indian wills
 - landlord-tenant issues
- *Please note: we will not be taking clients who have a legal issue where the other party (opposing party) is another Hualapai tribal member, or is the Hualapai Tribe*

When: **The first Thursday of each month, January through June of 2012**

- Thursday, January 5th, 2012
- Thursday, February 2nd, 2012
- Thursday, March 1st, 2012
- Thursday, April 5th, 2012
- Thursday, May 3rd, 2012
- Thursday, June 7th, 2012



What time: From 9 am – 3 pm

Where: Hualapai Tribal Offices; sign-in at front desk

If you feel more comfortable meeting at a different location, or if you cannot meet on Thursdays, please call (928) 774-0653, extension 4808, for a phone intake or to make an appointment.

Please note: All potential clients will first complete an eligibility interview and conflict check to determine whether they qualify for our services. After the eligibility interview and conflict check, if they do qualify for our services, they can meet with the legal aid attorney to discuss their legal issue(s). Please allow enough time for waiting, for the eligibility interview, and for the meeting with the attorney.

Questions? Call DNA People's Legal Services, Inc. in Flagstaff, at (928) 774-0653

2011 Peach Springs Community Calendar

January 4

Reservation Establishment Day

Hualapai Indian Reservation Established 1883

April 21

LaPaz Run

Pete Imus, Youth Services

928-769-2207 pete.imus@yahoo.com

Annually April 21

April 30

Route 66 Days

Cultural Resources 769-2234

Annually Organized by 66 Committee

May 7

GCW Anniversary

GCRC 928-769-2419

Annually February 14

June 3-5

Pai Gathering, Location: Havasupai

Cultural Resources 769-2234

June 10

Boys & Girls Club Anniversary

BGC 928-769-1801

Annual celebration, second Friday in June

Officially June 6

June 13-17

Sobriety Festival

Sandra Irwin/Charlene Imus, Behavioral Health

928-769-2207 syellowhaw@aol.com

Annually third week of June

July 5-8

Pai Language Immersion Camp

Cultural Resources 769-2234

Annually second week of July

July 18-22

Peach Springs Summer Youth Conference

Hualapai Tribal Youth Council

Pete Imus, Youth Services 928-769-2207

pete.imus@yahoo.com

Annually the third week of July

July 25-29

Youth Services Coalition Youth Camp

Pete Imus, Youth Services 928-769-2207

pete.imus@yahoo.com

Annually the last week of July

July 30

Miss Hualapai Pageant

Jonell Tapija, Hualapai Human Services 928-769-2383

jtapija@yahoo.com

Annually the Last Saturday of July

August 27

Bird Song & Dance Gathering

Ivan Bender

Annually last Saturday of August

September 19-22

Indian Day Activities

Pete Imus, Youth Services 928-769-2207

pete.imus@yahoo.com

Annually fourth week in September

October 24-28

Red Ribbon Week

Sandra Irwin/Charlene Imus, Behavioral Health

928-769-2207

syellowhaw@aol.com/shawsh4@yahoo.com

Annually last week of October

October 31

Harvest Carnival

Recreation Department

Hubert Imus, Sr., 928-769-2652

Hualapai Human Services Observances

April CAN Prevention & Awareness Month TBD

April Quarterly DV Prevention & Awareness TBD

July Quarterly DV Prevention & Awareness TBD

October Annual DV Prevention & Awareness TBD

November Quarterly DV Prevention & Awareness TBD

November 24 Giving Back Community Thanksgiving Dinner

Human Services 769-2383

Natural Resources

Jr. Rodeo

April 16, 10AM

May 14, 10AM

June 11, 10AM

July 16, 10AM Finals

Natural Resources Office 928-769-2254

Observed Tribal Employee Holiday's

Martin Luther King Jr. Day - Jan. 17

President's Day - Feb. 21

Memorial Day - May 30

Labor Day - Sept. 5

Native American Day- September - Sept. 23

Veteran's Day - Nov. 11

Thanksgiving Day - Nov. 24-25

Christmas Day - Dec. 26

New Year's Day - Jan. 2

2011-2012 Cultural Arts & Language Program of Classes

CAL Class

Hualapai Cultural Center

P.O. Box 310-880 W. Route 66- Peach Springs, AZ 86434 (928) 769-2234/2223

OCTOBER

POTTERY

Fridays: 7, 14, 21, 28 9AM-2PM

Instructor: Brandon Siewyumptewa

Language: Malinda Powskey,

Delores Honga

*FALL BREAK: 10-14

PS Elementary

October 2011						
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November 2011						
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20	21	22	23	24	25	26
27	28	29	30			

NOVEMBER

DRUM MAKING

Fridays: 4, 18 9AM-2PM

Instructor: Clayburn Nodman w/

Billy Wescogame

Language: Malinda Powskey,

Jorgine Paya, Delores Honga

DECEMBER

DRUM MAKING

Fridays: 2, 9 9AM-2PM

Instructor: Clayburn Nodman w/

Billy Wescogame

Language: Malinda Powskey,

Jorgine Paya, Delores Honga

THE WEEKS OF 19-30:

WINTER BREAK FOR STUDENTS

December 2011						
S	M	T	W	T	F	S
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18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2012						
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

JANUARY

ETHNOBOTANY

Fridays: 13, 27 9AM-2PM

Instructor: Carrie Cannon w/ Marcie

& staff

Traditional cooking class

Language: Malinda Powskey,

Delores Honga, Jorgine Paya

13th Intertribal Gathering w/ Mohave

Language: Malinda Powskey,

Delores Honga, Jorgine Paya

FEBRUARY

CRADLE BOARD MAKING

Fridays: 3, 10, 17, 24 9AM-2PM

Instructor: Earlene Achee w/ Delores

Honga

Language: Delores Honga & Malinda

Powskey

February 2012						
S	M	T	W	T	F	S
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				4		
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

March 2012						
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				3		
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

MARCH

BEADING

Fridays: 9, 23, 30 9AM-2PM

Instructor: Jorgine Paya

Language: Malinda Powskey

*SPRING BREAK: 26-30

Possible Fancy Dancing w/ Desirae

Perry

Pow-wow songs w/ Billy

Wescogame, Clayburn Nodman

Language: Jorgine Paya

APRIL

WOOD CARVING

Fridays: 6, 13, 27 9AM-2PM

Instructor: Billy Wescogame w/

Bennett Jackson

Language: Malinda Powskey &

Delores Honga

April 2012						
S	M	T	W	T	F	S
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May 2012						
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				3	4	5
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

MAY

BASKET MAKING

Fridays: 4, 11, 18, 9AM-2PM

Instructor: Cornelia Yazzie w/

Delores Honga

Language: Delores Honga &

Malinda Powskey

The Hualapai Juvenile Detention & Rehabilitation Center hosted career week November 14th-18th, 2011. During this week the youth were exposed to various career opportunities and the requirements for these positions. The support of our community is vital in meeting the needs of our youth and we would like to thank the following employees and departments for taking the time to meet with the youth.

- Melvin Hunter Jr, BIA Forestry
- Chief Francis Bradley Sr, Officer Campa, and Investigator Felker, Hualapai Tribal Police Department
- Bennett Jackson and Arturo Montana, Cultural Department
- Charlie Vaughn, Tribal Council
- Helen Watahomigie, Hualapai Department of Education & Training
- Winkie Crook and Ruben Powsey, Natural Resources
- Darren Hudak and Jolene Decker, Boys & Girls Club
- Marty Jackson and Jim Schnabel, Structural Firefighting
- Jim Mahone, BIA Forestry
- Yvette Montana, Doren Sineyella, Chira Walema, and Emma Tapija, Fitness Center/ Diabetes Program
- Scott Crozier and Herbert Sullivan, Tribal Wildlife
- Ed Cheser and Jason Tsosie, EMS
- Charlie Murphy, Tribal Forestry
- Ivan Bender, Housing Maintenance
- Philip Wisely, Public Service
- Jack Ehrhardt, Planning Department
- Jennifer Pope and Alyce Crozier, Maternal Child Health
- Ssgt Osentoski, United States Marine Corps
- Joseph Flies-Away, Judge/ Consultant
- Marie James, Tribal Prosecutor
- Jim Park, Special Prosecutor
- Rudy Clark, Human Resources
- Duane Yellowhawk and Brett Gilstrap, Tribal Court
- Florence Bravo, Diva Hale, Nannette Tarin, Kendrick Rocha, and Randy Walema, Grand Canyon Resort Corporation
- Jericho Vaughn, Engineering

If you would like more information about the services provided to youth and the HJDRC or would like to volunteer your time please contact 928-769-1611. Hankyu!!

Native American Toy for Tots

The Hualapai Police Department is preparing for the delivery of toys to the youth this Christmas. We are asking for donation of Christmas wrapping paper, tape, bows and ribbons. We are also asking for volunteers to help with the delivery of toys. The delivery of toys takes about two days to reach the children in the Peach Springs and Truxton area. Donations should be dropped off with Wanda Quasula in the front office. The scheduled date of delivery for Christmas is on December 22, 2011 beginning at 730 in the morning. We are hoping to have all toys delivered on this day. If not finished on December 22, 2011, the continued delivery of toys will be on December 23, 2011 in the early morning hours. Toys will be delivered to each household from Valentine to the Peach Springs Community.

All volunteers need to call Officer Goins at the Police Station. 769-1024.

Thank you community for your help,

Acting Deputy Chief Tsosie, and School Resource Officer Jack Goins

Mohave County now provides copies of birth certificates

www.kdminer.com

MOHAVE COUNTY - The Mohave County Department of Public Health is now providing certified copies of birth certificates and processing corrections and amendments.

This service is being provided for births that occurred in Arizona from 1990 through the present. In addition, the State Office of Vital Records has birth records from the late 1800s to the present.

To apply for a certified copy from MCDPH, individuals must submit a completed application for certified birth certificate and a copy of a valid government-issued picture identification with signature, or have the signature notarized on the application. There is a \$20 fee per certified copy or \$30 fee for corrections and amendments. The application and documentation may be submitted through the mail

to the Mohave County Department of Public Health addressed to Vital Records at P.O. Box 7000, Kingman, AZ 86402.

Applications may also be submitted to the locked drop box at the Mohave County Administration Building located at 700 W. Beale Street. Only persons 18 years of age or older may obtain a certified copy of a birth certificate. Arizona is a closed record state, which means that vital records are not public record.

For additional information on who may apply for a birth certificate, documentation required, and to download the application form, visit www.HealthELinks.com.

Navajo Nation Builds Momentum for Renewable Energy

The U.S. Southwest is ground zero in the effort to transition America to an energy portfolio of renewables. What are the first steps, and who is making them?

By Matt Skenazy / www.miller-mccune.com

There's a Navajo saying: "When you walk into the future, you must walk in beauty." When it comes to energy, this is difficult to follow for the current generation of Navajo. Many of the dirtiest coal plants and uranium mines in the country are on Navajo Nation, polluting its land and water and causing health problems. Despite this, of the 300,000 enrolled Navajo tribal members, it is estimated that 18,000 of them don't have electricity. This past summer, Dreaming New Mexico and New Energy Economy, two energy-focused organizations at work in the Southwest, installed solar panels on the Crownpoint Chapter House. The building is a forum for local governance and one of the central meeting places of the surrounding Navajo community. "The idea is that, not only does [the solar panel] have practical merit, but it has educational merit as well," said Mariel Nanasi, executive director of New Energy Economy. It shows there is an alternative to fossil fuels. "It's to expose vision to the community as well as the leaders."

So far, the project has showed promise and a bit of momentum: another Navajo group, the Tohatchi, has signed a resolution to partner with the groups to install solar panels on its chapter house. Nanasi said five or six other chapter houses are interested as well, although there aren't sufficient funds yet to construct the panels. Putting solar panels on one building in one region of the Southwest may seem a small feat, especially for those who see the Southwest as ground zero in the effort to transition America to an energy portfolio largely, if not entirely, comprised of renewables. But as another saying goes, the longest journey starts with a single step. In 2008, Ken Zweibel, James Mason and Vasilis Fthenakis published an article in *Scientific American* titled "A Solar Grand Plan." It detailed the Southwest's ability to provide for much of America's electrical needs through solar power alone, and the region's ability to provide for *all* of the United States' energy needs through renewable energy sources if wind, biomass, and geothermal sources were developed.

All we need to do is fulfill the land's potential. "The energy in sunlight striking the earth for 40 minutes is equivalent to global energy consumption for a year," the authors wrote. "The U.S. is lucky to be endowed with a vast resource; at least 250,000 square miles of land in the Southwest alone are suitable for constructing solar power plants." They cite studies by the National Renewable Energy Laboratory showing that more than enough land is available for solar panels without using any environmentally sensitive areas, population centers or difficult terrain. While not everyone shares their enthusiasm for large-scale solar, they visualize large tracts of land covered in solar panels, pumping power throughout the country.

The authors say that the greatest obstacle to implementing this comprehensive strategy is not money or technology, but a lack of public awareness that solar power is a practical alternative. Dreaming New Mexico and New Energy Economy have taken those first steps to develop that kind of public awareness, collaborating with Google Earth Outreach to create what have become known as "future maps," three-dimensional tours of Navajo Nation that help people visualize its potential. According to its website, Google Earth Outreach "gives nonprofits and public benefit organizations the knowledge and resources they need to visualize their cause and tell their story" using the free online applications Google Earth and Google Maps. On its home page is the legend: "You want to change the world. We want to help."

In this case, said Nikki Spangenburg, the Dreaming New Mexico program manager, "The maps will show where existing and proposed renewable energy sites are located with a focus on small distributed solar, mid-size and large-scale projects that are in development." Google Earth software has created maps that stopped a plan to log more than 1,000 acres in the Santa Cruz Mountains; to raise awareness and opposition to mountaintop removal coal mining in Appalachia; and to discover and preserve a rare fringing coral reef in a remote area of Western Australia. In conjunction with the installation at the Chapter House and the Future Maps, Dreaming New Mexico and New Energy Economy worked with filmmaker Douglas Crawford to produce a movie that will further the awareness among Navajo

communities and tribal council leaders about the benefits of clean energy and jobs. The movie will be released in the coming weeks on both www.dreamingnewmexico.org and newenergyeconomy.org. "A dire environmental knowledge deficit cuts across all levels of society, including public officials, policy makers, educational institutions and the business community," said Spangenburg. "Creating widespread awareness of viable alternatives dramatically leverages the pressure for change." This three-prong approach to public awareness — the physical installation of the solar panel, the Future Maps, and the film — ideally will provide the jumping-off point that the Navajo, the Southwest and the U.S. need to move on from fossil fuels.

While Dreaming New Mexico, New Energy Economy and Google Earth Outreach are beginning with a more localized vision of the future — one where your power comes from your roof, or down the street — they're all taking the first, often most difficult step in creating the foundation of knowledge, experience, and understanding that might lead to a sustainable energy future.

###

"Hualapai Tribe makes same successful efforts"

Education & Training Information

Chess Club

Chess Club is starting at Peach Springs Elementary on Wednesday, December 7th from 3:30p.m.-4:30p.m.

Our club would love more chess boards, monetary contributions and community members willing to help teach us about chess!

If you're interested in helping, please call Mrs. Appleby at 769-2613.

Thank you.



Peach Springs Spirit Week December 12-15

- Monday, Dec. 12 =**
Crazy Clothes/Crazy Hair day
- Tuesday, Dec. 13 =**
Warrior Blue and White Day
- Wednesday, Dec. 14 =**
Christmas Clothes Day
- Thursday, Dec. 15 =**
Favorite Sports Team Day

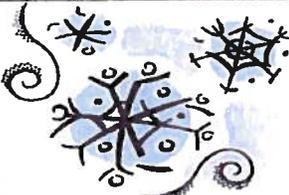
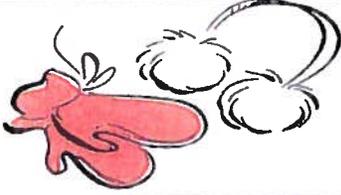
Students are encouraged to dress according to each day's theme appropriately. Students who do not wish to participate in Spirit week, must still wear their school shirts.

December 2011
Breakfast Menu

Monday	Tuesday	Wednesday	Thursday
<p><i>Cost per meal</i> Breakfast - \$1.50 Lunch - \$3.00 Please pay in the front office</p>			<p>1 Eggs McMereditth Juice & milk</p>
<p>5 Cinnamon french toast w/lite syrup sausage patty Juice & milk</p>	<p>6 Breakfast burrito Fresh fruit Juice & milk</p>	<p>7 Bagel w/ cream cheese, cold cereal Juice & milk</p>	<p>8 Cheese omelet, sausage patty, biscuit Juice & milk</p>
<p>12 Cream of Wheat Wheat toast Ham slices Juice & milk</p>	<p>13 Managers Choice Fruit & milk</p>	<p>14 Fruit & grain bar String cheese Juice and milk</p>	<p>15 Sausage gravy over biscuit boiled eggs Juice & milk</p>

*Winter break – December 19th, 2011 through January 1st, 2012
Regular school resumes on Monday, January 2nd, 2012*

Lunch

Monday	Tuesday	Wednesday	Thursday
			<p>1 Taco Salad Applesauce Fruit & milk</p>
<p>5 Meat loaf Corn Garlic toast Baked potatoes Fruit & milk Dec. birthday cupcakes!</p>	<p>6 Manager Choice Fruit & milk</p>	<p>7 Pizza Salad Fruit & milk</p>	<p>8 Beef stew Corn muffin Mixed veggies Fruit & milk</p>
<p>12 Goulash Tossed salad Corn muffin Fruit & milk</p>	<p>13 Tamale pie!! Peas Spanish rice Fruit & milk</p>	<p>14 Mac N' cheese Franks, green beans Fruit & milk</p>	<p>15 Surprise – Surprise!!</p>

Don't forget to dress warm!!!!



December Schedule of Events 2011

Monday	Tuesday	Wednesday	Thursday
5	6 Pizza with Principal @ 11:30 Pride Pass Recognition @ 12:00 both activities in the school gym	7 J.O.M. Perfect Attendance Honor roll and Citizenship Luncheon at the Hualapai Lodge - 11:00am to 12:00  Chess Club 3:30 to 4:30	8 Family Movie Night!! 6:00pm to 8:00pm "The Grinch"
12 "We've got spirit! Yes, we do!" "We got spirit, how about you!" Kick off Spirit Week - Crazy cloths/Crazy hair day! 	13 "Spirit Week" Warrior Blue and White Day! 	14 Christmas Program 1:30 to 2:00PM For Kindergarten through 8 th grade Classroom Parties 2:00 to 3:30 Teachers will notify parents of what to bring for their student party! Special Evening Activity Winter Carnival Hualapai Story Telling 6:00pm to 7:30pm "Spirit Week" Christmas Clothes Day!  Chess Club canceled	15 "Spirit Week" Wear your favorite Sports Team Clothes Day"  End of 2 nd quarter!
<p>Winter Break begins December 19th through January 1st 2012 Regular School will resume on Monday, January 2nd, 2012</p>			

Peach Springs Unified School District #8

HOME of

Warrior Pride

16500 East Route 66
Peach Springs, Arizona 86434
928- 769-2202

Mr. Scott Dunsmore, Superintendent

2011/2012 Junior High Basketball Schedule

Girls					Boys				
Date	Day	Time	Opponent	Location	Date	Day	Time	Opponent	Location
12/07/2011	Wednesday	4:00 PM	Needles	Away	12/07/2011	Wednesday	5:00 PM	Needles	Away
12/13/2011	Tuesday	4:00 PM	KAOL	Home	12/13/2011	Tuesday	5:00 PM	KAOL	Home
01/10/2012	Tuesday	4:30 PM	Mt. Tipton	Away	01/10/2012	Tuesday	5:30 PM	Mt. Tipton	Away
01/11/2012	Wednesday	3:45 PM	Welffs	Away	01/11/2012	Wednesday	4:45 PM	Welffs	Home
01/12/2012	Thursday	4:00 PM	Laughlin	Home	01/12/2012	Thursday	5:00 PM	Laughlin	Home
01/16/2012	Monday	4:00 PM	Havasu Prep	Home	01/16/2012	Monday	5:00 PM	Havasu Prep	Home
01/19/2012	Thursday	4:30PM	B Mountain	Home	01/19/2012	Thursday	5:30 PM	B Mountain	Home
01/25/2012	Wednesday	4:00 PM	YSA	Away	01/25/2012	Wednesday	5:00 PM	YSA	Home
01/31/2012	Tuesday	3:30 PM	KMS	Away	01/31/2012	Tuesday	4:30 PM	KMS	Away
02/06/2012	Monday	4:00PM	T-bolt	Away	02/06/2012	Monday	5:00PM	Thunderbolt	Away
02/11/2012	Saturday	N/A	Welffs	7 th Tourney	02/11/2012	Saturday	NA	T-bolt	7 th Tourney
02/15/2012	Wednesday	7:00 PM	Havasu Prep	Away	02/15/2012	Wednesday	8:00 PM	Havasu Prep	Away
02/21/2012	Tuesday	4:00 PM	Mt. Tipton	Home	02/21/2012	Tuesday	5:00 PM	Mt. Tipton	Home
02/22/2012	Wednesday	6:30 PM	YSA	Away	02/22/2012	Wednesday	7:30 PM	YSA	Away
02/23/2012	Thursday	4:30 PM	B Mountain	Away	02/23/2012	Thursday	5:30 PM	B Mountain	Away
02/25/2012	Saturday	NA	T-bolt	8 th Tourney	02/25/2012	Saturday	NA	Kingman	8 th Tourney

Health & Safety Information

**All One People Chiropractic
Dr. Robyn Purdum B.S., D.C., Ph.C.**

Aligning Mind, Body & Spirit



**We want to wish all of our friends in
Peach Springs a very happy holiday season!**



**Dr. Purdum will be in Peach Springs serving the
Hualapai Community on:**

December 13th - 16th, 2011

(480) 285-9541

Robyn has been a licensed Chiropractic Physician for over 15 years. Chiropractic healthcare is it's own unique form of natural healing that works by aligning the spine and other joints in the body to remove nerve pressures which can lead to poor health and increased stress.

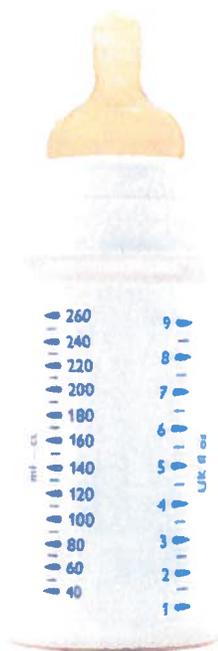
Dr. Robyn Purdum D.C.

1536 E Mclellan Road
Mesa, AZ 85203

Phone: 480 285-9541
E-mail: northgatedc@yahoo.com

WHAT YOU NEED TO KNOW ABOUT CHOOSING AND PREPARING INFANT FORMULAS

Evelyn Whitmer and Darcy Dixon



About 30 percent of mothers are breast feeding their infants and 15 percent of mothers breast feed and formula feed their infants. Working and non working parents may choose to formula feed their infants for various reasons although breast feeding is recommended as the first option. There are alternatives to formula feeding your children through organizations that supply donated breast milk. If you choose to formula feed your infant here are some good tips on preparing infant formulas.

Choosing a formula

Work with your baby's doctor when making decisions on which formula to feed your baby. It is best to feed your baby Iron-fortified formula when the baby is not being breastfed or when a supplement to breastfeeding is needed. Studies have shown that iron-fortified formulas do not cause stomach aches and intestinal problems in babies.

Water used to mix concentrated or powdered infant formula

Ask your local health department to test the water you use to make the formula for anything that might harm a baby, such as lead, bacteria, nitrate pesticides or other chemicals. Bottled water can be used to mix formula, but is not sterile. When you have safe water to use in mixing formula, you will still always need to sterilize the water or you may purchase sterilized water. You can sterilize water by bringing cold water to a very bubbly boil, boiling it for 1 to 2 minutes, and then allowing it to cool. Do not boil the water for over 5 minutes because it could concentrate any lead or nitrate in the water. If you use tap water, collect only cold tap water for boiling by letting the cold tap run for 2 minutes and then collect the water. This helps to reduce the amount of lead in the water if the pipes contain lead.

Preparing Formula

- Clean and sanitize your workspace (Periodically sanitize kitchen countertops using a kitchen sanitizer)
- Wash your hands with soap and warm water (for at least 20 seconds)
- Wash all equipment (nipples, bottles, rings, and caps) in hot soapy water and scrub, using bottle and nipple brushes.
- Rinse all equipment well in hot water.
- Disinfect nipples, bottles, rings, and caps by boiling for 5 minutes in a pot with enough water to cover, and then remove with sanitized tongs, let cool, and air dry.
- If disposable plastic bottle liners are used: throw out the bag after one use, and clean and sterilize the nipples, rings, and caps, as described above.
- Wash the formula can lid with soap and water before you open it.
- Prepare the formula properly according to directions on the formula container. ****Do not "water down" the formula to make it last as infants cannot process watery**

formula or extra water in their diet. Formulas have been designed to give babies the right nutrients and water content.

- Put a clean nipple right side up on each bottle and cover with a nipple cap.
- Do not put cereal or other food in a bottle because this interferes with the baby's natural ability to obtain the right amount of calories, forces the baby to eat cereal, and may cause the baby to choke. Feeding cereal does not affect baby's ability to sleep.
- Hold your baby when feeding to bond with your child and stimulate their senses for proper development.

Learning how to properly prepare formula is important to the health of your child. A few simple steps can keep your child healthy.

Resources

Centers for Disease Control and Prevention, Hyponatremic Seizures Among Infants Fed with Commercial Bottled Drinking Water-Health Topics, <http://www.cdc.gov/mmwr/preview/mmwrhtml/00032470.htm>, September 2010

Erik Lykke Mortensen, PhD; Kim Fleischer Michaelsen, MD,ScD; Stephanie A. Sanders, PhD; June Machover Reinisch, PhD, The Association Between Duration of Breastfeeding and Adult Intelligence, JAMA. 2002;287:2365-2371, May 2002

Pinka Chatterji, PhD and Jeanne Brooks-Gunn, PhD, WIC Participation, Breastfeeding Practices, and Well-Child Care Among Unmarried, Low-Income Mothers, Am J Public Health, 94(8): 1324-1327, August 2004

United States Department of Agriculture-Food and Nutrition Service, Feeding Infants, A guide for Use in the Child Nutrition Programs (FNS-258), http://www.fns.usda.gov/tn/resources/feeding_infants.pdf, December 2001

United States Department of Agriculture-Food and Nutrition Services-Women-Infant-and-Children (WIC) program, Practices Study-Summary of Findings, <http://www.fns.usda.gov>, November 1997

United States Department of Health and Human Services, Infant Formula - Q&A, <http://www.fda.gov/Food/FoodSafety/Product-SpecificInformation/InfantFormula/ConsumerInformationAboutInfantFormula/ucm108079.htm>, September 2010

United States Department of Health and Human Services, Lifelong Food Safety - Clean, <http://www.fda.gov/Food/ResourcesForYou/HealthEducators/ucm083026.htm>, September 2009

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Hualapai

FOOD HANDLER TRAINING - 2012

At the Health & Wellness Center in the large Conference Room

If you have any questions regarding the Food Handler's schedule for the Peach Springs area, feel free to contact -

MONTH	DATE	TIME
Jan	Jan 11	10:00am – 12:00
April	Apr 11	10:00am – 12:00
June	Jun 13	10:00am – 12:00
Aug	Aug 15	10:00am – 12:00
Oct	Oct 10	10:00am – 12:00

Instructor: David

Elizabeth Krause, Administrative Assistant; Office of Environmental Health & Engineering, PHS Indian Health Services / Parker Indian Health Center / 12033 Agency Road / Parker, AZ 85344, (928) 669-3180



THE UNIVERSITY OF ARIZONA
COLLEGE OF AGRICULTURE AND LIFE SCIENCES
TUCSON, ARIZONA 85721

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emarkee@cals.arizona.edu

This information has been reviewed by University faculty.
cals.arizona.edu/pubs/consumer/az1550.pdf

Other titles from Arizona Cooperative Extension can be found at:
cals.arizona.edu/pubs

Pathways to Healthier Lifestyles

October 7, 2011

Volume 3, Issue 8

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"The head louse is a tiny, wingless parasitic insect that lives among human hairs and feeds on extremely small amount of blood drawn from the scalp."



Head Lice

The bane of many parents, the head louse is a tiny, wingless parasitic insect that lives among human hairs and feeds on extremely small amount of blood drawn from the scalp. Although they may sound gross, lice (the plural of louse) are very common problem, especially for kids ages 3 years to 12 years (girls more than boys).

Lice aren't dangerous and they don't spread disease, but they are contagious and can just be downright annoying. Their bites may cause a child's scalp to become itchy and inflamed, and persistent scratching may lead to skin irritation and even infection.

Signs of Head Lice

Though very small, lice can be seen by the naked eye. What you or your doctor might see by thoroughly examining your child's head:

Lice eggs (called nits). These look like tiny yellow, tan, or brown dots before they hatch. After hatching, the remaining shell looks white or clear. Lice lay nits on hair shafts close to the skin's surface, where the temperature is perfect for keeping warm until they hatch. Nits look sort of like dandruff, only they can't be removed by brushing or shaking them off. Unless the infestation is heavy, it's more common to see nits in a child's hair than it is to see live lice crawling on the scalp. Lice eggs hatch within 1 to 2 weeks after they're laid.

Adult lice and nymphs (baby lice). The adult louse is no bigger than a sesame seed and is grayish-white or tan. Nymphs are smaller and become adult lice about 1 to 2 weeks after they hatch. Most lice feed on

blood several times a day, but they can survive up to 2 days on the scalp.

Scratching. With lice bites come itching and scratching. However, the itching may not always start right away—that depends on how sensitive your child's skin is to lice. It can sometimes take weeks for kids with lice to start scratching. They may complain of things. They may feel things moving around on or tickling their heads.

Small, red bumps or sores from scratching. For some kids, the irritation is mild; for others, a more bothersome rash may develop. Excessive scratching can lead to a bacterial infection (the skin would become red and tender and may have crusting and oozing along with swollen lymph glands).

You may be able to see the lice or nits by parting your child's hair into small sections and checking for lice and nits on the scalp, behind the ears, and around the nape of the neck (it's rare for them to be found on eyelashes or eyebrows). A magnifying glass and bright light may help.

Call the doctor if your child is constantly scratching his or her head or complains of an itchy scalp that won't go away. The doctor should be able to tell you if your child is infested with lice and needs to be treated.

Also be sure to check with your child's school nurse or childcare center director to see if other kids have recently been treated for lice. If you discover that your child does, indeed, have lice or nits, contact the staff at the school and childcare center to let them know.

Are Lice Contagious?

Lice are highly contagious and can spread quickly from person to person, especially in group settings (schools, childcare centers, slumber parties, sports activities, and camps).

Though they can't fly or jump, these tiny parasites have especially adapted claws that allow them to crawl and cling firmly to hair. They spread through head-to-head contact, but sharing clothing, bed linens, combs, brushes, and hats can also pass them along. Kids are more prone to catching lice because they tend to have close contact with each other and often share personal items.

Treatment: Your doctor can recommend a medicated shampoo, cream rinse, or lotion to kill the lice. These may be over the counter or prescription medications, depending on what treatments have already been tried. Medicated lice treatments usually kill the lice and nits, but it may take a few days for the itching to stop.

It's important to follow directions exactly because these products are insecticides. After treatment, your doctor may suggest combing out the nits with a fine-tooth comb and also may recommend repeating treatment in 7 to 10 days to kill any newly hatched nits.

If your child is 2 years old and under, you should not use medicated lice treatments. You'll need to remove the nits and lice by hand. To remove the nits and lice by hand, use a fine-tooth comb on your child's wet, conditioned hair every 3 to 4 days for 2 weeks after the last live louse was seen.

(Continue on Page 4)

Head Lice

Wetting the hair beforehand is recommended because it temporarily immobilizes the lice and the conditioner makes it easier to get a comb through the hair. Wet combing is also an alternative to pesticide treatments in older children. Keep in mind that head lice don't survive long once they fall off a person. So it's unnecessary to spend a great deal of time and money trying to rid the house of lice.

Here are some simple ways to get rid of the lice and their eggs and help prevent lice reinfestation:

- * Wash all linens and clothing whose been infested in very hot water, then put in the hot cycle of the dry for 20 minutes.
- * Have bed linens, clothing, and stuffed animals and plush toys that can't be washed dry cleaned. Put them in airtight bags for 2 weeks.
- * Vacuum carpets and any upholstered furniture.
- * Soak hair-care items like combs, barrettes, hair ties or bands, head bands, and brushes in rubbing alcohol or medicated shampoo for 1 hour. You can wash them in hot water or just throw them away.

Because lice are easily passed from person to person in the same house, bed-mates and infested family members will need treatment to prevent lice from coming back. Having head lice is not a sign of uncleanness or poor hygiene.

Source: Nemours, 4/25/2011.

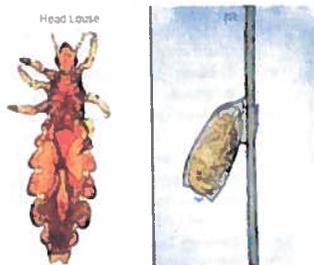
Four Pictures of Head Lice from WebMD



Head lice score high on the yuck factor, they aren't harmful.



Head lice are visible to the naked eye. Lice can be white, brown, or dark grey. They are most often found in hair, or behind the ears. They are round.



Lice are tiny six-legged insects that cling to scalp and neck, feed on human blood.



Call Provider for lice diagnosis



Centers for Disease Control and Prevention

CDC 24/7 Saving Lives Protecting People Saving Money through Prevention.

Prevention & Control

Head lice are spread most commonly by direct head-to-head (hair-to-hair) contact. However, much less frequently they are spread by sharing clothing or belongings onto which lice have crawled or nits attached to shed hairs may have fallen. The risk of getting infested by a louse that has fallen onto a carpet or furniture is very small. Head lice survive less than 1-2 days if they fall off a person and cannot feed; nits cannot hatch and usually die within a week if they are not kept at the same temperature as that found close to the scalp.

The following are steps that can be taken to help prevent and control the spread of head lice:

- Avoid head-to-head (hair-to-hair) contact during play and other activities at home, school, and elsewhere (sports activities, playground, slumber parties, camp).
- Do not share clothing such as hats, scarves, coats, sports uniforms, hair ribbons, or barrettes.
- Do not share combs, brushes, or towels. Disinfest combs and brushes used by an infested person by soaking them in hot water (at least 130°F) for 5-10 minutes.
- Do not lie on beds, couches, pillows, carpets, or stuffed animals that have recently been in contact with an infested person.
- Machine wash and dry clothing, bed linens, and other items that an infested person wore or used during the 2 days before treatment using the hot water (130°F) laundry cycle and the high heat drying cycle. Clothing and items that are not washable can be dry-cleaned OR sealed in a plastic bag and stored for 2 weeks.
- Vacuum the floor and furniture, particularly where the infested person sat or lay. However, spending much time and money on housecleaning activities is not necessary to avoid reinfestation by lice or nits that may have fallen off the head or crawled onto furniture or clothing.
- Do not use fumigant sprays or fogs; they are not necessary to control head lice and can be toxic if inhaled or absorbed through the skin.

To help control a head lice outbreak in a community, school, or camp, children can be taught to avoid activities that may spread head lice.

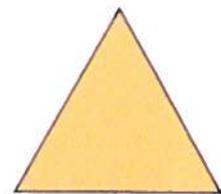
PEACH SPRINGS ALATEEN

12-step GROUP

- ***ARE YOU 10-18?***
- ***ARE YOU AFFECTED BY SOMEONE ELSE'S DRINKING OR USING?***
- ***ARE YOU FEELING ALONE, ANGRY ?***
- ***ARE YOU INTERESTED IN SUPPORT FROM OTHER YOUTH IN THE SAME SITUATION?***

- WEDNESDAYS AT 5:00PM
- EPCH YOUTH RADIO BUILDING- GREEN ROOM
-TRAILER ACROSS FROM HEALTHY HEART
- REFRESHMENTS SERVED

CALL TERRI FOR MORE INFO 769-1110



COMMUNITY MESSAGES

*"Worrying does not empty tomorrow of its trouble,
It empties today of its strength."*



*What makes me weak? My fears.
What makes me whole? My God.
What keeps me standing? My faith.*



*What makes me compassionate? My selflessness.
What makes me honest? My integrity.
What sustains my mind? My quest for knowledge.
What teaches me all lessons? My mistakes.
What lift's my head high? My pride, not arrogance.
What if I can't go on? Not an option.
What makes me victorious? My courage to climb.
What makes me competent? My confidence.
What makes me beautiful? My love of God.
What makes me a woman? My heart.
Who says I need love? I do.
What empowers me? My God.*

Who am I? I AM A PROUD STRONG WOMAN!



Happy Belated 9th B-day to
Miss Carmella M. Beecher
November 29, 2002

OMG, girl, I can't believe you are already 9 years old, time is just flying by. I just wanted to wish you Happy Birthday. I hope you enjoyed the zoo and the gifts. Always know how special you are to me and your grandma. We love you sooo much. You're awesome girl! Don't let anyone tell you any different! ☺

Love always, Mom, Grandma, Nish, Son, Garfield, Sammy, Jamie & Sunkiss

The deadline for next issue (#26) will be on Friday, December 16, 2011. Remember to attach an Information Sheet with your articles.

Thank you.

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