



March 18, 2011

Newsletter of the Hualapai Tribe

Issue #06

• PLEASE REMEMBER TO ATTACH SIGNED INFORMATION SHEET WITH YOUR ARTICLES.

• PLEASE RECYCLE YOUR GAMYU ISSUES.

• PASS YOUR GAMYU TO FRIENDS, FAMILY OR NEIGHBORS.

• THANK YOU

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This has been submitted courtesy of Best American Destinations

Marketing & PR for Hualapai Tourism



FOR IMMEDIATE RELEASE

Grand Canyon Hualapai Tourism Center Opens in the Kingman Powerhouse

Hualapai Tourism Management, Kingman Dignitaries, Mohave County Representatives, Grand Canyon Resort Corporation Board Members and Tribal Council Members Cut Ribbon at New Facility

KINGMAN, ARIZONA (February 25, 2011) On February 24, 2011 the Hualapai Tourism management and Hualapai Tribal members hosted a group of Kingman and Mohave County representatives at the grand opening of their new "Grand Canyon Hualapai Tourism Center" at the Kingman Powerhouse. Hualapai Tourism has created this retail location to provide ticketing and merchandise – including authentic Native American arts, crafts and jewelry – to Kingman visitors seeking a Grand Canyon experience. The "Grand Canyon Hualapai Tourism Center" is now open to the public from 8:00 AM to 5:00 PM, seven days a week.

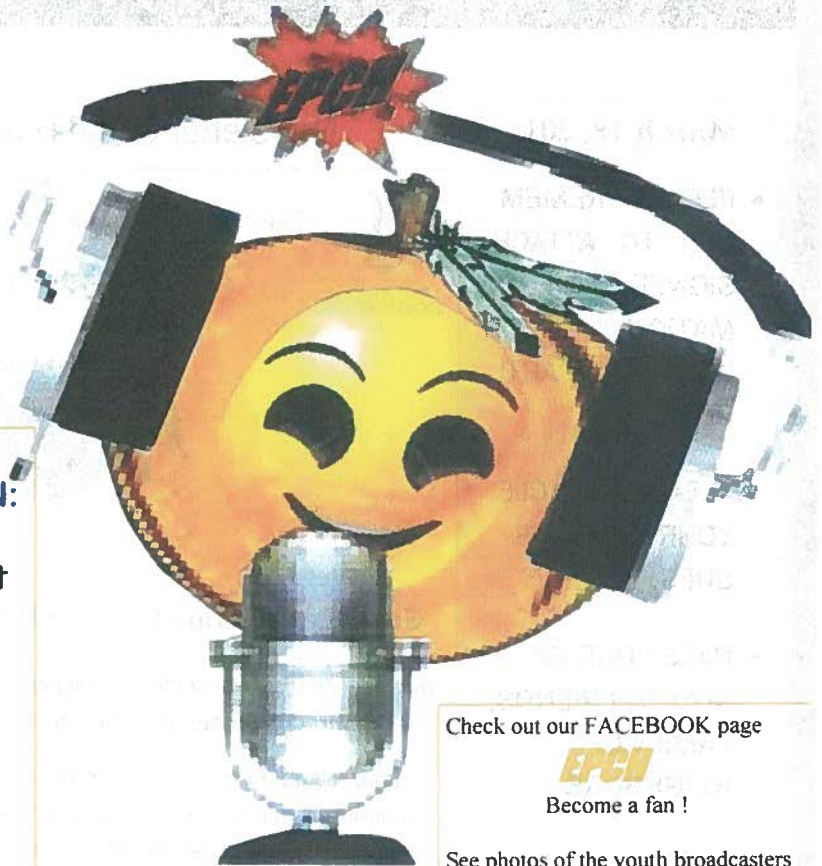
Hualapai Bird Dancers, adorned in authentic colorful dresses, performed multiple times throughout the event. A ribbon cutting signifying the opening of the "Grand Canyon Hualapai Tourism Center" was celebrated and several announcements were made emphasizing the goodwill and cooperation between Kingman, Mohave County and the Hualapai Tribe. The Mayor of Kingman, John Salem, the CEO of Grand Canyon Resort Corporation, Robert Bravo Jr. and Gary Watson, from the Mohave County Board of Supervisors were just a few of the more than 40 people in attendance. This event marked the first time that Mohave County, the City of Kingman and the Hualapai Tribe were united in one location.



"We want to continue to blossom our [Hualapai Tribe] relationship with the City [Kingman] and the County [Mohave]. We are all in this together and the new Hualapai Tourism Center at the Powerhouse is yet another step to our mutual growth and success," said Robert Bravo Jr., CEO of Grand Canyon Resort Corporation (Hualapai Tourism).

Both the Tribe and Kingman have signed proclamations declaring "goodwill and mutual cooperation" with each other. Continued business and community development are anticipated as the area becomes increasingly united.

E-PCH



CHECK US OUT! HOW TO LISTEN:

- Go to kidstar.org on the Internet
- Select Network Stations
- Select **EPCN**
- Select play/listen

Check out our FACEBOOK page

EPCN

Become a fan !

See photos of the youth broadcasters in action and receive updates about scheduling and programs and notices about special events and special guests.

PEACH SPRINGS YOUTH RADIO

- BE SURE TO TUNE IN THURSDAY MARCH 31, 2011 AT 4:00PM!!
- SPECIAL GUEST DR. KENNETH JACKSON WILL BE
- INTERVIEWED BY **EPCN** YOUTH BROADCASTERS

- Dr. Jackson is a board certified family practitioner from Cerbat Medical Clinic in Kingman. He and his staff provide services in Peach Springs twice monthly and Supai once monthly.
- Known as "the cowboy doctor," he has some interesting stories, as well as helpful information to share with listeners.
- Call in, fax or Facebook questions in advance.

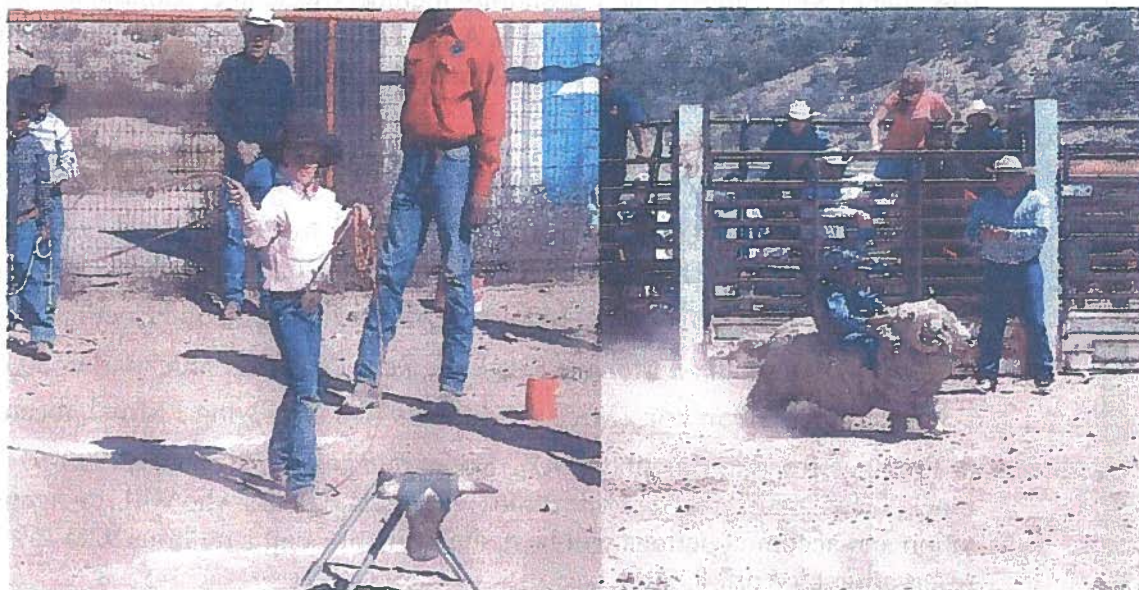


Contact Terri Hutchens or Elson Bender with questions and suggestions or if you want to be a youth broadcaster at 769-1630 or 769-1110.

4th Annual Hualapai Jr. Rodeo Series and Finals

SERIES APRIL 16, MAY 14, AND JUNE 11, 2011
FINALS JULY 16, 2011

REGISTRATION 8-9 A.M.
EVENT STARTS 10 A.M.



It's that time of the year again for the Hualapai Jr.
Rodeo, so come out and join us for a fun day of
rodeo action.

**Rodeo held at the Hualapai Nation Rodeo
Grounds**

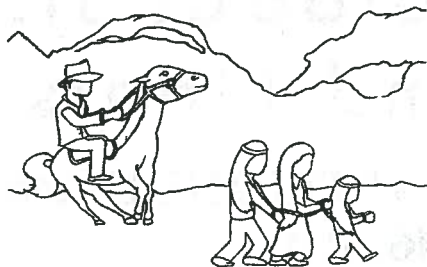
Rodeo Events

- ◆ Mutton bustin
- ◆ Calf, steer and bull riding
- ◆ Dummy roping
- ◆ Goat ribbon pull and goat

Age Categories

0-5 years
6-9 years
10-12 years
13-15 years

Contact: Winkie Crook or Annette Bravo at (928)769-2254



Yu' Nyihay Jamj Vojo La Paz Run 2011

Saturday April 16, 2011 5:30AM

Fort Beale Historical Site—Kingman, AZ

Blessing of Site, runners and community members welcome. Continental breakfast after blessing at Kingman Lewis Park on E. Andy Devine Ave. Stay for story telling, bird singing and dancing, BBQ lunch to be served. All bird singers and dancers welcome.

Monday April 18, 2011 5:30AM

La Paz Site—Ehrenberg, AZ

Blessing of Site, runners and community members welcome. Breakfast with CRIT to follow at 7:30AM at Ahakhav Tribal Preserve 25401 Rodeo Rd., Parker, AZ.

Directions to La Paz site: In Parker, AZ starting at the intersection at CRIT tribal complex, travel 40 miles south on Mohave Road. La Paz site is near mile marker 203 on the right.

Hotel information for April 18th: Best Western Flying J Motel, located at I-10 exit 1 S. Frontage Road in Ehrenberg, AZ. Room rate is \$67.78, call 928-923-9711 ask for room block, "Hualapai Tribe" or code 32061. For past runners who will run again this year, transportation and accommodations will be made available, call Pete Imus 928-769-2207 to reserve your reservation by April 8, 2011.

Wednesday April 20, 2011 Community La Paz Gathering

5:00PM—Hualapai Cultural Center—Hosted by Pai Women Representatives
Story telling, bird singing, dinner served all singers and dancers welcome.

Thursday April 21, 2011

3:15AM—Runners meet at Cultural Resources Offices for transport to Fort Beale.

5:00AM—Morning blessing at Fort Beale, ALL RUNNERS START TOGETHER. Runners arrive at "China Town" for regroup and entry into Peach Springs. Tentative finish time, 11:00AM. Meet community members at Route 66/Diamond Creek Rd. intersection to march to tribal gym. Enter gym for final run blessing and community dinner. Restricted to 18 years and older—unless minor, 14-17 years of age is the son/daughter of an adult runner.

Run restricted to 18 years and older, unless minor 14-17 years of age is the son/daughter of an adult runner. **Throughout La Paz observances, runners are to remain abstinent, drug and alcohol free when participating in run and activities 4/16-22.** Vehicle restriction will be designated to assigned drivers and vehicles being utilized during the run. Please limit personal belongings. No personal electronics. To register to run please contact Youth Services 769-2207 to complete a registration form by April 12, 2010.

For further information contact:
Pete Imus, Youth Services
960 Rodeo Way, Peach Springs, AZ
769-2207 pete.imus@yahoo.com

Artwork by
Joseph Salazar 2009

Hualapai Child Care Program

Waiting list

There are approximately 18 children ranging from 5 months old to 5 years old in need of child care since the end of the last quarter (Oct-Dec) and additional children who have not received child care services for the second quarter (Jan-Mar).

Current child care providers are either maxed out for infant/toddler ratio or do not meet requirements to services clients other than immediate family.

Providers

If you know someone who may qualify to become a child care provider or you have an interest in becoming a child care provider, come into the child care office to complete the application process.

Child Care Center

The Hualapai Tribe is working to build a child care center sometime in 2011. This child care center will not open for service until 2012 or later. TBA

Those who have a sincere interest in working in this facility should take advantage of this time to complete your early childhood education to meet the qualifications that will be outlined in the job announcements once this facility is open for business.

If you are interested, contact your local community college and enroll. See the Hualapai Department of Education for scholarships available and assistance in enrolling at your local community college.

Hualapai Child Care Program

Funds that are awarded to the Hualapai Tribe for the Hualapai Child Care Program will become 100% of the operation of the child care center. Once the child care center is ready for business, the Hualapai Child Care Program will amend its tribal plan for the Child Care Development Fund.

What does this mean? This means that the Hualapai Child Care Program will no longer provide in-home and Family-Home child care. All child care will be provided at the child care center.

Tribal Plan

The Hualapai Child Care Tribal Plan for FY 2012-2013 will continue to provide current child care services.

If you have any questions, feel free to attend any of the Child Care Committee Meetings. Next scheduled meeting will be in April. TBA

If you have any questions regarding the future of the Hualapai Child Care Program, feel free to discuss your concerns or share your interests with Lucille J. Watahomigie, Program Director or Jessica Powskey, Child Care Coordinator.

April 2011

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

May 2011

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

March 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28 ■ 1pm Movie day; Black Cloud	1 ■ 11:30am Cultural Resources Presentation; Peter	2	3 ■ 9am Bullhead Trip	4	5
6	7 ■ 1pm Movie Day; Turquoise Rose	8 ■ 9am Gym Practice for senior games; Elders ■ 1pm Open Arts and Crafts	9 Elderly Center Closed PHOENIX FOOD AND EQUIPMENT BUYING SHOW ■ 8am Eat at Lodge	10 ■ 9am Senior Olympic practice; Gym	11	12
13	14	15 ■ 9am Elderly Senior Olympics Practice	16	17 St. Patrick's Day ■ 9am Senior Olympics Practice; Gym	18 ■ 11am Cultural Resources Presentation	19
20	21 23rd annual az. Indian council on aging ■ 8am Travel Day; 8:00 am	22 23rd Annual AIOCA Conference	23 23rd Annual AIOCA Conference	24 23rd Annual AIOCA Conference ■ 12:30pm Return Home	25	26
27	28 ■ 1pm Movie Day; Dances with wolves	29 ■ 11:30am IHS Presentation; Laura Ybarra	30 ■ 11:30am Bingo; Elderly center	31	1	2
3	4	5	6	7	8	9

Activities for Month of March
Community Elders - Join us at the Elderly Center
See you there!

Truxton Canon Agency Training Schedule 2011

Course Number :	Course Title:	Nomination Due:	Course Date:	Location:	Time:	Coordinator Phone/ Fax/Email:
WCT	Work Capacity Test	N/A	Mar. 1	Peach Springs	0830 OR 1300	Maynard Mahone Phone: (928) 769-3310 Fax: (928) 769-2326 Maynard.Mahone@bia.gov
RT-130	Annual Fireline Refresher	Feb.21	Mar. 2	Peach Springs	0830-1630	Maynard Mahone Phone: (928) 769-3310 Fax: (928) 769-2326 Maynard.Mahone@bia.gov
WCT	Work Capacity Test	N/A	Mar. 8	Peach Springs	0830 OR 1300	Josesito Montana Phone: (928) 769-2279 Fax: (928) 769-2326 Josesito.Montana@bia.gov
RT-130	Annual Fireline Refresher	Feb.28	Mar. 10	Peach Springs	0830-1630	Melvin Hunter Jr. Phone(928) 769-3305 Fax: (928) 769-2326 Melvin.Hunter2@bia.gov
WCT	Work Capacity Test	N/A	Mar. 15	Peach Springs	0830 OR 1300	Maynard Mahone Phone: (928) 769-3310 Fax: (928) 769-2326 Maynard.Mahone@bia.gov
RT-130	Annual Fireline Refresher	Mar.7	Mar. 17	Peach Springs	0830-1630	Maynard Mahone Phone: (928) 769-3310 Fax: (928) 769-2326 Maynard.Mahone@bia.gov
RT-130	Annual Fireline Refresher	Mar.13	Mar.23	Middle Verde Fire Dept.	0830-1630	Melvin Hunter Jr. Phone(928) 769-3305 Fax: (928) 769-2326 Melvin.Hunter2@bia.gov
S130/190	Basic firefighter training	Mar.21	Mar.28-April 1	Peach Springs	0800-1630	Maynard Mahone Phone: (928) 769-3310 Fax: (928) 769-2326 Maynard.Mahone@bia.gov
WCT	Work Capacity Test	N/A	April 5	Peach Springs	0830 OR 1300	Josesito Montana Phone: (928) 769-2279 Fax: (928) 769-2326 Josesito.Montana@bia.gov
RT-130	Annual Fireline Refresher	Mar.28	April 7	Peach Springs	0830-1630	Maynard Mahone Phone: (928) 769-3310 Fax: (928) 769-2326 Maynard.Mahone@bia.gov
WCT	Work Capacity Test	N/A	April 12	Peach Springs	0830 OR 1300	Maynard Mahone Phone: (928) 769-3310 Fax: (928) 769-2326 Maynard.Mahone@bia.gov
RT-130	Annual Fireline Refresher	April 4	April 14	Peach Springs	0830-1630	Melvin Hunter Jr. Phone: (928) 769-3305 Fax: (928) 769-2326 Melvin.Hunter2@bia.gov



Grand Canyon Resort Corporation seeks to fill the following first and second shift positions: Hualapai & Native American preference, all qualified applicants will be given full consideration.

Location: Grand Canyon West

Gift Shop Cashiers
 Tour Counter Sales/Cashier
 Janitorial
 Food & Beverage Prep
 Maintenance - Diesel ASE Cert.
 Photographer
 Food & Beverage Director - Multi Outlet High Volume Exp.
 Janitorial Manager - Commercial Facility High Traffic Exp.

Location: Peach Springs

Passenger Driver CDL Required
 Mechanic Supervisor - ASE Certification
 Diesel Exp.

Some positions may require 21 years of age and a valid Drivers License.

Applications for employment may be downloaded from www.grandcanyonwest.com/employment.php or fax application and resume to Human Resources 928-769-2410.

March 9, 2011

To Whom it May Concern:

The Hualapai Non-Emergency Transport has not been funded by the tribe because of economic concerns; therefore non-medical transports will be eliminated ie shopping and other non-medical transports. The dialysis transports will continue as scheduled. AHCCCS clients will use Health Departments transport services, those with escorts will not be able to do shopping.

Individuals that do not qualify for AHCCCS may request non emergency medical transportation but it will depend on availability and funding.

In addition, the transport program is down by four drivers which may limit our ability to schedule your transport as requested. Local transports to the clinic, social services, court or other services program may be done depending on availability. As previously stated home to home transports will not be done.

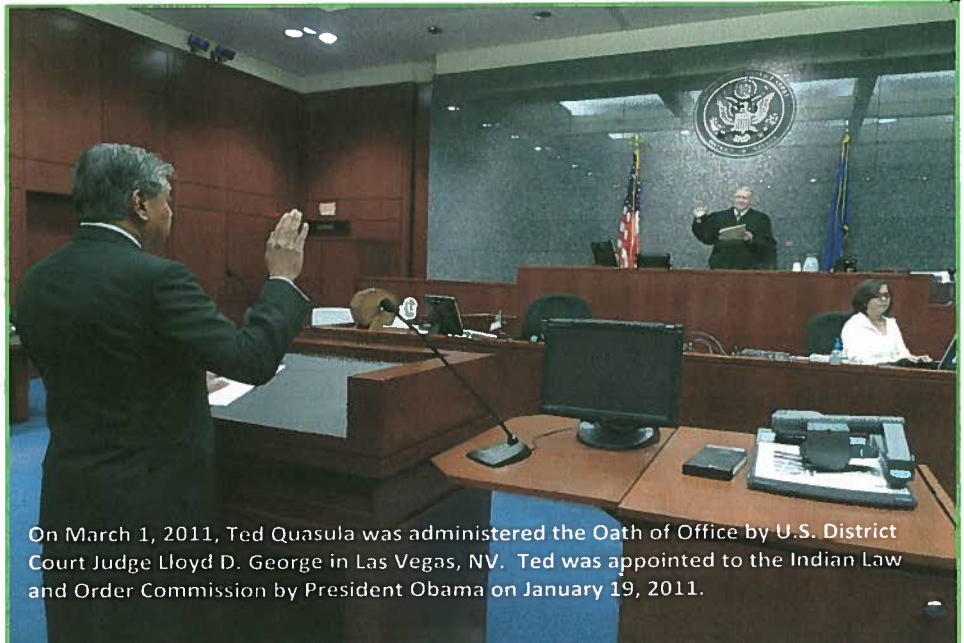
Please plan your appointments so that you are taken care of. Sorry for the inconvenience but due to economic hardships this step has to be taken. If things change, we will make changes accordingly.

All requests for transportation need to be made in advance. As soon as you know when your appointment is, please complete the transport form and hand in to Doris Butler, Lead Transportation Driver.

This will take effect immediately.

Sincerely,

Sandra Irwin, Director
 Hualapai Health Department



On March 1, 2011, Ted Quasula was administered the Oath of Office by U.S. District Court Judge Lloyd D. George in Las Vegas, NV. Ted was appointed to the Indian Law and Order Commission by President Obama on January 19, 2011.

Education & Training Information

Important Scholarship Deadlines

AIGC BIE Loan for Service:

Deadline June 1, 2011 AT 5 PM MST

- Be an enrolled member of a United States federally-recognized American Indian tribe or Alaska Native group; or possess $\frac{1}{4}$ degree federally-recognized Indian blood;
- **Have a 3.0 GPA;** and
- Be pursuing a masters, doctorate, or professional (i.e., law, medical and dentistry) degree as a **full time student** at an accredited graduate or professional school in the United States.

AIGC Fellowship:

Deadline June 1, 2011 at 5 PM MST

- Pursuing a master, doctoral or professional degree as a full-time student at an accredited graduate school in the United States **and**;
 - Able to demonstrate financial need **and**;
 - An enrolled member of a U.S. Federally recognized American Indian tribe or Alaska Native group, or possess one fourth (1/4) degree U.S. federally recognized Indian blood.
- You do not have to be admitted into a graduate degree program at the time of application.

Accenture American Indian Scholarship Program:

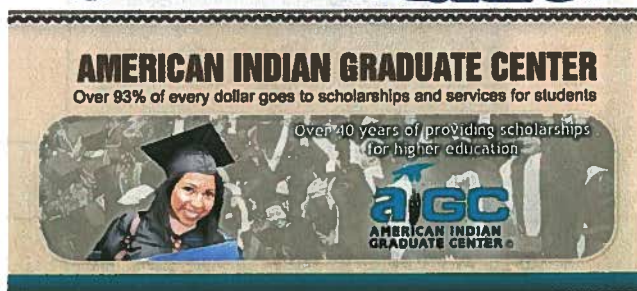
Deadline May 4, 2011 at 5 PM MST

- Be an enrolled member of a U.S. federally recognized American Indian tribe or Alaska Native group and provide a Tribal Eligibility Certificate (TEC) form;
- Be seeking a degree and career in fields of study including: various engineering, computer science, operations management, management, finance, marketing and other business oriented fields;
- Be entering a U.S. accredited college or university as a full-time, degree seeking college freshmen.
 - Undergraduate: Attained a cumulative GPA of 3.25 or greater, on a 4.0 scale at the end of the seventh semester of high school.
 - Demonstrate character, personal merit and commitment to the American Indian Community locally and/or nationally. Merit is demonstrated through leadership in school, civic and extracurricular activities, academic achievement, and motivation to serve and succeed.

All Native American High School Academic Team:

Deadline, May 4, 2011 at 5 PM MST

- Be an enrolled member of a United States federally recognized American Indian or Alaska Native group;
 - Have attained an outstanding academic record;
 - Have attained a cumulative high school GPA of 3.3 on an unweighted 4.0 scale;
 - Have demonstrated leadership and community service activities;
 - Be enrolling at an accredited college or university as a full time degree seeking undergraduate student in the 2011 Fall term; and
- Be a high school senior at time of application.





March 11, 2011

PEACH SPRINGS SCHOOL

P.O. Box 360

Peach Springs, AZ 86434

928 769 2613

Mr. S. Dunsmore, Superintendent

READING ROCKETS!

Most of the students at Peach Springs School are working diligently and making remarkable progress in one or more areas. However, a particular group of readers from kindergarten to fourth grade have made significant accomplishments since the beginning of this school year.

In Kindergarten these students have demonstrated so much growth in reading skill development that they have moved from the "Needs Intensive Support" category to the "Benchmark" category.

These students' reading skills were measured at the beginning of the year and monitored regularly. Students are placed in the "Needs Intensive Support" category if their performance shows that they are reading significantly below national expectations at their grade level. In order to qualify for the "Benchmark" label, the students have to reach a national standard and maintain that score for three consecutive scoring periods. This is not a small task!

Make no mistake; there is no magic happening. In addition, there is not a single teacher in the world who can give a student reading skills. Skills develop from consistent practice and hard work. These students have reached this goal through their own intentional efforts.

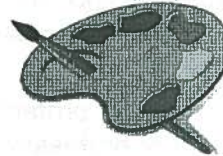
If you know any of these students please congratulate them for a job well done!

More "Students' Opinions"

Sports

Basketball and volleyball are over, and the new season is baseball. Basketball had just ended, but we had a tournament on March 4th, 5th, and 6th in Needles. We fundraised by selling Indian tacos to pay for our food, gas, and rooms. Baseball is starting now. All sports are fun and I know baseball will be fun, too.

Jaylenne, 7th Grade



Coming Soon!
**2nd Annual
ART SHOW**

Peach Springs Elementary School will host its 2nd Annual Student Art Show

When: April 18 – 21, 2011, Monday-Thursday

Time: Available to see during school hours

Opening Reception: Wednesday,
April 20, 2011
5:30-7:30 PM

Refreshments will be served, all community members welcome!

"Character Corner"

March's word is **KINDNESS**.

Kindness is treating others in the way that you want to be treated. It is thinking about how the other person feels and not trying to be hurtful to them in any way. Kindness is being considerate. Kindness is being warm hearted and forgiving.

"Kindness is when someone shares their pizza with you, out of the kindness of their heart."

Clarence 7th Grade

"Kindness is caring for one another, showing that you care."

Jaylenne 7th Grade

IT'S TIME!

**AIMS Testing is
Scheduled at Peach Springs
Elementary School
When: April 11-14, 2011**

Parents! Please, help your children:

- **Make sure they get a good night's sleep.**
- **Get them to school on time.**
- **Encourage them to do their best.**
- **Schedule appointments for after school.**
- **Make sure they eat breakfast at home or at school.**
- **Make sure they are at school every day,**

Let's "rock" the Test!

American Indian Graduate Center (AIGC) Programs

The American Indian Law Center is accepting applications for the 2011 PRE-LAW SUMMER INSTITUTE (PLSI)

*Applications are now available online at: www.aile-inc.org. **THE DEADLINE TO APPLY IS MARCH 25, 2011.***

PLSI is a nationally-recognized legal education preparatory program for American Indians and Alaska Natives interested in attending and succeeding in law school. Likened to "law school boot camp" by many former student, the PLSI curriculum includes eight weeks of core law classes such as Indian laws, Torts, Property and Civil Procedure, as well as legal writing and research. PLSI is not a remedial program; it is eight weeks of intense legal instruction, research and study and provides students an in-depth understanding of the unique methods of law school research, analysis and writing. The culmination of PLSI is a moot court competition that focuses on current Indian legal issues.

For more information, visit the AILC website: www.aile-inc.org or contact Heidi Nesbitt at: Nesbitt@aile-inc.org.

The Academic Year 2011-2012 Fellowship application is now available online. You may download the application from the link. Read the instruction, giving careful attention to the deadline dates. You must print out the application which contains:

1. Application Instructions and Deadlines.
2. Application form - The deadline to submit the application, application fee and essay is **June 1, 2011.**
3. Financial Need Form (FNF) to be given to the Financial Aid Office - The deadline to submit the FNF is **July 8, 2011.** (When submitting the FNF form to the university's Financial Aid Office, provide them both pages of the form.)
4. Tribal Eligibility Certificate (TEC) form - The deadline to submit the TEC is **July 8, 2011.**

To be notified when the application, FNF and TEC documents have been received please submit three self-addressed postcards with appropriate postage. AIGC will return the postcards to you upon receipt of the forms.

For those who were funded for the Academic Year 2010-2011 by AIGC who need a Continuing Student Update (CSU) for, please contact the AIGC office.

Award and denial letters for the Academic Year 2011-2012 will be mailed out late July 2011 to the address listed on the application. If you do not receive a letter by mid August 2011, please contact the AIGC office at 1-800-628-1920.

For further information, please contact us at (505) 881-4584 (Toll-free 1-800-628-1920).

HEAD START ENROLLMENT

Head Start will be accepting applications for enrollment for the 2011-2012 school year.

Come into the Head Start Center and pick up an application for the FCPC
Omaovensi Coochwyewa



Gam yu je?

Here is some exciting news from the Hualapai Education Program. Below is a list of all our tribal members attending schools to further their education in hopes that one day they will return and apply their learning to benefit the continuing development of the Hualapai Reservation. Also, students who have made the effort to take and pass their GED's. Congratulations!

<u>STUDENT</u>	<u>SCHOOL</u>	<u>MAJOR</u>
Shawnee Munoz	College of America, Flagstaff, AZ	Associates Degree
Justin Davis	Phoenix College, Phoenix, AZ	Computer Graphic Design
Melanie Benally	Phoenix College, Phoenix, AZ	Criminal Justice
Mary Reynolds	Ozark Tech CC, Springfield, MO	Business Technology
Brooke Powskey	Yavapai College, Prescott, AZ	Associate Arts
Gabriel Rodriguez	ITT Tech Institute, Phoenix, AZ	Info. Technology Computer Ntwrk Systems
	w/d 1/19/11	

Joseph Montana, Jr.	University of Phoenix, Phoenix, AZ	Information Technology
Bryan Majenty	Paradise Valley CC, Phoenix, AZ	Physical Therapist Assistant
Racine Whatoname	Salt Lake CC, Salt Lake City, UT	Political Science with an Emphasis in Sociology
Chelsea Bender	Western Washington Un., Bellingham, WA	Business
Heather Nieto	Haskell Ind. Nations Un., Lawrence, KS	Business Administration
Salvador Whatoname		Received GED @ MCC
Manny Siyuja		Received Associates Arts/Science in Management
Jade Honga	Arizona State Un., Tempe, AZ	Criminal Justice
Brooke Majenty	Gateway CC, Phoenix, AZ	Nursing/RN
Cydnie Crook	NAU, Flagstaff, AZ	Accountancy
Shawna Havatone	University of Phoenix, Phoenix, AZ	Criminal Justice
Rhiannon Watahomigie - Graduate	NAU, Flagstaff, AZ	Early Childhood/Reading Endorsement
Patrick Wallace	Texas State Tech Coll., Marshall, TX	Electric Utility Construction & Maintenance/Lineman
Lyle Daychild	ASU, Tempe, AZ	Social Work
Micky Damron	Portland State Un., Portland, OR	Mathematics
Monika Damron	Central NM CC, Albuquerque, NM	Mathematics
Rudolph Clark, Jr.	Central NM CC, Albuquerque, NM	Criminology
Marcelina Rodriguez	Glendale CC, Glendale, AZ	Communications
Martina Dawley - Graduate	U of A, Tucson, AZ	American Indian Studies/ Anthropology Minor Geology
Reva Sullivan	MCC, Kingman, AZ	Pharmacy Technology Degree
David Eakerns	Paradise Valley CC, Phoenix, AZ	Art & Science
RoseMarie Wilder	Coconino CC, Flagstaff, AZ	AA in Administration of Justice
Madelena Cesspooch	MCC, Kingman, AZ	Psychology
Latisha Weaver	MCC, Kingman, AZ	Nursing
Abigail Powskey	Phoenix College, Phoenix, AZ	AAS in Therapeutic Massage
Jennifer DeForge	NAPA Valley College, Napa, CA	Nursing
Michael Smith	MCC, Kingman, AZ	Welding Technology/Associates in Business
Sariah Faith	NAU, Flagstaff, AZ	Business Administration/Computer Information Systems
Knesha Madrid	MCC, Kingman, AZ	Dental Hygiene
Jewel Honga	Coconino CC, Flagstaff, AZ	Business

Jolene Frederick - Graduate	National Un., La Jolla, CA	Special Education in MS/Crentital
Shirley Begay	San Francisco St. Un., San Fran, CA	Health Educator
Sage Honga	Mesa CC, Mesa, AZ	Business
Cheyenne Gordon	Mesa CC, Mesa, AZ	Agriculture/Applied Science in Horticulture
Randy Talieje	Lassen CC, Susanville, CA	Art
Katrina Cavanaugh	UNLV, Las Vegas, NV	Anthropology
Katelyn Munoz	Euphoria In., Henderson, NV	Cosmetology
Raven Honga	MCC, Kingman, AZ	Associate Arts
Dina Trevino	NAU, Flagstaff, AZ	Bachelor of Science in Education
Henry Hunter	MCC, Kingman, AZ	Associate Arts
Adam Yee	Un. Of Hartford, West Hartford, CT	Political Science/Pre-Law/Politics Govern- ment
Bronson Siewiyumptewa	Un. Of Colorado Boulder, Boulder, CO	Associate Arts
Jake Wellington	College of America, Fort Collin, CO	Medical Specialties
Victoria Smith - Graduate	Grand Canyon Un., Phoenix, AZ	Crosscat Special Education
Aaron Gordon - Graduate	California Western School of Law/San Diego	Indian Law

Tawnya Shongo

Received GED @ MCC

Also, what is needed when applying for educational assistance, general information along with the check list of documents needed and deadline dates for submitting in your application.

* * * * *

CHAPTER ONE

DEPARTMENT OF HUALAPAI EDUCATION & TRAINING

ARTICLE 1. GENERAL INFORMATION/PROVISIONS

§1. The Department of Hualapai Education & Training purpose is to serve eligible Hualapai people and provide them the opportunity to achieve their educational goals. This opportunity is provided as a privilege with the latest that recipients, upon graduation will return to the Hualapai Tribe to apply their learning benefit the continuing development of the Hualapai Reservation.

§2. The Department of Hualapai Education & Training (hereafter referred to as DHET) is the executive entity responsible for the administration of financial aid and academic scholarship programs for the benefit of the Hualapai people.

§3. DHET will not fully defray with entire cost of attending a post secondary institution requiring the student and parents to bear some financial responsibility.

§4. In no instance shall financial assistance exceed the maximum amount of:

Financial Need Base Assistance		\$8,500 per / Academic Year
Semester	\$	4,250
Quarter	\$	2,125
Trimester	\$	2,833

Graduate Fun		\$15,000 per / Academic Year
Semester		\$ 7,500
Quarter		\$ 3,750
Trimester		\$ 5,000

Hualapai Scholarship Fund		\$15,000 per / Academic Year
Semester		\$ 7,500
Quarter		\$ 3,750
Trimester		\$ 5,000

§5. There are specific requirements for each scholarship and financial assistance program based on the source of funds. The policies that follow are required to handle applications upon submission and an acceptance of any scholarship and/or financial assistance from the DHET.

§6. Due to the requirements for each scholarship and financial assistance program, these policies will be used for any clarification should issues arise.

ARTICLE 2. PRIVACY ACT STATEMENT

§7. All applicant and/or recipient files shall be kept confidential by DHET. In order for DHET to disclose information regarding an applicant, the applicant must submit a signed disclosure statement, specifying the individuals and/or entities to receive the information to DHET.

* * * * *

Department of Hualapai Education & Training Check List

- 1) APPLICATION (APP) - Complete Department of Hualapai Education & Training (DHET) Application with signed contract and personal letter.
- 2) CERTIFICATE OF INDIAN BLOOD (CIB) - Original with official seal ver1 legal Hualapai Tribe enrollment. **Required for all first time applicants. Continuing DHET students are not required to resubmit CIB unless there is a legal name change.**
- 3) TRANSCRIPT(s) (TRX) - Official college, high school transcripts, and/or GED scores. First year applicants must submit final high school transcript with date of graduation. Continuing recipients must submit an official transcript after each semester. Additional transcripts are required from all previous colleges attended.
- 4) LETTER OF ADMISSION (LOA) - Undergraduate and graduate students must be admitted to a postsecondary Institution accredited by one of six regional accrediting associations as recognized by the Hualapai Tribe. **Graduate applicants** must submit a regular Letter of Admission from the graduate college and the graduate degree program. Continuing students will be required to submit LOA once unless status has changed. Enrollment Verification is required from students who have already submitted a Letter of Admission but have not been funded at least one term. Students who have not attended school for two consecutive semesters will need to submit a re-admission letter from their respective institution.
- 5) FINANCIAL NEED ANALYSIS (FNA) - Students must complete the Free Application for Federal Student Aid (FAFSA) in accordance with the federal policies. The Hualapai Tribe FNA must be submitted to the Financial Aid Office at your institution every academic year. Upon completion of FNA, the Financial Aid Officer will forward the FNA to DHET. Summer Session(s) FNA's must be submitted separately from Fall/Spring.
- 6) GRADUATION/DEGREE CHECK LIST - All graduate students must submit a graduation/degree check list for continued funding at the beginning of the academic year. All college Juniors and Seniors must submit a graduation/degree check list for verification of graduation date. It must have your "expected" graduation date and be signed by your advisor.

General Eligibility:

- All applicants must be admitted to a post-secondary institution accredited by one of six regional accrediting associations as recognized by the Hualapai Tribe:

MSA-Middle States Association of Colleges and Schools

NASC-Northwest Association of Schools and colleges

NCA-North Central Association of Colleges and Schools

SACS-Southern Association of Colleges and Schools

NEASC-New England Association of Schools and Colleges

WASC-Western Association of Schools and Colleges

- The appropriate accrediting association for highly specialized majors including, but not limited to, the National Architectural Accrediting Board for schools of architecture
- Vocational Institutions approved by the Hualapai Education Committee.

Deadlines:**Full Time Applicants****Academic Year**

(Fall/Winter/Spring)

Winter/Spring Term only

Summer Term

July 1

November 1

April 1

Send documents to:

Hualapai Education Coordinator
 Department of Hualapai Education & Training
 PO Box 179
 Peach Springs, AZ 86434
 Telephone: 1-928-769-2200
 Fax: 1-928-769-1101

* * * * *

DESCRIPTION OF EDUCATIONAL SUPPORT

Educational support funds are for purchasing necessary items for a student involved in an academic or school-related extra-curricular activity. Educational support funds cannot be used to supplant other services available through the Bureau of Indian Affairs or other federal programs and state monies.

The local Indian Education Committee's (IEC) are responsible for determining the eligibility of students and items to be purchased. Students eligibility for educational support funds must be based on:

A. Student eligibility based on P.L. 99-228.

B. Financial need of the student and/or other criteria as established by the IEC.

EDUCATIONAL SUPPORT GUIDELINES

- ◆ Only items approved by the IEC's, LEA and JOM office may be purchased; no reimbursement will be made for items not included in an approved educational support budget.
- ◆ Eligible items are those required for class participation. A narrative description of items requested must be included with the application.
- ◆ All educational support funds will be paid and accounted for by the local board of education.
- ◆ All itemized voucher, purchase order or copies of actual receipts must be used as evidence of purchases.
- ◆ No cash payment will be made to any parent or student.
- ◆ Any item the school is required to purchase will not be considered an eligible item. Schools are required to furnish certain items for students. Any item that the school furnished to other students as part of their school policy will not be an eligible item for JOM.
- ◆ All items purchased with educational support funds become the property of the student for whom it was purchased; except for lease-purchase items such as band instruments,
- ◆ When Educational Support items are purchased in quantity, (such as school supplies) to be distributed to eligible students, a signature sheet will be required showing the date, item received and the signature of the student or parent. This sheet needs to be retained for monitoring purposes and will be reviewed by the monitoring agent.

- ◆ Indian Education Committee Expenses are included in the educational support application and must not exceed designated percent of the total budget.
- ◆ A narrative of the parent committee expenses must be submitted with the application.

* * * * *

EDUCATIONAL SUPPORT ITEMS

Educational Support (previously parental cost) can be items that are required for students to participate in a class that the parent would be required to pay. Such as but not limited to:

- | | | | |
|----------------------|--|---|----------------------------|
| 1. School Supplies | 7. Testing Fees | gym suits | 15. Environmental Projects |
| 2. Shop Supplies | 8. Graduation Gowns | 12. Summer School Academic Fees | 16. Correspondence Courses |
| 3. Instrument Rental | 9. Cultural Supplies / materials for the student | 13. Scholastic Magazines; Educational Materials | |
| 4. Home Economics | 10. Extra Curricular Supplies | 14. Science Projects | |
| 5. Lab Fees | 11. Sports Activities: shoes, | | |
| 6. Gym Suits | | | |

Unallowable costs are items that are not required for school participation. Such as but not limited to:

- | | | | |
|-----------------------------|----------------------|-----------------------------|--------------|
| 1. Graduation Announcements | 3. Letter Jackets | 5. Class Pictures | 7. Livestock |
| 2. Class Rings | 4. Personal Clothing | 6. Class Yearbooks (Annals) | |

ELIGIBLE INCENTIVE AWARDS

JOM Programs may provide incentive awards for students who have excelled if they have met one or more of the following criteria: Based on citizenship, good or perfect attendance, academic achievement (grades), active school participation, active leadership or potential artistic ability (fine arts, music drama, dance, American Indian cultural or American Indian crafts) sports achievement, improved behavior/attitudes. Such as, but not limited to:

- | | | | |
|------------------------------------|----------------------|--------------------------------|--------------------------------|
| 1. T-Shirts | 6. Gift Certificates | 11. Picnics, Traditional Meals | 14. Speaker Fees |
| 2. Plaques, Trophies, Certificates | 7. Field Trips | 12. Activities Day, Fun Days | 15. Media Activities |
| 3. Sports Bags | 8. Door Prizes | 13. Assemblies / Presentations | 16. Social Dances Honor Powwow |
| 4. Jackets | 9. Awards Banquets | | 17. Cultural Awards |
| 5. Gym Shorts | 10. Books | | |

Ineligible items:

1. Student Monetary Awards

OTHER ACTIVITIES

PARENT COMMITTEE EXPENSES

- | | |
|--|---|
| 1. Training (inservice, conference, workshops) | 3. Mileage to and from meetings/training sessions |
| 2. Stipends for attendance at meetings/training sessions | 4. Refreshments/meals for meetings |

TRIBAL/COMMUNITY PROJECTS

1. Youth educational projects.
 - a. Summer youth educational camps.
 - b. Youth training sessions.
2. Parent/student projects.
 - a. Activity days.
 - b. Crafts sharing.
2. Parent/JOM staff training sessions.
 - a. Networking with federal, state, local, tribal resources.

* * * * *

JOM

Description of Educational Program Support and Educational Support Items, Eligible Incentive Awards, Other Activities, Parent Committee Expenses, Tribal & Community Projects.

Education Committee Members

Candida Hunter, Chairperson

Sherry Counts, Secretary

Emma Clark, Member

Annette Bravo, Member

Jean Imus, Member

Dawn Hubbs, Member

Sherri Yellowhawk, Member

Jonell Tapija, Member

JOM Committee

Roxanne Majenty, Chairperson - Valentine School Rep.

Elaina Talayumptewa, Secretary - Seligman School Rep.

Jacqueline Marshall - Peach Springs School Rep.

Wanda Quasula - Kingman School Rep.

Annalita Doka - Head Start Rep

Please submit any questions or concerns to the representative of your school.

Thank you.

* * * * *

POLICIES & PROCEDURES**HUALAPAI EDUCATION & TRAINING DEPARTMENT****BOARDING SCHOOL****Gaming/General Funds****BUDGET JUSTIFICATION**

EDUCATIONAL ACTIVITIES: Educational incentives for Honor Roll, Perfect Attendance, Leadership activities Parent-Teacher Conference, Graduation Travel and Graduation Cap and Gown. Each student will be granted \$200.00 per year to use for any of the above activities.

EMERGENCY: Death of an immediate family member (e.g. mother, father, grandparent, sibling) in the event the school does not pay for the transportation.

PROCEDURES FOR REQUESTING ASSISTANCE

- Must be a 18 years or older student, parent or legal guardian making request
- Submit a letter requesting the type of assistance
- The letter is stamped and given to the Education Coordinator
- Upon approval a requisition is completed by the Education Coordinator
- The Director approves the requisition
- The requisition is given to the Hualapai Tribal Accounting for check disbursement which is every Wednesday and check will be ready on a Thursday or Friday.

If you have any questions, you can call Gwe Spo:ja yiwo and speak to myself or Jean Imus, Secretary.

Ma hank mi yu ja'h! (Take care)

Helen J. Watahomigie

Hualapai Education Coordinator



GED Registration and Test Dates Kingman 2011 Schedule

Event	Date	Time	Room	Comments
GED Registration	January 13, 2011	6:00 pm - 8:00 pm	200	Seating may be limited
GED Test	January 15, 2011	8:30 am - 5:00 pm	200	
GED Registration	February 17, 2011	6:00 pm - 8:00 pm	200	Seating may be limited
GED Test	February 19, 2011	8:30 am - 5:00 pm	200	
GED Registration	March 10, 2011	6:00 pm - 8:00 pm	200	Seating may be limited
GED Test	March 12, 2011	8:30 am - 5:00 pm	200	
GED Registration	April 14, 2011	6:00 pm - 8:00 pm	200	Seating may be limited
GED Test	April 16, 2011	8:30 am - 5:00 pm	200	
GED Registration	May 19, 2011	6:00 pm - 8:00 pm	200	Seating may be limited
GED Test	May 21, 2011	8:30 am - 5:00 pm	200	
GED Registration	June 16, 2011	6:00 pm - 8:00 pm	200	Seating may be limited
GED Test	June 18, 2011	8:30 am - 5:00 pm	200	

TEST DATES ARE SUBJECT TO CHANGE AND ARE ADMINISTERED ONCE A MONTH.

COST: \$70.00 cash or money order, which is payable at time of registration. \$15.00 re-test fee for each section repeated. Thirty day wait requirement before re-testing.

- **IDENTIFICATION:** Two forms of ID are required for both registration and test taking.
 - 1 A state issued photo ID (driver's license), and
 - 2 ID must be an original and official document (SS card, Birth Certificate).
- **AGE:** You must be a minimum of 16 years of age to register for the GED test. If you are under 18 years of age, the AZ Department of Education requires that you bring the following to registration:
 - 1 A notarized statement from their parent or legal guardian giving permission to take the test.
 - 2 A withdrawal slip from the last school attended.
 - A. If the student is home-schooled, they must provide a letter from the County Superintendent's Office (700 West Beale Street, 928-753-0747).
- **TIMING:** The GED exam is 7 hours and 5 minutes in length.
- **EATING:** You may bring your own snacks or purchase them from the vending machines.
- **PERSONAL ITEMS:** Leave all personal items at home the day of testing. Cell phones must be turned off upon entering the testing room. Personal items brought from home will also be checked in upon arrival for testing. All testing supplies are provided by the GED Examiner for testing (example: calculator, pen, scratch paper, eraser, etc.).
- **CONTENT:** five subject areas: Math, Science, Social Studies, Reading, and Writing.
- **TEST RESULTS:** Unofficial test results will be mailed within two weeks of the test date.
- **EARLY START SCHOLARSHIP:** After you earn your GED diploma you are eligible for an Early Start scholarship for seven credit hours of free tuition at MCC.
- **GED TEST ACCOMMODATIONS:** are made for candidates who have diagnosed physical, mental, sensory, or learning disabilities and can provide appropriate documentation from a qualified professional of their impairment and its effect on their ability to take the GED Tests under standard conditions. To make arrangements contact Disability Services 928-757-0858 necessary guidelines and paperwork in advance of the testing date. Allow up to 3 months for processing accommodation paperwork.
- **ADDITIONAL INFORMATION:**
 - 1 GED Registration and Testing call Jane House 928-692-3005 or email janehouseosu@yahoo.com
 - 2 Regarding GED test preparation call 928-692-3040 or email MCCGED@mohave.edu

CALL HUALAPAI EDUCATION & TRAINING FOR INFORMATION @ 769-2200

Health & Safety Information

Rethinking The Brain

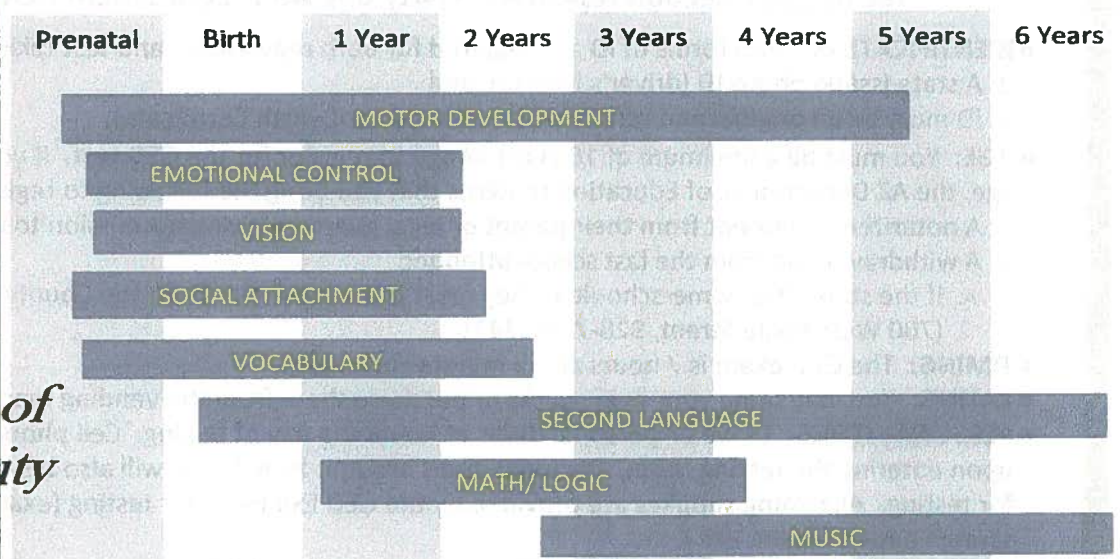


New Insights into Early Development

Did you know . . .

The human brain has a remarkable capacity to change, but timing is crucial.

- The brain itself can be altered—or helped to compensate for problems—with appropriately timed, intensive intervention. In the first decade of life, the brain's ability to change and compensate is especially remarkable.
- There are optimal periods of opportunity — “prime times” during which the brain is particularly efficient at specific types of learning.



The Windows of Opportunity

Della Gray,
Community
Outreach
Liaison
(928) 854-8732



FIRST THINGS FIRST

Ready for School. Set for Life.

azftf.gov

First Things First partners with parents and families to make sure every child starts their first day of kindergarten healthy and ready to succeed.

Head Start Car Seat Distribution & Hands on Installation Event

Injuries is the leading killer of Native American ages 1-44 in the U.S. For kids of Head Start age, motor vehicle crashes were responsible for more deaths than any other cause. Booster seats can reduce the amount of injury sustained while in a crash by up to 54% compared to seatbelts alone.

WHO SHOULD ATTEND: If you need a car seat for your Head Start Child, please attend this event. *Dinner will be provided by the Head Start* and a short presentation will be given on the importance of car seat usage.

WHEN:

Wednesday, March 30th from 5:30 – 7:00 PM

WHERE:

Hualapai Head Start

WHAT SHOULD YOU BRING:

Your personal vehicle & your Child

Please call Leon Ghahate and Lyndee Hornell at 769-2207 ext 230 to register.

For additional information about child passenger safety and injury prevention, contact:

LTJG David Bales [928-669-3177]

Environmental Health Officer & Certified Child Passenger Safety Technician



Hualapai Human Services invites you to attend:

Domestic Violence Classes



Women: Monday's from 6:00pm-8:00pm

Men: Wednesday's from 6:00pm-8:00pm

Where: Social Services Building

Facilitated by Charles Murphy

Note: In the event the facilitator is not present

The scheduled class will resume by an alternate

From our department.

Any questions can be referred to the following individuals:
Joann Whatoname, Domestic Violence Manager
Nicholas Hunter, Domestic Violence Coordinator



HUALAPAI, GCRC & POPS HEALTH

Together let's make a change for a Healthy Lifestyle

Tips For Preventing and Controlling Diabetes

3 Foods for Better Blood Sugar

Adapted From Eating Well Magazine

Diabetes is quickly becoming one of the leading diseases in this country. By watching your food choices, you can help to control your blood sugar.

Three foods that have been proven to keep blood sugar stable are:

- spinach
- almonds
- black beans

Each one of these foods is a rich, healthful source of magnesium. And in a study of middle-aged people, those whose diets had the most magnesium were 36 percent less likely to develop type 2 diabetes compared with the people who got the least amount of this mineral.

Get More Magnesium

Dr. Oz recommends 400mg – 500mg daily for the best benefits.

A half a cup of spinach, three-quarters of a cup of black beans, or an ounce of almonds for an extra 75–80 mg of magnesium. Other great food sources of magnesium include halibut, bran cereal, baked potatoes, brown rice, and bananas.

Magnesium is essential for healthy blood sugar because magnesium helps your body use carbs for energy. Your body turns carbs into blood sugar, but when magnesium stores are low, your cells can't take up and use blood sugar properly – a condition also known as insulin resistance. So help keep your energy system running smoothly by eating more magnesium-rich foods. Try this Black Bean Recipe below...

Black Bean Quesadillas

These yummy quesadillas take just 15 minutes to make. We like them with black beans, but pinto beans work well too. If you like a little heat, be sure to use pepper Jack cheese in the filling. Serve with a mixed green salad.

4 servings

Combine:

- 1 15-ounce can black beans, rinsed
- 1/2 cup shredded Monterey Jack cheese, preferably pepper Jack
- 1/4 cup prepared fresh salsa

Place work surface:

- 4 8-inch whole-wheat tortillas

Spread 1/2 cup filling on half of each tortilla. Fold tortillas in half, pressing gently to flatten. Heat 1 teaspoon oil in a large nonstick skillet over medium heat. Add 2 quesadillas and cook, turning once, until golden on both sides, 2 to 4 minutes total. Transfer to a cutting board and tent with foil to keep warm. Repeat with the remaining 1 teaspoon oil and quesadillas.

Mix:

- 1 ripe avocado, mashed
- 2 teaspoons fresh lime or lemon juice
- 1/2 teaspoon garlic powder
- Salt to taste

Serve the quesadillas with:

- 1/4 cup prepared fresh salsa
- Avocado mixture
- Lettuce
- Diced tomatoes
- Dollop of sour cream



Let's Get Started Making Positive Lifestyle Changes

Contact Vickie...

vickiea@popshealth.com...1-888-900-7677

Honor the Past, Learn for the Future

Reduce the Risk of Sudden Infant Death Syndrome (SIDS)



SIDS is the leading cause of death in infants between one month and one year of age. American Indian/Alaska Native babies are nearly three times as likely to die from SIDS as white babies. Health care providers don't know exactly what causes SIDS, but they do know that:

Babies sleep safer on their backs. Babies who sleep on their stomachs are much more likely to die of SIDS than babies who sleep on their backs. Always place your baby on his or her back to sleep.

Sleep surface matters. Babies who sleep on or under soft bedding are more likely to die of SIDS. Place your baby on a firm sleep surface, such as a safety-approved* crib mattress, covered by a fitted sheet.

* For more information on crib safety guidelines, contact the Consumer Product Safety Commission at 1-800-638-2772 or <http://www.cpsc.gov>.

Every sleep time counts. Babies who usually sleep on their backs but who are then placed on their stomachs, like for a nap, are at very high risk for SIDS. So it's important for everyone who cares for your baby to use the back sleep position for all sleep times, for naps and at night.

You and others who care for your baby can also reduce the risk for SIDS in the following ways:

- Keep soft objects, toys, and loose bedding (including bumper pads and quilts) out of baby's sleep area.
- Keep items away from baby's face, and make sure baby's face and head stay uncovered during sleep.
- Don't let your baby get too warm during sleep.
- Don't allow smoking around your baby, in the house or in the car.
- Don't drink alcohol while you are pregnant or breastfeeding.

For more information about SIDS, reducing SIDS risk, or the Healthy Native Babies Project, contact the Back to Sleep campaign at:

1-800-505-CRIB (2742) or

<http://www.nichd.nih.gov/SIDS>




Read to your child every day.

Eunice Kennedy Shriver National Institute of Child Health and Human Development
NATIONAL INSTITUTES OF HEALTH
U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

 **FIRST THINGS FIRST**
azftf.gov

August 2009
Pub ID 0434

- 
- Is there something about yourself you want to improve?
 - Do you want to rid yourself of bad thoughts and habits?

We may be able to help you address these two questions



WELLBRIETY GROUP GATHERING
EVERY FRIDAY @ 10 A.M.
HEALTH DEPT. CONFERENCE ROOM

- Wellbriety for youth utilizes learning-play exercises that take place within youth culture and make sense to young people.
- A traditional method of helping youth learn to cope, express themselves and participate in problem solving with other youth.
- The program encourages excellence at school and dreams of meaningful and healthy careers.



SEEK HELP – JUST ASK

Male Depression is a serious medical condition that many men try to ignore or refuse to seek treatment.

- Signs and symptoms differ from Women.
- Different coping skills are used by Men; both healthy and unhealthy.
- Many factors are involved, including brain chemicals, hormones and life experiences.
- May not get pleasure from activities they once enjoyed.

Depression has signs that may show up, and others that may not be recognized as depression signs or symptoms:

- ✓ Escapist behavior, such as spending a lot of time at work or on sports
- ✓ Alcohol or substance abuse
- ✓ Controlling, violent or abusive behavior (Domestic Violence)
- ✓ Inappropriate anger
- ✓ Risky behavior, such as reckless driving
- ✓ Infidelity or unhealthy sexual relationships

If you're like many males, you may think that feeling sad or emotional is always the main symptom of depression. But for many men depression is not a symptom. For example, headaches, digestive problems, fatigue, irritability or chronic pain can sometimes indicate depression. Feelings of isolation and seeking distraction to avoid dealing with feelings or relationships may appear.

Reluctance to discuss depression. You may find that you try to suppress your feelings and like many males you may have been taught not to talk about these feelings and emotions.

Resisting mental health treatment. You may also find that you avoid getting help or refuse treatment.

**COUNSELORS ARE AVAILABLE AT THE HEALTH DEPARTMENT
AA-Anger Management-Domestic Violence-Matrix-Parenting-Counseling and
many other services available**

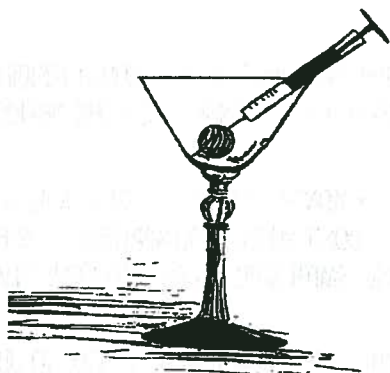
COURT REFERRALS FOR SERVICES MAY BE ORDERED

**WHY SHOULD I BE
CONCERNED ABOUT
AIDS JUST BECAUSE I
HAVE A DRINK ONCE
IN A WHILE?**



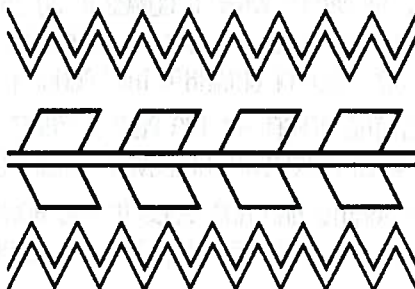
Drinking makes you forget a lot of things. It can make you forget to use safer sex techniques. It can make you forget to stay away from drugs.

You relax. You loosen up, and forget that promise you made to yourself never to have unsafe sex.



Being drunk is no excuse for taking chances with your life.

High risk behaviors are things that a person may do that will put them at an increased risk of HIV infection.



High risk behaviors are:

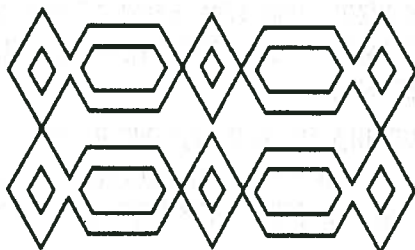
sharing needles of any kind that puncture the skin

unprotected sex (without a condom), including oral sex, vaginal sex, and anal sex

Safer Sex is the consistent use of condoms every time you have sex. It means that you must use them each and every time without fail.

Safer Sex involves other forms of sexual play that do not involve the transfer of body fluids (semen and vaginal secretions).

HIV has been found in semen and vaginal secretions of infected persons. Safer sex means not exposing each other to these body fluids.



The HIV can infect anyone, including Native Americans of all ages.



**Remember:
it is what you do, not who
you are.**

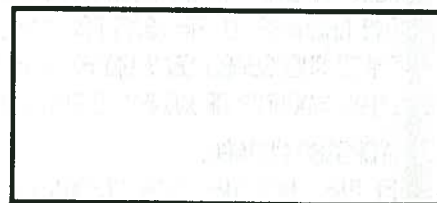
LOCAL RESOURCES:

**FOR MORE INFORMATION
CALL:**

**1-800-342-2437 24 HOURS
OR**

**1-800-283-2437
M-F 8:30 A.M.-5:00 P.M.
(PACIFIC STANDARD TIME)**

**OR YOUR LOCAL HEALTH
CARE CLINIC:**



Produced by :



245 East Sixth Street, Suite 499
St. Paul, MN 55101
612/283-0233
American Indian Health Care Association © 1990

Artwork By: Sharon White

ARIZONA BILLS WOULD EASE DUI PENALTY FOR FIRST-TIME OFFENDERS

Measures Target Rule Requiring Ignition-Interlock Device

BY: ALIA BEARD RAU / FEBRUARY 10, 2011 / THE ARIZONA REPUBLIC

FOR MORE THAN A DECADE, ARIZONA HAS HAD NO TOLERANCE FOR DRINKING AND DRIVING, BUT THIS YEAR, THERE'S A PUSH TO LOOSEN PENALTIES FOR FIRST-TIME OFFENDERS.

ARIZONA IS AMONG THE TOUGHEST STATES IN THE NATION WHEN IT COMES TO DUI LAWS, AND IT'S ONE OF A DOZEN STATES THAT REQUIRE OFFENDERS TO INSTALL IGNITION-INTERLOCK DEVICES, WHICH PREVENT VEHICLES FROM TURNING ON IF THE DRIVER'S BREATH HAS ANY ALCOHOL ON IT. TWO BILLS THIS YEAR PROPOSE TO DECREASE OR ELIMINATE THAT PENALTY.

SEN. LINDA GRAY, R-GLENDALE, WHO HAS LED THE EFFORT FOR THE PAST 13 YEARS TO STRENGTHEN DUI LAWS, HAS PROPOSED A BILL TO DECREASE THE TIME A FIRST-TIME OFFENDER MUST DRIVE WITH THE DEVICE TO SIX MONTHS FROM A YEAR.

GRAY'S SENATE BILL 1200 HAS PASSED THE SENATE AND NOW GOES TO THE HOUSE FOR CONSIDERATION. SHE SAID SHE BELIEVES SIX MONTHS IS LONG ENOUGH TO TEACH A LESSON, AND SHE HOPES HER BILL WILL KEEP THE EVEN LESS RESTRICTIVE HOUSE BILL 2371 FROM PASSING.

HB 2371 SPONSORED BY REP. DAVID BURNELL SMITH, R-SCOTTSDALE, WOULD ELIMINATE THE IGNITION-INTERLOCK REQUIREMENT FOR FIRST-TIME OFFENDERS. SMITH, AN ATTORNEY WHOSE SPECIALTIES INCLUDE DUI DEFENSE, SAID THE DEVICES ARE "FINANCIALLY UNFAIR" TO FIRST-TIME OFFENDERS. LEGISLATIVE LEADERS HAVE NOT YET GRANTED HIS BILL A HEARING.

INTERLOCK HISTORY

ARIZONA LAWMAKERS IN 2001 PASSED A LAW REQUIRING REPEAT OFFENDERS TO INSTALL IGNITION-INTERLOCK DEVICES IN 2007, THEY REQUIRED FIRST-TIME OFFENDERS TO HAVE THE DEVICES. TO COMPLY, DRIVERS MUST PAY A PROVIDER TO INSTALL THE DEVICE, PLUS A MONTHLY MAINTENANCE FEE.

FORTY-EIGHT STATES HAVE SOME SORT OF IGNITION-INTERLOCK LAW AND 12 REQUIRE THE DEVICE FOR FIRST-TIME OFFENDERS, ACCORDING TO THE NATIONAL CONFERENCE OF STATE LEGISLATION. THE LENGTH OF TIME FIRST-TIME OFFENDERS MUST USE THE DEVICES VARIES. OKLAHOMA REQUIRES IT FOR AT LEAST 30 DAYS. OREGON, NEW JERSEY AND MISSOURI REQUIRE IT FOR SIX MONTHS. NEW MEXICO AND PENNSYLVANIA REQUIRE IT FOR A YEAR.

GRAY SAID SHE BECAME AN ADVOCATE FOR DUI LAWS AFTER DRUNKEN DRIVERS KILLED TWO PHOENIX POLICE OFFICERS WITHIN A FEW MONTHS OF EACH OTHER IN 1997. "I DIDN'T KNOW THE OFFICERS, BUT I KNEW THEY BOTH HAD YOUNG CHILDREN," SHE SAID. "THAT WAS A TRAGEDY NOT TO HAVE THEIR FATHER AROUND.

SHE SAID THE DEVICES HAVE SAVED LIVES IN ARIZONA. ARIZONA'S DUI FATALITIES DROPPED TO 219 IN 2009 FROM 399 IN 2006, ACCORDING TO THE GOVERNOR'S OFFICE OF HIGHWAY SAFETY. "NO OTHER STATE HAS ACCOMPLISHED THAT MUCH IN PREVENTING DUI FATALITIES," GRAY SAID, REFERRING TO ALL SUCH LIVES AND INTERLOCK REQUIREMENTS IN PARTICULAR. GRAY SAID THAT THE LIQUOR INDUSTRY FOUGHT MANY OF THE CHANGES TO THE LAWS FOR YEARS AND THAT SEVERAL INCREASES TO DUI PENALTIES TO COMPLY WITH FEDERAL-GOVERNMENT STANDARDS SUCCEEDED ONLY UNDER THREAT OF LOSING FEDERAL FUNDING. LIQUOR DISTRIBUTORS AND THEIR LOBBYISTS CONSISTENTLY DONATE LARGE AMOUNTS OF MONEY TO STATE LAWMAKERS.

PROPOSED CHANGES

AT THE SAME TIME, GRAY CREDITS THE INTERLOCK DEVICES FOR HELPING TO REDUCE FATALITIES. SHE CALLS THE 12-MONTH REQUIREMENT FOR FIRST-TIME OFFENDERS "VERY POSITIVE". SHE SAID THAT'S MORE TIME THAN IS NEEDED TO TEACH A LESSON. ALSO, THE DEVICES ARE EXPENSIVE.

ACCORDING TO MOTHERS AGAINST DRUNK DRIVING, THEY COST ABOUT \$120 TO INSTALL AND \$80 A MONTH TO MAINTAIN. GRAY SAID SB 1200 OFFERS A BALANCE. "I THINK PEOPLE IN SIX MONTHS CAN LEARN A LESSON", SHE SAID. "AND I DON'T SUPPORT ELIMINATING IT." GRAY ADMITTED HER BILL ALSO IS AN EFFORT TO KEEP SMITH'S EVEN LESS RESTRICTIVE BILL FROM PASSING. SMITH SAID HIS BILL PROPOSES ELIMINATING THE REQUIREMENT BECAUSE IT IS TOO EXPENSIVE.

"THEY HAVE TO PAY TO INSTALL IT, PAY A MONTHLY FEE AND THEN PAY TO TAKE IT OFF," SMITH SAID. "IT WOULD BE BETTER TO JUST REQUIRE MORE EDUCATION." HE SAID HE PROPOSED TWO OTHER DUI BILLS FOR THE SAME FINANCIAL REASON. ONE REQUIRES JUDGES TO LET OFFENDERS OUT OF JAIL FOR WORK RELEASE AND THE OTHER ALLOWS FOR MORE HOUSE-ARREST PROGRAMS INSTEAD OF JAIL TIME.

"We have a high unemployment rate," he said. "We want to punish them, but we want them to keep their jobs."

PUBLIC OPINION

MOLLY STEFFENS, a TUCSON WOMAN WHOSE DAUGHTER WAS KILLED BY A DRUNKEN DRIVER 21 YEARS AGO, HAS MIXED FEELINGS ABOUT GRAY'S BILL. STEFFENS HAS WORKED WITH GRAY FOR YEARS TO TOUGHEN DUI LAWS AND CALLS THE INTERLOCK REQUIREMENTS HER GREATEST VICTORY.

SHE SAID SHE SUPPORTS GRAY'S BILL BECAUSE SHE HOPES IT WILL PREVENT THE PASSAGE OF SMITH'S. "I'D RATHER HAVE SIX MONTHS THAN NOT AT ALL," STEFFENS SAID. "I KNOW IN MY HEART IT'S MADE A DIFFERENCE." THE ARIZONA LICENSED BEVERAGE ASSOCIATION SUPPORTS GRAY'S BILL.

"We seldom get involved in DUI legislation, and we have been supportive of legislation to make DUI's tougher," said DON ISAACSON, the association's lobbyist, adding that he supports making penalties stiffer for extreme and repeat offenders. THE ARIZONA CHAPTER OF MADD IS FIGHTING GRAY'S BILL AS ARE THE INTERLOCK COMPANIES, AND OPPOSES OTHER BILLS THAT WEAKEN DUI LAWS. "SINCE THE INTERLOCK HAS GONE INTO EFFECT, DEATHS HAVE GONE DOWN 42 PERCENT, WHICH IS AN AMAZING FEAT," SAID KELLY LARKIN, MADD'S ARIZONA EXECUTIVE DIRECTOR. "ALL OVER THE COUNTRY, DRUNKEN DRIVING FATALITIES ARE DECREASING BUT OTHER STATES ARE NOT SEEING SIMILAR NUMBERS."

Tribal Motor Vehicle Crash Project



Crack Cocaine

Crack Cocaine is a solid form of freebase cocaine. Crack cocaine is the street name given to one form of freebase cocaine that comes in small lumps or shavings. Freebase is the treatment of cocaine with chemicals which frees the cocaine base from the hydrochloride and lowers the temperature at which the cocaine melts. Unlike the processing of freebase cocaine, converting powder cocaine into



crack cocaine does not involve any flammable solvents. The powder cocaine is simply dissolved in a solution of sodium bicarbonate and water. The solution is boiled and a solid substance separates from the boiling mixture. This solid substance, crack cocaine, is removed and allowed to dry. The crack cocaine is then broken or cut into "rocks", each typically weighing from one-tenth to one half a gram. The term "crack" refers to the cracking sound heard when the mixture is smoked (heated), presumably from the sodium bicarbonate. One gram of pure powder cocaine will convert to approximately 0.89 grams of crack cocaine. The Drug Enforcement Administration estimates that crack cocaine rocks are between 75 and 90 percent pure cocaine.

Crack cocaine is a powerfully addictive drug of abuse. Once having tried crack cocaine, an individual cannot predict or control the extent to which he or she will continue to use the drug. Crack cocaine has become a major problem in many American cities because it is inexpensive—selling for between \$5 and \$10 for one or two doses (usually 300-500mg) and easily transportable—sold in small vials, folding paper, or tinfoil.

Crack cocaine is typically smoked in pipes constructed of glass bowls, filled with one or more fine mesh screens that support the drug. The user heats the side of the bowl (usually with a lighter), and the heat causes the crack cocaine to vaporize. The user inhales the cocaine-laden fumes through the pipe. Facilitated by the large surface area of the lungs' air sacs, as crack cocaine is smoked it is absorbed almost immediately into the bloodstream, taking only 19 seconds to reach the brain. However, only 30 to 50 percents of the available dose is absorbed due to incomplete inhalation of the cocaine-laden fumes and variations in the heating temperature.

Smoking remains the predominant route of crack cocaine administration in Pulse Check cities around the country. However, some sources indicate that crack cocaine is also sometimes injected or snorted. Snorting is the process of inhaling crack cocaine powder through the nose where it is absorbed into the bloodstream through the nasal tissue. Inject-

ing is the act of using a needle to release the crack cocaine directly into the bloodstream. Smoking involves inhaling the crack cocaine vapor or smoke into the lungs where absorption into the bloodstream is as rapid as by injection.

In some cities, crack cocaine is combined with other substances and injected. For example, in Washington, DC., it is reported that crack cocaine is combined with heroin and marijuana and then injected. Also, in New Orleans, crack cocaine is injected with heroin in a "speedball". Additionally, crack cocaine can be sprinkled in cigarettes and smoked. Usually the crack cocaine is ground up and sprinkled into a marijuana joint and smoked. These cocaine and crack cocaine laced joints are referred to as primos.

When people mix cocaine and alcohol consumption, they are compounding the danger each drug poses and unknowingly forming a complex chemical experiment within their bodies. NIDA-funded researchers have found that the human liver combines and alcohol and manufactures a third balance, cocaethylene that intensifies cocaine's euphoric effects, while possibly increasing the risk of sudden death. Sudden death takes place when the user's body chemistry is imbalanced to the slightest degree. This releases toxic chemicals into their body creating a reaction within the individual resulting in cardiac arrest. This negative reaction to crack cocaine's toxic chemicals is the cause of "sudden death".

Pure cocaine was first used in the 1880's as a local anesthetic in eye, nose and throat surgeries because of its ability to provide anesthesia as well as to constrict blood vessels and limit bleeding. Many of its therapeutic applications are now obsolete due to the development of safer drugs. Approximately 100 years after cocaine entered into use, a new variation of the substance emerged. This substance, crack cocaine became enormously popular in the mid-1980s due in part to its almost immediate high and the fact that it is inexpensive to produce and buy.

Traditionally, cocaine was a rich man's drug, due to the large expense of a cocaine habit. Now, crack cocaine is being sold at prices low enough that even adolescents, can afford to buy it. But, this is misleading, since once a person is addicted to crack cocaine, his "habit" often increases, and so does his expense.

The association of crack and criminal activity is commonly believed but not well documented. One study of 200 crack addicts, daily use of crack correlated more with illicit, criminal activities to obtain a supply of crack than to demographic features. Correspondingly, felony and crack cocaine dealing was associated with total dollars spent on crack cocaine but not to other demographic features such as level of property or affluence. Moreover, the majority of crack cocaine addicts in this sample used cocaine by snorting it before progressing to the use of smoking crack cocaine. The average age from onset of crack cocaine use to seeking help for crack cocaine addiction is less than 3 years. Severity of crack cocaine use and addiction as measured by daily use was associated with psychosocial consequences more than other demographic features.

Crack cocaine remains a serious problem in United States, according to the 2001 National Household Survey on Drug Abuse, approximately 6.2 million (2.8 percent) Americans age 12 or older had tried crack cocaine at least once in their lifetime, 1.0 million (0.5 percent) used crack cocaine in the past year, and 406,000 (0.2 percent) reported past month crack cocaine use. Among high school students surveyed in the 2001 Monitoring the Future Study, 3.0% of 8th graders, 3.1% of 10th graders, and 3.7% of 12th graders reported using crack cocaine at least once during their lifetime. These percentages are down from 3.1%, 3.7% and 3.9%, respectively, during 2000. 1.7% of 8th graders, 1.8% of sophomores and 2.1% of high school seniors reported past year crack cocaine use during 2001. Percentages reporting past month crack cocaine use were 0.8% for 8th graders, 0.7% for 10th graders and 1.1% for 12th graders.

Regarding the ease by which one can obtain crack cocaine, 24.4% of 8th graders, 30.6% of 10th graders, and 40.2% of high school seniors surveyed in 2001 reported that crack cocaine was "fairly easy" or "very easy" to obtain. During 2000, 2.5% of college students and 4.6% of young adults (ages 19-28) reported using crack cocaine at least once during their lifetime, 0.3% of college students and 1.2% of college students and 0.4% of young adults reported past month crack cocaine use.

According to preliminary data for January to September 2001 from the Arrestee Drug Abuse Monitoring (ADAM) Program, 4.5% of arrestees reported using crack cocaine in the seven days prior to arrest, 16.2% reported past month crack cocaine use, and 21.1% reported past year crack use.

For Assistance call Crack Cocaine Addiction 1-800-405-8409.

The effects of Crack Cocaine include:

Early Use

- Magnification of pleasure, euphoria
- Alertness and in some cases - hyper-alertness
- Increased and sometimes a (grandiose) sense of well being
- Decreased anxiety
- Lower social inhibitions, more sociable and talkative
- Heightened energy, self-esteem, sexuality and emotions aroused by interpersonal experiences
- Appetite loss; weight loss

Compulsive Use

- Extreme euphoria - "mental orgasm"
- Uninhibited
- Impaired judgment
- Grandiosity
- Impulsively
- Hyper sexuality
- Hyper vigilance
- Compulsivity
- Extreme psychomotor activation/agitation
- Anxiety; irritability; argumentative
- Transient panic
- Paranoia
- Terror of impending death
- Poor reality testing; delusions
- Extreme weight loss

Physical Effects

- Chronic sore throat
- Hoarseness
- Shortness of breath
- Bronchitis
- Lung Cancer
- Emphysema and other lung damage
- Respiratory problems such as congestion of the lungs, wheezing and spitting up black phlegm
- Burning of the lips, tongue, and throat
- Slowed digestion
- Weight loss
- High incidence of dependence
- Blood vessel constriction
- Increased blood pressure
- Increased heart rate
- Brain seizures that can result in suffocation
- Dilated pupils
- Sweating
- Rise in blood sugar levels and body temperature
- Disability from drug-induced health problems
- Suppressed desire for food, sex friends, family and social contacts
- Heart Attack
- Stroke
- Death

Emotional/Psychological Effects

- Sadness and depression
- Loss of interest in appearance
- Loss of household valuables or unexplained vanishing cash due to the express of the drug
- Sleeplessness
- Extreme paranoia
- Intense craving of the drug
- Schizophrenic-like psychosis with delusions and hallucinations

Crack and Pregnancy

- Increased incidence of still births
- Increased incidence of miscarriages
- Premature (often fatal) labor and delivery
- In males, the cocaine in crack may attach to the sperm causing damage to the cells of the fetus
- Babies exposed to cocaine experience painful and life threatening withdrawal, are irritable, have poor ability to regulate their own body temperature and blood sugar and are at increased risk of having seizures.

Effects of Crack on the Fetus

- Seizures or strokes
- Cerebral palsy
- Mental retardation
- Vision and hearing impairments
- Urinary tract abnormalities
- Autism and learning disabilities

**CHOOSE YOUR SIDE****THINK BEFORE YOU DRINK**

Did you know that if you drink alcohol when you are pregnant, you can hurt your unborn baby
If you are:

- ✓ Pregnant now,
- ✓ Planning to get pregnant, or
- ✓ Having sex, but not using any birth control

Why is drinking alcohol while I'm pregnant such a bad thing?

- If you drink alcohol while you are pregnant, you can hurt your baby's

brain, hear, kidneys and other organs.

- Then your baby could be born with a problem called fetal alcohol syndrome or FAS.
- Babies born with FAS have faces that do not look "normal."
- They may be small and not weigh as much as other babies. This means they are not off to as good a start in life as other babies.
- Some babies with FAS will have mental retardation.
- Other babies will have a hard time learning and controlling how they act.
- These problems do not go away. They last a lifetime.

**What if I'm not planning to have a baby yet?**

- Lots of women do not plan on getting pregnant. But it happens - every day.
- And most women do not know they are pregnant until they've missed at least one or two periods.
- Women who drink alcohol and do not use birth control when they have sex may get pregnant and expose their baby to alcohol before they know they are pregnant.

Is it okay to drink a little during pregnancy, as long as I don't drink hard liquor?

- No. There is no known safe level of alcohol you can drink during pregnancy.
- A 12-ounce can of beer has the same amount of alcohol as a 4-ounce glass of wine or a 1-ounce shot of straight liquor.

- Some drinks, like wine coolers or malt or mixed drinks, may have more alcohol in them than a 12-ounce can of beer.
- The best choice is not to drink at all when you are pregnant.

I drank before I knew I was pregnant. What should I do now?

- It is never too late to stop. The sooner you stop drinking, the better it will be for both you and your baby.
- Make sure you get regular prenatal checkups and tell your doctor or nurse you have been drinking.
- They can give you tips on what to do. Follow their advice.

If I drank when I was pregnant, does that mean my baby will have FAS?

- It is not always easy to tell if a newborn baby has FAS.
- Alcohol can affect unborn babies in different ways.
- Even if a baby does not have all the problems of FAS, the baby may be born with other problems if the mother drinks alcohol while she is pregnant.
- Some babies will have trouble learning or behaving.

Is there a cure for FAS?

- There is no cure for FAS.
- If children with FAS get help early, they can do better.
- If you think your child has FAS, or if you drank alcohol while you were pregnant, you should talk with your child's doctor as soon as possible.
- Talk with counselors at your child's school so that they can get help for your child.

How can I prevent FAS?

- Do not drink alcohol if you are pregnant or planning to be pregnant.
- If you think you might be pregnant, stop drinking now.
- Do not wait until you know for sure that you are pregnant.

- If you have trouble stopping your drinking, you should use birth control so you do not get pregnant until you can stop drinking.

What if I need help to stop drinking?

- Stopping drinking can be very hard. But there are many people who will help you.
- You can get free help from people who know what you are going through.
- Call Alcoholics Anonymous (AA). The number is in your phone book.
- There are also many treatment centers who will help. Give them a call.
- Even if you have tried to stop drinking before, try again. Don't give up.

- Use birth control so that you do not get pregnant until you can get your drinking under control.

For more information about FAS and other ways to make sure you have a healthy bay, contact:

The Arc National Headquarters
1010 Wayne Ave., Suite 650
Silver Spring, MD 20910

(301) 565-3892 / e-mail: info@thearc.org / www.TheArc.org
OR contact a chapter of The Arc in your own community



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**New Hope
Hospice**

Philosophy of Hospice Care

Despite all the advances in diagnosis and treatment, a cure is not always possible. Continued treatment, even if available may compromise a patient's quality of life. After discussion with your physician and consideration of treatment options and the potential outcomes, it may be appropriate to consider palliative (comfort) care. Some patients and families are frightened by the word hospice, believing that all treatments will be discontinued. But many kinds of treatment may be continued to provide comfort and relief of pain.

The hospice philosophy embraces a holistic approach that encompasses physical, emotional and spiritual concerns. The hospice philosophy:

When medical treatments have been exhausted or the burden of the treatment outweighs the benefits, it may be time to consider hospice care.

Most people would like to be surrounded by friends and family. By bringing services into the home, the hospice team can help patients and families provide the care needed.

For more information, please contact: Candice San Filippo at (702) 420-0515 or toll free at (866) 335-4673.

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Hualapai FOOD HANDLER TRAINING - 2011 Multi-Purpose Building

MONTH	DATE	TIME	INSTRUCTOR
April	Apr 14	5:00 p.m. - 7:00 p.m.	David
June	Jun 9	10:00 a.m. - 12:00 p.m.	David
August	Aug 11	10:00 a.m. - 12:00 p.m.	David
October	Oct 13	5:00 p.m. - 7:00 p.m.	David

If you have any questions regarding the Food Handler's schedule for the Peach Springs area, feel free to contact - Elizabeth Krause, Administrative Assistant; Office of Environmental Health & Engineering; PHS Indian Health Services; Parker Indian Health Center; 12033 Agency Road, Parker, Arizona 85344; (928) 669-3180

Hualapai Animal Control



2011 Spay-Neuter



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Order your pet-friendly plate today. The easiest way to
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Hualapai Animal Control

P.O. Box 179

Peach Springs, Arizona 86434

(928) 769-2205


*Restrictions do apply



Help control the pet population on the Hualapai Nation

March 11, 2011

Happy Birthday to my late brother
Owen Walema, Sr.



Miss you a lot with your helping hand, the encouragements you gave me, pat on the back saying "Sister, you're doing a good job." Your funny jokes that crack me up, you "BROTHER" was a warm rock to lend on, writing this I have a big lump in my throat and a few tears coming down. God knew you had a loving heart, he needed you and had a space just for you and picked you up. Your nephew Skyhawk, you nieces Lanadine, Allene, LaDonna and Carolina - they never forget all the fun times they had with you...brother...I have flowers to take to your grave. How times flies, it's been 2 years since you left this Earth.

Love, Leatrice Walema

Birthday Wishes

We just wanted to say "Happy Birthday" to:
Shelly Watahomigie on March - 2nd
Zilean Watahomigie - March 3rd and
Kelly Watahomigie

Hope you had fun on your day.

We love you!

Auntie Lodema & Cousins -
Cedell, Caunsarae, Kimora
and Delson



Happy Birthday

To Madhaya Watahomigie

Don't know how old you will be, but hope you
have a fun day with your family.

Happy Birthday!

Love, Marijo, Loveena &
Breanna



March 15, 2011

To our Father Allan Ray Smith

Today, we will think of you, it's NOT like we never did, everyday you're in our hearts. Took us years to except your passing. We call mom a lot to check on her we all went our separate ways -Washington, South Dakota, Montana, Oregon and Whiteriver. The talks you left for us, like our choices in life—good or bad, education, jobs and most of all the caring you had for us...we knew you loved us, but made wrong decisions and it controlled you. Dad, you only protected us to stay away. You told us one day, my children, you'll understand what I'm talking about. We guessed but you, "Dad" filled us in. Mom has been a very strong Mom and Grandmother, we all said our thoughts from our mind. So Mom can put this in the newsletter. Your roses that you planted in front of the house reminds us of you...when it blooms out you're there at home visiting. God loved your more to give you peace and rest, you were only around for a while...Skyhawk really looks like you with his smile.



Your children,
The Smith Family

Welcome to the Fam! It's a girl!
Ky'mani Mary Zaniyah Watahomigie
born on January 25, 2011 at 8:52
p.m., weighed 7.2 lbs., length 19.2
inches.

You are Grandma MJ's 23rd grand-
child ☺ The family is waiting to
meet you and can't wait to see you.
Your mommy is doing a great job
with you. We love you
both.

Take care.

Auntie Marijo
& Kids



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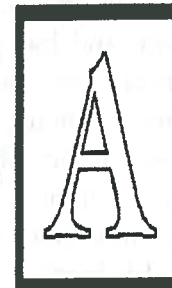
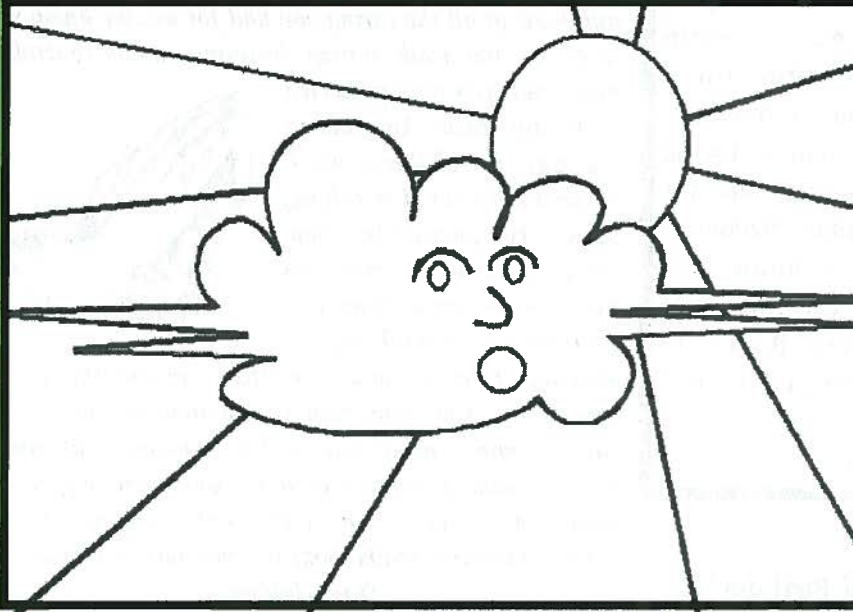
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BIG CARS - \$100.00

LITTLE TRUCKS, VANS, CARS - \$75.00

ELLIOTT - ERIK - MATT

PHONE #: 928-220-1081



IS FOR AIR

Word Scramble Directions

1. Use the words in the box to help you unscramble the mixed up words.
2. The sentences will give you a clue.

Word Scramble 1

Words used:

WASTE TOXIC FENCES AIR DIRT

- XTOCI** If something is _____, it is bad for you.
- RITD** Soil is another word for _____.
- TAWSE** Hazardous _____ can hurt the environment.
- RAI**
- NESFCE** EPA cleans up the _____ we breathe.
- _____ help keep us from touching pollution.

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